

# DUTCHESS NEWS & Creative Living

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## Fair favorite Hilby loves vaudeville style



Hilby, the Skinny German Juggle Boy juggles tennis balls while performing at the Dutchess County Fair. He'll be back at the Fair this year with three shows daily. Photo by Curtis Schmidt

By Curtis Schmidt

He has been one of the most popular performers at the Dutchess County Fair for over 20 years. He even has his own performing stage near the main gate.

Hilby, the Skinny German Juggle Boy dazzles audiences with his incredible juggling talents and amusing and funny jokes – many of which are of the impromptu nature.

And yes, Hilby will be back at the 178th DC Fair with three shows daily at 2, 4 and 6:30 p.m.

Performing at theaters, colleges, cruise ships, and fairgrounds, from Canada to Australia, Hilby brings his highly professional and excruciatingly funny show to delight young and old alike.

One cannot help but be charmed by his impeccable timing and extreme circus skills. You can find Hilby on top of unicycles of all shapes and sizes and juggling objects ranging from bowling balls to hedge trimmers. It's a powerful and spellbinding collage of superb technical skill and wacky comedy in the tradition of vaudeville. If you have

**INSIDE:**  
Our 'go to' guide for the Dutchess County Fair

seen him before, you know he is not to be missed. He is one of the most sought after performers at venues around the world.

But which venues are his favorites?

"I love county fairs – they are the last real outlets for vaudeville acts," Hilby said in a recent interview while traveling the New York county fair circuit.

Everyone loves Hilby, but how much do you really know about him? Here are some interesting facts.

- He met his wife, Sarah, on a blind date while performing at the 2006 Dutchess County Fair.
- He performs at eight county fairs in the Northeast during July and August – approximately 70 days.
- He avoids only two items in his comedy routine – politics and body shapes.
- He practices every day and always listens to himself.
- He hates juggling odd items like bowling balls and hedge trimmers – but audiences love it.

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The newest addition to the Century Museum Village at the Fair is the Firefighting Museum of Dutchess County. From left are, Woody Dierze, Kyle Pottenburgh and Dewitt Sagendorph of the museum's Board of Directors. Photo by Curtis Schmidt

## Firefighting Museum to debut at 178th Fair

By Curtis Schmidt

Have you ever seen a fire hose cart that was pulled by men to a fire? Have you ever seen a horse-drawn fire engine? How about a rubber turn-out coat or a leather helmet or leather hose?

These items were all once a staple of many local fire companies, but very few exist today. Those that do are rare pieces of the history of firefighting here in Dutchess County.

Your opportunity to see and learn about many of these historical artifacts will be at this year's Dutchess County Fair set Aug. 20-25. The Firefighting Museum of Dutchess County is the newest addition to the Century Museum Village that already includes the main Antique Museum Building with a variety

of displays, plus the Working Blacksmith Shop & Gas Powered Engine Show, Bentley One-Room Schoolhouse, Pleasant Valley Historic Train Station, Judging Pavilion from Washington Hollow and the Working Sugar House and Cider Mill.

"This is our beginning. We're thrilled to share and celebrate the history of where and how fire service started in Dutchess County," said Dewitt Sagendorph, member-at-large of the Museum's Board of Directors.

The Firefighter's Museum is designed to resemble a historic firehouse - circa 1900 - where both permanent and rotating exhibits will be kept. Some of the iconic items on display will include the following:

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## Village of Rhinebeck awarded \$1.6M grant for Safe Routes to School project

By Kate Goldsmith

The Village of Rhinebeck has received a grant for \$1.6 million for its Safe Routes to School project, Mayor Gary Bassett announced on Aug. 5. The grant was awarded through New York State's Transportation Alternatives Program (TAP), which funds projects that promote alternative, environmentally friendly

modes of travel, such as walking, biking or riding mass transit.

Speaking of the Safe Routes to School project earlier this year, Mayor Bassett noted the total cost of the project was \$2 million. The Village will contribute the remaining \$400,000. The \$2 million will fund design and construction of a contiguous sidewalk network through the center of the village to make it safer for

students to walk or bike to school, Bassett said.

"As well as assisting students, the newly constructed sidewalks would encourage pedestrian circulation throughout the village as they would connect our central business district, sports fields, and parks," the mayor said in his January 2024 newsletter to residents. "Given that

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# ThinkDIFFERENTLY Thursday at the Dutchess County Fair returns on Aug. 22

Dutchess County Executive Sue Serino and Dutchess County Fairgrounds President Andy Imperati invite individuals and families with developmental disabilities to “ThinkDIFFERENTLY Thursday” at the Dutchess County Fair on Aug. 22. Individuals with developmental disabilities and families can enjoy the Dutchess County Fair ahead of the crowds with a special early gate opening at 9 a.m. and sensory-sensitive hours on the carnival midway from 9:30 a.m. to noon. There will also be inclusive events offered throughout the week-long fair schedule.

Serino said, “The Dutchess County Fair is a community favorite event year after year, and one that we look forward to all year long. With sensory-sensitive ride midway and an earlier opening time, our ‘ThinkDIFFERENTLY’ partnership with the Agriculture Society is a true testament to Dutchess County’s commitment to ensuring an enjoyable experience at the Fair for people of all abilities. As we expand our inclusion efforts with ThinkAccessible, I cannot thank the Ag Society enough for their work to make the Fair entrance easier for those with disabilities with the addition of a new accessible entrance gate. We are excited to see everyone at the Fair!”

New this year, the Dutchess County Agricultural Society has added an accessible entrance at Gate 2, near Livestock Hill, which features less of an incline, wider lanes, wheelchair countertops, handrails and a small gathering area inside the gate.

On ThinkDIFFERENTLY Thursday, individuals with developmental disabilities and their families can enter the Fair an hour before the official 10 a.m. start time. The animal barns on Livestock Hill and the Cornell Cooperative Extension Dutchess County 4-H Exhibit Hall will be open to enjoy ahead of the crowds. Though not every attraction and exhibit will open at 9 a.m., the soft opening provides families a chance to ease into their day at the fair with a quiet start.

The Powers Great American Midway area will open with limited rides, at 9:30 a.m. and will be sensory-sensitive until noon. Flashing lights, music and other sounds and noises will be turned off throughout the morning, giving guests the opportunity to enjoy rides without the distractions that lights and sounds can cause. The early midway opening means shorter wait times for rides, making it easier for those who need extra time or have difficulties with crowds.

Other scheduled happenings on ThinkDIFFERENTLY Thursday include: 9 a.m. ThinkDIFFERENTLY & 4-H’s Flourishing Farmers Showcase at 4-H

## Livestock Showring

9 a.m. AgriVenture – Where does your food come from? Interactive, educational exhibit featuring Milk Dutchess the Cow, digging up vegetables and a Scavenger Hunt.

10 a.m. The National Anthem performed by members of the Down Syndrome Association of the Hudson Valley broadcasted over Fairgrounds’ loudspeakers

Noon ThinkDIFFERENTLY & Hidden Hollow Farms All Abilities English Horse Showcase at the Horse Show Arena.

All week long, fair goers are encouraged to check out ThinkDIFFERENTLY exhibits and projects submitted by individuals of all ages with disabilities including:

- GrowDIFFERENTLY – a recycled garden art exhibit in the Horticulture building.

- RockDIFFERENTLY – garden rock art projects on display in the Hobbies & Crafts Building E

ThinkDIFFERENTLY staff and ambassadors will also host a sensory-friendly quiet space throughout Fair week for those who may need a quiet space to get away and regroup. This space, located on Livestock Hill in the Cornell Cooperative Extension tent, will be open daily from 10 a.m. to 6 p.m.

Visitors needing sensory assistance can visit the Fair information booth, across from the Fair souvenir booth, or visit the ThinkDIFFERENTLY/4-H tent on Livestock Hill.

Dutchess County Agricultural Society President Andy Imperati said, “ThinkDIFFERENTLY Thursday has become an important tradition during Fair week that so many look forward to. We are thrilled to continue to expand our ThinkDIFFERENTLY partnership each year – this year we have great new exhibits and the new accessibility gate as part of our ongoing commitment to making the Fair a welcoming and enjoyable experience for everyone.”

The Dutchess County Fair runs Tuesday, Aug. 20 through Sunday, Aug. 25, opening at 10 a.m. each day; children 11 and under are admitted free. Tickets can be purchased online at [dutchessfair.com](http://dutchessfair.com), with discounts available through Aug. 19. On Thursday, Aug. 22, families coming to enjoy “ThinkDIFFERENTLY Thursday” must enter the Fair at the main ticket gate, at the Welcome Center, conveniently located near accessible parking.

For more information and a full schedule of the Dutchess County Fair’s events, see [dutchessfair.com/the-fair](http://dutchessfair.com/the-fair).

# Register to volunteer at HV Hot-Air Balloon Festival

Volunteers are needed for the 33rd Annual JPMorgan Chase Hudson Valley Hot-Air Balloon Festival. Aug. 30-Sept. 1 at Tymor Park in Union Vale.

Examples of volunteer duties are:

- Run a Game: Help manage and oversee one of the fun festival games in the Children’s Zone and Family Activities area.

- Drive a Golf Cart: Assist with transporting guests and supplies around the festival grounds.

- Tend to the Bar: Serve drinks and manage the bar area.

- Park Cars: Direct attendees to parking spots and help manage the flow of traffic.

- Balloon Crew: Help pilots with their balloons.

- Runners: Help to deliver the logistics of the festival.

- Help set-up/clean-up

Register at <https://www.dccoc.org/balloonfestinvolved>

# Village of Rhinebeck awarded \$1.6M grant for Safe Routes to School project

continued from cover



This image indicates where the Safe Routes to School project will be constructed in the Village of Rhinebeck. *Courtesy image*

Rhinebeck is a small village with a limited budget, incremental improvements have been made over the years, but only a TAP grant can provide the necessary funding to accomplish these goals in a timely and efficient fashion.”

TAP focuses on transportation-related projects which provide infrastructure to improve sidewalks, pedestrian and bicycle safety, enhancements in access to public transportation, safe routes to schools for students and their parents, and the creation of trailway networks.

In his Aug. 5 newsletter, Bassett said the grant approval “kicks off a long process.”

“This fall, we expect to hear about the next steps from our regional NYSDOT

[New York State Department of Transportation],” he said. “Our successful application was guided by GPI engineering, without us incurring any upfront costs. The firm will start the design and engineering work in early 2025.”

The plan, Bassett said, is to create a sidewalk network from Chancellor Livingston School along Knollwood and up South Parsonage to South Street.

“It will mean students can use the sidewalks when walking to Chancellor Livingston Elementary School, Bulkeley Middle School, and Rhinebeck High School,” he said. “It would also enhance the safety and walkability for all of us in the Village as well.”



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# Rabid beaver found in Red Hook

## Residents who had contact with animal asked to call health department

The Dutchess County Department of Behavioral & Community Health (DBCH) has confirmed a positive rabies test in a beaver captured after being observed at the Tivoli Bays Wildlife

Management Area in the Town of Red Hook on Aug. 6, 2024.

Residents and visitors enjoying Tivoli Bay for paddleboarding and other activities should be aware of their surroundings and be cautious for any wildlife acting aggressively.

If any individual or any domestic animal has had recent direct contact with a beaver in the area or unusual interaction and direct contact with wildlife in this area, please call DBCH as soon as possi-

ble at (845) 486-3404, Monday through Friday 9 a.m. to 5 p.m., or (845) 431-6465 on nights and weekends. Immediate treatment after potential exposure to rabies is crucial.

Rabies is a viral disease that can affect the central nervous system of humans and other mammals. It is almost always fatal once symptoms appear, making early intervention essential. The virus is typically transmitted through the saliva of an infected animal via bites or scratches.

Immediate medical attention following potential exposure is crucial to prevent the onset of symptoms.

DBCH reminds residents not to approach non-domesticated animals. If residents see an animal acting strangely, or if they, their pet or someone they know gets bitten by, or has an open wound exposed to the saliva or nervous tissue of a domestic or wild animal, call DBCH immediately.

## Firefighting Museum to debut at 178th Fair

*continued from cover*

- An 1899 horse-drawn fire wagon, with ladders, leather buckets, axes and firefighting equipment.

- A hand pumper (Pocahontas) used by the Rhinebeck Fire Department in the 1800s.

- Hand-drawn hose carts used in the 1800s to pull hose to the scene of a fire by firefighters.

- Banner and pictures of fires and firefighters.

- Historic firefighter uniforms, chief's trumpets, helmets.

The staff – members of the Firefighting Museum organization itself – will be present to answer questions and explain early firefighting practices in Dutchess County.

The directors also thank the Dutchess County Historical Society for their help in preserving and presenting the items on display in the building at the Fair.

Firefighting Museum President Kyle Pottenburgh said there are many reasons for fair-goers to visit the newest building at the Fair.

It's much more than just a collection of old trucks; it's a portal into a world of courage, history, and innovation," said Pottenburgh. "You will learn about the brave men and women who have risked their lives to protect the community in

which you live. You will see and hear inspiring stories of heroism, sacrifice, and community spirit."

He notes that fire service has changed and improved as time has gone by.

"In a museum you can witness for yourself the incredible transformation of firefighting equipment and techniques. From hand-drawn pumpers to state-of-the-art technology, you can see how firefighting has evolved over centuries," he said. "You can step back in time and experience the challenges faced by firefighters in the past. You will learn a good deal about the history of your community through the lens of its fire department. The local fire house was always the center of a community's life."

The Firefighting Museum does indeed offer something for everyone.

"Kids can enjoy interactive exhibits, while adults can appreciate the historical significance of the displays," said Pottenburgh.

The Firefighting Museum is a seasonal museum that integrates into the existing Antique Museum Village that is visited by thousands of individuals annually. The Board of Directors is continually working on a plan for a permanent structure to house a larger and more complete collection of artifacts.



Kyle Pottenburgh, left, Woody Dierze and Dewitt Sagendorph of the Firefighting Museum of Dutchess County's Board of Directors hold historic artifacts from the Dutchess County Historical Society. Artifacts include a trumpet, helmet and fire bucket.

- Firefighters used trumpets as megaphones to amplify their voices when shouting instructions during a fire. Over time, trumpets were created and awarded to firefighters to honor service or achievements.

- The traditional helmet was created by FDNY volunteer firefighter Henry Gratacap some time between 1821 and 1836. The reinforced dome protected the firefighters from falling objects. The tall front shield was designed to break windows for rescue and for ventilation. The rear brim protected the back of the neck from intense heat and scorching water. The helmet being thrown out of a window became the universal sign of a firefighter's cry for help.

- 18th century fire bucket – colonial laws mandated that every household have a fire bucket ready to be used or thrown into the street to be used by others. Many buckets bore the name of the owner. *Information courtesy of the Dutchess County Historical Society*

## Fair favorite Hilby loves vaudeville style

*continued from cover*

So, how did this all start?

Hilby grew up in Berlin, Germany and was studying to be a social worker. One summer – between semesters – he traveled to Asia "and I never went back."

He learned the art of juggling from a friend.

"I fell in love with it instantly," said Hilby. "It's non-competitive and a lot of fun. I started with balls and the Chinese yoyo and soon it was like juggling anything I could get my hands on – knives, flames ... you name it."

While in Hong Kong, he was doing the juggling act "just to get by with donations" and then the thought hit him. "Oh, wait! I could actually do this for a living."

He came to the U.S. in 1993 at age 23 and started to build his skills into an actual show. He started at Busch Gardens in Williamsburg, VA and then started doing street shows at Baltimore's Inner Harbor. As his popularity grew, Hilby had the goal of maximizing his income.

"No more passing the hat for tips," he said.

Hilby started performing at colleges and on cruise ships – which he still does to this day. He's been doing cruise ships for 28 years.

He's currently in Florida during February and March and then California

and Arizona in the spring. After that, it's the fair circuit in Canada and the Northeast.

While juggling is the core of his act, Hilby knows the comedy routines are a must.

"Just juggling gets boring after a while," he said. "And everyone loves to laugh."

He concentrates much of the routines on what he terms "observational humor" and doing impromptu classic one-liners while checking out his audiences. "Why do grown men still dress like 10-year-olds? Funny hats, T-shirts. Those are all funny and people easily identify with things like that," he said.

Hilby is always looking for new material, but never forgets to include favorite parts that audiences love.

"It's like when you go to see a great band, you enjoy the new songs, but you really come to see their greatest hits," he said. "Those never get old."

He plans to keep on performing as long as he can.

"You do it for love and hopefully the money will follow," said Hilby. "Life is long (hopefully) and you have to make money somehow, so you might as well have fun – and what's better than making people laugh?"

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NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News. Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

No help with rate hikes by United Health Care/AARP

To the editor:

To my fellow senior citizens who own Medicare Part B plans: I hope that all of you are all in good health physically and financially. My wife and I just received notice that United Health Care/AARP are requesting rate hikes of 15.4% for January 2025. Last year they asked for 12.4%.

I have been trying to gain some representation from my elected officials for the last five years. The person responsible for approving/disapproving these rate hikes is the Superintendent of the New York State Department of Financial Services (Adrienne Harris). This important issue is a state issue, not a federal as your elected officials still believe. Despite this, I have contacted both U.S. Senators and my congressman. No response from the senators and Pat Ryan tried to help, but he made it clear that it was incumbent upon state officials to represent my wife and me.

I have never received a response from my Assemblyperson. I was told multiple times by the administrative staff of my state senator that "you need to fill out an application, send it in and if the senator feels that the issue is important enough, she will speak with you." All I'm asking is for an elected official to represent my wife and I and the rest of the seniors among their constituents who are being burdened with these continued exorbitant rate hikes. Multiple phone calls and e-mails have resulted in no responses. It makes one wonder, if these officials don't work for us, who do they work for?

Norm Appelbaum  
Pleasant Valley

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- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
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- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

NOTICE OF  
EARLY DEADLINE

Due to a holiday press schedule for Labor Day, there will be an early deadline for the September 4 issue of Northern Dutchess News. All editorial must be received by noon on Thursday, August 29; and all advertising must be submitted by 5 p.m. on Thursday, August 29. For more information, contact General Manager Curtis Schmidt at [cschmidt@sdutchessnews.com](mailto:cschmidt@sdutchessnews.com).

Ramapo for Children sets  
Casino Night to honor Murray

Ramapo for Children has announced Ramapo's Casino Night Benefit, honoring Ed Murray, on Saturday, November 16, from 6-10 p.m. at 22 Camp Ramapo Road, in Rhinebeck.

Join Ramapo to enjoy casino games, cocktails, delicious food, dancing, and more, all while raising money to support Ramapo's vast programming. Attendees will have the opportunity to win outstanding prizes, network, and support a great cause. Money raised will benefit Ramapo's residential programs for young people with social and emotional challenges and developmental disabilities, recreation experiences for Hudson Valley children and youth, and Ramapo's work with schools and community-based organizations. The Casino Night Benefit will also honor local community member Ed Murray for his exemplary service to Ramapo as a staff member and to the Rhinebeck area community as CEO of NDP (Northern Dutchess Paramedics) Emergency Medical Services.

Murray began working at Ramapo as a member of the dining room staff at the age of 15. He spent six summers working in Ramapo's camp for children with social, emotional, and learning challenges before embarking on a career in advertising. In 1988, Murray returned to Ramapo, joining the year-round staff and making Rhinebeck his home. As one of the few year-round staff at the time, Murray was involved in counselor recruitment, buildings and grounds, and the operations of the campus.

When camp was in session, he was responsible for safety/security, maintenance, food service and the Health Center. In addition to the nurses staffing the Health Center, Ramapo always had an Emergency Medical Technician (EMT) on the grounds when Camp was in session. Rather than hire an EMT every summer, Murray became one himself. During Ramapo's off-season, he volunteered with the Rhinebeck Fire Department and discovered both a talent and a passion for emergency medical services. Ramapo supported his participation in a paramedic course, which led him to launch NDP EMS in 1994.

Today, NDP EMS is a thriving full service medical and emergency transportation company serving Dutchess and Columbia Counties in New York and Litchfield County in Connecticut. Since leaving Ramapo, Murray has played a role in saving and positively impacting countless lives in the area. He has continued to advocate for Ramapo, support the organization with medical supplies and services, and donate the use of materials to train summer staff.

Tickets and sponsorship opportunities for the event are available online at [www.ramapoforchildren.org/casino-night](http://www.ramapoforchildren.org/casino-night).

Additionally, Ramapo is seeking in-kind donations that can either serve as desirable raffle prizes or help reduce the operational costs of the event. Donors will be recognized in event materials, on social media, and on the event website.

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# County awards \$237,300 in Youth Development Program grants

Dutchess County Executive Sue Serino recently announced \$237,300 in grant awards to 21 nonprofit agencies to provide a variety of developmental opportunities to young people under the age of 21 through the New York State Youth Development Program (YDP). These grants, ranging from \$6,000 to \$20,000, promote positive youth development by advancing the well-being of youth. Award recommendations were made by the Dutchess County's Youth Board and Coordinating Council, which is made up of community members and representatives from various non-profit organizations.

Serino said, "Dutchess County is proud to continue our ongoing efforts to give our young people the resources they need to become successful adults, and these grants will assist some of our community partners who can help us achieve that goal. Our community is fortunate to have organizations that care about the development of our young people, and we're proud to collaborate with them to ensure the future of Dutchess County is bright."

Projects funded through the 2024-2025 Youth Development Program grant include:

Beacon Volunteer Ambulance Corp, Inc., \$18,500

Junior Corps Member Program – Provides comprehensive training and mentorship programs to equip our members, ages 15-17, with the knowledge and skills needed to excel in the field of emergency medical services.

Beekman Library, \$6,000

Youth Empowerment through Service (Y.E.S.) – High school age teens contribute to their community and gain leadership skills by acting as library volunteers.

Center for the Prevention of Child Abuse, \$18,000

Personal Safety Program – Provides free, evidence-based abuse and bullying prevention lessons to students, faculty, and staff in their classrooms.

Chamber Foundation, \$14,000

Next-Gen Summer Academy – A free, three-week immersive program where youth between the ages of 14-21 learn about 21st century skills and computer literacy through 3D printing, virtual/augmented reality (VR/AR), robotics, game design/development and coding.

Cornell Cooperative Extension Dutchess County, \$17,000

Green Teen Workforce Development through Community Gardening – Teens are employed by CCEDC, earning a wage, and building a résumé, learning not only the skills and behaviors employers seek, as well as other life skills.

Dover Plains Library Association, \$15,000

Building Brains: Dover Youth Enrichment – Makes afterschool tutoring, music and dance lessons accessible to youth ages 3-21.

Dutchess Community College Foundation, \$9,000

DCC CARES-Surviving to Thriving – Provide postsecondary education dropout prevention and increase the retention and graduation rates of Dutchess County students between 17 and 21 years old, who are housing insecure, lack material basics, and struggle with mental health issues.

Dutchess County Pride Center, \$6,000

Intergenerational Get Togethers – Monthly intergenerational get togethers between LGBTQ+ youth and their families and other LGBTQ+ adults in the community.

Family Services, Inc., \$9,500  
Teen Resource Activity Center (TRAC) – Offers a free, supervised place for youth ages 11-18 to come afterschool at the Family Partnership Center.

Hudson River Housing, \$17,000  
HRH Youth Enrichment Program – Provides an array of year-round activities for runaway and homeless and other at-risk youth temporarily residing at HRH's River Haven youth shelter.

Land to Learn, \$6,000  
SproutEd Beacon – Brings garden-based education to 10 public elementary schools in the Hudson Valley, including four in Dutchess County.

Mid-Hudson Discovery Museum, \$10,000

Traveling Science – Brings interactive STEM education directly to communities, fostering 21st-century skills and academic growth among youth.

North East Community Center, \$16,000

Youth Development Programs: Community Partnership with Schools and Business (CPSB) Teen Jobs – A workforce development program for high school youth

Pawling Recreation, \$6,000  
Make a Scene – An after-school theater club for elementary through high school students.

Poughkeepsie Farm Project, \$15,000  
Green Jobs for Youth – Prepares youth ages 14-20 and young adults for careers in farming, gardening and food education; increases local economic and food security; and supports youth in job searches and placement by connecting them with potential employers.

Poughkeepsie United Methodist Church, \$10,000

Harriet Tubman Academic Skills Center (HTASC) – Provides an afterschool program and a summer program to at-risk children that live in or near the Tubman Apartment Complex in the City of Poughkeepsie.

Red Hook Community Center, \$6,000  
RHCC Teen Group – Provide teen programming to middle school and high school youth ages 11-17 afterschool, three times weekly on school days and one time weekly during summer break.

The Art Effect, \$16,000  
Spark Studios – Offers a safe and dynamic learning environment for underserved youth ages 14-19, developing valuable skills in film editing, sound, lighting and video production while also receiving immediate economic support.

The Foundation for Beacon Schools, \$8,000

2025 BCSD Film Festival – Annual event open to all district children in grades K-12, as well as non-district children who collaborate with a BCSD student to make a short film.

Town of East Fishkill, \$7,300  
Too Good for Drugs – Elementary school-based drug prevention program designed to reduce students intention to use alcohol, tobacco and illegal drugs while promoting pro-social attitudes, skills and behaviors.

Vassar College, \$7,000  
Exploring Science at the Vassar Preserve – Environmental science program coordinated by the Environmental Cooperative at the Vassar Barns provides youth with opportunities to learn about nature in the Hudson Valley through a science lens.

## Serino announces \$350,000 for infrastructure projects

Dutchess County Executive Sue Serino recently announced \$350,000 has been awarded for nine projects through the 2024 Dutchess County Agency Partner Grant (APG): Infrastructure Program. The awards are given to local 501(c)(3) non-profit agencies through a competitive grant process to implement capital and/or operating infrastructure initiatives, providing resources that allow them to continue to address service gaps and needs throughout Dutchess County. This year's program focuses on supporting capital infrastructure initiatives for agencies that provide a venue for youth programming.

Serino said, "Dutchess County is proud to partner with local non-profit groups that share our commitment to enhance the lives of our children. These grants will bolster their important programming, and we thank the Dutchess County Legislature for its continued support for this program, authorizing the funding that makes it successful."

Projects funded through the 2024 Agency Partner Grant: Infrastructure Program include:

Astor Services for Children & Families - \$50,000 to replace the roof on the organization's Poughkeepsie

Counseling Center.

Children's Home of Poughkeepsie - \$45,000 to replace the roof and gutters on housing units used for the organization's Empower program.

Grace Smith House, Inc. - \$34,000 to replace the windows at the organization's domestic violence shelter.

Grinnell Public Library District - \$15,000 to replace the roof on the Grinnell Library.

Hudson River Housing, Inc. - \$38,750 to enhance the accessibility and site safety of Hudson River Lodging.

Mid-Hudson Civic Center, Inc. - \$50,000 for safety improvements and facility upgrades to enhance youth programming.

Nubian Directions II, Inc. - \$40,000 for renovations on the third floor of the Youth Center, including the installation of new windows and insulated ceilings.

People USA - \$50,000 to repurpose existing office space into an expanded job training hub, including several Americans with Disabilities Act-accessible upgrades.

Ramapo for Children - \$27,250 for the replacement of the windows and roof on one of the organization's bunkhouses.

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# Renegades Extra!



## Dominating Sellers named Pitcher of Month for July



During one stretch in July, Renegades pitcher Trent Sellers retired 35 consecutive batters. Part of that streak included July 19 vs. Rome, where Sellers threw 3.0 perfect innings in the Renegades' no-hitter over the Emperors at Heritage Financial Park. Photo by Dave Janosz

By Rich Thomaselli

Hudson Valley Renegades pitcher Trent Sellers has been named South Atlantic League Pitcher of the Month for July, Minor League Baseball announced. Sellers is the second Renegades player to win a weekly or monthly award during the 2024 season and is the fifth Renegades player to ever win a High-A East/SAL monthly award.

Sellers was dominant in the month of July, putting together the best month on the mound of any pitcher in Minor League Baseball. In six games (three starts), the right-hander did not allow an earned run in 19.1 innings, while allowing only four hits, four walks and registering 24 strikeouts.

During one stretch, Sellers retired 35 consecutive batters. Part of that streak included July 19 vs. Rome, where Sellers threw 3.0 perfect innings in the Renegades' no-hitter over the Emperors at Heritage Financial Park,

capped by Roc Riggio's dramatic walk-off home run in the bottom of the ninth.

"Trent was on a tear in July. He pitched his way into the rotation, was an integral part of a combined no-hitter and put together and impressive streak without allowing a baserunner," said Renegades pitching coach Spencer Medick. "With his four-pitch mix, he profiles more of a starter and has worked diligently this year to add some velocity, and that has helped his stuff play up. He always had great pitch-ability in college and great underlying stuff, but he added velo has helped that translate to his success at the professional level. Not only has he been striking out more hitters, but also cutting down on walks and putting away hitters more efficiently as well. There has really been a massive jump in his development this year and he's been on a roll all month. This is a great honor for Trent and he's been showing off what he's capable of."

## GENERAL MANAGER Q & A

### Welcoming team from Bhutan and making plans for 2025

*Editor's note: The Hudson Valley Renegades have a first-year general manager in Zach Betkowski. He sits down with reporter Rich Thomaselli every week to share his thoughts on the Renegades and minor league baseball.*

**You have the youth baseball team from Bhutan coming in on August 18th. What does that mean to you guys?**

I think this is something that we'll look back on at the end of the year. It will be the coolest thing we've done. Not this year, but forever. I mean, it's not that often that a minor league baseball team gets to delve into international relations. So, we're really excited. There were a few hiccups along the way, like with international visas, but with a lot of help, we got it done.

**The schedule came out for 2025. Are you guys already working on that?**

We've been working on the planning for

2025 for months now. It's helpful to have actual days to go with that planning. So now we can put all the pieces together. Maybe there are things we want to do again, and maybe there are things we want to implement. It's very much a work in progress; we'll ramp it up in October. ... Hopefully, folks will see a promotional schedule sometime in January.

**What do you do on iffy days when you're not sure about the rain?**

We usually take a look at the weather in the morning with our head grounds-keepers. We look at different radars. We start a text chain with our manager, our pitching coach, the opposing manager and the umpires. We just give an honest assessment of what we're seeing for the next several hours. I'll sometimes even include screenshots from radar of what we're seeing, because at the end of the day, we're not meteorologists.

## RENEGADES ROUNDUP

### Suddenly hot Renegades have eyes on post-season berth

By Rich Thomaselli

Suddenly, the Hudson Valley Renegades are hot and putting themselves in position for a post-season berth.

This despite battling the Brooklyn Cyclones and the weather.

Heading into this past weekend, Hudson Valley had won two of the first three games against Brooklyn and had two games postponed by the weather.

After sweeping all six games against Jersey Shore, Hudson Valley came back last week and took two of the first three against Brooklyn. After Friday's rainout, they lost two of the next three games at Brooklyn and now have a 22-19 record and are still just a half game behind first-place Greensboro. The Renegades are at home this week with six games against the Hickory Crawdads.

The first game of the Brooklyn series, originally scheduled for last Tuesday was rained out. That necessitated a doubleheader on Wednesday, in which the two teams split. The Renegades fell 3-2 in the opener while earning a 7-0 victory in game two. In the bottom of the first of game one, Jacob Reimer walked and Chris Suero was hit by a pitch to put runners at first and second. Junior Tilien then notched an RBI single to score Reimer and put Brooklyn in front 1-0. Christopher Familia, Kiko Romero, and George Lombard, Jr. all earned walks to load the bases with no outs in the fourth. An infield single by Jace Avina scored Familia and tied the game at 1-1.

Kyle Carr struck out five in four innings, marking the third consecutive start in which Carr has struck out five-or-more batters. The left-hander has allowed four combined runs in his last four starts across 19 innings, holding a 1.89 ERA during that span.

The Renegades took the lead in the sixth. Roc Riggio walked and advanced to second on a wild pitch. Avina drove him home with an RBI single up the middle to make it 2-1 Hudson Valley. In the bottom of the seventh, D'Andre Smith led off with a single and stole second. Thomas Balboni hit Jeffrey De Los Santos and Omar De Los Santos with pitches to load the bases. Nick Morabito then grounded into a fielder's choice, as Smith was

thrown out at the plate by Romero. The next batter, Jacob Reimer, lined a walk-off single into right with two outs, scoring both De Los Santos to complete a 3-2 walk-off win. Hudson Valley bounced back right away for the shutout victory in the second game.

Rain was again the dominant theme on Thursday. Enduring three brief rain delays, the Renegades outlasted the Cyclones 4-3 in 10 innings. Heavy rain forced a late start, as well as pauses during the top of the fourth and top of the eighth innings. Baron Stuart continued his strong stretch of pitching this season against the Cyclones, allowing just four hits and two runs across four innings while striking out five.

The right-hander has struck out five-or-more in his four starts against Brooklyn this year, allowing just three total earned runs in 22.2 innings. However, Brooklyn took the lead in the top of the first. Morabito walked and stole second. Tilien knocked in Morabito with an RBI single to put the Cyclones in front 1-0. In the fourth, Hudson Valley took the lead. After Dylan Jasso earned a two-out walk, Gomez hit a double to left-center that was lost in the rain and wind, scoring Jasso. Following that double the game was halted. When play resumed 12 minutes later, Garrett Martin lined a single to center to score Gomez and put the 'Gades in front 2-1. Tilien led off the bottom of the fourth with a triple. He scored two batters later on an infield single to tie the score at 2-2. In the eighth, Riggio led off with a walk before a rain delay halted proceedings for 30 minutes. Upon resumption, Riggio stole second and scored when Avina then ripped a double off the wall in left, driving home Riggio to put Hudson Valley in front 3-2. Brooklyn tied the game at 3-3 in the ninth. Morabito singled and stole second with two outs. An RBI single by D'Andre Smith drove in Morabito. In the tenth, Hudson Valley regained the lead. The automatic runner, Familia, scored from third on a double play. Harrison Cohen was able to strand the tying run at third in the bottom of the tenth, inducing a William Lugo flyout to close out a 4-3 win.

The Renegades won on Saturday, 3-0 but lost both ends of a doubleheader on Sunday.

### Renegades announce 2025 schedule

By Rich Thomaselli

It still the summer of 2024, but start circling your calendars for next spring.

The Hudson Valley Renegades, the High-A affiliate of the New York Yankees, have announced their 2025 home season schedule, featuring 66 games set to begin on Friday, April 4. The 2025 season marks the 31st season of Renegades baseball, and the fifth for the club as a New York Yankees affiliate playing as a member of the South Atlantic League.

The full schedule features 66 home games and 66 road games against nine opponents. The road schedule will be released by Minor League Baseball in the coming days. As previously announced by Minor League Baseball in July, the Greensboro Grasshoppers will be

moving from the North Division to the South Division for 2025, with the North now being comprised of the Aberdeen IronBirds, Brooklyn Cyclones, Jersey Shore BlueClaws, Wilmington Blue Rocks and the Renegades.

"We have already started working on some amazing plans for 2025 that we cannot wait to share with our fans and our community," said Zach Betkowski, General Manager of the Renegades. "The 2024 season has been an incredible, record-breaking season full of lifelong memories, and we look forward to building upon that momentum in 2025. We treat every game as if it is someone's Opening Day, because in many respects, it is, and we are looking forward to the opportunity to create 66 magical experiences for the Hudson Valley next season."

# Serino announces Youth Sports and Education Opportunity funding grants

Through New York State's Youth Sports and Education Opportunity grant funding, County Executive Sue Serino recently announced awards totaling \$63,734 to seven nonprofit agencies to provide a variety of sports opportunities to young people, ages 6-17, in under-resourced communities. Awarded programs focus on fostering educational connection and achievement, physical health and well-being, mental health and well-being, youth employment and community cohesion.

Serino said, "Our youth deserve a variety of options when it comes to programming and opportunities, and we are proud to partner with these organizations to make a real difference in kid's lives. Empowering our children through sports benefits various aspects of their lives and helps set them up for successful futures."

Projects funded through the 2024-2025 Youth Sports and Education Opportunity funding grant include:

**City of Beacon, \$5,000**  
Beacon Swim Academy – Host the popular Beacon Pool Swim Academy for a total of 80 children as four two-week sessions for various ages: 6 months-3 years, ages 3-5 and ages 6-12.

**Girls on the Run-Hudson Valley (GOTRHV), \$10,000**

Girls on the Run Pilot Promotion to Underserved Youth – Offer site-wide financial assistance to Dutchess County schools that have never offered GOTRHV programs previously and have 40 percent or more students who qualify for free or reduced-price school lunch.

**Mid-Hudson Aquatic, \$17,719**  
Dutchess County Swimcompact — Mid-Hudson Aquatics proposes to use the youth grant funds for 35 children, ages 3- 13 years which qualify as outreach

candidates to participate in 6 X 45 minute free learn to swim classes. Additionally, the youth grant funds would provide 12 outreach swim team candidates ages 5-17 years a free swim team membership consisting of 7 months / up to 4 days a week training with Mid-Hudson Heatwaves USA Competitive Swim Team, swim meets and USA Swimming membership. The funds will be used for pool rental and swim meets.

**Ramapo for Children, \$12,000**  
Experiential Social and Emotional Learning Retreats for Dutchess County Nonprofits and/or Schools – Offer a minimum of 8-12 retreats for 80-160 Dutchess County youth to utilize active, hands-on experiences to strengthen social and emotional learning skills and encourage physical activity.

**The Black and Latino Coalition, \$5,625**  
Mighty Young Majorettes – Provides underserved children, ages 4-12, with an opportunity to engage in competitive majorette baton twirling activities, focusing on dance, teamwork, discipline, and self-expression through the art of majorette performance.

**Town of Hyde Park \$7,000**  
Learn to Swim Program – Provides youth the opportunity to achieve a life-long skills through the instruction of certified American Red Cross Swimming Lesson staff.

**Town of Red Hook, \$10,109**  
Town of Red Hook Recreation – Offers 16+ different recreational programs to over 500 youth, birth to age 21, who live within the boundaries of the Red Hook Central School District.

Member Jennifer Mañón will be attending the meeting via videoconferencing from 1-8-1 Yurakucho, Chiyoda-ku, Tokyo 100-0006, Japan. Board Member Austin Crittenden will be attending the meeting via videoconferencing from Da Costastraat 43, 1053 ZD Amsterdam, Netherlands.

## Red Hook CSD Board of Education to meet Aug. 15

The Board of Education of the Red Hook Central School District will hold their Aug. 15 meeting at 5 p.m. in person at the Mill Road Elementary School K-2 Cafeteria. Board Member Charles Kachigian will be attending the meeting via videoconferencing from 734 00 Amygdalokefali, Crete, Greece. Board

# COMMUNITY CALENDAR

### Vendors wanted for Clinton Community Day

Vendors are invited to sign up for Clinton's Community Day, set Saturday, Aug. 31. Wanted are vendors selling handmade items, vintage clothing, home décor, accessories, collectibles, and furniture. Nonprofit organizations are also wanted. Contact Melissa at communityday@townofclinton.com or call (845) 266-5853, ext. 4, to register.

### Rhinebeck's Summer Sidewalk Sale happening Aug. 16-18

The Rhinebeck Area Chamber of Commerce and EnjoyRhinebeck will present the Rhinebeck Summer Sidewalk Sale from Friday, Aug. 16, to Sunday, Aug. 18. This event offers a shopping experience with great deals and a lively summertime atmosphere. Local shops will extend their storefronts onto the sidewalks, showcasing a wide range of sale items both outside and inside. Several Rhinebeck eateries will also offer special treats and menu specials.

Adding to the festivities, "Music on Market" will feature live performances throughout the weekend: The Steven Michael Pague Trio on Friday from 5:30 to 7:30 p.m.; Erin Hobson on Saturday from 1 to 3 p.m.; and Bob & The Boys on Sunday from 1 to 3 p.m. For more information, visit RhinebeckChamber.com or contact Nancy Sheehan at (845) 876-5904 or info@rhinebeckchamber.org.

### Gen. Montgomery House Museum open for tours Aug. 17

The General Richard Montgomery House Museum-Chancellor Livingston DAR Chapter House is open on Saturday, Aug. 17, from 2 to 4 p.m. The historic home is at 77 Livingston Street in Rhinebeck. Admission is free; donations welcomed. Open also by appointment. (845) 871-1777.

### Vanderbilt Garden Association offers tours

Vanderbilt Garden Association's Interpreters will offer tours of the Formal Gardens from 1 to 3:30 p.m. on Sunday, Aug. 18. Tours meet outside the Tool House building. Interpreters will discuss the history of the gardens, with a focus on the 40th anniversary of the F.W. Vanderbilt Association, the Vanderbilt ownership and the mission of the not-for-profit Vanderbilt Garden Association to rehabilitate and maintain the plants, shrubs and trees within the formal gardens as they were in the 1930s just prior to Frederick Vanderbilt's death in 1938. For further information, e-mail info@vanderbiltgarden.org or visit <http://www.vanderbiltgarden.org>

### Abilities First Golf & Tennis Classic set Sept. 9

Abilities First will hold its Golf & Tennis Classic on Monday, Sept. 9, at The Powelton Club in Newburgh. For raffle tickets, virtual journal or tee-sign opportunities, and reception info, email joanparker@abilitiesfirstny.org.

### Event to raise funds for support dog

Compassion for Codie will take place on Saturday, Sept. 14, from noon to 7 p.m., at the VFW Post 170, 1 Violet Avenue, Poughkeepsie. The rain-or-shine event will feature live music all day, vendors, raffles, food trucks and family fun. The \$20 suggested donation will help to raise funds for a professionally trained and certified support dog to give Codie and his family the support they need.

Call (845) 705-2069 for more information.

### Corn Hole tourney set Sept. 15

There will be a Corn Hole Tournament to support Pleasant Valley Community Garden on Sunday, Sept. 15, at Plan Bee Farm Brewery in Poughkeepsie. The cost is \$30 person, double elimination, to raise funds for the Pleasant Valley Community Garden, which grows fresh produce for the Pleasant Valley Food Pantry. Great beers and food to purchase—including fabulous homemade desserts—a 50-50 raffle, and more. Registration starts at 12:30 p.m. and the Corn Hole competition starts at 1 p.m.

### Autumn Harvest Fundraising Brunch to benefit Kemmerer Farm

On Saturday, Sept. 28, join the Stanford community at a beautiful autumn-themed brunch filled

with delicious food, great company, and a chance to support the Kemmerer Farm rebuild. Enjoy a family style brunch with open bar, music, and a silent auction. The goal is to raise \$50,000 to support the purchase of a used John Deere tractor for the farm between ticket sales and silent auction proceeds. Ticket prices start at \$50, and all proceeds will go directly to the Kemmerer family. The event will take place from 12:30 to 3 p.m. at Bangallworks, 97 Hunns Lake Road in Stanfordville. Purchase tickets at EventBrite.com (search for "Autumn Harvest Fundraising Brunch to benefit Kemmerer Farm").

### Anderson Center Centennial Gala set Sept. 28

Join Anderson Center for a Roaring 20s-themed celebration of Anderson Center for Autism's 100th anniversary presented by Central Hudson Gas & Electric and Pamal Broadcasting. The party will include an auction, dinner, dancing, and an inspiring program honoring Vance Anderson Gage, the recipient of the 2024 VV Anderson Community Service Award (and grandson of Anderson Center for Autism's founder, Dr. Victor V. Anderson). In addition, an Anderson Center team member will be recognized with the 2024 Above and Beyond Award. Black tie optional. Reserve your tickets and sponsorships today at [andersoncenterforautism.org/gala](http://andersoncenterforautism.org/gala).

Date: Saturday, September 28, 2024

Time: 6:30pm Cocktail Reception, 7:30pm Dinner and Program

Location: The Grandview, 176 Rinaldi Boulevard, Poughkeepsie

Cost: see website for pricing

Reservations: 845.889.9208

Website: [www.AndersonCenterforAutism.org/Gala](http://www.AndersonCenterforAutism.org/Gala)

### FARMERS MARKETS

**Bangall/Stanfordville:** Bear Creek Farmers Market, 108 Hunns Lake Rd., Bangall. Bi-weekly on Saturdays, starting on May 18, from 8 a.m. to 2 p.m., offering a rich array of locally sourced food for families to make complete at-home meals, and a lineup of community-centered events. More info: Debra Kaye, [debra@bearcreekfarm.com](mailto:debra@bearcreekfarm.com) or (914) 475-1150

**Paul's Hyde Park Farmers Market,** 4390 Albany Post Road (Route 9, across from Town Hall), Hyde Park. Saturdays, 9 a.m.-2 p.m., June-October. Sponsored by the Hyde Park Chamber of Commerce. Local fruits & vegetables, meats & eggs, Italian specialties, baked goods, breads & bagels, arts & crafts, eat-there foods & beverages and much more. New vendors always welcome. (845) 229-9336 or [oakgreen@optonline.net](mailto:oakgreen@optonline.net)

**Poughkeepsie Waterfront Market,** the Pavilion at the Mid-Hudson Discovery Museum at 75 North Water St. in Poughkeepsie. Tuesdays, 2-5:30 p.m., May 21-Oct. 29. (845) 471-0589 or [info@mhdm.org](mailto:info@mhdm.org)

### ONGOING

**The Frederick W. Vanderbilt Garden Association** is looking for volunteers to perform all tasks required to plant and maintain the garden. No gardening expertise is needed, we will train as we work. You need to be eighteen years old or older and be able to perform, at minimum, basic physical labor such as bending, kneeling and carrying buckets. Garden work is done during the spring, summer and fall months on Saturday, Tuesday and Thursday mornings from 8:30 a.m. to noon. You are welcome to work as often and on any days that suit your schedule. For further information, visit our website at <http://www.vanderbiltgarden.org> or call 845-229-6432.

**Meals on Wheels of Hyde Park and the Village of Rhinebeck** is seeking volunteer drivers during the hours of 11 a.m. and 12:30 p.m. Drivers are needed Monday-Friday. You can drive one or more days each week or substitute as needed. All drivers work in teams so couples or friends are encouraged to volunteer together.

For more information visit [www.mealsonwheelsofp.org](http://www.mealsonwheelsofp.org) or, contact Andrea Tkazyik at (845) 229-5896.

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## 4-H'ers 'Flourish' as they learn about farming

4-H Flourishing Farmers is an inspiring program within the main 4-H program. Started as part of the Dutchess County ThinkDIFFERENTLY initiative, it provides the opportunity for youth who have special needs to enjoy the same experiences as other 4-H'ers, but in a small-group setting where we can support each child in the way that allows them to grow.

Five host farms partner with Cornell Cooperative Extension Dutchess County (CCEDC) to provide facilities and education to Flourishing Farmers members. Hidden Hollow Farm in Milan and Hope Rising Farm in Amenia offer horse programs. Harlem Valley Homestead in Wassiac engages the kids in growing food and a range of animals. At Clover Brooke Farm in Hyde Park, children work with llamas, alpacas, goats and donkeys as well as fiber crafts.

Stony Kill Farm in Wappinger is the fifth farm and their program is in full swing. In their May report they shared their activities:

*"In April, our group learned about the Stony Kill Tunis sheep, practiced halter training and walking and colored their own sheep page. At our May meeting, our group spent time learning about raising chicks, the incubation process and then made chick art! Members chose paint colors for their canvas and the chicks made the art, as seen in the pictures. The group really enjoyed their time with the chicks and since they were there when we put eggs in the incubator, we were thinking a focus on raising chicks would be fun for the remainder of the sessions."*

Club Leader Stacy Lynch Adnams



Trinity gets up close and personal with her favorite chicken. She plans to show chickens at the Dutchess County Fair. Courtesy photo

# Creative Living

celebrating all good things

## Pleasant Valley sunflower farm grows community, family fun

By Kaeleigh Banda

Hudson Valley Cold Pressed Oils (HVCPO) began as a sunflower oil company but expanded into a sunflower farm where people can visit, cut flowers, listen to live music and shop. Located in Pleasant Valley, this family-owned sunflower farm symbolizes the versatility of sunflowers and the importance of community building.

Kevin Haight originally made sunflower oil in hopes of using it as a biodiesel. Jeff Haight, a chef and Kevin's brother, was sent a sample of the oil, and he and his wife Allison Haight both thought the oil would be much better as a food product. Sunflower oil is comparable to olive oil. It has a nutty flavor, a higher smoke point and it is nutrient dense. Jeff Haight said the sunflower seeds also have a longer life than olives, which makes HVCPO's production last throughout the year.

"We grow the flowers, we harvest the seed, we dry the seed and we make the oil," Jeff Haight said. "The byproduct of that is meal, which is very high in protein and fat because we only get about 30% of the oil out of the seed because it's cold pressed, and cold pressing means that we do not add any heat or chemical to extract more oil."

The meal that was the byproduct was originally given out to feed cattle. However, they learned that they could use the meal to make sunflower flour. The sunflower flour is high-protein and gluten-free. Now, they sell the flour and produce multiple high-protein gluten-free baking mixes including brownie, muffin, oatmeal cookie and pancake mixes.

Seven years ago, HVCPO started to open their farm to the public. People who had passed the field expressed interest in

cutting flowers to take home and taking pictures. This inspired the company to open their farm to visiting. The farm now has more than just visiting. On weekends after 5 p.m., the farm has live music, a grill station with food made to order and a view of the sunset overlooking the sunflowers.

Throughout the week, the farm has a large tent where they sell their sunflower products and other local crafters sell sunflower-themed products such as ornaments, cups, key chains and more. Two of their other popular oils are the raspberry balsamic that they get imported from Italy and the sunflower oil based truffle oil. Guests can go out into the field for photo shoots, to walk around or to cut flowers to buy and take home.

The farm was started by brothers and has continued to root itself in family by having multiple family members involved at the farm. Claudia Haight, Jeff Haight's daughter and rising junior at Arlington High School, has worked at the farm since she was 10 years old. Claudia Haight said she is grateful for the life skills she has gained from working with her family on the farm.

"I've learned how to talk to people comfortably and even learned a lot about the best ways to sell certain products," Claudia Haight said. "I really appreciate my parents for exposing me to the food industry and business world at a younger age, and honestly I think working with and for them has brought us a lot closer together."

The sunflower fields also draw many families in to visit. AJ Pittore, one of the HVCPO employees and former babysitter for Jeff Haight's children, said she was brought into their family like one of their own and has continued to admire the sense of family at the farm.



From left are Kevin, John and Jeff Haight in the sunflower field. Photo by Kaeleigh Banda

"We have a big family presence here at the farm and I feel like there's enjoyment for everyone in the family," Pittore said. "After cutting flowers and a photo shoot in the field, kids can run around while parents and grandparents can sit back and enjoy the views and live music."

The employees at the farm are kids, teens and young adults who are connected to the family in some way whether it is through blood or friendship. Jeff Haight said one of his favorite things

is seeing how the kids grow through working for them.

"Seeing kids that work for us, including my own, going from not comfortable talking to adults to by the end of the season or the middle of the next season, understand what we do, how we do it and be able to educate someone coming to the farm for the first time is amazing," Jeff Haight said.

The sunflower fields are only

*continued on page 15*

### DOT-TO-DOT PUZZLE

See page 15 for finished puzzle (no peeking!)

**Stars**  
Stop at each star (★), then skip to the next number and start your line again. End ★ 141

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# Egg Roll Bowl

All the flavor of an egg roll, without the hassle

I love when inspiration sneaks up and hands you an idea on a silver platter; although, if I'm honest, for me it's more often in a bowl or skillet. When I'm lucky, it's both! That's what happened just the other day and I ran with it. Not literally, of course. That would have been messy.

I was sipping my coffee, making my grocery list and planning the week's meals, wracking my brain to come up with something new to try. Whenever this happens, which is pretty often, I scan the sale flyers and the contents of the fridge to see if they spark any ideas. Sure enough, there was a spark, and before I knew it, a recipe. An online search showed me others had the same idea, so with our forces combined I knew just what to do. It worked! Really well!

What to do when you have ground pork, scallions and ginger root that aren't getting any fresher, a fridge well stocked with Asian staples and no desire to turn on the oven? Well, the answer is you make egg roll bowls!

Ask anyone in my family and they'll probably tell you of my penchant for eat-

ing things in a bowl. Pasta, salad, even pie all just taste better that way to me. So anytime I can add 'bowl' to the name of something is gonna make me happy. This dish, I mean bowl, has everything for a light, yet satisfying and pretty addictive meal; and I know I'll be craving it enough to make it often. It's that good and better still, it's quick and easy. And it's healthy, too! Gotta love that!

## EGG ROLL BOWL

If you love egg rolls but don't want to go through the mess and hassle of frying up a batch, this is the answer you didn't even know you needed. I happened to have most of the ingredients on hand, but if you don't, you'll want to so you can make this any time. They're available in any grocery store. I even got to use up a bag of pre-cut coleslaw mix, which I highly recommend you use because it's tasty and very convenient, which gets this in your bowl that much faster (about 30 minutes from start to finish!), something you'll thank me for. Oh, and be sure to use fresh garlic and ginger. It makes all the difference! Have all your ingredients

portioned out and ready since once you start it goes quickly.

A note about the sauce: you could opt for whatever you like on your egg rolls or skip it entirely, but I highly recommend this creamy, spicy, slightly sweet sauce since it hits all the right notes. There's even a pre-made version I've seen in stores but it's easy to make your own as needed so it's fresh.

## INGREDIENTS FOR THE SAUCE

- 1/4 cup mayonnaise (I used Kewpie, available in grocery stores)
  - 2 tablespoons sriracha (or your favorite hot sauce)
  - 1 tablespoon sweet chili sauce
- ## FOR THE BOWL
- Sesame oil
  - 1 small onion, chopped
  - 6 scallions, white and green, thinly sliced and separated
  - 2 cloves garlic, finely chopped
  - 1lb ground pork
  - Freshly grated ginger, about 1 teaspoon (scrape off outer skin with a spoon first)
  - 1 tablespoon sriracha (or your favorite hot sauce)

- 1 bag coleslaw mix
- 2-3 tablespoons soy sauce
- 1 tablespoon rice wine vinegar
- Salt and freshly ground pepper, to taste

## METHOD

Make the sauce: whisk all ingredients together in a small bowl and set aside.

Heat a large skillet over medium heat. Add enough sesame oil to almost cover the bottom of the skillet and swirl to coat the surface. When oil is hot and shimmering, add onion. Cook 2 minutes, then add white parts of the scallions and the garlic. Stir and cook until onions soften, about 5 minutes, stirring occasionally.

Add pork, ginger and sriracha. Stir, breaking up the meat, and cook until pork is browned, 7-10 minutes. (It's gonna smell SO good!)

Add coleslaw mix, soy sauce, rice wine vinegar, salt and pepper. Stir and cook until tender, about 5 minutes.

Transfer to bowls, drizzle with sauce, sprinkle with reserved green parts of scallions and serve immediately.

*continued on page 15*




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Our concert season is made possible, in part, through funding from the County of Dutchess and Dutchess Tourism, which is administered by Arts Mid-Hudson and by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

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		2					1	3
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## Suguru

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The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

## THEME: THINGS WITH BUTTONS

### ACROSS

- Genoa or storm jib
- Pouch
- Support for #1 Across
- Gaelic language
- Big-ticket \_\_\_\_\_
- Flowerbed cover
- Western Samoan money
- Agrippina's slayer
- Literature class homework
- "The Curious Case of \_\_\_\_\_ Button"
- God of thunder
- Tight or rigid
- Blunder
- \*\_\_\_\_\_ control
- \*Alarm clock delay
- Edible tuber
- Racecourses
- Crew propellers
- Often follows dark or back
- \_\_\_\_\_-Town, or Chicago
- Friend, south of the border
- Singular of #25 Down
- Containing uranium
- Rip off
- Sleeping sickness vector
- Che Guevara's hat, pl.
- Roman road
- "And Then \_\_\_\_\_ Were None"
- Hillside, in Scotland
- \*Home ringer
- Raccoon's South American cousin
- Debate side
- Spring in a mattress
- Ar, atomic number 18
- Black-tie occasion
- Golfer's aim
- Group with pressure
- Stallone
- Semiprecious variety of agate

### DOWN

- Collector's goal
- Kuwaiti, e.g.
- \_\_\_\_\_ of Man
- Shanty
- Flower trunks
- American Eagle's intimates brand
- "Oh \_\_\_\_\_!"
- \*Edible button
- "The Sun \_\_\_\_\_ Rises"
- "The Lion King" villain
- Olden day "your"
- More asinine
- City area
- Bulwark
- Ems follower
- Aimless walk
- "Bravo! Bravo!", e.g.
- Pall \_\_\_\_\_ and \_\_\_\_\_ of America
- Largest organ of human body
- Mobutu Sese Seko's nation
- Cereal killer
- Land measure
- \_\_\_\_\_-cha-cha
- Wails
- \*Tall building people-mover
- Of sour taste
- All 50 states
- Spanish airline
- Make a logical connection (2 words)
- Repeat an echo
- Opposite of atonal
- In a heated manner
- Dull one
- Angry display
- Entertainingly eccentric people, Down Under
- "On Golden Pond" bird
- \_\_\_\_\_ of the valley
- \*A baseball one has a button on top
- Lexington airport code

## CROSSWORD

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
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	18			19					20			
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59						60				61		
62						63				64		

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The solutions to both the Sudoku & Crossword puzzles can be found on page 17



# Roger's Goat

Gearing up for the Dutchess County Fair

Roger Loughran was born with Arthrogryposis Multiplex Congenita. AMC is a term used to describe a group of congenital conditions characterized by joint contractures in two or more body parts, usually the arms or legs. In Roger's case, his legs are supported by braces; otherwise he is a fantastic 14-year-old kid who loves animals and loves working with them. I met Roger at Christel and Mike Clum's farm in Germantown, where he keeps his goat "Pickles." Roger lives in Red Hook, but town zoning laws prevent him from keeping a goat (this is an issue that needs to be explored).

Christel is the leader of the Got Goat Milk 4-H club, with 16 members. Roger joined the club a couple of years ago, although his goat is a Savanna, not bred for milking. Mike Clum is the leader of a 4-H hog club, which he decided to merge with the goat club so he and Christel wouldn't have several meetings every week – volunteer 4-H leaders work hard, especially around fair time.

Roger entered Pickles in the 4-H showmanship competition, where he will personally show his goat in front of the judges. Showmanship is an art, involving a well prepared animal hosted by a dedicated presenter. Some of the winners of the fair's showmanship events have gone on to related careers, for example Blake Mahaffey with Beef Cattle.

Last month Roger took first place in showmanship at the Ulster County Fair and Third in the market class, where the animal itself is judged. The competition at the Dutchess County Fair is more intense, but Roger is ready and confident. Last year his goat won the market class, and was purchased as a "rescue" by Suzie Williams.

Joining Roger in the competition will be Nate Clum, one of his best friends, with his goat "Goober." Nate will also be showing his hog.

Most of the 4-H competitors spend the entire week (August 20 – 25) at the fairgrounds, but Nate has to go to football practice every morning and then back to the fair. The showmanship competition is held at 1 p.m. on Aug. 22.

The year Roger was born his parents founded Roger's Run 4 AMC to increase awareness of Arthrogryposis Multiplex Congenita through the promotion and encouragement of distance running and walking. The vision is to promote a climate of understanding with regard to AMC and to decrease the level of hardship faced by families impacted by AMC. A 5K run, 5K walk and 1 mile run is held the day before Father's Day. Roger's Run has donated over \$140,000 to the AMC support organization and funds a \$500 annual scholarship to a Red Hook High School graduate.

I've said many times that the best part of my "career" as a writer for this newspaper is meeting wonderful people, and last Thursday was heart-warming, talking with Roger, Nate, Christel and Mike, Roger's mom Lisa, checking out the goats and some gigantic scary-looking hogs, and watching little 3-year-old Isabel Clum scampering around in the rain, not a care in the world.

Join me at the 4-H goat tent to cheer Roger on as he competes for his second showmanship blue ribbon.

*Mark Adams is an agricultural advisor to the Dutchess County Executive, Dutchess County B.O.C.E.S. and Cornell University.*



Roger Loughran with Pickles. Left: Roger with Pickles and Nate with Goober. Photos by Mark Adams



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# Movies with Spirit series to screen Kirk Douglas' swan song Aug. 17



Kirk Douglas plays a Hollywood director on his deathbed, haunted by the damage his workaholic career had on his son, in the touching fantasy "Illusion." The drama, Douglas' final motion picture, is to be screened at 7 p.m. on Saturday, Aug. 17, at Congregation Emanuel, 243 Albany Ave., Kingston, as part of the Movies With Spirit community film series. The beautiful story about what matters most in life features Douglas as Donald Baines, a once-powerful filmmaker who made many of Hollywood's Golden Age love stories and lived a lavish life of fame and fortune — but was without love in his own life. The ailing director is especially haunted by the memory of his son, Christopher (Michael Goorjian), who he conceived out of wedlock and abandoned as a child.

Lying in bed alone, Donald is awakened late one night by a ghostly image of Stan (Ron Marasco), a favorite editor who has been dead more than 35 years. Stan says he is there to help Donald and

will review footage of Donald's and Christopher's lives. On the screen, Donald watches mournfully as he sees film clips of his son's life, witnessing the effect his absence had on his son and on his own inability to find love.

Two constants in the clips are Christopher's unfulfilled quest for his lifelong love, Isabelle (Karen Tucker), and the imagined voice he hears of Donald telling him he is unworthy and unwanted. It is only later, in viewing the clips and talking with Stan, that Donald discovers a surprising truth about his son and himself.

The screening will be followed by a discussion. Refreshments will be served. Attendees over age 12 are asked to contribute \$10 a person. For more information, call Gerry Harrington at 845-389-9201 or send email to gerryharrington@mindspring.com.

-Photo courtesy of  
Entitled Entertainment

## A & E CALENDAR

**Through Sept. 2: Hudson Valley Shakespeare Festival, 2015** Rte. 9, Garrison. The 2024 repertory season includes the world premiere of "Medea: Re-Versed," by longtime HVSF company member Luis Quintero (Love's Labor's Lost), adapted from Euripides, and co-conceived and directed by Nathan Winkelstein (Seascape); as well as "The Murder of Roger Ackroyd" and "By The Queen." See [www.hvshakespeare.org](http://www.hvshakespeare.org) for performance dates/times, tickets and more information.

**Aug. 15: The Olana Partnership Free Third Thursday**, Olana State Historic Site, 5720 Rte. 9G, Hudson. The August Third Thursday will feature an outdoor musical performance in addition to free tours, programs for all ages, and extended evening hours, 12:30-7 p.m. Join artist and yoga practitioner, Nkoula Badila, for Exploring Medicine Movement and Yoga, a special yoga workshop from 4 to 6 p.m. (The program will take place along Ridge Road; check in at Olana's Visitor Center for more information day-of.) Secure your free tickets visit, [OLANA.org/ThirdThursdays](http://OLANA.org/ThirdThursdays) or call 518-751-0344.

**Aug. 15: Summer Concert Series**, Cady Field, 1554 Main St., Pleasant Valley. The Big Band Sound Jazz Orchestra, 6 p.m. Rain date: Aug. 22. <http://www.pvrec.com/>

**Aug. 15-18: SummerScape**, Bard College, Annandale-on-Hudson. Closing weekend, featuring the 34th Bard Music Festival: Hector Berlioz and His World, Aug. 15-18: Music and the Literary Imagination; and Spiegelteent performances through Aug. 17. Tickets and more information at [www.fishercenter.bard.edu](http://www.fishercenter.bard.edu)

**Aug. 16-18: "Harvey,"** The Center for Performing Arts at Rhinebeck, 661 Rte. 308, Rhinebeck. CENTERstage Productions presents Mary Chase's Pulitzer Prize winning comedy about Elwood P. Dowd and his imaginary 6' 3.5" tall rabbit friend. Directed by Jane Langan.

As Elwood's family tries to commit him to a sanitarium, the line between imagination and reality blurs. The heartfelt and uplifting piece set in the 1940s, which was adapted into the critically acclaimed movie of the same name in 1950. To be presented in The CENTER's new Black Box theater. Performances: Fri. & Sat., 8 p.m.; Sun., 3 p.m. Tickets \$15. (845) 876-3080 or [www.centerforperformingarts.org](http://www.centerforperformingarts.org)

**Aug. 17: The Wildwoods**, The Stissing Center, 2950 Church St., Pine Plains. The folk-Americana trio from Lincoln, Nebraska takes to guitar, violin, upright bass, and microphones with the simple purity of peaceful forests that soothe the soul. Whether performing an original song or putting their uncluttered stamp on timeless tunes, The Wildwoods exude melodic warmth. Performance at 7 p.m. Tickets \$25-\$35. All ages show. <https://www.thestissingcenter.org/>

**Aug. 17-18: The Doansburg Chamber Ensemble.** The ensemble will open its 2024 season with a live performance by its String Trio and Flute on Sat., Aug. 17, at 7 p.m. at St. Mary in the Highlands Church, 1 Chestnut St., Cold Spring; and on Sun., Aug. 18, at 3 p.m., at Trinity Lutheran Church, 2103 Rte. 6, Brewster. The Aug. 18 performance will be broadcast simultaneously with the live performance. The access link to this performance can be found on the Ensemble's website prior to the concert. Visit <https://doansburgchamberensemble.org/> for the connection. Tickets for live performances available at the door: \$17 GA, \$14 Seniors/Students (cash or checks only).

**Aug. 20-25: The 178th Dutchess County Fair**, Fairgrounds, Rhinebeck. Rides, entertainment, agriculture, exhibitors and much more, 10 a.m.-10 p.m. Tues.-Sat.; 10 a.m.-8 p.m. Sun. See website for admission fees and more information. [www.dutchessfair.com](http://www.dutchessfair.com)

## EXHIBITIONS

**Artists' Collective Gallery of Hyde Park (ACHP)**, 4338 Albany Post Rd., Hyde Park. **Through August:** "Shades of Grey." Open noon-6 p.m., Fri.-Sun. [achpny@gmail.com](mailto:achpny@gmail.com), (845) 366-6856, [artistscollectiveofhydepark.com](http://artistscollectiveofhydepark.com)

**Arts Mid-Hudson Gallery**, 696 Dutchess Turnpike, Suite F, Poughkeepsie. **Through Aug. 18:** The 2024 Members' Show, titled "Interconnected," featuring artwork exploring the intricate overlap of social identities. "Interconnected" showcases the diverse and intersectional perspectives of our member artists, delving into how identities such as gender, race, class, ability, sexual orientation, religion, and age interact and shape our experiences. This exhibition aims to highlight the richness and complexity of human identity through various artistic mediums. **Artist Talk Closing Reception:** Sun., Aug. 18, 1-3 p.m. [www.artsmidhudson.org](http://www.artsmidhudson.org)

**Bannerman Island Gallery**, 150 Main St., Beacon. **Through Sept. 8:** "Photo Magic of the Hudson Valley," the photographs of Alec Halstead. [www.bannermancastle.org](http://www.bannermancastle.org)

**Betsy Jacaruso Gallery**, Rhinebeck. **Aug. 17-Sept. 1:** Art Studio Views Sampler Exhibit, featuring work by the artists participating in this year's Art Studio Views tour taking place over Labor Day weekend (Aug. 31-Sept. 2). **Reception:** Sat., Aug. 17, 5-7 p.m. Light refreshments will be provided. More info at [artstudioviews.com](http://artstudioviews.com)

**CCS Bard's Hessel Museum of Art**, Bard College, Annandale-on-Hudson. **Through Dec. 1:** Ho Tzu Nyen: Time and the Tiger, the first in-depth examination of Ho Tzu Nyen (b. 1976, Singapore) in the United States. Widely considered one of the most innovative artists to emerge internationally in the past 20 years, Ho works across a variety of media, including film, video, installation, painting, writing, and performance to critically examine how histories—be they state, cultural, or personal—are continually imagined, negotiated, and performed. **Through Dec. 1:** Carrie Mae Weems: Remember to Dream, exhibition revisits the range and breadth of Weems' prolific career through rarely exhibited and lesser-known works that demonstrate the evolution of her pioneering, politically engaged practice. **Through Oct. 20:** Start Making Sense, exhibition draws upon the exceptional art holdings at CCS Bard. Featured artists include Ida Applebroog, Mark Dion, Andrea

Fraser, Lyle Ashton Harris, Mary Heilmann, Chris Ofili, Catherine Opie, Laura Owens, Rirkrit Tiravanija, and Christopher Wool, among others. <https://ccs.bard.edu/museum>

**Cunneen-Hackett Arts Center**, 9 & 12 Vassar St., Poughkeepsie. **Through August:** Showcased in the Victorian Gallery at 9 Vassar St. will be Kamille Adell and Tatiana Rhinevault. At 12 Vassar St., Collin Douma will display his mixed media pieces in the Reception Gallery and the works of Marty Zlotkin will be featured in the Hancock Gallery. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access. More info: [cunneen-hackett.org](http://cunneen-hackett.org)

**Franklin D. Roosevelt Presidential Library & Museum**, 4097 Albany Post Rd. (Rte. 9), Hyde Park. **Through December:** Developed in collaboration with a distinguished committee of scholars, "Black Americans, Civil Rights, and the Roosevelts, 1932-1962" centers the historical voices of many Black community leaders, wartime service members, and ordinary citizens who engaged the Roosevelt administration directly and who pushed for progress. Within this context, the exhibit examines the political evolution of both Franklin and Eleanor Roosevelt regarding racial justice. [www.fdrlibrary.org](http://www.fdrlibrary.org)

**LAND Gallery**, 30 Charles Colman Blvd., Pawling. **Through August:** LAND Gallery and the Sherman Artists Association present "Ways of Water," watercolors by Charlene Leichter. For more information, visit [www.landgalleryonline.com](http://www.landgalleryonline.com) or [www.ShermanArtists.org](http://www.ShermanArtists.org).

**Montgomery Row Art Space**, 6423 Montgomery St. (Rte. 9), 2nd floor, Rhinebeck. **Through Aug. 30:** Paintings of Madeleine Segall-Marx, a sculptor who turned to work in two dimensions over the last decades. This exhibition is an opportunity to see her efforts relating primarily to color rather than to form. The 45 works in this show will represent a range of approaches over the last decades. More info: [segallmarx@gmail.com](mailto:segallmarx@gmail.com) or (917) 687-0446

**Morton Memorial Library**, 82 Kelly St., Rhinecliff. **Through Aug. 20:** Marcia Bricker Halperin Photos, "Kibbitz & Nosh: New York City's Vanishing Cafeterias." Kibbitz & Nosh is Marcia Bricker Halperin's photographic series and recently published book that showcases the character and charm of New York City's classic self-serve restaurants. (845) 876-2903

**Olana State Historic Site**, Sharp Family Gallery, 5720 Rte. 9G, Hudson. **Through Oct. 29:** "Afterglow: Frederic Church and the Landscape of Memory," a series of intimate memorial landscapes painted by Church, 19th-century America's foremost landscape painter, and highly personal family artifacts — never before exhibited — from Olana's collections. The theme of landscape as a vehicle for personal reflection and healing continues outdoors at Olana with "Memories in the Landscape," a self-guided tour of Olana's dedicated rustic benches that bring to life the stories and memories around loved ones. (518) 751-6879 or [www.olana.org](http://www.olana.org)

**Tivoli Artists Gallery**, 60 Broadway, Tivoli. **Through Sept. 1:** Printmaking show, featuring gallery artists' works in various printmaking styles ranging from monoprints, etching, woodblock, textural pulp, and lithography. **Printmaking workshop:** Sat., Aug. 24, 1-4 p.m., followed by a clothesline show and reception of prints from the workshop from 5 to 7 p.m. [www.tivoliartistsgallery.com](http://www.tivoliartistsgallery.com) or (845) 757-2667

**WomensWork.art**, 12 Vassar St., 3rd Floor, Poughkeepsie. **Through August:** "The Remnants of Summer," new photo works by Nikki Hung. Gallery hours by appt. (845) 293-3660 or [www.womenswork.art](http://www.womenswork.art)

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Hope to hear from you! Thanks!

# Photography Contest to highlight beauty of Rhinebeck Cemeteries

Friends of Rhinebeck Cemetery are holding a Call for Art for their inaugural Photography Contest. Submissions will be displayed at Morton Memorial Library in Rhinecliff from Nov. 8 to 29.

Show off your vision and appreciation for the beauty of Rhinebeck's cemeteries in the following locations:

- the Old section on the Corner of Route 9 and Mill Road;
- the New "Grasmere" section on Mill Road;
- the Natural Burial Ground behind the Grasmere section; and
- the Kirchehoek Cemetery (Wey's

Crossing) on Route 9.

Winners will be chosen from 2 categories: Adult and youth (under 18). One entry per person.

Winning photographs will be featured on the Friends of Rhinebeck Cemetery 2025 fundraising mailer. All submissions can be featured at a show at Morton Memorial Library in Rhinecliff. Framed prints can be dropped off at Morton after Nov. 1. There will be an Opening Party on Nov. 8.

Deadline for submissions is Oct. 15; send digital copies to [frphotos12572@gmail.com](mailto:frphotos12572@gmail.com).

# Pleasant Valley sunflower farm

continued from page 10

beginning to grow. The company has continued to expand every year in big and small ways. They plan to continue their growth and are excited for the future. The farm is open every day for picking flowers, taking pictures and shopping and open on weekends for food and music as well. They will be open through Sept 1,

but check their website for days and hours of operation as they change due to weather. Throughout the year, products can be purchased at Adams in Poughkeepsie, Taste of NY, their website and more. Visit their website [www.hudsonvalleycoldpressedoils.com](http://www.hudsonvalleycoldpressedoils.com) for more information.

# Love to Cook

continued from page 11

And there you have it! Egg roll bowls! Better than take-out and perfect for any time you need something fresh, light and healthy and want it fast. It really is craveable, which is why there are no photos. I was well into my second bowl before I realized I forgot to take any! It isn't all that photogenic anyway (she tells herself), but when inspiration hands it to you and it tastes this good, it doesn't need to be pretty. So make it and enjoy!

*Vicki Frank Day's background includes over two decades in various aspects of the food service industry. In addition, she has over 27 years' experience in marketing, graphic design, copy writing, food styling and research. She believes cooking should be a fun adventure, that food should be an experience and that every day can be a special occasion. Email her at [vickiloves2cook@gmail.com](mailto:vickiloves2cook@gmail.com).*

# Historic Red Hook upcoming events

Historic Red Hook will hold its fourth annual Cemetery Crawl from Sept. 14 to Oct. 29. This spooky season favorite combines the thrill of a competitive scavenger hunt with a self-guided walking tour of six historic Red Hook cemeteries. Discover fascinating stories from the past as you explore the memorials of some of our community's most intriguing individuals. All you need is your smartphone, a cozy sweater, and a sense of adventure. It's the perfect way to embrace autumn while delving into local history.

The Crawl will launch during Hardscrabble Day (Saturday, Sept. 14) from 10 a.m. to 1 p.m. Location to be announced. The event will conclude with an Award Ceremony on Sunday, Oct. 29, at 3 p.m. Join Historic Red Hook at the Elmendorph Inn to celebrate and collect a prize.

## Tavern Trail at Lasting Joy Brewery

Wurtembergers: Being German in 18th Century Northern Dutchess

Friday, September 20, 6-7 pm

Join county historian Will Tatum at Lasting Joy Brewery for a journey into the initial European settlement of southern Columbia and northern Dutchess Counties. Some may be familiar with the story of the German Palatines from the Rhineland, who immigrated to the Livingston Estates between 1709-1712,

then dispersed across New York. This presentation follows the Dutchess County branch of that story, focusing on the hamlet of Wurtemberg in Rhinebeck, which is still largely intact today. Hear about the challenges and tribulations on both sides of the Atlantic that led hearty Rhinelanders to lay the groundwork for our modern communities. RSVP required.

## Tavern Trail at Foster's Coach House

Your 1774 Shopping List: Buying and Selling in Pre-Revolutionary Dutchess County

Wednesday, November 13, 6-7 PM

Long before Amazon and other online shopping venues, Dutchess County residents went to physical stores for \*all\* of their retail needs. Join Dutchess County Historian Will Tatum for a deep dive into the origins of the shopping experience in the county. Learn what colonial era stores stocked and sold, the forms of payment they accepted, and the extensive areas they served. If you feel that you have to drive a ways to access a grocery store today, prepare to have your frame of reference significantly widened. RSVP required.

For more information and to RSVP for events, visit <https://www.historicredhook.org/>.

Answer to this week's Dot to Dot (puzzle on page 10)

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# Innovative agricultural plan teams youth with staff from area farms, restaurants

By Mary Mashburn and Emma Kron

In Dutchess County, a select group of 4-H youth, the Youth Livestock Sale Representatives, represent the 400-member strong organization.

This program is the brainchild of Emma Kron, the 4-H Program Manager. Seven talented individuals, all 4-H members and some also part of FFA, promote local agriculture and community collaboration. Each month, the youth partner with local farms, restaurants, and chefs to showcase locally raised species, matching their expertise. This initiative unites restaurant owners, chefs, farms, and youth all working together to celebrate and support local products, strengthening the bond between youth, agriculture, business, and community.

- Their first stop was through Melzingah's doors in Beacon, a new generation of conscious foodies and compassionate youth agriculture leaders emerges, inspired by owner Dana Collins' kindness and dedication to community growth. Donating a day in her restaurant, with talented chef Paige Rodano, they cook, learn, and grow using local pork donated by first-generation farmers, Tom and Stacy Bonanno of To Have and Have Not Farm in Clinton Corners, known for their regenerative farm practices. The youth-crafted Pork Bahn Mi sandwiches were a hit!

- The second stop was entering into the meat processing side of agriculture. Kron's Custom Cuts in Millerton gave the group the opportunity to start from scratch. Using pork donated by Sugar Hill Farm in Pine Plains, the opportunity to create fresh linked Bratwurst sausage and Breakfast patties was a delight.

From seasonings to casings, cooking methods to food safety, butcher Nick Kron guided members from start to delicious finish. Fresh bratwursts were immediately cooked and enjoyed by the group, while the breakfast sausage was saved for a later collaboration.

- The third stop features the Dutchess County Youth Livestock Sale, which is thrilled with the return of meat ducks to the Sale in 2024, steering the Youth Rep's third stop to Branchwater Farms in Milan. Robin Touchet & Kevin Pike focus on pairing their distilled spirits with land stewardship, utilizing ducks and chickens for both meat and eggs to reach their regenerative practice goals. Robin educated members on all things meat ducks, from breed choices to hatching and feeding to processing. Following the talk, the youth reps were able to take their Breakfast sausage, previously made at Kron's Custom Cuts and duck eggs from Robin's flock to craft delicious sausage, duck egg and cheese sandwiches! A hit amongst all, the youth enjoyed a twist on the classic breakfast delight.

- The fourth stop saw owner Chris Crocco, who has made Beacon Daily into

a staple of the Beacon community. Not only do they offer a wide variety of delicious options, but they work to keep their prices as low as possible. Along with Crocco, Chef Aydan Tasciotti guided the youth in the process of brining, dredging and frying chicken thighs from Millbrook Beef & Dairy to make their 4-time award-winning Original Chicken Sandwich. Hot & crispy fried chicken is piled high upon a homemade cheddar scallion biscuit along with honey butter hot sauce, ranch pimento, pickles and shredded lettuce.

- The fifth stop featured a dive into the fine dining experience of Chef Michel Jean of Champêtre, a French restaurant in Pine Plains. He was thrilled to share his lifetime of expertise working with rabbit. A meat that not many of the youth reps has tried previously, both rabbit dishes prepared were enjoyed by all. Members learned the technique of confit, cooking in low temperature olive oil for a long period of time, a new skill to add to their cooking arsenal. Meat was provided by our own Rabbit Youth Rep, Tessa Mashburn from her rabbitry, Champagne Dreams Rabbitry in Red Hook.

- The sixth stop captured the essence of barbecue with Chef Kevin Viteri and owner of BEAST BBQ Jessica Forlano who guided a hands-on experience involving the start-to-finish process of smoking a brisket. Each with their own station, youth learned how to make a rub, trim a brisket, smoke, rest, and slice up the drool-worthy creation. Juicy & tender whole briskets were donated by Millbrook Beef & Dairy and Sugar Hill Farm in Pine Plains. Viteri & Forlano also enjoyed a presentation by the Youth Sale Reps in attendance regarding all that their projects and the Livestock Sale entails.

Promoting a profound appreciation for the journey from farm to table, we invite you to join us in celebrating the food we eat and the farmers and youth who make it possible. Follow the Youth Livestock reps on their continued journey, nurturing a deeper gratitude for the people and processes that bring fresh produce to our plates in the Hudson Valley by following Dutchess County 4-H on Facebook. By the end of this local food journey, the Youth Reps will have connected with at least 14 local businesses from right here in the Hudson Valley.

Are you interested in purchasing locally raised meats? Make sure to mark your calendar for August 24th for the Youth Livestock Sale held at the Dutchess County Fairgrounds. 4-H and FFA members will be auctioning off their incredible projects so that you can fill your freezer with delicious, local meats! For more information on the Youth Livestock Sale, you can find the Dutchess County Youth Livestock Sale on Facebook or contact Dutchess County 4-H at <https://dutchesscounty4h.weebly.com/>.



From top: Lamb youth representative Jackson Crisp trims a whole beef brisket from Millbrook Beef & Dairy to prepare it for smoking under the tutelage of Chef Kevin at BEAST BBQ in Fishkill. The 2024 Youth 4-H Sale representatives work at Melzingah in Beacon to craft scrumptious Bahn Mi sandwiches with Chef Paige Rodano. The sandwiches feature pork belly from To Have and Have Not Farm in Clinton Corners. Youth Livestock Sale Representatives are pictured with Robin Touchet, co-owner of Branchwater Farms in Milan. Courtesy photos



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# Eden Share joins Family Services; to lease Fallkill Community Garden

Eden Share, Inc. and Family Services have announced a re-imagining of the Fallkill Community Garden in the heart of Poughkeepsie.

Eden Share, a Dutchess County-based nonprofit dedicated to wellness through community gardening, leased the 18,000-square-foot space from Family Services on Aug. 1. As part of the agreement, Eden Share has joined as the newest member of the Family Partnership Center to support the community.

This new project will transform the garden space at 29 North Hamilton Street into a sprawling educational garden

designed to promote wellness and community engagement. Eden Share intends to partner with 10-12 nonprofit organizations to offer educational and wellness programming over a 28-week season, starting in April 2025.

“Eden Share is looking forward to bringing gardening and hope to more residents of Poughkeepsie. We are thrilled to partner with Family Services, a community advocate and provider to so many families in the Hudson Valley,” said Scott Pidgeon, co-founder of Eden Share, Inc. “The garden not only serves as a living classroom, but more importantly, a place

for healing and recovery.”

Leah Feldman, CEO of Family Services said, “For over 140 years, Family Services has been dedicated to enhancing the well-being of individuals and families in the Hudson Valley. Partnering with Eden Share to transform the Fallkill Community Garden aligns perfectly with our mission to strengthen our community and support everyone’s right to thrive. We are excited to see the positive impact this garden will have on promoting wellness, education, and connection.”

Work to transform the space has already begun, and volunteers are wel-

come to help prepare this new, vibrant space where community members can learn about gardening, regenerative agriculture, food production, and wellness practices.

Gardening has long been an important part of physical and mental wellness in many parts of the world, and Eden Share aims to bring the proven benefits of gardening to Hudson Valley residents. Educational programming will be held throughout the spring, summer, and fall, and will focus on a variety of topics; from soil health to pest management and everything in between.

## Family Partnership receives \$250K in funding for fire-retardant doors

Assemblymember Jonathan Jacobson (D-104) recently announced \$250,000 in funding to support improvements to the Family Partnership Center (FPC) in Poughkeepsie. The money will be used to install new, fire-retardant doors throughout the building.

“The Family Partnership Center is an anchor in Poughkeepsie’s Northside, which houses many not-for-profits pro-

viding a range of services to local residents,” Jacobson said. “Unfortunately, the FPC is in a 110-year-old building, originally Poughkeepsie High School, and requires constant renovation and maintenance. So I was glad to secure \$250,000 for the purchase of fire-retardant doors to help keep the building up to code.”

“Family Services is grateful to have

the support of Assemblymember Jonathan Jacobson for this critical project,” said Family Services CEO Leah Feldman. “We so appreciate his encouragement, foresight and care for projects that affect the Family Partnership Center and the residents of the City of Poughkeepsie.”

The Family Partnership Center provides community services and program-

ming to local residents using a co-location model that allows for better collaboration with various nonprofits and other organizations also housed in the building. This includes Dutchess Outreach, the Hudson Valley Justice Center, Dutchess Community College, a branch of the Poughkeepsie Public Library, and Sun River Health, among many others.

# OBITUARIES

### Richard Arnoff

HYDE PARK - Richard A. Arnoff, 91, of Hyde Park, NY, passed away on August 4, 2024 surrounded by his loving family in his home. A Funeral service was held on Wednesday, August 7, 2024 at Temple Beth-El, 118 South Grand Ave, Poughkeepsie, NY 12603. Burial followed at Temple Beth-El Cemetery in Poughkeepsie. Memorial donations may be made in Richard's name to Temple Beth-El or Hudson Valley Hospice, www.hvhospice.org. Arrangements are under the direction of the Wm. G. Miller & Son FH, Inc. If you wish to send an online condolence, please visit our website at www.wmgmillerfuneralhome.com.

### Cynthia R. DeVries

FORMERLY OF RHINEBECK - Cyndia Ruth DeVries, 66, passed away peacefully July 11, 2024, at home with family in Brandon, Miss., following a long illness.

Born in Bronx, N.Y., on July 24, 1957, she was the daughter of Marie Louise Schaepering and LeRoy Milo DeVries, who moved with their five children to Rhinebeck, N.Y. in Cyndia's formative years. She graduated from Rhinebeck High School in 1975, Dutchess County Community College in 1977, and completed a bachelor's degree in

fashion design at Marist College. She went on to receive certificates in paralegal services in New York and Virginia.

She cared deeply for her family, particularly her mother. She relocated from Highland, N.Y., to Fredericksburg, Va., to care for her shortly after the death of her father in 2008. Her extended family reaped the benefits of Cyndi's thoughtful selflessness, enjoying annual shipments of homemade cookies during Christmas as well as birthday or holiday cards and gifts.

Cyndia was a devout Christian, regularly attending Evangelical Lutheran Church services, and had a strong work ethic. She had a long career as a paralegal for real estate firms and worked part-time at department or fabric stores, which supported her hobbies for fashion and quilting. A cat lover, she often kept two at home throughout her life and nurtured neighborhood cats.

She was predeceased by her parents and brother Mark DeVries. She is survived by sister Debi (Donald) Poole in Mississippi, and brothers Kent (Jane) DeVries in Florida and Jonathan (Kimberly) DeVries in Tennessee; as well as her beloved niece Hannah (Casey) Obermeyer in Louisiana and nephews Colin (Tina) DeVries in New Jersey and

Christopher DeVries in Virginia.

Cyndia will be cremated and buried alongside her brother Mark at the Town of Rhinebeck Cemetery in Rhinebeck, N.Y. A graveside memorial service with family will be arranged at a later date.

### Diane F. Fanelli

HYDE PARK - Diane Frances Fanelli, of Hyde Park, entered eternal rest with her family at her bedside, at Vassar Brothers Hospital, on August 7, 2024, after suffering cardiac arrest at her home.

Survivors include her husband, Peter, her daughters, Darcy, Gina, and Laura, seven grandchildren, two siblings, and close friends.

A Funeral Mass was celebrated on Tuesday, August 13th, by Fr. Daniel D'Alliessi at Our Lady of the Rosary Chapel of St. Peter's Parish, 185 Hudson View Drive, Poughkeepsie. Interment followed at St. Peter's Cemetery, Poughkeepsie.

In lieu of flowers, the Fanelli family respectfully requests memorial donations be made to "Saint Peter's Church." Please indicate with a memo or a short note stating, "Boiler Project & Ongoing Maintenance." Checks can be mailed to 171 Salt Point Turnpike, Poughkeepsie, NY, 12603

Arrangements by Sweet's Funeral Home,

Hyde Park. To read the full obituary, to leave an online condolence, or for directions, please visit Diane's obituary page at [www.sweetsfuneralhome.com](http://www.sweetsfuneralhome.com).

### William 'Tim' Heeney

TIVOLI - William "Tim" Heeney of Tivoli, NY passed away on August 3rd, 2024. Tim was born in Hudson, NY on April 26, 1956 to Leo and Frances Heeney. Tim graduated in 1974 from Rhinebeck Central School and was a self-employed electrician. He lived in his adopted home of Tivoli where he had many friends who helped him in the last months of his life. He is survived by a brother, Paul Heeney (Wendy Heeney) and a brother, Thomas Heeney (Wendy Heuman) both of Rhinebeck, NY. He is also survived by nephews Devin Heeney (joy), Red Hook, NY, Adam Heuman Heeney, Rhinebeck, NY, and nieces Kayla Ressler (Dave), Hagman, NY and Katharine Heuman Heeney (Matt Lake), Rhinecliff, NY. He was predeceased by his parents and a brother, Robert Martin Heeney. No services are planned. Anyone wishing to remember Tim are encouraged to donate to St Paul's Church, Tivoli, NY. or to the charity of your choice. Tim will be missed by his many friends.

## Answers to this week's diversions

(puzzles on page 12)

### Suguru solution

2	4	1	5	3	2
3	5	3	4	1	5
1	4	1	5	2	3
2	5	2	4	1	4
1	4	3	5	3	2
3	5	2	1	4	1

S	A	I	L	S	A	C	M	A	S	T		
E	R	S	E	I	T	E	M	M	U	L	C	H
T	A	L	A	N	E	R	O	E	S	S	A	Y
B	E	N	J	A	M	I	N	T	H	O	R	
				T	E	N	S	E	E	R		
R	E	M	O	T	E	S	N	O	O	Z	E	
O	C	A	T	R	A	C	K	S	O	A	R	S
A	L	L	E	Y	C	H	I	A	M	I	G	O
M	A	L	L	U	R	A	N	I	C	R	O	B
T	S	E	T	S	E	B	E	R	E	T	S	
				V	I	A	T	H	E	R	E	
B	R	A	E	D	O	O	R	B	E	L	L	
C	O	A	T	I	A	N	T	I	C	O	I	L
A	R	G	O	N	G	A	L	A	H	O	L	E
P	E	E	R	S	L	Y	O	N	Y	X		

### SUDOKU

This week's answer

9	6	3	7	8	1	2	5	4
2	8	4	5	9	6	1	3	7
5	7	1	2	3	4	9	8	6
6	4	2	8	7	9	5	1	3
8	1	7	4	5	3	6	2	9
3	9	5	1	6	2	7	4	8
4	2	6	9	1	8	3	7	5
1	5	9	3	4	7	8	6	2
7	3	8	6	2	5	4	9	1

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- 107 Situations Wanted
- 120 Schools
- 121 Special Instruction
- 122 Musical Instruction
- 140 Nursery Schools
- 141 Child Care
- 142 Day Care
- 143 Baby-sitting
- 145 Adult Care
- 150 Announcements
- 151 Adoption
- 152 Novenas
- 154 Lost & Found
- 155 Personal
- 200 Services

- 201 Home Improvement
- 202 Cleaning Services
- 203 Lawn Services
- 221 Professional Services
- 222 Tax Experts
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- 713 Rummage Sale
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- 719 Antiques

- 720 Vendors Wanted
- 721 Wanted to Buy
- 722 Bazaar
- 723 Consignments
- 724 Farmers Market
- 725 Collectibles
- 750 Events
- 800 Boats
- 801 Campers & Trailers
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**REQUEST FOR BIDS NOTICE**  
The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the

**Legal Notices**

submission of sealed bids for: Bid #RFB-DCP-59-24 2025 or Newer Utility Terrain Vehicle for the Dutchess County Sheriff's Office  
Bids will be received until 2:00 p.m. on the 21st day of August 2024 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601. Specifications and bid forms may be obtained by visiting our website <http://www.dutchessny.gov>, selecting

**Legal Notices**

"Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

**REQUEST FOR PROPOSAL NOTICE**  
The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed proposals for: Bid #RFP-DCP-46-24 Day Reporting Center  
Proposals will be received until 2:00


**Legal Notices**

p.m. on the 4th day of September 2024 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, New York 12601. Specifications and proposal forms may be obtained by visiting our website <http://www.dutchessny.gov>, selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

The deadline for Legals is every Friday @ 12 noon for a Wednesday Publication\* \*When a public holiday falls on a Monday the deadline becomes Thursday at noon.

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# More than 100 participants take part in active shooter hostile event response exercise

More than 110 participants, representing 24 agencies, took part in a comprehensive, full-scale Active Shooter Hostile Event Response (ASHER) training exercise, coordinated by Dutchess County Department of Emergency Response, today at Arlington High School in the Town of LaGrange. The training exercise was part of a multi-faceted training series to enhance preparedness and ensure integrated response capabilities from local emergency responders, school staff and community members.

County Executive Sue Serino said, "In the face of uncertainty, preparation can be our greatest ally. Today's active shooter training brought together the multitude of agencies who would respond to such a situation if it should ever occur, and gave them the opportunity to work together, assess resources and expose any gaps that would need to be corrected. We are grateful to all who were involved, as it was a massive undertaking that ultimately helps to ensure a swift, effective and compassionate response to save lives. Dutchess County will continue to bring together our first responder community to ensure our readiness is always sharp and we are doing everything possible to keep our residents safe."

The training, which took place on Aug. 7 and was the first operational exercise conducted at this scale in Dutchess County, simulated a realistic emergency scenario, allowing participants to practice and refine their response strategies in a controlled environment. The exercise included law enforcement officers, fire department and EMS personnel, school administrators, public information offi-

cers, as well as volunteers acting as students and staff.

Participants engaged in a simulated active shooter situation within the school premises. The exercise tested the coordination and communication between different responding agencies and the implementation of emergency protocols – in particular, the ability and timeliness of initial requests for resources; response times; how quickly and safely responders can move victims; and how to manage public information. Event organizers were also very cognizant of the mental health element for first responders dealing with such a stressful situation, even hypothetically. Mental health professionals were on hand throughout the day.

Evaluators observed the event throughout the day to identify gaps. A debriefing session was held following the event where evaluators provided feedback identifying strengths and areas for improvement to ensure continuous enhancement of response strategies.

In addition to the Department of Emergency Response, agencies represented at the recent training included:

- Arlington Central School District;
- New York State Division of Homeland Security and Emergency Services;
- Dutchess County Sheriff's Office;
- Dutchess County Executive's Office;
- Dutchess County District Attorney's Office;
- Dutchess County Department of Behavioral and Community Health;
- VA Hudson Valley;
- Town of LaGrange Supervisor's Office;
- Medical Reserve Corps of Dutchess County;
- New York State Police;
- Town of Poughkeepsie Police Department;
- City of



A first responder transports a simulated victim during the large-scale drill held on Aug. 7. Courtesy photo

- Poughkeepsie Police Department;
- East Fishkill Police Department;
- Hyde Park Police Department;
- City of Beacon Police Department;
- Arlington Fire District;
- City of Beacon Fire District;
- Beekman Fire District;
- Fairview Fire District;
- LaGrange Fire District;
- Pleasant Valley Fire District;
- City of Poughkeepsie Fire District;
- and Union Vale Fire District

With Arlington Central School District (ACSD) students at the school for summer activities, organizers limited the day's drill to one specific area of the school, and it did not interfere with student activities. ACSD had also alerted families and community members in advance of the training event.

ACSD Superintendent Dr. Phil Benante said, "The safety of our students and staff, as well as transparent and timely communication, are top priorities for our District. This exercise allowed us to practice these skills, assess our efforts, and further strengthen our emergency response. I would like to thank the Dutchess County Office of Emergency Response for coordinating today's event and all of the emergency responders, county personnel, and Arlington staff who planned or participated in today's exercise."

The ASHER event was part of Dutchess County's Domestic Terrorism and Targeted Violence Prevention Plan,

as mandated by New York State, which requires counties to have mechanisms in place for training, recognition of threats, as well as assessment and prevention. This training exercise was the most recent in a series of ASHER training exercises coordinated by DER to maintain a high level of preparedness and ensure that all emergency response teams are equipped with the skills and knowledge needed to protect the community. In April, DER hosted a four-day "Active Threat Integrated Response Course," in partnership with the Dutchess County Sheriff's Office and State Division of Homeland Security and Emergency Services, followed by a tabletop exercise held in May with ACSD leadership, State and County officials and partner agencies to build their awareness of available resources in an emergency.

DER Commissioner Dana Smith said, "We are grateful to all those who participated today. Bringing all of these agencies together helps people understand the resources that are available and how to activate them quickly to reduce harm. It also allows agencies to identify critical needs and take the opportunity to get the right resources in place to be prepared if a hostile event happens. Joint event like today's help us plan and improve our overall response methodology to ensure a cohesive response in an emergency."



Arlington Central School District Superintendent Dr. Phil Benante discusses communicating details of the drill with Melissa Erlebacher, the district's Chief Communication and Community Engagement Officer. Courtesy photo

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