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Germania to host Oktoberfest Sept. 9-11

by Kristine Coulter

Oktoberfest is coming to Germania of Poughkeepsie. The annual event will be held Sept. 9-11 at the Germania Festplatz, 51 Old DeGarmo Road, in Poughkeepsie. The schedule is Friday from 5 to 10 p.m.; Saturday from 1 to 10 p.m. and Sunday from noon to 5 p.m.

Daily admission is \$5 (16 and under are free). There is \$1 discount for veterans and military with ID. Parking is free. The event is held rain or shine.

Sylvia Reuter and Georgia Herring are the co-chairs for Oktoberfest this year.

"Oktoberfest is a festival... it's a celebration of people," said Reuter.

"My family joined the club back in 2009, and we have helped out every year at the festival. The club is run 100% by our member volunteers. The festival is a great time for families - in fact, my granddaughters (5 and 3) are going to be dancing in the traditional German Dance group called the Almrausch," stated Herring.

The annual festivity will have dancing and music. Music will be provided by the Bratwurst Boys, The Joe Unger Band and The Adlers Band. Traditional dancing will be performed by Germania Almrausch Schuplattler Verein.

The event is about "getting together and having a good time with each other. It's the feeling of celebrating and just having fun," remarked Reuter.

There will be traditional German food and games. Among the games that will be played is the stein holding contest.

"They fill the mug with beer or water. They have to hold their arms and mugs straight. Whoever keeps

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Stanford Fire Dept. delivers on promise to help Ukraine

Firefighting,
medical supplies
headed overseas

by Rich Thomaselli

As the Town of Stanford Fire Department is set to again honor the victims of the Sept. 11 attacks, and makes preparations for its upcoming Community Day - including a fundraising dinner for the people of Ukraine - Ed Zick can finally breathe a sigh of relief.

The head of the Stanford Fire Department's 9-11 Committee and his colleagues were emotional after months of hard, and at times frustrating, work to collect much-needed fire equipment and supplies for a village in war-torn Ukraine. When the group traveled from the small Dutchess County town to watch as 3,000 pounds of equipment was loaded in Syracuse to be shipped overseas, well, let's just say a few tears were shed.

"The only regret I have," Zick said, "was that only the three of us could see this emotion going on."

Members of fire departments and fire companies all over Dutchess County assisted the Stanford Fire Department in this project with donations of equipment.

It was a resilient, determined effort.



Members of a Ukrainian Church in Syracuse meet with members of the Town of Stanford Fire Department. The Stanford Fire Department is fulfilling its effort to ship over 3,000 pounds of firefighting and medical equipment to a village in war-torn Ukraine. Fire departments from all across Dutchess County assisted with donations of equipment. *Courtesy photo*

When the group arrived in Syracuse, they found 18 pallets of medical supplies and firefighting equipment ready to ship. A truck was then dispatched to New Jersey and a cargo ship will begin the journey to Gdansk, Poland, this week. It is expected to take six weeks to arrive.

From there, it will be transported personally by truck by a contact that Zick met through the Ukrainian church in Kerhonkson. The supplies will be taken

to small village in Ukraine called Manevychi, population 10,000. Zick and his cohorts have been in contact with two fire brigades that will receive the much-needed equipment.

"Most of the people we met could not speak English, but you could feel the appreciation," Zick said. "Over and over, Fred, our contact in Syracuse, would say 'I don't understand why you would do

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Community Day returns to Millbrook

by Cecilia Collopy

After three long years, the Millbrook Community Day returns to the Village on Saturday, Sept. 10, from 10 a.m. to 2 p.m. Once again, local business and community organizations will line the streets to provide information and fun activities for attendees.

The Farmers Market will be open from 9 a.m. to 1 p.m., so you will be able to stock up on fresh veggies, fruits and plenty of other Market specialties.

Visitors will find many of their old Community Day favorites as they stroll through the Village. The Veterans of Foreign Wars will return with their delicious sausage and

peppers, and the Central Baptist Church will serve their popular chicken. Millbrook Yoga will offer free yoga sessions on the library lawn, and the Northern Dutchess Raiders cheerleaders will serve sweet treats at their bake sale.

The Millbrook Historical Society and the Millbrook Garden Club will again present informative and interesting displays. The Millbrook Seniors will be there to talk about their programs and activities. The Village Police will not only provide order and safety for Community Day; they will return with their lively information booth - a hit with both young and old!

The Friends of the Gazebo, a local

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Germania to host Oktoberfest Sept. 9-11

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Evelyn Wuytack and Mike Reichert of Germania's Almrausch Schuhplattler Verein dance. Photo by Karen Rose. Below: Attendees can listen to the music of the Gregory and the Brauhaus Band during this year's event. Courtesy photo



that mug held up the longest is the winner," explained Reuter. The contest will be played a few times throughout each day of the event.

"It is very informal. We usually have a good number of people play," she noted.

As for the food, Reuter talked about the traditional apple strudel that is home-made by some of the Germania volunteers.

There will also be German potato salad available.

"More than 700 pounds of it is made. The volunteers peel the potatoes," Reuter said.

Attendees will also be able to choose from cucumber salad, pretzels, and sauerkraut. Also available to purchase will be beer and bratwurst.

The bee sting cake, which is made

with honey, is also very popular during the event, remarked Reuter.

There will be vendors also during the annual festival, as well as children's activities.

Germania is open to all cultures and traditions, said Reuter. There is "a whole mix of people," including German, Polish, Irish, Italian, Asian and Spanish she said.

German classes are offered at Germania.

Reuter thanked this year's 300 volunteers and sponsors of Oktoberfest.

Herring reminds everyone, "You don't have to be German to enjoy the festival as long as you enjoy the beer, food, music, dancing, soccer, pretzels..."

For more information, visit www.germaniapok.com.

Stanford Fire Dept. delivers on promise to help Ukraine

continued from cover



Members of the Town of Stanford Fire Department load equipment into a truck before heading off to Syracuse. The equipment is now headed to Poland and eventually to a village in war-torn Ukraine. Courtesy photo

this for my people, but God does.' It made all those setbacks and sleepless nights worth it."

While he tracks the shipment, Zick and the Fire Department personnel will turn their attention back home. Once again, they have already planted the small flags on the hill in Stanfordville in front of Town Hall to commemorate the deaths of those lost on Sept. 11, 2001, a tradition that will live on, according to Zick. The flags were expected to be in place by

Friday, Sept. 2, and will stay planted in the ground until Sept. 19.

"You know, it's easy to say 'Never Forget' but to do something to remember is another issue," he said.

On Sept. 17, the town will have its Community Day and Zick is actively seeking those who will attend a fundraising dinner that night to raise more money for Ukraine.

For tickets, contact Ed Zick at (845) 266-8366.

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cschmidt@sdutchessnews.com

MHA OF DUTCHESS COUNTY VET2VET SUPPORT GROUP SET

Mental Health of America of Dutchess County (MHA of Dutchess County) Vet2Vet Support Group is set for September 7th and September 21st from 3 to 4 p.m. at 515 Haight Avenue, Poughkeepsie.

These groups serve as an outlet for veterans to discuss with peers their opinions, challenges, successes and anything else in order to regain balance in their lives. The groups are free, confidential and judgement free. They are open to all veterans despite discharge type, time in services or period of service. Active & Inactive and National Guard members are welcome as well.

Masks are required. RSVP is required.

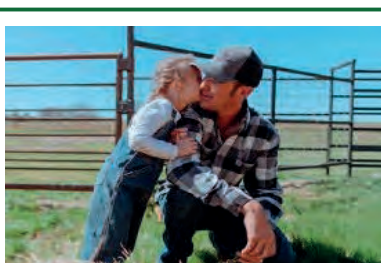
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County seeks proposals for youth program funding

Grant workshops set Sept. 13 & 14

The Dutchess County Department of Community and Family Services' Division of Youth Services is requesting proposals for youth development services from municipalities and non-profit, community-based organizations for calendar year Jan. 1-Dec. 31, 2023. Program funding will be awarded in the following categories: Youth Development Programs (YDP) and Runaway and Homeless Youth Act (RHYA).

Grants ranging from \$5,000 to \$25,000 will be awarded to programs that provide free, direct services designed to

improve youth and community outcomes, as outlined in the 2023 Dutchess County Youth Board and Coordinating Council Funding Priorities document. Programs must address one of the New York State Office of Children and Family Services' six life areas, which are: Economic Security, Physical and Emotional Health, Education, Citizenship/Civic Engagement, Family and Community.

Programs will be expected to demonstrate knowledge/trained staff in Positive Youth Development and show how the program addresses one of Dutchess County's "Path to Promise" domains/value areas. Programs must serve Dutchess County residents up to 21 years of age for calendar year 2023.

Eligible applicants should be either a county municipality or a 501(c)(3) non-profit, community-based organization with a federal identification number and charity registration number, operating in Dutchess County with the ability to meet the County's insurance requirements and have reliable access to email.

The Division of Youth Services has scheduled two grant workshops – on Tuesday, Sept. 13, and Wednesday, Sept. 14 – for nonprofit agencies and municipalities. Attendance at one of the grant workshops is required; they will take place from 9 to 11 a.m. at the Dutchess County Emergency Response Center, 392 Creek Road, Poughkeepsie.

Contact Juliana Corbett at (845) 486-

3354 or Juliana.Corbett@dfa.state.ny.us to register for a workshop. At each workshop, DCFS staff will review the step-by-step process of applying online through the Dutchess County Grant Portal and address any concerns or questions.

All grants are due to the Division of Youth Services on or before Wednesday, Oct. 5, by 5 p.m.

Funding is made available through the New York State Office of Children and Family Services. In 2022, 20 programs were awarded a total of \$266,691 in funding. The amount of funding will be subject to the availability of annual state appropriations, which have not yet been made.

Citizens Preparedness Trainings to return starting Sept. 15

September is National Preparedness Month and the Dutchess County Department of Emergency Response announces the return of the County's popular, free Citizens Preparedness Trainings. The first sessions will be held in partnership with the Town and Village of Rhinebeck on Thursday, September

15th at the Rhinebeck Village Hall, located at 76 East Market Street in Rhinebeck. Two sessions will be offered at 2pm and 7pm and will provide participants with the tools and resources necessary to better prepare for any type of disaster. The sessions are open to the public; view the event flyer.

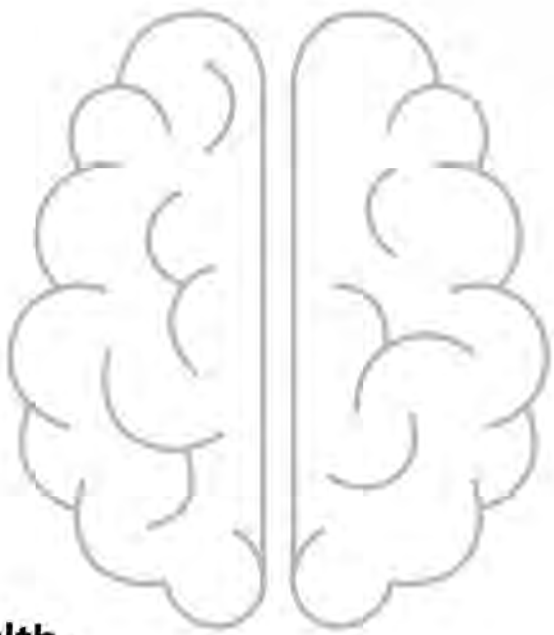
Participants will learn how to respond accordingly in a disaster and recover as quickly as possible to pre-disaster conditions. Each family will receive a free Citizens Preparedness Response Starter Kit. Dutchess County's Medical Reserve Corps and the Dutchess County Animal

Response Team will be present with more information on how to become involved.

Additional trainings will be scheduled at various locations throughout the County in the coming months. For information, visit www.dutchessny.gov.

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LETTERS TO THE EDITOR

NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News. Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

Trump is not above the law;
he is ruining the Republican Party

To the editor:
I am an ordinary American citizen born in the United States who grew into old age and follows the news on television and published articles.
Donald Trump is a very clever man who was able to bring hate groups together to form a political base and take over what is in reality no longer the Republican party or better known as RINO. He with his “Election Deniers” work to overthrow our democracy as the January 6th committee has shown using evidence and Republican witnesses.

His veiled THREAT, mimicked by Senator Lindsey Graham, is that if he is prosecuted that there will be “riots on the streets.” The problem is that the evidence being gathered by the 1/6 committee and government indicates he has committed crimes against America and if not prosecuted will destroy our society and government, thereby destroying the “NO ONE IS ABOVE THE LAW” concept that we aspire to.

We are all members of that so-called “Court of Public Opinion” and the question is what would be the appropriate punishment for ex-president Trump?

My opinion is that it should be BANISHED FROM THE AMERICA he does not believe in and wants to turn into a dictatorship.

I do not suggest this in jest; reportedly he owns a vast island in Maldives and I believe banishment has historical basis. Ostracism or banishment is the civilized method of removing someone whose actions are destroying the group and has a history back to the Athenian Democracy.

In colonial America, there was Roger Williams (1635) and Anne Hutchinson (1637) banished to the wilderness from the Massachusetts Bay Colony. In 1807, in connection with the vice-president Aaron Burr trial for treason, an army officer named Philip Nolan, who was somehow connected to the trial, was banished, and this became the basis of a story by Edward Everett Hale entitled “Man without a Country.”

You will find banishment exists with churches that “excommunicate” or “Shun.”

David F. Queen
Red Hook

No great men on the horizon

To the editor:
I feel sorry for the millions that never served under a great president such as Franklin Delano Roosevelt. Despite a severe disability he overcame herculean odds of his time to run for public office. His New Deal programs exist today.

President Roosevelt delivered definite strategies to his publicity team. To properly campaign, they were never to mention his opponent’s name for good or for ill. To do so would give them free publicity. They were asked to simply state his name, the office he was running for, what he did for the people during his last term, what he intended to do for them in the future. Many could learn from his approach.

Weary of the negativity. Republicans chastising the president

for giving debt relief. Not being fair to others. We have got to have more than the two-party system that is more divided then ever, to the detriment of the people.

Since when is life fair? There are Higher Powers at work we cannot understand. Every day there are perceived injustices. We must have an attitude of thankfulness and happiness for those that benefit. Good does come in mysterious ways in its own time. Mrs. Roosevelt, a great and positive lady in her own right, suggested constantly to those she addressed that whatever happens in life, do the best you can, but just keep going.

Sadly, there is no FDR on the horizon. He had undergone a deep spiritual transformation through his disability. In overcoming his own ‘crippled condition’ he was able to heal, transform a crippled nation. A true visionary. He inspired millions around the world.

There is a book, “Great Speeches by Native Americans,” by Bob Blaisdell. Those speeches hold a vision, a power, an inspiration you never hear from our politicians. And we called them savages.

Joyce Benedict
Hyde Park

USS Roosevelt sends message of thanks, provides update

Residents of Ulster and Dutchess Counties:
Happy Labor Day from USS ROOSEVELT! We spent the summer in our homeport of Rota, Spain, preparing the ship and crew for our upcoming fourth patrol in the Sixth Fleet area of operations. In just a few weeks, we will head back out to sea, defending freedom and democracy in the way we know best. This Labor Day, we’d like to thank you for your work every day to support our great nation.

The United States has celebrated Labor Day since 1894 to celebrate the achievement of workers and the strength and prosperity that their work has brought this country. During his presidency, our namesakes Franklin and Eleanor Roosevelt were famed for promoting four essential freedoms that he deemed integral to the American spirit: the freedoms of speech, of worship, from want, and from fear. Without our powerful workforce, these freedoms would be little more than a dream, and America would be just a shadow of what it is today.

For many service members, it is common knowledge that the role of the spouse at home during a deployment is just as challenging as the role of the service member. They maintain the family, the home, and their own career, while also supporting their spouse overseas. The balance is delicate and challenging and it does not go unnoticed by the service member. Similarly, we recognize the work you put into our country every day. Without you and the products of your labor, we would be left without a country to defend. So on this Labor Day, the crew of USS ROOSEVELT honors you and thanks you for your work every day to support our nation. Happy Labor Day!

Commanding Officer
USS ROOSEVELT (DDG 80)

Editor’s note: The USS Roosevelt is Dutchess County’s adopted ship.

UPDATED POLICY ON LETTERS

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Northern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

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Millbrook Library to host ‘Drive Fore Literacy’

by Mary Keelan

“Hoots of laughter reverberated throughout the Library as players navigated obstacles typical of their business, such as soup cans and cereal boxes at the Marona’s sponsored hole. It was just too much fun.”

Cathy Morrell, Co-President of Friends of the Millbrook Library (FML), commenting on 1st Mini-Golf Tournament 2019

No one normally thinks of trotting around the Millbrook Library, golf club in hand, standard size golf ball on the “turf” and one of 18 sponsored holes straight ahead, waiting for a perfect shot.

With the theme, “Drive Fore Literacy” and the aim raising funds to realize the Library’s wish list, many competitive souls are expected to do just that at the 2nd Annual Mini-Golf Tournament, underwritten by HW Guernsey at Compass and many Millbrook businesses and sponsored by the Friends of the Millbrook Library. The tournament will be held for adults only on Friday, Sept. 9, from 6 to 9 p.m.; and for children and families on Saturday, Sept. 10, from 10 a.m. to 2 p.m.

When Anne Collins, a local golfer, and a Friend of the Millbrook Library who also served as President of the Board during the library’s major expansion, brought the idea of a mini-golf tournament as a fundraiser to the Friends meet-

ing in 2018, hesitancy and a certain apprehension dominated the meeting. As one Friend recalls and echoes the original consensus: “I could not imagine how a mini-golf course could be laid out in the Library until I actually walked the course.”

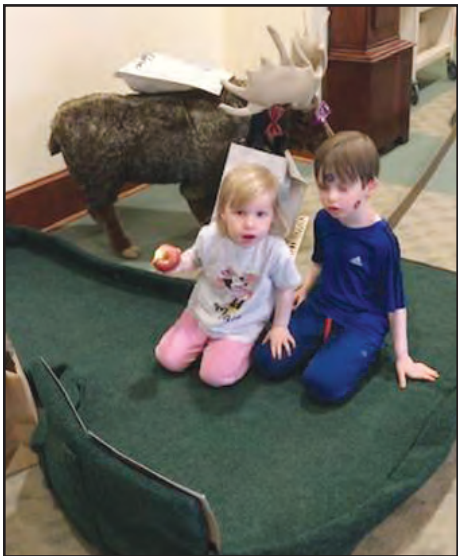
As other golfing enthusiasts among the Friends joined in, a decision was made to hold the first Millbrook Library Min-Golf Tournament in April of 2019.

Over 200 golfers and spectators attended, including a few who shared that they had never before been in the Millbrook Library. For one observer, the surprise was that “Fairways meandered through the Flagler Room into the Gallery and through the stacks in the reference room and down the stairs to the lower level...to an obstacle-ridden fairway down the steps into the Children’s Library.”

Just as then, this adult Friday evening event will include wine donated by the Millbrook Vineyards and hot and cold passed hors d’oeuvres from award-winning Babette’s Kitchen, a local coffee and catering shop. On Saturday, families and children will enjoy snacks.

The door fee for the adult event on Friday, Sept. 9, is \$15 per person and on Saturday, Sept. 10, it is \$5 per child.

The Millbrook Library is located at 3 Friendly Lane in Millbrook. Visit millbrooklibrary.org for more information.



A fun time was had by all at the 1st Mini-Golf Tournament held in 2019 at the Millbrook Library. People of all ages and local businesses, took part in the fundraiser. Photos courtesy of Denise Bauer, Co-President of Friends of the Millbrook Library

we're on the web!
www.sdutchessnews.com

Community Day returns to Millbrook

continued from cover

organization working to restore the gazebo on Elm Drive, will provide important information about the project. Later that day, they will host a Porch Party at several homes along Elm. You can register in advance / purchase tickets at www.millbrookgazebo.com, or just get tickets at the time of the event at the Gazebo. The party runs from 4 to 6 p.m.

The Millbrook Library will be abuzz on Community Day. Besides many activities on the lawn, the Friends of Millbrook Library are hosting the highly anticipated Drive Fore Literacy Mini Golf Tournament. The golf tournament will take place from 10 a.m. to 2 p.m. and will

support the library. Of course, the games on Saturday are for children of all ages.

The Community Day Parade will kick off at 1 p.m. from Friendly Lane. The parade will feature some of Millbrook’s favorite groups and clubs.

Mayor Tim Collopy said, “I appreciate how Millbrook residents and businesses have jumped at the opportunity to revive our annual Community Day celebration after the three-year hiatus.”

There will be something for everyone at the Millbrook Community Day. The local shops and eateries will reflect the festive occasion, so plan to spend the day. You will not be disappointed!

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SOUTH ATLANTIC LEAGUE NORTH		W	L	PCT	GB	E#	L10	STRK
Brooklyn NYM		33	23	.589	-	-	7-3	L1
Hudson Valley NYV		32	23	.582	0.5	11	7-3	L2
Aberdeen BAL	*	31	25	.554	2.0	9	6-4	W1
Greensboro PIT		27	27	.500	5.0	7	7-3	L1
Wilmington WSH		26	30	.464	7.0	4	4-6	W1
Jersey Shore PHF		21	35	.375	12.0	E	3-7	W2
SOUTH ATLANTIC LEAGUE SOUTH		W	L	PCT	GB	E#	L10	STRK
Rome ATL		34	20	.630	-	-	3-7	L1
Bowling Green TB	*	32	24	.571	3.0	9	5-5	L2
Asheville HOU		30	26	.536	5.0	7	7-3	W2
Hickory TEX		25	31	.446	10.0	2	3-7	L1
Winston-Salem CWS		22	34	.393	13.0	E	3-7	W1
Greenville BGS		20	35	.364	14.5	E	4-6	W1

Start planning now! 2023 Renegades schedule is set

by Rich Thomaselli

The Hudson Valley Renegades, the High-A affiliate of the New York Yankees, have announced their 2023 schedule, featuring 132 games set to begin Friday, April 7 at Dutchess Stadium. The 2023 season marks the third year for the Renegades as a member of the South Atlantic League.

The schedule features 66 home games and 66 road games against nine opponents. Hudson Valley faces off against North Division opponents 105 times, while playing South Division foes in the remaining 27 contests.

The season begins on Friday, April 7 as the Renegades host a three-game series with the Greensboro Grasshoppers, kicking off a season-opening nine-game homestand through April 16, which also includes six games with the Aberdeen IronBirds.

“We are very excited for the 2023 season of Renegades baseball at The Dutch,” Steve Gliner, President and General Manager of

the Renegades, said in a statement. “We have a lot of big things planned for next year, and we can’t wait to share it all with our fans.”

The most frequent opponent for the Renegades in 2023 is the Wilmington Blue Rocks, the High-A affiliate of the Washington Nationals. The ’Gades and Rocks will square off 30 times during the season. Hudson Valley is set for 24 games each with Aberdeen (Baltimore), Brooklyn (NY Mets), and Jersey Shore (Philadelphia).

Hudson Valley hosts one new opponent out of the South Division this year, welcoming the Bowling Green Hot Rods to The Dutch from July 14-16. The Hot Rods are an affiliate of the Tampa Bay Rays, the Renegades parent club from 1996-2019.

The Renegades host two nine-game homestands in 2023 – April 7-16 and July 14-23. They will take two 12-game road trips during the season – from April 18-30 to Rome and Greenville, and July 25-August 6 against Hickory and Wilmington.

Players Statistics

PLAYER	TEAM	G	AB	R	H	2B	3B	HR	RBI	BB	SO	SB	CS	AVG	OBP	SLG	OPS
1 Austin Wells C	HV	28	99	21	32	7	0	6	16	19	27	9	0	.323	.429	.576	1.005
2 Grant Richardson RF	HV	28	100	19	23	3	0	10	22	9	42	1	0	.230	.322	.560	.882
3 Aaron Palensky LF	HV	69	191	41	48	11	2	9	31	32	72	8	3	.251	.376	.471	.847
4 Jasson Dominguez CF	HV	33	129	26	38	5	3	3	15	19	30	15	1	.295	.391	.450	.841
5 T.J. Rumfield 1B	HV	45	168	21	50	13	0	3	30	27	39	4	2	.298	.400	.429	.829
6 Tyler Hardman 3B	HV	98	360	47	95	14	1	21	74	38	122	13	4	.264	.333	.483	.816
7 Everson Pereira CF	HV	73	288	55	79	13	6	9	43	34	87	19	5	.274	.354	.455	.809
8 Kyle Battle LF	HV	4	11	2	3	1	0	0	2	3	4	3	1	.273	.429	.364	.793
9 Trey Sweeney SS	HV	96	376	68	89	17	4	14	50	55	107	26	3	.237	.344	.415	.759
10 Eric Wagaman 1B	HV	52	180	18	42	7	0	9	26	25	34	2	0	.233	.332	.422	.754
11 Anthony Seigler C	HV	65	216	45	49	13	0	4	26	60	58	11	7	.227	.395	.343	.738
12 Carlos Narvaez C	HV	74	233	33	45	11	1	11	35	40	79	4	2	.193	.319	.391	.710
13 Spencer Henson 1B	HV	66	228	35	48	9	1	10	36	29	78	2	2	.211	.311	.390	.701
14 Cooper Bowman 2B	HV	80	299	54	65	15	1	8	35	55	97	35	6	.217	.343	.355	.698
15 James Nelson 3B	HV	49	149	19	33	6	0	2	23	31	56	16	7	.221	.364	.302	.666
16 Aldenis Sanchez LF	HV	92	298	37	76	8	2	1	30	42	101	32	8	.255	.353	.305	.658
17 Eduardo Torrealba 2B	HV	64	203	24	43	7	2	2	26	18	35	12	3	.212	.289	.296	.585
18 Pat DeMarco RF	HV	66	229	18	53	11	0	1	16	12	67	5	3	.231	.269	.293	.562
19 Saul Torres C	HV	6	16	2	2	0	1	0	1	2	10	0	0	.125	.222	.250	.472
20 Benjamin Cowles 2B	HV	15	52	6	7	1	0	0	5	6	21	0	1	.135	.233	.154	.387
20 Cristian Perez SS	HV	26	76	7	13	2	0	0	5	2	22	2	0	.171	.190	.197	.387
22 Ben Rortvedt C	HV	4	12	3	1	0	0	0	0	3	6	0	0	.083	.267	.083	.350
23 Blane Abeyta P	HV	21	0	0	0	0	0	0	0	0	0	0	0	.000	.000	.000	.000
23 Nelvin Correa P	HV	28	1	0	0	0	0	0	0	0	1	0	0	.000	.000	.000	.000
23 Charlie Ruegger P	HV	20	1	0	0	0	0	0	0	0	1	0	0	.000	.000	.000	.000

Pitching Statistics

PLAYER	TEAM	W	L	ERA	G	GS	CG	SHO	SV	SVO	IP	H	R	ER	HR	HB	BB	SO	WHIP	AVG
1 Blas Castano P	HV	5	7	3.31	20	19	1	0	0	0	100.2	94	43	37	7	12	31	96	1.24	.247



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RENEGADES ROUNDUP

Renegades stay close to Cyclones in tight race for 2nd-half crown



Richard Fitts (3-0) threw 5.2 shutout innings, scattering four hits and racking up a career-high nine strikeouts in last week's win over Jersey Shore. Photo by Dave Janosz

by Rich Thomaselli

Three Hudson Valley Renegades pitchers combined to shut out the Jersey Shore BlueClaws 8-0 on Thursday night, September 1, at Dutchess Stadium. It was the ninth shutout of the year thrown by the Renegades, and the fourth against the BlueClaws.

The victory allowed Hudson Valley stay a half-game behind Brooklyn in the North Division of the South Atlantic League with just nine games left in the season.

The Renegades took the lead in the bottom of the second inning when Eduardo Torrealba ripped a

single to left off Kyle Glogoski to score Carlos Narvaez to open up a 1-0 advantage.

That was all that Richard Fitts needed as he turned in another gem for Hudson Valley. In his fourth High-A start, Fitts (3-0) threw 5.2 shutout innings, scattering four hits and racking up a career-high nine strikeouts.

In 26.1 innings with the Renegades, the right-hander has a 0.68 ERA, and has allowed only 15 hits while striking out 30 and walking just two batters.

Hudson Valley tacked on four runs in the bottom of the sixth to open up a 5-0 lead with a rally

against Carlos Francisco.

Aaron Palensky ripped an RBI single to left, Trey Sweeney walked with the bases loaded and Tyler Hardman brought in two more with a double. Hardman now leads all Yankees minor leaguers with 76 RBIs on the season.

Bailey Dees relieved Fitts and tossed 2.1 perfect innings in his High-A debut, striking out four. Enrique Santana guided the Gades through the ninth and locked down the shutout win with a scoreless inning in his High-A debut.

The Renegades will close out their regular season schedule with six games at Wilmington this week.

GLINER'S KORNER

Educating fans and making adjustments for next season

Every week, Hudson Valley Renegades President Steve Gliner sits down with reporter Rich Thomaselli to discuss the team in particular, and minor league baseball in general.

Last homestand as we speak! Take us through the year.

2022 was all about having a season without having any restrictions and getting back into the groove. Like we talked about before, we never played Renegades games in April before and the average temperature in April was 48 degrees. So it was definitely different. We just released our 2023 schedule (see story on Page 6) and we're looking forward to that, and it starts even earlier (at home) than before on April 7. So for us it's still all about educating the market on our new league and new schedule. But as a staff we know we head into the off-season without any restrictions we're coming off and now we

know moving forward everything is going to be as we knew it.

You've talked about that need to educate the market before, but was there an adjustment these last two seasons going to full-season baseball for you and the staff?

You have to kind of look at the schedule and prepare. There are a lot of things that have to fall into place. It makes it easier knowing what we've done this month. We learned things from this year, especially what April and May are like.

As April and May of this year turned into summer, did you adjust on the fly?

Not really. There's not a lot you can do once things are in place, but you can take a lot of good notes. Here's what worked well, here's what didn't, that sort of things. I kind of expected April and May to be light, with kids in school and us not having a history of playing in those months (in the New York-Penn League).

Now we have a whole season of data of how things work.

I had a boss who used to use this phrase "second notebook" to jot down ideas separate from what you were covering about things you might want to implement. Do you do that?

All the time. I have a pile of notebooks that I refer back to. There's always instances where we can take information and move forward. We are constantly looking for ways to improve. We come in with a game plan and maybe some of it clicks and maybe some of it doesn't. So you look at what works and how to improve it, and you know at what doesn't and try to learn why it didn't.

As this last homestand comes to an end, were you pleased with the season and how things played out in terms of fan attendance, successes, fan recognition that you're a Yankee franchise, that sort of thing?

Yeah, we learned a lot from our perspective. We learned a lot. We were happy with the season but we can always

improve. That's the mark of a good staff that they can recognize those instances. You're never comfortable. I think I've said that before. We always need to find ways to improve. We'll always want as much information as we can and that's where communication with the fans as well.



COMMUNITY CALENDAR

Interfaith Healing Service & Grief Support Group

Thursdays at 11 a.m., St. Paul's Episcopal Church in Pleasant Valley will host a healing service for you or a loved one followed by a Grief Support Group facilitated by The Rev. Heather Sisk, Episcopal Priest and Spiritual Director, with Liz Whitman, MSW. Come to either or both on any Thursday. You are not alone. Many of us are hurting. Everyone is welcome. For more information, call (845) 635-2854, email stpaulspv@gmail.com or visit www.stpaulspv.org. Accessible facilities.

Lyall Church in Millbrook offers programs

The First Harvest Food Pantry at Lyall is open. Every Tuesday morning, 8-10 a.m. through Oct. 18, Debby will welcome anyone in need. We offer fresh, certified organic produce from Stonewood Farm and other non-perishable pantry items free and open to all. Call (845) 677-3485 with questions.

The Anti-Racist Study Group has been meeting for several years. We currently meet on Mondays, at 12:30 p.m. by Zoom. We invite anyone to join us who wants to explore the issues of race and caste in our country, issues that will not go away or improve unless we face them together. Our study group is welcoming and hospitable. We have a great time as we continue to learn a lot. We also are happy to include new members. Contact Cat Greenstreet (catgreenstreet@gmail.com) or Pastor Thom if you're interested.

Two other ongoing programs at Lyall are Meals on Wheels at Millbrook and Food For Folks Food Pantry (emergency support). The service area of both these programs is limited to the Town of Washington Village of Millbrook.

Rhinebeck Chamber to hold

After-Hours event at Wilderstein Sept. 8

The Rhinebeck Area Chamber of Commerce will hold its Business After Hours at Wilderstein Historic Site, 330 Morton Road, Rhinebeck on Thursday, Sept. 8, from 5 to 7 p.m.

Advance registration is required at rhinebeckchamber.com. There is no charge to members, \$15 to non-members.

Rhinebeck church to hold yard sale

Good Shepherd/St. Joseph's Parish will hold its 40th annual Yard Sale Extravaganza on Friday and Saturday, Sept. 9 and 10, from 10 a.m. to 4 p.m.; and Sunday, Sept. 11, from 9 a.m. to 2 p.m. The sale will be held at the Good Shepherd Church, 3 Mulberry St., Rhinebeck. Come rain or shine to explore antiques and collectibles, household items, jewelry, art work, books, furniture, electrical items, toys, sports items, bikes, clothing, garden and yard items. Great for student dorms, apartments or new accessories for your home. Call Good Shepherd Church (845-876-4583) Monday-Thursday, 9 a.m.-noon; or leave a message at other times with any questions.

United Way's Community Breakfast set Sept. 14

Reservations are open for United Way of the Dutchess-Orange Region's annual Community Breakfast will take place on Wednesday, Sept. 14, from 7:30 to 9 a.m., at The Poughkeepsie Grand Hotel. Tickets are \$60.

Voting has begun for the 2022 Kindness Champion. Vote through Sept. 11 at www.uwdor.org/kindness. The winners will be announced at the Community Breakfast.

For more information, tickets, sponsorship, advertising and donations, go to www.uwdor.org/breakfast2022.

Stanford Community Day

Stanford Grange #808 will have its Annual Chicken Barbecue at the 64th Annual Stanford Community Day on Saturday, September 17, at

the Stanford Grange Hall, 6043 Route 82, Stanfordville. Dinners are to-go only and will be ready at 12 noon. Dinners will include 1/2 barbecued chicken, potato salad, baked beans, dinner roll and dessert. Cost is \$17 per person. For reservations, please contact Grange Secretary Ryan Orton at (845) 868-7869.

Clinton Social and Candidate meet-and-greet event on Sept. 17

The Town of Clinton Democratic Committee invites all Clinton residents to their its social event on Saturday, Sept. 17, from 1 to 4 p.m. Democratic candidates on the ballot in November and local elected officials will be represented at the event to meet with residents and discuss their platforms. The event will take place at Frances J. Mark Memorial Park at 337 Clinton Hollow Road. Refreshments will be provided.

The event is free. For more information, contact townofclintondemocrats@gmail.com or go to townofclintondemocrats.org.

Cemetery Crawl begins Sept. 17 in Red Hook

Historic Red Hook is kicking off the spooky season early this year with their second annual Cemetery Crawl set Sept. 17 to Oct. 30. This free event is both a seasonal scavenger hunt and a year-round, self-guided tour of six Red Hook cemeteries that offers highlights of the lives of interesting individuals and their memorials. All you need is your smartphone and some good weather and you've got a lovely way to spend the fall season enjoying local history.

Find Historic Red Hook's booth on Hardscrabble Day, Sept. 17, from 10 a.m. to 4 p.m., in the Village of Red Hook, where they will officially launch the event. The Crawl will conclude with an award ceremony on Oct. 30 at the Elmendorph Inn at 1 p.m. Visit <https://www.historicredhook.org/cemeterycrawl> or email info@historicredhook.org for more information.

Community Chili Cook-Off and Pie-Baking Contest set in Rhinecliff

The Rhinecliff Fire Company's Community Chili Cook-Off and Pie-Baking Contest will take place on Saturday, Sept. 17, from 4 to 7 p.m., at Firemen's Field on the corner of Valley Way Road and Loftus, next to the Old Schoolhouse Condos in Rhinecliff.

Community Kickball Game starts at 4 p.m. All ages welcome. All Chili entries must be registered and on the table by 4:45 p.m. Bring a hot pot of Chili for a chance to win \$100, a dish to pass or just your appetite to share among friends and family. Free hot dogs and beverages for everyone. Pie Baking Contest – any fruit pie – first place \$50. Rain date is Sunday, Sept. 18.

Call (845) 876-5738 for information.

Red Hook Hardscrabble Day set

Red Hook's annual Hardscrabble Day will take place on Saturday, Sept. 17. The popular event will be centered in the Village Parking Lot and feature live performances all day: child-focused entertainment in the morning, teen bands in the afternoon, and the opening acts and headliner will start around 5 p.m. Those who would like to volunteer are asked to contact Amy Smith at Events@redhooknyvillage.org.

Stay up to date by following the Hardscrabble website: www.hardscrabbleday.org.

Tours scheduled at Vanderbilt gardens

The Vanderbilt Garden Association's interpreters will be in the formal gardens on every third Sunday of the month through October to offer free monthly tours from 11 a.m. to 3:30 p.m. Tours meet outside the Tool House building. Future dates include Sept. 18 and Oct. 16.

Interpreters will discuss the history of the gardens, with a focus on the Vanderbilt ownership and the mission of the not-for-profit Vanderbilt

County 9/11 Memorial Ceremony to be held Friday, Sept. 9

Dutchess County Family Court Judge Tracy MacKenzie is hosting the Dutchess County September 11th Memorial Ceremony on the steps of the Family Court Center at 50 Market Street in Poughkeepsie on Friday, September 9th. The ceremony will begin at 8:30 am and will honor all the lives lost on September 11, 2001. The ceremony is open to the public, all are welcome to attend.

Reverend Dr. Edward Hunt of Bethel Missionary Baptist Church will lead

attendees in prayer followed by a rendition of "God Bless America" by Michelle Martin. Dutchess County's Acting Sheriff, Kirk Imperati will provide keynote remarks. The service will also include a ceremonial lowering of the flag and moment of silence to remember all the lives lost on that tragic day.

For further information, please contact Ms. Sarah Baiano in the chambers of County Family Court Judge Tracy MacKenzie at 845-431-1819.

Garden Association to rehabilitate and maintain the plants, shrubs and trees within the formal gardens as they were in the 1930s just prior to Frederick Vanderbilt's death in 1938.

For further information, e-mail info@vanderbiltgarden.org or visit <http://www.vanderbiltgarden.org>.

Salt Point church to host rummage sale

There will be a Fall Rummage Sale at Westminster Presbyterian Church, located at 1872 Salt Point Turnpike in Salt Point, on Friday Sept. 23, from 3 to 6 p.m.; and Saturday, Sept. 24, from 9 a.m. to 2 p.m., with a \$3 final bag sale from 2 to 4 p.m. Featured will be gently used fall and winter clothing for men, women and children; shoes, pocketbooks, coats, linens, kitchen items, electronics, books, CDs, children's games, puzzles and toys and much more at reasonable prices. Lunch available on Saturday with a bake sale both days. For information or directions, call Diana at (845) 635-3635.

Vassar Temple High Holy Day Services

Vassar Temple, Poughkeepsie, invites the community to worship with us on the upcoming High Holy Days. Rosh Hashana begins the evening of Sept. 25 and Yom Kippur begins the evening of Oct. 4. The congregation's Rabbi Renni S. Altman, DD and Cantor Elizabeth Goldmann will officiate. Most of the High Holy Day programming will be hybrid (available both in person and on Zoom), with professional security present on site. Please visit our website www.vassartemple.org for Temple Covid policies for in-person attendance, and for the service schedule. Any updates will be posted there.

No fee is involved for anyone (donations appreciated), but everyone wishing to attend should contact the Temple and register in advance. The congregation is also accepting contributions of nonperishable foods for its annual Yom Kippur Food Drive to benefit a local food pantry. Vassar Temple is a welcoming, inclusive congregation, and is a member of the Union for Reform Judaism.

For further information, and to sign up to attend, contact office@vassartemple.org or (845) 454-2570.

Anderson Center Gala to honor NDH caregivers

Anderson Center for Autism celebrates the return of an in-person gala event this year. The Gala, set Saturday, Oct. 1, promises an elegant evening of 10,000 thank-yous, countless champagne bubbles, dinner, dancing, an auction, and more. Taking place at The Grandview, 176 Rinaldi Boulevard, Poughkeepsie, there will be a cocktail reception at 6:30 p.m., with dinner and program starting at 8 p.m.

Honorees are Northern Dutchess Hospital (NDH) Caregivers, who help Anderson optimize the quality of life for people with autism every day. In addition, an Anderson Center team member will receive the 2022 Above and Beyond Award. Black tie optional. Reserve tickets and sponsorships at andersoncenterforautism.org/gala or call (845) 889-9208.

Due to Covid-19, event plans are subject to change; check the website for updates.

Miles of Hope sets Community Walk

Miles of Hope presents its 2022 Community Walk on Sunday, Oct. 2, at James Baird State Park. The Walk will honor and remember all those affected by breast cancer within the Hudson Valley. There will be raffles, food trucks, and live music. Prizes for the most creative name of a team. Sign up at <https://p2p.onecause.com/mohwalk>.

Fall Rhinecliff Soup Sales

The Rhinebeck Grange sponsors Rhinecliff's Fall Soup Sales on the third Thursday of the month: Oct. 20, Nov. 17 and Dec. 15, from 11 a.m. to 12:30 p.m. Soups are sold by the quart, \$10/quart, take-out only.

The Soup Sale is at the Rhinecliff Firehouse, on the corner of Shatzell Avenue and Orchard in Rhinecliff. Pick up at side window on Orchard Street. Email JoBaer2@gmail.com to be emailed the soup choices for each month and pre-order online.

Abilities First event set Nov. 29

Join Abilities First & the Foundation for Abilities First NY as it kicks off a year of joy and gratitude to its community partners who have made and continue to make its mission possible. The 60th Anniversary Community Partners Celebration will take place on Tuesday, Nov. 29, from 8:30 to 10:30 a.m., at The Grandview, 176 Rinaldi Boulevard, Poughkeepsie. Contact JoAnn Parker at joannparker@abilitiesfirstny.org for more information.

FARMERS MARKETS

Arlington Farmers Market: Vassar Alumnae Lawn, 123 Raymond Ave., Poughkeepsie. Thursdays, 2-6 p.m. through Oct. 27. www.arlingtonhasit.org

Germantown Farmers Market: Palatine Park, Germantown. Saturdays, 10 a.m.-1 p.m., through Oct. 29. germantownfarmersmarket@gmail.com

Millbrook Farmers Market: Front St., Millbrook. Saturdays, 9 a.m.-1 p.m., through Oct. 29. millbrookmarketmanager@gmail.com

Paul's Hyde Park Farmers Market: Across from Hyde Park Town Hall on Route 9. Saturdays, 9 a.m.-2 p.m. through October.

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HV Wine & Food Festival set on weekend at Fairgrounds

The Hudson Valley Wine & Food Festival is a celebration of wine, food, and fun in the Hudson Valley. This year's event will be held at the Dutchess County Fairgrounds in Rhinebeck on Saturday from 11 a.m. to 6 p.m. and Sunday from 11 a.m. to 5 p.m.

Presented by WineRacks.com, the festival features hundreds of wines from New York Wineries, more than 100 gourmet

specialty festival foods, fine art and lifestyle vendors, food sampling from some of the region's best restaurants and live entertainment.

Visitors can learn about wine and food from many cooking demonstrations and Food & Wine seminars throughout the weekend and enjoy the rare opportunity to meet and speak to the wine makers from some of New York's best wineries.

As the second half of the name suggests, the Hudson Valley Wine & Food Festival highlights some of the best food in the area. Since its inception in 2001, the food festival has featured lots of unique gourmet specialty food vendors.

Visitors can find everything from farm fresh cheeses, farm raised meats, salsas, BBQ sauce, pasta, pasta sauce, dip mixes,

drink mixes, soup mixes, pastries, baked goods, maple syrup, candy, nuts, granola, olive oils and more.

In addition, the event hosts some of the region's most unique Food Trucks & food concessions. Cooking demonstrations go on throughout the food festival weekend.

For more information, visit wineracks.com.

**NEW EVENT SET OCT. 1
TO RAISE AWARENESS
OF VETERANS' CHALLENGES**

Marist College will host a new event called Anthony's Walk on Saturday, Oct. 1, at 10 a.m., on the Marist campus in Poughkeepsie.

Anthony's Walk is a 22-minute com-

munity walk with a purpose of raising awareness on the unique challenges facing the veterans living in our community, and across our nation. The event is named in honor of a local Marine Corps veteran who was tragically murdered in Poughkeepsie in October 2020. The event is co-sponsored by Marist and VetZero

Heroes, and all proceeds from the event will go to help Liberty Station, the veterans' shelter in Poughkeepsie.

The event is free, all are welcome to participate, and registration is not required. The 22-minute walk will loop around the picturesque Marist campus, with wheelchairs and registered service

animals more than welcome. Participants will receive special commemorative dog-tags for finishing, and t-shirts will be available for purchase. For more information or to make your donation to help local veterans, visit www.hudsonriverhousing.org and click on the Anthony's Walk logo.



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www.CenterForPhysicalTherapy.com

Prostate Cancer Walk to raise funds for patients, awareness on early detection

Local residents are invited to participate in the 2022 Premier Cares Foundation Prostate Cancer Walk. This family friendly, community event will take place from 9:30 a.m. to noon on Sunday, Sept. 18, at Eastdale Village in the Town of Poughkeepsie.

This unique charity walk will meander through a scenic 1-mile path through the grounds of Eastdale and past the Lutheran Care Center. Participants will receive complimentary refreshments, a commemorative t-shirt and tote bag, tons of give-aways, and prizes.

Local favorite, The Band Hudson will perform, and the famous Queen City Dancers will dazzle the crowd at the walk's half-way point.

"September is Prostate Cancer Awareness Month, and there is an urgent need for prostate cancer support, education, advocacy, and awareness here in the Hudson Valley and across the country," said Dr. Evan Goldfischer, a urologist and

President of the Premier Cares Foundation Board. "This year alone, nearly 250,000 men will be diagnosed with prostate cancer. With early detection, however, Prostate cancer is one of the most curable types of cancer when detected in the early stages."

The Prostate Cancer Walk invites the community to honor those who have battled prostate cancer, remember the lives that have been lost, and help people who will be diagnosed in the future. Premier Cares Foundation provides support, awareness, education, and financial support to those individuals in our community lacking sufficient funds to address significant urologic and digestive health issues.

Tickets to the 13th annual Prostate Cancer Walk are \$25 per person, and children under 10 are free. Advance registration is required. For more information and to register, visit www.premiercaresfoundation.org.

Pellegrino Healing Center sets clinic for 9-11 remembrance

Pellegrino Healing Center in Hyde Park will be hosting a group acupuncture clinic for PTSD & Nervous System Regulation in their new building on Saturday, Sept. 10, from 3 to 4 p.m.

This clinic will be led by Sharon Zeiss, MS, L.Ac., a licensed acupuncturist who brings extensive holistic healing experience to the Pellegrino community, working in the wellness world for over 30 years. She is state board certified in acupuncture and herbal medicine and has completed postgraduate studies in the fields of functional nutrition, mindfulness practices, and herbal medicine with an emphasis on brain and inflammatory conditions.

This clinic will focus on those suffering from PTSD and anyone looking to reduce stress and calm the nervous system. Since September is a time when our nation and our state sits in remembrance of what happened on 9/11, many feel emotionally triggered and are in need of additional support this month.

This clinic is open to anyone who is looking to calm and regulate the nervous system, address afflictions such as addiction and sleep disturbances, and reduce



Sharon Zeiss, MS, L.Ac.

and release symptoms associated with PTSD including anxiety, stress, panic, and mental distress.

For more information, call Pellegrino Healing Center at (845) 233-5672.

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County fire departments deployed to assist with Ulster wildland fires

Several Dutchess County fire departments have deployed resources to assist with the suppression efforts of two wildland fires at the Napanoch Point and Stony Kill areas of Minnewaska State Park Preserve in Ulster County. The Dutchess County Department of Emergency Response (DER) is working with the local departments to respond to the inter-county mutual aid request from Ulster County Emergency Services and New York State Department of Environmental Conservation Forest Rangers.

Nearly 20 firefighters have responded with a variety of equipment resources including utility terrain vehicles (UTV) and support vehicles with firefighting capabilities. According to the DEC Forest Rangers, the fire is believed to have been started by a lightning strike on Aug. 27; however, suppression efforts have been challenging due to the extremely dry conditions and difficult terrain of the area. Dutchess County DER will continue to coordinate mutual aid efforts as necessary.

Dutchess County Executive Marc

Molinaro said, "We have been actively communicating with officials from the State and Ulster County to offer our assistance with getting the fires at Napanoch Point and Stony Kill at Minnewaska under control. We are grateful to the firefighters from departments across Dutchess County who have answered the call to provide necessary support in battling this challenging wildfire."

Responding fire departments include New Hamburg Fire Department, Milan Fire Department, Red Hook Fire Department, Tivoli Fire Department and Union Vale Fire Department.

Napanoch Point and Stony Kill are located within the Minnewaska State Park Preserve and feature very remote and rugged terrain that is difficult to access. Hundreds of emergency crews have responded to address the fires. The Napanoch Point fire has scorched approximately 130 to 150 acres; the smaller fire at Stony Kill was detected Tuesday, Aug. 30, and is approximately 0.68 acres.

Speaker to discuss Constitutional Convention at Livingston House

On Sunday, Sept. 18, at 2 p.m. in the Chancellor Livingston NSDAR Chapter House, (the General Richard Montgomery and Janet Livingston House) 77 Livingston St., guest speaker Paul O'Neil will discuss the NYS State Constitutional Convention in the City of Kingston, N.Y.

On March 6, 1777, a group of extraordinary individuals met in Kingston to determine the future of New York. What they achieved led not only to the birth of New York State but laid the building blocks for a brave new nation. These men, whose number included the first Chief Justice of the United States Supreme Court, the author of the phrase "We the People..." in the United States Constitution and the man responsible for the Louisiana Purchase, pledged their

fortunes, their futures, in fact their very lives, for the ideal that freedom and democracy should be the guiding precedent for all government. Come join us as we learn about this seminal event in our city, our state, and our nation's history.

The public is invited.

O'Neill is an amateur local historian who grew up in New Paltz. He graduated from George Washington University Law School and practiced law in New Paltz and then in Kingston for 15 years, including 14 years as an Assistant District Attorney for Ulster County. He is currently Commissioner of Jurors for Ulster County.

For more information about the event, contact Karla Cook at (845) 616-1784 or krcfunk@yahoo.com.

DOT-TO-DOT PUZZLE

See page 18 for finished puzzle (no peeking!)

THE GREATEST
DOT-TO-DOT
BOOKS

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147 148 143 ★153 142

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Stars

Stop at each star (★), then skip to the next number and start your line again. End ★ 153

By David Kalvitis

© 2011 Monkeying Around



Class and dignity

Important lessons learned

My son Geno is in Missouri right now for Boot Camp for the Army National Guard. I am amazed how fast time has gone by. I caught myself reminiscing about the last 20 years of my life. My oldest son, Marcanthony, started kindergarten 20 years ago and now I had come full circle. As I looked at my daughter Clara sitting on the couch, I thought of all the trials and tribulations of all my children during the last 20 years. The bruised knees, egos, and occasional broken bones and all the various teaching moments that presented themselves with which I had to call on my experiences of growing up in an Italian household and how to blend my old-school lessons, with their new generation, not an easy task. Thinking about all of this brought back the memory of my most influential learning moment from when I was a child.

When I was a kid, I was very overweight. Not only was I overweight, I also had braces on my very crooked teeth. I was teased constantly being called fat, brace face, etc., always with the customary Italian insult thrown in for good measure. On one particularly bad day at school, I went home and was very down

about the constant teasing. My father watched me get off the bus, observing as I walked up to the house with my head down. As I came inside looking like I had lost my best friend, he asked me what was wrong. I told him about being teased and being made fun in school. My father looked at me and, as was always the case, Pop had a story.

During WWII, everyone in his town was very poor. Not only was there not enough food to go around, but the Nazis would steal from their gardens and take any livestock they might have. However, in spite of all the hardships, my grandmother always held her head high. She always told my father and uncles that they were to conduct themselves with class and dignity no matter what the circumstances. She also told them something that he would repeat to us many times: "While we may not have a lot of money, we have our name, and that is worth more than anything else."

On Sundays they would all go to church as a family, except for my grandmother who went earlier in order to make pasta for Sunday dinner. She would mix in the flour and eggs by hand, rolling out

and cutting the pasta before hanging it outside to dry. She would make a tomato sauce with any scrap pieces of meat she could find, stretching every last ounce out of her ingredients. She also made the bread that they would have with their dinner. On Saturdays, she always sent my father down to the sea to collect salty seawater to mix into the bread. This was highly illegal during that time, because the government held control over the sale of salt. One day a carabinieri (police officer) caught him sneaking the seawater. He took the jar from my father, smashed it on the ground, and kicked him in the behind.

Flour was bought every week for Sunday bread and pasta. They would buy on credit until their bill became so high that the grocer wouldn't sell to them any more. During the lean periods, he wouldn't even return my family's greetings on the street, because he was so angry with them due to the large outstanding bill. Years later, when my father would come visit his mother from America, the grocer would greet him with "Hello, Don Antonio!" Remembering the lessons my grandmother taught them about class and

dignity, he would stop and speak to him about his wife and children. It was during these times that he realized his mother was really teaching them about respect, and what it took to be respected.

After Pop got done telling me this story, he asked me if I understood what he was trying to tell me. I looked at him and said, "Don't steal saltwater or you'll get kicked in the behind."

My father slapped himself in the forehead and told me to go do my homework. Enjoy this recipe for homemade pasta. Buon Appetito!

HOMEMADE PASTA

- Ingredients**
- 1 egg beaten
 - 1/2 teaspoon salt
 - 1 cup flour
 - 2 tablespoons water
- Method**

In a medium sized bowl, combine flour and salt. Make a little well in the flour, add the slightly beaten egg, and mix by hand. Mixture should form a stiff dough. If needed, stir in 1 to 2 tablespoons water to loosen it up bit. Roll the

continued on page 13



Walk one mile through the beautiful grounds of Eastdale Village in Poughkeepsie on Sunday, September 18.

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Creative Living

celebrating all good things

County Players to present ‘The Book of Will’

County Players will present the comedy “The Book of Will” by Lauren Gunderson, opening Friday, Sept. 9. Directed by Andrew Karl, performances are scheduled for Friday and Saturday, Sept. 9-10, 16-17, and 23-24 at 8 p.m., with matinees on Sunday, Sept. 18, and Saturday, Sept. 24, at 2 p.m. Performances will be held at the County Players Falls Theatre, 2681 West Main St. in the Village of Wappingers Falls.

William Shakespeare’s been dead for three years. His friends and fellow actors miss him and his beautiful plays. When a pirated, badly botched Hamlet (“To be or not to be, there’s the point…”), they realize Shakespeare’s lines are disappearing into the forgetful memory of time. They need a book—a definitive copy of his original plays; but to make one, they have to battle an unscrupulous publisher, a

boozy poet, and their own mortality. Lauren Gunderson’s look at Shakespeare’s First Folio is a lively, funny, poignant love letter to theatre and the printed word.

The production features the local talents of Michael Frohnhoefer; Michele George; Declan McCarthy; Kevin McCarthy Jr.; Kevin McCarthy Sr.; Macy McKnight; David J. Ringwood; Julie Seltzer; Doug Woolley; and Robert Yarnall.

Director Andrew Karl said, “At its core, ‘The Book of Will’ is about a community coming together to honor their friend and each other. So it is fitting to be performed by County Players, who honor our community and each other with their commitment to the highest level of theatrical offerings. It’s been my honor to guide this story of life, love, loss, and the



“The Book of Will” will open Sept. 9 at County Players in Wappingers Falls. *Courtesy photo by Louisa Vilardi Photography*

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legacy of Shakespeare’s words - stories were for all of us. The “Book of Will” is for all of us.”

As Covid restrictions and mandates are evolving daily, please visit the County Players webpage at countyplayers.org for up-to-date information on theater restrictions and protocols, and individual ticket

sales. The box office will not be open for in-person ticket sales neither before nor on performance days. Season subscriptions, and individual tickets will be available online only and in advance of the performance dates.

If you require wheelchair accessibility, contact the Box Office at (845) 298-1491.

DC Arts Awards recipients announced

Arts Mid-Hudson recently named the recipients of the 36th Annual Dutchess County Executive’s Arts Awards, who will receive their awards on Thursday, Oct. 6. The event starts at 5:30 p.m. with festive foods, libations, dessert and balloon pop before moving on to the award presentation. Dutchess County Executive Marcus J. Molinaro, co-emcee (Grace) Angela Henry, community members, and civic leaders will honor this year’s recipients at a reception held at Keepsake at the Academy, 33 Academy St., Poughkeepsie.

Dutchess County Executive Marc Molinaro said, “Creativity abounds in Dutchess County. ... A deeply rooted arts culture supports a thriving community and we are grateful to Arts Mid-Hudson for their efforts to support and celebrate the achievements of these individuals and organizations. Congratulations to all of this year’s winners and thank you for all you do to inspire the hearts and minds of Dutchess County residents and visitors alike.”

The awards are divided into 11 categories: Art in Public Places, Artist, Arts Organization, Arts in Education, Business, Individual Artist, Patrons, Special Citation, ThinkDIFFERENTLY in the Arts, Volunteer, and Youth with Exceptional Promise in the Arts.

The community nominates the recipients who are chosen based on their important contribution to the growth of Dutchess County’s cultural life over a

significant period of time, the extraordinary support they show of the arts, and/or their vision and leadership in using the arts to enhance community life.

The 2022 selected awardees:
Art in Public Places – Joseph Bertolozzi’s Bridge Music;
Artist – Bryan “Kicks Kapri” Ashong;
Arts Organization – Kaatsbaan Cultural Park;
Arts in Education – Hudson Valley Performing Arts Laboratory;
Business– Full Deck Design;
Individual Artist – Gwen Laster;
Patrons - Rosemary & Robert Denny Eval; Special Citation – Louis Watson Sr.; ThinkDIFFERENTLY in the Arts - New Horizon Resources Inc.; Volunteer – Lisa Ameijide;
Youth with Exceptional Promise in the Arts - Jordan “Jae” Jones (Posthumously)
To attend the Oct. 6 event, RSVP to (845) 454-3222 or through the website: www.artsmidhudson.org.

The mission of Arts Mid-Hudson is to provide vision and leadership to support thriving and diverse arts in the Mid-Hudson Valley. Through our art partners, a diverse offering of arts and cultural programs, many free, attract a range of age groups and are produced across a broad geographic area. For more information, visit www.artsmidhudson.org or call (845) 454-3222.

Guitar legend Jeff Beck coming to UPAC Oct. 13



Jeff Beck, one of the most influential lead guitarists in rock, will perform at UPAC in Kingston on Oct. 13. Courtesy photo

Jeff Beck, one of the most influential lead guitarists in rock, will perform at the Ulster Performing Arts Center (UPAC) in Kingston on Thursday, Oct. 13, at 7:30 p.m.

Beck helped shape blues rock, psychedelia, and heavy metal. His groups have been short-lived, but his aggressive style — encompassing screaming, bent, sustained notes, distortion, feedback, and fast, crisply articulated passages — has been more far important than his material.

Beck’s career took off in the mid-1960s, after replacing Eric Clapton as lead guitarist for The Yardbirds on the recommendation of his friend Jimmy Page. He played on several of the rock group’s hits, such as “Heart Full of Soul,” “Shapes of Things” and “Over Under Sideways Down. Over the years, Beck

has collaborated with Stevie Wonder, Diana Ross, Mick Jagger, Tina Turner, Roger Waters, Les Paul, Jon Bon Jovi, Stanley Clarke, Herbie Hancock and Joss Stone among many others.

Beck has twice been inducted into the Rock and Roll Hall of Fame: once with The Yardbirds in 1992 and once as a solo artist in 2009. He has won numerous Grammy Awards, including two at the 2011 Grammy Award Celebration when he won Best Rock Instrumental Performance for “Hammerhead” and Best Pop Instrumental performance for “Nessun Dorma,” both from his last studio album, “Emotion & Commotion.”

Tickets for the show range from \$85 to \$125 (members get \$5 off). To purchase, call (845) 473-2072 or (845) 339-6088 or email at boxoffice@bardavon.org.

That’s Italian!

continued from page 11

dough into a ball and let sit for 10 minutes.

On a lightly floured surface, knead dough for about 3 to 4 minutes. With a pasta machine or by hand, roll dough out to desired thinness. Using a pizza knife cut the pasta into strips of desired width.

Using a broom handle balance between two chairs, hang the dough to dry.

Bring a large pot of salted water to a boil and drop the dried pasta into the water. Let cook for 2-3 minutes. This pasta takes a lot less time to cook than the pasta you would buy in a box.

Drain and toss with a nice jar of Coppola’s Marinara sauce. Sprinkle with

freshly grated Reggiano Parmagiana and serve with a nice warm loaf of crusty Italian bread and a bottle of chilled Pinot Grigio.

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at www.coppolas.net.

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A photograph of a man and a woman looking at architectural plans. The man is pointing at a specific area on the plan. The woman is looking at the plan with interest. The background is a blurred office setting.

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Dutchess County
Historical Society

Introduction by Bill Jeffway

For a very long time, since 1809 to be precise, the best-known Knickerbockers have arguably been the fictional characters depicted by the author Washington Irving in a satirical history of New York. His work spawned the use of the iconic name to mean a “real” New Yorker, the Dutch focus reflected the fact that the first European settlers in New York were not the English, as they frequently were elsewhere.

The popularity of Irving’s work led to the popular depiction of the “Father Knickerbocker” character, with a three-pointed hat and knickerbockers, the pants that go just below the knee and socks take care of the rest. The name lives on popularly today in the basketball team, the New York Knicks, among others.

Bryan Knickerbocker lives outside of Philadelphia and has been studying his family history for decades. The Dutchess County Historical Society (DCHS) is pleased to be publishing Bryan’s findings in a less traditional way, through the serial publication of chapters that will illuminate points along an evolving Knickerbocker trail at dchsn.org/knickerbocker-trail.

Among the most extraordinary of Bryan’s findings are that 90 percent of the Knickerbockers living in the United States today are descendants of these northern Dutchess Knickerbockers. The ancestor, Lawrence Knickerbocker (1685-1766), had bought land in Salisbury, Connecticut by 1730, but maintained connections to Tivoli landing, in Red Hook. Except for the portion in Red Hook, this path is essentially the 1802 Salisbury Turnpike. Subsequent chapters will be told and assigned their place on the Knickerbocker trail! Bryan kicks off the trail with the story of the

Pine Plains born Guy Knickerbocker.

by Bryan Knickerbocker

Guy Knickerbocker became famous in medical circles as a co-inventor of what we now call CPR (Cardio Pulmonary Resuscitation). Guy Knickerbocker was born in 1932 in Pine Plains. He passed away on June 21, 2022 in Narvon, Pennsylvania.

Guy Knickerbocker’s story is well documented. During his student days at Johns Hopkins University, Guy and his colleagues noticed relationships between chest compression, electrical signals in the nervous system and heart activity. This ultimately led to the development of CPR.

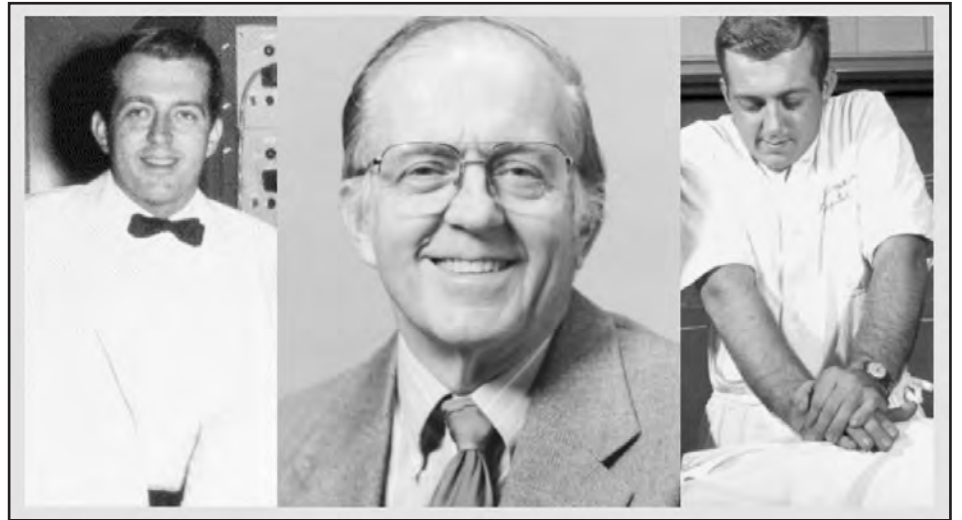
Before he became an important national figure, Guy was a boy from Pine Plains. We won’t say that he was “just another boy,” because his talents apparently revealed themselves early in his life. Guy was the son of Henry and Maude Knickerbocker.

He was the grandson of Fred Knickerbocker. Fred served his country during the Spanish American War and was the subject of a program and DCHS Yearbook article by his great-grandson, Justin Kemp.

This family has deep roots in Dutchess County. The Knickerbocker family farm that was eventually owned by Fred Knickerbocker can be seen on an 1802 map of the Salisbury Turnpike. We assume that Fred was a frequent visitor to his grandfather’s farm during his early years. The farm still exists, although it is no longer owned by Knickerbockers.

Guy was mentioned multiple times in the Pine Plains Register during his childhood. He was a frequent member of the honor roll. And, in what was perhaps a portent of things to come, he was the class representative in supporting the

Pine Plains native, inventor of CPR noted on Knickerbocker Trail



Guy Knickerbocker is pictured here, with a photo on each side from the period in the early 1960s when he emerged as a co-inventor of CPR. Knickerbocker was born in Pine Plains and passed away just over two months ago in Pennsylvania at the age of 89. Photos courtesy of DCHS



Top: A close-up of the 1802 Salisbury Turnpike map shows the ancestral Knickerbocker house that stands today. The 1802 map indicates the house is six miles west of Salisbury, Connecticut. The house itself has many New England features such as the center chimney, sloping back, proportion and window arrangement. Photos courtesy of the Office of Dutchess County Clerk and Bill Jeffway, DCHS

American Red Cross.

Guy’s family moved to Baltimore in 1949 when his father took a new job. However, the Register continued to mention Guy and his family. The August 17, 1950 Register reported that Guy had received a scholarship to Johns Hopkins, saying: “Former Local Boy Awarded Scholarship. Guy Knickerbocker, son of Mr. and Mrs. Henry B. Knickerbocker will enter Johns Hopkins University School of Engineering. Guy was awarded a scholarship on the basis of his scholastic standing and the results of a competitive examination.”

In 1959, many newspapers around the country reported on the important work that was done at Johns Hopkins. On December 3, 1959 the Pine Plains Register reported the following, “Discovery Credited to Guy Knickerbocker A new first-aid method for persons whose hearts have stopped beating was demonstrated publicly for the first time recently by a research team from the Johns Hopkins University. The method, which in time may become a standard part of all first-aid courses, keeps blood flowing to the brain. It may also cause the heart to start beating again. Credit for the discovery was given to Guy Knickerbocker, an electrical engineer and

member of the research team. Other team members are Dr. William B. Kouwenhoven and Dr. James R. Jude. Guy Knickerbocker is the son of Mr. and Mrs. Henry Knickerbocker, and formerly of Pine Plains.”

Guy continued to be mentioned in the newspaper during his frequent trips to Dutchess County to visit family and friends. Guy’s father Henry died in Baltimore in 1967. His mother Maude died in 2011. Guy’s parents, grandparents, and great grandparents are buried in the Evergreen Cemetery in Pine Plains.

According to his obituary, Guy Knickerbocker donated his body to science. Guy’s family asked that contributions in his name be made to the Sudden Cardiac Arrest Foundation, 7500 Brooktree Road, Wexford, PA 15080, with General Support or Public Awareness Research Fund in the memo line

Bill Jeffway is the Executive Director of the Dutchess County Historical Society and can be reached at bill.jeffway@dchsn.org or (845) 293-7711.

Bryan Knickerbocker lives outside of Philadelphia and has been studying his family history for decades.

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We are proud to honor The FAVOR program

Characters from Woodstock’s past featured in play Sept. 10 & 17

Theatre on the Road, a traveling company based in Rosendale, is collaborating with the Historical Society of Woodstock on an original play, “Voices from the Past,” that will allow guests to meet seven characters from Woodstock’s illustrious past. Performances will be held outdoors at the Historical Society’s Eames House, 20 Comeau Drive in Woodstock on Saturday, Sept. 10, and Saturday, Sept. 17, at 3 p.m. Guests are encouraged to bring folding chairs.

Both performances will be benefits for the Historical Society of Woodstock. Advance tickets are \$15 per person, \$20 for general admission and \$15 for students and seniors. Tickets can be purchased by visiting www.historicalsocietyofwoodstock.org or by calling (845) 679-2256.

Frank Marquette, the owner-operator of Theatre on the Road, is producing “Voices from the Past.” Lydia Pidlusky, a Hudson Valley based writer-singer-actor, is directing from her original script. She offers, “Through the perspectives of seven historical characters spanning two centuries, we will explore the role of women and African-Americans in the 19th century, the explosion of tourism and the creation of the art colony, the legacy of the indigenous peoples, and Woodstock’s tradition of honoring the iconic beauty of the landscape and its independent spirit.”

Characters will share stories through monologues as well as interaction with

each other. Featuring early settlers Charles Krack and Elias Hasbrouck, George Mead of Mead’s Mountain House, medicine woman Betsy Booth, Elizabeth Reynolds of the famed boarding house, Andrew Mink, an early African-American settler, and artist and writer Anita Smith. The performance will also include live period music.

The Historical Society of Woodstock was founded in 1929 by a group of artists, writers, academics, and local citizens. In addition to the exhibition space, which is located at the historic Eames House on Comeau Drive in the center of Woodstock, the Historical Society has an extensive archive consisting of paintings, prints, drawings, sculpture, textiles, photographs, books, manuscripts, correspondence, documents, film/sound recordings, and antique tools. The archive serves as a resource for a wide range of exhibitions, public programming, and research.

Theatre on the Road is the creation of actor, writer and director Frank Marquette and wife and producing partner, Kristen. Producing plays for educational, charitable and private events since 1998, they offer original scripts, professional actors, period styling and hand-made costumes. Original productions include, Poe’s Last Mystery, Voices from the Past, Whiskey Women, A Taste of Shakespeare and seasonal “living history” tours in Kingston, Hurley and Rhinebeck.

Upcoming auditions at The Center for Performing Arts at Rhinebeck

Visit www.centerforperformingarts.org for more information about these auditions. The Center for Performing Arts at Rhinebeck is at 661 Route 308 in Rhinebeck.

Kinky Boots Auditions
Saturday, 9/10 @ 1 PM
Sunday, 9/11 @ 7 PM
Rhinebeck Theatre Society is proud to announce auditions for Kinky Boots, an inclusive, boundary-challenging, thought-provoking, musically riotous, and very funny contemporary musical. Music and lyrics by Cyndi Lauper and book by Harvey Fierstein. Directed by Dorothy Luongo and Rena Gavigan.

Charlie Price has reluctantly inherited his father's shoe factory, which is on the verge of bankruptcy. Trying to live up to his father's legacy and save his family business, Charlie finds inspiration in the form of Lola, a fabulous entertainer in need of some sturdy stilettos. As they work to turn the factory around, this unlikely pair find that they have more in common than they realized... and discover that when you change your mind, you can change your whole world.

A show will be scheduled at The CENTER on a Saturday morning in November or December of this year. Shows will also be scheduled in Hudson Valley schools.

Cast must be available during week-day school hours and be able to assist with load and strike of touring shows. Cast will receive a stipend.

The Wizard of Oz Touring Company Auditions

Saturday, September 17 @ 1 PM
The CENTER Players on Tour announces auditions for The Wizard of Oz, adapted for the stage from L. Frank Baum’s classic novel.

Dorothy has been captured by the Wicked Witch of the West and her friends, the Lion, the Tin Man, and the Scarecrow must save her.

Performance Dates:
December 2 – 18
Fridays & Saturdays at 8pm
Sundays at 3pm

It’s A Wonderful Life Auditions
Saturday, October 15 @ 1 PM
Sunday, October 16 @ 7 PM
Callbacks: October 17 @ 7 PM

Up In One Productions announces auditions for It’s A Wonderful Life, adapted for the stage from Frank Capra’s heartwarming, holiday film starring James Stewart.

The story centers on small-town banker, George Bailey, a man with big plans who foregoes his dreams to help his community in its time of need. On Christmas Eve 1946, beset by problems, feeling like a failure, and wishing he were never born, George perches on a bridge and contemplates jumping. At that moment, he is visited by an unconventional guardian angel, who shows him, through flashbacks, how his life has touched so many other lives and how different his beloved town would be if, indeed, he had never been born.

EXHIBITIONS

Betsy Jacaruso Gallery & Studio, 43 E. Market St. #2, Rhinebeck. **Through Sept. 11:** “ASV Sampler Exhibit,” featuring the 30-participating artists on this years’ Art Studio Views open studio tour Sept. 3-4. (845) 516-4435

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through Oct. 3:** Exhibition featuring works of Kristen Lowe, Diane Christi and Stacie Flint in the Visual Art Galleries. Public Art Opening Reception: Fri., Sept. 9, 5-7 p.m. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access to galleries. cunneen-hackett.org

Kaatsbaan Cultural Park, 120 Broadway, Tivoli. **Through Oct. 16:** Second Annual Sculpture Exhibition, contemporary artworks installed throughout the lush meadows and woodland walkways of the historic 153-acre property that is an internationally renowned dance residency. www.kaatsbaan.org

Rhinebeck Bank, 6414 Montgomery St., Rhinebeck. **Through Oct. 22:** The bank features an exhibit of Gage John Lazare paintings. A Native American with roots in the Iroquois tribe, which was originally located in the Mohawk Valley region, Lazare’s ancestral pride is evident in his work. A self-taught artist, he credits his grandparents for supporting his artistic talents and encouraging him to pursue them, no matter where that led him. www.gagejohnlazare.com



Pictured: “Hope Barn” by Ted Braggins, part of the current exhibition at Tivoli Artists Gallery. Courtesy image

Tivoli Artists Gallery (TAG), 60 Broadway, Tivoli. **Through Sept. 18:** “Earth & Sky: A Tribute to Agriculture,” a tribute to farms in the Hudson Valley through paintings, prints, sculptures, installations and more. TAG artists, in collaboration with local farmers, have been creating art leading up to this show. (845) 757-2667 or www.tivoliartistsgallery.com

Wassaic Project, 37 Furnace Bank Road, Wassaic. **Through Sept. 17:** “A Tournament

of Lies,” the show gathers 46 artists to Wassaic in hopes of harnessing the infinite energy of the life imitates art imitates life imitates art dynamo. Open noon-5 p.m. on Saturdays and Sundays. <http://wassaicproject.org/>

Woodstock School of Art, 2470 Rte. 212, Woodstock. **Sept. 10-Oct. 15:** 2022 Woodstock Monoprint Invitational, printmakers from around the area have been in the graphic studio creating works with Master Printers. Each artist will donate one print for this exhibition. Silent Auction: Sat., Sept. 10, 3-5 p.m. Covid policy in effect; check website for details. woodstockschoolofart.org

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Diversions

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

	1			8			3	
3					9			5
7			3		5	6		
		3			1	7		2
	4						5	
		2	5			4		
		1	6					7
9			7					4
	5			9			2	

Suguru

			2		
			2		
			4		3
2		3			

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

ACROSS

- Desert fruits
- Uncouth
- Nectar source
- Second to fall
- Author and poet Bret
- Norse mythological king
- Note
- Shot carefully
- Make a tiny cut
- ___ Standard Time
- Rattle
- Owned
- Revise
- Less adorned
- Cook in oil
- Pricier hotel booking
- Baltic feeder
- Small veggie
- Abounded
- Ad ___; to the place
- Lake crosser
- Grocery container
- Studied genealogy
- Debtor's note
- ___ majesté
- Leaflike part of a flower
- Famous Chairman
- More boorish
- Huge one
- Malia, to Sasha
- Unit of explosive power
- Throwing competition
- Of an age
- Assessor
- White-tailed eagle
- Farm structure
- Consent
- Goes bad
- Unexpected difficulty
- Used one of the senses
- Stain

DOWN

- Renown
- Creative thought
- Attractive legs
- Deprive of air
- Leafy vegetable
- Picnic spoiler
- Ulna's location
- Like a sauna
- Marsh plant
- Dun words
- Sicilian volcano
- Dismounted
- Mature
- Anvil's location
- Tiny picture
- Steed
- Leaves quickly
- Think the world of
- Brief summary
- 2 or 3
- Plant firmly: var.
- Josh with
- Lawn tool
- Snow pea, for one
- Sigma's follower
- Kindled anew
- Tic-tac-toe win
- JCPenney publication
- Sheens
- Control
- ___ Grande
- Genesis through Deuteronomy
- Tear to bits
- Clutter
- Actress Moran
- Festival
- Prophet
- ___ up; support
- "Do ___ others..."
- Student's ordeal
- Singing syllable

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21				22		23				
			24				25							
26	27	28				29				30		31	32	33
34					35				36					
37				38				39				40		
41			42				43				44			
45						46				47				
			48		49				50					
51	52	53						54				55	56	57
58					59		60				61			
62					63						64			
65					66						67			

The solutions to both the Sudoku & Crossword puzzles can be found on page 18

A&E Calendar

arts and entertainment happenings

Note: Please check with event venues for any guidelines related to the ongoing COVID-19 pandemic.

Ongoing

Mansion & Landscape Tours, Wilderstein Historic Site, 330 Morton Rd., Rhinebeck. Wilderstein is a not-for-profit house museum. The estate was the home of Margaret (Daisy) Suckley, a distant cousin and confidante of Franklin Roosevelt. With its exquisite Queen Anne mansion and Calvert Vaux designed landscape, Wilderstein is widely regarded as the Hudson Valley's most important example of Victorian architecture. Guided tour includes the exterior architecture and first floor of the mansion, the landscape, and history of the Suckley family. Sat. & Sun., noon, 1, 2 & 3 p.m. Tickets \$12. Advance online registration encouraged, but walk-ins welcome if space is available. Buy tickets at <http://wilderstein.org/calendar/>

Museum Tours, Old Rhinebeck Aerodrome, 9 Norton Rd., Red Hook. Museum open daily, through October. Weekend Air Shows: through Oct. 16. Biplane rides available by reservation. <https://oldrhinebeck.org/>

Tours, Mount Gulian Historic Site, 145 Sterling St., Beacon. Visitors will hear about Mount Gulian's centuries-long history that shaped our nation, including its part in the Revolutionary War as Patriot General Von Steuben's headquarters. They'll learn about the founding of the Society of the Cincinnati, our country's oldest veterans' organization, and the history of generations of Verplanck family members who lived at Mount Gulian. Visitors will discover the stories of James F. Brown, a fugitive slave who risked his life for freedom, and of Robert Newlin Verplanck's participation in the Civil War as an officer in the US Colored Troops. Artifacts on display span the 18th through the 20th centuries and include antique books, furniture, and an array of Revolutionary War items. Tours of the historic home, 18th-century Dutch barn, and heritage garden will be given on Wed., Thurs., Fri. & Sun., at noon, 1 p.m., 2 p.m. and 3 p.m. Season runs through Oct. 23. Advance reservations recommended. Admission is \$10 adults, \$8 seniors, \$5 children (ages 6-18); free for children under 6 and Mount Gulian members. Visitors are required to wear a mask when indoors. (845) 831-8172 or info@mountgulian.org

Through Sept. 23

Red Hook Summer Lawn Concert Series, Eat-N-Go, 7508 N. Broadway (Rte. 9), Red Hook. Bring a chair or blanket, along with some food from your favorite local restaurant, and enjoy an evening of

local bands performing live on Friday nights, 6-8 p.m. The schedule: Sept. 9: Wyld Blu; Sept. 16: Local Jam Aka Nunzoz; Sept. 23: Forefathers.

Through Sept. 24

Exhibit: "Transformations: Rhinebeck's Changing Downtown," Museum of Rhinebeck History, Quitman House, 7015 Rte. 9, Rhinebeck. Explore artifacts and photographs of historical businesses and buildings on East Market, West Market, Mill, and Montgomery Streets alongside photographs of what is there today. Open every Saturday through Sept. 24, 1-4 p.m. (845) 554-6331

Sept. 9-10

The Orchestra Now: Joan Tower & Mahler's 5th, Fisher Center, Bard College, Annandale-on-Hudson. The Orchestra Now begins its eighth season at Bard with Mahler's heroic Fifth Symphony, plus two works featuring winners of the Bard College Conservatory Concerto Competition: George Walker's Pulitzer Prize-winning Lilacs, and the virtuosic flute concerto of Joan Tower, who has taught composition at Bard for 50 years. Performances: Sat., Sept. 10, 7 p.m.; Sun., Sept. 11, 2 p.m. Tickets \$25-\$40. fishercenter.bard.edu or (845) 758-7900

Sept. 9

Elysium Concert Series: Joe Morris / Ken Vandermark, Cunneen-Hackett Arts Center, 12 Vassar St., Poughkeepsie. The premier modern guitarist and educator Morris performs in an incendiary duo setting with the MacArthur "genius grant"-winning saxophonist Vandermark in this rare area appearance, 8 p.m. Tickets \$15 advance, \$20 door. <https://cunneen-hackett.org/> or (845) 486-4571

The Slambovian Circus of Dreams, The Colony, 22 Rock City Rd., Woodstock. Celebrate with the Slambovian Circus of Dreams 8 p.m. Tickets \$23.55 advance, \$29.24 door (includes service fees). Purchase in advance via EventBrite.

Sept. 10

Contra Dance, St. John's Evangelical Lutheran Church, 55 Wilbur Blvd., Poughkeepsie. Hudson Valley Community Dance begins its season of contra dances with calling and live music by Jeff Walker and family. Lesson, 7:15 p.m.; Dance, 7:30 - 10:30 p.m. Admission \$10 or \$5 w/student ID. No partner is needed; beginners and all ages are welcome. Bring your own water and snack to consume outside the hall. <https://www.hudsonvalleydance.org/>

Tig Notaro, Bardavon, 35 Market St.,

Poughkeepsie. Tig Notaro is an Emmy- and Grammy-nominated stand-up comedian, writer, radio contributor and actor as well as a favorite on numerous talk shows, including "The Late Show with Stephen Colbert," "The Tonight Show with Jimmy Fallon," and "Ellen." Hailed for her effortless storytelling and fearless stage presence, her subject matter ranges from the delightfully absurd to the monumentally serious. 8 p.m. Tickets start at \$45. (845) 473-5288, (845) 339-6088 or boxoffice@bardavon.org

Sept. 11

Howland Chamber Music Circle: Verona Quartet with guitarist JIJI, Howland Cultural Center, 477 Main St., Beacon. The renowned and innovative Verona Quartet will be joined by classical guitarist JIJI, 4 p.m. Tickets are available for purchase at <https://howlandmusic.org/Tickets.html>.

The Swing Vipers, Greenvale Park Outdoor Pavilion, 2260 New Hackensack Rd., Poughkeepsie. Presented by Hudson Valley Community Dance, 3-6 p.m. Admission \$20. Covid vaccine required (bring vaccination card or Excelsior Pass). Bring your own water and snacks. <https://www.hudsonvalleydance.org/>

Sept. 13

Author Event, Henry A. Wallace Center, FDR Presidential Library and Home, Rte. 9, Hyde Park. A conversation with David Pietrusza, author of "Roosevelt Sweeps Nation: FDR's 1936 Landslide and the

Triumph of the Liberal Ideal," 6 p.m. This is a free, in-person public event (local health metrics permitting), but registration is required via www.fdrlibrary.org.

Sept. 14

Local Book Launch: Lucy Sante, "Nineteen Reservoirs" with Tim Davis, Morton Memorial Library, 82 Kelly St., Rhinecliff. 6:30 p.m. Tickets are free; register via EventBrite. (845) 876-2903

Dahlia Garden Gathering, Locust Grove, 2683 South Rd., Poughkeepsie. Make-and-Take Bouquet Event, 5:30-7 p.m. Come dispel the tale of the tuber with Director of Horticulture Claire Davis. Learn how to plant, grow and dig up and store tubers, and then cut flowers and make a bouquet of heirloom Locust Grove dahlias and other late-summer blooms to take home. Tools and vase provided. Tickets \$50/person. www.lgny.org/calendar or (845) 454-4500

Sept. 14, 21 & 28

Rhinebeck Choral Club Open Rehearsals, Red Hook Community Center, 59 Fisk St., Red Hook. The Club will hold open rehearsals for its autumn season from 7 to 8:30 p.m. The club sings a variety of styles of music including pop, jazz, secular, folk, a cappella and more. Open to anyone age 14 who enjoys singing—no experience necessary and no audition process. www.rhinebeckchoralclub.org or <https://www.facebook.com/RhinebeckChoralClub/>

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1970s and OLDER — BASEBALL, FOOTBALL, BASKETBALL & HOCKEY TRADING CARDS, & PLAYER USED BATS, GLOVES, JERSEYS BALLS, AUTOGRAPHS ETC., 1960'S & OLDER

COMIC BOOKS 1980'S & OLDER

OLD METAL TOYS

Star Wars Toys 1977-1989

Buying DISNEY character toys from the 1920s thru 1970s

Buying Nintendo and All Vintage Video Games

Buying US Civil War items & WW1 & WW2 Japanese and German Items

Buying Dolls from 1960s and earlier

VCR tapes — sealed unused

Barbies 1960s thru 1975

Buying all Gas & Oil addvertising items 1960 and older

Soda, Icecream, Beer, Tobacco, etc. advertising items 1960s and older

Buying all action figures from 1980s & older including GI Joe

Looking for **DISNEY LAND / DISNEY WORLD** park tickets, souvenirs toys including actual items used at the parks like signs, ride vehicles, posters, original cast member costumes, etc.

Tues Sept 27th Doubletree Hilton
789 Conneticut Ave, Norwalk CT

Wed Sept 28th Courtyard Marriott
17 Westage Dr Route 9 & I 84, Fishkill, NY
(1 block from intersection of 9 & I 84)

Thurs Sept 29th Springhill Suites
Marriott, 109 Marbedale Rd, Tuckahoe, NY
(Yonkers NY area)

Fri Sept 30th Springhill Suites Marriott
480 White Plains Rd, Tarrytown, NY
(take the hiway 119 exit on I 287 takes you right to the Hotel conference center)

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Alzheimer’s Association offers free programs in September

The Alzheimer’s Association Hudson Valley Chapter will host the following free events in September. Unless noted otherwise, programs will be virtual and registration can be made online, by zip code for programs at alz.org or by calling the Alzheimer’s Association at (800) 272-3900.

- Something for Alz: Musical Moments: 10:30-11:30 a.m. Wednesday, Sept. 7. A free virtual interactive musical program with music therapist Jeffrey Friedberg.
- Something for Alz: Musical

Moments: 10:30-11:30 a.m. Wednesday, Sept. 14. A free virtual interactive musical program with music therapist Jeffrey Friedberg.

- Virtual Visit with New York Therapy Animals: 11-11:30 a.m. Thursday, Sept. 15. Viewing and interacting with animals can be a way to relax, interact and meet new friends.
- Healthy Living for your Brain and Body: 6:30 p.m. Thursday, Sept. 15. A free in-person event at East Fishkill Community Library, 348 Route 376, Hopewell Junction. Learn about the latest research

on diet, nutrition, exercise, cognitive activity and social engagement. Get hands-on tools to develop a plan for healthy aging.

- Something for Alz: Morning Game Show: 11 a.m. to noon Sunday, Sept. 18. Join us for a morning of free virtual games including Hollywood Squares, Charades, Jeopardy and more.
- 10 Warning Signs of Alzheimer's: 10:30 a.m. Saturday, Sept. 24. A free in-person event at Ebenezer Baptist Church, 76 1st St., Newburgh. Learn about 10 common warning signs and what to watch for in yourself and others, typical age-related

changes, how to approach someone about memory concerns, early detection, the benefits of a diagnosis, the diagnostic process and Alzheimer’s Association resources.

- Something for Alz: Musical Moments: 10:30-11:30 a.m. Wednesday, Sept. 28. A free virtual interactive musical program with music therapist Jeffrey Friedberg.
- 10 Warning Signs of Alzheimer's: 10-11 a.m. Friday, Sept. 30. A free in-person program in partnership with Pleasant Valley Seniors at Pleasant Valley Town Hall, 1554 Main St., Pleasant Valley.

NY Army National Guard promotions

LATHAM, NY -- Major General Ray Shields, the Adjutant General for the State of New York, announces the promotion of members of the New York Army National Guard in recognition of their capability for additional responsibility and leadership.

Enrique Antoniolopez from Pleasant Valley, assigned to the 1569th Transportation Company, received a promotion to the rank of private 1st class on June 25, 2022.

Kaelen Pegelow from Tivoli, assigned to the Company C, 2nd Battalion, 108th Infantry Regiment, received a promotion to the rank of specialist on July 13, 2022.

Army National Guard promotions are based on overall performance, attitude, leadership abil-

ity, and development potential. These promotions additionally recognize the best qualified Soldiers and attract and retain the highest caliber Citizen Soldiers for a career in the New York Army National Guard.

For more information about the New York Army National Guard, visit www.dnna.ny.gov or www.1800goguard.com

The New York National Guard (New York State Division of Military and Naval Affairs) is the state's executive agency responsible to the Governor for managing New York's Military Forces, which consists of nearly 20,000 members of the New York Army National Guard, the New York Air National Guard, the New York Naval Militia and the New York Guard.

POLICE INVESTIGATING LARCENIES FROM VEHICLES IN RHINEBECK VILLAGE

The Rhinebeck Police Department is currently investigating several larcenies from vehicles in the village. The police department is advising residents to take appropriate measures to safeguard their belongings. Vehicles should be locked when parked in private driveways or on the street, and keys should be removed from the vehicle.

Anyone within the village with external video surveillance equipment at his or her residence is encouraged to contact the police department.

Please report any suspicious activity to the Rhinebeck Police at (845) 876-8181.

Train to become an ambassador for Dutchess Tourism

Dutchess Tourism Inc. recently announced the launch of their new Dutchess Tourism Ambassador Program, when 21 individuals became Certified Tourism Ambassadors (CTAs) after completing the inaugural course and exam. The certification training was held at Dutchess Community College’s Poughkeepsie campus. The CTA program is an industry-recognized certification accredited through the Tourism Ambassador Institute.

To develop a curriculum specifically for Dutchess County, Dutchess Tourism worked with Mickey Schaefer, CAE, CTA, founder of the Tourism Ambassador Institute and president of Mickey Schaefer & Associates LLC. Administered at the local level, CTA is the only program to give an official designation to front-line employees, business owners, executives, government officials, and volunteers.

Designed to increase the economic impact from tourism in the county, the CTA program works by inspiring front-line employees and volunteers to turn every visitor and resident encounter into an exceptional experience. The most comprehensive tourism and service delivery program of its kind, it will positively affect the county’s tourism industry through front-line training and certification for hotels, attractions, events, restaurants, and other assets in Dutchess County.

CTA programs have proven they strengthen talent retention and development in the hospitality space leading to improvements in customer satisfaction ratings and employee team morale. More than 56,000 individuals in the U.S. and Bermuda have been certified since the program’s inception in 2006.

Upcoming Dutchess Tourism Ambassador certification classes will be offered on the following dates:

- Thursday, September 8, 8 a.m. – 12:30 p.m., Southern Dutchess
- Thursday, September 22, 8 a.m. –

12:30 p.m., Central Dutchess

- Thursday, October 6, 8 a.m. – 12:30 p.m., Northern Dutchess
- Wednesday, October 19, 8 a.m. – 12:30 p.m., Eastern Dutchess
- Wednesday, November 2, 8 a.m. – 12:30 p.m., Central Dutchess
- Tuesday, November 15, 8 a.m. – 12:30 p.m., Southern Dutchess
- Wednesday, November 30, 8 a.m. – 12:30 p.m., Northern Dutchess

Groups of 20 or more can contact Dutchess Tourism to schedule additional dates and times at their location.

The Dutchess Tourism Ambassador Program costs \$25 per person. Discount coupon codes and tuition assistance is available. The program was paid for by Dutchess County government through an American Rescue Plan (ARP) grant to Dutchess Tourism Inc. Dutchess County residents and employees wishing to participate can sign up to express their interest. Contact Valerie Ubriaco, consumer services and tourism programs manager, at valerie@dutchesstourism.com for details.

Answer to this week’s Dot to Dot (puzzle on page 10)

Answers to this week’s diversions (puzzles on page 18)

Suguru solution					
5	1	4	2	3	1
4	2	3	5	4	2
5	1	4	1	3	1
3	2	3	2	5	4
1	5	1	4	1	3
2	4	3	5	2	5

F	I	G	S		C	R	A	S	S		P	E	A	R	
A	D	A	M		H	A	R	T	E		A	T	L	I	
M	E	M	O		A	I	M	E	D		S	N	I	P	
E	A	S	T	E	R	N		A	G	I	T	A	T	E	
					H	A	D		A	M	E	N	D		
B	A	R	E	R		F	R	Y		S	U	I	T	E	
O	D	E	R		P	E	A		T	E	E	M	E	D	
L	O	C			R	O	W	B	O	A	T		B	A	G
T	R	A	C	E	D		I	O	U		L	E	S	E	
S	E	P	A	L		M	A	O		R	U	D	E	R	
					T	I	T	A	N		S	I	S		
M	E	G	A	T	O	N		S	H	O	T	P	U	T	
E	R	A	L		R	A	T	E	R		E	R	N	E	
S	I	L	O		A	G	R	E	E		R	O	T	S	
S	N	A	G		H	E	A	R	D		S	P	O	T	

SUDOKU														
This week’s answer														
6	1	5	4	8	7	2	3	9						
3	8	4	2	6	9	1	7	5						
7	2	9	3	1	5	6	4	8						
5	9	3	8	4	1	7	6	2						
1	4	6	9	7	2	8	5	3						
8	7	2	5	3	6	4	9	1						
2	3	1	6	5	4	9	8	7						
9	6	8	7	2	3	5	1	4						
4	5	7	1	9	8	3	2	6						

September programs at Pleasant Valley Library

Starr Library’s September programs at-a-glance

Earth to Table: Healing with Stinging Nettles
Tuesday, September 6 6:30-7:30pm
Join Joe Baldwin from Earth to Table to learn more about stinging nettles. Joe will show us how important nettles are to our health and healing, as well as how to grow, harvest and make assorted products with them. Earth to Table is a local initiative providing farm-fresh vegetables, healing plants, herbs, teas, and more along with educational programs and catering. Registration required - please visit pleasantvalleylibrary.org.

Gentle Flow Yoga, Wednesday, September 7 5:00-6:00pm. Join yoga instructor Samantha Free for all-level slow vinyasa flow yoga - a floor/mat yoga that coordinates breath with movement through different variations of postures. Modifications for postures will be implemented if necessary. Please wear comfortable clothing, and bring a water bottle and yoga mat. We'll provide yoga mats for those without one. Registration is required - please visit pleasantvalleylibrary.org.

Brazilian and Jazz Guitarist Benji Kaplan
Wednesday, September 7 6:30-7:30pm
Join us as we welcome Benji Kaplan for an enchanting evening from Broadway to Brazil and beyond - a singular take on Tin Pan Alley's most cherished love songs, combined with the interplay of guitar and voice on Benji's originals and cover songs in Portuguese and English. Registration is required - please visit pleasantvalleylibrary.org.

Flash Fiction, Monday, September 12 6:30-7:45 pm (Second Monday evening of each month). If you love writing fiction, or if it's something new that you want to try, join us for our monthly fiction writing group. At each meeting, participants will be given a writing prompt, time to write, and an opportunity to share their work with the group, if they want. *This is not a critique group, but a place where people can come and exercise their creativity in a fun, supportive environment. Registration is required - please visit pleasantvalleylibrary.org.

Face & Lymphatic Yoga, Monday, September 12 6:30-7:30 pm (Second Monday evening of each month). Join yoga teacher Rosalia Henry for an all-level yoga class for your whole body. Learn how to engage the muscles in the face and neck to help firm and tone. Remove toxins from your face and body by activating your natural immune support system. Please note the entire body will be engaged during class. Please bring a water bottle, face lotion, and a yoga mat. We'll provide yoga mats for those without one. Registration is required - please visit pleasantvalleylibrary.org.

Chair Yoga, Tuesday, September 13 1:00-2:00 pm. Samantha Free has been teaching chair yoga for everyone for many years. Whether you are a senior, in a wheelchair, have an injury or balance issues, or are just getting interested in yoga, Samantha will work with you, with a combination of breath work, seated poses, and standing poses. Attendees will not get down on the floor and there are modified poses for those who don't wish to stand. Registration is required - please visit pleasantvalleylibrary.org.

Chess Club, Thursdays, September 8 and September 22 6:00-8:00pm (Second and Fourth Thursday evenings of each month). Chess teaches us to think, visualize, problem solve, strategize and take risks. Play the game that spans cultures and generations. All ages and levels are welcome. Registration is required - please visit pleasantvalleylibrary.org.

Sustainable Hudson Valley's Climate Solutions Week Programs - Pleasant Valley Library is partnering with Pleasant Valley Climate on the following programs for Sustainable Hudson Valley's Climate Solutions Week, an effort to focus attention on the climate emergency we are all facing with a series of events throughout the region.

Community Solar Energy with Maziar Dalaeli, Monday, September 19 6:00-7:45pm
Maziar Dalaeli, co-founder of IPPsolar, will discuss the benefits of Community Solar projects - they can provide 100% renewable energy, eliminate the use of fossil fuels, reduce greenhouse gasses, and save money on energy bills. Learn more about clean energy communities, and how they are a solution to our climate crisis. Registration is required - please visit pleasantvalleylibrary.org.

Movie Night with Pleasant Valley Climate Smart: “An Inconvenient Sequel: Truth to Power”, Tuesday, September 20 6:00-8:00 pm
A decade after “An Inconvenient Truth” brought climate change to the heart of popular

culture, this follow-up documentary, from 2017, shows just how close we are to a real energy revolution. Afterward, members of Pleasant Valley Climate Smart’s Task Force will lead a brief discussion of the movie, and will also talk about their work to support our community in building a sustainable and balanced climate action program, one step at a time - and how you may be able to help! Registration is required - please visit pleasantvalleylibrary.org.

Electric Vehicle Program, Saturday, September 24 11:00am-1:00pm. Steve Wehr, a retired engineer and EV enthusiast, will present an enlightening introduction to Electric Vehicles: how they work, charge, and fit into your life. Steve has written articles on electric vehicles and charging for Sustainable Hudson Valley, and has owned an electric car for 3 years. Bring your EV questions and he'll give you answers. Registration is required - please visit pleasantvalleylibrary.org.

Candle-Making Class, Thursday, September 22 6:00-7:45pm. Learn the basics of soy candle making with Sonia The Candle Lady from Ye Olde Gift Shoppe, and receive instructions for future reference. No need to bring anything with you - all materials will be provided, and you'll be able to take the candle you make home. Registration is required - please visit pleasantvalleylibrary.org.

Self-Defense for College Students - presented by Traditional Okinawan Karate of Pleasant Valley, Monday, September 26 6:00-7:45pm. Sienna Engasser of Traditional Okinawan Karate (TOK) of Pleasant Valley will present an interactive program on self-defense especially for college students (ages 17-23). She'll teach situational awareness on and off-campus, de-escalation, and basic physical self-defense along with demonstrations. Registration is required - please visit pleasantvalleylibrary.org.

Meditation, Tuesday, September 27 6:30-7:30 pm (last Tuesday of each month). Certified hypnotherapist and Reiki Master Susan Olin-Dabrowski will lead both beginners and experienced meditators in exploring a variety of meditation techniques. Please Note: Masks are required for ALL attendees, regardless of vaccination status, for the entire duration of the program - no exceptions. Registration is required - please visit pleasantvalleylibrary.org.

Setting the Record Straight with Anthony Musso, Thursday, September 29 6:00-7:45pm. Join local author Anthony P. Musso for his popular program based on his books, "Setting the Record Straight: The Music and Careers of Recording Artists From the 1950s and 1960s ... In Their Own Words." He'll share first-hand accounts about the trials and tribulations, the joys and tragedies of life on the road during the rock and roll era's infancy, from legendary artists such as Bo Diddley, Mary Wilson of The Supremes, Chubby Checker, Martha Reeves, Brenda Lee, Connie Francis, Gary US Bonds, and more. Registration is required - please visit pleasantvalleylibrary.org.

Friday Night Flicks: “Hocus Pocus” Interactive Movie Experience, Friday, September 30 6:00-8:00pm. Don't just watch the movie, be a part of it! We are celebrating the release of the new “Hocus Pocus” movie by showing the original, and the audience will participate along! Dressing in costume is encouraged. We will provide the props, prompt sheets, and snacks! Registration is required - please visit pleasantvalleylibrary.org.

CHILDREN’S PROGRAMS
Toddler Time, Mondays, beginning September 19 10:30-11:00am; Tuesdays, beginning September 20 10:30-11:00am. Children ages 2 to 3 years and their caregivers are welcome to enjoy a story and themed craft together. Registration is from September 12 - September 18, and each session will run for 5 weeks. (no storytime on Monday, October 10 or Tuesday, October 11)

Pre-K Storytime, Tuesdays, beginning September 20 1:00-1:45pm. Independent children ages 3-5 years are welcome to enjoy a story and themed craft. Registration Sept. 12 - 18, and this session will run for 6 weeks.

Creative Crafts - Ages 3-12
Monday, September 26 1:00-3:00pm
No school? No worries! Students and Homeschoolers (ages 3-12) are welcome to drop in for fun and creative crafts! Miss Julie will have an array of craft projects for all ages. No registration is required - just stop by!

ALL AGES
SAT. SEPT 10 @ 10am - Rhinebeck Repair Cafe
SAT. SEPT 17 @ 2pm - Hispanic Heritage Month Kickoff Celebration with the Ávila Ensemble
SUN. SEPT 18 @ 11am - Climate Week: Starr Library at the Farmers Market
MON. SEPT 19 @ 4:15pm - Climate Week: Trail Walk with Winnakee Land Trust
TUE. SEPT 20 @ 4pm - Climate Week: Get Crafty with Recyclable Materials
FRI. SEPT 23 @ 5:30pm - Climate Week: Meet Climate Advocates

TUE. SEPT 13 @ 1pm - Mysteries Around the World Book Club: Fleshmarket Alley by Ian Rankin
WED. SEPT 14, 21 & 28 @ 10:30am - Tai Chi
TUE. SEPT 20 @ 12:30pm - Lunchtime Learning at the Beatrix Farrand Garden: Watercolor Painting Workshop
TUE. SEPT 27 @ 7pm - Starr Library Book Club: Weather by Jenny Offill

YOUTH & FAMILY
TUESDAYS @ 10:30am - Outdoor Story Time with Miss Robbie
THUR. SEPT 8 & 22 @ 10:15am - Music and Movement with Terry Watson

For more information, visit the online calendar at www.starrlibrary.org.

ADULTS
SAT. SEPT 10 @ 1pm - Special Edition Book Club: The House of Mirth at the Beatrix Farrand Garden

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TOWN OF PLEASANT VALLEY TOWN BOARD RESOLUTION NO.: 8010/2022 RESOLUTION COMMENCING THE LOCAL LAW ADOPTION PROCESS FOR PROPOSED LOCAL LAW B OF 2022 ENTITLED: “A LOCAL LAW REPEALING CHAPTER 95 AND AMENDING CHAPTER 98, SECTION 98-34, OF THE TOWN CODE WITH RE- GARD TO THE OUTDOOR STORAGE OF JUNK MOTOR VEHICLES” WHEREAS, the Town Zoning Administrator has notified the Town Board that the Town Code contains two sets of regulations relating to outdoor storage of junk motor vehicles, and has advised that the Town Code be modified for clarity; and WHEREAS, the Town Board has determined that it is appropriate to amend Chapter 98 “Zoning,” Section 98-34 “Junk motor vehicles,” and to repeal and remove Chapter 95, “Outdoor Storage of Junk Motor Vehicles”; and WHEREAS, the Town Board has determined that these changes can be made by local law in accordance with the authority vested in the Town Board by Section 10 of the Municipal Home Rule Law; and WHEREAS, the Attorney to the Town has prepared a proposed Local Law amending Chapter 98 and repealing Chapter 95 of the Town Code; NOW, THEREFORE, be it RESOLVED, that the Town Board hereby accepts Proposed Local Law B of the Year 2022 for the purposes of commencing the local law adoption process; and be it further RESOLVED, that pursuant to the provisions of SEQRA the Town Board hereby determines that the adoption of Proposed Local Law B is a Type I action (see, 6 NYCRR 617.4[b][2]), and the Town Board accepts the attached SEQRA EAF Part 1 for the proposed action; and be it further RESOLVED, that the Town Board determines that it will be the only agency with approval authority over the proposed action and therefore declares itself to be the Lead Agency for conduct of the environmental review under SEQRA; and be it further RESOLVED, that the Town Board directs the Town Clerk to forward Proposed Local Law B to the Dutchess County Planning Board for its review and advisory opinion pursuant to Section 239-m of the New York State General Municipal Law; and be it further RESOLVED, that the Town Board directs the Town Clerk to forward Proposed Local Law B to the Town of Pleasant Valley Planning Board for its review and advisory opinion pursuant to Section 98-101 of the Pleasant Valley Town Code; and be it further RESOLVED, that a public hearing on said Local Law will be held on September 19, 2022 at the Town of Pleasant Valley Town Hall, located at 1554 Main Street, Pleasant Valley, New York at 7:05 p.m.; and be it further RESOLVED, that the Town Clerk is hereby directed to give, publish and post notice of said public hearing, as required by law; and be it further RESOLVED, that the Town Clerk is directed to give notice to the New York State Department of Transportation Region 8 and all towns adjacent Pleasant Valley pursuant to Section 98-101 of the Pleasant Valley Town Code. MOTIONED BY: Councilman Mazzella SECONDED BY: Supervisor DeVecchio DATED: August 15, 2022 ROLL CALL: <table><tr><td>Councilwoman Albrecht</td><td>AYE</td><td>NAY</td></tr><tr><td>Councilman Mazzella</td><td>X</td><td></td></tr><tr><td>Councilman O’Hanlon</td><td>X</td><td></td></tr><tr><td>Councilman Rifenburgh</td><td>X</td><td></td></tr><tr><td>Supervisor DeVecchio</td><td>X</td><td></td></tr></table> Carried.			Councilwoman Albrecht	AYE	NAY	Councilman Mazzella	X		Councilman O’Hanlon	X		Councilman Rifenburgh	X		Supervisor DeVecchio	X		TOWN OF PLEASANT VALLEY PROPOSED LOCAL LAW B OF 2022 BE IT ENACTED by the Town Board of the Town of Pleasant Valley as follows: SECTION 1. TITLE. This Local Law shall be entitled “A Local Law Repealing Chapter 95 and Amending Chapter 98, Section 98-34, of the Town Code with Regard to the Outdoor Storage of Junk Motor Vehicles”. SECTION 2. PURPOSE AND INTENT. The Town’s Zoning Administrator has notified the Town Board that the Code of the Town of Pleasant Valley (the “Town Code”) contains two inconsistent sets of regulations relating to outdoor storage of junk motor vehicles. The Town Board has determined that the regulations in Chapter 98 “Zoning,” Section 98-34 “Junk motor vehicles,” should be retained and modified, and the regulations in Chapter 95, “Outdoor Storage of Junk Motor Vehicles,” should be removed from the Code. SECTION 3. AUTHORITY. This law is enacted pursuant to §10 of the Municipal Home Rule Law. SECTION 4. AMENDMENT TO THE CODE. Chapter 95 is hereby repealed and shall be removed from the Town Code. Chapter 98 “Zoning,” Section 98-34 “Junk motor vehicles,” shall be repealed and replaced as follows: A. Intent. The outdoor storage of junk motor vehicles and/or motor vehicle parts constitutes a health, fire and safety hazard, is generally unsightly and tends to depreciate the value of property in the neighborhood. Therefore, it is prohibited. B. Definitions. As used in this chapter, the following terms shall have the meanings indicated: (1) JUNK MOTOR VEHICLE — Any unregistered motor vehicle for which a registration with DMV is required for operation. (2) MOTOR VEHICLE — Any self-propelled vehicle manufactured for use on public highways. (3) OUTDOOR STORAGE — The placing, maintaining or keeping in a place other than a building. C. Outdoor storage of junk motor vehicles or motor vehicle parts is prohibited, except as permitted in a licensed salvage yard or automobile service or body repair shop as per Chapter 62 and Section 98-38. D. Exceptions. Excepted from this section and exempted from its requirements are the following: (1) Temporary storage of an unregistered motor vehicle owned by the property owner, for no more than 180 days in a calendar year. (2) A motor vehicle being advertised for sale, for a period of no more than 60 days. (3) Motor vehicles kept and stored by commercial establishments on their own property for the purpose of removing parts therefrom for use in vehicles used in their regular course of business. (4) Motor vehicles kept and stored by duly licensed and operating vehicle repair shops and garages, upon the premises where said business is conducted, and which are currently being repaired for the purpose of placing the same back into legal operation upon the public highways. (5) An antique or classic automobile, provided that in the opinion of the Zoning Administrator such automobile is stored and kept under conditions not constituting a public nuisance or an attractive nuisance. (6) Any motor vehicle owned by a person currently on active duty in any of the Armed Forces of the United States or the State of New York, provided that said motor vehicle is kept and stored on property owned by said person or his spouse’s immediate family and such storage does not constitute, in the opinion of the Zoning Administrator, a public or attractive nuisance. (7) Any motor vehicle owned or operated by a member of the family occupying said premises, who is a full-time occupant of the premises and who is attending school on a full-time basis, provided that said exemption shall be limited to the period from September 1 through May 30 or for the length of the school term, whichever is shorter, and further provided that this exemption shall not apply to any recreational vehicle, pickup truck or commercial vehicle. The exemption under this section will only be granted upon application by the owner of said vehicle with proof of ownership, proof of prior registration and proof of attendance at school. SECTION 5. SUPERSESSON. This local law supersedes Local Law 19 of 2001. Also, it is the intent of the Town Board to supersede any provisions of the New York State Law to the extent that they may be inconsistent with the provisions of this local law. SECTION 6. SEVERABILITY. If any provision of this local law is held invalid for any reason by a court of competent jurisdiction, such decision shall not affect the validity of the remaining provisions of this local law. SECTION 7. EFFECTIVE DATE. This Local Law shall become effective immediately upon is filing in the Office of the New York State Department of State.			
Councilwoman Albrecht	AYE	NAY																			
Councilman Mazzella	X																				
Councilman O’Hanlon	X																				
Councilman Rifenburgh	X																				
Supervisor DeVecchio	X																				

Jeffrey Feldman of Feldman, Kleidman, Coffey & Sappe LLP recognized as ‘Lawyer of the Year’

Hudson Valley law firm Feldman, Kleidman, Coffey & Sappe LLP (FKC&S) has announced that Founding Partner Jeffrey M. Feldman has been named Best Lawyers® 2023 Medical Malpractice Law - Defendants "Lawyer of the Year" in White Plains. Recognition is based entirely on peer review and only a single lawyer in each practice area and community is honored with a "Lawyer of the Year" award. Feldman is also being recognized for professional excellence in the 29th Edition of The Best Lawyers in America in the areas of Medical Malpractice Law – Defendants and Personal Injury Litigation – Defendants in Fishkill. This year marks the 15th time that he has been honored by Best Lawyers and the third time he has received a “Lawyer of the Year” distinction.

“I am honored to be highly regarded by my esteemed peers in the legal field,” said Feldman. “I humbly share this recognition with the entire team at FKC&S, who raise the bar for excellence every single

day.”

For more than 40 years, Best Lawyers has published the world’s premier guide for the legal profession and recognized top legal talent in 76 countries worldwide. Previously, Feldman has been named the Best Lawyers 2021 Personal Injury Litigation – Defendants "Lawyer of the Year" in White Plains, NY and the 2020 Best Lawyers Medical Malpractice Law - Defendants "Lawyer of the Year" in White Plains, NY. The White Plains metro area includes Poughkeepsie, Brewster, Newburgh, Pearl River, Kingston, New City, Suffern, Carmel and many other cities in the Hudson Valley region.

Successfully trying cases at all levels of state and federal courts throughout the Hudson Valley and Capital District for more than 36 years, FKC&S has been recognized by U.S. News – Best Lawyers® “Best Law Firms” since its First Edition in 2010. In the 2022 edition of U.S. News – Best Lawyers® “Best Law Firms”, FKC&S was recognized as a

Tier 1 firm for Personal Injury Litigation – Defendants and a Tier 2 firm for Medical Malpractice Law – Defendants in White Plains.

Feldman has achieved an AV® rating with Martindale-Hubbell since 1992, placing him in the top three percent of attorneys nationwide. Designated as a New York State “Super Lawyer” every year since 2008, he is a proud member of the New York State Bar Association, the American Bar Association, the Dutchess County Bar Association, the New York State Trial Lawyers Association, the American Association for Justice and the New York Medical Defense Bar Association. In 2016, Feldman received the Dutchess County Regional Chamber of Commerce’s Headliner Award for Leadership in Business and Community, and he was honored by the Mid-Hudson Valley Chapter of the Association of Fundraising Professionals for Leadership in Corporate Philanthropy in 2019. He currently serves on the Board of Directors



Jeffrey Feldman

for Family Services Inc. and Hudson Valley Hospice, and supports several local nonprofit organizations with his colleagues at FKC&S.

Legal Notices

TOWN OF PLEASANT VALLEY
PROPOSED LOCAL LAW C OF 2022
BE IT EN-
ACTED by the Town Board of the Town of Pleasant Valley as follows:
SECTION 1.
TITLE.

This Local Law shall be entitled "A Local Law Establishing Chapter 96 of the Town Code Regulating Grass Maintenance at Vacant and Abandoned Properties."
SECTION 2.
PURPOSE AND INTENT.

The Town's Zoning Administrator has notified the Town Board of a need to regulate the maintenance of lawns at vacant and abandoned properties in the Town. The proposed local law will provide standards and enforcement procedures for the maintenance of lawns at such properties.
SECTION 3.
AUTHORITY.

This law is enacted pursuant to §10 of the Municipal Home Rule Law.
SECTION 4.
AMENDMENT TO THE CODE.

Chapter 96, "Grass Maintenance," is hereby established as follows:
§ 96-1. Authority; findings; purpose and intent.
A. This chapter is enacted pursuant to § 10 of the Municipal Home Rule Law to provide for the health, safety, appearance and general welfare of the public, the residents of the Town of Pleasant Valley, and the owners of real property located within the Town of Pleasant Valley.
B. The Town Board finds that properties on which the lawns are not adequately maintained tend to diminish or lessen the appearance thereof or detract from the appearance of adjoining properties, which may lead to the progressive deterioration of a neighborhood.
C. The purpose and intent of this chapter is to provide a method to help ensure that the lawns on properties within the Town are properly maintained.
§ 96-2. Applicability.
A. This chapter shall apply to all lots, plots or parcels of land on which residential, non residential, and/or mixed-use buildings are located, which land and buildings are vacant or abandoned.
B. The provisions of this chapter shall supplement the Property Maintenance Code of New York State. When a provision of this

Legal Notices

chapter is found to be inconsistent with any provision of any other local law, code or regulation of the Town or state, the provision or requirement which is the more restrictive or which establishes the higher standard shall prevail. A greater penalty shall not be considered as more restrictive or a higher standard.
§ 96-3. Definitions.
As used in this chapter, the following terms shall have the meanings indicated:
ABANDONED—Land or building in which all habitation, use and/or occupation has ceased.
LAWN—Exterior portion of property which includes grass, ground cover, weeds and/or other similar plant growth and vegetation. This term shall not, for purposes of this chapter, include cultivated flowers and gardens, nor any land in agricultural production.
PERSON IN CONTROL — The owner, the attorney for the owner, the tenant, the occupant, the trustee in bankruptcy, lending institution which has commenced foreclosure proceedings against the subject property, a referee of foreclosure or a real estate broker or any other person exercising implied or express control of the premises, to be determined on a case-by-case basis.
P R O P E R T Y OWNER — The person, individual, business, partnership, firm or corporation whose name is listed as grantee on the last deed of record for the property recorded with the Dutchess County Clerk.
UNOCCUPIED — Lack of habitual presence of human beings.
VACANT — Any land, structure, building or portion thereof which, except for seasonal absence, is unoccupied or unused for a period of two consecutive months or longer.
§ 96-4. Property and landscaping maintenance.
The owner or person in control, as the case may be, of any property subject to this chapter shall maintain his/her lawn trimmed to a height of no greater than 10 inches.
§ 96-5. Penalties for offenses.
A violation of this chapter is hereby declared to be a violation punishable by a fine not exceeding \$1,000 or by imprisonment for not to exceed 15 days, or both. Each week's continued violation shall constitute a sep-

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arate additional violation.
§96-6. Enforcement.
A. Enforcement official: The Building Inspector and Zoning Administrator are hereby designated as the officials authorized to administer and to enforce this chapter. Where the term Building Inspector is used herein, either the Building Inspector or Zoning Administrator may carry out the specified procedures.
B. Compliance orders:
(1) The Building Inspector is authorized to order, in writing, the remedying of any condition or activity found to exist in, on or about any premises in violation of this chapter. Upon finding that any such condition or activity exists, the Building Inspector shall issue a compliance order.
(2) The Building Inspector shall cause the compliance order, or a copy thereof, to be served by at least one of the following methods:
(a) Personal service upon the owner or person in control of the property or premises;
(b) Mailing by registered or certified mail to the owner or person in control of the property or premises; or
(c) Posting a copy of the compliance order upon the front portion of the property or upon the main structure and mailing a copy of such notice by certified or registered mail to the owner of the property at the address shown on the current assessment records of the Town or the person in control of the property.
(3) The compliance order shall:
(a) Be in writing;
(b) Be dated and signed by the officer;
(c) Specify the condition or activity that violates this statute;
(d) Specify the provision or provisions of this statute which is/are violated by the specified condition or activity;
(e) Specify that such violation must be corrected or abated within seven days of the date of service; and
(f) State the appropriate consequence for failure to correct or abate the condition or activity within the specified period of time, as set forth in Section 6(C).
(4) The date of service of a compliance order issued pursuant to this section shall be the date of personal service or 10 days following the date of mailing, whichever is applicable.
C. Compliance; correction or removal by town.
(1) Any owner or per-

Legal Notices

son in control of any property or premises which has been determined to be in violation of the requirements of this statute shall cure, abate, correct or remove such violation, when ordered to do so by the Building Inspector, within seven days of the service of a compliance notice as provided above.
(2) In the event that the owner, tenant or person in control of any such premises shall fail to comply with the compliance order, as set forth in Section 6(B), the Building Inspector shall make an inspection of the property and report his or her findings to the Town Board.
(3) The Town Board, after review of the report, may take any, or all, of the following action(s):
(a) Provide authorization to the Building Inspector and/or the Attorney to the Town to institute appropriate legal action in a court of competent jurisdiction, seeking civil and/or criminal remedies for the violation(s);
(b) Take all necessary steps to correct or remove the violation, either by Town of Pleasant Valley employees or by the Town's designee or agent, including a private contractor; to mow or trim the lawn or mow the ground cover which violates the provisions of this chapter.
(4) The owner or person in control of the property shall be responsible to reimburse the Town of Pleasant Valley for costs and expenses incurred in abatement of the violation. Such costs and expenses shall include the necessary and reasonable attorneys' fees incurred by the Town in prosecuting the violation and necessary and reasonable administrative costs of enforcement, as prescribed in the Town's Fee Schedule. In the event of failure to reimburse the Town for such costs, the following shall apply:
(a) The Town may seek recovery of such costs by action venued in a court of appropriate jurisdiction, and the defendant(s) shall be responsible for the reasonable and necessary attorneys' fees expended by the Town in prosecuting such action.
(b) Alternatively, and at the sole discretion of the Town, a default in reimbursement of costs incurred by the Town shall be remedied by charging such sums against the real property which is the subject of the violation, by adding that

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charge to, and making it a part of, the next annual real property tax assessment roll of the Town. Such charges shall be levied and collected at the same time and in the same manner as Town-assessed taxes and shall be paid to the Town, to be applied in reimbursing the fund from which the costs were defrayed for the corrective or abatement action.
(5) The removal or correction of any violation by the Town of Pleasant Valley or its agents shall not operate to excuse such owner, tenant, occupant, managing agent or person in control from properly maintaining the property or premises as required by this chapter in the future.
SECTION 5.
SUPERSESSON.
It is the intent of the Town Board to supersede any provisions of the New York State Law to the extent that they may be inconsistent with the provisions of this local law.
SECTION 6.
SEVERABILITY.
If any provision of this local law is held invalid for any reason by a court of competent jurisdiction, such decision

Legal Notices

shall not affect the validity of the remaining provisions of this local law.
SECTION 7.
EFFECTIVE DATE.
This Local Law shall become effective immediately upon its filing in the Office of the New York State Department of State.
PUBLIC NOTICE OF HEARING BEFORE THE PLANNING BOARD
Town of Pleasant Valley, Dutchess County, NY
Please take note that the Planning Board for the Town of Pleasant Valley, NY will hold a public hearing on the following proposition:
165 Drake Road
Grid# 6463-02-995548
Robert Catrini would like to subdivide 48.42 acres into three lots.
SAID Meeting will take place on September 12, 2022 at the Pleasant Valley Town Hall, 1554 Main Street, Pleasant Valley, N.Y., and begins at 6:30 p.m.
By order of Rebecca Seaman, PV Planning Board Chair.

Legal Notices

PUBLIC NOTICE OF HEARING BEFORE THE PLANNING BOARD
Town of Pleasant Valley, Dutchess County, NY
Please take note that the Planning Board for the Town of Pleasant Valley, NY will hold a public hearing on the following proposition:
4679 Route 82
Grid #6565-04-683054
Applicant is proposing an Agritourism Farm Brewery/Cidery called the Brewery at Washington Hollow.
SAID Meeting will take place on September 12, 2022 at the Pleasant Valley Town Hall, 1554 Main Street, Pleasant Valley, N.Y., and begins at 6:30 p.m.
By order of Rebecca Seaman, PV Planning Board Chair.



TOWN OF PLEASANT VALLEY
TOWN BOARD RESOLUTION NO.: 8011/2022
RESOLUTION COMMENCING THE LOCAL LAW ADOPTION PROCESS FOR PROPOSED LOCAL LAW C OF 2022 ENTITLED: "A LOCAL LAW ESTABLISHING CHAPTER 96 OF THE TOWN CODE REGULATING GRASS MAINTENANCE AT VACANT AND ABANDONED PROPERTIES"

WHEREAS, the Town Zoning Administrator has notified the Town Board of a need to regulate the maintenance of lawns at vacant and abandoned properties in the Town; and

WHEREAS, the Town Board has determined that it is appropriate to add a new chapter to the Town Code to provide standards and remedies for the maintenance of lawns at vacant and abandoned properties; and

WHEREAS, the Town Board has determined that these changes can be made by local law in accordance with the authority vested in the Town Board by Section 10 of the Municipal Home Rule Law; and

WHEREAS, the Attorney to the Town has prepared a proposed Local Law creating a new Chapter 96 of the Town Code for "Grass Maintenance";

NOW, THEREFORE, be it

RESOLVED, that the Town Board hereby accepts Proposed Local Law C of the Year 2022 for the purposes of commencing the local law adoption process; and be it further

RESOLVED, that pursuant to the provisions of SEQRA the Town Board hereby determines that the adoption of Proposed Local Law B is a Type II action (see, 6 NYCRR 617.5[c][8], [33]), and no environmental review is required; and be it further

RESOLVED, that a public hearing on said Local Law will be held on September 19, 2022 at the Town of Pleasant Valley Town Hall, located at 1554 Main Street, Pleasant Valley, New York at 7:15 p.m.; and be it further

RESOLVED, that the Town Clerk is hereby directed to give, publish and post notice of said public hearing, as required by law.

MOTIONED BY: Councilman Rifenburgh
SECONDED BY: Councilman Mazzella

DATED: August 15, 2022

ROLL CALL:	AYE	NAY
Councilwoman Albrecht	☒	☐
Councilman Mazzella	☒	☐
Councilman O'Hanlon	☒	☐
Councilman Rifenburgh	☒	☐
Supervisor DelVecchio	☒	☐
*Carried		

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The PT Aide supports patients and assists Physical Therapists. The ideal candidate is a friendly, energetic individual with fitness, health and exercise knowledge. Must be able to multi-task and relate to patients of all ages. Positions in Wappingers Falls, Hyde Park, and Carmel, NY. Email resume to lisadscheduling@gmail.com

TREE CUTTING CONTRACT VILLAGE OF WAPPINGERS FALLS DUTCHESS COUNTY, NEW YORK 2022 through 2024

It is the intent of this Contract for the selected Contractor(s) to provide equipment and labor to the Village of Wappingers Falls as requested or required for each specific tree cutting job at the individual hourly rates as indicated in the proposal to utilize in support of the Highway Department in tree removal within the Village. The Village wishes to establish a contract with a Tree Cutting Contractor to be called on for work order assignments. All work done shall be done under the direct supervision of the Highway Superintendent, or appropriate Village employee and/or authorized representative. The Contractor(s) will provide the necessary equipment and/or labor to complete each task as required. Interested Contractors should request contract details from the Village Clerk, John M. Karge no later than 9/16/2022 and final bids sent to clerk by 9AM 9/23/2022 845-297-8773 X 5 or jkarge@wappingersfallsny.gov

EQUIPMENT AND LABOR CONTRACT VILLAGE OF WAPPINGERS FALLS DUTCHESS COUNTY, NEW YORK 2022 through 2024

It is the intent of this Contract for the selected Contractor(s) to provide equipment and labor to the Village of Wappingers Falls as requested or required for each specific job at the individual hourly rates as indicated in the proposal to utilize in support of the Highway Department and Water Department in repairing and rebuilding the infrastructure within the Village. The Village wishes to establish up to three (3) General Construction Contractors to be called on for work order assignments. All work done shall be done under the direct supervision of the Highway Superintendent, the Village Engineer, Water Operator, or appropriate Village employee and/or authorized representative. The Contractor(s) will provide the necessary equipment and/or labor to complete each task as required. Interested Contractors should request contract details from the Village Clerk, John M. Karge no later than 9/16/2022 and final bids sent to clerk by 9AM 9/23/2022 845-297-8773 X 5 or jkarge@wappingersfallsny.gov

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GOLDEN LIVING

*News for Seniors,
Their Families and Caregivers*
Todd N. Tancredi, Director
*Dutchess County
Office for the Aging*

MAINTAINING STRENGTH AND GETTING STRONGER AS YOU AGE

The benefits of strength training aren't just for athletes and weightlifters, people twice your size and one-third your age. Strength training is a key part of successful aging, too.

There are five key goals of strength training for older adults:

Stronger bones. Strength training puts the cells in your bones to work, leading to improved bone strength and density.

More muscle mass. We lose muscle mass as we age, starting in our thirties. Strength training helps you retain that muscle mass for longer, leading to improved balance as well as strength – and you can impress the grandkids by still being able to open that jar of jam!

Better balance and overall function. The activities we take for granted, like getting out of a chair, tying your shoes, and reaching an object from a high shelf, require strength, flexibility, and balance. The more you retain your strength, the lower your risk of falls.

You'll look good. The technical term for this is "improving body composition." The term the average person is more likely to use is "looking better in the mirror." Strength training reduces the risk of later-life obesity.

Improved quality of life. Older adults who participate in strength training often report greater psycho-social well-being.

FALLS PREVENTION WEEK SEPT. 19-23
Fall begins on Thursday, September 22nd, and the first day of fall coincides every year with Falls Prevention Week.

This year that's the week of September 19th – 23rd. In Dutchess County, Mid Hudson Valley Fall Prevention Week is hosted by the Office for the Aging along with New York State Senator Sue Serino, Lower Hudson Valley Fall Prevention Network, and the Vassar Brothers Medical Center Trauma Department. OFA is participating in three falls prevention week events this year. Contact OFA to sign up for any of the following:

Monday, September 19th, 11 a.m. – Freedom Park, 212 Skidmore Rd., LaGrange

Tuesday, September 20th, 1 p.m. – Boyce Park, 6420 NY 55, Wingdale

Thursday, September 22nd, 1 p.m. – Lions Club Pavilion, 82 Beach Rd., Pine Plains

Visit www.facebook.com/lhvfallprevention for a full calendar of events.

A very small number of spaces remain in the "A Matter of Balance" classes beginning this month. Classes meet once a week for eight weeks. Walk-ins cannot be accepted, so class participants will be informed of class venues and times once their registration is complete.

Can't make an eight-week commitment right now? OFA Exercise classes are available year-round and countywide, with volunteer instructors welcome – training is provided. Contact OFA to find out more; look at www.dutchessny.gov/seniorexercise for a look at the full range of what's available to help older adults stay active.

NEW NEWSLETTER, OFA SENIOR PROM INFORMATION COMING NEXT WEEK

When OFA returns from the three-day Labor Day weekend, we'll publish our Fall 2022 THRIVE60+ newsletter, both online and in print. In it will be detailed information and an application form for the OFA Senior Prom, coming up

Monday, October 24th. Look for THRIVE60+ to arrive in your email the week of September 6-9.

For those who aren't online, we'll mail THRIVE60+ to the OFA mailing list in September, with copies also available at libraries countywide.

ADDITIONAL OFA MEDICARE CLASSES FOR OPEN ENROLLMENT SEASON

Medicare's annual Open Enrollment season runs from October 15th to December 7th, and OFA wants you to be prepared for any changes in coverage that may affect your individual situation in 2023. That's why we've scheduled additional Medicare classes throughout the county. You'll find up-to-date listings at www.dutchessny.gov/Calendar-Page.htm.

Here's the extra classes we've scheduled thus far:

Thursday, September 15 - Medicare 101 - East Fishkill Community Center, 890 NY 82, Hopewell Junction, 11:30 am
Tuesday, September 27 - Navigating the Medicare Website - Millbrook Library, 3 Friendly Lane, 3 pm
Tuesday, October 4 - Medicare 101 - East Fishkill Library, 348 NY 376 - 4:15 pm
Thursday, October 6 - Medicare 101 – Beacon (Howland) Library, 313 Main St., 3 p.m.

Tuesday, October 11 - Medicare 101 - Boardman Road Branch Library, 141 Boardman Rd., Poughkeepsie - 6:30pm
Monday, October 17 - Medicare 101 - Pleasant Valley Library, 1584 Main St. (US 44) - 2:30pm
Tuesday, October 18 - Medicare 101 - Millbrook Library, 3 Friendly Lane - 3:00pm
Wednesday, October 19 - Medicare 101 - Pawling OFA Friendship Center, 154 Charles Colman Blvd. - 12:30pm
Thursday, October 20 - Medicare 101 - Beacon (Howland) Library, 313 Main St. - 2:00 pm
Wednesday, November 9th -

Medicare 101 - Hyde Park Free Library, 2 Main St. - 3:00 pm
Thursday, November 10 - Medicare 101 - Red Hook OFA Friendship Center, 59 Fisk St. - 10:30am
Tuesday, November 15 - Medicare 101 - Beacon OFA Friendship Center, 1 Forrestal Heights - 11:00am

Saturday, November 19 - Medicare 101 - Hyde Park Free Library, 2 Main St. - 11:00 am

Registration is required for each class. Please call OFA at 845-486-2555 during business hours to sign up.

SCAM OF THE WEEK: FAKE 'STUDENT LOAN' MESSAGES

Your phone rings.
"Hi, this is Annie with the processing center, and your most recent income indicates you might qualify for student loan forgiveness..."

Nope. That's a scam.
One favorite tactic of scammers is to chase news headlines; in this case, recent news of possible student loan forgiveness. The scammers' goal is to get you seeing dollar signs...but remember, if it looks too good to be true, it is.

Ignore these calls. Don't pick up. If you did pick up by mistake, just hang up without saying anything or pressing any buttons.

Even if you do happen to have an outstanding student loan, you wouldn't be informed of forgiveness by phone call, or text message, or an email out of the blue.

A printable Scam Prevention Resources sheet is available at www.dutchessny.gov/aging.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging



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