

FDR Library exhibit chronicles Civil Rights struggle

by Kate Goldsmith

On June 3, the Franklin D. Roosevelt Presidential Library and Museum in Hyde Park opened its temporary exhibit, "Black Americans, Civil Rights, and the Roosevelts, 1932-1962," an in-depth look at the struggles of Black people in this country to be recognized as human beings deserving the same rights as White people, including the intense (often violent) resistance they came up against socially and politically, and the persistent, multi-leveled activism that paved the way for America to begin to live up to its promise of equality for all.

The exhibit will be on view through December 2024 in the William J. vanden Heuvel Gallery at the Roosevelt Library and Museum.

Developed in collaboration with a committee of scholars, the exhibit centers the historical voices of many Black community leaders, wartime service members, and ordinary citizens who engaged the Roosevelt administration directly and who pushed for progress. Within this context, the exhibit examines the political evolution of both Franklin and Eleanor Roosevelt regarding racial justice.

While Franklin and Eleanor are automatically thought of today as progressives with a capital "P," their opinions on certain subjects reflected Victorian mores and their own privileged upbringing. This, coupled with intense political pressure from the Southern Democrats in Congress, made progress painfully slow and at times uncertain.

From the Great Depression and New Deal, through World War II and the postwar Civil Rights movement,

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PV churches, volunteers team up for massive food pantry effort

by Jim Donick

Hunger, we are told, is a growing problem in our communities. The churches of Pleasant Valley have come together to address the issue in their community. The Pleasant Valley Ecumenical Food Pantry is the result. It is a joint project of most of the Pleasant Valley Churches and has been working for at least 10 years.

The churches collect food and then it is gathered together for the Food Pantry. There are also financial donations and donations from local businesses.

The Food Pantry is currently residing in the PV Methodist Church, where it uses several rooms for sorting, storage, and distribution. The entire project is run by volunteers from the various churches, as well as interested members of the community. The director is Steve Gestner.

Wednesday evenings are scheduled for distribution to local families. The volunteers arrive at 5:30 p.m. and get set up for the arrival of the clients. The doors open at 6 p.m. and by closing time at 7:30, the larder is nearly bare.

Large food deliveries usually come in on a Monday. The word gets out via telephones and Internet connections, telling folks that help will be needed to unload and put away the food. Often, PV Town Supervisor, John DelVecchio will personally post a call to help on the several



Volunteers Margaret Hart, left, and Steve Gestner examine some of the evening's donated supplies, while volunteer Barbara Oakes, center back, continues the unpacking process. Photo by Jim Donick

local-interest web sites.

"We always need more help," said DelVecchio.

On one recent Monday, the word went out that 2,200 pounds of food was being delivered. The team gathered and stored it away, knowing that on the upcoming Wednesday most of it would go out the door with local families.

According to Margaret Hart, who helps coordinate the efforts, the pantry is currently feeding over 30 families per week.

"We don't ask any questions," she said. "If people feel they need help, then we're here to help without offering any type of judgment."

John Syner, another volunteer, said, "We sure could use a few more financial donations as well. We purchase - at super prices - a lot of what we distribute, including cleaning supplies, toiletries, baby diapers, and such. With inflation the prices have been rising."

Volunteer Barbara Oakes had just

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Red Hook HS students' experiment headed for International Space Station



The Red Hook team includes, from left, Raphael Senterfit-Sanjuan, Zola Campisi, teacher Deborah Beam, Avis Roszko, Tucker Sheahan and Jessica Amato. Courtesy photo

An experiment designed by five Red Hook High School seniors is destined for the International Space Station (ISS) as part of the Student Spaceflight Experiments Program (SSEP) Mission 17.

The experiment, "Examining Artemia salina (brine shrimp) Hatching in the Presence of Microgravity," was designed by Raphael Senterfit-Sanjuan, Zola Campisi, Avis Roszko, Tucker Sheahan and Jessica Amato. It was selected from among 18 finalists from Red Hook district students in grades 7-12.

Roszko researched the subject before the team decid-

ed to pursue it. She said NASA did research on microgravity's effect on humans and that's why they decided on brine shrimp.

"Historically, there were a lot of issues with bone porosity and muscle deterioration," she said, explaining that the brine shrimp in the experiment would represent the human body.

Experiments remain at the ISS for typically four to six weeks, after which they are returned to the students to collect and analyze data. Teacher Deborah Beam said students would look at the hatching rate and development of the shrimp.

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FDR Library exhibit chronicles Civil Rights struggle

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the exhibit offers critical perspectives on, and candid assessments of, the administration's policies and practices, and of the Roosevelts themselves. A compelling story emerges, one of Black Americans organizing and expanding national networks of political allies to create new opportunities for social justice, and to combat Jim Crow segregation, widespread discrimination, and the harsh and often violent realities of racism in America.

Those planning to tour this exhibit should allot plenty of time; the multi-media displays contain much information, including documents and artifacts – many on display for the first time – from the Roosevelt Library's rich holdings and from private collections nationwide.

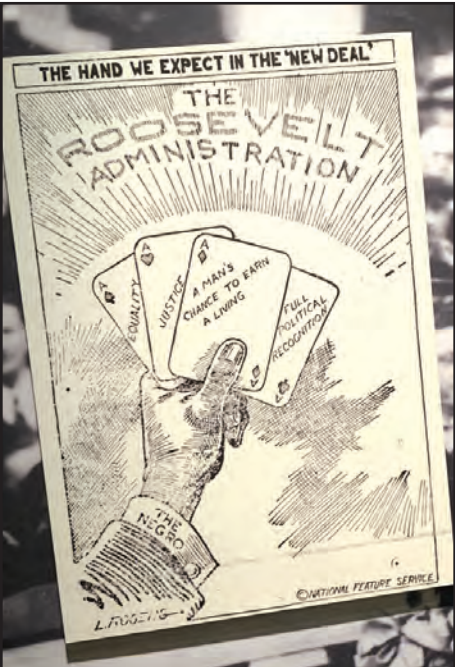
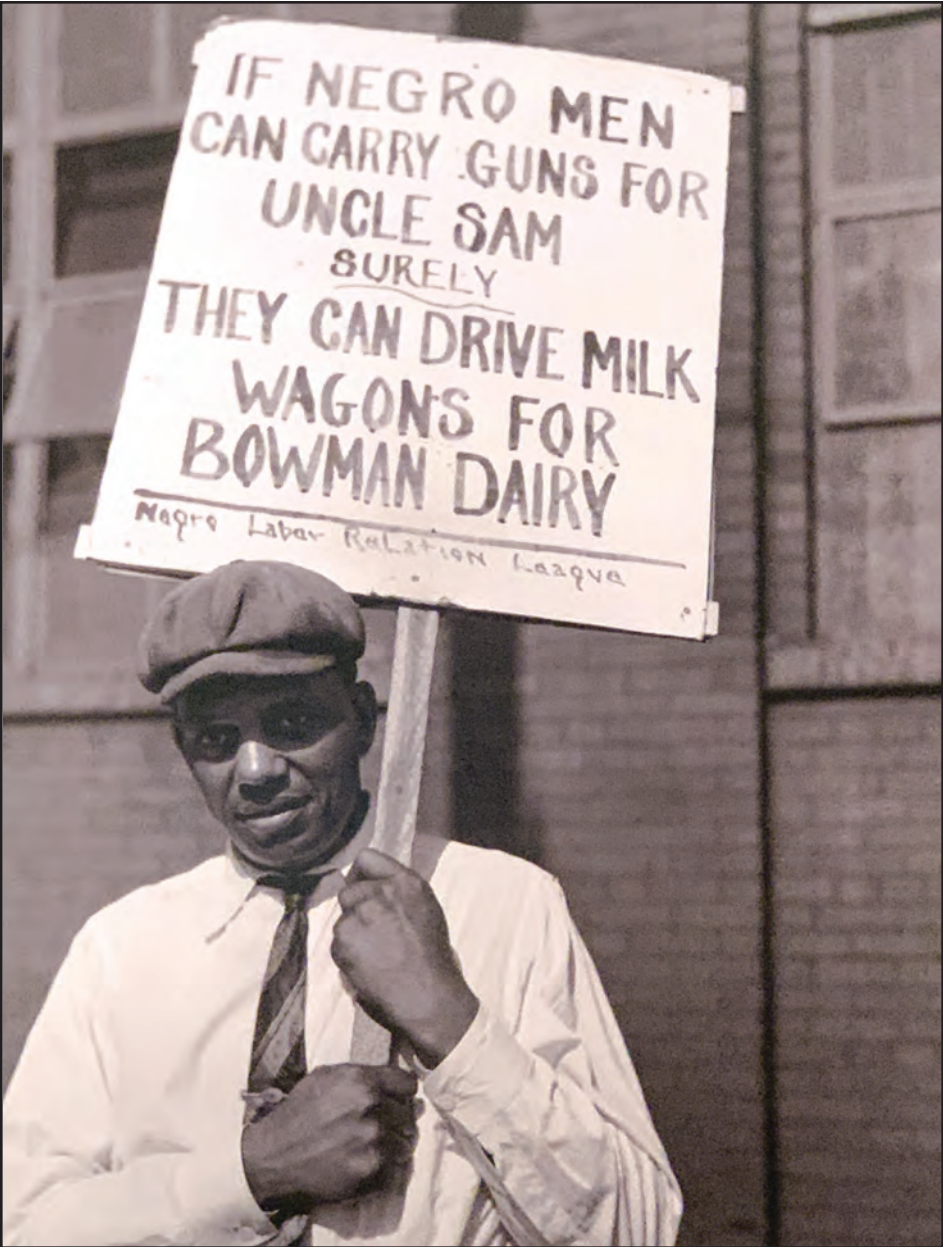
These materials evidence the unrelenting efforts of many key figures of the early Civil Rights Movement, as well as Eleanor Roosevelt's interactions with Black leaders of the mid-century freedom struggle. They also document the racism and discrimination in American politics

and culture of the era and highlight the contradictions inherent with fighting for democracy abroad while injustice persisted at home.

The FDR Library notes: "This exhibit contains content that may be painful or difficult for some visitors. The FDR Library's holdings and exhibits document a broad spectrum of American government and culture, and it is our charge to preserve and make available these historical materials in a variety of ways. As a result, some of the materials and language presented here reflect outdated, biased, offensive, and sometimes violent views and opinions. In addition, some of the materials, including imagery, relate to violent or graphic events and are preserved for their historical significance and to provide context, but may be inappropriate for young audiences."

The FDR Library and Museum is at 4079 Albany Post Road (Route 9) in Hyde Park. Visit <https://www.fdrlibrary.org/museum> for more information.

Some images from the exhibit appear on this page with short descriptions.



Clockwise, from top: A man protests for fair labor practices. During World War II, the migration of millions of Black and White workers to defense production centers led to racial tensions and disputes over jobs and scarce housing. An illustration lists Black expectations from FDR's New Deal. Mary McLeod Bethune attaches a corsage to Eleanor Roosevelt. FDR appointed Bethune as Director of the Division of Negro Affairs of the National Youth Administration, a position she occupied from 1936 to 1943. Eleanor Roosevelt used her syndicated news column and radio and television interviews to express support for Dr. Martin Luther King Jr. and the Southern Christian Leadership Conference. Panels explain how Jim Crow laws in the South and anti-Black sentiment elsewhere in the country prevented Black Americans from enjoying the same opportunities and liberties as White people. *Photos of the exhibits taken by Kate Goldsmith*

PV churches, volunteers team up for massive food pantry effort

continued from cover



Volunteer Barbara Oakes shows shelves full of food supplies at the Pleasant Valley Ecumenical Food Pantry. The food is quickly distributed to needy families on most Wednesday evenings. Photo by Jim Donick

walked in the door with some material donations from St. Stanislaus Kostka Parish, that evening.

“We get a lot of donations of food and other domestic items,” she said, “but we couldn’t do it without our weekly shipments. I helped unload 2,200 pounds this week and the shelves are pretty full now. At the end of the evening, the place will seem nearly empty.”

Aside from packaged products, each family is given a bag of fresh produce

every week.

The pantry provides a critical resource in Pleasant Valley. The volunteers, who keep it running, would be grateful for a few more willing hands. Anyone wishing to help should contact any of the local churches in Pleasant Valley or go to the Methodist Church on Martin road on any Wednesday around 5 p.m. and ask to be put to work. All help is appreciated and goes far in creating an atmosphere of support for the entire community.

MILAN PLANNING BOARD CANCELS JUNE 7 MEETING

The Town of Milan Planning Board meeting scheduled for Wednesday, June 7, at 7 p.m., has been canceled. The next regularly scheduled meeting will be held on Wednesday, July 5, at 7 p.m., at the Milan Town Hall. Call (845) 758-5133, ext. 121, with questions.

Leadership summit set June 22 at Marist

The United Way of the Dutchess-Orange Region will present “Elevate: A Leadership Summit for Leaders & Emerging Leaders” on Thursday, June 22, from 9 a.m. to 1 p.m., at Marist College’s Student Center in Poughkeepsie.

The Elevate conference provides opportunities for Community Leaders and Emerging Leaders to learn from a

dynamic, accomplished group of women leaders. The TED (style) Talk speakers have expertise in executive leadership, management, entrepreneurship, mental health, local government, community leadership, human resources, workforce development and more.

To register and for more information, go to <https://www.uwdor.org/ElevateSummit>.

Red Hook HS students’ experiment headed for International Space Station

continued from cover

Red Hook is one of 37 communities participating in Mission 17 representing 18 states, one Canadian province and Ukraine. The SSEP is part of the National Center for Earth and Space Science Education.

Final selection of the projects was made by a national, independent review board. The comments they made on Red Hook’s said, “Well written, clear and concise and very doable!”

The other two finalist proposals submitted from Red Hook were:

- Larra Agate’s 8th grade team of Jackson Huber, Chase Kabat and Quinn Murphy developed an experiment examining whether properties of *Janthinobacterium lividum*’s (water bacterium found in the Hudson Valley Watershed) properties, such as its purple

hue, would be affected by microgravity.

- Beam’s 11th & 12th grade team of Brandon Juran, Daniel Hubner, Kylee Knuschke, Owen Longnecker and Kayyla Vanpelt-Cathart developed an experiment examining the sustainability of bread in space by looking at the growth of mold in space.

The SSEP is a program of the National Center for Earth and Space Science Education (NCESSE) in the U.S. and the Arthur C. Clarke Institute for Space Education internationally. It is enabled through a strategic partnership with Nanoracks LLC, which is working with NASA under a Space Act Agreement as part of the utilization of the International Space Station as a National Laboratory.

At this time, the launch is expected to take place no earlier than December 2023.

Dutchess County awards \$150K in Veterans microgrants

Dutchess County Executive William F.X. O’Neil has announced \$150,000 in one-time grants has been awarded to 11 local non-profit veterans organizations to enhance activities and programming that address’ veterans needs and recognize the service of local veterans. Organizations and municipalities were chosen based on the beneficial impact these funds will have on the lives of Dutchess County veterans.

Dutchess County’s Veterans Microgrant Program provided grant awards up to \$15,000 per organization or municipality to be used for purchases or needs, including equipment, building repairs, resources, or other one-time expenses that help enhance program offerings, as well as make programs more accessible for veterans.

Veterans Microgrant Program projects
Vail Wolff McKenna Frye Post 170 (Poughkeepsie), Roof Replacement, \$15,000 - Repairing or replacing roof on Post 170. Help with roof repair will help Post to be able to provide more funds available to help veterans in need of assistance and financial support.

Arlington American Legion Post 1302 (Poughkeepsie), Refrigeration Upgrade, \$15,000 - Replacement of 30+ year old refrigeration unit. Removal of old unit, disposal of material, cleaning and sanitizing of area, and running off new lines for beverages. Installation and upgrade to electric service to unit included as well.

Veterans Sportsmens Association (Pleasant Valley), Sport Gear, Office Equipment, and Training, \$13,500 - Purchase sporting items such as kayaks and paddles, personal Floatation Devices, commercial Trailer. Training courses and equipment including Free SABRE Pepper Spray Self Defense Class and Active Shooter Safety Equipment. Order office equipment including computer, laptop, printer, and monitor.

American Legion Hasler-Kamp Post #215 (Pawling), Post Upgrades and Recruiting, \$13,000 - Replace items including pop-up tent and banners used during events in the area and replace flags and grave markers. Purchase materials such as awards and recognition certificates medals, and wall emblems. Creation of a website informing people about recruiting efforts and community involvement. Pay for Hometown Hero banners honoring local Veterans.

Town of Pleasant Valley (Pleasant Valley), Purple Heart Town, \$15,000- Formally recognize Purple Heart recipients by establishing posted signage at an entry road, adding purple lighting over the memorial site, and posting Purple Heart Flags at two ends of the memorial site along with security cameras that will tie into the Town’s current video surveillance. Additionally, postcards will be

mailed to all residents for notification of honor event.

Village of Fishkill (Fishkill), Hometown Hero Banner Program, \$15,000 - Printing of hero banners as well as the ancillary hardware needed to mount banners. Funding would serve two purposes. Acquire supplies, landscaping elements and the cost of their installation at existing Veterans’ Memorial and help lower the cost of the banner program for veterans and their families to encourage as many veterans to participate as possible.

Stanford Fire Company No. 1, Inc. (Stanfordville), Town of Stanford Veterans’ Recognition, \$7,500 - Purchase of plaques, military banners, flags, and monuments as well as display cases for Veterans information and memorabilia.

Town of Poughkeepsie Veterans Recognition Programs, \$12,500 - Placing new banners for each branch of service at the Dutchess County War Memorial and displaying Hometown Hero’s Banners in the Town of Poughkeepsie.

American Legion Post 739 (Pleasant Valley), Infrastructure Updates, \$13,500 - Replace entry doors, refrigerator, and dehumidifier and update building structure for Post 739. Purchase a year’s supply of flags to be flown on the walkway honoring deceased veterans, as well as flags to mark veteran graves for Memorial Day. Purchase microphones for sound system and refreshments for Memorial Day ceremonies.

My Brother Vinny (Lagrangeville), Warehouse Upgrades, \$15,000 - Enhance the warehouse in Lagrange by insulating and adding shelving equipment supplies to make it fully operational to continue their mission of providing distributing furniture and housewares to veterans.

Hudson Valley Hospice Foundation (Dutchess County), Honoring Local Veterans, \$15,000 - Expand programming to more Veterans in Dutchess County. Increase access and improve the quality of care for veterans with “We Honor Veterans standards” and educate veterans on programming available to them. Host Veterans Day breakfast for Dutchess County Veterans.

Adam Roche, Director of the County’s Division of Veterans’ Services, said, “We are honored to provide another round of microgrants to local veteran’s organizations, especially after hearing the successful impact last year’s funds made. Thank you to County Executive O’Neil and the Dutchess County Legislature for their continued support of this program and our community partners for the important work they do to serve and honor our veterans.”

For more information on available veterans services throughout Dutchess County visit dutchessny.gov/veterans.

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Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

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Compliments on Memorial Day section
To the editor:
I really enjoyed reading the Special Memorial Day Section with articles by writer Jim Donick. These are articles about real people and experiences. Especially fitting was the poignant picture of a GI's rifle and his helmet where he fell.
The Hell those guys went through during any war is incredible, although I'm more familiar with World War II. I was in the Navy during the Cold War, but never faced combat. The men and women who did are the real heroes.
Harry Baldwin
Salt Point

HV Philharmonic Orchestra gives another vibrant performance
To the editor:
On May 20th at the Bardavon 1869 Opera House, guest conductor Andre Raphel led the Hudson Valley Philharmonic Orchestra through a marvelous, exciting program, beginning with Dvorak's "Carnival Overture," Op. 92.
We were privileged to hear cellist Leland Ko, the 2021 HVP String Competition Winner, playing Tchaikovsky's

"Variations on a Rococo Theme," Op. 33. He was so vibrant, energetic and musical that the audience seemed to feel every bowed note, every nuance, every emotion!
Gustav Holst's "The Planets," Op. 32, was the final magnificent orchestral and visual performance of the evening, with projected images by Filmmaker/Astronomer Jose Francisco Salgado, PhD and the Cappella Festival Women's Choir softly ending the piece.
We were given the stars, the planets, a chorus, guest artists and orchestra on one stage, in one night at the Bardavon! One can't top this!
Repeating what I wrote last year, this Orchestra began with four men and an idea, 90 years ago. It is a Hudson Valley treasure with histories that include the end of WW II, Eleanor Roosevelt, Pete Seeger and human rights involvement. Please support its continuance!
Contact: Bardavon Executive Director Chris Silva, csilva@bardavon.org or 845-473-5288; or visit: www.hvpmusicians.org.
Joan Grishman
Hyde Park

OUR POLICY ON LETTERS

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Northern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

THE CHAMBER FOUNDATION'S GOLF TOURNEY SET JUNE 26
The Chamber Foundation Inc., presents its Annual Day of Golf Tournament benefiting the Norman and Rita Nussbickel Memorial Scholarship Fund, on Monday, June 26, from 8 a.m. to 4 p.m., at The Links at Union Vale, 153 North Parliman Road, Lagrangeville. Golfers will enjoy lunch and a cocktail reception, in addition to on-course activities.
Proceeds from the tournament benefit several scholarships and workforce development supportive service program participants. The fund was established in 1987 by the Nussbickel family and the Greater Southern Dutchess Chamber of Commerce's Chamber Foundation in memory of Norman F. Nussbickel. The scholarship also honors Norman's wife, Rita, who passed away in 2006.

Fees to participate are: Foursome (Includes 2 Tee Signs), \$1,000; Twosome, \$500; Single Golfer, \$250.
Payment is required in advance. For questions, contact (845) 454-1700, ext. 1000, or register online at dcrroc.org. Participants must register by June 16.

United Way 'Pull the Tank' fundraiser set June 10

The United Way of the Dutchess-Orange Region (UWDOR) invites individuals and groups to Pull the Tank on Saturday, June 10, at Orange County Airport, from 10 a.m. to 2 p.m. You and your team will be pulling a World War II Combat Sherman Tank. During this time you can register, form a team and fundraise toward your goal.
You can sign up as an individual or team of any size. Each individual tank pull will require 20 people, but we will put any smaller teams together to make them the required size. Each person who pulls will commit to a \$20 non-refundable registration fee and fundraise \$200

to participate (including your registration fee). There are prizes for top individual and team fundraisers, for the fastest pull, and others.
Every dollar you raise will help veterans obtain housing services, access legal services, receive mental health treatment and acquire basic needs.
All participants must be 13 years of age or older. Parents/Guardians must sign the liability form and be present for those under 18 years of age.
Register at <https://www.uwdor.org/events>. For more information, contact Izzy Azar-Brandes at (845) 471-1900 ext 3109 or iazar-brandes@uwdor.org.

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New pickleball courts open at Quiet Cove in Poughkeepsie



Officials and community members celebrate the four new Pickleball Courts at Quiet Cove Riverfront Park in the Town of Poughkeepsie on May 30. *Courtesy photos*

Dutchess County Parks has added four new Pickleball Courts to the amenities at Quiet Cove Riverfront Park in the Town of Poughkeepsie! Novices and enthusiasts alike are invited to come play this fun, accessible sport that is rapidly growing in popularity across the nation. The courts are available daily for public use during park hours.

Dutchess County Executive William F.X. O'Neil joined fans, residents, and local elected officials to celebrate the new courts with a ribbon cutting ceremony and a few friendly games on May 30. He was joined by Dutchess County Public Works Deputy Commissioner David Whalen and several members of the Dutchess County Parks Team. Linda Cooper, Regional Director with New York State Parks, was on hand for the celebration as Quiet Cove is a collaborative partnership between New York State and Dutchess County — the County has leased and maintained the property as a public park for more than 20 years.

Dutchess County Parks is now an official member of USA Pickleball

Association (USAPA). USAPA volunteer ambassador, Jayne McLaughlin, spoke about the increasing popularity of the sport for people of all ages, with young people being the fastest growing demographic. Pickleball is easy to learn, inexpensive and very social.

The four new pickleball courts and adjacent parking lot were constructed on the upper portion of the park, near the entrance off Route 9. The courts include an adaptive court, with wider margins to allow for greater maneuverability for players using wheelchairs. An adjacent gazebo is available for spectators to enjoy the games in shaded comfort alongside waiting players who can wait “in line” thanks to the first-come, first-served paddle place holder installed near the courts.

County Executive O'Neil noted the County's Office for the Aging will be working to create clinics and lessons for seniors to learn the sport. Dutchess County Parks will also work in coordination with USAPA for youth opportunities and future tournaments.

Four Hinchey bills pass Senate

ALBANY – Four bills sponsored by Sen. Michelle Hinchey passed the State Senate on May 31, including legislation to track renewable energy projects to ensure New York meets its climate goals while protecting New York farmland and food security, promote values-based food procurement, support youth competitions in small county fairs, and extend the sunset date of the state's cannabis cultivator and processor licenses to support farmers as New York continues to scale its cannabis market.

Developing a Statewide Solar Project Tracking System (S6404)

New York does not have a system for tracking proposed or approved solar energy projects; and therefore, no holistic understanding of where we are in relation to meeting our Climate Leadership and Community Protection Act (CLCPA) goals or what communities may be disproportionately impacted by targeted overdevelopment and farmland loss. Hinchey's bill (S6404) directs the Office of Renewable Energy Siting (ORES) and the Public Service Commission (PSC) to create a publicly available statewide map of all approved and proposed renewable energy projects at every step of the application process, including data such as notices of intent and types of land sited for development. With this map and accompanying data, communities and state leaders will have a more complete understanding of New York's solar deployment in order to monitor and track regional impacts, help New York meet the goals of its Climate Act, and protect Upstate communities, farmland, and food security from inequitable development practices.

Introducing a Values-Based Food Procurement Model (S6955)

Municipalities across New York spend millions of dollars purchasing food for nursing homes, homeless shelters, hospitals, and other local facilities. Hinchey's bill (S6955) would give these institutions the flexibility to source food from local businesses that meet their values based on Good Food Purchasing standards, which can include environmental sustainability, health and nutrition, animal welfare, economic benefits to New York State economies, and workers' rights. When signed, Hinchey's bill will make

New York the first state to institute a values-based procurement model at the municipal level that directs commerce toward local farms, BIPOC businesses, and pro-environment, worker, and animal welfare applicants.

Extending NY Cannabis Cultivator and Processor Licenses (S7354)

Last year, Hinchey sponsored legislation signed into law by the Governor to create temporary cannabis cultivator and processor licenses aligning the rollout of New York's cannabis program with the 2022 growing season so that New York farmers could grow product in time to meet the demand when dispensaries opened their doors.

Due to delays in the permanent cultivator and retail licensure rollout, temporary cultivator and processor licenses are still needed to ensure that New York farmers and processors remain the backbone of the burgeoning cannabis market. Hinchey's bill (S7354) extends the temporary licenses for cultivators and processors until June 30, 2024, and her bill was officially signed into law on June 1. The legislation also extends the program's social equity goals by requiring conditional license holders to participate in a social equity mentorship program under which they will provide training in cannabis cultivation and processing for social and economic equity partners, preparing them for roles in the industry.

Making Youth Competitions in Small County Fairs Eligible for State Reimbursement (S5526)

County fairs are an important tradition in many rural and Upstate communities and provide meaningful leadership opportunities for local youth through the promotion of agriculture and arts competitions. County fairs often award funding to youth that participate in these competitions; however, must spend at least \$5,000 in premiums to be eligible for state reimbursement, which is a criteria that is difficult for many small fairs across New York State to meet. Hinchey's bill (S5526) would lower the required amount to \$2,500, ensuring that smaller county fairs can receive this reimbursement and allowing them to continue engaging youth through these competitions.

DBCH: Stay safe and healthy this summer by preventing STI and Mpox transmission

As people come together for the many activities, events and celebrations of summer, the Dutchess County Department of Behavioral & Community Health (DBCH) reminds people to stay vigilant about sexual health issues including sexually transmitted infections (STIs) such as chlamydia, gonorrhea and syphilis, which have all been on the rise, locally and nationally. Summer gatherings can also potentially increase exposure to mpox (formerly known as monkeypox), a viral infection that can result in skin rashes or blisters, allowing from transmission through close physical contact. The virus may also be transmitted through respiratory droplets or via contact with clothing, bedding or objects that have been used by someone infected.

DBCH reminds residents to protect against STIs and mpox, with the following recommendations:

- Practice safer sex. STI are spread primarily by unprotected sexual contact.
- Get tested regularly for STIs and get vaccinated against mpox.

The 2022 outbreak of mpox saw 381 cases reported throughout New York State, with a total of 12 cases reported in Dutchess County. While there are no current reported cases of mpox in Dutchess, vaccination is recommended for those at

risk to prevent potential mpox transmission and/or lessen the severity of associated symptoms.

Among those at risk:

- Anyone who had close contact in the past two weeks with someone who has been diagnosed with mpox;
- Gay, bisexual or other men who have sex with men, or transgender individuals, who are sexually active;
- People who have had sexual contact with gay, bisexual, or other men who have sex with men, or transgender individuals in the past 90 days;
- People living with HIV, who are taking medication to prevent HIV (PrEP), or who were diagnosed with syphilis in the past 90 days; and
- Anyone who had close contact in the past two weeks with someone who has been diagnosed with mpox.

Dutchess County's sexual health clinic offers confidential testing, diagnosis and treatments of Sexually-Transmitted Infections (STI), including rapid HIV testing. Mpox vaccine is available by appointment through DBCH's immunization clinic. Appointments can be made by calling (845) 486-3402 or completing the mpox vaccine form online at <https://www.surveymonkey.com/r/8C96PSZ>.

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--STARTS THURSDAY--

TRANSFORMERS:

RISE OF THE BEASTS

PG-13

--HELD OVER--

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League Standings

SOUTH ATLANTIC LEAGUE NORTH		W	L	PCT	GB	L10	STRK
Hudson Valley NYY		29	22	.569	-	5-5	W2
Jersey Shore PHI		27	23	.540	1.5	7-3	L1
Greensboro PIT		26	23	.531	2.0	6-4	W1
Wilmington WSH		25	25	.500	3.5	4-6	L1
Aberdeen BAL		24	26	.480	4.5	5-5	L2
Brooklyn NYM		22	28	.440	6.5	4-6	W1
SOUTH ATLANTIC LEAGUE SOUTH		W	L	PCT	GB	L10	STRK
Winston-Salem CWS		28	21	.571	-	5-5	L1
Greenville BOS		28	23	.549	1.0	7-3	W1
Bowling Green TB		23	24	.489	4.0	5-5	W1
Rome ATL		24	27	.471	5.0	3-7	L1
Asheville HOU		22	25	.468	5.0	4-6	W1
Hickory TEX		18	29	.383	9.0	5-5	L1

RENEGADES ROUNDUP

‘Cider Donuts’ gain key victories over Aberdeen, keep division lead

by Rich Thomaselli

After four losses in the first four games of the series to Aberdeen, the Hudson Valley Renegades came through with key wins on Saturday and Sunday to keep their division lead.

A go-ahead single by Eduardo Torrealba in the bottom of the eighth lifted the Hudson Valley Renegades to a 3-2 victory over the Aberdeen IronBirds on Saturday night at Heritage Financial Park.

The win snapped a season-long four-game losing streak for Hudson Valley, who played as their alternate identity, the Cider Donuts, honoring the long fall tradition of Apple farms in the Hudson Valley.

On Sunday, Drew Thorpe turned in the best start of the season for the Hudson Valley Renegades as the team blanked the Aberdeen IronBirds 9-0 in a one-hitter at Heritage Financial Park.

Thorpe (4-1) dazzled all afternoon, allowing just one hit and two walks

while striking out seven in his eight innings of work. The New York Yankees’ No. 6 prospect became the first Renegades starter to pitch into the eighth inning this season and just the second ‘Gades pitcher to throw 8.0 shutout innings in the Portal Era (2005-Present). His lone hit allowed was a single to Creed Willems leading off the top of the second.

The Renegades have a 29-22 record and are still in first place in the North Division of the High Class A South Atlantic League. Jersey Shore is a single game in second place. Hudson Valley travels to Jersey Shore for a key six-game series this week. The series started on Tuesday.

Home was not sweet for the Renegades initially, who came back to the ballpark and promptly lost each game against Aberdeen to start the six-game series, including a 2-1 defeat on Friday.

Pitching dominated again a day later on Saturday night.

Chase Hampton was brilliant in the

continued on page 8

Players Statistics

PLAYER	TEAM	G	AB	R	H	2B	3B	HR	RBI	BB	SO	SB	CS	AVG	OBP	SLG	OPS
1 Aaron Palensky LF	HV	32	125	29	44	9	2	12	34	15	34	10	0	.352	.434	.744	1.178
2 Spencer Henson 1B	HV	39	146	30	40	9	0	8	26	14	43	1	1	.274	.347	.500	.847
3 Spencer Jones CF	HV	43	185	29	51	17	3	7	29	13	69	12	5	.276	.323	.514	.837
4 Alexander Vargas SS	HV	39	161	23	37	6	3	6	21	13	47	7	4	.230	.290	.416	.706
5 Benjamin Cowles SS	HV	37	130	20	34	6	0	5	14	12	49	4	0	.262	.336	.423	.759
5 Grant Richardson RF	HV	34	127	12	21	3	0	5	18	14	42	5	0	.165	.259	.307	.566
7 Marcos Cabrera 3B	HV	30	106	12	21	4	1	3	11	11	40	3	1	.198	.274	.340	.614
7 Anthony Garcia RF	HV	20	70	18	13	3	0	3	12	13	36	1	2	.186	.310	.357	.667
9 Antonio Gomez C	HV	37	140	17	32	8	0	2	18	14	51	0	0	.229	.299	.329	.628
9 Ben Rice C	HV	15	44	15	15	2	0	2	10	18	10	3	0	.341	.559	.523	1.082
11 Josh Breaux DH	HV	7	31	5	9	1	0	1	3	1	8	0	0	.290	.313	.419	.732
11 Rafael Flores 1B	HV	38	143	14	45	7	0	1	15	15	38	1	1	.315	.377	.385	.762
11 Aldenis Sanchez RF	HV	36	117	18	24	5	3	1	17	18	32	10	2	.205	.307	.325	.632
11 Luis Santos 2B	HV	18	51	5	10	1	1	1	5	10	18	3	1	.196	.323	.314	.637
11 Eduardo Torrealba 2B	HV	17	51	9	16	1	0	1	5	8	7	4	1	.314	.426	.392	.818
16 Kyle Battle LF	HV	6	15	1	0	0	0	0	0	2	9	1	0	.000	.118	.000	.118
16 Juan Crisp C	HV	2	3	0	0	0	0	0	0	1	1	0	0	.000	.250	.000	.250
16 Caleb Durbin 2B	HV	22	78	20	26	5	0	0	8	14	9	15	1	.333	.464	.397	.861

Pitcher Statistics

PLAYER	TEAM	W	L	ERA	G	GS	CG	SHO	SV	SVO	IP	H	R	ER	HR	HB	BB	SO	WHIP	AVG
1 Chase Hampton P	HV	1	1	3.05	8	8	0	0	0	0	41.1	30	18	14	5	0	15	69	1.09	.194
2 Drew Thorpe P	HV	4	1	3.31	9	9	0	0	0	0	51.2	43	23	19	4	0	20	59	1.22	.232
3 Zach Messinger P	HV	0	3	2.78	9	9	0	0	0	0	45.1	39	21	14	2	0	22	55	1.35	.232
4 Juan Carela P	HV	2	2	3.09	9	8	0	0	0	0	43.2	32	20	15	2	5	17	52	1.12	.201



Renegades Extra!



IMPACT
PR & Communications

**Yankees' legend
Bernie Williams in
Father's Day concert
at Millbrook Vineyards**

**See story
Page 8**

**MILLBROOK
VINEYARDS & WINERY**
Hudson River Region, New York



Palensky gains honor, promotion to Double A

by Rich Thomaselli

Few minor league baseball players have a better week than this.

First, a special recognition, then a promotion.

Hudson Valley Renegades outfielder Aaron Palensky was named South Atlantic League Player of the Week for the week of May 22-28. Palensky became the second Renegade to win a weekly award in 2023, picking up an honor for the first time in his career.

Days after the recognition, it was learned around June 1 that he was promoted to Double AA Somerset (N.J.) in the New York Yankees farm system.

In five games against the Wilmington Blue Rocks, Palensky hit a scorching .619 (13-for-25) with nine runs, five doubles, a triple, two home runs and seven

RBI. He also stole all three bases he attempted.

"Palensky has been consistent all year, and I'm really excited that he is being recognized for his consistency and work that he has put in so far," said Renegades Hitting Coach Kevin Martir.

Despite his promotion, he still leads the league in home runs with 12 and is second in extra base hits.

Palensky, 24, was signed by the Yankees as a non-drafted free agent out of the University of Nebraska in 2020. Across the 2022 and 2023 seasons with Hudson Valley, he has hit .288 (99-for-344) with 75 runs, 22 doubles, five triples, 22 HR, 68 RBIs, and has gone 19-for-22 on stolen base attempts in 109 games, ranking in the top 10 in franchise history in a half-dozen categories.



Aaron Palensky was named South Atlantic League Player of the Week for the week of May 22-28. He has since been promoted to Double A Somerset, NJ. Photo by Dave Janosz

TYSON'S TIDBITS WITH TYSON JEFFERS

Making adjustments to rosters as players move through system

Editor's note: Each week, writer Rich Thomaselli speaks with Hudson Valley Renegades General Manager Tyson Jeffers about the Renegades in particular and minor league baseball in general.

For fans who don't quite understand and wonder why their team like the Renegades lose four games in a row or get into slumps, talk about the transient nature of the game with promotions and constant roster changes.

Well, there's some things that you can

point to, like a player being promoted to the next level. That's the way it is at this level of baseball. And you're happy that these kids can move on.

Do you get upset when a player moves up or down and there's a lot of turnovers in the roster?

(Laughs) I think Sergio (manager Sergio Santos) has more mixed feelings about it than I do. Promotions happen. Sometimes you lose a couple of key guys, but you get a couple of guys who come

up - from Tampa or come down from Somerset. That's the way it is at this level. Sometimes you lose key players and sometimes you lose guys who are key in the locker room.

Sometimes it takes players a while to get acclimated with each other at this level. So it's really just a balancing act. And it's not just us. If you look at the standings, you can tell that other teams have moved guys around and they're not the same as earlier in the year. You just hoped you're on the high end of things.

Right now, we're just three weeks away from the halfway point of the season. If we can stay in first place, we know we have a home game in the playoffs, and we can start planning for that.

Like I've said before, you just want to give the fans a great experience. If they can walk away with a great baseball moment as part of their memories, that's even better. It's great when you have a full ballpark and there's a walk off home run or something, that adds another layer to their experience. But in the end, the Yankees make all the roster moves, and I am not consulted. Rightfully so! (laughs).



What is left in terms of construction at the ballpark?

We still have the whole left-field stands to renovate. We need to be able to keep our promises to the Yankees. Frankly, we probably have the best clubhouses in the whole affiliate system. We plan to put in some new ceilings in the clubhouse. We will also add some specialty seating that we think the fans will enjoy.

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Yankees legend, jazz musician Bernie Williams announces collaboration with Millbrook Winery

Jazz concert set June 17

Growing its partnership with former New York Yankees centerfielder and jazz music icon, Bernie Williams, Millbrook Vineyards & Winery (Millbrook Winery) announces the kick-off of its 2023 Jazz Summer Concert Series on Father's Day weekend with a performance from Williams and his band on Saturday, June 17 at 7 p.m.

Adding to the excitement will be the second release of Bernie's Blend wines with the return of a dynamic blend of Cabernet Sauvignon, Merlot and Cabernet Franc, and the addition of two new wine varieties – a Pinot Noir and Chardonnay, crafted and blended by Williams and Millbrook's winemaking team, and adorned with label artwork by Williams' daughter.

Tickets to the 2023 Summer Concert Season performances, including Williams' performance, are now available on the Millbrook Winery website.

What has been extra special for Bernie about teaming up with Millbrook Winery is being able to work closely with his daughter Beatriz Williams, a Brooklyn, New York – based artist, who designed the artwork for the wine labels.

"The cover art was painted by Beatriz and illustrates me superimposed over Cerro Gordo Beach in my hometown of Vega Alta, Puerto Rico, where I was born and raised," said Williams. "Most importantly, we're able to give back, as a portion of the wine sale proceeds will be

donated to the National Association of Music Merchants (NAMM) Foundation's SupportMusic Coalition, which unites non-profit organizations, schools, and businesses working to assure that music education is supported in communities everywhere, and that all children have the opportunity to learn and grow with music, a cause that's near and dear to our family."

The relationship between Millbrook Winery and Williams began during a visit to the winery in 2021, when Williams, a long-time Westchester resident, was captivated by the vineyards and the wine. A chance encounter with the winery's Vice President and General Manager, David Bova, led to a conversation about Williams' background with the New York Yankees and his passions for both jazz music and the artistry of winemaking, which ultimately led to the Bernie's Blend collaboration. Keen on releasing authentic wine varieties that he is proud of, Williams worked closely with Millbrook Winery's winemaker, Ian Bearup, to taste-test each of the wine barrels and thoughtfully blend and craft each of the wines.

"Working with a New York professional legend like Bernie Williams is an honor and a privilege," said David Bova. "It allows us to create something truly special, as well as reinforce our commitment to showcasing the very best of our community and its unique talents. Our partnership with Bernie not only represents the union of two passions - wine and music - but also allows us to bring an unparalleled level of culture and excellence to the Hudson Valley and to share it



Former New York Yankees centerfielder Bernie Williams is pictured with Ian Bearup, winemaker at Millbrook Vineyards & Winery. Right: Bernie Williams' daughter, Beatriz Williams, a Brooklyn, New York-based artist, designed the artwork for the wine labels of Bernie's Blend. Courtesy photos



with our community and visitors alike."

Williams will open Millbrook Winery's 2023 Jazz Concert Series, returning following rave reviews and more than 300 tickets sold for his performance in 2022. After retiring from the New York Yankees in 2006, Williams went on to pursue a career as a jazz musician after earning a Bachelor of Music degree in jazz performance from the Manhattan School of Music in 2016.

The 2023 Williams-curated wine releases will be available in limited quantities online and at the winery starting the

evening of the event. Special edition prints of the bottle artwork can also be purchased beginning the day of the event. For more information on the Bernie Williams Jazz Concert and to purchase tickets, visit: www.millbrookwine.com/berniewilliams.

Renegades Roundup

continued from page 6

start for Hudson Valley, throwing 7.0 innings and allowing two runs on three hits while striking out 10. It was the third start this season that Hampton struck out 10 batters, and his second straight.

Aberdeen struck in the top of the second in an unconventional way, when Jacob Teter bounced into an inning-ending double play with the bases loaded on a ground ball to first. Rafael Flores stepped on the bag and threw to second to end the inning with a double play. The tag, which completed the double play came after Creed Willems touched home, making the run count and the IronBirds grabbed a 1-0 lead.

Dylan Beavers added to the lead in the top of the fourth on a sacrifice fly scoring Jud Fabian to extend the IronBirds' lead to 2-0.

Hudson Valley cut into the deficit with an RBI single in the sixth. In the bottom of the eighth, Josh Breaux and Anthony Garcia collected a pair of singles against Ryan Long to start a rally. Long (3-3) then issued a one-out walk to Grant Richardson to load the bases for Aldenis Sánchez. He launched a sacrifice fly to right field.

That set up the game-winning hit and heroes two innings later by Torrealba.

On Tuesday night, the Renegades were shut out, 7-0.

Joel Valdez retired the IronBirds in order in the first and worked around a pair of baserunners in the second, but the IronBirds struck for two runs in the third off the left-hander. The first two batters reached on a walk and a single to bring up Jackson Holliday, who hit a towering popup in shallow centerfield that fell to score Luis Valdez. The next batter, Jud Fabian, doubled home Max Wagner to give Aberdeen a 2-0 lead over Hudson

Valley. That was all the runs the defending champs would need.

On Wednesday, the Renegades got on the board, but still lost, 7-4.

Creed Willems opened up the scoring with a three-run home run in the first off Tyrone Yulie (1-3). All three runs in the inning were unearned after an error by the 'Gades defense extended the inning.

Sloppiness, mostly by the Renegades, was the mantra for this game.

The IronBirds capitalized off a pair of errors in the third to plate two more and extend their lead to 5-0. After the first two batters were retired, a walk and two errors loaded the bases for Aberdeen and another error allowed two runs to score.

On Thursday, neither team could hit but Aberdeen came away with a 1-0 victory.

Renegades starter Zach Messinger got off to a quick start striking out the first two batters of the game before issuing a pair of walks to bring up Isaac De Leon, whom Messinger struck out to end the threat in the first inning. It was the start of a strong outing for Messinger (0-3), who allowed one unearned run across 5.0 innings while setting a new career high with nine strikeouts.

Aberdeen scored the game's only run in the second on a Max Costes single that scored Silas Ardoin. Ardoin began the frame with a single, advanced to second on a passed ball and third on a wild pitch before coming home on Costes' base hit.

Hudson Valley had runners on base in seven of nine times at bat, but failed to score. One of their best chances came in the third after Spencer Jones hit a one-out double down the left field line off Jean Pinto. Pinto retired the next two Renegades to leave Jones stranded at third.

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Dutchess County Pride Center to host LGBTQ+ Pride activities

Parade June 10 in Poughkeepsie

Dutchess County Pride Center will host LGBTQ+ Pride activities all throughout the month of June 2023. The celebrations start with a Pride Kick Off Dance Party and Drag Show on June 3rd at Reason & Ruckus in Poughkeepsie. Performances by Lola DeVille, Janine Extreme, Swisha Sweets and Tabitha Phoenix, and music by DJ Fowl Play.

The biggest Pride month event is the Poughkeepsie Pride Parade and Festival on June 10. The parade begins on Market Street in Poughkeepsie at Noon and will continue down Main Street to Waryas Park where a family-friendly festival will be held until 5 p.m. featuring food vendors, a bouncy house and information from community organizations. The theme this year is Growing Our Future Together. Individuals who want to march or volunteer, or companies/organizations interested in a table or booth at the festi-

val, should visit www.dutchesspridecenter.org/poughkeepsie-pride-2023.html or send an email to pkpridefest@gmail.com.

On June 11, there will be a Rainbow Run at 9am, co-hosted by Fleet Feet Poughkeepsie and a Youth Pride painting class at 1 p.m.

June 14 is an online author chat with Rae McDaniel, author of Gender Magic. This will be co-hosted by Oblong Books.

June 29 is the Pride Game at the Renegades with Dutchess County Pride Center as their community partner for the game.

Tickets are available at www.gadesgroups.com with password pride All month long, there is a virtual walk-a-thon, with your dog! Paws4pride.org for more information.

Dutchess County Pride Center aims to improve the health, safety and wellbeing of LGBTQ youth in Dutchess County by offering them a safe space to meet and socialize with each other, their families and allies. For more information, visit www.dutchesspridecenter.org.

COMMUNITY CALENDAR

Stanford commemorates Patriots with historic markers

The Town of Stanford Historical Society announced the first of Stanford's historic markers to recognize the graves of its Patriots is in place. This marker is located at the Baptist Cemetery on Cold Spring Road. The marker ceremony with the Sons of the American Revolution is set for Saturday, June 10, 2 p.m., at the cemetery.

Pleasant Valley church to hold Yard Sale June 10
Weather permitting, there will be a Yard Sale on the front lawn of the First Presbyterian Church, 1576 Main St. (Route 44), Pleasant Valley on Saturday, June 10, from 9 a.m. to 2 p.m.

Lecture on spirituality set at St. Paul's church in Pleasant Valley

A free lecture, "Spirituality: The Personal Aspect" Free Lecture with The Rev. Dr. Clair McPherson, will take place on Sunday, June 11, at 7 p.m., at St. Paul's Pleasant Valley, 808 Traver Road and corner of Route 44.

What is spirituality? It's one of those things that "everybody knows" what it is, but few can answer the question. Dr. McP will offer a few suggestions, and together we'll explore the topic in a way that is helpful to our own spiritual lives. The Rev. Clair McPherson is a renowned author of several books on spirituality, professor, and Episcopal priest. Call (845) 635-2854 or visit www.stpaulspv.org for more information.

Anderson Golf Classic set June 15

The 2023 Anderson Center for Autism Golf Classic will take place on Thursday, June 15, at The Links at Union Vale, 153 North Parliman Road, Lagrangeville. Cost: \$300 per person; includes golf, raffles, prizes, and breakfast, lunch, cocktail hour, and awards dinner. Unlimited beverage cart and stations are included. All golfers will receive a golfer gift and favor bag. Sponsorships are also available.

For more information, call (845) 889-9208, email: info@AndersonCares.org or visit www.andersoncenterforautism.org/andersonclassic.

Millbrook Historical Society meetings

Millbrook Historical Society hosts programs on the third Thursday of the month at 7 p.m., at the Millbrook Library, unless noted otherwise. The schedule for the remainder of the year includes:

June 15: Annual Tea @ Orvis Sandanona: Legacy of J. Morgan Wing Sr. Speaker: Ed Gerrard, Orvis Sandanona, General Manager. Note: Tea will be held 3:30-5 p.m. at Orvis Sandanona, Sharon Turnpike.

Sept. 21: Exploring the Anthony Family Collection, Archive Committee

Oct. 19: Washington Precinct: Fate of the Poor prior to the 1864 County Almshouse. Speaker: Will Tatum, Dutchess County Historian.

Nov. 16: The Bacons: A Local Gentleman Farmer and a Celebrated Actress of the 20th Century. Speaker Ezekiel Sanger, Marist College graduate.

For more information, contact Robert McHugh, President, at (845) 677-4381 or millbrookhistorical-society@gmail.com.

Stanford Grange to offer take-out Strawberry Festival dinner

Stanford Grange #808 will host its Annual Strawberry Festival on Saturday, June 17, at the

Stanford Grange Hall, 6043 Route 82, Stanfordville, at 5 p.m. Dinners will be take-out only. The menu will include traditional picnic fare of hamburgers, cheeseburgers, hot dogs (let us know what you would like!), potato salad, baked beans, and homemade strawberry shortcake for dessert made with hand-picked local strawberries and homemade ice cream and biscuits. Donation is \$17 per dinner. Drive to the back of the Grange Hall, pay for your dinner, get your food through your car window, and take it home to enjoy. For reservations (which are a must as we will run out of dinners), call Grange Secretary Ryan Orton at (845) 868-7869.

Interpretive tours of Vanderbilt gardens set

Beginning on Sunday, June 18, and every third Sunday of the month thereafter through Sunday, Sept. 16, the Vanderbilt Garden Association's interpreters will offer regular free monthly tours from 11 a.m. to 3 p.m. Tours meet outside the Tool House building.

Interpreters will discuss the history of the gardens, with a focus on the Vanderbilt ownership and the mission of the not-for-profit Vanderbilt Garden Association to rehabilitate and maintain the plants, shrubs and trees within the formal gardens as they were in the 1930s just prior to Frederick Vanderbilt's death in 1938. For more information, e-mail info@vanderbiltgarden.org or visit <http://www.vanderbiltgarden.org>.

Pine Plains Garden Club sets lectures

The Pine Plains Garden Club will host free lectures presented by Dutchess County Cooperative Extension Master Gardeners. The series includes: June 17 at 2 p.m., Cutting Gardens: How To Create An Endless Supply of Vase Worthy Flowers; and Sept. 9 at 2 p.m., Bulbs For All Seasons. All lectures are held at the Pine Plains Community Room. 7775 South Main St., Pine Plains. Any questions, email PinePlainsGardenClub@gmail.com.

United Way to present cyber security seminar June 21

The United Way of the Dutchess-Orange Region will host a Financial Literacy Seminar: Cyber Security 101 online on Wednesday, June 21, at 10 a.m. Melissa Colon, Financial Education Specialist at Mid-Hudson Valley Federal Credit Union will make the presentation. Colon is a certified union financial counselor and has been the Financial Education Specialist at MHV since February 2022. Melissa has 15+ years' experience working in community development, working with community based organizations and school districts. Register at <https://www.uwdor.org/financialliteracyworkshops>.

Penny Social June 24 in Poughkeepsie

The Kiwanis Club of Poughkeepsie will host a Penny Social on June 24. Doors open at 11 a.m. and drawings start at 12:30 p.m. There will be a lottery board, 50-50 drawing as well as specialty baskets. Refreshments will be available. The event will be at the Pleasant Valley Fire House on Main Street in Pleasant Valley.

Meeting schedule for County's Mental Hygiene Board

The Dutchess County Mental Hygiene Board meets on the third Monday of each month except for January, February and June (which due to holidays are held the fourth Monday of those months) and

there is no meeting in August.

Upcoming meetings will take place at at 230 North Road, Poughkeepsie, on June 26, July 17, Sept. 18, Oct. 16, Nov. 20, and Dec. 18.

The public is welcome to attend. For more information, contact (845) 486-2754.

Stanford Fire Co. golf tourney set July 28

Support your local volunteer firefighters on Friday, July 28, when the Stanford Fire Company holds its Golf Tournament at James Baird State Park. Registration is at 8 a.m. with a Shotgun Start at 9 a.m. Cost is \$150 per person and includes lunch and dinner. Proceeds from this event will directly benefit the Stanfordville Truck Restoration Fund. To learn more, contact Will Moriarty at wmoriarty39@optonline.net.

Ryan's Foundation

Sporting Clay Shoot set Aug. 12

Ryan McElroy Children's Cancer Foundation will host its 7th Annual Sporting Clay Shoot at Mashomack Preserve in Pine Plains Saturday, Aug. 12. The Foundation's mission is to help children and

families throughout the Mid-Hudson Valley who are suffering from life-threatening illnesses. For more information, contact Art Hart at (845) 546-7928.

FARMERS MARKETS

Arlington: Vassar Alumnae Lawn, 123 Raymond Ave., Poughkeepsie. Thursdays, 2-6 p.m., June 3-Oct. 28. www.arlingtonhasit.org

Hyde Park: Paul's Hyde Park Farmers Market, 4390 Rte. 9 (across from Town Hall), Hyde Park. Saturdays, 9 a.m.-2 p.m. through October. (845) 229-9336 or oakgreen@optonline.net

Rhinebeck: Municipal Parking Lot, 61 E. Market St., Rhinebeck. Sundays, 10 a.m.-2 p.m., through Dec. 17. www.rhinebeckfarmersmarket.com

The Littlest Farmers Market, Hackett Farm Supply, 2297 Salt Point Turnpike, Clinton Corners. The Littlest Farmers Market is a farmers market run by kids 12 years or younger who have grown, picked, created or crafted what they are selling. The market will be held on June 25, July 16, July 30, Aug. 20 and Sept. 10.

‘Eleanor and Alice’ to play at Stissing Center June 9-11

The Stissing Center in partnership with the award-winning Off-Broadway theater, Urban Stages, will present Ellen Abrams' "Eleanor and Alice – Conversations Between Two Remarkable Roosevelts," directed by Urban Stages Founder/Artistic Director Frances Hill. Performances will be June 9 and 10 at 7 p.m., and Sunday, June 11, at 2 p.m., at The Stissing Center in Pine Plains. Tickets can be purchased by visiting thestissingcenter.org.

Starring Tony Award-Winner Trezana Beverley (Broadway: "For Colored Girls Who Have Considered Suicide / When the Rainbow Is Enuf") as Eleanor Roosevelt and Drama Desk Award-Winner Mary Bacon (Public's "Coal Country") as Alice Roosevelt Longworth, "Eleanor, and Alice" centers on two of the most influential women of the 20th century. Throughout the historical drama, Eleanor and Alice Roosevelt – friends, cousins, and rivals - meet at eight crucial moments throughout their lives. They feud, laugh, commiserate, and argue over their husbands, children, the nature of politics, and the state of the world. One a Democrat and one a Republican, throughout 60 years of meetings, they witness a changing world from their unique vantage points. Through their accomplishments, Eleanor and Alice ultimately help build a foundation that benefits women in politics today.

Previously, "Eleanor and Alice" was



Trezana Beverley (left) plays Eleanor Roosevelt and Mary Bacon plays Alice Roosevelt Longworth in Ellen Abrams' "Eleanor and Alice – Conversations Between Two Remarkable Roosevelts," set June 9-11 at The Stissing Center in Pine Plains. *Courtesy photos*

performed as an online radio play and as a staged reading at FDR 4 Freedoms Park (Roosevelt Island) through Urban Stages' Outreach program.

Opening Night, Friday, June 9, will be a fundraiser for The Stissing Center. Following the performance, there will be a reception with the cast and Urban Stages Creative Team. All seats are \$100. The Saturday, June 10 performance will feature a post-show talk-back with the playwright, Ellen Abrams. All seats are \$35. The Sunday performance offers specially priced student tickets at \$10.

The running time is 75 minutes with no intermission.

The Stissing Center is located at 2950 Church St., Pine Plains. For tickets and more information, visit thestissingcenter.org or call (518) 771-3340.

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BOOKS

Stars

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By David Kalvitis

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Creative Living

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get growing! by mark adams

The Big Garden

Family and friends turn a large plot of land into the annual Annual Garden.

It starts in January. We (meaning Sue) order seeds of annual flowers that we want to try out in the “big garden,” a 2,500-square-foot plot next to the house. This will be the 33rd year for our garden – 33 years of gorgeous cut flowers, blossoms to enter in the Dutchess County Fair, new varieties that we might grow in our greenhouses, and a vista to admire all summer long.

The seeds come from Burpee, Harris and occasionally Thompson and Morgan Seed Company. Sue sows them in trays of

seed starting mix in April, a few thousand seeds in all. We also get samples of new varieties from breeders like Dummen, Ball Floraplant and Proven Winners. Over the years, we’ve developed a relationship with them by providing feedback from our trails held at the fair.

Traditionally, the goal is to plant the garden on the second Sunday in June, when the work in our commercial greenhouses (5 acres of them) starts to space. When I looked at the 10-day weather forecast last Sunday, May 28, I realized



Last year's garden. Photo by Sue Adams

the following weekend would be ideal for planting.

And it was.

I called my friend Rick and arranged for him to till the garden on June 2. On May 31, I took out my trusty John Deere riding lawn mower and mowed down the winter rye that we planted last fall as a cover crop, to keep the soil in place and to hold the nutrients over the winter. Next day, I spread 20 bales of pro-mix (a commercial blend of peat moss and perlite) over the area to make up for soil removed when we cleaned up last year’s crop, followed by 40 pounds of 10-10-10 garden plant food. On Friday Rick tilled the garden. Saturday, me and five helpers laid down nine rows of black plastic mulch,

each row 3 feet wide by 70 feet long.

We would need 1,000 transplants to fill the space. Sue arranges the varieties by their height – tall ones like tithonia and sunflowers in the back, dwarf celosia and profusion zinnias in the front, and by their fitness as entries in the Dutchess County Fair competition. Deer resistance matters, although we plant some flowers deer love, and spray them often with “Liquid Fence” or any deer repellent that contains egg solids. This year’s garden is populated with about 50 different varieties of flowers, including:

- Zinnia Queen Lime Peach – New in the Queen series. We love zinnias for their deer resistance, they make great cut

continued on page 13



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Flowering herbs

The flowers are pretty (and pretty tasty).

If you cook at all, or just love to eat, you should grow your own herbs. The end. They add a lot of flavor to everything from salad to dessert, tend to be beautifully fragrant both fresh and cooked, are easy to grow and can be harvested for use throughout the year. But I'll bet you know all that if you're already a fan, so here's one more little reason: they flower. I just love a multi-tasker!

Before you ask, no, this isn't a gardening article. We'll be leaving that to the very capable Mark Adams, thank you very much. But a little garden talk can't be helped given the topic, so I hope you and Mark will forgive anything I get wrong or leave out on that front. Also, before you ask, yes, there are more than a few edible flowers out there, like pansies, nasturtiums (my favorite!) and marigolds, but they aren't exactly herbs now, are they?

So, flowers. Yes! Many herbs flower; and where once I appreciated that just for the aesthetics, which pollinators do as

well, I now also love how very tasty they are. If you're looking for a perfectly pretty garnish for a cocktail or dessert that also adds a pop of unique flavor, then you wouldn't have to look any further than your own backyard. If you grew your own herbs, that is. Besides, when you grow them yourself you know for sure whether they're safe to eat, treated with pesticides or exposed to things like car exhaust. You just can't know for sure if you don't know how they grow.

A quick caveat before we move on: there are herbs that flower and herbs that bolt.

Cilantro, famously, sends up thick stalks of white flowers that make coriander seeds when it gets too hot, after which the leaves change from flat to feathery and lose their flavor, basically marking the end of that plant. This is bolting, and it isn't what you want if you're looking forward to a long season of fresh herb-y



Sage (left) and chives in bloom. *Photos by Vicki Frank Day*

continued on page 13

**NORTHERN
DUTCHESS
SYMPHONY
ORCHESTRA**
2022/2023 SEASON
KATHLEEN BECKMANN
MUSIC DIRECTOR

THE DUKE & SATCHMO



Saturday, June 17, 2023 at 7:30 p.m.
Joseph L. Phelan Auditorium at Rhinebeck High School

This concert showcases the phenomenal music of **Duke Ellington** and **Louis Armstrong**. The program includes a special arrangement of “**Caravan**” by NDSO pianist Larry Ham as well as the symphonic jazz masterpiece, “**The River Suite**.” Favorites performed by Louis Armstrong include “**Hello Dolly**,” the timeless “**What a Wonderful World**,” and “**St. Louis Blues**.”

Learn more and purchase tickets at www.ndsorchestra.org



Our concert season is made possible, in part, through funding from the County of Dutchess and Dutchess Tourism, which is administered by Arts Mid-Hudson and by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Diversions

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

		7			3			2
6	5		1					
	9	8		6		3		4
		2		7	9			
4								7
			6	1		9		
9				4		8	3	
							7	9
8			5			4		

Suguru

2		4			
2		5			
			3		
					4

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

ACROSS

- Group of students
- Miss in Mazatlán: abbr.
- '70s carpet style
- Sticky stuff
- Metal container
- Wind
- Russian workers' group
- Lacking the necessary skills
- Piece of sports equipment
- Lean
- Uneven
- In need of moisture
- Domed church wing
- In abundance
- Lotion ingredient
- Remain behind
- Russian lake
- Wordsworth or Shelley
- Word with American or around
- Become violently angry
- Charge
- Tell the misdeeds of
- Bravos
- Former div. of a large nation
- Sir Guinness
- Flocks of birds
- Snarl
- Father
- Pick-me-up
- Notoriety
- Inquire
- One who has a disorder of the nervous system
- Torn apart
- Ledge
- Part
- Solitary
- Golf shop purchases
- Singles
- Rationality

DOWN

- Figure specialists: abbr.
- Songbird
- Town in Italy
- Haloed mlle.
- Merchant
- Part of the skeletal system
- Smelly
- Facial problem
- Chicken __ king
- Alarm
- Tramp
- Is sneezy and feverish
- Delight
- Spaniard's cash, once
- Topsy-turvy era?
- Unaided
- E. T., for one
- Elegant
- Barbed spears
- City on the Rhone
- Stratum
- Type of committee
- Kitchen item
- Backstreet
- Actress Sharon
- River creature
- Luxembourg's neighbor
- Part of a refrain
- Variable star
- Machine wheel
- "La Bohème" and "Tosca"
- Trout features
- Walks the floor
- Examination
- Mayberry resident
- Word with Blue or White
- Manicure kit item
- Cosmetics name
- Elected officials: abbr.
- Joint
- Paid player
- 32,000 ounces
- Suffix for percent or text

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18				19				
20				21	22				23					
			24					25	26					
27	28	29					30					31	32	33
34						35						36		
37				38	39						40			
41				42							43			
44				45					46	47				
			48					49						
50	51	52					53					54	55	56
57					58	59				60	61			
62					63					64				
65					66					67				

The solutions to both the Sudoko & Crossword puzzles can be found on page 15

A & E CALENDAR

June 9: Electro Balkan Funk Concert with Max's New Hat, Beatrix Farrand Garden at Bellefield, Home of Franklin D. Roosevelt National Historic Site, 4097 Albany Post Rd., Hyde Park. Season kick-off, all-ages Concert with Max's New Hat, an Electro Balkan Funk Band, 7:30 p.m. They will play dance party and wedding music of Serbia, Macedonia, Greece and Bulgaria, seamlessly blending the traditions of Balkan and Roma music with funk, jazz and pop influences. All ages. Free. <https://www.beatrixfarrandgardenhydepark.org/>

June 9: Movies from the Balcony: “West Side Story,” UPAC, 601 Broadway, Kingston. A free social gathering & movie series up in UPAC's Mezzanine, 7:30 p.m. Steven Spielberg's 2021 adaptation of “West Side Story” offers patrons a way to kick off Puerto Rican Parade weekend with a musical celebration of Puerto Rican culture. The film puts a contemporary spin on the musical, a genre of film with deep roots in American cinema. Featuring a pre-show performance by storyteller, musician, and educator David Gonzalez. (845)339-6088

June 9-25: “Fiddler on the Roof,” The Center for Performing Arts at Rhinebeck, 661 Rte. 308, Rhinebeck. Set in the little village of Anatevka, the story centers on a poor milkman named Tevye, his wife, and his five daughters. With the help of a colorful and tight-knit Jewish community, Tevye tries to protect his daughters and instill them with traditional values in the face of changing social mores and the growing anti-Semitism of Czarist Russia. Rich in historical and ethnic detail, the universal theme of tradition in “Fiddler on the Roof” cuts across barriers of race, class, nationality, and religion. Presented by the New Deal Creative Arts Center. Directed by Joseph Gasparini. Performances: Fri. & Sat., 8 p.m.; Sun., 3 p.m. Tickets \$27. (845) 876-3080 or www.centerforperformingarts.org

June 10: Concert feat. The Wood Brothers plus Shovels & Rope, Shane Guerrette, Arrowood Farms, Accord. Show starts 5:30 p.m. Doors open at 4:30 p.m. All ages. www.impactconcerts.com

June 10: “Mystery at the Library,” Howland Cultural Center, 477 Main St., Beacon. Murder Cafe presents a fundraiser and Gilded Age whodunit, 6:30 p.m. It's 1881 and you're invited to dine at the Howland Circulating Library. You'll socialize with John Jacob Astor IV and his wife Ava, Future governor Levi Morton and his daughter Alice will be present along with Vassar College professor Percy Longfellow. You'll be fussed over by loyal butler, Horace, and fortune-hunting maid, Charlene. Katherine Kerry, a writer for the Beacon Daily Herald, observes much more than merriment and gaiety when she witnesses a murder. Whodunit and why? Tickets: \$75 in advance. Three-course catered dinner with entree choice, desserts, refreshments, show and prizes. More info: www.murdercafe.net. Tickets: howlandculturalcentertix.com

June 10-24: A Backyard Concert Series, Hyde Park Library, 72 Main St., Hyde Park. Free Saturday concerts performed by local talent in the courtyard (or in the Annex in case of rain). No RSVP needed. June 10: Lara Herscovitch, 4 p.m. Herscovitch is a singer-songwriter-poet-performer-author gem who leads with authenticity, integrity, humor and heart. June 17: Flash Company, 4 p.m. Local Celtic music trio (Eric Garrison, Jim Pospisil and Bryan Maloney) will bring a taste of Ireland to you wherever you are. June 24: Betty and the Baby Boomers, 4 p.m. Acoustic quintet from the Hudson Valley wraps distinctive harmonies around songs of their own creation and others from tradition, classic folk singers like Pete Seeger, as well as contemporary artists. (845) 229-7791 or hydeparklibrary.org

Love to Cook

continued from page 11

goodness. But since I promised not to dip my toe too far into Mark’s garden pool, that’s all I’ll say about that and will just stick with herbs that flower in the best of ways so you can enjoy them with wild abandon. And think how happy we’ll make the bees!

My favorite perennial herbs to grow for their flowers are oregano, thyme, chives and, the gift that keeps on giving, sage. Not only do they come up better every year, but they are easy to care for and spread themselves out nicely in the garden, making them as easy to pick and use as they are prolific. I show them a little love every day and they reward me well into fall. I also love taking my neighbor children around the garden, introducing them to not only the names and scents of my (known to be safe) plants, but their flavors as well.

My sage plant, *Salvia officinalis*, or common sage, has a pride of place in its own raised bed where it’s lived for many years and is happily well-established. It actually has a trunk! It’s just outside my backdoor where I see it every morning, it’s bright purple blossoms buzzing with bees that help its fragrance waft my way. And while sage itself is not my favorite cooking herb, I love its beautiful, soft, grey-green leaves for decorating, its leafy branches for drying to bind for smudging. But this is all about the flowers, and they are gorgeous! They’re a rich, bright purple and grow up the stem forming a pretty spike that’s perfect for use in cocktails, bruised slightly to release their sweet intensity, or muddled in honey syrup. The flavor is sweet up front, delicately sagey with hints of mint and pepper, making them suited for both savory and sweet dishes. The individual flowers can be stripped from the stem and tossed into salads, sprinkled atop roast pork, sauteed in butter or goat cheese, candy them in sugar, place in a bottle to infuse vinegar or make a soothing evening tea with chamomile. And if all that weren’t enough for you, they’re packed with antioxidants, too!

Oregano and thyme flowers look similar: tiny clusters of white, pink or pale purple flowers on stems that rise above the leaves to show off. As with other herb flowers, they have a more delicate flavor version of the leaves, with thyme blossoms also having hints of citrus and mint. Thyme blossoms are beautifully suited for garnishing any number of sweet or savory dishes. Add them to your bouquet garni to flavor sauces and soups, add to salads and quiches, sprinkle atop desserts or use to infuse honey. Oregano is a very strongly flavorful herb, which many, including myself, happen to love. For those who may find it a bit much, using the oregano blossoms, which resemble those of thyme, might be just the thing as they are mellower and even taste more like thyme. Use them in pizza and pasta sauces, in salads, on grilled meats and vegetables or to infuse olive oil. Similarly, basil (though not perennial)

and mint blossoms (just try getting rid of them!), which grow in spikes much like sage, and resemble each other, can be used fresh or dried for both savory and sweet applications.

Of course, using any of these flowers fresh off the plant is ideal for summer (and I forgot to mention the best time to pick them is in the morning after any dew is evaporated) but that’s not to say you can’t harvest now to enjoy later. Just as I pick my oregano leaves several times a week, I also add a few flower stems to some of the bundles before rinsing and hanging upside-down to dry. Why upside-down? Any essential oils will travel from the stems to the leaves – and flowers – concentrating the flavor as well as the nutrient value. I use a lot of oregano and what I put up to dry now will last me through winter and beyond until I can replenish in spring. Because dried herbs are more concentrated, you need less for flavoring than when you use fresh.

Up ‘til now I’ve talked about herbs that are related as members of the mint family. Each is unique but there’s no question that similarities are present. So for the last flowering herb I’ll shake things up a bit with chives, kind of the polar opposite of the mint family I suppose as they’re in the allium, or onion, family. Pretty pinkish-purple puffs that remind me of clover flowers sit atop the slender chives, although their season is short. In fact mine are just about done and I didn’t use nearly enough this year. I love keeping the stems long and crisscrossing them on top of planked salmon, mashed potatoes and grilled chicken. They have a lovely light oniony flavor that doesn’t overpower and they look so pretty besides! They can also be pickled, deep-fried or just pulled apart and scattered as a garnish. And as with all the herbaceous beauties I’ve listed, they are loaded with nutrients.

There are a lot of great reasons to grow herbs and probably no better time of year to enjoy them in all their fresh, flavorful glory. Add them to any and every course, from cocktails and salads to desserts and cheese boards. Whether you use them for the flavor they add or just to pretty up a plate, herb flowers bring a uniquely seasonal beauty to whatever they grace. So grow some, enjoy every aspect of them and create some delicious buzz – in your garden and your kitchen!

Vicki Frank Day is a graphic artist with more than two decades of experience in different aspects of the food service industry. She is the Content Marketing Specialist for Adams Fairacre Farms where she has worked for 25 years, with in-depth food research being an integral part of her marketing position. She believes that cooking is for everyone and should be a pleasurable journey, that food should be experienced, not merely eaten, and that special occasions can be an everyday celebration. E-mail her at vfrankday@adamsfarms.com.

CLERMONT REOPENS FOR NEW MANSION TOURS

Clermont State Historic Site in Germantown will launch new tours of the mansion on Thursday, June 8. Tours will be held Thursday through Sunday on the hour, from 11 a.m. to 4 p.m., with the last tour beginning at 4 p.m. Visitors to the site should begin their experience at the Visitor Center where they can explore the new exhibit “Spero Meliora: Life in the Land of Livingston.” In addition to learning about the Livingstons, the new exhibit and the mansion tour will explore the stories of the enslaved people, native communities, servants, and other underrepresented groups who lived and worked at Clermont.

Visitors may purchase tickets for mansion tours at the Visitor Center. Tickets cost \$7 for adults and \$6 for seniors and students. Children under 12 are free.

For more information on Clermont any of NYS parks sites, call (518) 474-0456 or visit parks.ny.gov.

Get Growing!

continued from page 10

flowers which we have on our tables every day, and we enter them in the fair.

- *Celosia Celway Terra Cotta* – Not deer proof (only the feather-type celosias are), but the color is unique.
- *Cuphea Sweet Talk Red* – This looks like a real winner, It was already blooming when we set it into the garden (you should cut the blossoms off when you plant it, but I hate to do that). Cuphea is a magnet for hummingbirds We had to swat them away as we were planting. Where can I buy some hummingbird repellent?

- *Gaura Belleza Pink* – Breeders have come up with new varieties of Gaura that are user friendly, and exquisite.
- *Salvia farinacea Victoria Blue* – This is an old stand-by. Deer hate it, the blossoms last until November, and it smells like cat piss, but who cares?

Last Sunday, June 4, five of us got down on our hands and knees to plant the garden, using trowels to slit a whole in the plastic mulch and insert the 1,000 transplants. I’m not allowed to participate, since I hurt my back doing it last year and had to get cortisone shots. So it was Sue, grandchildren Priya and Ambika and our friends Angie and Adriana. After each plant was inserted in its hole, a dollop of planting mix was put on top to hold it in place.

Five hours later, viola! A beautiful garden. Then we turned on sprinklers to water it in.



Planting the Big Garden this year with family and friends. *Photo by Mark Adams*

After about three weeks, I will apply a weed killer to the tiny weeds that come up between the rows.

It’s that easy. If you want to enter your own cut flowers in the fair, go to <https://www.dutchessfair.com/participate/exhibitors-competition>.

Mark Adams is an agricultural advisor to the Dutchess County Executive, Dutchess County B.O.C.E.S. and Cornell University.

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CO to host June 9 art show opening featuring work by Rhinebeck artist Thomas Cale

RHINEBECK – CO will host the opening of “Self Evident,” a collection of works by Rhinebeck artist Thomas Cale from 6 to 8 p.m. on Friday, June 9.

Cale said the exhibit consists of abstract works, which became his artistic focus after an artist’s retreat in late 2019.

“I have been painting for the better part of 20 years with a focus mainly on the human figure and portraiture,” he said. “After a short artist’s retreat in December of 2019, I was compelled to try a new approach to painting. With abstract art and neo-expressionism in the forefront of my mind, I began to paint with more energy and at a faster pace. Since then, I have returned to the studio with a new vision and even more drive to create.”

Cale said the work reflects a combination of current events and his personal experience.

“The majority of my current paintings are abstract in the sense that they are done very quickly with the hope of preserving some kind of random precision,” he explained. “Keeping the energy and the concept as major aspects of the work, I maintain the color and the composition in my peripheral. As these times have transformed me, my hope is that this work will become a valuable reflection of what is sure to be known as a highly unique and transformational period in human history.”

Cale was born in the steel town of Johnstown, Pa., also known as Flood City. The grit of coal and steel from his childhood shows up in his current abstract work. Dark charcoal lines, smudges, revealing reworks and paint-overs are mixed with quickly applied areas of color, dripping washes of paint and twisted exaggerated figures. The art reveals an honest perspective of modern-day human struggle and perseverance. Expressive lines and brushstrokes reflect the intensity of his approach and the pas-

sion of the characters represented.

Living and working in New York for more than 20 years, Cale continues to use human emotion and empathy as the basis of his raw, neo-expressionist style. Using this energy to focus on a broader human experience, his new work expresses images and ideas that seem to be created in a frantic and random way. Faces, words, and abstract shapes are scattered across the surface, symbolizing how the brain collects information and develops feeling before opinion. Cale said he shares his imagery in an effort to communicate on a deeper level with his audience.

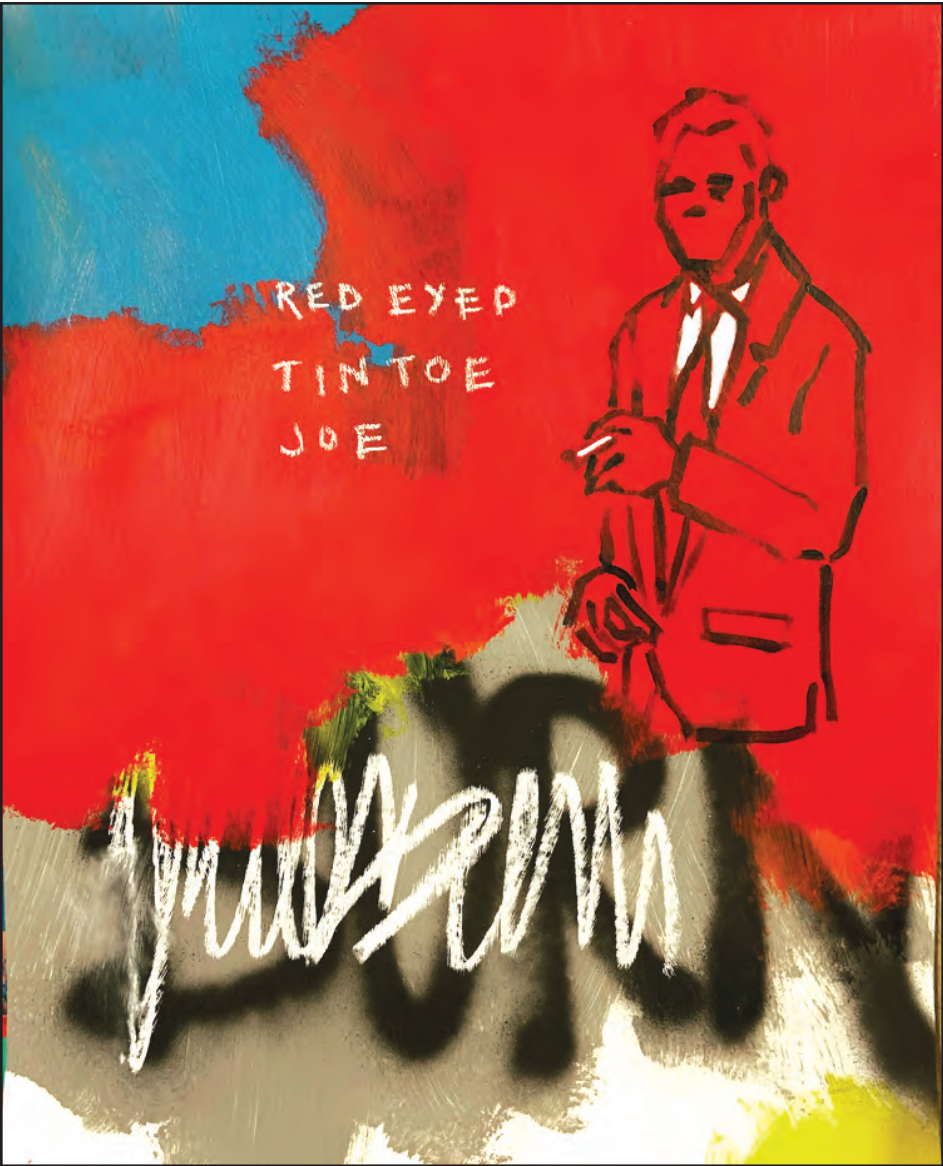
“We are thrilled to showcase Thomas Cale’s work here at CO,” said Community Manager Claudia Cooley. “His work adds a dynamic energy to our already unique space, and we hope people will turn out to see this exciting new exhibit.”

Thomas Cale’s “Self Evident” showing will be on display at CO through Friday, July 9.

While guests from the general public are welcome to attend the opening, CO is a members-only club and requires return visitors to purchase a CO365 membership of \$36.50 per year. This membership provides access to CO’s free community events series, which cover a variety of topics including yoga, the benefits of CBD, digital photography, wine tastings and more.

CO365 members are eligible to rent resident desk space and shared community-room coworking as well as the designated event space and round whiteboard-walled meeting rooms known as kivas. The CO365 membership also includes discounts at select local businesses. To become a CO365 member, email Claudia Cooley at Hello@coworkwith.co

For more information, contact CO Community Manager Claudia Cooley at hello@coworkwith.co.



“Tin Toe Joe” and “Speak My Language” are two of Thomas Cale’s abstract works that will be on display at CO in Rhinebeck from June 9 to July 9. The public is welcome to attend the opening event on June 9. *Images courtesy of the artist*



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ART EXHIBITIONS

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through June:** Featured in the Victorian Gallery at 9 Vassar St. are the works of Robert Goldwitz; and at 12 Vassar St. are Susan Angeles in the Hancock Gallery and the ArtEast Dutchess Group Exhibit in the Reception Gallery. cunneen-hackett.org or (845) 486-4571

Frances Lehman Loeb Art Center, Vassar College, 124 Raymond Ave., Poughkeepsie. **Through Sept. 3:** “Between the Lines: Innovation and Expression in Women’s Sewing Samplers,” a fresh new look at a medium traditionally dismissed as “women’s work” and relegated to the category of “female accomplishment.” The exhibition explores how women makers from across Europe and the Americas expressed creativity and individuality from within the confines of this formulaic medium. (845) 437-5632 or <https://www.vassar.edu/theloeb>.

LAND Gallery, 30 Charles Colman Blvd., Pawling. **Through June 25:** “Impressions,” photographs by Jane Haslam. (845) 490-2281 or www.landgalleryonline.com

Millbrook Library, 3 Friendly Lane, Millbrook. **Through July 30:** “I Dreamed A Garden,” works of 15 member artists of LongReach Arts, a Hudson Valley artist cooperative. **Opening reception:** Sat., June 10, 4-6 p.m. (845) 677-3611

Morton Memorial Library, 82 Kelly St., Rhinecliff. **Through June:** Silkscreen prints by Don Battershall. (845) 876-2903

Olana State Historic Site, Rte. 9G, Hudson. **Through Oct. 29:** “Terraforming: Olana’s Historic Photography Collection Unearthed,” an exhibition focusing on Olana’s remarkable trove of nearly 5,000 19th-century photographic prints, collected by the artist Frederic Church between 1850 and 1900. (518) 828-1872 or www.olana.org

Palmer Gallery, Vassar College, 124 Raymond Ave., Poughkeepsie. **Through Aug. 1:** “Vassar Views: The Art of Tarryl Gabel & Tatiana Rhinevault,” two local Hudson Valley artists celebrate Vassar’s unique architecture and landscapes. (845) 437-5370 or vassar.edu

Tivoli Artists Gallery, 60 Broadway, Tivoli. **Through July 2:** The Small Works Show, featuring the art of nearly 30 artists working in a variety of methods, media, and of expression. Size is the only limitation in this exhibit of works no larger than approximately 11 X 14 inches. (845) 757-2667

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Arts Mid-Hudson names executive director

Arts Mid-Hudson announced Melissa Dvozenja-Thomas has been named executive director of the nonprofit devoted to providing vision and leadership to support thriving and diverse arts in the Mid-Hudson Valley. Dvozenja-Thomas, a Hudson Valley native, has a passion for positivity in leadership. She comes to this position with a wealth of knowledge of the arts, nonprofit management, and the greater Hudson Valley.

"I am very excited about this announcement," Jonathan Cilley, 2023 Arts Mid-Hudson Board Chairperson said. "Melissa brings a strong commitment to the organization, our staff, our members, our funders, and our community as a whole. I have been consistently impressed with her ability to move the organization forward."

"I am so honored for this opportunity. The arts have greatly influenced the person I am today. I am grateful to have an opportunity to work for an organization that not only understands the importance of the arts in our community but lives by the energy the arts puts into the world." Dvozenja-Thomas said.

Dvozenja-Thomas originally joined Arts Mid-Hudson in April 2015 and previously was the Director of Development and Marketing. She holds a BA in Acting

for Theatre, a BA in Music Performance, a Masters in Public Administration, and a Masters Certificate from the International Institute of Event Management. Dvozenja-Thomas was a singer, dancer, actor, and photographer for 10 years following undergrad as well as the Managing Director at Allenberry Resort Inn & Playhouse in Pennsylvania. There, she coordinated volunteer programs, auditions, events, social media, and theatre representation among many other responsibilities.

Dvozenja-Thomas serves as a board member for Theatre Untitled, and the Greater Hudson Valley Chapter of the Association of Fundraising Professionals. She is also on the advisory board of The Dutchess Community College Academy of Music.

Arts Mid-Hudson is the pre-eminent nonprofit arts service organization serving the Mid-Hudson region and provides vision and leadership to support thriving and diverse arts in the region. Since 1964 its initiatives have engaged and promoted the arts benefiting regional artists, arts organizations, and communities.

?For more information about Arts Mid-Hudson and future art events, sign up for the monthly E-newsletter at www.artsmidhudson.org.

GOLDEN LIVING

MEDICARE FRAUD PREVENTION WEEK (June 5-11) (Part 2 of 2)

If you're reading this article, chances are you consider yourself reasonably well-versed in avoiding the most obvious ways of being victimized by scammers. You're careful about divulging personal information, you don't pick up the phone without screening calls, you ignore offers that are too good to be true.

And yet none of us can say our information is fully secure. That's because our information is also in the hands of countless businesses, financial and cultural institutions, as well as governments, all of which are regularly targeted by bad actors.

Maybe you've never used a computer or mobile device and have no intentions of ever doing so. You've never shopped or banked online, you've never used an ATM, and you still pay for goods and services with cash or check.

That doesn't guarantee your safety, although it does minimize your digital footprint somewhat.

Remember when your name, address and phone number was in the phone book? Or maybe you remember back to the first half of the 20th century, when it was common practice in small-town newspapers to list who was hospitalized each week. That was an early form of exposing your personally identifiable information (PII) to anybody who cared to look for it.

That same information, and a whole lot more about you, is now available all over the internet, and it's impossible to completely remove all of it. Your health care providers, your utility and phone companies, your financial institutions, your insurers including Medicare and Medicaid, current and former employers, various government agencies and more: they all store aspects of your PII. Scammers who target Medicare, Medicaid and other insurers aren't trying to steal money directly from you, but your PII is a key to the kingdom when it comes to scammers filing fraudulent claims. Let's protect your information to the greatest extent possible.

For those with an online existence, including most older adults, we're not recommending abandoning your online life; however, the Federal Privacy Council (www.fpc.gov) starts with three simple recommendations:

- Know the Tradeoff Between Privacy and Convenience. Make informed decisions about sharing your personal information with business or services. Asking yourself these questions can help: "Can you control your data while still using the service?", "Is the data requested even relevant for the application or service?", and "Is the service, application, or game worth the amount of personal information they want in return?"
- Adjust the Settings to Your Comfort Level. Take control of your digital identity by checking your privacy and security settings: www.staysafeonline.org, the National Cybersecurity Alliance, offers resources to manage your privacy settings. You don't have to do this for every account at once; start small and over time you'll make a habit of adjusting all your settings to your comfort.

- Protect Your Data. Data privacy and data security go hand-in-hand. Along with managing your privacy settings, follow some simple cybersecurity tips to keep it safe. Those are also available at staysafeonline.org.

AARP SMART DRIVER COURSE

The Dutchess County Office for the Aging is hosting an in-person AARP Smart Driver Course on Friday, June 23, 9 am - 4 pm, at the OFA Poughkeepsie Friendship Center, 114 Delafield St. in Poughkeepsie. It's open to all licensed drivers from Dutchess County over age 60. Lunch from OFA can be provided, or you can bring your own.

The AARP Smart Driver course is the nation's first refresher course specifically designed for older drivers. In many states, including New York, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way. One evaluation of the course found that 97% of participants changed at least one driving habit because of what they learned.

Advance registration for this class is required and can be made by calling OFA during business hours at 845-486-2555. Class capacity is limited by space.

There's a \$30 fee for the course, payable on the day of the course by check, money order or cash. The fee for AARP members is \$25.

The Smart Driver course can help you:

- Receive a multi-year discount on your auto insurance. Consult your insurance agent for details;
- Refresh your driving skills and your knowledge of the rules — and hazards — of the road; and
- Reduce your chances of receiving a traffic violation or getting into an accident.

OFA PICNIC SEASON VOLUNTEERING OPPORTUNITIES

OFA Senior Picnic season is underway! We have volunteering opportunities available at all Summer Picnics, which are held on most Wednesdays through August 30th. For volunteers under age 18, a signed parental waiver is required.

We'll need help on picnic days getting tables and chairs set up, guiding drivers to parking spaces, bringing food and drinks to senior guests, and more. For a picnic schedule, see www.dutchessny.gov/ofapicnics.

This coming week, we'll be at the second summer picnic, at Geering Park in Fishkill, on Wednesday, June 7th. Many thanks to Town of Fishkill Recreation for making the park available for this year's picnic, and for helping with picnic planning and logistics. Thanks also to our picnic season Platinum supporters: AccentCare, The Pines at Poughkeepsie and The Landing of Poughkeepsie.

For information on other OFA volunteering opportunities, visit www.dutchessny.gov/ofavolunteer or email bjones@dutchessny.gov.

OFA PICNICS FILLING UP

The always-popular OFA Summer Picnic season is once again a big hit, with several of the season's earlier picnics already at capacity.

If you've made your reservation for your community's picnic but it turns out you can't make it that day, please contact OFA at 845-486-2555, to cancel your reservation so that space can be freed up for another Dutchess County older adult.

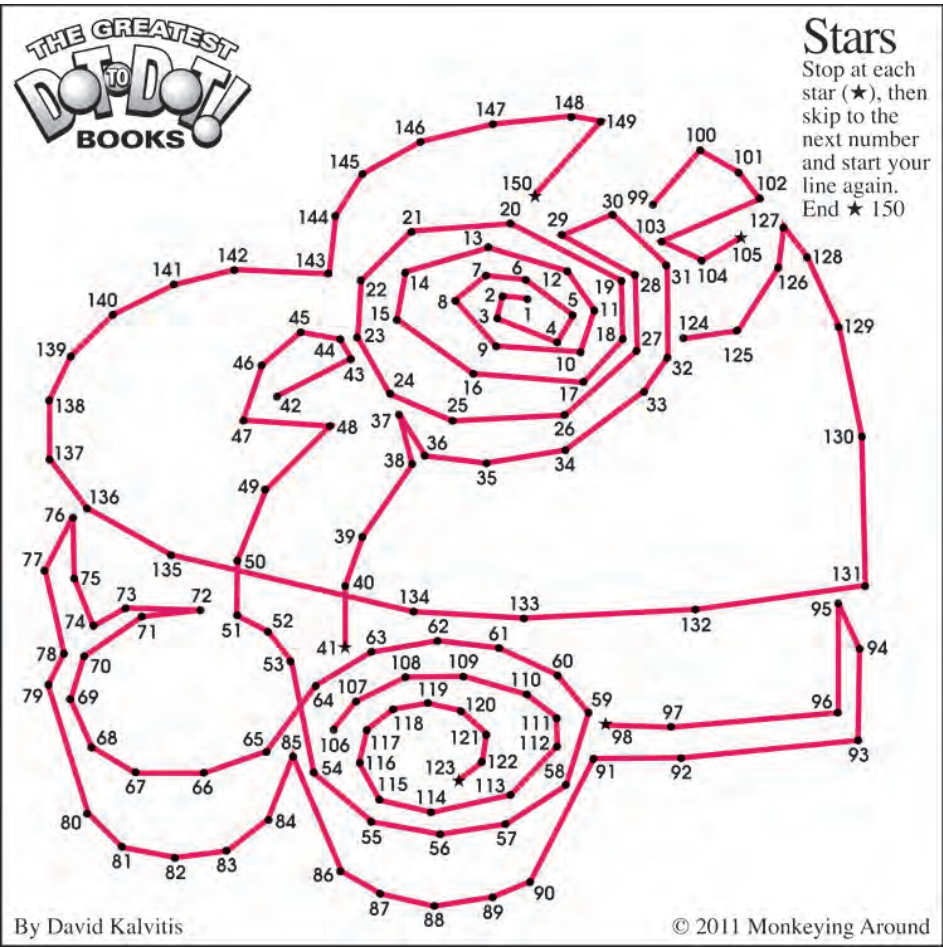
We mail picnic reminder cards to tens of thousands of older-adult households in the county, but you don't need to have received a card to be able to make a reservation for your community's picnic. You need only be a Dutchess County resident over age 60, and call us during business hours at 845-486-2555 to make your reservation.

The full picnic schedule is available at www.dutchessny.gov/OFApicnics.

Parking is at a premium for picnics, so we strongly recommend carpooling on your picnic day.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging

Answer to this week's Dot to Dot (puzzle on page 9)



Answers to this week's diversions (puzzles on page)

Suguru solution					
2	5	4	1	3	1
3	1	2	5	2	5
5	4	3	1	3	1
2	1	5	2	4	2
4	3	4	3	1	3
1	2	1	2	5	4

C	L	A	S	S	R	T	A	S	H	A	G
P	A	S	T	E	P	A	I	L	C	O	I
A	R	T	E	L	I	N	C	A	P	A	B
S	K	I	L	A	N	K	E	R	O	S	E
S	E	R	E	A	P	S	E				
G	A	L	O	R	E	A	L	O	E	L	A
A	R	A	L	O	D	I	S	T	A	L	L
F	L	Y	O	F	F	T	H	E	H	A	N
F	E	E	R	A	T	O	N	O	L	E	S
S	S	R	A	L	E	C	O	V	E	Y	S
G	N	A	R	P	A	P	A				
T	O	N	I	C	F	A	M	E	A	S	K
E	P	I	L	E	P	T	I	C	R	I	V
S	I	L	L	R	O	L	E	A	L	O	N
T	E	E	S	O	N	E	S	E	N	S	E

SUDOKU											
This week's answer											
1	4	7	9	8	3	6	5	2			
6	5	3	1	2	4	7	9	8			
2	9	8	7	6	5	3	1	4			
3	6	2	4	7	9	5	8	1			
4	1	9	3	5	8	2	6	7			
7	8	5	6	1	2	9	4	3			
9	7	6	2	4	1	8	3	5			
5	2	4	8	3	6	1	7	9			
8	3	1	5	9	7	4	2	6			

OBITUARIES

Kelton E. Beatty

PLEASANT VALLEY - Kelton E. Beatty, Pleasant Valley, NY, died May, 18, 2023 at Vassar Brothers Medical Center, on what would have been his Mother's 129th Birthday. He was 92. Kelly was born in Cossackie, New York, on August 19, 1930, to Arthur Beatty and Lillian Smith Beatty. He graduated from Greenville High School in 1949. Later that year, he followed his two older brothers into the U.S. Navy. After his service, he ended up in Poughkeepsie working for Bell Telephone. He retired from AT&T, as a Telephone Technician, in 1986. Kelly was a life member of the American Legion Post 291, Greenville, NY - this was his 70th year of membership. He was very physically active all of his life, and enjoyed many outdoor activities. On October 10, 1959, Kelton married Patricia J. Silvernail in Pleasant Valley, where they lived out their remaining years. Patricia predeceased him on November 19, 2021, after 62 years of marriage. Kelly leaves behind his daughter Nancy and her husband Robert Griffin, Highland, NY, and his son and caregiver, Matthew, Pleasant Valley, NY, as well as many nieces and nephews from all over the world, and his lifelong friend Gene Morrison of Maryville, TN. Nancy and Matthew would like to thank all the wonderful caregivers at Vassar Brothers Medical Center, Hudson Valley Hospice, and Lutheran Care Center for taking care of Kelly in his final days. Per Kelton's wishes, there will be no services. Should you wish to make a donation in honor of Kelly, please consider an American Legion post of your choice.

Elizabeth Drago



Elizabeth Drago, 43, of Clinton Corners, NY, passed away on Sunday, May 21, at the Mid-Hudson Regional Hospital in Poughkeepsie, NY, five weeks after suffering an intracranial hemorrhage. She and her husband, Neil W. Regan, Jr., formerly of Scranton, PA, would have celebrated their 17th anniversary this June. Born in Ephrata, PA, she was the daughter of Joseph Thomas and Nancy (Marlow) Drago of the Town of Clinton, New York. A 1997 graduate of The Millbrook School and a 2004 graduate of the Pratt Institute School of Art, Elizabeth worked in Food Photography – she loved food and she loved photography and she was happy to be able to combine those two passions in her work. Elizabeth lived every facet of her life with an abundance of grace and a lightness of spirit whether she was playing Soccer or Lacrosse for Millbrook School or on a photo shoot on 27th street in Manhattan or teaching her son Theo how to make pancakes or assemble dumplings. Her eyes and her smile could brighten the grungiest subways of New York City and made the gorgeous sunsets in Clinton Corners even more beautiful. And in a surreal twist, those big brown eyes will live on to help another human being regain their vision – her adventure continues! In addition to her husband and parents, she is survived by her 8- year old son, Theo Drago-Regan; a brother, Chris Drago and partner Eric Rewilak of Stanford, NY; Aunt “Fee” Frances Silvert of Pine Plains, NY; Aunt Linda DeYoung of West Falmouth MA, Aunt Anne and Uncle Warren Vose of Martha’s Vineyard, MA, Aunt Jeanne Dillon of Louisburg, NC, and Aunt Judy Marlow of Highlands Ranch, CO; sister-in-law Barbara

Chillemi, husband Ronald and their son Jack , (Ridgewood, NJ); brother in-law, Brendan Regan and wife Sarah, Jermyn, PA. She was preceded in death by her maternal grandparents, Grace (Douglass) and Alfred S. Marlow, Jr. and paternal grandparents, Samuel and Angelina (Monaco) Drago. In accordance with her wishes, Elizabeth entered the organ donor program making valuable contributions through the amazing folks at LiveOn New York. A private service will be held at the Pleasant Plains Presbyterian Church near their home in The Town of Clinton. A public gathering in celebration of her life will be held on August 26th (her birthday) and details will be available in a few weeks, Arrangements, Neil W. Regan Funeral Home, Inc., Scranton, Pennsylvania. The family would like to thank the staff of Mid Hudson Regional Medical Center for the care of Elizabeth and their farewell salute to her as an organ donor. The procession is something the family will always cherish. In lieu of flowers, Memorial contributions may be made to: Michelle Obama’s Girls Opportunity Alliance Fund (<https://www.gofundme.com/c/girlsopportunityalliance>) and Hudson Valley Hospice who provided memorable and comforting care to us all as we said goodbye to dear Elizabeth.

William R. Gillen

FORMERLY OF HYDE PARK - William R. Gillen, 81, of Fort Wayne, IN, formerly of Hyde Park, NY passed away unexpectedly Friday December 23, 2022. He was born March 26, 1941 to William and Catherine Rita (Ruth) Gillen. He attended Catholic schools in the NYC diocese and attended St. John's University. On 4/24/65 he married Judith C .Fletcher at St. Tersea of Avila Church in Brooklyn, NY. She predeceased him on 12/21/2000. Bill was a purchasing manager for many years, retiring from Superior Essex Corporation in 2009. He enjoyed spending time with family, reading and playing golf on the Nintendo Wii. He is survived by his children, Kathleen (Kevin) Jones, Hyde Park, NY, Erin Baker, Ft Wayne and William Gillen, Ft. Wayne, brother-in-law Robert Fletcher WI, sisters-in- law Maureen Fletcher, WI and Bonnie Fletcher, VA. He is also survived by several nieces, nephews and cousins. William was predeceased by his parents, siblings John, Michael and Catherine, daughter Maureen Gillen and brothers-in-law James, Kenneth and Eugene Fletcher. Cremation has taken place. Memorial donations may be made to Special Olympics. The family held a celebration of life on June 3, at Darby O’Gills, 3969 Albany Post Road Hyde Park, NY 12538.

Elaine C. Heady



Elaine C. Heady, 80, a longtime Town of Poughkeepsie resident, died on May 30, 2023, at Vassar Brothers Medical Center. Born February 22, 1943, in Tivoli, she was the daughter of Edward and Edna E. Miller Schmitt. She was a graduate of Tivoli High School and the former Krissler Business Institute in Poughkeepsie. Most recently, Elaine was the Office Manager for the Hyde Park Chamber of Commerce, retiring in 2020. (Since then, she has helped the chamber on a volunteer basis with some of their more successful fundraising events, in no small part thanks to her.) Before the chamber, she worked for the former Herman’s Nursery in

Poughkeepsie and the former Lloyd’s Fabric Store in Hyde Park. In her spare time, Elaine enjoyed the knitting groups that she worked with making prayer shawls and caps for babies in the hospital, and other things for people in need. On July 24, 1966, in St. Paul’s Episcopal Church, Tivoli, she married Peter J. Heady Jr. Her husband predeceased her on April 14, 2009. Survivors include her two daughters, Lisa Marie Wortman of Florida, Lynn M. Enkler of Hyde Park; four grandchildren, Valerie and Jeremy Wortman, and Mason and Alexandra Enkler; and great grandson, John T. Heady Jr. She is also survived by two sisters-in-law, and their families. In addition to her husband and parents, she was predeceased by her grandson, John T. Heady. In keeping with her wishes, cremation has taken place. Memorial calling hours were held Saturday, June 3rd at Sweet’s Funeral Home, Rte. 9, Hyde Park. Funeral services were at the Funeral Home. Rev. Gregg Gabor officiated. Burial of her ashes followed in Union Cemetery, Rte. 9G, Hyde Park. In memory of Elaine, donations may be made to the United Methodist Church of Hyde Park, 1 Church Street, Hyde Park, NY 12538 (www.umchp.com), or the Adat Chaim Messianic Synagogue, 71 Old Kings Hwy., Lake Katrine, NY 12449. (www.adatchaim.net) To send an online condolence, please visit Elaine’s obituary page at www.sweetsfuneralhome.com.

Gloria Lysenko

HYDE PARK - Gloria Lysenko, 89, a longtime resident of Hyde Park, died peacefully at home on Monday, May 29, 2023, with her family by her side. Born August 25, 1933, in Staten Island, she was the daughter of Nels and Hanne Aanonsen Nelsen. Before getting married, moving to Hyde Park, and raising a family, Gloria worked as a Facilitator at the Federal Reserve Bank in New York City for seven years. Mrs. Lysenko was a member of St. Timothy Lutheran Church in Hyde Park, where she sang in the choir. Her hobbies included gardening, baking, reading, crocheting, and knitting. She also enjoyed spending time with all her beloved cats over the years, and watching figure skating and her NY Yankees (having attended games in both the “old” and “new” stadiums). On October 11, 1958, in Staten Island, she married Wasyl “Bill” Lysenko. Mr. Lysenko predeceased her in 2000. Survivors include her son, Dean Lysenko, and wife, Patty, of Hyde Park; daughter, Donna Rider, of Hyde Park and her partner, Ed Flanagan, of Sharon, Conn.; two grandsons, D. J. Lysenko and wife, Rebecca, of Poughkeepsie, and Billy Lysenko of Hyde Park, and his partner, Emily Pina of the Bronx; step-granddaughter, Sammie Hover, and step-great granddaughter, Amyah Mima, both of Hyde Park; and several nieces and nephews and their families. In addition to her husband and parents, she was predeceased by three sisters, Harriet, Agnes, and Mabel; two brothers, Henry and Norman; three nephews;

and many dear friends. Calling hours were held on Sunday, June 4, at Sweet’s Funeral Home, Rte. 9, Hyde Park. Funeral services were held on Monday, June 5, at the Funeral Home with Pastor Wayne Olson. Burial followed in the family plot at Union Cemetery, Rte. 9G, Hyde Park. The Lysenko family would like to thank Hudson Valley Hospice for their loving and compassionate care. Her daughter, as primary caregiver, would like to personally thank mom’s amazing Hospice care team for all their help and support. In lieu of flowers, Gloria’s family respectfully requests memorial donations to the Hudson Valley Hospice Foundation, 80 Washington Street, Suite 204, Poughkeepsie, NY 12601 (www.hvhospice.org), or St. Timothy Lutheran Church, 1348 NY Rte. 9G, Hyde Park, NY 12538 (www.sttimothyhp.org). To send an online condolence , please visit Gloria’s obituary page at www.sweetsfuneralhome.com.

Guy A. Russell Jr.

RHINEBECK - Guy A. Russell Jr., 82, a longtime resident of Rhinebeck, passed away on May 28, 2023 at the Golden Hill Nursing Home, surrounded by his loving family. Born on September 24, 1940 in Springfield, VT, he was the son of the late Guy and Leola (Fieldler) Russell Sr. On September 1, 1961 in Wallingford, VT at the First Baptist Church, he married the love of his life Virginia Stork. Mrs. Russell survives at home. Guy and Virginia moved to the Rhinebeck area and in 1976 started Russell Farms, now run by his daughter Patricia Marks, who cared for him and Virgina in his final years. A member of the Clinton Alliance Church, he was their former music director. His love for music was present throughout his life. He formed his first band in the 1960’s and played well until the 2000’s, the last being Guy Russell and the Rambling Fever Band acting as the lead guitarist and vocalist. He also enjoyed partic ipating in Tractor Pulls with his grandson Philip throughout the area. In addition to his wife, Guy is survived by his children Patricia (Philip) Marks and Edward (Gayle) Russell Sr.; his grandchildren Philip (Allissan) Marks, Edward Russell Jr., and Joan (Bo) Wilson; his great grandchildren Ella Rue, Ethan, CJ, Tanner, and Chloe; a brother Gerald; and several nieces, nephews and friends. He was predeceased by his brother Gordon and a sister-in-law Linda Russell. There are no calling hours. Services are private and at the convenience of the family. The family would like to extend thanks to the nurses and staff at the Thompson House and the Golden Hill Nursing Homes for the care they provided to Guy. Memorial donations in honor of Guy Russell Jr., can be made to the Alzheimer’s Association, www.alz.org/hudsonvalley or to St. Jude’s Childrens Hospital, www.stjude.org . Arrangements under the direction of the Dapson-Chestney Funeral Home, Rhinebeck, NY 12572. To send an online condolence, visit www.dapsonchestney.com



Why should I get vaccinated?

Protecting yourself also helps protect the people around you.

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Legal Notices EXTENSION TO DECLARATION OF LOCAL EMERGENCY ORDERS DECLARED BY D U T C H E S S COUNTY EXECUTIVE: Please take notice that on May 29, 2023 at 12:00 am., pursuant to Article 2B of the New York State Executive Law, Article III of the Dutchess County Charter and Administrative Code Section 3.05, Acting Dutchess County Executive William F. X. O'Neil extended Local Emergency Order #1 and Local Emergency Order #2 in furtherance of Executive Order No. 5 of 2023, dated May 18, 2023. The text of the declaration of state of emergency and local emergency orders is available at www.dutchessny.gov NOTICE OF ADOPTION NOTICE IS HEREBY GIVEN that the County Legislature of the County of Dutchess at a meeting held on May 8, 2023, adopted a local law entitled: LOCAL LAW NO. 4 OF 2023, A LOCAL LAW TO PROVIDE FOR AN INCREASE OF THE PROPERTY TAX EXEMPTION FOR PERSONS WITH DISABILITIES AND LIMITED INCOMES The intent of this law is to grant a partial exemption from taxation to the extent of 50% of the assessed valuation of real property which is owned by certain persons with disabilities who have limited incomes meeting the requirements set forth in § 459-c of the Real Property Tax Law of the State of New York. The Persons with Disabilities and Limited Incomes Exemption was first enacted in 2012 to provide real property tax relief to Dutchess County residents who have a disability and have limited income. Dutchess County has been restricted by State Law from increasing this exemption since 2016 however authority was recently given to offer an increase. Now, Dutchess is raising the exemption to keep pace with inflation to offer residents the same value in this exemption that they previously received. A copy of the local law is available at the Office of the Clerk of the Legislature where it may be inspected during regular office hours. LEIGH WAGER Clerk Dutchess County Legislature Dated: June 1, 2023 NOTICE OF ADOPTION NOTICE IS HEREBY GIVEN that the County Legislature of the County of Dutchess at a meeting held on May 8, 2023, adopted a local law entitled: LOCAL LAW NO. 3 OF 2023, A LOCAL LAW TO PROVIDE FOR AN INCREASE OF THE PROPERTY TAX EXEMPTION FOR SENIOR CITIZENS The intent of this law is to grant a partial exemption from taxation to the extent of 50% of the assessed valuation of real property which is owned by certain persons with limited income who are 65 years of age or over meeting the requirements set forth in § 467 of the Real Property Tax Law of the State of New York. The Senior Citizen's Real Property Tax Exemption was first enacted in 1966 to provide real property tax relief to Dutchess County residents over the age of 65 with limited income. Dutchess County has been restricted by State Law from increasing this exemption since 2005 however authority was recently given to offer an increase. Now, Dutchess is raising the exemption to keep pace with inflation to offer residents the same value in this exemption that they previously received. A copy of the local law is available at the Office of the Clerk of the Legislature where it may be inspected during regular office hours. LEIGH WAGER Clerk Dutchess County Legislature Dated: June 1, 2023 REQUEST FOR BIDS NOTICE The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed bids for: Bid #RFB-DCP-15-23 Toner and Ink Cartridges Bids will be received until 2:00 p.m. on the 20th day of June 2023 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601. Specifications and bid forms may be obtained by visiting our website http://www.dutchessny.gov selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613. 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The following positions are up for election: * Town Supervisor * Town Board Member * Town Board Member * Town Clerk * Highway Superintendent * Town Justice	Legal Notices Dutchess at a meeting held on May 8, 2023, adopted a local law entitled: LOCAL LAW NO. 4 OF 2023, A LOCAL LAW TO PROVIDE FOR AN INCREASE OF THE PROPERTY TAX EXEMPTION FOR PERSONS WITH DISABILITIES AND LIMITED INCOMES The intent of this law is to grant a partial exemption from taxation to the extent of 50% of the assessed valuation of real property which is owned by certain persons with disabilities who have limited incomes meeting the requirements set forth in § 459-c of the Real Property Tax Law of the State of New York. The Persons with Disabilities and Limited Incomes Exemption was first enacted in 2012 to provide real property tax relief to Dutchess County residents who have a disability and have limited income. 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The deadline for Legals is every Friday @ 12 noon for a Wednesday Publication* *When a public holiday falls on a Monday the deadline becomes Thursday at noon.	



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ONGOING PROGRAMS
Chess Club
Thursday, June 8, 6-8 p.m.
Thursday, June 22, 6-8 p.m.

Face & Lymphatic Yoga with Rosalia Henry
Monday, June 12, 6:30-7:30 p.m.

Flash Fiction Writing Group
Monday, June 12, 6:30-7:45 p.m.

Pleasant Valley Climate Smart Documentary Movie: "My Octopus Teacher"
Tuesday, June 13, 6-8 p.m.

Senior Movie Morning: "Casablanca"
Wednesday, June 14, 11:30 a.m.-1:30 p.m.

Family Movie Matinee: "Lightyear"
(2022, rated PG)
Saturday, June 17, noon-4 p.m.

Chair Yoga with Samantha Free
Tuesday, June 20, 1-2 p.m.

Meditation with hypnotherapist Susan Olin-Dabrowski
Afternoon Meditation - Tuesday, June 27, 1:30-2:30 p.m.
Evening Meditation - Tuesday, June 27, 6:30-7:45 p.m.

All-level Gentle Flow Yoga with Samantha Free
Wednesday, June 28, 6-7 p.m.

SPECIAL PROGRAMS
"Youth For Life" in Zimbabwe
Thursday, June 8, 6-7 p.m.

Join us to welcome Simbarashe Chipanda of Youth for Life Zimbabwe Trust, a youth-led organization that works with and for the young people of Zimbabwe. He'll talk about their work that champions youth leadership participation, gender equality, and the health and rights of the youthful population of this beautiful country in Southern Africa.

What's The Buzz? Creating Pollinator-Friendly Communities
Tuesday, June 20, 6-8 p.m.
Join us along with Pleasant Valley Climate Smart to welcome Janice Novet and Gwen Davis, Cornell Cooperative Extension Master Gardeners, for this timely gardening program. Learn how to start managing your landscape with pollinating insects in mind, join your neighbors in starting pollinator gardens, and explore how to create "pathways" of habitat connectivity and biodiversity in the region. Climate Smart will also give away pollinator plants at the end of the presentation.

CHILDREN'S PROGRAMS
Summer Reading Kickoff Party with Two By Two Animal Haven!
Thursday, June 22, 4-6 p.m.
Celebrate the start of Summer Reading with us! Kids, teens, and their families are invited to come and sign up for the Summer Reading Program as well as all of our events, programs, and classes taking place this summer! Plus, Two By Two Animal Haven will join us with an assortment of cute animals to pet and enjoy! We have reading programs for ages 3 and up. Why not win prizes for all of the books you'll be reading this summer?

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EVERYONE
Saturday, June 10th, 12-1:30pm -
Paper Lotus Lantern Making Workshop

with the Korean Spirit and Culture Promotion Project

Sunday, June 11th, 2-5pm -
Rhinebeck-Red Hook's First Annual Pride Party at the Episcopal Church of the Messiah

All Saturdays in June, 1-3pm - Teen Tech Support

TEENS & ADULTS
Wednesday, June 7th, 6-7:30pm -
Cookbook Club is back! Foodie Memoirs: Ruth Reichl's Tender at the Bone

Friday, June 9th, 6:30-7:30pm - A Celebration of Inner and Outer Landscapes with Hudson Valley Authors Elaine Colandrea and Erik Kiviat

Tuesday, June 13th, 1:15-2:15pm - All Abilities Story & Craft Program with the Anderson Center

Tuesday, June 13th, 6-8:30pm -
Memoir Writing Workshop

Wednesdays through June 14th, 10:30am-11:30am - Tai Chi for Health and Healing with MVP Health continues!

Wednesday, June 14th, 6:30-7:30pm -
Avoiding Scams and Fraud: Planet Seniors Live with Rita Vanacore of Radio Kingston

Thursday, June 15th, 10:30am-11:15am - Good Vibrations: In-Person Sound Meditation with Anna Kaselis

Tuesday, June 20th, 11:30-12:30pm -
Beginner's Knitting Club with Katy and Debbie

Wednesday, June 21st, 10:30-11:30am -
Summer Solstice Quena Workshop with Bob Burroughs

Wednesday, June 28th, 6-7pm - Lucky Red with Debut Author Claudia Cravens and Oblong Bookseller Nicole Brinkley

Plus: Chair Yoga every Friday at 10:15am, and a whole host of clubs and games including Scrabble, Mahjong, and Brain Games. Virtual play reading and meditation, too!

YOUTH & FAMILY
Every Monday at 10:30am-11:30am -
Connect & Play at Starr Library with Early Childhood Educator Jane Korn

Every Tuesday morning! First session: 10:15am-11am. Second session: 11:15am-11:45am. Back-to-back story times with Robbie!

Every Tuesday at 4pm - Super Lego Hour

Thursdays, June 8th & 22nd. First session: 10:15am-10:45am. Second session: 11am-11:30am. Back-to-back Music & Movement with Terry Watson

June 17th-19th - StoryWalk® at the Beatrix Farrand Garden with Staatsburg Library - If You Plant A Seed by Kadir Nelson

Tuesday, June 20th, 11:30am-12:30pm -
Story time and Scavenger Hunt at the Beatrix Farrand Garden: A Garden of Colors with Staatsburg's Children's Librarian Lisa Prentiss

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COLLEGE NOTES

DELHI, NY -- Courtney Woodard of Hyde Park was among top-performing SUNY Delhi students inducted into the Phi Eta Sigma honor society in a recognition ceremony on campus this April. Phi Eta Sigma is the third oldest university honor society in the US. Its mission is to award students for achieving high scholastic performance during their first year in the baccalaureate programs. SUNY Delhi students must achieve a cumulative GPA 3.50 and maintain full-time enrollment in a four-year program to be invited into the society.

ELMIRA, NY -- Elmira College released its Dean's List for Academic Achievement for the Winter 2023 Term. Local students on the list include Taylor Albrecht of Pleasant Valley, Emma Clegg of Clinton Corners, and Alexander Gross of Hyde Park.

The Dean's List recognizes full-time undergraduate students who were registered for at least 12 computable credit hours and who earned a term grade point average of 3.6 or higher.

ELMIRA, NY -- The Center for Mark

Twain Studies (CMTS) announced this year's winners of the "Portraying Mark Twain" art competition.

In its seventh year, the annual competition is open to all Elmira College (EC) students, regardless of academic major. Four final images were selected from 54 submissions that included representations of Mark Twain, his literature, or aspects of his life in Elmira and at Quarry Farm.

This year's first-place winner is Marissa Fuller '23, a Nursing major from Pleasant Valley.

Three honorable mentions went to:

Dakota Weatherly '23, Psychology major;

Sienna Fell '25, Nursing major;
Gabby Caporossi '24, Speech and Hearing major.

Visit <https://portrayingmarktwain.weebly.com/2023-entries.html> to see all of the EC student submissions including the winning pieces.

MANCHESTER, NH -- It is with great pleasure that Southern New

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COLLEGE NOTES

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Hampshire University (SNHU) congratulates the following students on being named to the Winter 2023 President's List. The winter terms run from January to May.

The list includes Charissa Poston of Hyde Park, Elyse Graffia of Red Hook, and Kaitlynn Turner of Pleasant Valley.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

POTSDAM, NY -- The State University of New York at Potsdam recognized the Class of 2023 during the College's 203rd Commencement Ceremony on Saturday, May 20. During Commencement, SUNY Potsdam honored students who have either earned their degree or are eligible to graduate during that calendar year.

Local graduates include:
Karina Antonio of Millbrook, who graduated with distinction with a Master of Science in Education degree in Literacy;

Ryan King of Millbrook, who graduated with distinction with a Master of Science in Teaching degree in Middle/Secondary Mathematics Education;

Chadwick McLaughlin of Millbrook, who graduated with a Bachelor of Arts degree in Speech Communication;

Amelia McNamara of Staatsburg, who graduated summa cum laude with a Bachelor of Music degree in Music Education and Music Performance;

Samala Rubin of Red Hook, who grad-

uated summa cum laude with a Bachelor of Music degree in Music Education;

Hali Wack of Millbrook, who graduated summa cum laude with a Bachelor of Music degree in Music Education.

WESTON, MA -- Olivia Cruci of Hyde Park graduated with a MS in Nursing - Psychiatric/Mental Health Nurse Practitioner from Regis College during the May 6, 2023 commencement exercises. Cruci was among more than 1,300 students who received degrees ranging from associate to doctoral levels.

Members of the Class of 2023 celebrated their accomplishments with an inspirational commencement ceremony at the Leader Bank Pavilion in Boston featuring WHDH's 7NEWS Today in New England anchor Amaka Ubaka, who delivered the commencement address and received an honorary degree. Philanthropists Bill and Joyce Cummings also received honorary degrees.

CEDARVILLE, OH -- The following students were named to the Spring 2023 Dean's List at Cedarville University. The list includes Connor Cavey of Pine Plains and Jonathan Wolfe of Millerton.

Students receive this recognition for obtaining a 3.5 GPA or higher for the semester and carrying a minimum of 12 credit hours.

CEDARVILLE, OH -- Hannah Malafy from Red Hook, majoring in Nursing, was named to the spring 2023 Dean's Honor List at Cedarville University.

This recognition requires the student to obtain a 3.75 GPA or higher for the semester and carry a minimum of 12 credit hours.

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