NORTHERN_

Volume 13, Issue 5 • Feb. 2-8, 2022 • 50¢

DUTCHESS NEWS & Creative Living

A division of The Southern Dutchess News ~ Entirely produced and printed in Dutchess County since 1959 ~ www.sdutchessnews.com

New airline coming to Stewart

by Rich Thomaselli

Stewart International Airport, which was down to one airline at one point in the wake of the COVID-19 pandemic, is about to add a fourth carrier.

Play Airlines, a low-budget carrier operating flights between the United States and Europe, was expected to take bookings from Stewart as of Tuesday, Feb. 1.

Play would fly a trans-Atlantic flight from Stewart in the Town of New Windsor to Reykjavík, Iceland. From there, passengers can connect to 22 European destinations -Spain; Amsterdam; Barcelona; Berlin; Bologna; Brussels; Copenhagen; Dublin; Gothenburg, Sweden; Gran Canaria, Spain; Lisbon; London; Madrid; Malaga, Spain; Mallorca, Spain; Paris; Prague; Salzburg, Austria; Stavanger, Norway; Stuttgart; Tenerife, Spain; and Trondheim,

Play – which is scheduled to start service out of Boston Logan International Airport and Baltimore/ Washington International in the spring - will start its service out of Stewart on June 9.

To celebrate its service from New York, Play is offering a special introductory rate until Feb. 7 of \$109 on U.S. departing flights.

Play would be the fourth airline at Stewart and second international carrier. In mid-January, Norse Airlines received tentative approval from the Department of Transportation to begin service between Stewart and Oslo, Norway, though there is no definitive start date.

Stewart just invested in a \$30 million international terminal, but hasn't had an international carrier since Norwegian Air folded up operations

continued on page 2

INDEX

Letters	4
Community Calendar	5
Dispatches from the VFW	8
Creative Living	10-16
Get Growing!	11
Love to Cook	14
Suguru	16
Crossword Puzzle	16
Sudoku	16
Obituaries	20
Public Notices	21
Classifieds	22-23



Hands-on inspiration!

YouthBoat classes are a hit with students



A recent class at the Hudson River Maritime Museum Wooden Boat School poses with a small rowing skiff they constructed and each holding the oar that they made personally. For the classes now, the students will each make a double-ended kayak paddle from a spruce board, shape it, laminate additional wood to the blades to make them thicker and rounder, shape the shaft to be perfectly round for holding, varnish it carefully, and then be able to take it home. Courtesy photo

by Jim Donick

It seems an obvious idea - take young people who are learning STEM (Science, Technology, Engineering, Mathematics) topics in school and teach students how to apply them with their own hands.

Obvious or not, the application of the

idea is actually rather novel. The Hudson River Wooden Boat School at the Hudson River Maritime Museum (HRMM) on Rondout Landing in Kingston is leading the way.

Now several years old, their YouthBoat program has been successfully addressing this idea for young people

in the Kingston and Rhinebeck areas. Additionally, the school provides scholarships to the program for two students from the Kingston Children's Home.

YouthBoat is an after-school program for students ages 11-18 that is designed to

continued on page 6

Hard-hit entertainment industry deals with pandemic challenges



by Kate Goldsmith

tually every aspect of life as we've restrictions have gradually lifted. known it, some more profoundly than others. The entertainment industry, especially indoor venues, has been particularly hard hit: People attending indoor concerts, comedy shows and the like are laughing, singing and shouting in close quarters: Even pre-Covid, it was a recipe for catching whatever pathogens happen to be going around. As the pandemic began, entertainment venues were forced

to close indefinitely. Without revenue, many shut down permanently. Many oth-The pandemic has left its mark on vir- ers are still struggling to survive, even as

> We asked some of our local venues that host concerts and other large events about their experiences during the pandemic and what lessons have been learned to guide them into the future.

> Chris Silva, executive director of the Bardavon 1869 Opera House in Poughkeepsie, said, "We were very happy to reopen in August 2021, but it's

> > continued on page 3

The Bardavon 1869 Opera House in Poughkeepsie is one of the many entertainment venues in the Hudson Valley that is dealing with challenges of the pandemic - including lessons learned. Photo by Curtis Schmidt

OPEN FOR BUSINESS •

Brookmeade Community	p 14	Emy Delights and Bites	p 2	Pleasant Valley Dept. Store	p 24
Center for Physical Therapy	p 5	J.E. Heaton Jewelers	p 2	Roosevelt Cinemas	p 10
Coppola's of Hyde Park	р9	Hudson Valley Foot Associates	p 7	Ulster Savings Bank	p 24
Daffodils Gift Shoppe	p 12	Hudson Valley Hospice	p 11	WKZE 98.1	p 8
Dutchess Scuba	p 2	Kimlin Energy	p 3	Ye Olde Gift Shoppe	p 13
Fastdale Village	n 13	Murder Cafe	n 2	INSIDE: Adams Fairacre Farms	

Free virtual art program for those with, or who had, breast, ovarian or gynecological cancer

Support Connection, Inc. announced a free virtual art program: Drawing Human Faces will be offered via Zoom on Tues., Feb. 8, from 4 to 6 p.m. Open to people nationwide who have or have had breast, ovarian or gynecological cancer. Limited to 15 participants. To learn more or to register in advance, call Support Connection at 914-962-6402 or 800-532-4290 by 5 p.m. on Monday, Feb. 7.

This virtual art program where you'll

learn how to draw human faces. Start with basic shapes and proportions, then finish with details and textures. Special attention will be paid to drawing trickier features like eyes and noses. Explore a variety of mark-making techniques to capture different facial expressions. Experiment with shading techniques such as blending and smudging.

This class is appropriate for all skill levels from beginners to more advanced.

Materials needed are simply pencil and paper, but participants may use other drawing materials if they wish. The instructor will show how to draw using pencil, pen, marker, and color pencils. Limited to 15 participants.

Lauren Hollick, Artistic Advancement Director at The Art Effect, is the instructor. Hollick will provide easy, step-by-step instructions.

New airline coming to Stewart

continued from cover

at the airport last year.

Last October, Frontier Airlines began thrice-weekly service to Miami, Orlando and Tampa out of Stewart. Allegiant Air is also operating out of Stewart with season service to Daytona Beach, Orlando, Myrtle Beach, Savannah, Tampa, St. Pete/Clearwater and Punta Gorda/Fort Myers.











FSTATE & FINE JEWFIRY

J.E. HEATON JEWELERS

C/o Millbrook Antique Center 3283 Franklin Ave, Millbrook

Online all the time at: www.jeheatonjewelers.com





DEATH BY CHOCOLATE

Looking for a special Valentine's date idea? Give the gift of comedy, mystery and fine dining!

THREE COURSE DINNER and MURDER MYSTERY SHOW \$75 per person, tax and gratuity included.

THE BEEKMAN ARMS, RHINEBECK, NY SATURDAY, FEBRUARY 12th and WEDNESDAY, FEBRUARY 16th at 7 pm

TICKETS: www.murdercafe.net / INFORMATION: 845-475-7973

Hard-hit entertainment industry deals with pandemic challenges

continued from cover

been a roller coaster ride ever since. With vax and mask mandates, a new crew every show for vax checks at the door, continuous artist scheduling changes and cancellations ... it doesn't feel like a return to anything too normal again until maybe spring, but who knows."

Scheduling changes and cancellations are an ongoing problem for all venues, as artists have to postpone national tours due to illness or other reasons. Similarly, patrons are hesitant about attending shows due to Covid or are ill themselves.

Silva said, "On the plus side we've presented some amazing performances from a wonderfully diverse group of artists from Patti Smith and Rhiannon Giddens who both supplied real spiritual uplift, to David Sedaris and Alan Cumming, who each provided their own special world view; and then Trombone Shorty and Brit Floyd, who both blew the roof off. ... Plus the Hudson Valley Philharmonic have played some wonderful concerts with terrific guest conductors."

But, he added, "audiences are definitely still hesitant to come inside. We are seeing 50-percent off normal sales in some cases, and as high as 40-percent no shows, which is way above normal. Nothing too surprising, but a difficult balancing act."

Nevertheless, the Bardavon has adapted to the situation on the ground, in particular with its community-based arts programming. For example, Silva said, "Schools are not doing any field trips for the foreseeable future and so our evolution in 2020-21 into creating and presenting a dozen streaming performances and even residencies to over 30,000 young people is coming in very handy in '21-'22, as well."

Phil Ciganer owns and operates the Towne Crier Cafe in Beacon, which will celebrate its 50th anniversary in November. Like Silva, Ciganer spoke of the challenges of doing business in a pandemic.

"People are not coming out as much; tours have been canceled and/or rescheduled, some show have been rescheduled twice and three times," Ciganer said. "Less people are coming out; I'm down 40-45 percent, even with shows that would normally sell out. Who would have imagined we'd be still talking about this two years on?"

Melaine Rottkamp, president and CEO of Dutchess Tourism, said the inability to enjoy a concert experience "has been really hard on people's mental health," because "what makes us feel better? Music!"

Large outdoor gatherings such as the Dutchess County Fair have also been affected, but not as much as indoor venues.

"We've had more advanced reservations. The trend in 2021 was overwhelming that people were tired of being cooped up," said Vicki Imperati, administrative operations manager for the Dutchess County Fairgrounds. "Outdoor venues probably fared better just because people were more comfortable with not being in enclosed spaces."

Rottkamp said advance reservations are required more often these days, which is "helpful with performances" and allows venues "to manage the people coming in."

Patrons overall support mask, vax requirements

Silva said the "vast majority [of patrons] are thrilled with our vax-mask mandate."

"For the most part, [visitors have] been flexible and accommodating to the changes," said Imperati.

Ciganer said his regular patrons overwhelmingly approve of the Towne Crier's vaccination mandate, and that it helps them feel safer when going out for an evening.

"For some, I've been hearing that this is the first time they've been out for over a year," he said. "In our case, they feel a little more secure since we're strict about the vaccination policy and the way we maintain the place with cleanliness and the filtration system."

"I don't know any [performance venues] that aren't requiring masks and oftentimes vaccinations," said Rottkamp. "With performers coming in who are traveling on the road, multiple shows booked ... [venue operators are] really going that extra mile. And they also want to fill [seats]. If you have people who are following those precautions, people are more comfortable going, first of all. From an attendee standpoint, that's important to a lot of people."

Pondering the future

Silva is optimistic about the future of the entertainment industry.

"I think it will recover," he said.

Asked how the pandemic will permanently change the way the Bardavon operates, Silva said, "Hopefully [it's] not permanent, but everyone works remotely as much as possible."

"There's gonna be a lot less of us [venues]. Some are already dropping," said Ciganer. "Without the [various government relief] grants, there would be a lot more gone by now."

He added, "Performance at this level is going to be more expensive for everyone involved."

"The pandemic accelerated the move to more online (ticket) sales instead of inperson sales," said Imperati. "One, because staffing is an issue and, two, eliminates person-to-person contact and reduces touch points."

Rottkamp said, "I'm an optimistic person, so five years from now we'll be back and stronger than ever. Everyone talks about the very real pent-up demand for travel and going to concerts. We're going to see a resurgence in family travel. In Dutchess County we have a lot of exciting new attractions and developments. People are ready and they have money to spend — despite inflation and supply shortages — they weren't spending money on gas, not buying that cup of coffee on the way to work."

Lessons learned

"Take it slow, don't sweat the small stuff," Silva said, about what lessons he has learned about operating during a pandemic.

"It's been a roller-coaster," Ciganer said. "The only useful lesson I've learned is that younger audiences are more prone to come out than older people. I've noticed that the demographics are a bit younger now, especially with the Salon shows," live music by local musicians that is offered free to the Towne Crier's dining patrons.





Officials of the Dutchess County Fair in Rhinebeck say the pandemic accelerated the move to more online ticket sales instead of in-person sales, because staffing is an issue and (online sales) eliminate person-toperson contact and reduces touch points. *Courtesy photos*

"It's been a struggle, a very difficult time to be in [this kind of work]," Ciganer added. "The goal has always been to have an intimate venue, intimate contact [between the artist and audience] and the current situation is distance; intimacy is difficult right now."

Rottkamp noted that the decision to attend events is "definitely more last minute as people watch how places are going" with the state of the pandemic. But possibly the most important takeaway from the pandemic has been that "it demonstrated for our residents and community leaders the value that tourism and destination promotion brings to the area," she said.

"Because when it went away, they realized that some of their favorite restaurants, their favorite attractions, had a hard



time sustaining themselves on residents alone. Some of them went away without regular tourist visits."

Rottkamp said Dutchess fared better than the region as a whole during the pandemic.

"The fact that, first of all, we're a drive market, people don't need to fly in," she said. "We have those wide open spaces and there's plenty of activities, farms outdoors"; in fact, she said, some of those businesses had their best years ever in 2020, because people couldn't do things indoors.

However, Rottkamp admitted, "it's been really hard for so many [businesses]. We try to do everything we can for them."

Visit www.dutchesstourism.com to learn more.



NORTHERN DUTCHESS NEWS

& Creative Living

(Published weekly)
Northern Dutchess News & Creative
Living is a division of the Southern
Dutchess News, produced and printed
in Dutchess County since 1959. The
Southern Dutchess News is an official
newspaper of Dutchess County, as
voted by the Dutchess County
Legislature. Submit all legal notices to
sdnlegals @aol.com.

Publisher Albert Osten

Executive Editor/
General Manager
Curtis Schmidt
cschmidt@sdutchessnews.com

Editorial/Creative Director Kate Goldsmith

> Reporters Kristine Coulter Rich Thomaselli

Contributing Writers Jim Donick, Mary Keelan Stacey van den Thoorn

Advertising Representative
Richard Wambach
845-417-5377
richard@
wambachcommunications.com

Advertising deadline: Friday, noon

To submit news and letters to the editor: northerndutchess@sdutchessnews.com

Deadline is Thursday at 3 p.m.

To submit arts-related news and calendar events:

creativeliving@sdutchessnews.com

Creative Living deadline is Thursday at 3 p.m. for publication the following week.

Northern Dutchess News serves the towns of Amenia, Beekman, Clinton, Dover, Hyde Park, LaGrange, Milan, Pine Plains, Pleasant Valley, Red Hook, Rhinebeck, Stanford, Union Vale and Washington; the villages of Millbrook, Red Hook, Rhinebeck and Tivoli; and the hamlet of Salt Point

The Southern Dutchess News 84 East Main Street Wappingers Falls, NY 12590 845-297-3723

Letters to the Editor

NORTHERN DUTCHESS NEWS welcomes your letters. Letters must be submitted via e-mail to be considered for publication; e-mail to northern dutchess@sdutchessnews.com and include the phrase "Letter to the Editor" in the subject line. Include a telephone number and address for verification purposes. Letters may be edited for legal considerations, reader interest and length. We look forward to hearing from you.

LETTERS TO THE EDITOR

NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News.

Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

Elected legislators lead – and fail to stop - demonstration at Hyde Park School Board meeting

To the editor:

No one will be surprised to hear that anti-masking and anti-vaccination parents spoke out against state mandates at Thursday's (January 27) Hyde Park School Board meeting. They have every right to speak out - and the Board listened courteously.

This demonstration was led by two County Legislators, Ben Geller and Will Truitt, claiming to speak in their official capacities.

However, when, adhering to standing orders, the Board and staff attempted to respond, the large crowd loudly refused to listen, effectively disrupting the meeting and negating any chance of serious discussion.

Neither legislator made any effort to rein in the bedlam, apparently encouraging behavior at the School Board, which would not be tolerated by the County Legislature. How would they respond if two members of the school board led a rowdy and hostile group to disrupt a meeting of the County Legislature?

Can we agree that the primary imperative is to keep our schools open, while protecting the health - mental and physical - of students, teachers and staff? While there are obvious disagreements about appropriate practices, disruptive and intimidating crowd behavior does a grave disservice to the students we all claim to revere. At a minimum, the unpaid and hardworking elected Board of Education deserves the same kind of respectful hearing as they afford their critics.

The current operation of school districts is tremendously difficult and fraught with uncertainty. Fortunately, the County Administration has provided exemplary guidance to, and partnership with, our 13 school districts over the course of the pandemic.

Thursday's demonstration threatens to undermine that partnership.

We will not reach any kind of satisfactory resolution, if elected officials allow their personal agendas to promote confrontation. In these conflicted times, we look to our elected officials to calm – not roil – the waters, to promote areas of agreement, and to ensure civil discussion of even the most polarizing matters.

Gully Stanford Salt Point

Solving the issue with Russia and Ukraine

To the editor:

Did anyone vote to push the world to the brink of World War III?

Somehow, the State Department wound up with two of its top three officials heavily invested in baiting Russia over Ukraine – Under Secretary of State Victoria Nuland, who selected the new Ukraine leader following the 2014 coup, and Secretary of State Antony Blinken, who dealt with the coup aftermath, and had family connections to Ukraine.

The post-coup Ukrainian leadership acted to restrict use of the Russian language among the ethnic Russians in the Donbas industrial region, leading to unrest and rebellion. Russia had its largest naval base in Crimea. Crimea had been part of Russia, but was assigned to Ukraine in the 1950s when Ukraine was part of the USSR.

In response to the coup, Russia arranged a referendum in Crimea, which voted to return to Russia.

Diplomats tried to arrange limited autonomy and protection of ethnic rights in the Donbas to resolve matters, but have been unsuccessful. No one realistically expects Crimea to be returned.

Russia can no more let Ukraine become a U. S. satellite and base than we could let Cuba be one for the USSR, or let Canada or Mexico be one for Russia.

So far, Putin has avoiding being baited into an overt military operation in Ukraine, although no one doubts that the Russian Army could easily overwhelm Ukraine's.

The solution is simple: No expansion of NATO to Ukraine, protect minority rights and language. And thus no confrontation between two nuclear armed powers.

The idea that we could force Russia to accept a NATO Ukraine by ramping up sanctions is folly, as the sanctions in Iran demonstrate. The result has been to move Iran away from the West, and into the embrace of China. Super sanctions on Russia will have the same effect.

Fire Blinken and Nuland, get real diplomats in place.

Frank Stoppenbach Red Hook

Potential opportunities to recruit for one's business

To the editor:

The Great Resignation has undoubtedly caused staff shortages. I'd urge local employers, as an HR professional, to consider the potential opportunities.

Family Services Inc. isn't immune to these employment barriers; however, in the wake of the COVID-19 pandemic, we're responding with more mental health support. In early 2022, our behavioral health centers will lengthen operation hours and we'll increase the number of social work staff by nearly 50%. How are we doing it? By focusing on client outcomes and employee experiences.

To any organization looking to hire, here's what we've learned. Re-examine salaries; ensure they're competitive. Put progressive benefits in place, like our compassionate leave program, which allows employees to donate unused time off to colleagues in need. Welcome unique contributions from diverse viewpoints. Speak openly about your mission. Ask questions and listen to feedback. "Re-recruit" the valuable team members you currently have. You already have the answers you need.

Christopher R. Pels Vice President for HR, Risk Management, and Organizational Development Family Services Inc.

COVID-19 UPDATE

Further declines in transmission, hospitalizations

by Kate Goldsmith

Deaths related to COVID-19 are still on the rise, but other data points on Dutchess County's dashboard continue a downward trend.

From Jan. 22 to 28, 16 more county residents lost their life to the disease, bringing to total as of Jan. 28 603. It should be noted that deaths are a lagging indicator, as it takes time once someone has contracted COVID-19 to develop severe symptoms that can lead to hospitalization and/or death.

Hospitalizations were at 121 on Jan. 28, notably less than the 163 hospitalized on average over Jan. 1-16.

The dashboard notes the rate of community transmission was at 64.69 per 100,000 residents on Jan. 28, much lower than the 113.71 per 100,000 on Jan. 21.

Vaccination rates continue to slowly rise, with 84.3 percent of the county's adult population, and 75.59 percent of the entire population, receiving at least one dose of a vaccine. Just over 67 percent of the entire population has completed their vaccine series.

Vaccination data reported by New York State's Department of Health to the Centers for Disease Control and Prevention (CDC) contains a breakdown by age group notes that nearly half of adults (49.8 percent) who are completely vaccinated have received a booster.

Vaccines and booster shots, as well as testing opportunities, are available through the county and other locations. Visit dutchessny.gov/coronavirus for more information.



NORTHERN DUTCHESS NEWS
ALL LOCAL ~ ALL THE TIME
www.sdutchessnews.com



COMMUNITY CALENDAR

Rabies Vaccination Clinic set Feb. 19

The Dutchess County Department of Community Health and the Dutchess County SPCA will hold a free Rabies Vaccination Clinic on Saturday, Feb. 19, from 8 a.m. to noon at the DCSPCA shelter, 636 Violet Avenue, Hyde Park. The vaccinations for dogs, cats and ferrets are free to Dutchess County residents. Proof of previous vaccination must be presented to receive a three-year certificate.

Dogs must be on a leash, and cats and ferrets must be in carriers. Advance registration is required at DCSPCA.org or call (845) 452-7722, ext. 425

Rhinecliff Soup Sale set Feb. 24

The Rhinecliff Volunteer Fire Co. and Rhinebeck Grange #896 will hold their Soup Sale on Thursday, Feb. 24. From 11 a.m. to 12:30 p.m on those dates, a choice of soup or chili will be available for take-out at the cost of \$10 per quart.

To order ahead, email Joe at baerhands@aol.com or call the firehouse at (845) 876-6149 beginning at 10:30 a.m. at the Rhinecliff Firehouse, on the corner of Shatzell Avenue and Orchard Street in Rhinecliff. Pick up at side window on Orchard. Profits will alternate between the two community organizations.

Concerts set at Millbrook Library

The Millbrook Arts Group will present "Southland, Swing & Spain," a monthly concert series, at the Millbrook Library, 3 Friendly Lane. The schedule:

Thomasina Winslow - Blues Singer and Guitarist – Feb. 26;

Teresa Broadwell - Swing Violinist and Singer - March 26;

Maria Zemantauswski - Flamenco Guitar Master – April 30.

Each concert starts at 5 p.m. and ends by 7

ONGOING

The Frederick W. Vanderbilt Garden Association is looking for volunteers to perform all tasks required to plant and maintain the garden. No gardening expertise is needed; we will train as we work. You need to be 18 years old or older and be able to perform, at minimum, basic physical labor such as bending, kneeling and

carrying buckets. Garden work is done during the spring, summer and fall months on Saturday, Tuesday and Thursday mornings from 8:30 a.m. to noon. You are welcome to work as often and on any days that suit your schedule. For further information, e-mail info@vanderbiltgarden.org, visit http://www.vanderbiltgarden.org or call (845)



Find us on Facebook: Southern Dutchess News Group





The Science of healing & the art of caring



"We'll treat you like family"

Aquatic Therapy
 Orthopedic Therapy

3 Locations To Help You Achieve Your Goals

2 Delavergne Ave.Wappingers Falls(845) 297-4789

4353 Albany Post Rd. Hyde Park (845) 233-4960 264 Route 52 Carmel (845) 200-7646

www.CenterForPhysicalTherapy.com

Hands-on inspiration! YouthBoat classes are a hit with students

continued from cover

empower youth, build character and foster teamwork through the traditional craft of wooden boat building and on-thewater activities. Students from diverse backgrounds put STEM skills to work as they learn alongside skilled shipwrights and craftspeople throughout the boat building process. Participants follow building plans and use specialized tools and materials as they navigate their way throughout this traditional process. They have even partnered with Kingston High School to offer high school course credit for this program.

This spring's offering will run from mid-February to mid-May. The primary instructors will be the school's master shipwright, Wayne Ford, and school manager Becky Sellinger. The plan is to repeat the offering again in the autumn.

"We find this to be really working," said Sellinger. "STEM skills are emphasized these days in academia. This is an opportunity to incorporate a hands-on application of them.'

Ford said, "In learning to build something with their hands, they see their understandings come to fruition in a 3D reality."

"It's giving something they learn in school a real world purpose," added Sellinger.

Students start the course by building basic skills as they craft their own kayak paddle. Participants start with a simple piece of wood. They cut, shape and finish their piece with varnish. Following this introductory project, they begin working collectively to construct a fully functional wooden skiff boat.

They will learn the construction of a

boat from its two-dimensional plans, form molds, and then lay out the keel. Skiff constructions may involve plywood or white cedar lumber for planking. Plank laps are either epoxied or riveted to adhere to the frame. If building two boats in a particular class, then both techniques are used, one for each. At the completion of the class the skiff boat should be completed and students will have an opportunity to launch their boat onto the water.

While there are occasional stories of wet feet from launching the boats or from getting out on the water rowing together, the experiences of character and skill building come quickly to mind for the

"I recall one academically unmotivated young man, who came to the program," said Ford. "He found he could actually do something well. He got so turned on by the work that he went on to learn other craft skills. He hasn't slowed down yet. His mom turned up at the boat school to thank us. She was so happy."

"Another value some of them pick up is the thought of delayed gratification,' said Ford. "'When will it be done?' we're asked. On a daily basis not a whole lot seems to happen but, if you keep at it, after a few months you are launching a boat that you made. It's a great lesson.'

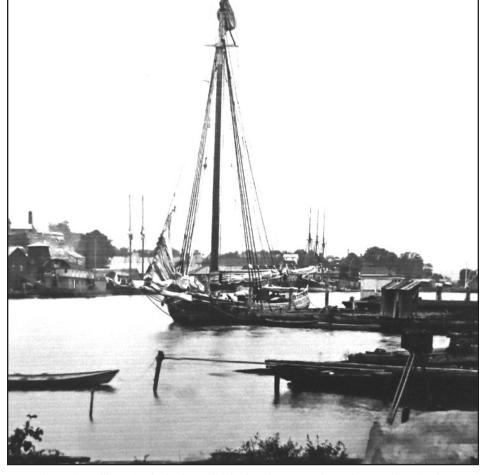
The woodworking skills the students learn will find application and can bring pleasure for the rest of their lives - no matter what other vocations they follow. Additionally, teamwork, precision, enthusiasm for making things are all values that they will walk away with along with a beautiful wooden kayak paddle that they made themselves.



Students in the YouthBoat Program learning to safely use the various power tools needed for constructing or repairing wooden boats and ships. Safety is paramount and constantly stressed by the instructors. Courtesy photo



Carefully shaping the shaft of the oar he is creating, this student looks to have ambitions to go further in the maritime world. Photo by Jim Donick



A Hudson River Sloop is docked at Sleightsburgh across from the Rondout in the Lytin century. In years past, these wooden vessels were the lifeblood of commerce on the river and hundreds were built, many of them in shipyards right in the Kingston area. This history gives special meaning to the Hudson River Wooden Boat School's activities as they are keeping that tradition alive and with the YouthBoat Program, making sure that the tradition and the skills associated with it stay vibrant in the community. Courtesy photo



One of the projects of the last complete YouthBoat program class was to build a 10-foot long sailing dinghy, an Atkin "Nymph." The class built the boat, as well as all of the additional parts, the rudder, a dagger board (center board), and even the mast and boom. Here it is seen taking its maiden sail on the Rondout behind the Wooden Boat School. Courtesy photo



Experience the beauty and history of the St. Lawrence and Ottawa Rivers on a classic Canadian riverboat. Request our free travel brochure.

1-800-267-7868 www.StLawrenceCruiseLines.com

ABOUT THE WOODEN BOAT SCHOOL

The Wooden Boat School was founded by the Hudson River Maritime Museum in 2015 to preserve the maritime craft traditions of the Hudson Valley and to teach a hands-on interpretation of the living history of the Hudson River. The school offers diverse curriculum and opportunities which inspire skills in woodworking, boat building and maritime craft.

Also available are restoration services for wooden boats. A class calendar and details can be found at hrmm.org/woodworking.

Keeping the program alive

"Everything we do is supported by private donations and your support is invaluable to helping us continue our work," said School Manager Becky Sellinger.

For questions about course offerings, contact Sellinger at bsellinger@hrmm.org. Donations can be sent to: Hudson River Maritime Museum, Wooden Boat School Programs, 50 Rondout Landing, Kingston, NY 12401.

Hands-on inspiration! YouthBoat classes are a hit with students

continued from page 6



Chief Shipwright of the Wooden Boat School, Wayne Ford, verifying the location of the inner attachment point for the first strake (side board of the hull) and measuring to fit the next one as the project begins to move forward again. Photo by Jim Donick



A student in the last pre-COVID class measuring a cedar plank for the hull of the ten foot sailing dinghy that the team constructed. Photo by Jim Donick



Surrounded by racks of materials, a small lapstrake style flat bottomed dinghy takes shape in the workshop at the Hudson River Wooden Boat School. This project began with an earlier YouthBoat program that had to be put on hold due to COVID. The team at the school are preparing to complete the project with help from the next class of students. Photo by Jim Donick



The students do more than work in the shop. They are also introduced to basic boating and to on-the-water skills and safety. They learn teamwork rowing together in this Whitehall Rowing Skiff or "pulling boat," steered by an instructor acting as coxswain in the stern. By the end of the program they are well coordinated and moving it briskly. Courtesy photo

February events at Clinton Community Library

Clinton Community Library invites patrons to enjoy this month's celebration of Beloved Books. The library will also feature bird-related activities to support the Great Backyard Bird Count with the Audubon Society.

The library has had to be flexible, moving some programs online and putting others on "standby," until in-person events are possible. Check www.clinton communitylibrary.org for updates.

Adult Programming

Thursday, Feb. 3, at 6 p.m. (virtual; register ahead of time to get your recipe and ingredient list)

"Alice's Ordinary People," a presentation based on the documentary of the same name, will be Monday, Feb. 7, at 6 p.m. (virtual)

Tea Time Book Club meets Thursday, Feb. 10, at 2 p.m. (virtual)

Hudson River Lighthouses will be Thursday, Feb. 17, at 7 p.m. (virtual)

Global Literature Book Club meets Indian Food Cooking Class will be Monday, Feb. 21, at 7 p.m. (virtual)

QiGong with Vince: Ongoing Mondays & Wednesdays at 9:30 a.m. (virtual)

All-Level Yoga with Mia: Ongoing Wednesdays 6pm & Saturdays at 10 a.m. (virtual)

Chair Yoga: Ongoing Fridays at 11 a.m. (virtual)

Children and Teen Programming

Storytime-to-go: Register for a pre-K book to read aloud and take-home activity kit; sign up Tuesdays on the calendar Handcrafts Take & Makes available

throughout the month as long as supplies last. Register on the Monday of the Take & Make, pick up anytime after.

Most programs require registration. Call the library at (845) 266-5530, check the website calendar at www.clintoncom munitylibrary.org, or email clinton lib1215@gmail.com to sign up, or for more information.

Clinton Community Library is located at 1215 Centre Road in Rhinebeck, adjacent to the Clinton Town Hall.



NOW ACCEPTING NEW PATIENTS WITH EXPANDED HOURS & DOCTORS!

We treat all types of

FOOT PROBLEMS!



- Bunions Warts
- Corns Calluses
- Tendonitis Foot Fractures
- · Heel Pain
 - Neuromas
- Hammertoes Flat Feet Fungal & Ingrown Nails
- Advanced Diabetic Foot Management & Limb Salvage

H V HUDSON VALLEY F A FOOT ASSOCIATES

W. Coxsackie 28 Hope Plaza 518-731-5444

Red Hook 52 Old Farm Rd. 1-877-339-HVFA

Hudson 23 Fish & Game Rd. 1-877-339-HVFA

Kingston 103 Hurley Ave. 845-339-4191

www.hvfa.com

Black Americans' service to country dates back to Civil War

Since 1976, February has been designated as Black History Month in America, as we recognize the incredible stories of African Americans who have helped build our great nation. At the same time, we should take time to honor those who have served in the Armed Forces with incredible courage, sacrifice and service.

From the Civil War to the present, Black men and women have been defending our freedoms on the front line, and often that service has not been recognized in the past. So in today's Dispatch, I wanted to share a few stories of Black veterans, both past and present, to celebrate their long legacy of serving our country.

Did you know that Harriet Tubman was a war veteran? Most know her incredible story on the Underground Railroad during the Civil War, but that's not the whole story. In 1863 she became the only woman to lead a military expedition into battle during the Civil War, as she led 150 Union troops in the famous Combahee River Raid in South Carolina, which freed more than 700 former slaves, including about 100 men who joined the Union Army on the spot.

Henry Johnson enlisted in the United States Army in 1917, joining the all-Black 15th Regiment of the New York National Guard. During the Battle of the Argonne Forest in World War I, Johnson fought off a German raid in hand-to-hand combat and rescued several of his comrades, almost single-handedly. He died in obscurity in 1929, but it wasn't until 2015 when President Obama awarded Johnson the Congressional Medal of Honor posthumously.

In World War 2, the famed Tuskegee Airmen became the first Black aviators to serve in the United States Army Air Corps, and their brilliant record fighting against the German Luftwaffe was unparalleled, winning many victories for the Allies in the air. Three members of the Tuskegee Airmen went on to become generals in the U.S. Army, including Benjamin O. Davis, the first African-American general ever in the Armed Forces.

And today, we don't have to go very far to honor Black veterans who have served their country with distinction, and who still serve their communities today! My friend Nathan "Nate the Great" Grant is an Army veteran who served two years in Vietnam. He grew up in North Carolina and passed up a sports scholarship to college because he had to support his family financially. In Vietnam, Nate worked as a "tunnel rat" climbing into cramped, dark caves to root out the enemy.



Nathan Grant and Tom Zurhellen discuss veterans' issues during the Boris & Robyn morning show at the WPDH studios in Poughkeepsie. Photo by A. Boris

These days, you can see Nate the Great driving around Dutchess County pretty much every day to help local veterans in need. From delivering food and supplies to veteran families, to making sure all kids of veterans have Christmas presents, Nate does it all. He is an inspiration to so many in our veteran community, and he is a true hero to everyone who knows him. I know he is definitely my hero!

There are over 2 million Black veterans living in America today, which is about 12 percent of the total veteran population in our country. That's more than 2 million stories we should listen to, and be reverent of, as we try to support all our heroes. This month, we salute Nate the Great and all African-American men and

women who have joined the Armed Forces to make our country, and our world, a better place. As part of Black History Month, we salute you for your service!

Thank you for listening! See you next time.

A Navy veteran, Tom Zurhellen has been Commander of the Veterans of Foreign Wars (VFW) in Poughkeepsie for the past three years. In the summer of 2019, he walked across America from Portland, Oregon, to Poughkeepsie to raise awareness on veteran suicide and veteran homelessness in our country. He continues to work with local veterans in need through the VetZero Project, in partnership with Hudson River Housing.

THE LOW ROAD Salaing the Salaing the Salaing

TAKE THE HIGH ROAD AND BUY 'THE LOW ROAD'!

Tom Zurhellen chronicles his 2019 VetZero Walk Across America in his new book, "The Low Road: Walking the Walk for Veterans." The Walk raised awareness of the plight of many veterans in our country, and called attention to the fact that, every day, 22 veterans take their own lives. Proceeds from "The Low Road" will go directly to help local veterans in need through the VetZero Project at Hudson River Housing. The book costs \$22 and can only be purchased at www.hudsonriverhousing.org .

VETERANS CORNER: NEWS YOU CAN USE

New hours for VA clinic

VA Hudson Valley Health Care System (VA HVHCS) has permanently changed its Castle Point Urgent Care Clinic operating hours as of Jan. 10. The new clinic hours are 8 a.m. to 8 p.m. Monday through Friday and 8 a.m. to 6 p.m. on weekends and holidays.

This change supports the difference between the VA HVHCS Urgent Care Clinics and a full Emergency Department. It will ensure Veterans access the right level of care at the right time and eliminate any delay in care for critical medical issues

The level of care at any Urgent Care clinic is different than that available at an emergency room. Our Castle Point and Montrose Urgent Care Clinic offers care for such illnesses as cold and flu symptoms, high/low blood pressure, high/low blood sugar, and nausea. Emergency rooms, in contrast, are for when you need fast care for life or limb-threatening illnesses and injuries.

For routine office visits and medication requests or refills, please continue to seek treatment from your Primary Care Provider. If you have a condition that cannot wait for a Primary Care appointment, please call the 24/7 VA Health Connect at 1-800-877-6976. If you experience life-threatening symptoms, you are urged to call 9-1-1 or go to the nearest emergency room for care.

When you arrive at an emergency room, please notify the staff that you are a Veteran. Our Community Care office can be reached at 845-838-7656, 24 hours a day. This does not guarantee any type of payment; this will ensure the care is considered for payment. We need to determine if the care received was an emergency and was not available at the VA. These determinations are made after care is given. Please keep in mind that all decisions by VA regarding coverage and payment of emergency room care are based on federal law, which directs the VA in how it pays for emergency room care.

Thank you for your service to our country. We will continue to do all we can to ensure the highest quality, timely care for our nation's heroes.

VA Hudson Valley's Walk-in COVID-19 vaccine clinics offering boosters

The VA Hudson Valley Health Care System is now providing booster shots for Moderna, and J&J/Janssen COVID-19 vaccines to eligible veterans, as supply and capacity permits.

For people who received a Johnson & Johnson COVID-19 vaccine, booster shots are recommended for those who are 18 and older and who were vaccinated at least two months ago.

The VA Hudson Valley Health Care

System is administering Moderna and J&J/Janssen COVID-19 booster shots at the following times and locations:

CASTLE POINT VA MEDICAL CENTER
Tuesdays & Thursdays, 8:30
a.m.-12:30 p.m., Multipurpose Room,
Bldg. 19, Room 100

MONTROSE, FRANKLIN DELANO ROOSEVELT HOSPITAL: Thursdays, 8:30 a.m.-12:30 p.m., Social Hall, Bldg. 15,

VA Hudson Valley Community Clinics are by appointment only. Eligible veterans can also call (845) 831-2000, ext. 217666, to schedule an appointment for their booster shot. Scheduling staff will assist in getting a convenient time for them

Individuals can also receive their booster shot at no cost outside of VA by locating a vaccine site at Vaccines.gov - Search for COVID-19 vaccine locations. They'll need to bring their CDC COVID-19 Vaccination Record Card for their appointment.

Eligible individuals may choose which vaccine they receive as a booster dose. Some people may prefer the vaccine type that they originally received, and others may prefer to get a different booster. CDC's recommendations now allow for this type of mix and match dosing for booster shots.

For more information about the status of vaccination throughout Dutchess County, visit DutchessNY.gov/COVIDvaccine.



Dutchess County Sheep and Wool Growers announce Ambassador, plan 2022 events



Kathryn Tibbets, a student at Franklin D. Roosevelt High School, is the 2022 Wool Ambassador for the Dutchess County Sheep and Wool Growers Association. Below: Caraliegh Wilson of the Point of View Farm in Stanfordville displays wool products. *Courtesy photos*

The members of the Dutchess County Sheep and Wool Growers Association (DCSWGA) didn't let a pandemic slow them down - sheep had to be raised, sheep had to be shorn, yarn had to be spun, lambs had to be born and the NYS Sheep and Wool Festival had to happen.

While festival attendance was limited to 10,000 a day- the festival was a termed a huge success- with full attendance both days. Vendors reported good sales, both vendors and attendees were thankful to be in person again. Workshops were all held virtually, and well attended. Competitions were scaled back – a Sheep to Shawl contest was a big attraction – teams take a sheep fleece and transform it into a handwoven shawl in a matter of hours.

Kathryn Tibbets, a student at Franklin D. Roosevelt High School was chosen as 2022 Wool Ambassador.

She has been involved in several 4-H clubs, Spitters Club and Got Goat Milk for 10 years. Kathryn is President of the Spitters Club. She and her family operate Cloverbrooke Farm in Hyde Park, where they raise Shetland sheep, Finn sheep, pygora goats, llamas and alpacas.

In addition, she plays basketball and rows crew in her free time. Kathryn will

take part in education and outreach about fiber and fiber animals at local events through out the year.

The DCSWGA hosted its first Fall Farm Tour in November with four local farms participating - Point of View Farm in Stanfordville - Caraleigh and Sten Wilson, Arrow M Southdowns (Wine and Wool Studio) in Clinton Corners - Meagan and Mary Stephens, Cloverbrooke Farm in Hyde Park - Andrea Tibbets, and Hudson Valley Sheep and Wool Company in Red Hook.

The Farm owners hosted tours throughout the day, explaining their operations, and answering any questions. Farm stores were open allowing tour goers to browse the farm's goods made from their fiber animals.

A Spring tour is planned for April 9. DCSWGA members recognize the expense youth face in pursuing their dreams of continuing education and are dedicated to making a lasting impact through their scholarship program. The organization supplies a yearly scholarship for those seeking higher education, or technical school certificates.

Learn more about scholarships at dcswga.org. Deadline to apply is April 1.



Marist basketball teams continue to struggle

by Rich Thomaselli

It's been a struggle so far this year both basketball teams at Marist College.

On Sunday, Jan. 30, the women and the men went down to defeat within hours of each other as the women lost in Jersey City to St. Peter's, 58-45, and the men lost at home to Manhattan, 72-66.

The women are now 6-12 overall and 4-6 in Metro Atlantic Athletic Conference play.

The Red Foxes trailed early to St. Peter's as the Peacocks jumped out to a 14-9 lead in the first quarter. Marist would climb back to within one at the start of the second quarter on a three ball by Emma Wax and basket by Zaria Shazer, but St. Peter's responded with a 10-2 run that spanned over six minutes.

The Peacocks would pull even further ahead in the third quarter with an 11-0 run in the period's first four minutes en route to a 17-point lead.

Marist shot just 26 percent from the

field in the game and never led. Kendall Krick paced the Red Foxes with a new career-high of 14 points. She was the only Red Fox in double-digits.

The Red Foxes will next travel to Hamden, Connecticut to take on the Quinnipiac Bobcats on Thursday, February 3. Tipoff is scheduled for 7 p.m.

The men's team lost its fourth straight game when it fell to Manhattan, dropping to 8-12 overall and 3-8 in MAAC play.

Marist took an early lead, 7-0. With 11:04 remaining in the half, Manhattan gained its first lead of the game, 14-13, and kept the upper hand all the way to halftime.

In the second half, the Foxes cut the lead to a point with still six minutes to play but couldn't come all the way back.

Marist had three players in double digits – Jao Ituka (21), Ricardo Wright (19) and Jordan Jones (10).

The men return to MAAC play as they travel to take on St. Peter's. Tip-off is set for 2 p.m. on Sunday, Feb. 6.

NYS Athletic Association: Fans at state events need to show vaccine or negative COVID test

by Rich Thomaselli

The New York State Public High School Athletic Association (NYSPHSAA) announced last week it will follow State Department of Health guidance for large-scale indoor events for its wrestling and boys basketball state tournament championships.

Translation? All attendees ages five and older will be required to show proof of full vaccination or a negative test upon entry into the venue.

In accordance with New York State Department of Health (NYSDOH), the guidance is "in effect for large-scale indoor events of 5,000 attendees or greater." The state athletic association said that both wrestling and boys basketball draw more than 5,000 counting spectators, coaches, athletes, volunteers, committee members and staff.

In a statement, the NYSPHSAA said it "anticipates easily exceeding 5,000 attendees each day of each event again this year and therefore will be subject to the guidance."

The individual state wrestling championships will be held Feb. 25-26 at MVP Arena in Albany, and the boys hoops tournament will be held on March 18-20

at Cool Insuring Arena in Glens Falls.

The NYSPHSAA is working with both venues in an effort to offer on-site testing and additional details will be made available when finalized.

"As the governing body for interscholastic athletics in New York state, it is important that we adhere to NYSDOH guidelines that are in place for the health and safety of participants and fans," said Dr. Robert Zayas, NYSPHSAA Executive Director. "A year ago, hosting state championship events was not possible.

Thankfully, we now have the ability to provide participation opportunities for students under the direction of public health officials."

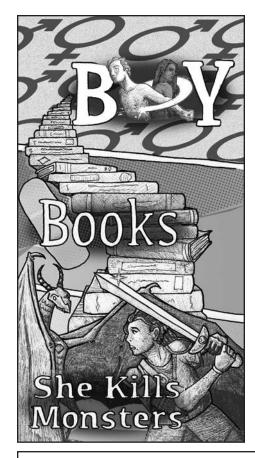
Separately, the NYSPHSAA last month notified its membership it would adhere to vaccination requirements set forth individually by the Rochester Institute of Technology, which is hosting the NYSPHSAA Competitive Cheerleading Championships on March 5. All attendees of this event, ages five and older, will be required to show proof of full vaccination upon entry into the venue as RIT has its own policy for events –full vaccination only for events with 400 or more attendees. The school does not allow for proof of a negative test.



Creative Living

celebrating all good things

Rhinebeck Theatre Society presents New Directors Series Feb. 3-20



It's not every day that three talented young directors emerge on the Hudson Valley theater scene with all the creativity, care, and resiliency necessary to mount live stage plays during these unprecedented times. And yet, that is exactly what Rena Gavigan, Dan Chester and Lisa Delia are doing with Rhinebeck Theatre Society. Each will take a turn presenting a fully-staged play at the Morton Memorial Library in Rhinecliff this month.

The mix of plays is as eclectic as the directors themselves, and promises something for everyone. Each play is cast with experienced area actors whom audiences will recognize from past shows throughout the region.

Rena Gavigan, a graduate of Circle in the Square Theatre School's Musical Theatre Conservatory, has chosen Anna Ziegler's "Boy." This compelling piece, spanning the years 1968-1990, is based on the true story of a family who decide to raise their son as a girl after a terrible accident. "Boy" runs Thursday, Feb. 3 (7 p.m.); Saturday, Feb. 5 (7 p.m.); and Sunday, Feb. 6 (3 p.m.). There will also

be a special performance at the Dutchess County Pride Center in Hopewell Junction on Friday, Feb. 4 (7 p.m.).

In Week Two, Dan Chester, a teaching artist with The Art Effect, directs the farcical "Books" by Stuart Kaminsky. Here, an ordinary day in a bookstore turns not-so-ordinary when a would-be bank robber makes the place his hide-out. "Books" runs Thursday, Feb. 10 (7 p.m.); Saturday, Feb. 12 (7 p.m.); and Sunday, Feb. 13 (3 p.m.).

The series concludes with "She Kills Monsters," written by Qui Nguyen and directed by Lisa Delia, a graduate of Hofstra University. This unconventional piece makes use of an immersive Dungeons and Dragons module to help a woman find closure after her younger sister's tragic death. "She Kills Monsters" runs Thursday, Feb. 17 (7 p.m.); Saturday, Feb. 19 (7 p.m.); and Sunday,

Feb. 20 (3 p.m.).

"The remarkable thing about this series," says producer Dot Luongo, "is how each of our directors has chosen a piece which so clearly matches their individual strengths. It is definitely daring to present three different plays in just three weekends, but the energy, talent and enthusiasm of these directors has truly driven the project from the beginning. We are so excited for them to share their work."

Individual tickets run \$15 each, or a group ticket for all three shows can be purchased for \$30. Audience members must be fully vaccinated and remain masked for the entire performance.

The Morton Memorial Library is located at 82 Kelly St. in Rhinecliff. More information can be found at www.rhinebecktheatresociety.org.

APPLICATIONS OPEN FOR POWERHOUSE THEATER TRAINING PROGRAM The Deworkeyers Theater Training Program offers a unique expectation for students.

The Powerhouse Theater Training Program offers a unique opportunity for students to dive head first into a conservatory-like experience on the Vassar College campus. Students in this five-week immersion program receive extraordinary training and create their own season of work alongside professional theater artists who come to campus to develop new plays and musicals. The program runs from June 23 to July 31. Applications will be accepted through April 1.

A Powerhouse summer includes classes in acting, voice, text, movement, directing, writing, and Soundpainting; an outstanding faculty; an outdoor theater season plus workshops and special projects; master classes with visiting artists and professionals; access to the professional season; room and board; and use of Vassar's 1000-acre campus and facilities. Read more about the program at https://www.vassar.edu/powerhouse/apprentices.

Creative Living

is the arts and entertainment section of

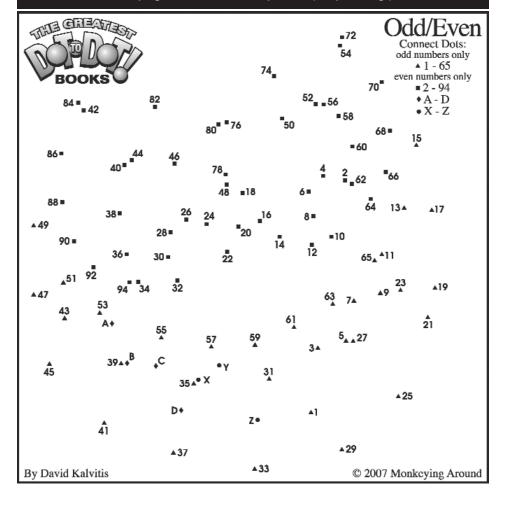
NORTHERN DUTCHESS NEWS

A division of Southern Dutchess News 84 East Main St., Wappingers Falls, NY 12590 845.297.3723 • www.sdutchessnews.com



DOT-TO-DOT PUZZLE

See page 18 for finished puzzle (no peeking!)





The 64 Cent Tomato

Some money-saving vegetables to grow at home

Can you save money by growing your own fresh vegetables? Food prices are rising – 6.5 percent higher than a year ago. It costs \$18,000 to ship a trailer load of fresh produce from the West Coast. That works out to \$19 per box of apples and 85 cents for a head of lettuce (21,120 heads per truck), for the transportation alone. So why not grow your own lettuce, saving at least half the \$1.99 per head retail price?

William Alexander tried it, and concluded that it cost him \$64 to grow a tomato. I just reread his 2006 best seller – "The \$64 Tomato, How One Man Nearly Lost His Sanity, Spent a Fortune, and Endured an Existential Crisis in the Quest for the Perfect Garden." The author, working full time as an IT professional, moved with his family from Yonkers to Cornwall, N.Y. ("The town that time forgot.") Like a lot of big city transplants, he built a way-too-big garden and then wrote a way-too-cute book about it.

When he gets around to calculating the cost of his tomato, on page 249, the math is flawed, since he subtracted the value of all the other produce from his costs before he gets to the bottom line. Hence, it costs \$64 to grow a tomato.

I beg to differ. You can save tons of money growing your own fresh vegetables, especially if you want organic produce. Unless you grow in containers on a patio, you'll need a fence – a one-time investment of about \$3,000 (installed) for a 15-foot by 15-foot garden, which will be plenty big enough to enjoy without becoming a chore. Figure it will last 10 years, or \$300 a year. You might want to invest in a Mantis tiller (\$400), a rake and a hoe. All other costs will be minimal.

Here are my top money-saving vegetables to grow at home:

• Beets – Assuming you like beets, I figure this as the #1 money saver. The seed can be sown directly into the garden. A packet of 350 seeds costs \$5.15 from Johnny's Selected Seeds. Beets are easy to grow and weed and are never attacked by pests. You can eat the tops (beet greens) starting in May, and harvest the beets from June through November. If

you get a hundred beets, you've saved \$95 off the retail price.

• Carrots – Similar to beets in care, except they're much harder to weed. Once you've gotten the weeds out of the carrot patch, you'll get dozens of meals for the price of one packet of 750 seeds (\$5.15), with the added advantage that everyone likes carrots.

• Parsley – The seed is hard to germinate. It should probably be started indoors, in a sunny window, before planting outside. Parsley grows great in containers on the porch. The big advantage of growing your own parsley is that it's always available when you need a garnish, so you don't have to buy a whole bunch for \$1.99 and throw most of it away

• Broccoli – Maybe the most popular vegetable, especially if you eat regularly at Applebee's. The seed can be sown indoors in March (\$5.15 for 100), but the resulting seedlings grow too tall and spindly if you don't give them a lot of light. (Cost of a grow light set up \$49.95). A good size head of broccoli can cost \$2.29. You'll need to invest in a bottle of organic spray or a row cover to control the green worms.

• **Beans** – Easy to grow from seed sown right into the garden (175 seeds for \$5.15). Don't plant too much at once or you won't be able to eat them fast enough. Freezing some of them will not save you anything, as frozen green beans are much cheaper than fresh ones - \$1.49 per pound vs. \$1.99. (The prices I quote are from a supermarket this week). Sow several small plantings a couple of weeks apart.

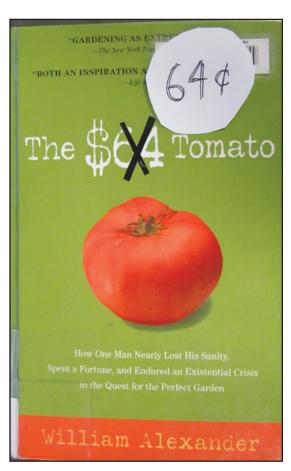
Zucchini – Although it has a reputation for producing mountains of squash, I don't count zucchini as a very good money saver. For one thing, one plant will produce over a short time. And, who wants to eat zucchini every day for two weeks? Also, if you ask around, you can probably find a neighbor who will give you all the zucchini you want for free.

• Tomatoes – If you want real good tomatoes, you need to grow your own Brandywines, Black Krims or Sun Gold

cherries, or else pay \$8 a pound at a farmers market. The seeds of these heirloom varieties are cheap (250 seeds for \$7.50, and they keep for a few years). You should be able to buy the transplants at a garden center for less than \$5 each. Maybe invest in a copper-based organic spray to prevent blight, and you're in business. If you get eight tomatoes from a plant, they cost 64 cents each. Then again, if inflation keeps going, a \$64 tomato might not sound so bad some day.

Mark Adams is an agricultural advisor to the Dutchess County Executive, Congressman Sean Patrick Maloney, Dutchess County B.O.C.E.S. and Cornell University.

Mark takes issue with a well-known gardening memoir. *Photo design by Mark Adams*



Kaatsbaan to offer Sunday Morning Writing Sessions

Writing is, by necessity, a solitary act. But sometimes community can help hold us accountable to the work, inspire us to carve out the time and space to dive deep, and help us ignite our creative spark.

Sunday Morning Writing Sessions are two-hour working meet-ups hosted by novelist Molly Prentiss, during which participants will write alongside each other in the studios at Kaatsbaan Cultural Park in Tivoli. Sessions will be held from 10 a.m. to noon on Feb. 6, 13 and 27. The cost is \$35 per session.

Each class will begin with a writing prompt and short discussion on creative process, and then participants will work, giving themselves the gift of uninterrupted time for thinking and creating. Writers will have the opportunity to share their work at the end of each session, if they wish.

Writers (and non-writers) of all levels are welcome.

Bring a laptop or notebook, coffee or snack and your creativity.

Proof of vaccination and masks required; socially distanced work environment.

Register at kaatsbaan.org/outreach.

Molly Prentiss is the author of the novel "Tuesday Nights in 1980" (Scout Press, 2016) and the forthcoming "Old Flame" (2023). Her stories, essays and interviews can be found in Interview Magazine, Literary Hub, HTML Giant, Fourteen Hills, Wilder Quarterly and Electric Literature, among others. She grew up on a commune in Santa Cruz, California and currently lives with her husband and daughter in a one-room schoolhouse in Red Hook.



...make today matter!

Choosing hospice is choosing to focus on loved ones and sharing and making memories. We can help make the most of the moments that truly matter.

Need help or have a question? hvhospice.org • (845) 240-7555

Murder Cafe to present Valentine-themed mystery dinner at Beekman Arms

In celebration of its 24th year in operation, and its return to live and safe performances, Murder Café will offer the a new version of its popular Valentinethemed whodunit, "Death by Chocolate."

This dinner theater performance, which offers music, mystery and comedy, will be presented at The Beekman Arms on Saturday, Feb. 12, at 7 p.m.; and Wednesday, Feb. 16, at 7 p.m. Tickets are \$75 per person, and can be purchased by visiting www.murdercafe.net. For information, call (845) 475-7973.

The entertainment is suitable for all ages. Costumes are encouraged but not required, and guests will be encouraged to follow CDC regulations.

Murder Café owner Frank Marquette wrote "Death by Chocolate." Actor Lauren Roberts of Kingston directs the 2022 edition, and she explains the plot as follows:

"Danny Crunkle, owner of Dan-Dee-Can-Dee, is merging with Hershel Crackleberry his biggest competitor. Danny's dinner guests include his soft son Goobar, nutty ex-wife Sister Godiva, creamy girlfriend Coco, crunchy attorney Fanny Farmer and brittle chocolatier

Russell Stover. Before your salad is served someone will poison Danny's sweet deal and you're either a suspect or a witness to murder.'

"Death by Chocolate" is interactive, and four guests will be cast as witnesses. Those who guess "whodunit" will be eligible for prizes.

The cast features the talents of Tom Roberts, Lauren Roberts, Jessica Boyd, Frank Marquette, Ellen Pavloff and Jim

The ticket price will include a threecourse dinner with entrée choice.

The Beekman Arms is at 6387 Mill St. (Route 9) in Rhinebeck.

Founded in Las Vegas in 1998, Murder Café is the creation of actor, writer and director Frank Marquette, along with wife and producing partner, Kristen Marquette. Since returning to their native New York in 2009, they have been serving quality entertainment for both public and private events. Primarily known for comedies, musicals and murder mysteries, Murder Café provides entertainment for company parties, fundraising events, schools and colleges, casinos and a number of choice public venues.



The cast of Murder Cafe's "Death by Chocolate" is pictured. The Valentine-themed, interactive dinner-theater show will be performed at the Beekman Arms in Rhinebeck on Feb. 12 and 16. Courtesy photo

SEND US YOUR EVENTS

creativeliving@sdutchessnews.com



CHLOE + LOIS

Rafentine's

POP UP EVENT

 AT



at Eastdale Village

TREAT YOURSELF AND THOSE YOU LOVE TO HV CHOCOLATES, GREETING CARDS AND THE PERFECT GIFT

PLUS JOIN US ON FEBRUARY 12 WHEN BROOKE SHARES HER NEW RELEASES FROM HER CHLOE + LOIS COLLECTION.

WE WILL BE **OPEN**

MONDAY, FEBRUARY 14

FEBRUARY 12TH | 11AM-2PM DAFFODILS GIFT SHOPPE, 43 EASTDALE AVENUE NORTH, POUGHKEEPSIE

Grants available for arts & cultural activities

Arts Mid-Hudson recently announced the Statewide Community Regrant Program, a funding program with over \$125,000 in funds to support the arts in Dutchess, Orange and Ulster counties. This funding is available to individual artists to create new work in 2022, and to nonprofit organizations, individual artists, libraries and municipalities for arts and cultural activities in 2022.

Eligible projects may include but are not limited to: exhibits, performances, concerts, festivals, in-school and community workshops, screenings, readings, cultural programming, and the creation of work. Grant awards are determined by a peer review panel made up of community members.

This program was previously called the Decentralization Program.

The deadline to apply is March 14. Complete information is available at www.artsmidhudson.org/statewide-community-regrants

Three distinct grant programs:

Community Arts Grants provide project support for arts and cultural activities open to the general public. Nonprofit organizations, unincorporated groups and individuals located in Dutchess, Orange or Ulster counties are eligible and encouraged to submit a grant proposal.

The Individual Artist Commission supports the creation of new work by an artist. The project must engage a segment of the community through a small-scale public presentation of the work or community involvement during the creative process of the artists' project. Presentations and community involvement may be done in-person or virtually.

Arts Learning Grant – supports sequential, skill-based workshop series focused on the arts and artistic process.

Projects can take place in-school during the school day and/or in after-school and community-based settings for youth and/or senior learners.

Visit https://www.artsmidhudson.org/statewide-community-regrants , call (845) 454-3222 or email grants@artsmidhudson.org for more information.

LOOK FOR THAT'S ITALIAN! IN NEXT WEEK'S ISSUE

Luigi Coppola shares stories and recipes.













ENJOY SPECIAL SALES AND PROMOTIONS BY OUR EASTDALE AVENUE BUSINESSES, AS WELL AS POP-UPS BY YOUR FAVORITE LOCAL VENDORS.

THERE WILL BE GIFT-GIVING OPTIONS FOR ALL OF YOUR LOVED ONES!



Taking comfort

Soups and chowders are just what's needed after a long, cold winter's day.

This is a busy time of year for me. At the end of several consecutive days of extra long hours at work I came home exhausted, my only thought snuggling into bed as soon as I could. Imagine my delight, then, when I was greeted with wonderful aromas from the kitchen where my husband had made the perfect dinner for the occasion. Taking into account the freezing weather, late hour and the week I'd had, he had thrown together a lovely, comforting turkey chowder and suddenly I was hungry, sleeping no longer my only thought.

Soups and chowders are, there's no denying, perfect for this time of year. As satisfying as they are comforting, they deliciously take away winter's chill and leave you with the sense that you are loved. There are so many kinds and so many ways to prepare them that you could eat them every day and not be bored. This turkey chowder was just what I needed and was not only just the thing to revive my tired body and soothe my

weary soul, but also the perfect subject for the article I had no topic for until he offered to share it.

TURKEY CHOWDER

Simple to make and completely satisfying, this chowder can be adapted to use up anything you may need to use up, or that you might prefer to add. It's just the thing, even if you don't think you need the warm comfort it offers. You can thicken it, if desired, by adding a few tablespoons of roux: Mix equal parts melted butter and flour and whisk until smooth. Either way, the result will be perfectly silky, rich and flavorful.

INGREDIENTS

- 1 onion, chopped
- 1 clove garlic, minced
- 5-6 mushrooms, sliced
- 1lb ground turkey
- 1 pint chicken stock
- 2 teaspoons Bell's Poultry seasoning
- 1 bay leaf
- Salt and pepper to taste
- 2 medium carrots, cut into coins

3 (Yukon Gold) potatoes, cut into 1-inch cubes

2 tablespoons roux (optional – see above)

Heavy cream (just a splash or two) **METHOD**

Heat olive oil (or butter) in a skillet and add onions, cooking over medium heat until translucent. Add garlic and mushrooms and continue cooking, stirring occasionally, until soft.

Add ground turkey, breaking it up with a spoon, and cook until beginning to brown. Add chicken stock and 1/2 - 1 cup of water. Bring to a boil.

Reduce heat and add poultry seasoning, salt and pepper to taste and bay leaf. Stir and add potatoes and carrots and simmer until potatoes are soft. Gently whisk in cream (and roux if you want to thicken it), simmer about 15 minutes more and serve.

What a sweet and much appreciated gesture! Coming home to this really was just what needed, and I'm beyond grateful that my husband was so thoughtful

and generous enough to let me share it with you!

Another great thing about soups and chowders? They're often better the next day! And good thing, too, since I have to get right back to work but now have more of this to look forward to. Mix up a hearty and heart-warming batch of this turkey chowder, serve it with a slice or two of challah bread and feel winter's chill – and your worries – melt away! Enjoy!

Vicki Frank Day is a graphic artist with more than two decades of experience in different aspects of the food service industry. She is the Content Marketing Specialist for Adams Fairacre Farms where she has worked for 25 years, with in-depth food research being an integral part of her marketing position. She believes that cooking is for everyone and should be a pleasurable journey, that food should be experienced, not merely eaten, and that special occasions can be an everyday celebration. E-mail her at vfrank day@adamsfarms.com.

Two Of Us Productions sets Suspense Theater

The Two Of Us Productions, the award winning theater company based in Columbia County, is pleased to present their Virtual Live-Staged Reading with two radio dramas from Suspense Theater: Two Knives and Diary of Saphronia Winters.

This performance is being presented on Saturday evening February 5 at 7 p.m. in collaboration with Friends of Copake Grange.

In "Two Knives," police officer Scott Anderson is a pleasant easy-going chief of police in a small town. A simple case of arresting a wanted murderer suddenly changes into a perplexing case of a prison cell death and the dead man's estranged wife showing up to see the body.

"Diary of Saphronia Winters" recounts a relaxing Florida vacation where

Saphronia is romanced by a handsome thrilling-looking man who owns a large vacation hotel in Maine. A romantic, but quick wedding, a train ride to the secluded hotel Maine, what could possibly go wrong when he invites her out onto the hotel lawn?

To learn the rest of these thrilling stories, you'll have to R.S.V.P to TheTwoOfUsProductions.org and then see these thrilling dramas in the comfort of your own home.

This project is made possible with funds from the Statewide Community Regrants Program, a regrant program of the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature and administered by CRE-ATE Council on the Arts."

EXHIBITIONS

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through Feb. 25**: Featured in the Hallway Art Gallery at 9 Vassar St. will be Jim Bennett; and at 12 Vassar St. will be Ada Monica Sperling in the Reception Gallery and Brett Gehrke in the Hancock Gallery. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access to galleries. Visit cunneen-hackett.org for hours and to review the Visitation Safety Protocols.

Tivoli Artists Gallery, 60 Broadway, Tivoli. **Through Feb. 6**: "Winter Works," TAG member /artists reflect on process, practice and new work with regard to the specificity of a season. (845) 757-2667 or www.tivoliartistsgallery.com

Trolley Barn Gallery, 489 Main St., Poughkeepsie. **Through Feb. 24:** The Art Effect hosts the youth-curated, international juried exhibition, "Double Take," featuring 43 works of art and unconventional uses of media including: distortions, optical illusions, drawings, double exposure, sculptural installations and more. Virtual artist talk: Wednesday, Feb. 2, 7-8 p.m., moderated by the Youth Curatorial Team and three featured artists. feelthearteffect.org

Visit us on Facebook! Southern/Northern Dutchess News Group



We provide top-notch care in a comfortable setting for post surgical recovery as well as short-term health challenges, including:

Hip and Knee Replacement * Stroke * Post Surgical Recovery [

Cognitive and Speech Disorders * Osteoarthritis * Shoulder Injury

Neurological Disorders * Spinal Injury

46 Brookmeade Drive, Rhinebeck, N.Y. 12572 (845) 876-2071 communityatbrookmeade.org

NOTICE TO NEW YORK RESIDENTS

Homeowner Funding enables families to make necessary energy efficient home repairs who:

- ARE UNABLE TO PAY CASH FOR NECESSARY HOME REPAIRS.
- CANNOT AFFORD HIGH OR ADDITIONAL MONTHLY PAYMENTS.
- HAVE BEEN TURNED DOWN FOR FREE STATE OR GOVERNMENT PROGRAMS.

REPAIRS INCLUDE:
ROOFING • SIDING • WINDOWS • DOORS & MORE...

up to \$25,000

NO Money Down NO Equity Required

QUALIFY TODAY: (800) 736-9629 or visit NYImprovementFund.com

Approved applications will have the work completed by a quality repair crew provided by: HOMEOWNER FUNDING

February events at Millbrook Library

Feb. 2, 6:30 p.m.

Fireplace Jam with Eric Marshall

Tired of playing alone or singing to your showerhead? Want to make music social again? Eric Marshall is holding jam sessions on the first Wednesday of every month. You can come with a guitar or ukulele and Eric will show you some chords, but no instrument or experience is required and all skill levels are welcome. Stop by to singalong, shake a maraca, or strum to classic songs and new favorites. You're also welcome to just come and listen to the jam. This event is good for all ages and will be held in the Millbrook Library fiction room by the fireplace.

Feb. 3, 6 p.m. **Indian Cooking Class (Zoom)**

Join Holly Shelowitz, Culinary Nutrition Educator and Counselor, for a hands-on Indian cooking class from the comfort of your own kitchen. Join us on zoom by setting up your computer or tablet in the kitchen and following along. You'll be able to ask questions and get personalized answers. On the menu is Chana Saag, which is a traditional Indian dish with chickpeas and spinach. You will have the option to use chicken instead of chickpeas. We will also be making basmati rice or cauliflower rice. To complete the menu, we will make raita, a traditional yogurt condiment. You can use dairy or non-dairy yogurt. The food will be delicious and we look forward to seeing each other in our kitchens!

Feb. 4 & 18, 10 a.m. Qigong Class (Zoom)

Qigong ("chee-gung") is a Chinese mind-body exercise system proven to lower blood pressure, build strength, improve balance and flexibility, and transform stress into energy. Its pleasant, easy to learn movements are similar to Yoga but more circular and flowinggreat for returning mobility to stiff or achy joints. This class will include acupressure self-massage techniques (acupuncture evolved from Qigong) and a bit of history about Qigong's fascinating roots in Taoism.

Feb. 7 & 21, 10 a.m. Monday Morning Musical Meditation (Zoom)

Start your week off on the right foot with a guided meditation with Donna Castaner (Mamma Donna). Give yourself the opportunity to fully relax and absorb the heart centered vibrations of vocal toning and harp strings for 30 minutes via Zoom. This program is good for everyone aged 10 and up!

Feb. 8, 6 p.m. **Sharon Hospital Information Meeting** (Zoom)

Members of the surrounding community are invited to join a virtual webinar to hear from Dr. Mark Hirko, president of Sharon Hospital. He will discuss the latest developments and the hospital's transformative plans for the future, along with steps taken by Nuvance Health to safeguard the health of our communities during COVID-19.

Community members are encouraged to submit their questions in advance by emailing sharonhospital@nuvancehealth.org. Learn more about Sharon Hospital's plans for the future at nuvancehealth.org/sharonhospitaltransformation, including previously recorded roundtable discussions.

Feb. 19, 3 p.m. **Leon Nesis Art Reception**

Join us for an art reception at the Millbrook Library. We will be showing Leon Nesis's paintings— a Millbrook local and Fountain's resident with an expressive style. Come learn about the work, walk through the gallery, and mingle with the community for our first art show of the new year.

Feb. 22, 7 p.m.

Film Club - "A River Runs Through It"

Selected by Film Club member Israel Katcher, "A River Runs Through It" is the coming-of-age story of two brothers in 1920s Montana starring Brad Pitt and Craig Shefferd and directed by Robert Redford. It won the Academy Award for Best Cinematography and was nominated for several others. We will be screening this movie at the library and holding a brief discussion afterwards. Film club is always open to new members who love watching new movies and talking about them! If you're interested in choosing a film for us to watch and discuss, stop on by and talk to Kristin about it.

Feb. 24, 6 p.m. Song and Story - Black Spirituals

Celebrate Black History Month with local musician and sonic healer Mama Donna and delve into the world of Black spirituals. Half concert, half storytelling, Donna will lead participants on a journey through music, highlighting how African Americans used spirituals to find strength, community, and resilience.

Feb. 25, 4 p.m. MillBook Club - "Caste: The Origins of Our Discontents"

In honor of Black History Month, the MillBook Club will be reading "Caste: The Origins of Our Discontents" by Isabel Wilkerson. "Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more." This book won all the major awards for nonfiction, and we are excited to read and discuss it together.

The book club is always eager for new members. Pick up your book at the circulation desk early in the month and join a lively, friendly group discussion. Register to receive email updates.

Feb. 26, 5 p.m.

Thomasina Winslow in Concert for Southland, Swing, & Spain: A Millbrook Arts Group Concert Series at the Millbrook Library

Join us as we celebrate outstanding women in the arts with a concert series that reflects the mastery of different styles and sounds with soul-moving rhythms that are sure to get your feet tapping! The first concert will feature the Blues artist Thomasina Winslow, a guitarist and singer with virtuosic instrumental control and rich vocals.

Held at the Millbrook library from 5 to 7 p.m. Xheck the Millbrook Library and Millbrook Arts Group websites for the latest information, including Covid policies and the subsequent possibility of rescheduling concerts.

The library is at 3 Friendly Lane in Millbrook. Call (845) 677-3611 or visit www.millbrooklibrary.org for more information.

Northern **DUTCHESS NEWS** ALL LOCAL ~ ALL THE TIME www.sdutchessnews.com

Upcoming programs at Red Hook Public Library

Virtual Gentle Yoga

2:30-3:30 p.m., Tuesdays, Feb 15 & 22 This Gentle Yoga class series is for all levels. Yoga teacher Sally Delmerico will be your guide, encouraging you to discover the flow and power of your breath, while directing your body to move in that flow of breath. Email Renee at programcoordinator@redhooklibrary.org to register for the Zoom link.

Hands On: Sewing Aprons 11 a.m.-12:30 p.m., Saturdays, Feb 19

Looking to sew your own apron? Join our Hands On: Sewing Aprons (Part 1 on 2/19, Part 2 on 2/26). This program will take place at St. Paul's Parish Hall in Red Hook. We will be making simple and stylish one-piece aprons. Supplies provided. Registration required. Email Amy@redhooklibrary.org to register.

Virtual Spanish as a Second Language 5:30-6:30 p.m., Thursday, Feb 24

Improve your Spanish in our series of 14 weekly virtual Spanish classes. This class continues on Tuesday evenings into June. Best suited for advanced beginner level. Email Renee at programcoordinator@redhooklibrary.org to register.

Tech Help Class for Beginners 2 p.m., Friday, Feb 25

In this small group in-person class, our tech help educator will provide hands-on help to newer laptop and Chromebook users with basic computer skills. Learn useful skills such as connecting to the Internet, using Wifi networks and working with emails. Participants are welcome to bring their own devices, but we will also have Chromebooks and laptops available at the library. Email Renee at programcoordinator@redhooklibrary.org

The Tuesday Afternoon Book Group 2:30 p.m., Tuesday, Feb 8

This month the group will meet to discuss "Hamnet: A Novel of the Plague" by Maggie O'Farrell. The discussion will be held on Zoom. Contact Paul at assistant@redhooklibrary.org for the Zoom link and questions about the discussion.

The Monday Evening Book Group 7 p.m., Monday, Feb 28

This month the group will meet to discuss "The Sweetness of Water" by Nathan Harris. The discussion will be held in the Library's Community Room. A Zoom link option will be made available to anyone interested. Contact Paul at assistant@redhooklibrary.org for questions regarding the discussion.

All Abilities Adults

12:30 p.m., Fridays, Feb 4, 11, 18, 25

All Abilities Adults is an hour of social fun in the Community Room for adults with intellectual, cognitive and/or developmental disabilities. Our activities range from seasonal crafting to scientific experiments, but friendship and community are constant. In person program, limited spots available, registration required. For more information and to register, email Amy@redhooklibrary.org.

Color & Chat

1-2 p.m., Mondays, Feb 7, 14 & 28

Enjoy an hour of coloring and relaxation. Chat while you color. No art experience required. Join in-person at the Community Room in the library or via Zoom. Art supplies will be provided for in-person groups. Zoom participants may pick up coloring pages beforehand. Email Renee at programcoordinator@redhooklibrary.org for more information and for Zoom link.

Knitting Group

4-6 p.m., Tuesdays, Feb 8, 15 & 22

Meet in the library Community Room for weekly knitting, crocheting, spinning, quilting, and crafting. Email Dawn at director@redhooklibrary.org if you are interested in attending.

Virtual Anti-racism Discussion Group 7 p.m., Thursday, Feb 10

The Anti-Racism Reading Group is an ongoing forum where we will be having honest, non-judgmental conversations about what we're reading & learning about race, racism and anti-racism. We will discuss how we might apply these lessons to how we live and what we advocate for in our community. Email Amy at amy@redhooklibrary.org if you're interested in participating in this virtual group.

All indoor library programs require masks at this time.

Call the Red Hook Public Library, (845) 758-3241, email director@ redhooklibrary.org or visit www.red hooklibrary.org for more information.

Historic Red Hook to host free virtual events

"Spaces of Enslavement," an author talk with Andrea C. Mosterman, will take place via Zoom on Thursday, Feb. 17, at 7 p.m. This virtual event is presented in collaboration with the Dutchess County Department of History,

Andrea Mosterman is associate professor in Atlantic History and Joseph Tregle Professor in Early American History at the University of New Orleans. In her work, she explores the multifaceted dimensions of slavery, slave trade and cross-cultural contact in the Dutch Atlantic and Early America with special emphasis on Early New York.

Participants will receive a 40-percent discount code to purchase the book from Cornell University Press.

On Wednesday, March 16, at 7 p.m., Sarah K. Herman will present an author talk via Zoom, titled "The 1903 Jackson Corners Signature Quilt."

has resided in Poughkeepsie and Pine Plains. Her grandmother, Clara Weller Losee, was a dedicated local and family historian for the towns of Red Hook, Milan and Northeast.

In 2010 an old, stained muslin sheet made of 42 blocks sewn together, many covered in embroidered names, was passed down through five generations of Hermans' family. She spent a decade researching the quilt; the 260 names of local people from Milan, Red Hook, Rhinebeck, Pine Plains, Livingston, Clermont and Ancram embroidered on it; and the world of Northern Dutchess and Southern Columbia counties in 1903 when the "simple" life was coming to an

Books can be purchased through Oblong Books in person or at https://www.oblongbooks.com/jackson

Register for these free programs at Hermans grew up in Millerton, and https://www.historicredhook.org/register.

Diversions

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

1		8		6				
					7	1	2	
		7			1			6
			3			4	9	
	1			4			3	
	7	4			2			
9			1			5		
	6	3	4					
				8		7		9

Suguru

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

ACROSS

- 1. Spick-and-span
- 6. Transparent square
- 10. Pieces of furniture
- 14. Employee's delight
- 15. Double sulfate
- 16. Lily plant
- 17. Land units
- 18. Feeling
- 20. School competition
- 21. ITAR-__; Russian news agency
- 23. Scorches
- 24. Ancient Persian
- 25. Look toward
- 27. Ridicule
- 30. "I cannot tell ."
- 31. Linear measure
- 34. Gray or Moran
- 35. Oak nut
- 36. __ pro nobis; pray for us
- 37. Chaucer's "The ___"
- 41. Beast of burden
- 42. Group in power after a coup d'état
- 43. Declares illegal
- 44. Majors, for one
- 45. Robert
- 46. 1960s hi-fi
- 48. Cake decorator
- 49. Brunch, for one
- 50. Cause pain
- 53. Piece of sporting equipment
- West
- 57. Delights
- 60. Crown
- 62. Shakespeare's river
- 63. Take a break
- 64. Tibetan monks
- 65. Skimpy garment
- 66. Prying
- 67. Thrill

DOWN

- 1. Grump
- 2. Bridal veil fabric
- 3. Ireland, to the Irish
- 4. Enzyme: suff.
- 5. Settled in an aerie
- 6. No longer done
- 7. Schooner beverages 8. Vowed one
- 9. Followers of els
- 10. Wash
- 11. Charles Lamb
- 12. Opening
- 13. Elected officials: abbr.
- 19. Pronunciation mark
- 22. Lemon juice, water & sugar
- 24. Breath freshener
- 25. Plant life
- 26. Like meringue
- 27. Sticker
- 28. Wipe away
- 29. Douse 30. Sharp and severe
- 31. Back tooth
- 32. Dunne or Castle
- 33. Useful rope
- 35. "Li'l __"
- 38. Tosses out
- 39. Call the shots
- 40. First murder victim
- 46. Collection
- 47. Fail to keep a confidence
- 48. Mashhad resident
- 49. Weather forecast
- 50. Luncheon meat
- 51. One thousand fifty-six
- 52. Long time
- 53. Clutter
- 54. Baby's word
- 55. "I smell __!"
- 56. At __; relaxed
- 58. Subject for Keats
- 59. Auto of yesteryear
- 61. Ending for editor or potent

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18				19				
20				21	22					23				
			24					25	26					
27	28	29					30					31	32	33
34						35						36		
37				38	39						40			
41				42			4				43			
44				45					46	47				
			48					49						
50	51	52					53					54	55	56
57					58	59				60	61			
62					63					64				
65					66					67				

Chad Gibbs earns Eagle Scout rank

submitted by Nyhisha Gibbs

On Tuesday, Jan. 25, Chad Amir Gibbs, a 16-year-old junior at Arlington High School, earned his Eagle Scout rank, the highest rank in Boy Scouts.

Chad, a Town of Poughkeepsie resident, began his Scouting journey as a Tiger Cub Scout in Pack 122 (now defunct) with Mrs. Pat Keeley as his Cub Master. He journeyed through the Cub Scout ranks earning his Arrow of Light, the highest honor in Cub Scouts.

After Cub Scouts, Chad crossed the bridge into Boy Scouts joining Troop 275 (Elks #275 is the Chartering Organization) where he earned numerous Merit Badges, attending Boy Scout Camp

and participated in several other activities.

While in Boy Scouts, Chad served in Leadership Positions including Den Chief for a Den in Cub Scout Pack 122, Patrol Leader and Quartermaster.

For his Eagle Project, Chad, along with several volunteers from his family, church and Troop, built a picnic table and created beautiful landscapes next to the Town of Poughkeepsie Senior Center. The landscape includes plants and flowers for Seniors to enjoy.

Chad, a MasterChef Junior Season 4 contestant, has three older brothers. Two of his brothers are Eagle Scouts: Brandon Ahmad Gibbs (2017) and Cody Amahn Gibbs (2019). Nyhisha and Robert Gibbs are his proud parents.



For his Eagle Project, Arlington High School junior Chad Gibbs (above center, flanked by the 2022 Eagle Scout Board), along with several volunteers from his family, church and Troop, built a picnic table and created attractive landscapes next to the Town of Poughkeepsie Senior Center. Photos by Nyhisha Gibbs





Find us on Facebook: **Southern Dutchess News Group**





Starr Library events on tap this month

Exhibition: John O'Donnell

John O'Donnell is Associate Professor of Printmaking at the University of Connecticut. He is a printmaker and new media artist. As a printmaker he uses a variety of traditional and experimental techniques to address formal and conceptual topics pertaining to illusion, construction, and the history of intaglio print making. His practice as a new media artist addresses nostalgia and media representation through video, installation and performance. Ultimately, he is a studio artist compelled to create images that locate an ambiguous degree of resolution through applied awareness of content and form.

BOOK CLUBS Graphic Novels for Tweens "Awkward" by Svetlana Chmakova Thursday, Feb. 3, 4 p.m.

Let's draw together and work on our graphic novel styles. Art work will be hung up on the library wall. Snack will be provided! Note that attendees aren't expected to have already read the book to attend the meeting. The book will be handed out at the meeting for the kids to take home and read.

Mysteries Around the World Book Club: Oslo

"The Snowman" by Jo Nesbo Tuesday, Feb. 8, 1 p.m.

Starr Book Group "Hamnet" by Maggie O'Farrell Tuesday, Feb. 22, 7 p.m.

Online and print copies will be available to check out through the MHLS catalog.

SPECIAL PROGRAMS **ADULT PROGRAMS**

Virtual Cooking Class with Holly: **Indian Food**

Thursday, Feb. 3, 6-7 p.m.

Join Holly Shelowitz, Culinary Nutrition Educator and Counselor, for a hands-on Indian cooking class from the comfort of your own kitchen. Join us on Zoom by setting up your computer in the kitchen. On the menu is Chana Saag, which is a traditional dish with chickpeas and spinach. Visit our online calendar for more information and to register.

Saturday Chill with Classical Guitar Player Andrew Baffi

Saturday, Feb. 5, 1-3 p.m.

Come by and enjoy Andrew Baffi playing classical guitar. Browse, read a magazine, a newspaper or just chill listening to Andrew.

Starr Stitchers

Monday, Feb. 7, 10 a.m.-1 p.m.

A stitcher is anyone who does any or many types of embroidery and needlework, from beginner to advanced.

The Repair Cafe

Saturday, Feb. 12, 10 a.m.-2 p.m.

Get your broken but beloved stuff fixed for free. Bring your broken but beloved items and together with volunteer repair coaches, we fix them! Some examples of what you can bring include: clocks and other mechanical items, chairs, frames, small appliances, clothing, textiles, dolls, stuffed animals, toys, jewelry and more.

Starr Board Meeting Thursday, Feb. 24, 5:30 p.m.

Open to all community members who

would like to attend.

"Civil War Era Songs of the Irish Brigade" - A Live Music Event

Saturday, Feb. 26, 3-4 p.m.

The Irish band The Veterans in a New Field will run through a varied playlist of historic Irish songs from the Civil War.

YOUTH & FAMILY PROGRAMS Super Lego Hour Tuesdays, 4-5 p.m.

Choose from our large selection of Legos for elementary-aged youth, as well as, our DUPLO Legos for younger kiddos. All works will be displayed in the library for a week.

Express Yourself: Acoustic Jams with Licensed Music Therapist Terry Watson Thursday, Feb. 10, 4:30-5:30 p.m.

Music and music therapy provide opportunities for children to develop and learn new skills through music experiences. Music experiences address cognition, language and the social skills of the child within a safe, nurturing and fun process. We will use instruments, dance, chants, puppets and much more to provide your child with a meaningful and fun experience. This class is inclusive of children at all stages of development and functionality. This class focuses on elementary aged youth, but can also go up to middle school if requested. Sessions facilitated by: Terry Watson, MA, CMT, LCAT, MS, Special Education.

Global Arts

Thursday, Feb. 17, 5-6 p.m.

Hands-on, arts and crafts class led by Tara Foley, our Youth Programmer. We look at folk art traditions from different parts of the globe in order to better understand the world that we live in today. Parents and guardians are welcome to work together on the projects with their children. This is a program geared toward elementary school-aged kids. There will be snacks provided at this meeting.

Steam Club

Thursday, Feb. 24, 4-5 p.m.

Enjoy a variety of projects from making your own robot to cardboard constructions and more. Each session will have a new project. This club has a limit of 6 children. This new club will happen the fourth Thursday of the month and is for upper elementary aged youth, grades 3-6, parent/guardian collaborations are encouraged.

What Do You Want to Be When You **Grow Up?**

Saturday, Feb. 26, 11 a.m.-noon

How do people know what they want to be when they grow up and what skills are needed? This is your opportunity to ask any adult any questions you may have about a future career! These workshops are great for children over 10 and their guardians. Join us this month with Starr Library's exhibiting artist, John O'Donnell, as we learn about the life of an artist and a printmaker! We will make our own prints to take home or exhibit in the library!

Have an interesting career you'd like to share with children? Email Tara at tfoley@starrlibrary.org.

Corrigan named 2022 St. Pat's Grand Marshal

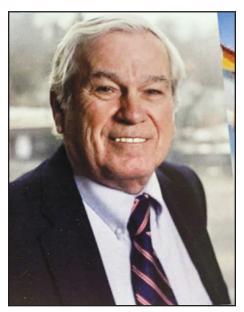
The Dutchess County St. Patrick's Parade Committee has announced Joseph Corrigan as its 2022 Parade Grand Marshal.

Joe Corrigan is a retired Wappingers Central School District educator with more than 34 years of experience. As a teacher, Junior and Senior High School Principal and Assistant Superintendent of schools, Joe has been molding young minds for decades. After retirement, Joe served as interim principal at Myers Corners, Evans and Vassar Road elementary schools. He also served as Interim Superintendent Assistant Administration. Joe was voted "Best School Principal" in one of the local papers at both Wappingers Junior High and John Jay High School.

Joseph's Irish roots are founded in the County of West Meath. Joe is a proud advocate of his Irish heritage. On each St. Patrick's Day, Joe would greet his students appropriately attired with the 'wearing of the green.' He would then serenade them over the school's PA system, with a traditional Irish lullaby. Yes, he adores being Irish. He often shares wonderful tales of Ireland along with stories of his family's humble beginnings. He believes his Irish ancestry is responsible for strongly influencing and molding him.

Joe said, "One should never stop striving to be a better person!" As the Irish blessing states, "Those who bring sunshine to the lives of others, cannot keep it from themselves."

Joe has been recognized by The Mid Hudson School Study Council with the "Excellence in Administration Award."



Joseph Corrigan

He also was presented by the Southern Dutchess Exchange Club, "The Book of Golden Deeds Award for Community Service." Joe's volunteer service includes past membership in The Wappinger Falls Lions Club and school district liaison with the Greater Southern Dutchess Chamber of Commerce He also served as a Trustee for Grinnell Library for twelve years. He currently serves on the Board of Directors of The Taconic Educational and Governmental Federal Credit Union (TEG) and is a committee member on the New Hamburg Yacht Club Golf Tournament which has raised more than \$120,000 for the Wappingers Falls Meals on Wheels program.

Second annual Cattle Battle seeks sponsors for spring event

The second annual Spring Cattle Battle at the Dutchess County Fairgrounds is set for April 29 to May 1 and the organization is seeking sponsors for the event.

It is expected that more than 120 animals and children will attend this show – each Cattle Battle we produce grows by an average of 20 percent over the previous show.

First of all, we hope that you will come out and see the impressive sight of an eight year old leading a thousand pound animal – the focus that these children have is incredible to witness firsthand, said Cattle Battle spokesperson Jamie Cheney. "You can see the time and energy that they have put into these animals as they handle them in the ring."

She said that from facility charges to judging fees to premiums paid to winners, an event like this will cost approximately \$15,000 to produce. "We don't represent any major breed association that would subsidize this – we represent a group of parents who want our children to have local, well-run livestock shows in eastern New York, and who want to see the tradition of beef showmanship excellence return to Dutchess County on an annual basis," said Cheney.

The Cattle Battle organizers have created a range of sponsorship levels that represent multiple ways to be involved.

Platinum Sponsor – \$1000 and over

- Banner with logo to be hung in the rena
- Name/logo in program

- Recognition on the Cattle Battle website
- Thank you notes from Junior Competitors

Gold Sponsor – \$500 and above

- Sign with Company Logo placed in arena/barn/common area
 - Name/logo in program
- Recognition on the Cattle Battle website
- Thank you notes from Junior Competitors

Silver Sponsor – \$250 and above

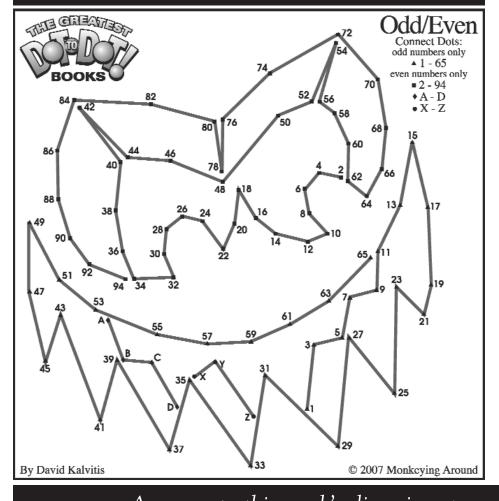
- Shared sign with other silver member placed in arena/barn/common area
 - Name/logo in Program
- Recognition on the Cattle Battle website
- Thank you notes from Junior Competitors
 - Bronze Sponsor \$100 and above
 - Specific class sponsorship
 - Name in program
- Recognition on the Cattle Battle
 website
- Thank you notes from Junior Competitors

Friends of the 2021 Spring Cattle Battle – any amount that makes sense for you and your business

- Recognition on the Cattle Battle website
- Thank you notes from Junior Competitors

For more information, visit nycattle-battle.com/sponsorships/ or send an email to Jamie.f.cheney@gmail.com to become a sponsor.

Answer to this week's Dot to Dot (puzzle on page 10)



National Wear Red Day Friday for women's heart health

The American Heart Association, the leading global volunteer organization dedicated to fighting heart disease and stroke, is rallying women in the Hudson Valley to "Reclaim Your Rhythm" on Friday, Feb. 4 as a part of the Association's Go Red for Women® National Wear Red Day®. This February, Go Red for Women is helping women reclaim their rhythm by promoting easy opportunities for women to build healthy habits that work best for their life, giving them the best chance at life.

Through the Go Red for Women movement, the American Heart Association encourages people to take action in February by:

- Wearing red on National Wear Red Day, Friday, Feb. 4, to raise awareness about cardiovascular disease. The iconic Red Dress pin and other apparel are available at ShopHeart.org.
- Making a donation to support the lifesaving work of the American Heart

Association at WearRedDay.org. Big Lots and the Big Lots Foundation will match online donations on National Wear Red Day, up to \$333,333.

- Visiting CVS Health and making a donation at the register.
- Donations can also be made online at www.CVSHealth.com/GoRed.
- Join Research Goes Red, a joint collaboration between the American Heart Association's Go Red for Women and Verily's Project Baseline to engage more women directly to participate in research.
- Joining the conversation by using #WearRedDay, #HeartMonth, #GoRedForWomen, #GoRedHV and @AHANewYork on social media.
- Register for the Dutchess-Ulster Heart Walk, set for April 30, on The Walkway Over the Hudson. DutchessUlsterHeartWalk.org.

Learn more at GoRedforWomen.org.

Answers to this week's diversions (puzzles on page 16)

	Sug	juru :	solut	ion	
5	1	2	4	3	1
2	4	3	5	2	4
1	5	2	4	1	3
4	3	1	3	2	4
2	5	2	5	1	3
1	4	1	3	2	5

С	L	E	Α	N		Р	Α	N	Ε		В	E	D	S
R	Α	1	S	Ε		Α	L	U	M		Α	L	0	Ε
Α	С	R	Ε	S		S	Е	N	S	Α	T	1	0	N
В	Е	Ε		T	Α	S	S			С	Н	Α	R	S
			M	Ε	D	Ε		F	Α	С	Ε			
D	E	R	1	D	Ε		Α	L	1	Ε		M	1	L
Е	R	1	N			Α	C	0	R	N		0	R	Α
С	Α	N	Т	Е	R	В	U	R	Υ	T	Α	L	Ε	S
Α	S	S		7	U	N	T	Α			В	Α	N	S
L	Ε	E		Ε	L	E	E		S	T	E	R	Ε	0
			1	С	Ε	R		M	Ε	Α	L			
S	M	Α	R	T			М	1	T	T		M	Α	E
Р	L	Ε	Α	S	U	R	E	S		T	1	Α	R	Α
Α	٧	0	N		R	Ε	S	T		L	Α	M	Α	S
М	1	N	1		N	0	S	Υ		Е	L	Α	Т	E

			-				-	Ι
1	2	8	9	6	4	3	7	5
6	9	5	8	3	7	1	2	4
4	3	7	5	2	1	9	8	6
2	5	6	3	1	8	4	9	7
8	1	9	7	4	5	6	3	2
3	7	4	6	9	2	8	5	1
9	8	2	1	7	6	5	4	3
7	6	3	4	5	9	2	1	8
5	4	1	2	8	3	7	6	9

We're on the web! www.sdutchess news.com

County to protect 490 acres through Partnership for Manageable Growth

Dutchess County Executive Marc Molinaro recently announced Dutchess County's Partnership for Manageable Growth (PMG) Program will provide more than \$2.2 million to permanently protect four farms, preserving working agricultural lands for years to come, and assist a community organization in converting the deteriorated former Bennett College property into a new community park.

Molinaro said, "Dutchess County remains a leader in the protection of farmland and open space, and our Partnership for Manageable Growth allows us to do so – maintaining both our agrarian heritage and our County's visual splendor for years to come. Through our preservation, these four farms will endure as vital parts of Dutchess County's agricultural legacy, continuing to contribute to our local economy and the charm that makes our community unique. The convergence of the deteriorating, former Bennett College campus into a public park will revitalize an important historical and cultural site located at the southern gateway to the Village of Millbrook and return it to the public realm for future generations to enjoy."

The County Planning Board evaluated proposed projects using objective criteria, met with the farmers and landowners at each property and subsequently provided funding recommendations to County Executive Molinaro. The four farm projects are contained within the County's "Agricultural Priority Areas," as delineated in the 2015 Dutchess County Agricultural and Farmland Protection Plan, and revitalization of the former Bennett College site has long been a priority for the Millbrook community.

The funded projects are as follows:

Hahn Farm

The 215-acre Hahn Farm straddles Salt Point Turnpike and Netherwood Road in the Town of Pleasant Valley and has been owned by the Hahn family since 1798. A 100-acre portion of the 215-acre farm will be protected through this award; the Hahn family had previously donated an easement to protect 98 acres of the farm from development. The farm's livestock operations produce, on average, 60 head of beef cattle, 10 pigs, 80 chickens and 60-80 turkeys per year. The farm's seasonal agritourism activities/on-farm experiences offer patrons a reminder of the historic agricultural nature of the area, which continues to be a force in our economy today. The Hahn Farm received a Bicentennial Farm Award from New York State in 2012 for being in continuous agricultural operation for more than 200 years.

Heritage Acres

The Heritage Acres/Fishkill Farm Expansion project property is a 105-acre parcel located south of and across East Hook Road from the Fishkill Farm's core operation in the Town of East Fishkill. Fishkill Farms was established in 1913 as a diverse farm operation and it now an important anchor of agriculture in southern Dutchess County, welcoming agritourism, and distributing product through a Community Supported Agriculture (CSA) operation, its farm store and the local and New York City markets.

Obercreek Farm

Obercreek Farm is located along the eastern banks of the Wappinger Creek, just before its confluence with the Hudson River. The farm property, which consists of approximately 186.5-acres, is owned by individually and collectively by Alexander Reese and his siblings, who are the sixth generation of the Reese family to own and steward these lands. This PMG grant partially funds the purchase of a conservation easement on 144 acres, protecting the property from development, while facilitating the landowners' desire to sell the property as four smaller farms in the future. The ability to create four smaller farms in such a densely developed area as southern Dutchess County ensures the land will remain viable for agriculture into the future. Obercreek Farm consists of fields of vegetables and fruits, which are certified organic, hay fields and woodlands. The farm has had a CSA operation since 2012, has planted cider apple trees on a portion of the property, and plans to grow hops in the future to support the Obercreek Brewery.

Primrose Hill Farm

The 109-acre Primrose Hill Farm is located in the central-eastern portion of the Town of Clinton and has extensive frontage on Fiddler's Bridge Road. The historic home, barns and farm fields are highly visible from the scenically designated Fiddler's Bridge Road and are characteristic of the historic legacy of the Town of Clinton. Primrose Hill Farm supports two agroforestry operations:

for Breast Cancer Awareness Night The Marist Athletics Department will for people affected by breast cancer withhost its annual Play4Kay Night on in the nine counties of the Hudson Valley

Marist partners with Miles of Hope

ketball team faces Rider at 7 p.m. in McCann Arena.

At the annual Play4Kay game, fans are encouraged to wear pink to support the Miles of Hope Breast Cancer Foundation and raise breast cancer awareness.

At halftime, the Marist Athletics Department and Miles of Hope will recognize breast cancer survivors with a special on-court ceremony. Survivors interested in taking part in the event should contact Assistant Athletics Director for External Affairs, Harrison Baker, via email at harrison.baker@marist.edu.

The executive director of the Miles of Hope Breast Cancer Foundation, Pari Forood, has enjoyed having a close relationship with Marist College in the last 15

"Every year, Marist sports teams play a pink game honoring breast cancer survivors and raising awareness for this disease," Forood said. "Miles of Hope funds support services, education and outreach

Saturday, Feb. 5, when the women's bas- and one of the reasons we are so successful is because of partners like Marist."

> See https://goredfoxes.com/sports/ womens-basketball/schedule for more information about the Feb. 5 game, which marks the 12th time the Marist Athletics Department will partner with Miles of Hope Breast Cancer Foundation to promote the importance of breast cancer awareness in the Hudson Valley.

> Proceeds from the evening's 50-50 raffle will benefit the Miles of Hope Breast Cancer Foundation. Donations will also be accepted. To donate online, visit https://milesofhope.org/donate/

> The Miles of Hope Breast Cancer Foundation is a non-profit, 501(c)(3) public charity established in March 2004. The mission of the foundation is to fund support services, education and outreach for people affected by breast cancer within the nine counties of the Hudson Valley, New York (Columbia, Dutchess, Putnam, Westchester, Rockland, and Orange, Ulster, Greene and Sullivan).

Woodland Farm Products and a Christmas tree operation. The Woodland Farm Products operation covers 53 acres of the property; the Christmas tree operation covers 13 fenced-in acres, has been in production since 1962, and sells between 350-500 Christmas trees each year. The Christmas tree operation is being expanded by 5 acres and more than 1,000 seedlings were planted in this area in 2021. In 2020, the owners created a fenced-in, half-acre community garden that was made available to community members, and it is primarily used by members of the nearby Pleasant Plains Church to grow foods that supplement their food bank.

Former Bennett College Property

The former Bennet College is located in central Dutchess County, at the gateway to the Village of Millbrook, on the corner of Franklin Avenue and New York State Routes 343 and 82. The 32-acre property is highly visible and has long stood as an iconic symbol as one enters the Village from the south. The Millbrook

Community Partnership submitted a PMG application to assist it rejuvenate the property by creating a new public park on the former Bennett campus. In order to help facilitate the rehabilitation and adaptive reuse of the property for passive recreation and public access, future plans call for the demolition of the existing structures and to work with a landscape architect to design and develop a park that emphasizes the historic and cultural nature of this property for public enjoyment and passive recreation.

Created in 1999, the PMG program helps protect important agricultural and open space resources. The program provides a locally funded match for land preservation purchases up to 50 percent of the total project cost. Since its inception, the program has helped to protect 5,313 acres of farmland and open space in Dutchess County, with the protection of an additional 853 acres farmland pending in five projects and an acquisition of an additional 155 acres of pristine open space is also pending.

GOLDEN LIVING

Note: the Office for the Aging and OFA Senior Friendship Centers are closed on Friday, Feb. 11, in observance of the New York State holiday marking Lincoln's birthday; and will also be closed on Monday, Feb. 21, in observance of the national Presidents' Day holiday. Clients of OFA's Home Delivered Meals program will receive meals in advance of the holidays.

FEBRUARY IS AMERICAN HEART MONTH

Cardiovascular diseases have continued to be the top cause of death worldwide, in the United States, and in New York. According to the Centers for Disease Control and Prevention it's the leading cause of death for men, women, and people of most U.S. racial and ethnic groups.

The news isn't all gloomy, though. Most states, including New York, have seen steady declines in heart disease mortality, thanks in part to following the recommendations of the American Heart Association. They've identified seven simple steps called "Life's Simple 7" that will help you live heart-healthy: stop smoking; maintain a healthy weight; eat a healthy diet; take charge of cholesterol; engage in regular physical activity; manage blood pressure; and keep blood sugar within healthy levels.

More details are available at heart.org, and the February edition of OFA's Nutrition Program menu features "Facts on Fat" tips to help you incorporate healthy fats into your diet. Look for it at dutchessny.gov/OFANutrition.

SNOW CLEARING SAFETY

We can all benefit from improved heart health, especially in the winter and men over 50 may benefit the most, with the right precautions. They're at the highest risk for heart attacks triggered by physical stressors that are most common in winter, like shoveling snow. Winter is also the time when people tend to be more sedentary than usual, which adds risk when physical activity does take

The safest option of all would be to ask a younger neighbor down the street to take care of the snow for you. Still, some older adults may have no option but to clear snow themselves. If that sounds like you, the National Safety Council offers plenty of common-sense recommendations to act on before heading outside with the shovel:

• Dress warmly, take plenty of breaks,

- Bring emergency contact information and a phone with you;
- Take it slowly, with a little stretching before you begin. That's not only to avoid heart attacks, but it'll also help you avoid soft tissue and back injuries;
- Push the snow aside don't lift it. If there's no choice but to lift the snow, use your legs and only fill the shovel partially;
- Recognize the symptoms of distress: chest pain or pressure, nausea, cold sweat, unusual discomfort, shortness of breath, dizziness, or light-headedness. If you feel any of these, stop shoveling and call 911. Your local emergency services providers can begin treating you up to an hour sooner than if somebody tries to drive you to a hospital.

There's a printable Snow Clearing Checklist available at www.dutchessny.gov/aging. It includes tips on snowblower safety from the American Academy of Orthopedic Surgeons.

EMERGENCY BROADBAND BENEFIT PROGRAM UPDATED AND RENAMED

The federal Emergency Broadband Benefit (EBB) program has been replaced by the Affordable Connectivity Program (ACP) benefits as of 2022. Visit the websites acpbenefit.org and/or fcc.gov/ACP for enrollment information. Qualifying older adults may receive \$30 off their monthly internet bill, AND may be eligible for a one-time discount of up to \$100 off a laptop, desktop or tablet.

Households can combine ACP with Lifeline, which provides \$9.25 per month for bundled voice and data or broadband only service or \$5.25 per month for voice

Older adults who were enrolled in the EBB program as of Dec. 31, 2021 will continue to receive their monthly benefit during a 60-day transition period, according to the Federal Communications Commission (FCC).

An FCC statement says that more information will be available in the coming weeks about the actions that current EBB recipients will need to take to continue receiving the ACB benefit after the transition period.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofa@dutchessny.gov and stay hydrated; Feb. 2-8, 2022 - NORTHERN BUTCHESS PLACE OF THE STATE OF THE STA

OBITUARIES

Joseph Benenati

LAGRANGEVILLE- Joseph A. Benenati, 84, a 60-year Dutchess County, NY resident, died on January 21, 2022 at Vassar Brothers Hospital. Born on June 2, 1937 in the Bronx, NY, he was the son of Angelo and Josephine Monte Benenati. He grew up in Queens, NY, attended Power Memorial High School and St. John's University. He enjoyed playing basketball and handball. Joe graduated from St. John's with a BS in Chemistry. After graduation, he served in the US Military as a Military Policeman. His first jobs were at Sperry Rand and High Temp Wires on Long Island where he was employed until 1962. During that time, he married the love of his life, Joan M. Cowley, on December 31, 1960. They moved to Dutchess County NY in 1962 when he began working for IBM. Joe had a long and industrious career at IBM in the field of Microelectronics. He began as an engineer and quickly moved into many roles including management. He worked in several locations including East Fishkill, Yorktown, and Danbury. Joe was considered a subject matter expert within IBM where he not only contributed to the many technical successes of the company, but he also was granted many patents. When Joe retired in 2001, he was still a major contributor and a Senior Technical Staff Member. Joe enjoyed fishing and watching sports; particularly watching St John's basketball, Yankees baseball and professional tennis. In addition, he also loved attending his grandchildren's sports and activities. Joe took great pleasure in his daughters' athletic activities. He volunteered as a line judge for the St. Columba Dolphins. He also coached in a variety of roles, including as head coach for his daughters' softball teams in East Fishkill. Joe was the proud father of three daughters: Christine Harney and husband Sean, Lauren Wagner and husband Andrew, and Joanne Belmonte and husband Vito. He is also survived by his seven grandchildren, Connor Harney, Christopher Harney, Andreas Wagner, Alexandra Wagner, Sarah Wagner, Nicolas Belmonte, and Ryan Belmonte; and two great grandchildren: Atlas and Indiana Harney, and his niece Maureen Tosto. Along with his parents, he was predeceased by his sister Grace Benenati Sciacca. Memorial donations may be made to the Parkinson Foundation at Parkinson.org or the Cold Agglutinin Disease Foundation at coldagglutinindisease.org. A funeral mass and entombment of his cremains will be private and at the convenience of the family. Arrangements are under the directions of McHoul Funeral Home, Hopewell Junction, NY.

James Beyer

BEEKMAN – James V. Beyer, 78, passed away on January 23rd, 2022. He was born in the Bronx on August 18th, 1943, to William and Bernadette Beyer. On October 23rd, 1960, he married the love of his life, Dianne Beyer, at United Presbyterian Church in the Bronx. James (Jim) was the owner and operator of Jim Beyer Plumbing and Heating, Inc for many years and took great pride in his work. Besides being a very hard worker, he loved to donate his time helping others, and he could frequently be found volunteering with the Dutchess County Sheriff's Office. He loved hunting, cars, and being outdoors and was a big fan of Johnny Cash (and he loved

telling the story about how he got to shake his hand!). Jim had a true love and respect for community and was always eager to lend his hand to anyone in need. His family was his most precious possession, and they gave him the most joy, and in like he gave them their most joy. James is survived by his beloved wife Dianne, his daughter Denise Heer (Martin), his grandchildren, Simone, Nicholas (Heather), and Mitchell Heer, as well as his great-grandchildren Shae and Brynn. Calling hours were Thursday, January 27 at the McHoul Funeral Home, Inc., 895 Route 82, Hopewell Junction. Funeral services were Friday, January 28 at the funeral home. Burial followed at Clove Cemetery in Union Vale. Please visit his Book of Memories at www.mchoulfuneralhome.com.

Randy Bowen Sr.

MILLBROOK - Randy Glen Bowen Sr. entered into the Kingdom of God in the early morning of January 22, 2022. Randy was born in the Bronx NY on May 22, 1963, to Marjorie Chapman and Alvin Bowen, both deceased. His family moved to Dutchess County, where he grew up. He married the love of his life Cindy in 1992 and would have celebrated their 30th anniversary this August. Randy's greatest joy was God and his family. He loved nothing more than to just spend time with those he loved. He had an infectious smile that was bright and enveloped those around him in love. Randy is survived by his wife Cindy Bowen, his sons, Randy Bowen Jr. and James Davis and daughter-in-law Allison Davis; brothers Todd Bowen and Tom Bowen and sisters Margie Ferares and Laurie Harrison; grandchildren Makenna, Payton, Lauren, Madilyn, and Novalee; as well as several nieces and nephews. Calling hours were held at the Peck & Peck Funeral Home, 7749 S. Main St., Pine Plains, on Thursday January 27. Funeral Services were held at the funeral home on Jan. 28. Burial followed in Evergreen Cemetery, Pine Plains. Isaiah 41:10: Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness. To send an online condolence, please visit www.peckandpeck.net.

Mark deMartine

SALT POINT - Mark deMartine, 68 of Salt Point, NY passed away on Sunday January 23, 2022. Born in Poughkeepsie, NY on June 10, 1953, he was the son of the late Elliot Ross and Jeanne Freer. Mark received his bachelor's degree in Music from Ithaca, NY. He was a Private Music Teacher for years. He was than employed by the Millbrook Central School District as Maintenance Supervisor retiring in 2012. He was married to Janine deMartine who predeceased him in 2017. Mark enjoyed Science especially building model Rockets, shooting and Astronomy. He was also a weather buff. Mark is survived by his sons; Alex deMartine and Fiancée Liz of Lancaster, NY and Tyler deMartine of Cheektowaga, NY; stepsons Chuck Miller (Stephanie) and Bruce Miller (Beth); brothers; Jeff and Terry deMartine of Pleasant Valley, NY grandchildren Liam, Mila, Michael and Parker deMartine and Mackenzie, Hunter and Dawn Miller; his cousin Kevin deMartine (Brenda) and their children Justin and Jessica. There will be no services, Per Mark's wishes cremation has taken place. Arrangements have been entrusted to Joseph J. Darrow Sr. Funeral Home Inc, 39 So. Hamilton Street, Poughkeepsie, NY 12601. (845)452-1840. To send online condolences, please visit our website at www.darrowfuneralhome.org.

Margaret J. Dennis

DOVER PLAINS - Margaret J. Dennis, 74, a lifelong area resident passed away on Sunday, January 23, 2022 at her home in Dover Plains. Ms. Dennis was a supervisor in the Housekeeping Department at the Harlem Valley Psychiatric Center in Wingdale and, later, Taconic DDSO in Wassaic, retiring in 2013 after 40 years of dedicated service. Born on July 2, 1947 in Sharon, CT she was the daughter of the late Charles E. and Helen (Ferris) Marshall. Ms. Dennis was a member of the Town of Dover Historical Society and the Second Baptist Church of Dover in Dover Plains. Ms. Dennis is survived by many nieces and nephews. Notably, Tony Marshall and Margaret Ann Berry; great nephews, Shawn, Hunter and Jesse Marshall, Anthony Colagiovanni; and several other great nieces and great nephews. Ms. Dennis is also survived by a brother, Walter Marshall of Wappingers Falls, and a sister, Freda Berry of Lagrangeville. In addition to her parents, Ms. Dennis was predeceased by four brothers, Douglas, Charles Jr., Thomas, and George Marshall and seven sisters, Helen O'Dell, Geraldine Forshaw, Anna Travis, Florence McGhee, Jean Young, Alice Cook, and Patricia Hadden. Calling hours were held on Wednesday, January 26, 2022 at the Hufcut Funeral Home, 3159 Route 22, Dover Plains, NY. Funeral services followed at the funeral home. Burial will take place at Amenia Island Cemetery in Amenia, NY. Memorial contributions may be made to the: Second Baptist Church of Dover, P.O. Box 646, Dover Plains, NY 12522. To send the family an online condolence, please visit www.hufcutfuneral home.com.

Ralph Gastin

LAGRANGEVILLE - Ralph Gastin, 55, an area resident since 1980, died on January 23, 2022 at Vassar Brothers Medical Center after a brief illness. He previously lived in the Bronx. Ralph was born on July 5, 1966 in the Bronx. He was the owner and operator of Countywide Contracting in LaGrange for over 25 years and Mid-Hudson Distributing for 6 years. Ralph was a varsity football and baseball coach at both John Jay High School in East Fishkill as well as Our Lady of Lourdes High School in Poughkeepsie for over 10 years. He is survived by his sons, Dan Gastin and Nick Gastin, both of Lagrange; his wife, Ann Gastin of Lagrange, his mother, Marie Sanford of LaGrange; his siblings, Dan Gastin and his wife Laura of Ulster Park, Thomas R. and Dawn Sanford of LaGrange, Andrew Sanford of Hyde Park, First Sgt. Joseph Sanford and Jennifer of Hannibal, Mary and James Haight of FL, Michael and Alexa Sanford of Kingsland, GA, Katherine Sanford of Wappingers Falls, and Daniel and Kylie Sanford of New Haven, CT: his niece. Brooke Gastin; his uncle and aunts, John and Rosalie Brancaccio and Madeline Sidoti, and many cousins. Donations may be made towards a scholarship that is being established for aspiring student-athletes. Checks may be made payable to Our Lady of Lourdes High School, 131 Boardman Road, Poughkeepsie, NY 12601. Please write "Ralph Gastin Scholarship Fund" in the memo field. Calling hours were held at the McHoul Funeral

Home, Inc., 895 Route 82, Hopewell Junction. A Mass of Christian Burial was offered at St. Denis Church, 602 Beekman Road, Hopewell Junction followed by burial at St. Denis Cemetery. Please visit Ralph's Book of Memories at www.mchoulfuneral home.com.

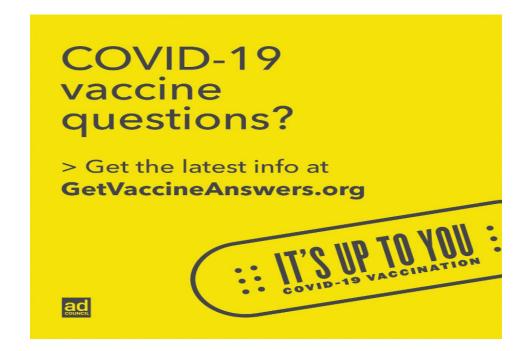
Nancy Perkins

MILLBROOK - Nancy Foster Perkins, 94, passed peacefully at Walbridge Farm in the care of her wonderful team of caregivers on January 21, 2022. Born July 2, 1927 in New York City, she was raised in Portland, Maine as the only child of her single mother, Jessie L. Foster, a Librarian and bookshop owner. Nancy attended the University of Maine where she earned a degree in Elementary Education and met her husband George W. Perkins, Jr. After graduating, she taught school for a year. Then she and George were married in Portland, Maine on July 1,1950. They moved directly to Millbrook, NY where they created and operated Walbridge Farm, producer of National Champion black angus cattle. Nancy was known for her ferocity on the tennis court, being the life of a party and knowing her own mind. In her last decades she was a quiet but transformational supporter of countless charities in the Millbrook community. Even as most of her contributions were done anonymously, the impact of her giving was immense for Dutchess County schools, churches, libraries, community centers, land preservation, scientific research, not to mention her enduring support for local fire and rescue squads. She was predeceased by her son, George W. Perkins III and her husband George W. Perkins, Jr. She is survived by her daughter Jennifer P. Speers. A funeral service will be held at Lyall Memorial Federated Church, Millbrook, New York, at 11:00 am, February 2, 2022. In lieu of flowers, contributions can be made to the Dutchess Land Conservancy. Please visit www.hudsonvalleyfuneralhomes.com for condolences. Arrangements have been entrusted to Allen Funeral Home, Millbrook, NY

Raymond Perrone

BEEKMAN - Raymond Anthony Perrone, Jr., 74, died on January 22, 2022 at his home surrounded by his family. An area resident for 35 years, he formerly resided in Yorktown. Ray took pride in his many nicknames including Chip and Batman. Born in Yonkers on May 21, 1947, he was the son of the late Raymond Perrone and Theresa Bonamici. Ray was employed as a telephone technician, retiring from Avaya. He was a dedicated member of the Beekman Fire Company, and was the President of his chapter of the Fire & Iron Motorcycle Club. He enjoyed model railroad trains and motorcycles. He had been the bass guitar player for Sounds Extraordinaire, a band specializing in 50s music. On July 1, 1990 in Millwood, Ray married Jacqueline Johnson who survives at home. He is also survived by his twin daughters, Rachel Perrone and Jessica Perrone; his son, Jason Perrone; his grandchildren, J.J. and Jaidyn; his sister, Donna Perrone Scott; his brother, Sonny Perrone; and several nieces and nephews. He was predeceased by his son, Ray Ray. Calling hours were held at the McHoul Funeral Home, Inc., 895 Route 82, Hopewell Junction. A service followed by interment in St. Denis Cemetery. In lieu of flowers, memorial donations may be made to the Beekman Fire Company or St. Jude Children's Research Hospital.





Legal Notices

SUPREMECOURT OF THE STATE OF NEW YORK

COUNTY OF DUTCHES S SUPPLEMENTAL SUM-MONS AND NOTICE

No. 2021-60761 Date Filed: 1/W2022 BankUnified N.A., Pla b thr,

-agalıst-Constance Talbert, Jerome L. Frazler, l'he be Bulag o r dead, lik sporse, lelts, deulsees, distributees and successors in interest, all of whom and whose hames and places of residence. are inknown to Plaintiff. WF HIL 2017-2 Grantor Trust; GL Montgage; Sharon Burt; New York Department of State Taxation and Finance; Dutchess COUNTY Commissioner of the Department of Social Selutoes; Durbless County Department of Community & Family Semices, State of New York, and JOHN DOE', said name being fictitions, it being the intention of Plain thir to designate any and all occupants of premiises being toreclosed here-In, and any parties, corporations or entitles, if any, haulig or claim lig an literest of lieu upon the mortgaged premišes,

Defendants. PROPERTY ADDRESS: 126 C∎ny Road, Wappl∎gers Falls, NY Road, 12590 TO THE ABOVE NAMED

DEFENDANTS: YOU ARE HEREBY SUM-

MONED to answer the complete the action and to senue a copy of your answer, or a notice of appearance on the attorneys for the Plain through in ti Hv

(300) daws after the semilor. of this summons, exclusive of the dary of serulce. The United States of

Amierica, if designate dias al detendant in this action, may appear within skty (50) days of setulce hele of. là case of your tallure to appear or asswer, judgmentwill be taken against VOI DV

default for the relief demanded in the complatt

TO THE ABOVE NAMED DEFENDANTS: The 10Rgoing Summons is served. ipo iγοι by publication pinsuaittoai Orderofthe Hon. Hall B. Greenwald, a Justice of the Supreme. Court, Dutchess County, entend Jan. 4, 2022 and filed with the complaint and other papers in the Datchess County Clerk's O#fbe:

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHTTHE OBJECT of the aboue captioned action is to to reclose a Montgage to secure \$260,200,00 and inte rest.

recorded in the Dutchess would result in a rear side September 30, 2016, In Document Number 01-2016-6205 coue flag prem-lises known as 126 Curry Road, Wappingers Falls, NY 12590 a/k/a Section 6157, Block 2, Lot 506649. Further, to secure the cancellatbilia id discharge of a centani montgange reconded In the Dutchess County Clerk's Office.

The relief sought in the within actor is a final judgment directing the sale of the premises described aboue to satisfy the debt sectifed by the Mortgage described aboue.

designates Dutchess County as the place of trial. Venue Lo based upon the

County in which the mortgaged piem kesk skrimated. NOTICE

YOU ARE IN DANGER OF

Legal Notices

LOSING YOUR HOME YOU DO NOT RESPOND TO THIS SUM-MONS AND COMPLAINT

SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE MORTGAGE COMPANY WHO FILED THIS FORE-CLOSURE PROCEEDING AGAINST YOU AND FIL-ING THE ANSWER WITH THE COURT, A DEFAULT JUDGMENT MAY BE ENTERED AND YOU CAN

LOSEYOUR HOME. SPEAKTO AN ATTORNEY OR GO TO THE COURT WHERE YOUR CASE IS PENDING FOR FURTHER INFORMATION ON HOW TO ANSWER THE SUM-YOUR PROPERTY.

SENDING A PAYMENT TO YOUR MORTGAGE COM-PANY WILL NOT STOP FORECLOSURE THB ACTION.

YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE CO URT.

Dated: September 8,2021 Frank M. Cassara, Esq. Senior Associate Attom ey LOGS ÉBGAL GROUP LLP F/K/A SHAPIRO, DICARO & BARAK, LLC Attomicy's for Plaintiff 175 Mille Crossing. Boy legard

Rockester, New York 14524 685) 247-9**000** Pax: (685) 247-7380 Our File No.204087491

PLEASE TAKE NOTICE

that the Zoning Board of

Appeals of the Town of

Fishkii wii hold a Piblic

Hearing on Tresday, February 15, 2022, com-

mencing at 7 00 PM in the

Francois R. Cross Meeting

noom located in the lobby

of the Town of Fighkill Town

Hall SUT Route 52, Fishkill,

MY to consider an area

uarbice for Dauld Kirali

who seeks the following

allenge of relief for the pur-

pose of constructing a 22'

6°x 38°attac⊪ed garage

with body's room and stop

ance of 1¢ 1' where 25'

is the minimum setback

reguliement. Sald uark

ance would result in a 10'

11" from tirighte ide se fback.

ance of 18 9 where 25 k

the minimum settrack

e quitement. Sald uariance

Said requests are hillota-

tion of Town of Fithkill

Town Code §150-378 and the Schedule of

Regulations for Residential

The tand affected by tilk

application is shown gener-

ally on the Tax Map as

Sectb : 6356, 8 bck 03, Lot

108498, it beated at 53

McGrati Terrace, and con-

skits of 2.1 acres in the R-

40 Zoning District in the

PLEASE TAKE FURTHER

NOTICE, that the Zoning

Board of Appeals has not

made a determination of

agamicance pursuant to the

Quality Reulew Act and

hereby reserves its right to

make such determination

affer the conclusion of the

All late rested persons will

be blead by the Zonlag

Enulronmental

Town of Fishkill.

public learing.

State

Districts.

A lear do liteside uari-

A front right-side uark

age aboue.

#99101

PLEASE TAKE FURTHER NOTICE, that the Zoning Board of Appeals has not made a defermination of NOTICE OF PUBLIC sign Micanice prostant to the State Environmental HEARING TO AN OF FISHKILL Quality Review Act and CONING BOARD OF hereby reserves its right to APPEALS make such determination

OTF IS MK III.

after the conclusion of the public hearing. All laterested persons will be leard by the Zoning Board of Appeals of the Town of FB ikiliatine public hearing as stated aboue.

By Older Of The Zo sing Board of Appeals Of the Town of Fishkill, New York Debble Colonia, Secretary

NOTICE OF PUBLIC HEARING CONING BOARD OF APPEALS TOWN OF **MAPPINGER**

DUTCHESS COUNTY PLEASE TAKE NOTICE, the Town of Wappinger Zoning Board of Appeals will conduct a public hearing on the Stinday of February, 2022 at 7:00 p.m. at the Town Hall of Mappinger, 20 Middlebush Road, Wappinger Falls, NY pursuant to Section 240-37 of the Zoning Law of the Town of Mappinger to consider the following area

uartance: PLEASE TAKE FURTHER NOTICE, the Zoning Board of Appeals has not made a determination of a gomcance pursuant to the State Exulmixmental Quality Reulew Act and heleby reselves his right to make such determination after the conclusion of the public

hearing. Appeal No: 21-77 👫 (Area Váriance) i

Arel Lapph and Danel Renordoca: Seeking an alea uartance Section 240-37 of District Regulations in an R-10 Zoning District.

-Wiene 10 neet be required to the lear yard property line, the applicant can proulde 6 neet no allow Yor à 10 x 6 Neet shed to remain, thus requesting a particle

Legal Notices

Legal Notices

Board of Appeals of the

Town of Fithkill at the pub-

lic learing as stated aboue.

Debble Colonia, Secretary

NOTICE OF PUBLIC

HEARING

TOWN OF FISHKILL

CONING BOARD OF

APPEALS

PLEASE TAKE NOTICE

that the Zoning Board of

Appeals of the Town of

Fishkili will hold a Pablic

Hearing on Tresday, February 15, 2022, com-

menchgat7:00 PM in the

Francois R. Cross Meeting

room located in the bbby

Of the Town of Fithkill Town

Hall, 807 Route 52, Fishkill,

NY to consider an area

uartance for Stephen

Clubello who seeks the 101-

lowing allenge of relief for

the purpose of legalizing

the construction of a 12' X

A right-side yard serback

uantaños of 7 where 10 kg

the minimum serback

requirement in the R-40

Zoi lig District. Said uarl-

ance world result in a 3'

Săld request la la ulo lation

of Town of Fishkill § 150

Attackment 15 note 🧐

Schedule of Requisition's

The Land affected by this

application is shown gener-

ally on the Tax Map as Section 6356,8lock ⊡1,Lot

064778, is located at 45

Lake Road, and consists of

.28 acres in the R-4D

Zoning District in the Town

nor Reside attal Districts.

right-side γairdise fback.

16sked.

By Older Of The

Zo sing Board of

Of the Town of Fishkill,

Appeals

New York

of 4 #e t The property is located at 17 Cayiga Dribe and to identified as Tax Grid No.: 6157-04-545490 in the Town of Wappinger.

All late rested persons will be lieard by the Zonling. Board of Appeals of the Town of Wapphager at the public learing as stated aboue.

> Styled: Peter Gabttl, Chalman Zoning Board of Appeat Town of Wappinger January 20, 2022

REQUEST FOR **EXPRESSION OF** INTEREST NOTICE

The Purchasing Agent, County of Dutchess, Poughkeepsle, New York, hereby hultes the submission of sealed proposals for: Bid #RFBOI-DCP-13-

Facility Operator for Camp Nooteeming, Town of Pleasant Valley, New York

Proposals will be received until 2:00 p.m. on the 25th obany of February 2022 art Countr Dutchess District of Cestral Seruices. 378 Violet Allen ne , Sniffe 2, New York 12601. Specifications and proposal forms may be obtained by ultithing our web

http://www.diviblessiry.gou , selecting "Government", then selecting Bidding and RFP Opportinates". For additional Information, call *(*645) 486-3613.

> NOTICE TO BIDDERS-RFB-DCH-2022-05: NAMEOF

PROJECT: Fallkill Dam Rehabilitation Project Rebid

Beginning Wednesday, February 2, 2022 at 8:00AW: Bid Documents may be obtained in person. or by mall drouble your Fed Extraccount number or SASE) at Ditchess County DPW Bishess Office; 1st Floor, 626 Tumpke, Poligikeepsie, NY 12603. Upon request, all Interested parties may reub with e hard copy of the Bld Speichfications and Diawings by ultilling the aboue rentereliced address. The bid documents will be

distributed on a USB Filsh Drive. You must give the nollowing information to obtain the mtash driue: Company Name, Address; Contact Name, Phone Number, E-mail Address -All Addesdams will be ks red uta E-mall. A refrireable deposit of \$15.00 h the form of a check made parvable to the Dutchess County Commissioner of Finance or cash will be required for each set of bid documents. The deposit to entridable in accordance with General Manicipal Law Section 102 and will be made by the County upon receipt of a withten request accompanied by said USB Flash Dribe, Blobs for the about project will be received by: Denise Spens-Gallagher, Contract Datchess Specialist, County Department of Public Works (DPW), 626 Dutchess Tumpike-1st Floor, Poligikeepsle, NY 12603.Blook due on or berbre Monday 11:00am February 28, 2022 and at that time opened and read aloud. Biblis received after that time will not be accepted. Die to COVID-19, the bld opening for this so lb tta-

tion will be conducted

though Microsoft Teams

Anyone who wishes to hear

Contended.

A∎dlo

Legal Notices

blook read a blood will beed to call into the phone number listed below, in-person attendance at a bld opening will not be allowed. We ask thatyon call hi at least. three minutes prior to bill die/blime bleasire you are: connected property. All callhis will be asked to then thy themselves by name and organization. Joh Microsoft Teams Meeting +1 516-268-4602 United States, Hempstead (Toll) Conference ID: 694 713 775# All Addenda will be issued to Plan Holders uits

E-mall, but also posted on BibliNet Direct (alka Emplie State Purchasing Group) site. Each bid shall be subm boted as one paper orig⊩ nalandone copy on a USB Flash Drive and be accompared by Bid Security Ott bond, centified check, offi-ctal bank check) or a Letter of Credit () a form agreeable to Ditchess County) In the amountof 10% of the bid amount Bidders' security will be retained until the successful bidder has signed the Owner-Contractor Agreement and the County has finalized the Agreement Each bill with Bid Secrithy shall be enclosed in a seabd enuelope bearing the name of the Project, Name of the Bibbler, and the date and hour of the bill opening, walcam ast be ulsible apoa delbery. Bidders skall prepare and submit a written plan for drawdown of the imposidment as part of their bid sabmittal. Bids that do not hickde a drawdown plan will be conside red unresponsible. Questions will be accepted by 2pm on Tresday February 22, 2022 and

with the County's response published in Addenda by close of bush ness Thresday February 24, 2022. The anticipated start of construction is July 1, 2022, the auticipated substauttal completo i date is December 22, 2022, and the auticipated final completion date of May 26, Fallere to meet 2023. these dates will result in liqi klated damages and engineering charges in accordance with the NYSDOT specifications January 1, 2022. This project is subject to NYS Departmentor Labor Preualling Wage Rates PRC #2022000749. The County reserves the right to walle line gularités In blds and In bldding and to reject any or all proposals. Bidders shall promptly nothly the County of any e mors, om issibles, coefficts, and/or ambiguity that they

identify in the contractdoc-

skall be emailed to dow-

contracts@dutchessny.gou

Legal Notices

contracts@dutchessny.gou

NOTICE TO

BIDDERS-RFB-DCB-07-22 NAME OF PROJECT: REBID DUTCHESS STA-

DIUM IMPROVEMENTS PH II& III Prime Bids shall be received for the following classes of work: General Construction. The antick parted start of construction is June 1, 2022; the autich parted completion date to Ĵ4∎e 1,2⊞23, respec†buelγ. Beginning February 3, 2022 at 8:00AM: Bid Specifications and Drawings may be obtained In person Mondary through Friday 8am to 5om or by mall droube your FedEx account number of SASE) at: Dutchess County DPW, Business Office, 626 Timpke, Dutchess Poligikeepsle, NY 12603. Upon request, all hiterested parties may reuew the hard copy of the Bid Specifications and Drawings by ultiting the aboue le tere liced address. The bid documents will be dktributed on a USB Flash Drue. You must glue the nollowing information to obtalı tüle flasıl difüe: Company Name, Address, Contact Name, Phone Number, E-mallAddless. A refundable deposit of \$1500 in the form of a clieck made paryable to the Datchess COUNTY Commissioner of Flatance or casiwill be required for each set of bid documents. The deposit Lis nemthodable In accordance with General Umlobal Law Section 102 and will be made by the County upon receiptor a written request accompailed by said USB Flasi Dribe. Bids due on or be fore Thiursday, March 10, 2022, 11:00am and at that time publicly opened and read about, 8 ds received after that time will not be

accepted. Block for the about project will be received by: Diane. McKenna, Ćo∎t⊠ct Specialist, Dutchess County Department of

Pablic Works (DPW) 626 Dutchess Turnpike-1st Floor, Poligikeepsie, NY 12603. Due to COVID-19, the bid opening for this solicitation will be conducttarouga Mibrosoft Te am s Aidb Conferencing, Anyone who withes to hear bills read alord will need to call hito the phone number listed below, In-person attendance at a bid opening will notbe allowed. We ask that you call he at bast three militates prior to bid die/the to elsele you are connected properly. All callhis will be asked to identify

Legal Notices themselves by name and

organitzation.

Microsoft Teams Meeting +1 516-268-4602 U∎feði States, Hempstead (Toll) Conterence ID: 980 183 631#. All Adderda will be issued to Plan Holders uta E-mail, but also posted on BidNet Direct (aka Empire State Perchasing Group) she. Each bhish all be submitted as one paper originaland one electronic copy and be accompanied by BidSecurity (bid boad, ce ⊬ tifed check, official bank check) or a Letter of Credit (In a form agreeable to Distributes County) In the amount of 10% of the bid amount Bidders' security will be retained until the successiful bidder has signed the Owner-Contractor Agreement and the County has finalized the Agreement Each bid with Bid Security shall be e solosed is a sealed esselope bearing the name of the Project, Name of the Blodder, and the date and hour of the bld opening, which must be utible upon delbery. A Waktirongi k scheduled for Monday, February 14, 2022 at 11:00am at Dutoless Stadium, Mah gate, Wappingers Falls, NY. All parties interested in biddlag mast apprise themse lues of the site conditions. Immediately pror to biddlıg; lγγοι canıo tatteı d scheduled walkthrough,γου can contact Diane McKerna at dmicken na@dutchessny. qou, Questions will be accepted by the close of business March 3,2022 and emailed to Diane McKenna at dowcontracts@dutchessiy.gou with the County's response pablished in Addenda prior to 48 hours before the bid opening date. This project may be subject to NYS Department of Labor Prevailing Wage Rates PRC 2021011503.APPREN-TICESHIP PROGRAM: Datchess County regalies that any contractor or subcontractor haue, prior to entering into a Contract for the process of building, re nouating or demolishing a public building, owned, operated and maintained by Ditchess County, with a ualte in excess of \$250,000., appirenticeship agreem entsappropitate for

the type and scope of work

to be pento med and which

haue been registered with

NYS Department of Labor

In accordance with Article

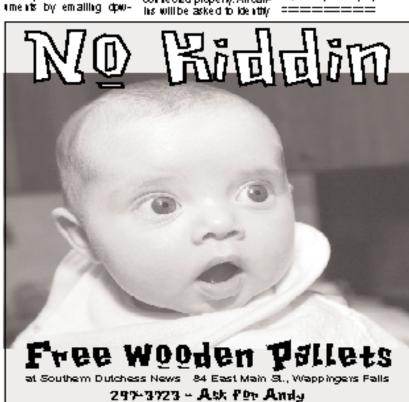
23 of the Labor Law. The

County reserves the right

to walue inegriarities in

blok and in bloding and to

rejectany or all proposals.



- · Southern Dutchess News
- · Beacon Free Press
- Northern Dutchess News

Classified

Place your ad today! Call 297-3723

Deadline Thurs at 3 p.m • Publication Wednesday

Fax your ad today! 297-6810

ClassifiedRates

Classified Line Ads

20 words \$12.50; each additional word 20¢

Classified Display Ads \$14.50 per column inch

If submitted by deadline, ads appear in three newspapers: Northern Dutchess News. **Southern Dutchess News** & Beacon Free Press

We are not responsible for typographical errors. A letter of correction will be supplied if requested.

- 100 Help Wanted 105 Employment Opportunity
- 106 Business Opportunity 107 Situations Wanted
- 120 Schools
- Special Instruction 122 Musical Instruction
- 140 Nursery Schools
- 141 Child Care
- 142 Day Care 143 Baby-sitting
- 145 Adult Care 150 Announcements
- 151 Adoption
- 152 Novenas
- 154 Lost & Found
- 200 Services
- 203 Lawn Services
 - Professional Services 222 Tax Experts

201 Home Improvement

202 Cleaning Services

- 223 Beauty Services 225 Business Services
- 226 Travel & Services 227 Bridal Services
- 295 Financial
- 296 Mortgages
- Townhouses &
- Condos 302 Commercial Property
- 304 Mobile Homes
- 305 Lots & Acreage 400 Townhomes & Condos for rent
- **Classified Index** 401 Apartments for Rent 402 Rooms for Rent
- 403 Furnished Rooms
 - Furnished
 - Apartments 405 Wanted to Rent
 - 406 Garages for Rent
 - 407 Vacation Rentals 408 Houses for Rent
 - 420 Commercial Rentals
 - 500 Musical Merchandise 501 Kid Stuff
 - 502 Clothing
- 503 Furniture
- 504 Appliances 505 Free Items
- 506 Computers
- 507 Sports Equipment 508 Exercise Equipment
- 509 Office Equipment 510 Firewood

- 701 Free Pets
- 702 Lost & Found Pets
- 703 Pets for Adoption
- 710 Garage & Yard Sale
- 713 Rummage Sale
- 715 Craft Corner

- 718 Auctions
- Lawn & Garden Equip. Winter Merchandise
- 516 Misc Merchandise
- 700 Pets & Supplies

- 711 Tag Sale
- 712 Moving sale
- 714 Flea Market
- 716 Barn Sale
- 717 Estate Sale
- 719 Antiques

- 720 Vendors Wanted 721 Wanted to Buy
- 722 Bazaar 723 Consignments
- 724 Farmers Market
- 725 Collectibles
- 750 Events
- 800 Boats 801 Campers & Trailers
- 802 Motor Homes 803 Recreational Vehicles
- 900 Autos for Sale
- 901 Vans/SUV's
- 902 Trucks
- 903 Motorcycles 904 Auto Parts & Tires
- 905 Autos Wanted
- Call: 845-297-3723

Fax:

Contact

Us

845-297-6810

E-Mail:

sdnadvertising@aol.com

Monday-Friday 9 am-4 pm

<u>100</u> **Help Wanted**

LIBRARY CLERK(PART TIME) HYDE PARK LIBRARY DISTRICT

The Hyde Park Library has an immmediate part-time opening (approx. 13 hours/week) for a friendly, patient, reliable, tech-savvy, flexible, detail-oriented and customer-service oriented person who is excited to work with patrons in a bustling community library.

Responsibilities include working with the public: assisting patrons, both in-person at the Library and over the phone, with a wide variety of informational needs. Staff person will be responsible for sorting, shelving, and locating library materials; maintaining organization and general appearance of library; providing simple directional information to patrons; and basic assistance on the use of the online library catalog, library resources, computors, and other technology or software.

Computer and alphbetization skills as well as a high school diploma or equivalency required. A sense of humor is recommended. The library is located at 2 Main Stree in Hyde Park. Please send responses or inquiries to the library director Jesse Chance at director@hydeparkfreelibrary.

3 Positions

1 Position

JOBS!! JOBS!! JOBS!!

Owner & Manager of DiMarco Place I & II

Family & Senior Housing; and, Highland

Meadows Senior Housing seeks to fill the

located in Wappingers Falls and Beacon:

following FULL TIME employment postions

MAINTENANCE TECHNICIAN 2 Positions

Positions have competitive salaries and

Experience - 3 Empolyment References-

Submit resume via fax 845.297.2080 or via

Community Services Programs, Inc. is an

excellent benefits! Three (3) Years'

Equal Opportunity Employer. EOE

email csphvhdfinc@aol.com

HOUSEKEEPER/JANITOR

EXECUTIVE ASSOCIATE

Background Checks

Community Services Programs, Inc.,

Senior Housing; Meadow Ridge I & II

Place this size ad in the Southern DutchessNews. Northern **Dutchess News** and the **Beacon Free** \$65.00/week

Press for only or 4 consecutive

weeks for \$260.00 total. Call:

845-297-3723 x 301 for more details.

Health

204

Saving a Life EVERY 11 MINUTES I'm never

Life Alert® is always here for me.

One touch of a button sends help fast, 24/7.



Life Alert

Batteries Never Need Charging.

For a FREE brochure call:

Attorney Legal

DIVORCE \$389 - Uncontested divorce papers prepared. Only one signature required. Poor person Application included if applicable. Separation agreements. Custody and support petitions. 518-274-0380

Place this size ad in the Southern **Dutchess News** Northern **Dutchess News** and the **Beacon Free Press** for only \$36.25/week.

Call: 845-297-3723 **Ext. 301 for** more **Details**

204 Health

Certified & ready to work in months! Call

CareerTechnical.edu/consumer-information.

855-543-6440. The Mission, Program

Information and Tuition is located at

111 Career Training

COMPUTER & IT TRAINING PROGRAM!

Train ONLINE to get the skills to become a

Computer & Help Desk Professional now!

Grants and Scholarships available for

Call CTI for details! (844) 947-0192

TRAIN AT HOME TO DO MEDICAL

BILLING! Become a Medical Office Professional online at CTI! Get Trained,

(M-F 8am-6pm ET)

(M-F 8am-6pm ET)

certain programs for qualified applicats.

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150. FREE shipping. Money back guaranteed! 1-855-579-8907

MUST BE ONE OF OUR READERS

Bringing you all the news you need



DENTAL Insurance

from Physicians Mutual Insurance Company

Call to get your FREE Information Kit

1-855-225-1434 Dental50Plus.com/nypress

Product not available in all states. Includes the Participating (in GA: Designated) Providers and Preventive Benefits Rider. Acceptance quaranteed for one insurance policy/er/lificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, NY; call +800-969-4781 or respond for similar offer. Certificate C250A (ID: C250E; PA: C250Q); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OX; TN: P150TN). Rider

Education

All Schools, Daycare and Camps who advertise 4 consecutive weeks in a row, will receive the 5th week FREE !!!

> Call Classified's at 845-297-3723

Ask for Classified's at Ext. 301 for more information.





We'll feature the homes & the agent you're excited to sell.

Our Southern Dutches, Northern Dutchess Newsand the Beacon Free Press

HOME OF THE WEEK

is offered to our Realtors who advertise consecutively for 13 weeks or more. This free ad is given in addition to discounts! Want to know more? Call Classifieds. (845) 297-3723 Ext. 301





Rick's Home **Improvements**

Maintenance and Repairs No Job Too Small 845-227-2696

YOUR HANDYMAN PLUS.... "PLUMBING"

Repairs and New Installations (Just Make A List & We'll Take Care of It) 845-264-9623

AMERICAN STUMP GRINDING

Professional Stump Grinding Years of Experience **Great Prices**

Call Bill at 914-760-0331 or 845-226-0839









Roots

YOUR NAME Licensed Salesperson Call your number www.yoursite.com

BUSINESS NAME Address

Serving Dutchess, Westchester, Putnam, Orange, Ulster, Rockland, Columbia, and Greene Counties (you tell us)

Address **YOUR** Price **Open House or MLS#**

PIC

 \odot

YOUR

LOGO

PIC

Brief Info Call 297-3723 x300 to advertise here!

We've been your local news source for over 50 years, and we've worked hard to help build this community. Although we're a full-service printer with the Deep latest technology, we continue all our readers. Let us take care of all your local news needs.

SOUTHERN DUTCHESS NEWS BEACON FREE PRESS 84 East Main Street - Wappingers Falls NY 12590 email: newsplace@aol.com

Northern Dutchess News

& Creative Living A division of the Southern Dutchess News

Home Improvement

Never Pay For Covered Home Repairs Again! Comlete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF + 2 FREE Months! 866-440-6501

The Generac PWRcell, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote toady. Call 1-888-871-0194

503 **Furniture**

For Sale: 6 FT Antique Bench Hard wood, very sturdy. \$100 Call 845-406-7733



516 Misc. Merchandise

BEST SATELLITE TV with 2 Year Price Guarantee! \$59.99/mo with 190 channels and 3 months free premium movie channels! Free next day installation! Call 888-508-5313

521 Internet

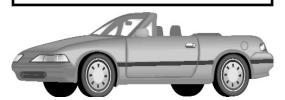
DISH TV \$64.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 1/21/23. 1-888-609-9405

Get DIRECTV ! ONLY \$69.99/month ! 155 Channels & 1000s of Shows/Movies On Demand (w/SELECT All Included Package.) PLUS Stream on Up to FIVE Screens Simultaneously at No Additional Cost. Call DIRECTV 1-888-534-6918

Wanted To Buy

Buying diamonds, gold, silver, all fine jewelry and watches, coins, paintings, better furs, complete estates. We simply pay more! Call Barry 914-260-8783 or e-mail Americabuying@aol.com

905 **Autos Wanted**



Drive Out Breast Cancer: Donate a car today! The benefits of donating your car or boat: Fast Free Pickup - 24hr Response Tax Deduction - Easy To Do! Call 24 / 7: 855-905-4755

Community Foundations HV awards \$132k to local nonprofit organizations

The Community Foundations of the Hudson Valley (CFHV) has announced that its Community Grants program has awarded \$132,000 to nonprofits in Dutchess, Putnam and Ulster counties. The program invests in local nonprofits with operating, program and capacity building support.

"Community Grants are funded by the community, for the benefit of the community," said Sally Cross, President and CEO. "And when a community comes

together for the greater good, even the smallest gift can have a lasting impact. Donor support of this program is truly an investment in the strength of this community. We are enormously grateful for the generosity that made this year's grants possible.

"Nonprofit partners across the region continue to build up our community in a variety of ways, regardless of challenges and increased demands," said Cristin McPeake, Vice President of Programs. "We are thrilled to have the support necessary to make awards that ensure the continuity of their critical work.'

Grants in Dutchess County include: Common Ground Farm, Community Family Development Inc., Community Matters 2 Inc., Dutchess County Historical Society, Dutchess County Pride Center, Exodus Transitional

Community, Grace Smith House Inc., Howland Chamber Music Circle, Mediation Center of Dutchess County Inc., NAMI Mid-Hudson, North East Community Center, RDC Loaves and Fishes Inc., Red Hook Responds, St. Thomas Episcopal Church Amenia Union NY, Unshattered and Willow

Archeare to join as presenting sponsor of 2022 Walk to End Alzheimer's

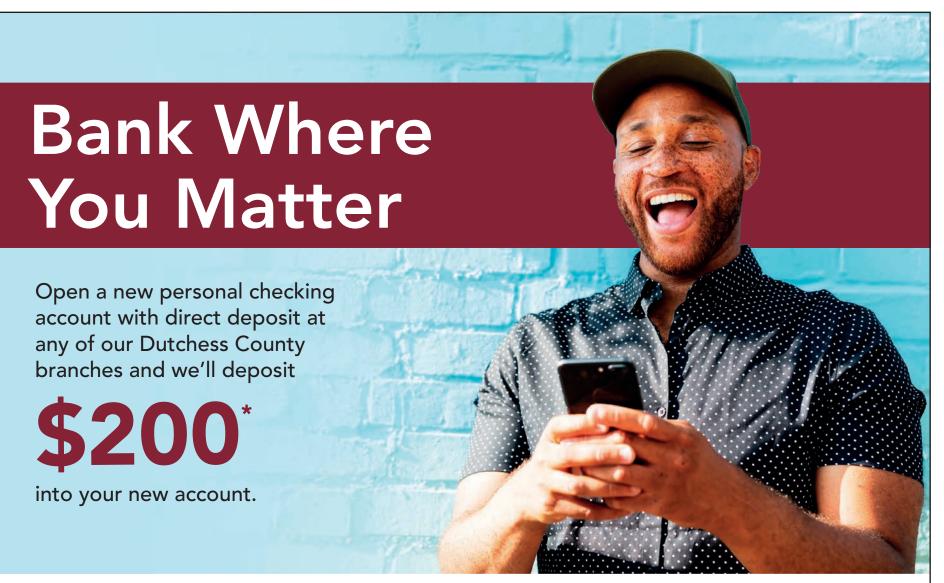
The Alzheimer's Association Hudson Valley Chapter has announced that ArchCare – the Archdiocese of New York's healthcare system that every day cares for more than 9,000 seniors, the poor and people with special needs – will serve as the presenting sponsor of the Dutchess/Ulster Walk to End Alzheimer's, to be held at the Walkway Over the Hudson on Saturday, Oct. 15, 2022.

"We are thrilled to have ArchCare as a major supporter of our cause. We look forward to partnering with them in the months ahead to spread the word about the services each of our organizations provides to help families touched by Alzheimer's and all other dementia," said David Sobel, Executive Director of the Alzheimer's Association Hudson Valley

ArchCare recently opened the Center for Advanced Memory Care at at Ferncliff to provide innovative, comprehensive memory care to people in Dutchess and Ulster counties in a comfortable and soothing setting. A collaborative effort with the Center for Applied Research in Dementia, the state-of-the-art unit delivers the evidence-based Montessori Inspired Lifestyle® for residents in the region with dementia and Alzheimer's disease. The specially trained clinical team at the Center for Advanced Memory Care takes a patientcentric approach, focused on individual capabilities, providing a sense of purpose, belonging and recognition.

"We are proud to sponsor the Dutchess/Ulster County Walk to End Alzheimer's and support the effort to raise awareness about the impact of Alzheimer's disease in our communities," said Scott La Rue, ArchCare's President and Chief Executive Officer. "In New York state, there are 410,000 people living with Alzheimer's disease and 586,000 caregivers. Our new Center for Advanced Memory Care at ArchCare at Ferncliff provides a transformational approach to memory care and resources to those in this community who are affected by this terrible disease."







866.440.0391 / UlsterSavings.com







a Equal Housing Lender / Member **FDIC**

Offer valid at our Dutchess County branches only:

4240 Albany Post Road / Hyde Park 39 Burnett Boulevard / Poughkeepsie 2680 South Road / Poughkeepsie 7296 South Broadway / Red Hook 1387 Route 9 / Wappingers Falls

*This offer is good for personal checking accounts opened through March 30, 2022. Recurring payroll, social security or pension direct deposit must be active within 90 days of opening your new checking account in order to receive \$200 bonus credit to your new USB checking account. You must be 18 years of age to open this account. Bonuses are considered interest and will be reported on IRS Form 1099-INT. Offer available with new checking account relationships only. Offer does not apply to accounts opened online. Other conditions may apply.