## WE STAND WITH UKRAINE & AMERICA

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## NORTHERN. JUTCHESS NEWS & Creative Living

A division of The Southern Dutchess News ~ Entirely produced and printed in Dutchess County since 1959 ~ www.sdutchessnews.com

## **COMMUNITY DAY EVENTS SET IN AREA**

### Town of Stanford honors 'Neighbors Helping Neighbors'

The 64th Annual Stanford Community Day on Saturday, Sept. 17 will celebrate "Neighbors Helping Neighbors," a theme that has been foremost in people's minds during the COVID-19 pandemic and most recently with the war in Ukraine.

"Stanford is the epitome of 'Small Town America," said Stanford Grange Secretary and Community Day Co-Chair Ryan Orton. "We are a small community that truly cares about each other. During the pandemic, residents and organizations have gone above and beyond to help each other from free face masks to the COVID Hot Line at the Town Hall to the Grange's Little Food Pantry to delivering food to those in need."

"Helping our neighbors was very common before the pandemic, too,' said Katie Fallon, Stanford Grange President and Community Day Co-Chair. "But, it's really been very noticeable when so many were struggling during the last two years. It's fitting that Community Day celebrates this small town charm this year."

And recently the members of the Stanford Fire Department mounted a drive to collect fire, safety and medical equipment from area fire departments to ship to "neighbors" in wartorn Ukraine.

The Stanford Fire Company is hosting a Ukrainian-themed Dinner at the Stanford Recreation Pavilion and Park from 6 – 7:30 p.m. on Community Day Evening. Proceeds raised will assist with the shipment of supplies to Ukraine, which is still ravished by invading Russian forces.

"We hope the whole town will come out to support this tremendously worthwhile project," said Fallon. For dessert, the Grange will have the

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## Family-friendly theme brings variety of events to PV Weekend

#### by Jim Donick

"We worked at our planning this year," chairwoman says event Terri McCormick, "to try and keep it familyoriented and to bring as much kindness to the weekend as we can. Pleasant Valley is a community and we want to emphasize that truth."

This year's Pleasant Valley Weekend will have much to offer that will be recognized by those who have attended countless PV Weekend events before. There will also be some significant changes, driven to some extent by the aftermath of the COVID period, as well as economic changes in the carnival and insurance industries.

This year the mechanical rides from a carnival company will not be available as the companies involved have been finding it nearly impossible to find staff to run the rides. Additionally, insurance and fuel costs have gone prohibitive due to the current inflation situation.

This year Cady Field will be filled with what McCormick refers to as "an

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A wide variety of events from bike rides, to music and dancing, to bouncy rides for the kids, to a parade and much more are planned for the three days of Pleasant Weekend. Valley Photos by Jim Donick and courtesy photo



## Hardscrabble Day to come alive with music and fun activities



Hardscrabble Day in the Village of Red Hook is bringing it back to the basics this

At 1 p.m. is will be time to rock out at "Teenscrabble" showcasing the talent of the local teen bands, such as Chocolate Jam, Pour La Terre, Funky Mustard and Na-Na-No. Throughout the day, visitors will have the opportunity to explore unique food truck cuisine and dine in or out at the staple restaurants in the Village of Red Hook.

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Hardscrabble Day in Red Hook will be all about fun, dancing and community with a wide variety of bands and learning opportunities planned. Courtesy photo

year with the free, all-day event focusing on live music and community.

All activities, games, and entertainment will be held in the Village Municipal Lot across from Village Hall on Saturday, Sept. 17.

The day will kick off at 10 a.m. with "Kidscrabble," a family and children portion featuring yoga, storytelling, puppet shows, and live music.

A wide variety of activities will give individuals the

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## Family-friendly theme brings variety of events to PV Weekend

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amazing collection of inflatable attractions" that will appeal to older kids as well as some specifically for the very young ones. The inflatable attractions are all being sourced locally in Pleasant Valley from the Yobak family, Beth and Nick of YoBounce.

These inflatables are a far cry from the traditional children's party bounce houses. Nick Yobak said, "We're excited to do this - very excited to be part of the community. We started two years ago and our business has grown like crazy. We're here to serve the community. We love to make the kids all happy."

The entire weekend will be filled with music, both live and DJ provided.

"We're having some great live music,"

said committee member and publicity chair Cindi Halupke. "We're also trying something new on Friday evening with a few hours of line dancing. Cowboy boots will be optional."

Friday will also see the now annual Jack Haverty car show taking place on the parking lot of town hall. Admission for spectators is free. There will be prizes awarded and the show will be jumping to the sounds of a live Doo-Wop band, "Times Square."

While the annual Rotary Club Duck Derby on the Wappingers Creek doesn't take place until Sunday after the parade, there will be tickets for sale throughout the weekend. The organizers are

continued on page 3



The traditional parade of Pleasant Valley Weekend will step off at 1 p.m. Sunday, Sept. 18. Photo by Jim Donick

## **Pleasant Valley Weekend 2022**





1:00 - 2:00PM PARADE: ANNOUNCER: MIKE SINON NATIONAL ANTHEM: SHANNON MCRITCHIE NORTH AVE @ PLATEAU RD TO MAIN ST TO CADY FIELD (SEE MAP ON BACK) 1:00 - 4:00PM ANIMAL HAVEN



FOOD VENDORS Butchy's BBQ Empire Concessions Fanellis Food Truck Feeding Friend-Z **Fired Up Concessions** Fruit Fashions Pat's Kitchen (Jamaican cuisine) Pleasant Valley Democrats (Refreshments) Pleasant Valley Republicans (Milkshakes) Pleasant Valley Rotary Club-Beer/Hard Cider Pressant valley Ruck's BBQ Smokey Buck's BBQ Thallicious (Thai culsine) Twisted Sisters Soft Service Ice Cream Vilage Pancake Factory YoBounce Concessions (Cotton Candy, Descence Concessions (Cotton Candy, Popcorn.

INFORMATION

SALES Bob Joseph Wood Works Burlap Fox At Home Chillology Clara's Cutie Nails Cooking with Dave Creative Designs by Develyn Dirt Road Designs by Roe Licorice Ropes Loose Ends by Tor Modern Modesty Boutique Pampered Chef by Cassandra Pleasant Valley Historical Society PV Little League Dunk Tank Springbrook Hollow Farm Distillery Tipsy Turtle Henna & Body Art



#### GRASSY AREA NEAR CREEK - CADY FIELD PARKING LOT FOLLOWING THE PARADE THE BUBBLE BUS

CADY FIELD PARKING LOT

1:30 - 2:30PM MUSIC: CARRIEZAZZ

BEER TENT 2:00 - 2:30PM TRADITIONAL OKINAWAN KARATE MAIN TENT

BEEBEE THE CLOWN MAIN TENT

#### 2:30 - 3: 15PM HISTORICAL SOCIETY TOUR

#### MAIN TENT

The PV Historical Society will be hosting a Walking Tour of Main Street on Sunday, Sept. 18 at 2:30pm (after the parade.) Sign up at the Historical Society booth on Saturday or just show up on Sunday. The tour will start at Cady Field and end at the Mill Site Memorial Museum. It will last around 45 minutes. Please join us to learn more about this interesting town that we live in!

### 2:30 - 3:00PM CHERILYNS SCHOOL OF DANCE

MAIN TENT 3:00 - 5:00PM MUSIC: JUMP START MAIN TENT

#### Snow Cones) The information in this brochure is subject to change after printing.

wan Karate ted States Marine Corps

Access PT American Legion Peckham Materials PV Co-op Nursery School Cardinal Hayes NYS Dept of Corrections & Community Supv Dutchess County Sheriff Pleasant Valley Library Pleasant Valley Recreation Traditional Okin Mental Health America - Vet to Vet Mom's for Liberty



The parade will start on North Avenue at Plateau Rd and continue down North Ave to Main St towards Town Hall. The parade will end in front of Town Hall.

## Rhinecliff gears up for Chili Cook-Off, Pie Baking Contest

The Rhinecliff Volunteer Fire Company will host its 11th Annual Chili Cook-Off at Firemen's Field, on Valley Road, next to the Old Schoolhouse Condos on Saturday, September 17 from 4 to 7pm. The event will literally Kick off with a community Kickball Game. All ages are welcome.

At 4:45pm, the 11th annual chili cookoff will commence with judging. Last year there were more than 10 entries. Anyone can participate: just bring a pot of chili, hot and ready to serve. All entries must be registered and on the table by 4:45pm. Chilis can be any type from vegetarian to chicken to traditional beef. First place prize is \$100 and a trophy. Runner up prize is \$50. A People's Choice Award will also be awarded at a prize of \$100. After the contest, everyone is invited to test taste the chili selections. Hot dogs and beverages will be supplied for free by the Rhinecliff Volunteer Fire Co.

The Pie Baking Contest will follow the chili contest. Bring your favorite FRUIT pie to compete in this amateur contest for a winning prize of \$50.00 and the title of "Rhinecliff's Pie-Making Champion."

"There is a lot to look forward to this year," says Cynthia Baer, chair of the event, "We have held the Chili Cook Off under a tent for the past 10 years so I am very excited to think that, by next year, we will have a new picnic shelter to celebrate under. It has taken a long time and a bit of re-thinking, but the Fire Co. is set to have a 16 x 28 ft A-Frame Picnic Shelter up and the project completed by the end of the year. I believe this improvement will be an asset for the entire Rhinecliff community."

In addition, the Rhinecliff Vol. Fire Co. has been collaborating with the Rhinebeck Grange and Morton Library to create a beneficial environment. They have been adding pollinator gardens along the borders of the property which will bloom in a season cycle.

The rain date for the Chili Cook-Off is Sunday, Sept 18, 4-7pm. Firemen's Field is located on Valley Way Road and Loftus Rd, just past the intersection, in Rhinecliff, 12574. For additional information contact Cynthia Baer at (845) 876-5738.

The Rhinecliff Chili Tent has been gracing Firemen's Field for 10 years. The Pie-Baking Contest has become a healthy competition and integral part of the day at Firemen's Field throughout the years. Both events are set Saturday, Sept. 17. *Courtesy photos* 



### Family-friendly theme brings variety of events to PV Weekend

#### continued from page 2

delighted with the recent rain storms as they have brought the Wappingers Creek level up to a point where the event can take place in the wild. In the recent past, a shortage of water had relegated the ducks to a wading pool in the beer pavilion. Prizes are considerable. First prize is \$500, second is \$200 and there is \$50 for 3rd, 4th, and 5th. Cost is \$5 per duck or a flock of five for \$20. Tickets are not only available during the weekend, but are available prior to the event from any member of the Pleasant Valley Rotary Club.

The 37th Annual Lions Club Bike Tour will take place on Saturday, Sept 17, in the morning. Chairman Fred DeWald has been involved with the annual Lions Club Bike Tour nearly since its inception. He promises this year's iteration to be another memorable one. It features a traffic free 10-mile tour, as well as a more challenging 25-mile ride. Both take place throughout the area of Pleasant Valley. The 10-mile ride is chaperoned by police and fire agencies to ensure that the course is free of any traffic while the bikes are traversing the individual sections of it. There will be the usual stop at Terhune Orchards for a rest and a snack and then return to Cady Field to rejoin the PV Weekend festivities.

The rides begin from the ACME parking lot on Saturday morning. The longer ride leaves at 9 a.m. and the shorter 10years." A large number of community organizations will be marching or riding on floats. The parade commentary will be provided near the reviewing stand by local personality Mike Sinon.

As has been the tradition at Pleasant Valley Weekends for many years, the midway will be brightly lit and filled with food vendors from all over the area, as well as the many local organizations offering everything from lemonade to fresh milkshakes, popcorn, candies, fried confections, sandwiches, burgers and hot-dogs. The expectation is that there will be even more variety on hand.

The Rotary Club's annual Beer Pavilion will, once again, be open. They are hoping this year to enhance the experience by having some television screens in the rafters to show an ongoing variety of sports. Live music will also be provided from time to time.

The committee has also organized a booth to provide mementos of the weekend from key chains and T-shirts to inexpensive toys for very young children.

"The idea," McCormick said, "is to have things for the entire family.

"We're very committed to making this family-friendly weekend a chance to bring all the community together."

Town Supervisor John DelVecchio, himself a former chairman of the Pleasant Valley Weekend, said, "PV Weekend is one of the oldest community weekends in the Hudson Valley. Family is what it has always been about. This year will be a giant step to a new look and feel for weekends to come. I can easily say this current committee has done an amazing job of bringing new and exciting changes, while enhancing cherished traditions. Unfortunately there are still some remembering the political divisions of the last year, who, I hope, will join in the enthusiasm for this event. I can tell you now that the political climate is no match for the true spirit of Pleasant Valley." Halupke wraps up her own feelings, noting that "the political feelings in the town last autumn felt terribly divisive to many in the town. This is our chance to heal some of the divisions and to bring Pleasant Valley together to simply enjoy each other and our wonderful community."

#### PLEASANT VALLEY WEEKEND SCHEDULE OF EVENTS:

Friday - 9/16

Opening Ceremony at Cady Field -Main Tent 5:30-6 p.m.

- Car Show Town Hall 6-9 p.m. Music - Times Square
- Line Dancing Main Tent Cady Field 6:30-9:30 p.m.
- Music Premiere Entertainment & DJ Alan Kohn
- Corn Hole Practice & Tie Dye Main Tent Cady Field 6-9 p.m.

PV Shop Booth

Saturday - 9/17 Lions Club Bike Rides 9-10 a.m. – ACME Parking Lot Jackie the Magician – 1 p.m. Tumblebus – 5-8 p.m. Dutchess County Sherif'f's Dept. K9

Meet and Greet

Live Music Fireworks

Sunday - 9/18 Parade – 1 p.m. Main Street 2x2 Animal Haven 1-4 p.m. Bubble Bus BeeBee The Clown Live Music



mile course will depart at 10 a.m.

Registration cost is \$10 for each rider or \$15 for those who would like to include the event T-shirt among their memories of the day. The event solicits sponsored riders and suggests that entrants collect their sponsor's donations prior to the start and to turn them in along with a list of sponsors. There are prizes for those collecting more than \$15 in pledges. A sponsor sheet can be acquired at the Pleasant Valley Bike Shop.

Saturday evening will once again echo to the sound of fireworks beginning on one side or the other of 9 p.m. depending on light.

"We have organized a great display this year," said McCormick. "It will last nearly half an hour."

Sunday's parade will kick off on Main Street at 1 p.m. Parade Chairman Dave Kruger expresses optimism that "this may the biggest PV Weekend Parade in

For information online, visit pvweekends.com.

in Pine Plains. Between fixing cars, he fixed sheetrock and plumbing.

These days, that building has four commercial spaces in addition to Factory Lane Automotive, and the racecar Dominick works on belongs to his youngest son. When you build, or rebuild, for a living, it helps to have the right tools at hand. And over the years, one of Dominick's most valuable tools has been his bank.



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#### NORTHERN DUTCHESS NEWS

& Creative Living

#### (Published weekly)

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Northern Dutchess News serves the towns of Amenia, Beekman, Clinton, Dover, Hyde Park, LaGrange, Milan, Pine Plains, Pleasant Valley, Red Hook, Rhinebeck, Stanford, Union Vale and Washington; the villages of Millbrook, Red Hook, Rhinebeck and Tivoli; and the hamlet of Salt Point

The Southern Dutchess News 84 East Main Street

### LETTERS TO THE EDITOR

NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News. Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

Thievery, trespassing with political signs is 'gutter level' To the editor

I am writing this letter to express my anger and frustration with whoever is stealing Pat Ryan political signs.

Recently, in the Rhinebeck area, dozens of Pat Ryan lawn signs have disappeared or have been thrown in the weeds. Signs have been taken even from my private property!

And this is not just small lawn signs. A few weeks ago I installed a hefty 3'x5' wooden and metal Pat Ryan sign along Rt. 9 on PRIVATE PROPERTY and within one day, it too was ripped out of the ground and thrown in the weeds.

This is done in the dead of night. Whoever is doing this thievery have no guts and it has to stop. Political discourse should not stoop to the gutter level of cheating, lying, illegal trespassing, damaging and stealing private property!

All I can say is VOTE PAT RYAN and bring civility back to the United States.

Franc Palaia Rhinebeck

#### Acknowledges direct support professionals To the editor:

September brings its share of celebrations - among them, National Direct Support Professionals (DSPs) Appreciation Week (9/9/22-9/15/22). While that seven-day period of time has been officially designated to recognize the tens of thousands of people in DSP positions, we believe that this group deserves our collective public applause and admiration throughout the entire mon

Direct Support Professionals show up every day for the millions of people in communities throughout our country and the world who have developmental disabilities. They become like extended family to those individuals for whom they provide the kind of care that allows people with developmental disabilities to thrive. At Anderson Center for Autism, we see it every single day; they are instrumental in helping us carry out our mission of optimizing the quality of life for people with autism. Our DSPs lead by example, inspiring everyone around them with their extraordinary dedication, tireless patience, and utter selflessness. Not only do they ensure that daily living needs are met, but they cultivate a sense of belonging for the people they support. Additionally, they courageously persevere when challenges arise with a resiliency of spirit that has been especially notable throughout the global health crisis.

I urge neighbors, friends, family members, and businesses to remember to acknowledge the important career path of the DSPs in your circles. They help people with disabilities live meaningful, productive lives, and our world is a better, kinder place because of them.

> Patrick D. Paul CEO/Executive Director, Anderson Center for Autism

#### UDATED POLICY ON LETTERS

• Letters that contain statements that are libelous or slanderous will not be published.

· Letters that include personal attacks will not be published

• Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.

- · Letters referring to news stories must mention the headline and date of publication.
- · The Northern Dutchess News will not be used as a vehicle to place misinformation.

• Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)

• All letters must contain a name, hometown and phone number for verification.

• Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

### Town of Stanford honors 'Neighbors Helping Neighbors'

continued from cover

annual Ice Cream Social sponsored by Stewart's Shops.

All events for the event will take place outdoors at the Stanford Grange Hall, 6043 Route 82, Stanfordville, and surrounding Town of Stanford Recreation Property. Civic Booths from many Town organizations will be open from 9 a.m. – 3 p.m.

The Stanford Business Association is organizing the 6th Car Meet on the Recreation Fields behind the Grange Hall – this is always a huge hit with young and old alike.

The Grandstand Program at noon will feature music by the Stissing Mountain

Stanford resident. The 2021 Community Citizen Award Recipient was Ed Zick of the Stanford Fire Company for spearheading the efforts for the new annual 9/11 Memorial at the Town Hall.

The new pavilion in front of the Stanford Grange Hall will be dedicated to the memory of Oliver J. Orton, a resident of Stanford for 60 years and Past Master/President of the Grange at three levels – Stanford Grange #808, Dutchess County Pomona Grange #32, and the New York State Grange.

Oliver was very instrumental in the planning of Community Day for over 50 years, and it was his favorite day of the year. "We received over \$5,000 in donations in memory of my Dad after he 'passed through the gates of the Great Grange Above' in 2015, and we're thrilled to finally have this project completed to honor Dad's legacy. He loved the Grange, and he loved Stanford," said Ryan Orton, Oliver's son, who took over helping to plan Community Day annually in 2008. Oliver's family will be present from New York. Arizona. and Oregon for the pavilion dedication. Other activities include the Grange's Lloyd Woodcock Memorial Chicken Barbecue 12 noon. Reservations may be made by calling Grange Secretary Ryan Orton at (845) 868-7869. Dinners are \$17 each. Bake Sales will be held by the Bulls Head Oswego Quakers (free oatmeal cookies!) and the United Church of Christ. The Tattan Brown Rahman Syndrome Community will return with their refreshingly delicious milkshakes. The Lions Club will sell popcorn, hold a raffle for 15 different items, and have a display of the entries in their Peace Poster Contest made by local children at the Rec this summer.

The Historical Society will have information on Stanford Farms, Abandoned Cemeteries, and Veterans. The Stanford Garden Club will have their Annual Fall Bulb & Mum Sale, and the Stanford Free Library will sponsor free photo IDs of

#### Wappingers Falls, NY 12590 845-297-3723

High School Band of Pine Plains, as well as the presentation of the 2022 Community Citizen Award to a deserving



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loved ones from kids to seniors to pets.

Nature will be well-represented with booths from the Stanford Conservation Advisory Commission and Ralph Waterman Bird Club. The Stissing Theatre Guild and Pine Plains FFA will represent the Pine Plains Central School District along with the Stissing Mountain High School Band. The Stanford Fire Company will have a Fire Truck and Ambulance at the Grange Hall and their 2022 9/11 Memorial will still be viewable at the Stanford Town Hall. The New York State Police will "The Convincer" back to teach the importance of seat belt safety.

For further information Orton at (845) 868-7869 or e-mail at rorton808@ yahoo.com.

### SEND US YOUR NEWS

cschmidt@sdutchessnews.com

## Red Hook Responds, Feed HV volunteers collect 700 pounds of surplus food at Fair

As the name implies, "Red Hook Responds" really steps up when there is need.

At then end of the Dutchess County Fair, the organization teamed up with FeedHV for an inaugural event of picking up surplus food from Fair vendors to direct to agencies with food assistance programs.

On Sunday night of the Fair, the groups collected over 710 pounds of a variety of food products.

Administered by Hudson Valley AgriBusiness Development Corporation (HVADC), FeedHV is a regional food rescue and harvesting network operating throughout Dutchess, Orange, Ulster, Columbia, Greene, Putnam and Sullivan counties. It links donors of prepared, but unserved, food and fresh produce with nonprofits and food assistance programs.

Through an app-assisted network of food donors, volunteers and feeding agencies, FeedHV facilitates the harvesting, processing and distribution of locally grown or produced agricultural products, shelf-stable food donations and prepared nutritious foods. Among the donors are restaurants, farms, food makers, stores, hotels, institutions and universities - and now the Dutchess County Fair. The food assistance programs include food pantries, soup kitchens and shelters.

At the conclusion of the Fair on August 28, 12 Red Hook Responds/ FeedHV volunteers spread out across the fairgrounds to collect excess food products from vendors who had previously been canvassed earlier in the week and indicated that they may have donations.

Working until around 10 p.m., the volunteers circulated with coolers, and loaded the trays and bags into a trailer which headed back to the cold storage at Red Hook Responds, and then for distribution to agencies.

"While we canvassed the vendors earlier in the week, this was the first year for the food pick-up program, and since the event was just coming back after the pandemic it was a little difficult to pre-calculate attendance and inventory. There really wasn't any way to know what would be donated at the end, but it was a great response" said Jeung-il Tsumagari, Red Hook Executive Director, Responds.

In all, more than 20 vendors made donations, which included various produce such as lettuce, corn, potatoes, garlic, scallions, cucumbers, lemons, carrots, celery, tomatoes, onions, brussels sprouts, plus prepared pastas and rice, various breads and rolls, cheeses, eggs, sausages, macaroni jelly, salad, dumplings, and cooked meats such as sliced deli meats, roast beef, brisket, BBQ chicken, sausages, and pork.

"It is evident that the food vendors manage their inventory quite tightly and many are moving directly onto another event, so there is little waste to begin with," said Mary Ann Johnson, Deputy Director of HVADC, who also participated in the event as a FeedHV volunteer along with her husband. "But the vendors were very generous in giving mostly perishables as well as already prepared products."

Back at Red Hook Responds, the donations were being organized for distribution, and in the following days, FeedHV volunteers transported to some to Community Housing Innovations, Community Family Development and Hope on a Mission in Poughkeepsie, and Willow Roots in Pine Plains.

Volunteering for the Red Hook Responds and FeedHV teams was a family affair. Among the crew were three generations of the Beck family, three members of the Tomey family and two members of Johnson's family helping out.

"This was a great first year's effort, and a terrific start to a new tradition here in the Hudson Valley," said Deborah Aschmann, Concessions, Vendors & Partnerships, for the Dutchess Country Fair. "Maybe it's an idea that other fairs will pick up as well."

This year's Dutchess County Fair featured approximately 100 food vendors across the fairgrounds, including the Dutchess Pamona Grange, 4-H clubs and Midway areas. However, many are not suited to participate in a FeedHV collection, such as those whose primary business is to serve alcoholic beverages or frozen or other confections.

'Given that this was our first collaboration with the Fair, there were many lessons learned in terms of logistics and timing," said Johnson. "We are certainly looking forward to FeedHV leading this effort again at the 2023 Fair," she said.

To learn more about FeedHV, its donor and volunteer programs, visit feedhv.org. To become a food donor, contact info@feedhv.org. To make a monetary donation to FeedHV, visit feedhv.org/ donate-today.



## Hardscrabble Day to come alive with music and fun activities

continued from cover opportunity to learn the art of a coffee pour-over from J.B. Peel, pick up some new and free books from Red Hook Public Library's Pop-Up Library, participate in a photography project with the Village's Human Relations Committee, play games with the Red Hook Community Center and so much more.

Switching gears at 4:45 p.m., the main stage will light up with headline performances by The Moonlighters, Candy Ambulance, The Tom Prettys and Willa & Company.

Also at 4:45 pm, the Hardscrabble Cider Tent presented by Migliorelli Farms, will be open for event-goers ages 21 and older serving local ciders and beer.

Hardscrabble day is a free, all-day event. No tickets or RSVP needed.

Events for the day are listed below. Kidscrabble 10 a.m. - noon

10 - Kids' Yoga with Jen Lawson from Yogamat

10:30 - Bilingual Story time 10:45 - Nappy's Puppets 11:15 - Bilingual Story time 11:30 - Ratboy Junior

Teenscrabble 1 - 4 p.m.

Chocolate Jam Pour La Terre Funky Mustard Na-Na-Na-No

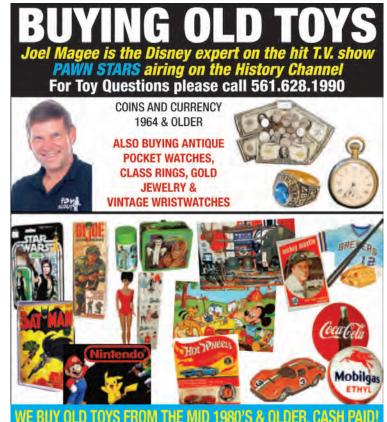
Mainstage: 4:45 - 9:30 p.m. Red Hook's Celtic Heels The Moonlighters Candy Ambulance The Tom Prettys Willa & Company

Please see pages 6-7 & 15 for local businesses supporting Red Hook's Hardscrabble Day.

#### ARLINGTON STREET FAIR SET SATURDAY

The 22nd Arlington Street Fair takes place on Saturday, Sept. 17, from noon to 6 p.m. Admission to the fair is free and attendees will enjoy a series of scheduled events throughout the day. The fair reaches from the corner of Fulton and Collegeview Avenues to the Eastbound Arterial (Route 44/55).

Over 130 vendors will sell food (local restaurants), jewelry, art, and novelties; there will also be live entertainment, musical guests, and inflatable rides. Many local nonprofits will be on hand to give out information on services they provide to the local community. For more information, visit http://arlingtonhasit.org/events/arlington-street-fair/.



#### IF YOU HAVE SOMETHING ODD OR UNUSUAL BUT NOT NECESSARILY A TOY, BRING IT ANYWAY. WE MAY BE INTERESTED IF IT IS OLD. ALSO BUYING BB GUNS.

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# Anthony's Walk to improve veterans shelter in Poughkeepsie

You might remember the story of Anthony Gray, but I'm guessing many folks will not. Anthony was a Marine Corps veteran who was tragically murdered in Poughkeepsie two years ago, in October 2020. When he died, it became clear that he did not have any family in the immediate area, so the veteran community came together to cover all his final expenses. That was the saddest part of the story, for me: this veteran, who had put his life on the line for his country, was very much alone. If not for the compassion of those who learned of his story, he would have ended up as just another statistic, and just another body forgotten in a nameless grave.

I wish I could say Anthony's story is rare, but it's all too common a tale for our veterans. With 40,000 homeless vets every night in America (a number which has likely gone up due to the pandemic) there are probably countless heroes just like Anthony out there – men and women who have no one to turn to, and no one to rely on when times are tough.

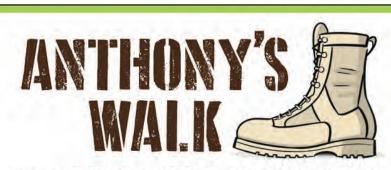
I've worked with veterans long enough to learn a simple truth: our veterans-in-need never suffer from just one issue. Everything is connected, from homelessness and financial troubles to opioid addiction and even serious mental health challenges like PTS and TBI.. When helping our heroes, it's impossible to only address one problem. You have to try to address them all. You have to see a veteran as a whole person, a unique individual, not just a stereotype or statistic.

This fall, Marist College and VetZero Heroes are teaming up to create a new event to raise awareness on these challenges facing veterans not only in our own community, but across the nation. The event is called Anthony's Walk, to remind us that Anthony's story is not an isolated one. It's going to be a 22-minute walk that loops around the Marist campus in Poughkeepsie, and it takes place on Saturday, October 1st starting at 10am. The event is free, and everyone is invited to participate. There is no registration required. The 22-minutes of the walk recognize that sobering statistic we all know: an average of 22 veterans commit suicide every day in America.

All proceeds from Anthony's Walk will go to improve Liberty Station, the veterans' shelter in Poughkeepsie. This is where Anthony was staying at the time of his death. It's such an important place where veterans can go to get a fresh start, which is exactly what Anthony was doing there. I didn't know him well – we may have spoken a handful of times -- but I do know he was trying to overcome some challenges in his life. He had just started a new job, and he was upbeat on the future ahead of him. There are many other vets staying at Liberty Station right now, who have a very similar life story. It's the least we can do, to make sure their home is safe and livable.

So I hope you will mark our calendar for Saturday, October 1st at 10am at Marist College for the very first Anthony's Walk. Again, everyone is invited, so please spread the word among your neighbors and friends. We need to do a better job of supporting our veterans, and we can start by coming together to make sure we never forget folks like Anthony. Hopefully we can grow this event so that every year, we can all come together to support our veterans.

If you can't join us at the walk but you would still like to make a donation to help Liberty Station, it's easy: just visit www.hudsonriverhousing.org and click



## WALKING FOR OUR LOCAL VETERANS

Supporting VetZero Heroes, Hudson River Housing's initiative to end veteran homelessness in our community

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on the Anthony's Walk logo. You can also give them a call at (845) 454-5176 to find out more about this important event.

Thanks for listening! I hope to see you at Anthony's Walk – and if you do join us, I hope you will come up and say hello at the event! I'd love to hear from you.

A Navy veteran, Tom Zurhellen has been

Commander of the Veterans of Foreign Wars (VFW) in Poughkeepsie for the past three years. In the summer of 2019, he walked across America from Portland, Oregon, to Poughkeepsie to raise awareness on veteran suicide and veteran homelessness in our country. He continues to work with local veterans in need through the VetZero Project, in partnership with Hudson River Housing.



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## FDR Library & Museum to host Constitution Day event

The Franklin D. Roosevelt Presidential Library and Museum presents a Constitution Day program, "Equality and the Constitution: A Conversation and Book Signing with Kermit Roosevelt III and John Q.

Roosevelt Pennsylvania Law School. A former law seum presprogram, Souter, he is the author of "The Myth of Judicial Activism," as well as two novels, gning with "Allegiance" and "In the Shadow of John Q. the Law."

> John Q. Barrett is a Roosevelt Library Trustee and teaches Constitutional Law, Criminal Procedure and Legal History at St. John's University School of Law. Fifty years after U.S. Supreme Court Justice and Nuremberg prosecutor Robert H. Jackson's death, Professor Barrett discovered and edited Jackson's previously unknown manuscript, now an acclaimed book, "That Man: An Insider's Portrait of Franklin D. Roosevelt." His regular "Jackson List" emails (www.thejacksonlist.com) reach well over 100,000 readers around the world. He is currently writing a biography of Robert H. Jackson. He is the Elizabeth S. Lenna Fellow and a Board member at the Robert H. Jackson Center in Jamestown, New York. Professor Barrett is a graduate of Georgetown University and Harvard Law School



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Barrett" at 2 p.m. on Saturday, Sept. 17. St. John's University law professor and Library Trustee John Q. Barrett and University of Pennsylvania Professor of Constitutional Law Kermit Roosevelt III will discuss how the "standard story" of the origin and development of American values has helped -- or hindered -- the Nation's journey towards a more universal equality for all Americans. Following the program, Roosevelt will sign copies of his new book, "The Nation That Never Was: Reconstructing America's Story."

The event will be held in the Henry A. Wallace Center at the FDR Presidential Library and Home (Route 9, Hyde Park) and streamed live to the official FDR Library YouTube, Twitter and Facebook accounts. This is a free public event (local health metrics permitting), but registration is required for in-person attendance. Visit fdrlibrary.org to register.

Kermit Roosevelt III is a professor of constitutional law at the University of

Contact Cliff Laube at (845) 486-7745 with questions about the event.

## September 11th ceremonies held in Poughkeepsie





The City of Poughkeepsie and Dutchess County Government held their annual September 11th remembrance ceremonies on Sept. 9. In the photos, clockwise from top left: Attendees bow their heads during the ceremony. Court officers attended the Dutchess County ceremony, where Judge Tracy MacKenzie made remarks on the steps of the Dutchess County Family Court Building in Poughkeepsie. The County Office Building was lit red, white and blue on Patriot Day, September 11. First responders share a solemn moment remembering the victims of the terrorist attack on New York City. *Courtesy photos* 





## American Red Cross to host drives for Sickle Cell Awareness Month

During Sickle Cell Awareness Month in September, the American Red Cross emphasizes the importance of a diverse blood supply to help meet the needs of those with sickle cell disease – the most common inherited blood disorder in the U.S. Sickle cell disease impacts more than 100,000 people across the country, most of whom are of African descent. Regular blood transfusions are critical to managing extreme pain and life-threatening complications faced by many.

Unfortunately, they may develop an immune response against blood from donors that is not closely matched to their own. However, because most individuals who are Black have unique structures on their red blood cells that are not often found in other donor populations, 1 in 3 African American blood donors is a match for people with sickle cell disease.

Seasonal changes can trigger pain crises for those battling sickle cell – possibly increasing the need for lifesaving blood transfusions. As summer ends, book a time to give blood by using the Red Cross Blood Donor App, visiting RedCrossBlood.org or by calling 1-800-RED CROSS (1-800-733-2767). As a thank-you, all who come to give through Sept. 18 will get an exclusive Red Cross T-shirt, while supplies last.

Annandale on Hudson

Sept. 16: 11:30 a.m. - 7 p.m., Bard College, North Ravine Rd East Fishkill Sept. 24: 10 a.m. - 3 p.m., East Fishkill Fire Department Training Center, 2502 Route 52

Poughkeepsie

Sept. 16: 11:30 a.m. - 4:30 p.m., Poughkeepsie Galleria, 2001 South Road

Sept. 27: 11:30 a.m. - 4:30 p.m., Vassar Brothers Medical Center, Livingston St.

Sept. 29: 2 p.m. - 7 p.m., Boardman Road Branch Library, 141 Boardman Road.



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League	Standings

SOUTH ATLANTIC LEAGUE NORTH	4	W	L	PCT	GB	E#	L10	STRK
Brooklyn NYM	#	40	26	.606	÷		7-3	L2
Hudson Valley NYY		37	27	.578	2.0	E	5-5	L2
Aberdeen BAL	•	35	31	.530	5.0	E	4-6	L2
🐐 Greensboro PIT		31	32	.492	7.5	E	4-6	L4
Wilmington WSH		30	35	.462	9.5	E	5-5	W2
🏂 Jersey Shore PHI		26	40	.394	14.0	E	5-5	W2
SOUTH ATLANTIC LEAGUE SOUTH	ŧ	W	L	PCT	GB	E#	L10	STRK
Rome ATL	#	38	24	.613	÷	8	5-5	W2
Bowling Green TB	•	37	28	.569	2.5	1	5-5	W4
Asheville HOU		36	30	.545	4.0	Е	6-4	W1
Hickory TEX		28	37	.431	11.5	E	3-7	L2
Greenville BOS		26	38	.406	13.0	E	7-3	L1
Winston-Salem CWS		25	41	.379	15.0	E	3.7	W2

## Gliner named to new role; Jeffers, Betkowski promoted

#### by Rich Thomaselli

Steve Gliner, as much a part of the footprint of the Hudson Valley Renegades minor league baseball team as any person after two stints in the area, has stepped down as the team's President and General Manager to pursue a new role with Diamond Baseball Holdings (DBH), the Renegades' ownership group.

Gliner will serve as a consultant to DBH, focusing on the major projects that the Renegades will have to complete as part of the new Major League Baseball standards for minor league teams.

The Renegades are the High Class A farm team of the New York Yankees.

Renegades current Vice President and Assistant General Manager Tyson Jeffers has been elevated to General Manager, and Director of Corporate Partnerships. Zach Betkowski becomes the Renegades new Assistant General Manager.

"One of our core missions at DBH is to

identify talent and promote those within the organization to roles which can positively impact each club," said Peter Freund, CEO of Diamond Baseball Holdings. "We are thrilled to elevate two rising stars in Tyson Jeffers to GM and Zach Betkowski to AGM to run the Renegades and continue to build on Steve's incredible legacy in MiLB."

Gliner expounded on his decision in his weekly Q&A, Gliner's Korner (see separate story).

Jeffers, a Mississippi native, began his career in minor league baseball 10 years ago in St. Paul, MN with the St. Paul Saints, current Triple-A affiliate of the Minnesota Twins. In his seven years with the Saints, Jeffers worked his way through the ranks starting as a ticket and corporate sales executive before becoming the Ticket Sales Manager, and eventually, the Director of Corporate Partnerships.

In 2015, Jeffers was part of opening a \$63 million, state-of-the-art ballpark continued on page 11

						Pla	yers	Sto	ttist	ics								
PLAYE	ER	TEAM	G	AB	R	н	2B	ЗB	HR	RBI	BB	50	SB	CS	AVG	OBP	SLG	O OP
1	Austin Wells C	HV	28	99	21	32	7	0	6	16	19	27	9	0	.323	.429	.576	1.005
2 .	Jasson Dominguez CF	HV	40	157	33	48	6	4	6	22	23	34	17	1	.306	.397	.510	.907
3 1	Kyle Battle LF	ну	8	28	4	9	4	0	0	5	3	9	4	2	.321	.387	.464	.851
4	Aaron Palensky LF	ну	77	219	46	55	13	3	10	34	34	79	9	3	.251	.369	.475	.844
5 1	Everson Pereira CF	HV	73	288	55	79	13	6	9	43	34	87	19	5	.274	.354	.455	.809
6	Tyler Hardman 3B	HV	107	397	53	104	16	2	22	79	40	136	14	4	.262	.329	.479	.808
7	TJ. Rumfield 1B	HV	52	197	27	56	13	0	4	34	29	45	4	2	.284	.381	.411	.792
8 1	Grant Richardson RF	HV	35	130	19	27	3	1	10	28	10	54	2	0	.208	.288	.477	.765
8	Trey Sweeney 55	HV	100	390	70	94	18	4	14	51	59	108	29	2	.241	.350	.415	.765
10	Eric Wagaman 1B	HV	52	180	18	42	7	0	9	26	25	34	2	0	.233	.332	.422	.754
11	Anthony Seigler C	HV	72	238	49	56	15	0	4	32	66	64	11	7	.235	.399	.349	.748
12	Carlos Narvaez C	HV	79	248	37	48	12	1	11	35	45	87	4	2	.194	.327	.383	.710
13	Cooper Bowman 2B	HV	80	299	54	65	15	1	8	35	55	97	35	6	.217	.343	.355	.698
14	Spencer Henson 1B	HV	71	242	37	51	10	1	10	37	32	86	2	1	.211	.312	.384	.696
15	James Nelson 3B	ну	49	149	19	33	6	0	2	23	31	56	16	7	.221	.364	.302	.666
16	Aldenis Sanchez LF	HV	96	315	40	81	9	2	1	32	42	105	32	9	.257	.350	.308	.658
17	Benjamin Cowles 2B	HV	23	77	11	17	2	1	0	8	12	31	0	1	.221	.337	.273	.610
18	Eduardo Torrealba 2B	HV	72	232	26	50	8	3	2	30	19	41	14	3	.216	.286	.302	.588
19	Pat DeMarco RF	HV	66	229	18	53	11	0	1	16	12	67	5	3	.231	.269	.293	.562
20	Saul Torres C	HV	7	20	2	3	0	1	0	1	2	12	0	0	.150	.227	.250	.477
21	Cristian Perez SS	HV	26	76	7	13	2	0	0	5	2	22	2	0	.171	.190	.197	.387
22	Ben Rortvedt C	HV	4	12	3	1	0	0	0	0	3	6	0	0	.083	.267	.083	.350
23	Blane Abeyta P	HV	23	0	0	0	0	0	0	0	0	0	0	0	.000	.000	.000	.000
23	Nelvin Correa P	HV	28	1	0	0	0	0	0	0	0	1	0	0	.000	.000	.000	.000
23	Charlie Ruegger P	HV	20	1	0	0	0	0	0	0	0	1	0	0	.000	.000	.000	.000
						Pit	tchin	g St	atist	ics								
	1	Blas Castano P	HV	5	8 3.49	21 2	20 1	0	0	0 105.2	99	48 41	8	13 33	101	1.25 .247		
	2	Blane Abeyta P	HV	5	8 4.47	23 2	20 0	0	0	0 104.2	105	58 52	6	13 52	88	1.50 .261		

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## Renegades suffer tough week, fail to make playoffs

#### by Rich Thomaselli

One team just got hotter down the stretch. That's what prevented the Hudson Valley Renegades minor league baseball team from making another appearance in the playoffs.

The Renegades played well down the stretch, but the Brooklyn Cyclones played better.

The Cyclones won for the 15th time in 18 games this past Friday and, coupled with the Renegades' 5-4 loss to the Wilmington Blue Rocks, the victory eliminated Hudson Valley from playoff contention on the season's final weekend.

Brooklyn captured the South Atlantic League's North Division second-half title by two-and-a-half games over the Renegades. The regular season ended on Saturday for all intents and purposes as the Renegades' final game of the year on Sunday was rained out.

On Saturday, the Renegades made a spirited effort and rallied for four runs in the top of the second inning against Blue Rocks pitcher Michael Cuevas to take an early lead. Carlos Narvaez doubled and scored on a Ben Cowles triple. Aldenis Sanchez followed with an RBI double, and two batters later, Jasson Dominguez clobbered a two-run home run to make it 4-0 Hudson Valley.

Dominguez finished 2-for-4 with a home run, two RBIs and a run scored. The round tripper was his fourth with Hudson Valley, and his 13th overall on the season.

The Blue Rocks responded with two runs in the bottom of the second off Blane Abeyta. With one out and the bases loaded, Ricardo Mendez hit a ground ball to first that went off the glove of T.J. Rumfield, scoring Leandro Emiliani. A Cole Daily sacrifice fly plated Onix Vega to cut the lead to 4-2.

Wilmington took the lead in the bottom of the fourth when Viandel Pena lined a two-run triple to right off Abeyta (5-8) to tie the game at 4-4. Trevor Holloway came in and

uncorked a wild pitch to plate Pena with the go-ahead run.

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After walking the first two batters he faced, Holloway retired the last seven batters he faced in 2.1 innings. He combined with Nelson Alvarez to set down 13 of the final 14 Blue Rocks hitters of the game.

Hudson Valley threatened in the sixth, putting runners on first and third with one out against Jack Sinclair, but could not score. Sinclair (2-1) tossed 2.2 scoreless innings in relief to pick up the win.

In the ninth, Amos Willingham struck out three and worked around a two out single to earn his third save of the season.

### **GLINER'S KORNER**

## Reflecting on past and looking to the future

Every week, Hudson Valley Renegades President Steve Gliner sits down with reporter Rich Thomaselli to discuss the team in particuand minor league baseball lar. in general.

So take us behind the scenes of your decision to step down from the Renegades and join the ownership group (see separate story).

About six weeks ago, I asked to speak with Peter (the CEO of the Diamond Baseball Holdings, owners of the Renegades) and really there's a few things that went into the whole end result. After 35 summers of living off a pocket schedule, I decided it would be nice to stay in the game and not be involved in the day-to-day. I came back here as Renegades President and 38 home games, then added the General Manager title and 66 home games. It was that, timed with the fact that we have two very deserving individuals on our staff will be in a temporary facility. The outfield ready for advancement. In my career, I had

people look out for me - Rip Rowan in Albany and Skip Weisman here. I look at the big picture and remember who took care of me and I want to do that for others and help them grow into their careers. (New Hudson Valley GM) Tyson Jeffers has been preparing for this for a long time. It's very similar to me; I was in baseball for 10 years before becoming a general manager.

You'll be staying in the Hudson Valley and overseeing the projects that need to be completed over the next two years at Dutchess Stadium. Tell us where that stands.

Well we are re-doing the clubhouse (to comply with Major League Baseball standards). The first phase of the project our organization starts basically in the next few weeks. I was part of a major project in Fort Myers where we basically took the stadium down to the studs. We're going to turn over the clubhouse to the visiting team and we wall is next, so we will put padding on that.

Both bullpens will be moved off the field and into a new facility, and we will enclose the batting cage.

#### Was it important to you to remain here in the Hudson Valley?

Yes, it was important to have everything in line. I mean, it could have been done remotely, but it would have involved a lot of travel. And it also helps to be here for the transition of leadership. I told them I am here as often as they need me or as little as they need me. Personally, I mean, my goodness, I leaned on Skip every day after becoming GM. But Tyson and I have worked side by side for two plus years and I knew what his career aspirations are. I've always considered myself a mentor and a teacher as well.

Will you have other responsibilities with Diamond Baseball Holdings besides the Renegades?



this project because it needs the full attention. We'll see as what happens as DBH grows and if any other opportunities

Not initially. I'm really going to focus on come up.

## Gliner named to new role; Jeffers, Betkowski promoted

continued from page 10

stadium, CHS Field, leading to record setting sales and attendance numbers for the organization. In early 2020, Jeffers accepted the position of Vice President and Assistant General Manager for the Renegades, which he has held since March 2020.

"Since starting with the Renegades, Steve has been my biggest cheerleader and mentor," said Jeffers. "He has humbly given me the space to fail, succeed, and grow, and without his guidance and leadership I would not be ready to take on this responsibility. It is an honor and a blessing to be handed the reigns from such an amazing person and to such an amazing organization. Our team is made up of

some of the most talented individuals in the industry, and I am excited to see what we can do to better our facility, increase the FUN, and most importantly, positively impact the communities we serve.

Betkowski, a New York native, began his baseball career in 2014 and spent his nineyear career with the Cortland Crush, Vermont Lake Monsters, and Lehigh Valley IronPigs prior to the Renegades. During his time with Lehigh Valley, the team was recognized multiple times for industry excellence, receiving numerous Golden Bobblehead Awards, as well as the Larry MacPhail Award in 2019, awarded to the top promotional team in all of Minor League Baseball.

Gliner has had two stints with the Renegades throughout his 35 seasons in minor league baseball. He was part of the initial Renegades staff that started the team in January 1994. He became the Renegades Vice President/General Manager in October 1998 and was elevated to President/General Manager in September 2001. He remained in that role until he departed in September 2003 for the same role with the Fort Myers Miracle in the Florida State League, where he was also the Spring Training Coordinator for the Minnesota Twins.

In 2014 and 2015, he helped to oversee a

complete renovation of Hammond Stadium at the CenturyLink Sports Complex. After 13 seasons in Fort Myers, Gliner returned to the Renegades in January 2017 as Team President and became President/General Manager in October 2018.

Gliner begins his new role with Diamond Baseball Holdings as a consultant to the Renegades, focusing on significant construction projects that will be taking place at Dutchess Stadium over the next two years. Among numerous accolades, Gliner was elected to the Florida State League Hall of Fame in 2019.

# HV Climate Solutions Week to offer 'festival of ideas and activities'

#### by Kate Goldsmith

Many scientists and other experts agree that climate change is an urgent issue. The National Aeronautics and Space Administration (NASA) provides some eye-catching statistics:

• Since the beginning of industrial times (in the 18th century), human activities have raised atmospheric CO2 by 50 percent – meaning the amount of CO2 is now 150 percent of its value in 1750. This is greater than what naturally happened at the end of the last ice age 20,000 years ago.

• Nineteen of the hottest years have occurred since 2000, with the exception of 1998. The year 2020 tied with 2016 for the hottest year on record since record-keeping began in 1880.

• Ninety percent of global warming is occurring in the ocean, causing the water's internal heat to increase since modern record-keeping began in 1955. Heat stored in the ocean causes its water to expand, which is responsible for onethird to one-half of global sea level rise. The last 10 years were the ocean's warmest decade since at least the 1800s. The year 2021 was the ocean's warmest recorded year and saw the highest global sea level.

According to Sustainable Hudson Valley (SHV), "The solutions to climate change are emerging rapidly and include fast-mainstreaming technologies such as solar, wind and geothermal energy, building weatherization, and electric transportation on land and water. These solutions also encompass changes in food systems and waste management to reduce emissions from shipping and landfilling."

Creativity is the engine powering solutions to some of the world's most pressing problems. By learning about climate change and applying that knowledge and technology to address it, communities, organizations and governments can work together to find those solutions.

SHV is spearheading Hudson Valley Climate Solutions Week (Sept. 15-25), described as "a festival of ideas and activities [that] focuses on how we can slow and ultimately reverse the climate crisis." Through a variety of events, both virtual and in-person, SHV hopes to engage communities in Northern Dutchess County and environs, empowering them to effect positive change.

"There's going to be lots of fun Zooms, there are interactive events, the library events are all going to be informative," said Melissa Everett, executive director of SHV. "People have lots of choices."

See event highlights at the end of this article, and visit http://www.sustain hv.org/ for a complete list.

"With anything this major, the first hurdle to get over is activating the imagination to take effective action," said Everett. This is the purpose of Climate Solutions Week, she added.

#### Majority of people

concerned about climate change Speaking recently with Everett, we

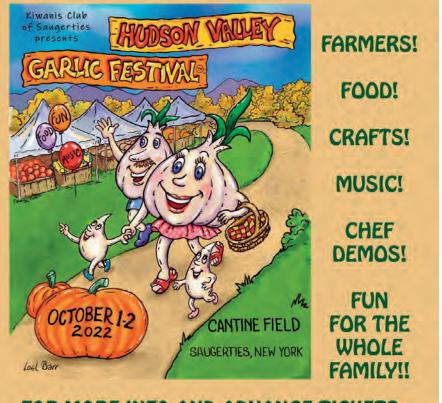
noted that the concept of climate change has become a polarizing and political issue. How does her organization break through the static and misinformation?

"It is a challenging question," Everett said. "First thing is to realize most people do get it." She cited a survey by Yale University's Climate Change Communication, known as "The Six Americas," which looks at which parts of the population are "alarmed," "concerned," "cautious," "disengaged," "doubtful" and "dismissive" of climate change.

As of 2021, only 9 percent of those surveyed were "dismissive," with a total of 58 percent "alarmed" or "concerned." Seventeen percent were "cautious," 5 percent were "disengaged" and 10 percent were "doubtful." (Source: https://climatecommunication.yale.edu/ - select Visualizations & Data – Six Americas Surveys)

"There are folks trying to make it seem like an open debate," she said. "There is a playbook that has been made public from some of the petroleum, propane trade associations and their PR firms, making [the need for action] seem less decisive. ... To my mind it's less about depolarizing it as making it less confusing. There's a huge spectrum of the wave of solutions we need to be implementing [over the next few years]."

Looking through an economic prism, we are already familiar with the financial costs associated with climate change. In July, the White House Office of Management and Budget said failing to act could cost the federal government \$2



trillion annually.

"Think of Hurricanes Sandy, Lee and Irene and all that damage," Everett said. "Think of the vulnerability of crops in the drought we're in the middle of. Think about health risks in hot inner cities."

Everett also noted climate change's wider-ranging implications on human beings.

"The American Psychological Association has been publishing serious peer-reviewed studies on the impact of climate change on mental health."

Among the findings of a federal report issued by the U.S. Global Change Research Program:

• Exposure to climate- and weatherrelated natural disasters can result in mental health consequences such as anxiety, depression and post-traumatic stress disorder. A significant proportion of people affected by those events develop chronic psychological dysfunction.

• Some people are at higher risk for mental health consequences from weather-related disasters. Among them are children, pregnant and postpartum women, people with pre-existing mental illness, people who are economically disadvantaged, those who are homeless and first responders to the disaster.

• Extreme heat increases both physical and mental health problems in people with mental illness, raising the risk of disease and death.

Everett said she sees a "flip side" to these deleterious effects.

"When you admit that it's creepy, you say 'I'm not just going to do trivial things but be all in on this,' it's really good for the head and heart," she said. "The people who are coming together to mobilize climate solutions, you could not find a better community of people who are supporting and educating each other. It's certainly a movement of advocates, but an on-the-ground movement of innovators [as well]."

#### Climate bill sets benchmarks

In 2019, New York's Climate Leadership and Community Protection Act (Climate Act) was signed into law.



According to https://climate.ny.gov/, the Climate Act "is among the most ambitious climate laws in the world and requires New York to reduce economywide greenhouse gas emissions 40 percent by 2030 and no less than 85 percent by 2050 from 1990 levels. The law creates a Climate Action Council charged with developing a scoping plan of recommendations to meet these targets and place New York on a path toward carbon neutrality."

There has been confusion about what this law will and won't require New Yorkers to do, and there's plenty of misinformation out there. Sustainable Hudson Valley has a fact sheet on its website that answers some of the questions that concern the public.

"Over the next two decades, the state will provide education working with utilities, will track their own progress in getting people to making the switch voluntarily," Everett said. "Over time, it's hard to imagine how they won't eventually have to change building codes so things like fossil furnaces cant be installed or reinstalled." However, she also said that government agencies understand that they can't force residents to purchase equipment they can' afford.

"The truth is that, yes we're going to have to adjust, but much less than in a world where our food is at risk [due to climate change]," she said.

Visit https://climate.ny.gov/ for details about the Climate Act.

#### GET 'CLIMATE SMART' AT THESE EVENTS

Check http://www.sustainhv.org/ for a full schedule of events

**Tuesday, September 20:** Pleasant Valley Climate Smart Movie Night will screen "An Inconvenient Sequel: True to Power" 6-8 p.m. at the Pleasant Valley Library. This documentary addresses the progress made to tackle the problem of climate change. Afterward, members of PV Climate Smart's task force will lead a brief discussion of the film and will also talk about their work to support the community in building a sustainable and balanced climate action program, one step at a time - and how you may be able to help.

Wednesday, September 21, at the Rhinecliff Morton Memorial Library & Community Home, 6-7:30 p.m., join Erik Kiviat of Hudsonia for his presentation on an impact of climate change that we see in every community: "Invasive Plants: Ecosystem Services of Common Invasives and Management Strategy." This presentation is perfect for anyone, regardless of your current knowledge on these topics.

Thursday, September 22: Youth v. Gov: Free Screening for Students, 5:30-7:30 p.m., at Upstate Films, 6415 Montgomery Street, Rhinebeck. YOUTH v GOV. follows 21 young people suing the federal

### FOR MORE INFO AND ADVANCE TICKETS: HVGF.ORG

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government over the right to a safe climate in Juliana v. United States. Free to students.

Thursday, September 22: Boardman Road Branch Library, 7-8 p.m., presentation on an overview of what we know about the clean energy transition. Sean Dague, coordinator for Mid-Hudson Citizens Climate Lobby, will share his personal experiences electrifying his home, the benefits, and the things to look out for. He'll also share some of what he's learned about the policy landscape that will be required to complete the transition.

**Thursday, September 22:** Bike/Walk/Scoot/Skate to School Meetup, 7:30-9 a.m. at Lions Mini Park, 19 North Park Road, Rhinebeck. September 22 is International Car Free Day. Take the Car Free pledge and go car free (or car lite). Climate Smart Rhinebeck is hosting a meetup with breakfast goodies at Lions Mini Park for students walking, biking, scooting or skating to school that day. We're arranging for police and volunteer crossing guards. The Rhinebeck Central School District is pumped to encourage community building and sustainable action. When taking the pledge: Please use Rhinebeck Climate Week as your employer/affiliate.

Friday, September 23 via Zoom: Bard College Professor Eban Goodstein will offer a practical workshop for educators who want to #MakeClimateAClass from 7 to 8 p.m. Says Goodstein, "This session will focus on creative ways to #MakeClimateAClass in every subject-- from art to history to music to psychology to biology. This one hour session is for teachers, and also for students-- we'll give students easy ways to get their teachers to #MakeClimateAClass."

**Saturday, September 24:** Soon is Now, a series of outdoor readings and musical performances organized by filmmaker/photographer and Climate Reality Leadership Corps member Eve Morgenstern at Long Dock Park, 3-5 p.m. Morgenstern is back with one of last year's most popular events.

**Sunday, September 25:** Young climate activists won't want to miss Climate Career Panel & Pizza Night 5:30-7:30 p.m. at Starr Library, 68 West Market Street, Rhinebeck. Come meet and chat with local professionals whose careers have intertwined with climate change. Talk to folks about their passion and path to doing meaningful work. Enjoy pizza and snacks. Free admission.

## get growing!

## by mark adams



## New Flowers for 2023

Varieties that improve upon some favorite annuals.

Bee Balm grows wild in the Hudson Valley. You can find it at Stanford Wildlife Preserve, and in open meadows just about everywhere. Bee Balm (Monarda) is a stately perennial wildflower topped with crowns of pink or red blossoms.

But wait! What is that white powder almost suffocating the plant? It turns out the bee balm is highly susceptible to a pathogen called powdery mildew, which also attacks phlox, cucumbers and zinnias.

I point to this example when anyone questions the need for new varieties of flowers or vegetables. Why do we need a yellow petunia when we already have yellow marigolds? Aren't plant breeders interested in appearance and durability at the expense of flavor and fragrance? And what are they doing inserting fish genes into strawberries?

Okay. Maybe some geneticists are going a little nutty. But consider the benefits of the powdery mildew resistant monarda "Jacob Cline," garden phlox "Omega," cucumber "Diva" or zinnia "Zesty."

Here are some of the newest flower varieties that will be available to gardeners in 2023:

• Verbena Lascar Lava Orange – This past August was possibly the hottest since sometime back in the Pleistocene era. I admit that as the climate heats up we'll have more to worry about than whether our verbena plants stop flowering. Verbenas traditionally go dormant in the heat of summer, but not the new Lascar series, which blossomed nonstop in our garden (Sue and I receive samples of next year's varieties to trial). Lascar Lava Orange glows like it's on fire, and is also resistant to powdery mildew. From the breeders at Ball Floraplant.

 Coleus Colorblaze Mini Me Watermelon – Ever since legendary plant breeder Allan Armitage developed the coleus "Alabama Sunset," vegetative coleus has been taking the gardening world by storm. Thousands of new varieties are flooding the market, some popular only for their weird names -"Chocolate Covered Cherry," "Fishnet Stockings," "Dirty Martini," "Texas Parking Lot." Now along comes "Colorblaze Mini Me Watermelon" from Proven Winners. Interesting blazing cutleaf foliage, with no ugly flower spikes. Coleus is cultivated for its colorful leaves, not its flowers.

continued on page 17



Among the new Zinnia that are resistant to powdery mildew are Zesty Orange and Zesty Yellow. Below: Nemesia Aromance Mulberry brings both improved fragrance and bloom time to the summer garden. *Photos by Sue Adams* 





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### love to cook

## by vicki frank day



## Apple time!

A scorching summer has yielded some pleasantly surprising results for the local apple crop.

Every year at this time my mind turns to local apples. I've written about them several times and, in fact, my first ever article in 2007 was about them. I had no plans to do so again, but something significant and, to my mind interesting, changed my mind. Don't worry - I'll keep it short and sweet.

This has been one of the hottest Hudson Valley summers on record. Yeah, it's been a scorcher, with August seeing more 90+ degree days than not. That and the drought conditions had me curious and more than a little worried about this year's apple crop, especially when you consider the shallow root systems of the smaller trees a lot of growers have now. Surely the fruit from these stressed trees will be affected, even if some form of irrigation is enlisted to ease it?

Turns out much of this season's apple crop will be affected, but just how may surprise you. The size of the crop, that is the yield, should be comparable to other years. The size of the fruit, though, is another matter. Most of the apples I've seen so far have been notably smaller than usual, dare I say cute even. Then I heard a few growers say the heat and drought also mean the fruit will be sweeter since the lack of water in the fruit concentrates the sugar and flavor.

When I excitedly put this to the test, trying McIntosh, Zestar and Gala varieties, I saw, well, tasted, just how right they were! Even the more typically spicy Zestar was a little sweeter, but it was also just more complex. In other words, just take the normal flavor profile of the variety and turn it up to 11. You should expect your apple haul this year to be wee but fierce. And that makes them even more kid-friendly than they already are!

Which is a perfect segue! A lot of orchards opened last weekend for Pick-Your-Own so why not pack up the family and go get some from the source? You'll be directly supporting local growers, getting healthy, tasty and crunchy-good snacks and enjoying a beautiful Hudson Valley day to boot!

And, sure, the smaller apple sizes mean you can get more bang for your buck but try not to overdo it. There's a good chance all that heat may have shortened their little lifespans, meaning they could go bad quicker, and that would be a shame and a waste. Then again, you could always eat two at a time! Or use them for baking. And you can always go



back to get more since the season's only just started.

If you do pick your own, please be mindful. If you pick it, take it. Don't just toss it on the ground in favor of a different one. That, too, is wasteful and disrespectful of the time, money and effort the grower put into it all, especially when their year has already been challenging. But you knew that already, didn't you?

EASY APPLE CRISP

I know that's a little redundant since a crisp is already one of the easiest desserts out there. All the more reason to enlist the kids' help in making it! C'mon! It'll be fun!

#### **INGREDIENTS**

4-5 cups peeled, sliced apples (about 4 or 8-9 small)

- 1 cup flour
- 1 cup rolled oats
- 1/3 cup brown sugar, packed
- 1 teaspoon cinnamon
- 1/2 cup (1 stick) butter, softened
- METHOD

Preheat oven to 350 degrees. Grease a 9x13 baking dish with butter.

Place or layer apple slices evenly in the dish. (If you're using a tart variety, go ahead and sprinkle some granulated sugar over 'em).

Combine remaining ingredients in a medium bowl and stir with a wooden spoon, then get your hands in there and mix it up to form crumbs. Sprinkle evenly over the apples.

Bake 45-55 minutes, until bubbly and you can't possibly go another minute without tasting what smells that good. Serve warm with ice cream. Serves 4-8.

This probably won't be the last time I write about apples. They are inherently – and historically - tempting. They're a harbinger of my most favorite season fall. They are one of the jewels of the Hudson Valley, versatile, portable, fun to pick, fun to eat and, this year, even funner (!) because they're so adorable, not to mention extra packed with flavor. But what's not to adore about them anyway?. Go get some and see what all the fuss is about. If I'm right, there's more than ever to love. Thanks to all the growers who bring their sweet harvest to our lives. We sure do appreciate it!

Vicki Frank Day is a graphic artist with more than two decades of experience in different aspects of the food service industry. She is the Content Marketing Specialist for Adams Fairacre Farms where she has worked for 25 years, with in-depth food research being an integral part of her marketing position. She believes that cooking is for everyone and should be a pleasurable journey, that food should be experienced, not merely eaten, and that special occasions can be an everyday celebration. E-mail her at vfrank day@adamsfarms.com.





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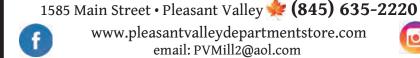
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Employment applications can be found on the school district's web sites under EMPLOYMENT OPPORTUNTIES. Please forward all COMPLETED applications by mail or email to Lawrence Anthony. Red Hook: 9 Mill Road, Red Hook NY 12571 Rhinebeck: 48 Knollwood Road, Rhinebeck NY 12572 Pine Pines: 2829 Church Street Pine Plains NY 12567 Email Addresses: l.anthony@ppcsd.org lanthony@rhcsd.org lanthony@rhcsd.org



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# Exhibitions

at galleries and museums in the Hudson Valley

**Cunneen-Hackett Arts Center**, 9 & 12 Vassar St., Poughkeepsie. **Through Oct. 3:** Exhibition featuring works of Kristen Lowe, Diane Christi and Stacie Flint in the Visual Art Galleries. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access to galleries. cunneen-hackett.org

Kaatsbaan Cultural Park, 120 Broadway, Tivoli. Through Oct. 16: Second Annual Sculpture Exhibition, contemporary artworks installed throughout the lush meadows and woodland walkways of the historic 153-acre property that is an internationally renowned dance residency. www.kaatsbaan.org

Rhinebeck Bank, 6414 Montgomery St., Rhinebeck. Through Oct. 22: The bank features an exhibit of Gage John Lazare paintings. A Native American with roots in the Iroquois tribe, which was originally located in the Mohawk Valley region, Lazare's ancestral pride is evident in his work. A self-taught artist, he credits his grandparents for supporting his artistic talents and encouraging him to pursue them, no matter where that led him. www.gagejohnlazare.com

**Tivoli Artists Gallery (TAG),** 60 Broadway, Tivoli. **Through Sept. 18:** "Earth & Sky: A Tribute to Agriculture," a tribute to farms in the Hudson Valley through paintings, prints, sculptures, installations and more. TAG artists, in collaboration with local farmers, have been creating art leading up to this show. (845) 757-2667 or www.tivoliartistsgallery.com

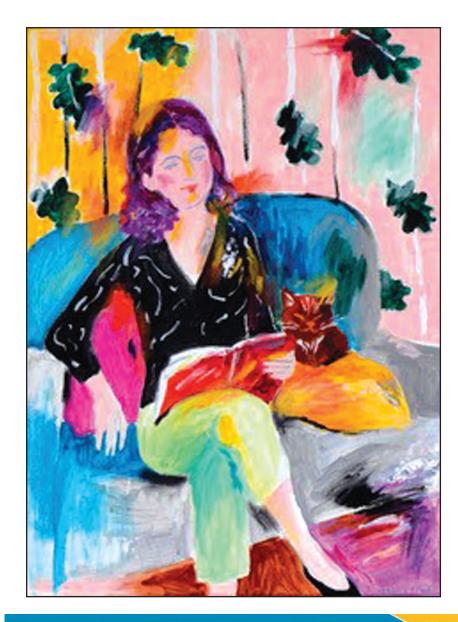
**Wassaic Project**, 37 Furnace Bank Road, Wassaic. **Through Sept. 17:** "A Tournament of Lies," the show gathers 46 artists to Wassaic in hopes of harnessing the infinite energy of the life imitates art imitates life imitates art dynamo. Open noon-5 p.m. on Saturdays and Sundays. http://wassaicproject.org/

**WomensWork.art,** 4 S. Clinton St., Poughkeepsie. **Through Sept. 24:** Works by Karen Madden & Monica Church. Artist talks: Church will make a presentation on Thurs., Sept. 15, 6 p.m.; Madden will make a presentation on Sat., Sept. 17, 3 p.m. www.womenswork.art

Woodstock School of Art, 2470 Rte. 212, Woodstock. Through Oct. 15: 2022 Woodstock Monoprint Invitational, printmakers from around the area have been in the graphic studio creating works with Master Printers. Each artist will donate one print for this exhibition. Covid policy in effect; check website for details. woodstockschoolofart.org

Pictured: "Shared Adventure" by Stacie Flint, on display at Cunneen-Hackett Arts Center through Oct. 3. Courtesy image







Walk one mile through the beautiful grounds of Eastdale Village in Poughkeepsie on Sunday, September 18.

Sign up as an individual or start a team to raise awareness for prostate cancer

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# F ( alendar

#### arts and entertainment happenings

Note: Please check with event venues for any guidelines related to the ongoing CÓVĬD-19 pandemic.

#### Ongoing

Mansion & Landscape Tours, Wilderstein Historic Site, 330 Morton Rd., Rhinebeck. Wilderstein is a not-for-profit house museum. The estate was the home of Margaret (Daisy) Suckley, a distant cousin and confidante of Franklin Roosevelt. With its exquisite Queen Anne mansion and Calvert Vaux designed landscape, Wilderstein is widely regarded as the Hudson Valley's most important example of Victorian architecture. Guided tour includes the exterior architecture and first floor of the mansion, the landscape, and history of the Suckley family. Sat. & Sun., noon, 1, 2 & 3 p.m. Tickets \$12. Advance online registration encouraged, but walkins welcome if space is available. Buy tick-

### Get Growing!

continued from page 13

 New Guinea Impatiens "Rollercoaster **Orange Shakin''' –** New Guinea impatiens have come a long way since they were brought to our shores from the Solomon Islands in 1884. If you want to see just how far, visit Vassar Brothers Medical Center in Poughkeepsie for a stunning display across from the front entrance. The Dummen Orange Company has unveiled a line of new guineas with double flowers. Alright, plenty of other flowers have double blossoms - roses for example, but these new impatiens are worth the breeders' trouble. They grow best in light shade. "Orange Shakin" is a brand new color in the series.

• Nemesia Aromance Mulberry -Nemesia is often overlooked as a garden or container flower because of its reputation for going out of bloom in the summer. Breeders had been selecting for summer bloom, but along the way, nemesia's delicate fragrance was overlooked. ets at http://wilderstein.org/calendar/

#### Museum Tours, Old Rhinebeck Aerodrome, 9 Norton Rd., Red Hook. Museum open daily, through October. Weekend Air Shows: through Oct. 16. Biplane rides available by reservation. https://oldrhinebeck.org/

Tours, Mount Gulian Historic Site, 145 Sterling St., Beacon. Visitors will hear about Mount Gulian's centuries-long history that shaped our nation, including its part in the Revolutionary War as Patriot General Von Steuben's headquarters. They'll learn about the founding of the Society of the Cincinnati, our country's oldest veterans' organization, and the history of generations of Verplanck family members who lived at Mount Gulian. Visitors will discover the stories of James F. Brown, a fugitive slave who risked his life for freedom, and of Robert Newlin Verplanck's participation in the Civil War as an officer in

Now we have nemesia "Aromance

Mulberry" from Proven Winners, a sum-

mer blooming nemesia with a powerful

sweet fragrance. The best of both worlds.

have graced gardens but were not always

prized because of the ugly powdery

mildew that covered the leaves eventual-

ly. In 1999 the first mildew-resistant zin-

nia series, Profusion, was introduced by

Sakata Seed Corporation. In 2017 along

came a taller zinnia called Zesty, also

mildew resistant, with large double flow-

ers, from Pan Am Seed. For 2023 two

new colors have been added -- yellow

and orange, real stand-outs in the trials

Sue and I saw at the Botanic Garden at

Mark Adams is an agricultural advisor to the

Dutchess County Executive, Congressman

Sean Patrick Maloney, Dutchess County

B.O.C.E.S. and Cornell University.

Cornell University.

• Zesty Zinnias – For centuries zinnias

the US Colored Troops. Artifacts on display span the 18th through the 20th centuries and include antique books, furniture, and an array of Revolutionary War items. Tours of the historic home, 18th-century Dutch barn, and heritage garden will be given on Wed., Thurs., Fri. & Sun., at noon, 1 p.m., 2 p.m. and 3 p.m. Season runs through Oct. 23. Advance reservations recommended. Admission is \$10 adults, \$8 seniors, \$5 children (ages 6-18); free for children under 6 and Mount Gulian members. Visitors are required to wear a mask when indoors. (845) 831-8172 or info@mountgulian.org

#### Through Sept. 23

Red Hook Summer Lawn Concert Series, Eat-N-Go, 7508 N. Broadway (Rte. 9), Red Hook. Bring a chair or blanket, along with some food from your favorite local restaurant, and enjoy an evening of local bands performing live on Friday nights, 6-8 p.m. The schedule: Sept. 16: Local Jam Aka Nunzzo; Sept. 23: Forefathers.

#### Through Sept. 24

Exhibit: "Transformations: Rhinebeck's Museum of Changing Downtown," Rhinebeck History, Quitman House, 7015 Rte. 9, Rhinebeck. Explore artifacts and photographs of historical businesses and buildings on East Market. West Market. Mill, and Montgomery Streets alongside photographs of what is there today. Open every Saturday through Sept. 24, 1-4 p.m. (845) 554-6331

"The Book of Will," County Players Falls Theatre, 2681 W. Main St., Wappingers Falls. William Shakespeare's been dead for three years. His friends and fellow actors miss him and his beautiful plays. They realize Shakespeare's lines are disappearing into the forgetful memory of time. They need a book-a definitive copy of his original plays; but to make one, they have to battle an unscrupulous publisher, a boozy poet, and their own mortality. Lauren Gunderson's look at Shakespeare's First Folio is a lively, funny, poignant love letter to theatre and the printed word. Performances: Fri. & Sat., 8 p.m.; Sun., Sept. 18 & Sat., Sept. 24, 2 p.m. Tickets & more info: (845) 298-1491 or www.county players.org

#### Sept. 14, 21 & 28

Rhinebeck Choral Club Open Rehearsals, Red Hook Community Center, 59 Fisk St., Red Hook. The Club will hold open rehearsals for its autumn season from 7 to 8:30 p.m. The club sings a variety of styles of music including pop, jazz, secular, folk, a cappella and more. Open to anyone age 14 who enjoys singing-no experience necessary and no audition process. www.rhinebeckchoralclub.org or https://www.facebook.com/ RhinebeckChoralClub/

#### Sept. 16

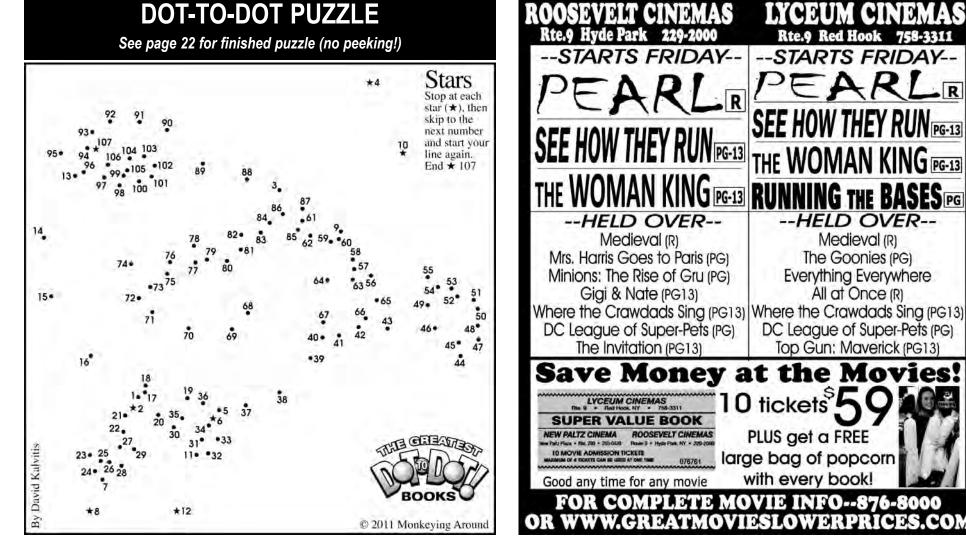
Richard's Rhinecliff Acoustic Show, Morton Memorial Library & Community House, 82 Kelly St., Rhinecliff. Featuring Annie Fox & the Boys, Steven Beer, Marty McDermott, Lannie Bolde, 8-10:30 p.m. Donations suggested. More Info: (845) 876-7007

#### Sept. 17

Movies with Spirit: "Can Art Stop a Bullet?", Kingston Library, 55 Franklin St., Kingston. Thought-provoking documentary is a testament to art's power to inspire change, 7 p.m. The screening will be part of Arts Mid-Hudson's Art Walk Kingston celebration. The film uses the creation of a monumental work by U.S. artist and human rights advocate William Kelly as a launching point for a five-continent exploration of art's influence as a tool of activism. The 2019 film runs 90 minutes and is not rated. The screening will be followed by a facilitated discussion. Refreshments will be served. Attendees over age 12 are asked to contribute \$10 a person. (845) 389-9201 or gerryharrington@mindspring.com.

#### Sept. 20

Author Event, Morton Memorial Library, 82 Kelly St., Rhinecliff. Local book launch: David Means, "Two Nurses Smoking," with Jenny Offill, 6:30 p.m. Free, but registration required. (845) 876-2903



**Rte.9** Red Hook 758-3311 --STARTS FRIDAY--R SEE HOW THEY RUN PG-13 THE WOMAN KING PG-13

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## Skilled Trades Career Fair set Nov. 3 for local students

## Businesses, organizations sought to participate

As part of an ongoing effort to engage students in the trades, Senator Sue Serino is partnering with the Hyde Park Central School District to host a free, informational trades fair to give local students the ability to learn more about different opportunities and career paths available in the local area. A diverse range of trade representatives will be available for students, young adults and parents to ask questions and to learn more about future opportunities. The Skilled Trades Career Fair will take place on Thursday, Nov. 3, from 6 to 8 p.m., at Franklin D. Roosevelt High School, 156 South Cross Road, Staatsburg. Businesses and organizations are sought to participate.

"Our local community is booming with opportunities for young adults to get involved in the trades field, and that often means great-paying careers with a huge potential for growth," said Serino. "For students thinking about the next steps, it is so important to remember that there is no 'one-size-fits-all approach,' and this event is all about giving them a first-hand look at the different possibilities available to them."

Aviva Kafka, Superintendent of the Hyde Park Central School District, said, "We are so pleased to co-sponsor this event for our community to share work opportunities for our youth, while at the same time support local businesses in need of a skilled workforce. I call this feeding two birds with one crumb."

Michael Ruella, Principal of Franklin D. Roosevelt High School, said, "FDR High School is excited about hosting the 2022 Skilled Trade Fair. This will be an opportunity for our students to explore all that is offered in skilled trades. It is our hope that they leave the trade fair with new and exciting insights of the various fields."

This free event is open to the public and students from surrounding school districts. No RSVP is required to attend.

Local trade organizations and businesses interested in attending should contact Serino's Hyde Park Office at (845) 229-0106 or serino@nysenate.gov to request a participation form. Spots will be secured on a first-come, first-served basis. RSVPs will be accepted until Friday, Oct. 21.

Individuals with questions regarding participating in or attending this event can contact Serino's office.



## A Fair to Remember for 4-H club members

A total of 251 4-H youth entered 1,864 classes at the 2022 Dutchess County Fair. Dutchess has by far the strongest agricultural program of any county in the Southeast Region of NYS.

It is exciting that the dairy cattle program is flourishing with 34 youth entering a multitude of classes. Both dairy goats and hogs saw 32 individual entries, while 30 youth entered sheep showmanship. Poultry, rabbits, beef and Ilama/alpaca were also well represented.

entries. In addition, nine youth worked in the cafeteria over six mornings, helping provide a home-cooked, affordable breakfast for those on the fairgrounds prior to the opening.



The Dutchess County Youth Livestock Sale took place Saturday, Aug. 27. Thanks to generous buyers, bidding was competitive and a full catalogue of poultry, lambs, hogs, goats, and beef sold well. An addition to the sale this year, was the auction of a beautiful quilt stitched by long-time 4-H supporter Sandy Hicks, which raised \$1,500 for the 4-H Livestock Sale Scholarship Fund.

Entries in the 4-H Exhibit Hall were up over 2021 as youth took the opportunity to enter arts, science and craft projects. The quality was high; over 60 items were selected to progress to the NY State Fair. Approximately 15 percent of those received outstanding awards and the majority of exhibits were awarded blue ribbons. Professional Development and Leadership classes attracted 35 entries in activities such as Flag Bearer and junior evaluators who help judge Exhibit Hall

4-H youth worked in the cafeteria, providing home-cooked breakfast for those on the Fairgrounds prior to opening.

## **%4-H CONNECTION**



## 4-H Flourishing Farmers have special day at Fair

The 4-H Flourishing Farmers Club is now our official name for the agriculture-based program which embraces and supports youth with special needs.

This year saw an increase in membership from 16 to 21 youth, of whom 13 participated at the Dutchess County Fair. A partnership with the Dutchess County ThinkDIFFERNTLY initiative, County Executive Marc Molinaro and Chairman of the Dutchess County Legislature Gregg Pulver took pride in presenting ribbons and medals to these extraordinary young people.





Members of the 4-H Flourishing Farmers Club display their ribbons at the Fair. Courtesy photo

Several 4-H families were able to experience the Fair for the first time. Courtesy photo

## Diversions

## SUDOKU

Sudoku requires no arithmetic skills. The object of the game is to fill all the blank squares with the correct numbers. Each row of 9 numbers must include all digits 1 through 9 in any order. Each column of 9 numbers must include all digits 1 through 9 in any order. Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

	3							2
			5	2			1	
5	8		1	7	111			6
			1.4			.4	9	7
		7	8	Π.	1	6		
1	4							
6	1			8	7	R	4	3
	7			3	9			
			6			123	7	

Suguru
4
2
1
4
4
5

#### <u>ACROSS</u>

- 1. Aids
- 6. Apply finger paint 10. Actor Epps
- 14. Love in Venice
- 15. German article
- 16. Outer garment
- 17. Stingy one
- 18. Business
- 20. \_\_. Thérèse of Lisieux
- 21. Competes
- 23. Sea eagles
- 24. Shakespearean king
- 25. Athletic Brazilian
- 27. Having new life
- 30. Shopping basket
- 31. Pronoun
- 34. Town in Italy
- 35. Low-voiced singers
- 36. Hippie's abode
- 37. Table game
- 41. Span of time
- 42. \_\_ Bryant
- 43. Being: Sp.
- 44. 90° from ENE
- 45. Best Picture of 1958
- 46. Noted Austrian botanist
- 48. Wine vessel
- 49. Appear exhausted
- 50. British sword
- 53. Suffix for base or pay
- 54. Uno y uno
- 57. Valuables
- 60. Pours
- 62. Self-assurance
- 63. Breath freshener
- 64. Standing
- 65. Refuses to
- 66. Pea casings 67. Endings for Paul & Ann
- DOWN
- 1. Limelight lovers

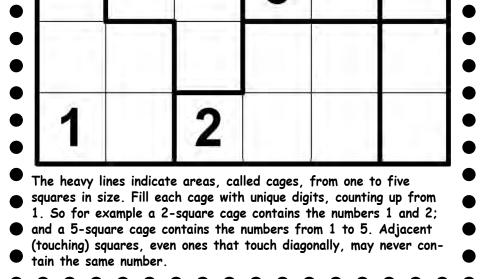
2. Radiate

4. Prefix for heat or eminent 5. Waitress 6. Submit humbly 7. Snobbishness 8. Spanish article 9. Stein or Stiller 10. Yellow shade: var. 11. Chief 12. Domed projection 13. Actor Roger 19. Boston athlete 22. John, in Scotland 24. Cut of pork 25. Turkish official 26. Gaelic 27. Sporting events 28. Group principles 29. Salt water 30. Prickly plants 31. Use up 32. Author and poet Bret 33. Ford of old 35. Light color 38. Birds of prey 39. Make a tiny cut 40. Lane's love 46. Beard wearer 47. Chateaubriand or Chicken Kiev 48. Praying figure 49. Nuisances 50. One-dish meal 51. Woody's boy 52. Three- salad 53. Repair 54. Restrict one's intake 55. Without repetition 56. Sound barrier breakers: abbr.

Misplace

- 58. Diamond figure 59. \_\_ Bravo
- 61. Gallery display





												2.3	_	
37				38	39	1					40			
41				42				1			43			
44				45					46	47				
			48					49						
50	51	52					53			1		54	55	56
57					58	59				60	61			
62					63					64				
65	1				66		-			67			1	1

The solutions to both the Sudoko & Crossword puzzles can be found on page 22

#### Interfaith Healing Service & Grief Support Group

Thursdays at 11 a.m., St. Paul's Episcopal Church in Pleasant Valley will host a healing service for you or a loved one followed by a Grief Support Group facilitated by The Rev. Heather Sisk, Episcopal Priest and Spiritual Director, with Liz Whitman, MSW. Come to either or both on any Thursday. You are not alone. Many of us are hurting. Everyone is welcome. For more information, call (845) 635-2854, email stpaulspv@gmail.com or visit www.stpaulspv.org. Accessible facilities.

#### Lyall Church in Millbrook offers programs

The First Harvest Food Pantry at Lyall is open. Every Tuesday morning, 8-10 a.m. through Oct. 18, Debby will welcome anyone in need. We offer fresh, certified organic produce from Stonewood Farm and other non-perishable pantry items free and open to all. Call (845) 677-3485 with questions.

The Anti-Racist Study Group has been meeting for several years. We currently meet on Mondays, at 12:30 p.m. by Zoom. We invite anyone to join us who wants to explore the issues of race and caste in our country, issues that will not go away or improve unless we face them together. Our study group is welcoming and hospitable. We have a great time as we continue to learn a lot. We also are happy to include new members. Contact Cat Greenstreet (catgreenstreet@gmail.com) or Pastor Thom if you're interested.

Two other ongoing programs at Lyall are Meals on Wheels at Millbrook and Food For Folks Food Pantry (emergency support). The service area of both these programs is limited to the Town of Washington Village of Millbrook.

#### United Way's Community Breakfast set Sept. 14

Reservations are open for United Way of the Dutchess-Orange Region's annual Community Breakfast will take place on Wednesday, Sept. 14, from 7:30 to 9 a.m., at The Poughkeepsie Grand Hotel. Tickets are \$60.

Voting has begun for the 2022 Kindness Champion. Vote through Sept. 11 at www.uwdor.org/kindness . The winners will be announced at the Community Breakfast. For more information, tickets, sponsorship, advertising and donations, go to www.uwdor.org/breakfast2022 .

#### Clinton Social and Candidate meet-and-greet event on Sept. 17

The Town of Clinton Democratic Committee invites all Clinton residents to their its social event on Saturday, Sept. 17, from 1 to 4 p.m. Democratic candidates on the ballot in November and local elected officials will be represented at the event to meet with residents and discuss their platforms. The event will take place at Frances J. Mark Memorial Park at 337 Clinton Hollow Road. Refreshments will be provided.

The event is free. For more information, contact townofclintondemocrats@gmail.com or go to townofclintondemocrats.org.

#### Cemetery Crawl begins Sept. 17 in Red Hook

Historic Red Hook is kicking off the spooky season early this year with their second annual Cemetery Crawl set Sept. 17 to Oct. 30. This free event is both a seasonal scavenger hunt and a year-round, selfguided tour of six Red Hook cemeteries that offers highlights of the lives of interesting individuals and their memorials. All you need is your smartphone and some good weather and you've got a lovely way to spend the fall season enjoying local history.

Find Historic Red Hook's booth on Hardscrabble Day, Sept. 17, from 10 a.m. to 4 p.m., in the Village of Red Hook, where they will officially launch the event. The Crawl will conclude with an award ceremony on Oct. 30 at the Elmendorph Inn at 1 p.m. Visit https://www.historicredhook.org/cemeterycrawl or email info@historicredhook.org for more information.

#### Prostate Cancer Walk to raise funds for patients, awareness on early detection

Local residents are invited to participate in the 2022 Premier Cares Foundation Prostate Cancer Walk. This family friendly, community event will take place from 9:30 a.m. to noon on Sunday, Sept. 18, at Eastdale Village in the Town of Poughkeepsie. This unique charity walk will meander through a scenic 1-mile path through the grounds of Eastdale and past the Lutheran Care Center. Participants will receive complimentary refreshments, a commemorative t-shirt and tote bag, tons of give-aways, and prizes.

#### death in 1938.

For further information, e-mail info@vanderbiltgarden.org or visit http://www.vanderbiltgarden.org.

#### Speaker to discuss Constitutional Convention at Livingston House

On Sunday, Sept. 18, at 2 p.m. in the Chancellor Livingston NSDAR Chapter House, (the General Richard Montgomery and Janet Livingston House) 77 Livingston St., guest speaker Paul O'Neil will discuss the NYS State Constitutional Convention in the City of Kingston, N.Y.

On March 6, 1777, a group of extraordinary individuals met in Kingston to determine the future of New York. What they achieved led not only to the birth of New York State but laid the building blocks for a brave new nation. These men, whose number included the first Chief Justice of the United States Supreme Court, the author of the phrase "We the People..." in the United States Constitution and the man responsible for the Louisiana Purchase, pledged their fortunes, their futures, in fact their very lives, for the ideal that freedom and democracy should be the guiding precedent for all government. Come join us as we learn about this seminal event in our city, our state, and our nation's history.

The public is invited. For more information about the event, contact Karla Cook at (845) 616-1784 or krcfunk@yahoo.com.

#### National Voter Registration Day at Morton Library

Morton Memorial Library, 82 Kelly St., Rhinecliff, will join a nationwide effort to register more folks to vote on National Voter Registration Day - Tuesday, Sept. 20.

Voter registration is a crucial aspect of a healthy democracy, and Morton wants to play a part in getting the people in our community ready to participate.

This is completely non-partisan and also allows you to vote when library issues are on the ballot. We have registration forms, absentee ballot applications, and information all ready for you - a fun way to make your voice heard. Call (845) 876-2903 for more information.

#### Free virtual seminar for homebuyers set Sept. 21

Ulster Savings Bank will present a free Homebuyer Virtual Seminar on Wednesday, September 21, at 5:30 pm. Learn about the many critical steps to owning your own home. You may be eligible for a \$750 Home Buyer Credit\* just for attending. Sign up at https://www.ulstersavings.com/whyus/seminars/#section\_HomebuyerSeminars

\* Certain conditions apply.

Ulster Savings Bank is an Equal Housing Lender & Member FDIC. NMLS# 619306

#### MHA of Dutchess County Vet2Vet support group set

Mental Health of America of Dutchess County (MHA of Dutchess County) Vet2Vet Support Group is set for Wednesday, Sept. 21, from 3 to 4 p.m. at 515 Haight Avenue, Poughkeepsie.

These groups serve as an outlet for veterans to discuss with peers their opinions, challenges, successes and anything else in order to regain balance in their lives. The groups are free, confidential and judgement free. They are open to all veterans despite discharge type, time in services or period of service. Active & Inactive and National Guard members are welcome as well.

Masks are required. RSVP is required. For more information, call 845- 473-2500, ext. 1306 or 1307 or 1365.

#### Salt Point church to host rummage sale

There will be a Fall Rummage Sale at Westminster Presbyterian Church, located at 1872 Salt Point Turnpike in Salt Point, on Friday Sept. 23, from 3 to 6 p.m.; and Saturday, Sept. 24, from 9 a.m. to 2 p.m., with a \$3 final bag sale from 2 to 4 p.m. Featured will be gently used fall and winter clothing for men, women and children; shoes, pocketbooks, coats, linens, kitchen items, electronics, books, CDs, children's games, puzzles and toys and much more at reasonable prices. Lunch available on Saturday with a bake sale both days. For information or directions, call Diana at (845) 635-3635. tion, and is a member of the Union for Reform Judaism. For further information, and to sign up to attend, contact office@vassartemple.org or (845) 454-2570.

#### Rhinebeck Garden Club to hold annual Plant Sale

The Rhinebeck Garden Club will be holding its annual plant sale on Saturday, October 1 from 10-2. The sale will take place rain or shine at the CVS Plaza on E. Market St. The Rhinebeck Garden Club is approaching its centennial year and has been a part of civic beautification for that entire time. The sale is the primary fundraiser for the club which attends to gardens at the Doughboy statue, on Rockefeller Lane and at the Starr Library. Membership is open to all who are interested and our next meeting is September 23 at 10 at the Rhinebeck Rec Park Pavilion behind the Library.

Plants available for sale will be from member gardens and will include a variety of perennials suitable for varying conditions. Among the plants will be herbs, hostas, rudbeckia, sedums, pulmonaria, shrubs and many more. Fall is the best time for planting, so please join us.

Anderson Center Gala to honor NDH caregivers

Anderson Center for Autism celebrates the return of an in-person gala event this year. The Gala, set Saturday, Oct. 1, promises an elegant evening of 10,000 thank-yous, countless champagne bubbles, dinner, dancing, an auction, and more. Taking place at The Grandview, 176 Rinaldi Boulevard, Poughkeepsie, there will be a cocktail reception at 6:30 p.m., with dinner and program starting at 8 p.m.

Honorees are Northern Dutchess Hospital(NDH) Caregivers, who help Anderson optimize the quality of life for people with autism every day. In addition, an Anderson Center team member will receive the 2022 Above and Beyond Award. Black tie optional. Reserve tickets and sponsorships at andersoncenterforautism.org/gala or call (845) 889-9208.

Due to Covid-19, event plans are subject to change; check the website for updates.

#### Miles of Hope sets Community Walk

Miles of Hope presents its 2022 Community Walk on Sunday, Oct. 2, at James Baird State Park. The Walk will honor and remember all those affected by breast cancer within the Hudson Valley. There will be raffles, food trucks, and live music. Prizes for the most creative name of a team. Sign up at https://p2p.onecause.com/mohwalk .

#### Fall Rhinecliff Soup Sales

The Rhinebeck Grange sponsors Rhinecliff's Fall Soup Sales on the third Thursday of the month: Oct. 20, Nov. 17 and Dec. 15, from 11 a.m. to 12:30 p.m. Soups are sold by the quart, \$10/quart, take-out only.

The Soup Sale is at the Rhinecliff Firehouse, on the corner of Shatzell Avenue and Orchard in Rhinecliff. Pick up at side window on Orchard Street.

Email JoBaer2@gmail.com to be emailed the soup choices for each month and pre-order online.

#### Abilities First event set Nov. 29

Join Abilities First & the Foundation for Abilities First NY as it kicks off a year of joy and gratitude to its community partners who have made and continue to make its mission possible. The 60th Anniversary Community Partners Celebration will take place on Tuesday, Nov. 29, from 8:30 to 10:30 a.m., at The Grandview, 176 Rinaldi Boulevard, Poughkeepsie. Contact JoAnn Parker at joannpark er@abilitiesfirstny.org for more information.

#### FARMERS MARKETS

Arlington Farmers Market: Vassar Alumnae Lawn, 123 Raymond Ave., Poughkeepsie. Thursdays, 2-6 p.m. through Oct. 27. www.arlingtonhasit.org

**Copake Hillsdale Farmers Market**, Roeliff Jansen Park, Hillsdale. Saturdays, 9 a.m.-1 p.m., through Nov. 19. (518) 929-3255

Germantown Farmers Market: Palatine Park, Germantown. Saturdays, 10 a.m.-1 p.m., through Oct. 29. germantownfarmersmarket@gmail.com

Hudson Farmers Market, City Lot on Columbia St. between 5th and 6th. Saturdays, 9 a.m.-1 p.m., through Nov. 19. (518) 300-3496

Hudson Wednesday Market, 7th Street Park. Wednesdays, 4-7 p.m., through Oct. 26. upstreetmarket@gmail.com

Millbrook Farmers Market: Front St., Millbrook. Saturdays, 9 a.m.-1 p.m., through Oct. 29. millbrookmarketmanager@gmail.com

**Paul's Hyde Park Farmers Market:** Across from Hyde Park Town Hall on Route 9. Saturdays, 9 a.m.-2 p.m. through October.

## Section of Harlem Valley Rail Trail to be repaved

Dutchess County Parks will be repaying a section of the Harlem Valley Rail Trail from the Amenia trailhead to Route 343 starting on or about Tuesday, Sept. 13. Due to the machinery needed for the project and to keep trail users safe, the section of trail being worked on will be closed during construction. Project work is anticipated to be complete, with the trail reopened, by Friday, Sept. 16, but is weather- dependent. Updates on the project start date and re-opening will be posted on the Dutchess County Parks Facebook page as well as on the Parks hotline at (845) 298-4607.



Local favorite, The Band Hudson will perform, and the famous Queen City Dancers will dazzle the crowd at the walk's half-way point.

Tickets to the 13th annual Prostate Cancer Walk are \$25 per person, and children under 10 are free. Advance registration is required. For more information and to register, visit www.premiercares foundation.org.

#### Tours scheduled at Vanderbilt gardens

The Vanderbilt Garden Association's interpreters will be in the formal gardens on every third Sunday of the month through October to offer free monthly tours from 11 a.m. to 3:30 p.m. Tours meet outside the Tool House building. Future dates include Sept. 18 and Oct. 16.

Interpreters will discuss the history of the gardens, with a focus on the Vanderbilt ownership and the mission of the not-for-profit Vanderbilt Garden Association to rehabilitate and maintain the plants, shrubs and trees within the formal gardens as they were in the 1930s just prior to Frederick Vanderbilt's

#### Yard Sale at Pleasant Valley church

Yard Sale: Weather permitting, there will be a Yard Sale on the front lawn of the First Presbyterian Church, 1576 Main Street, Pleasant Valley on Saturday, September 24, from 9:00 a.m. until 2:00 p.m. Something for everyone!

#### Vassar Temple High Holy Day Services

Vassar Temple, Poughkeepsie, invites the community to worship with us on the upcoming High Holy Days. Rosh Hashana begins the evening of Sept. 25 and Yom Kippur begins the evening of Oct. 4. The congregation's Rabbi Renni S. Altman, DD and Cantor Elizabeth Goldmann will officiate. Most of the High Holy Day programming will be hybrid (available both in person and on Zoom), with professional security present on site. Please visit our website www.vassartemple.org for Temple Covid policies for in-person attendance, and for the service schedule. Any updates will be posted there. No fee is involved for anyone (donations appreciated), but everyone wishing to attend should contact the Temple and register in advance. The congregation is also accepting contributions of nonperishable foods for its annual Yom Kippur Food Drive to benefit a local food pantry. Vassar Temple is a welcoming, inclusive congrega-

## HV Rodeo to feature country music star Brett Young

The 2nd annual Hudson Valley Rodeo, presented by the Amenia-Wassaic Community Organization and powered by the Silo Ridge Community Foundation, will be held on Saturday, September 17, 2022 at Keane Stud in Amenia, NY. The rodeo will be topped off with an evening concert featuring award winning country music star Brett Young. All net proceeds from this community event will benefit the Amenia-Wassaic Community Organization and its programs.

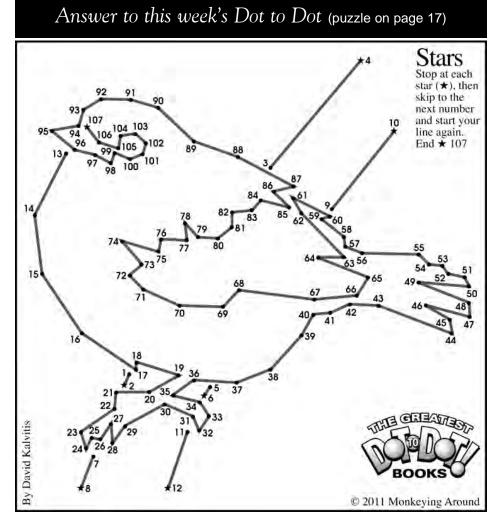
The annual Rodeo, hosted in the picturesque area of northern Dutchess County, is a family friendly event featuring Mutton Bustin', Barrel Racing, Roping, Bronc Riding, and Bull Riding. Some of the best cowboys from the east will compete against western cowboys in a nationwide competition of top hands. Doors open at noon and the rodeo begins at 3 pm. There will be a variety of local food trucks and libations for the adults as well as local vendors. Pre-rodeo activities include rodeo clowns, stick horse rodeo competition for young kids, barrel racing demonstrations, rodeo roping clinic, animal care conversations, face-painting, meet and greet photo opportunities with cowboys and cowgirls, and music from local country music artists.

After the conclusion of the rodeo, attendees will be admitted to the concert field where the concert portion of the evening begins at 7pm. Brett Young will take to the stage around 8:15 pm. Young has captured the hearts of fans everywhere through his honest lyrics and West Coast-meets-Southern sound, aptly dubbed "Caliville" style. With an undeniable string of hits and two albums defined by a transcendent romantic spark, he has cemented his status as Country's master over matters of the heart.

The Hudson Valley Rodeo is being produced by Leland McMillan of LKC Rodeo Productions in Huntley, MT and Woodstock-based Chet-5 Productions, Inc. Sponsors include the Silo Ridge Community Foundation, Stoneleaf Construction, Silo Ridge Field Club, Discovery Land Company, and Casamigos as well as over 20 local businesses. The 2021 Hudson Valley Rodeo was a sold-out success with over 3,000 people in attendance.

Tickets are being sold both as a package (Rodeo and concert) or individually for just the rodeo or the concert. For tickets and more information on the Hudson Valley Rodeo, visit HudsonValley Rodeo.com or @HudsonValleyRodeo. Tickets go on pre-sale on Wednesday, May 11 and general sales begin Friday, May 13. The rodeo sold out in advance last year, so fans are encouraged to buy their tickets early!

The Amenia-Wassaic Community Organization (AWCO) provides resources to support the work of qualified nonprofit community organizations serving the Amenia-Wassaic area. Through collaborative leadership and cooperation



with partners, AWCO helps to enrich the lives of our neighbors by bringing community services, health, arts, education, conservation, and cultural programs to the area. The AWCO's goal is to create healthier, happier, more connected lifestyles for all Amenia-Wassaic residents. Through partnerships with local organizations, the AWCO will work to establish and support parks, trails, town improvements, public spaces, and community programs for everyone. In this way, AWCO aims to make Amenia-Wassaic a better place for all to live, work and play for generations to come.

The Silo Ridge Community

Foundation (SRCF) is dedicated to helping local nonprofit organizations aid those in need throughout the Amenia-Wassaic area. The SRCF provides funding through its grant program to organizations addressing issues such as hunger, veteran reintegration, senior needs, education, conservation and community enhancement. The Foundation is supported by Silo Ridge Field Club Members, guests and friends in the local community. It is through financial donations the SRCF is able to work collectively with area nonprofit partners to build a better community for everyone.

## Upcoming programs at Red Hook Public Library

See the calendar at https://redhookl ibrary.org/ or call 845-758-3241 for more information on programs including dates, times, and registration.

#### SEPTEMBER PROGRAMS FOR ADULTS

Author Emma Straub, seen here with our program team and Oblong's Suzanna, spoke to a packed house about her book This Time Tomorrow.

Enjoy live music by Lannie Bolde and Roger & Lenny from the library porch on October 1st. Feel free to bring a picnic blanket and set up on the library lawn. We will also have canopy set up to provide some shade.

Curious about oil pastels? Explore the medium with a supportive and creative group while enjoying the rich colors of fall foliage landscapes. All supplies provided.

The Tuesday Afternoon Book Group will meet (on Zoom) to discuss Matrix by Lauren Groff. This historical fiction, set in a medieval abbey, was shortlisted for the 2021 National Book Award for Fiction and the 2022 Andrew Carnegie Medal for Excellence in Fiction.

The Monday Evening Book Group will meet to discuss Cloud Cuckoo Land by Anthony Doerr. The novel, featuring five characters and spanning eight centuries, was on the New York Times bestseller list for over 20 weeks and a National Book Award Finalist.

All Abilities Adults, Knitting, ESL for Adults, Healthcare Navigator and RHPL Games at the Senior Friendship Center continue in September.

For more information or to register for any of the programs above, email Renee: adultservices@redhooklibrary.org

SEPTEMBER PROGRAMS FOR TEENS All Abilities Teens at Camp Nooteeming

All Abilities Teens are getting some retail experience this month, making products for the booth they're going to have at Hardscrabble Day. Join them for making stickers and mugs; or, just stop by and shop on Hardscrabble Day. The group will also be hosting a Community Kickball Tournament at Red Hook Rec Park toward the end of the month.

Teen Takeover is still taking applications for two positions as Teen Program Assistant. Sunday afternoons the library goes to the teens when youth 7th grade and older cook, play video games, hang out, watch movies and more.

For more information or to register for any of the programs above, email Amy@redhooklibrary.org

#### SEPTEMBER PROGRAMS FOR KIDS AND FAMILIES

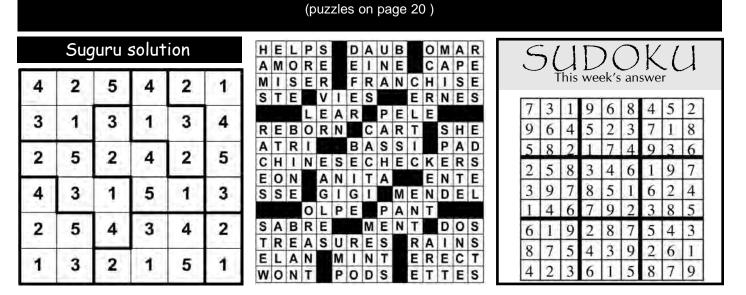
Author Pauline David-Sax reads to the Pre-K Play Group

The return of school means the return of kid-pleasing after-school programs at the library. LEGO Club is open to kids of all ages and Among Us Club is for kids K – 2 and requires registration. Both programs are bilingual (English & Spanish).

As part of the Red Hook Ofrenda Project, there's two afterschool workshops: one to make dinosaurs and extinct animals for the display at Mill Rd K-2 and another to make animals, fruits and vegetables to add to many of the different ofrendas throughout Red Hook. Play with plaster cloth and make fun creatures you'll see in the community displays at the end of October.

Programs for preschoolers resume as well with Preschool Nature Walks at varied locations in the Red Hook area and Storytime at the library.

There are new and old favorites for homeschoolers this Fall. Libratory is experiential science learning for ages 6 -10 and 11+. For something new, kids ages 10+ can learn about the mythology, politics, culture and Latin language of Ancient Rome in a series of classes called Intro to Ancient Roman Culture. Registration is required for both these programs. At the end of the month, there's two fun events for kids and families. Kid Takeover will be a "drive-in" movie. Decorate your cardboard car and enjoy a screening of "The Bad Guys" with some popcorn. Families are welcome to sign up for the Community Kickball Tournament hosted by All Abilities Teens at the Red Hook Rec Park. Registration required. Finally, family groups return to a regular schedule this month. Is your family one formed through adoption? Meet other families at Adoptive Families Group, where kids play together or do crafts while parents connect. Our other family group this month is Gender Adventurers. Named by the kids who attend, Gender Adventurers is for families with children who identify all across the spectrum of gender. For more information or to register for any of the programs above, email Amy@redhooklibrary.org.



Answers to this week's diversions

22 NORTHERN DUTCHESS NEWS & Creative Living - Sept. 14-20, 2022

## LaGrange Association Library prepares for expansion

Trustees continues its capital campaign to raise funds to complete the necessary building renovations crucial for meeting the Library's service goals to the community.

"We've been functioning in the main library space for over a year, but we're far from done ," says Mary De Bellis, Library Director. "There is over 4,000 square feet of unfinished space available to provide a much-needed children's program room, a larger community room, ample shelf space to house the entire

The LaGrange Library Board of collection, a private passport application office, and quiet study rooms. Without these vital additions, the Library cannot fully serve LaGrange residents as a community hub for literacy, learning, recreation, and socialization."

Individuals, businesses, and organizations can lend their support to the Library Board's Capital Campaign through pledges, direct donations, and fundraising. Naming opportunities are available. For more information, please contact Library Director Mary De Bellis at mdebellis@ laglib.org or by calling 845-452-3141.



## Stanford Free Library events

Brain Games

Thursdays 10:30 - 12:00 pm Calling all seniors! Join in the fun and laughter of our brain games! Fun, stimulating, invigorating word games, board games, card games, conversation and laughter!

Knitting

First, Third and Fifth Thursday of the month 7:00 pm – 8:30 pm

Come for knitting, tea and conversation.

All levels welcome. Advanced knitters will teach beginners

Series: Documentary Film Contemplating Contemporary Art & Culture

Fourth Thursday of the month

Come at 6:45 for meet & greet. Film begins at 7:00 pm.

Entertaining & illuminating films on the influence of modern & contemporary art on our culture. Lively discussion post viewing. Hosted and curated by Carin Goldberg.Please contact the library at 845-868-1341 or email stanfordlibrary@optonline.net

Mahjong for Intermediate Players

Fridays 10:00 - noon

Come and play Mahjong with this fun, friendly group.

Yoga with Mia

Fridays 10:00 am

Presented in cooperation with Stanford Recreation at the pavilion (weather permitting) at Stanford Rec Park 86 Creamery Road Stanfordville

needed materials is available at the library. Call or stop in to register 845-868-1341

Fiber Arts

First and Third Tuesdays 6:00 pm Bring your projects and work alongside others in our beautiful Community Room.

Saturday, September 17 Stanford Community Day

We'll be there. Stop by and see us! We will have free book raffles and we will be doing Loved Ones IDs (free ID photos of seniors, children, and pets).

Tuesday, September 20

National Voter Registration Day

Stop by the library from 2:00pm -8:00pm to register to vote. Note: Recommended identification is your driver's license number.

Tuesday, September 20

Fall Story Time

Preschoolers (Ages 3-4) 10:00 -10:45 am

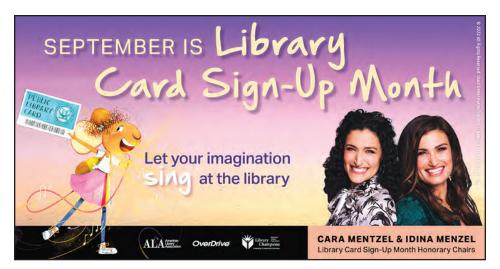
Toddlers (Age 18 months – 2 years) 11:00 – 11:45 am

Registration is required. To register please call 845-868-1341 or send an email to: stanfordlibrary@optonline.net

Wednesday, September 21 Meditation Class 10:00 am

In-Person (Masks Required) or via Zoom

Susan Olin-Dabrowski, BS, CHT, Certified Consulting Hypnotist, and Reiki Master Teacher will lead this one



## Hyde Park Library upcoming events

Story Times Resume

Mother Goose Story Time followed by Stay and Play

Mondays starting September 12 at 9:30am

Early literacy program for babies through 36 months. Songs, Rhymes, Stories, Movement & Activities!

Pre K Discovery Time with Mrs. B Tuesdays starting September 13 at 10:30am

Stories, activities and crafts for Pre-Kindergarteners. Featuring science, nature and art themes!

Banned Books Week Facebook Live Streaming Event

Saturday, September 17 at 3:00pm

Join us on our Facebook page as we celebrate Banned Books Week with Library Director, Jesse Chance! Local singer and songwriter, Pat Lamanna, will perform a related song and the library's display will be revealed. A link to this event will be on the library's website.

Author Visit: Barbara Hobens, author of Most Successful Fraud in History: William Shakespeare

Thursday, September 22 at 6:00pm

Everyone knows who William Shakespeare is, but Hyde Park resident and Town of Hyde Park Historian (201618) Barbara Hobens denounces him as the writer of the plays, sonnets, and of anything attributed to him. She offers evidence and food for thought about how Edward de Vere, the 17th Earl of Oxford and member of the House of Lords based his writing on his life experiences, interests, extensive education, friendship with and access to Queen Elizabeth's Court, and his travels to Italy.

Murder Cafe Presents: Murder at the Speakeasy

Saturday, September 24 from 6:00-9:00pm

Buy your tickets at the library for a Roaring Twenties themed murder/mystery dinner at Coppola's in Hyde Park. This event is sponsored by the Friend's of the Hyde Park Library. Come in 1920s era clothing- Gangsters and Flappers!

Computer/Cellphone Individual Lessons with Roger Gill

Wednesdays from 1:00pm - 4:00pm Need help using a computer or your

cellphone? Schedule a 1 hour appointment with Roger!

You can reach the Hyde Park Library by calling 845-229-7791. We are located on 2 Main St., Hyde Park, NY 12538. Visit us on our website at hydeparkfreeli brary.org.



Only the first Friday of each month is hybrid and free, \$12 per class on other Fridays. Please bring exact amount of cash. Class size is limited to 10Registration is required each weekOne time waiver form must be filled out prior to your first classBring your own yoga mat and any other props you like to use.

Bridge

Mondays 1:30 pm - 3:30 pm

If you are a beginner or an experienced player looking for a partner or just curious about the games, this is for you.

Water Color Workshop

First, Third and Fifth Tuesday of each month 1:00 pm - 4:00 pm

**Beginners Welcome!** 

Individuals can bring an image or work from a smart phone to paint in class or choose from ones provided.

Learn how to use this medium to express your creativity with the technique that benefits you the best, wet on wet, layering, dry brush or very detailed.

Supplies are not provided; a list of

hour monthly meditation program.

First timers and experienced meditators are welcome!

Link sent upon registration. Headset or earbuds recommended.

Registration required stanfordlibrary@optonline.net

Wednesday, September 28 and 29

After School Stories and Crafts 4:00-5:00 pm

September 28 will be for Pre-K – 1st grade students

September 29 will be for 2nd- 5th grade students

Both programs will also feature a sneak peek at some of the exciting things your library has planned this year thanks to Dutchess County and their Learn, Play, Create Grant. From Keva blocks to Rubik's Cubes, and Sphero robots to Ozobots we have lots of exciting programs planned for this year!Space is limited for each of these programs. Registration required. stanfordli brary@optonline.net or 845-868-1341.



## Dutchess County expands substance use and mental health support services

#### **Opioid settlement dollars** to fund innovative new programs & facilities

Dutchess County Executive Marc Molinaro is directing \$1.95 million received as the first installment of the Opioid Manufacturers Settlement to launch several new opioid use and mental health treatment, recovery and prevention efforts including:

 Law Enforcement Assisted Diversion (LEAD) - an evidence-based program of street outreach designed to reach individuals with unmet behavioral health needs who have not connected with traditional health and human services and often wind up in a criminal justice system cycle through a variety of violations such as drug use, public intoxication, or nuisance calls. Case managers "without walls" will work connect with individuals "where they are" to build rapport and trust to help them begin to get the services they need, such as emergency shelter, housing, treatment, employment, etc.

• Empowerment Center – a walk-in, accessible center where individuals at any stage of their recovery journey can go for support from Recovery Coaches and others with lived experience.

• St. Joseph's Addiction Treatment & Recovery Center - residential treatment services provided over an extended period of six to nine months, to help address the critical need of long-term treatment services

#### Law Enforcement Assisted Diversion (LEAD)

Dutchess County Department of Behavioral & Community Health is launching the LEAD initiative, an evidence-based program designed to reach people with complex, unmet behavioral health needs who have not sought help and in turn are at risk for law violations and repeated ticketing or arrest for lowlevel offenses. Many of these individuals are homeless and have been, for a variety of reasons, have been reluctant to utilize traditional health and human services such as emergency shelter housing, addiction treatment, temporary benefit assistance or other services.

The LEAD program works in conjunction with law enforcement. Law enforcement officers participate in additional mental health and harm reduction training and have the discretion at point of contact to divert individuals to the LEAD program, rather than arrest or ticket them. A case manager will be assigned to the individual, who will connect with the per-

#### son where they are and work with them to develop an individual intervention plan, which could include assistance with identification, transitional and permanent housing, treatment, education, job training and placement, or childcare. Case managers will assist them in overcoming obstacles that may have prevented them from getting help previously – whether it was lack of access, financial constraints or behavioral health issues. Case managers will assigned to a limited number of cases to be able to maintain continued contact and care follow-up - helping each person to access support and resources as they are ready.

\$343,000 in opioid settlement funds will be utilized for initial staffing and law enforcement training for the LEAD program. DBCH will partner with People USA, a peer-run, mental-health nonprofit, who will provide staffing for the LEAD program. Additionally, a newly approved Alternative Incarceration Worker position in DCBH will oversee the project.

Other organizations initially involved in LEAD include:

• Dutchess County Public Defender's Office;

• Dutchess County District Attorney's Office;

• Dutchess County Probation;

• City of Poughkeepsie Police Department;

 Mental Health America of Dutchess County; as well as other

· community provider agencies including Sun River Health and Hudson Valley Community Services; and grassroots organizations including Hope not Handcuffs.

#### **Empowerment Center**

Dutchess County DBCH has established an Empowerment Center to provide support for those battling opioid use and other substance use disorders. The Empowerment Center is a walk-in resource staffed by recovery coaches individuals with lived experiences who offer a uniquely empathic and knowledgeable approach to helping their peers. The Empowerment Center is designed to provide support in a flexible way, without barriers such as paperwork or insurance requirements. It is a drop-in where individuals at any stage of their recovery can stop by for support and conversation with others who are also on their recovery journey. They provide individualized support, recovery and wellness planning, connection to local resources, harm reduction supplies and community building for those dealing with substance use disorder. The Empowerment Center is currently operating at DBCH's 230 North Road campus and recovery coaches are available from 9am to 5m Monday

meetings and educational forums. People can go to the Empowerment Center as often as they need to for support, even if it is every day. \$107,000 in opioid settlement funds will be used for initial rent and start-up costs for the new location.

#### Treatment & Recovery Center Housing

Dutchess County will utilize \$1.5 million to create a multi-bed in-patient long term treatment center for individuals with substance use disorder and co-occurring mental health challenges in partnership with St. Joseph's Addiction Treatment & Recovery Center. Long-term treatment, approximately six to nine months, is not readily available in the region and this new facility will address this critical need.

Recovery houses, like St. Joseph's Addiction Treatment & Recovery Center, are safe, healthy, family-like, substancefree living environments that support individuals in recovery from addiction. Recovery housing reinforces a substancefree lifestyle with peer support and direct connections services that promote longterm recovery.

St. Joseph's currently operates five other locations in upstate New York. The new residential Treatment and Recovery Center will be located in the City of Poughkeepsie at the former Catharine Street Community Center property and is expected to open in late 2023.

The \$1.95 million is the first installment of opioid settlement dollars that Dutchess County anticipates receiving following settlement with the "Big Three" opioid manufactures - McKesson, Cardinal Health and AmerisourceBergen - for those companies role in helping to fuel the national opioid epidemic. Dutchess County may receive as much as \$11.5 million in the coming years as part of the settlement.

The Dutchess County Legislature voted unanimously to amend the county budget to utilize the \$1.95 million to fund the LEAD program, Empowerment Center and St. Joseph's Treatment and Recovery Center at their August board meeting last week.

These new initiatives are part of the Dutchess County's ongoing efforts to provide a continuum of care with varied resources to help those dealing with substance use issues and/or mental health disorders. Dutchess County has been a pioneer in mental health access, investing in critical resources including the 988 HELPLINE 24/7 mental health crisis line, the Stabilization Center as well as programs such as the Partial Hospital and Intensive Treatment Alternatives Program (ITAP), among others. Dutchess County has also recently partnered with Westchester Medical Center Health Network for the creation of a Behavioral Health Center of Excellence at MidHudson Regional Hospital, with an investment of \$3 million to add new inpatient behavioral health beds to the hospital. More information on mental health services in Dutchess County is available at dutchessny.gov/Departments/ DBCH/Mental-Health-Services

## Millbrook Library events

September 17th @ 4pm

Art Opening Reception with K. Velis Turan

Wine and light refreshments will be served. Come learn about the work, walk through the gallery, and mingle with the community.

September 20th @ 5 pm

What's Your Story? Write It, Learn It, Tell It

In this interactive "playshop," we'll explore techniques that lead to highly effective storytelling. Through the fusion of imagination and structure, you'll discover ways to shape your story, commit it to memory, and deliver it with confidence. Overcome any fear of public speaking and make a positive impression on audiences in your work, school, or personal life. Free and open to the public; great for teens and adults!

September 21st @ 6pm Open Mic Night

Come with any writing -- poetry, short story, essay, creative nonfiction, manifesto, screed, or even a guitar and song.

achy joints. This class will include acupressure self-massage techniques (acupuncture evolved from Qigong) and a bit of history about Qigong's roots in Taoism.

September 27th @ 3pm

Navigating the Internet for Medicare With open enrollment on the horizon, Lenke Ganz from the Dutchess Office of Aging will be coming to the library to teach a free course on how to navigate the ins and outs of signing up for Medicare on the internet. It's a confusing process, but with a little bit of training, you can streamline getting your insurance set up online. This is part one of a two-part series, so join us on October 18th at 3 pm to review Medicare insurance options during the open enrollment window.

Dutchess Office of Aging is not affiliated with any insurance company and will help you find the most beneficial plan for your needs.

#### September 28th @ 6pm Game Night

All-ages game night. We will provide board games, card games, and video games for you to play with your neighbors! Feel free to bring your favorite game to play with others. Pizza and snacks will be provided.

Or just come to listen. There will be a chance to sign up at the event, but readers will read on a first-come basis.

September 22nd @ 6pm Movie Night - Vera Drake

British period drama set in London in the 1950s. Vera is a working-class woman who, unbeknownst to her family, secretly performs abortions for women in need. Directed by Mike Leigh and starring Imelda Staunton, this timely film won three BAFTA awards and was nominated for numerous Academy Awards.

September 23rd @ 10am Qigong with Cris Caivano Qigong ("chee-gung") is a Chinese mind-body exercise system proven to lower blood pressure, build strength, improve balance and flexibility, and transform stress into energy. Its pleasant, easy-to-learn movements are similar to Yoga but more circular and flowing--great for returning mobility to stiff or

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September 30th @ 4pm MillBook Club - Malibu Rising

We're clinging on to summer for just a little longer with this novel by Taylor Jenkins Reid, best known for writing the widely popular book The Seven Husbands of Evelyn Hugo. In Malibu Rising, four famous siblings throw an epic party to celebrate the end of the summer. But over twenty-four hours, their lives will change forever. Read this engaging novel throughout the month and come meet with us for an hour-long discussion. Newcomers are welcome.

Millbrook Library is at 3 Friendly Lane in Millbrook. Visit www.millbrook library.org for more information.

through Friday.

The Empowerment Center will soon relocate to a permanent location on Main Street in the City of Poughkeepsie near the train station, with opioid settlement funds being utilized to establish the new, easily accessible site. The new site will offer extended hours as well as weekend availability, including support group

#### LOOK FOR THAT'S ITALIAN! IN NEXT WEEK'S ISSUE

Luigi Coppola shares stories and recipes.



#### Legal Notices

LEGAL NOTICE PLEASE TAKE NOTICE THAT I, THE UNDERSIGNED Receiver of Taxes of the Wappingers Central School District, Town of Fishkill in Dutchess County, have duly received the Tax Roll and Warrant for the CollectionofTaxesforthe Wappingers Central School District for the School Year July 1, 2022 through June 30, 2023, will attend (only for the collection of taxes for the above Town) at Town Hall. 807 Route 52. Fishkill, 12524 from NY September 12, 2022 through November 1, Monday 2022, through Friday from 9:00 ÅM until 1:30 PM and 2:00 PM until 3:30 PM for the purpose of receiving Taxes Assessed upon such rolls. Checks or money order is to be made payable to Katherine Buneta, Receiver of Taxes. No payment will be received Saturdays, Sundays, or on legal holidays. Tax office information may be obtained by calling (845) 831-7800 ext. 3338.

#### Legal Notices

Tax Rate for District per \$1,000 Assessed Value Homestead Non-Homestead TAKE FURTHER **NOTICE:** Taxes may be paid on or before October 11, 2022 without penalty. On all remaining such unpaid taxes after said October 11, 2022, two (2) percent will be added through November 1, 2022, at which time the unpaid school taxes will be turned over to the Dutchess County Commissioner of Finance, Poughkeepsie, NY, to be re-levied on the 2023 land tax bills with an added seven (7) percent. Dated: September 6, 2022 Signed: Katherine Buneta Receiver of Taxes

#### **REQUEST FOR** BIDS NOTICE

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed bids for: Bid #RFB-DCP-59-22 Replacement Parts for Dutchess County Legal Notices

Public Transit Heavy-**Duty Vehicles** Bids will be received until 2:00 p.m. on the 27th day of September 2022 at the County Dutchess Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601. Specifications and bid forms may be obtained by visiting our web site http://www.dutchess ny.gov , selecting Government□, then selecting Bidding and RFP Opportunities . Foradditionalinformation, call (845)

> **REQUEST FOR** BIDS NOTICE

486-3613.

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed bids for: Bid #RFB-DCP-60-22 International OEM Replacement Parts for Dutchess County Transit Public Vehicles Bids will be received until 2:00 p.m. on the 28th day of September 2022 at the

#### Legal Notices

Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601. Specifications and bid forms may be obtained by visiting our web site http://www.dutchess ny.gov , selecting Government□, then selecting Bidding and RFP Opportunities . Foradditionalinformation, call (845) 486-3613.

#### **REQUEST FOR** PROPOSAL NOTICE

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York. hereby invites the submission of sealed proposals for: Bid #RFP-DCP-61-22 The Youth Opportunity Union (YOU) Fundraising Feasibility Study Proposals will be received until 2:00 p.m.onthe28thdayof September 2022 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, New York 12601. Specifi-

Legal Notices site our web http://www.dutchess ny.gov , selecting □Government□, then selecting Didding and RFP Opportuni-

information,

(845) 486-3613.



NOTICE OF 2022 SCHOOL TAX COLLECTION WAPPINGERS CENTRAL SCHOOL DISTRICT

TOWN OF WAPPINGER, DUTCHESS COUNTY, NEW YORK NOTICE IS HEREBY GIVEN that I, Lee Anne Freno, the undersigned Receiver of Taxes for the Town of Wappinger, County of Dutchess and State of New York, have duly received the Tax Roll and Warrant for the collection of taxes for the Wappingers Central School District, Town of Wappinger, for the school year July 1, 2022 through June 30, 2023.

PLEASE TAKE NOTICE, and that I will attend at 20 Middlebush Road, in the said Town of Wappinger from 8:30 a.m. until 4:00 p.m. on each day, excepting Saturdays, Sunday and holidays for the purpose of receiving the taxes listed on said roll.

PLEASE TAKE FURTHER NOTICE that taxes may be paid in person, online or by mail. Check or money order is to be made out to Lee A. Freno, Receiver of Taxes.

PLEASE TAKE FURTHER NOTICE that payment may be made any time from the receipt of bill to October 11, 2022 without penalty. Payments made October 12, 2022 through November 1, 2022 will incur a two percent (2%) penalty. PLEASE TAKE FURTHER NOTICE, that pursuant to the

provisions of law, no payments will be accepted at this office after November 1, 2022. After November 1, 2022 the tax roll of the Wappingers Central School District for the Town of Wappinger will be returned to the DutchessCountyCommissionerofFinance,tobere-leviedontothe2023 Town of Wappinger Town and County tax bill with seven percent interest (7%).

Information may be obtained by calling the tax office at (845)297-4342 or by visiting the Town s website at townofwappingerny.gov. Dated: September 9, 2022 Signed: Lee Anne Freno,

ReceiverofTaxes, TownofWappinger

## **OBITUARIES**

cations and proposal

obtained by visiting

may

be

forms

#### Mildred R. Davis

POUGHQUAQ - Mildred R. Davis, 73, a lifelong area resident, died on September 5, 2022 at Vassar Brothers Medical Center. Born on July 4, 1949 in Poughkeepsie, Mildred was the daughter of the late Gordon and Linda (Ellison) Baker. She worked alongside her family in their business for many years. Mildred will be remembered by her family and friends as giving and loving person who always put the needs of others before hers. She especially loved her family, and enjoyed spending time with her grandchildren. Mildred is survived by her husband of 56 years, Edward R. Davis; her children, Denise Davis Kraus and her husband Bobby and Brent Davis and his wife Kelly; her grandchildren, Riley, Luke, Brett, and Ryan; her sisters, Linda Verdon and Wanda Gee and her husband Keith; her sisters-in-law, Cheryl Kroll and her husband Richard, Lisa Davis, and Debbie Davis; her brother-in-law, Ronnie "Skip" Davis and his wife Rania; and many nieces and nephews. In addition to her parents, Mildred was also predeceased by her siblings, Homer "Pokey" Baker, Bobby Baker, and Jackie Verdon. Calling hours will be held on Friday from 5 - 8 pm at the McHoul Funeral Home, Inc., 895 Route 82, Hopewell Junction followed by a funeral service at 8 pm. Burial will be private. Since Mildred loved all animals, donations may be made in her memory to the Dutchess County SPCA. Please visit her Book of Memories at www.mchoulfuneralhome.com.

a Youth and Lay Leader at the Poughquag United Methodist Church. Maja loved to scrapbook; spend time in the sun and at the beach; and spend time with her family. Most importantly, Maja touched the lives of everyone with whom she came in contact. Maja is survived by her beloved husband Jonathan Field; her son Alexander Field and his wife Maggie of Red Hook, NY; her daughter CiCi Olmedo and her husband Michael of Poughquag, NY; her granddaughters Olivia and Camila Antonio-Nunez of Poughquag, NY; her brother Christian Wasserbach and his wife Lisa of Saugerties, NY; her brother Bruno Wasserbach of Saugerties, NY; and her sister Diane Rinaldi of Catskill, NY; her mother-in-law Geri and father-in-law Richard of Inverness, FL, and her niece Aynslie Wasserbach of Albany, NY. She was predeceased by her parents Rudy and Anna Wasserbach, and her uncle Bruno Magnus. A funeral service was held on Saturday, September 10, 2022 at the Poughquag United Methodist Church, 21 Church St. Poughquag NY 12570. Donations may be made in Maja's

September 11, 2022 at the Timothy P. Doyle Funeral Home, 371 Hooker Ave., Poughkeepsie, New York 12603. Funeral Services were held at the Funeral Home. Entombment followed at Poughkeepsie Rural Cemetery If you would like to leave an online condolence, please visit our website at www.doylefuneralhome.com

#### Margaret Q. Tashman

LAGRANGE - Margaret Q. Tashman 80 of the Town of Lagrange passed away on Tuesday September 6, 2022 at home surrounded by her family. Margaret was born in Salt Jordan on April 30, 1942 she was the daughter of Abraham and Mary Sayegh Qaqish. Margaret has been a local resident since 1971 and is a member of St. James Antiochian Church. In 1972 Margaret married Alex Tashman, he predeceased her on August 23, 2016. Margaret is survived by her children

Nicholas Tashman and his wife Raeda if St. Louis, Diana Sahawneh and her husband Rami of Hyde Park, George Tashman and his wife Kate of Lagrange, and Joseph Tashman of Yonkers., 3 grandchildren Zaid, Saif, Amir and her two sisters Suad Azeizat if Yonkers and Wedad Qaqish of Jordan. Margaret was predeceased by Jarees Qaqish and Elissa Qaqish. Visitation was held Thursday, September 8, 2022 from 5pm topm at St James Antiochian Church, Violet Ave., Poughkeepsie New York 12601. Funeral Services were held on Friday September 9, 2022 at the Church. Burial followed at St. Peter's Cemetery. Funeral arrangements will be handled by the Timothy P. Doyle Funeral Home 371 Hooker Ave. Poughkeepsie New York. If you would like to leave an online condolence, please visit our website at www.doylefuneralhome.com

### **Attention: Business Owners**

#### Maja Lisa Field

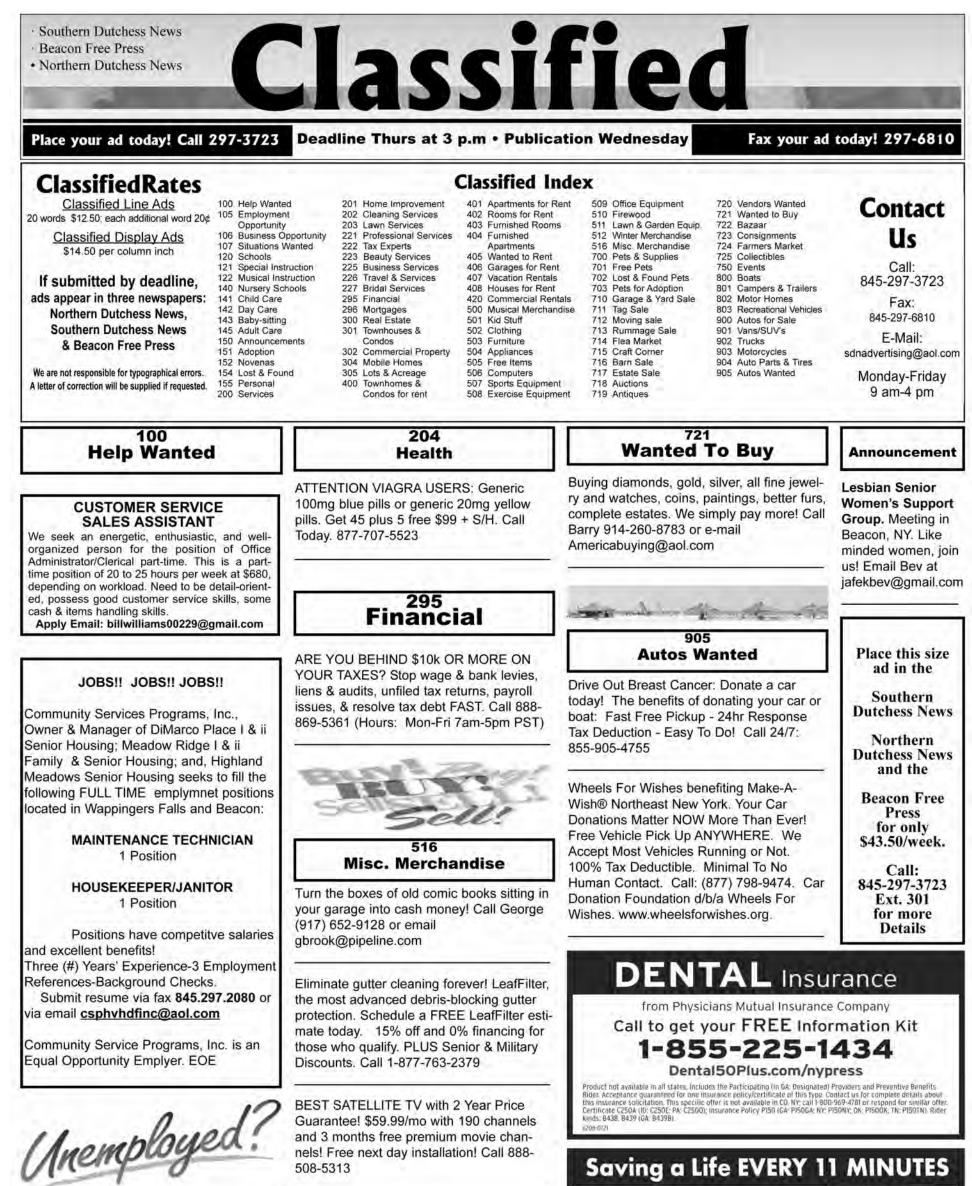
POUGHQUAG - Maja Lisa Field, 58, passed away on September 6, 2022 at home surrounded by her loving family. Maja was born in Kingston, NY on March 17, 1964 to parents Rudy and Anna (Magnus) Wasserbach. On October 5, 1985, she married the love of her life Jonathan Austin Field at Blue Mountain Reformed Church in Saugerties, NY. Maja ran a daycare from her home for a number of years, and then spent 18 years working as a Teacher's Assistant at Union Vale Middle School in Unionvale, NY, having an immense impact on the kids she cared for and taught. She was an Elder at the Fishkill Reformed Church, and then was both

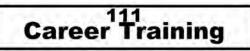
memory to the Poughquag United Methodist Church. Please visit her Book of Memories at www.mchoulfuneralhome.com.

#### Cynthia G. Kasnia

SALT POINT - Cynthia G. Kasnia, 53, of Salt Point Turnpike passed away on Monday, September 5, 2022 at Mid-Hudson Regional Hospital. Cynthia was born on January 5. 1969 in Blankenheim Germany, she was the daughter of Richard J. and Dolores Beekman Kasnia. Cynthia was a local resident since 1983 attending FDR High School, SUNY Albany, Marist College for her Master and Pace School of Law for her law degree. Cynthia was barred in 1964 and began her carrier as an assistant Attorney General for the region under Dennis Vacco. Cynthia eventually started her own practice, Kasnia Law PLLC in Poughkeepsie. Cynthia was married to Edward Herman in 2006 but sorrowfully he predeceased her in September 2012. Cynthia is survived by her parents of Rhinebeck and her two children Kaylani and Trayse Kasnia-Herman of Rhinebeck and her brother Richard J. Kasnia Jr and his wife Leah of Armonk. Calling Hours were held Sunday,







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## GOLDEN LIVING

#### GETTING YOUR MEDICARE KNOWLEDGE IN ORDER FOR 2023

The annual Medicare open enrollment season, October 15th to December 7th, is on its way. While it's often likely that your current coverage will continue working for you in 2023, remember that both Medicare and private insurance plans often alter what's covered from year to year.

It's essential to make any adjustments during the open enrollment period. It's the only time of year most Medicare beneficiaries can do that. If you're not yet retired, and just entering Medicare eligibility, you could have questions about how Medicare can best complement your existing insurance.

The jargon describing coverage can be a bit much, even for those who are trained in the field, especially when so much of it appears in fine print.

We can help you understand that fine print.

The Office for the Aging provides volunteer counselors from HIICAP – the Health Insurance Information, Counseling and Assistance Program, who can help you with free, unbiased, confidential assistance on Medicare, Medigap policies, Medicaid, Medicare Advantage plans, and other forms of insurance.

What can you expect in a HIICAP counseling session? The process includes a complete review of an individual's current and anticipated medical and prescription drug coverage needs. HIICAP staff and volunteers are not associated with any insurance company, and do not sell insurance products.

#### EXTRA OFA MEDICARE CLASSES THIS FALL

OFA offers "Medicare 101" classes yearround, on the fourth Monday of every month, at the Pavilion at Brookmeade (34 Brookmeade Dr., Rhinebeck, just off Route 308); and on the third Wednesday of every month, at the Poughkeepsie Galleria Community Room. For Medicare's annual Open Enrollment seasons, October 15th to December 7th, we've added many more classes around the county. You can find up-to-date schedules at www.dutchessny.gov/Calendar-Page.htm. For libraries that offer online class registration, the calendar page will provide the appropriate links.

Space is limited at all OFA Medicare classes, so registration is required. Those who wish to register by phone can call OFA during business hours at 845-486-2555, unless otherwise indicated.

For the first time, OFA is also offering Medicare classes in Spanish, both at Adriance Memorial Library (93 Market St., Poughkeepsie).

• Thursday, September 29, 9 am -Navigating the Medicare Website / Navegando el sitio web de Medicare

• Thursday, October 27, 9:30 am - Open Enrollment / Apertura de inscripciones de Medicare

To register by phone for all classes at Adriance and/or Boardman Road, call 845-485-3445; use extension 3380 for Englishlanguage classes and extension 3321 for Spanish-language classes.

Subscribe to OFA email alerts and you'll find out about each Medicare class when it's announced. To find out more, email bjones@dutchessny.gov. Those of you who aren't online won't be left out; we also publish Medicare class announcements in this column and in the upcoming OFA Medicare Spotlight, coming at month's end.

#### CLERICAL AND "GOLDEN GATHERING" VOLUNTEERS WANTED

OFA is busy this week preparing our Fall 2022 THRIVE60+ newsletter for mailing, and volunteers are welcome to join the effort, at OFA headquarters in the City of Poughkeepsie. Contact OFA Outreach Coordinator Brian Jones at bjones@dutchess-ny.gov or 845-486-2544 for details on availability. OFA is also participating in the Drive-Thru "Golden Gathering" on Saturday, September 24th, along with New York State

Senator Sue Serino. The senator's office is looking for assistance during the week leading up to the Golden Gathering, in assembling about a thousand goodie bags for the older adults who have registered to participate.

And if you can handle being on your feet outdoors for a few hours, we're also looking for volunteer assistance at the Golden Gathering itself. If you're available to help on the morning of Saturday, September 24th, contact OFA

Outreach Coordinator Brian Jones at bjones@dutchessny.gov or 845-486-2544 for details. Older adults looking for information on registering for seasonal flu vaccinations at the Golden Gathering can call 914-962-2624. Leave a message and a representative from Serino's office will return your call.

#### BIG BAND BENEFIT IN RED HOOK (Saturday 10/1)

VFW Post 7765 in Red Hook is hosting a benefit musical tribute to WWII and Korean War era veterans at 4 p.m. on Saturday, October 1st at the new auditorium at Red Hook High School (103 W. Market St.), with "The Gene Krupa Story," a multimedia big band swing show that's been performed at venues worldwide. Proceeds beyond event expenses will be earmarked for a new event hall kitchen for the VFW post, located at 30 Elizabeth St.

For information on ticket prices and more, visit www.vfw7765.org/bigbandbenefit, or call the Red Hook VFW at 845-758-6212.

#### FALLS PREVENTION WEEK SEPTEMBER 19-23

Fall begins on Thursday, September 22nd, and the first day of fall coincides every year with Falls Prevention Week. This year that's the week of September 19th – 23rd. In Dutchess County, Mid Hudson Valley Fall Prevention Week is hosted by the Office for the Aging along with New York State Senator Sue Serino, Lower Hudson Valley Fall Prevention Network, and the Vassar Brothers Medical Center Trauma Department. OFA is participating in three falls prevention week events this year. Contact OFA to sign up for any of the following:

Monday, September 19th, 11 a.m. – Freedom Park, 212 Skidmore Rd., LaGrange Tuesday, September 20th, 1 p.m. – Boyce

Park, 6420 NY 55, Wingdale Thursday, September 22nd, 1 p.m. – Lions

Club Pavilion, 101 Stissing Ave., Pine Plains Visit www.facebook.com/lhvfallprevention for a full calendar of events.

A very small number of spaces remain in the "A Matter of Balance" classes beginning this month. Classes meet once a week for eight weeks. Walk-ins cannot be accepted, so class participants will be informed of class venues and times once their registration is complete.

Can't make an eight-week commitment right now? OFA Exercise classes are available year-round and countywide, with volunteer instructors welcome – training is provided. Contact OFA to find out more; look at www.dutchessny.gov/seniorexercise for a look at the full range of what's available to help older adults stay active.

#### OFA PUBLIC COMMENT FORUMS

OFA's annual Public Comment Forums have returns in in-person form for 2022. While you can contact OFA at any time with your questions and concerns, the Public Comment Forums are unique opportunities to speak directly to OFA leadership and members of the OFA Advisory Board, at the following dates and locations:

Tuesday, October 4, 10:30 am OFA Friendship Center 114 Delafield St., Poughkeepsie

Friday, October 7, 10:30 am Beekman Recreation Park Community Center 29 Recreation Center Rd., Poughquag

If you are unable to attend either Public Comment Forum, you can mail written comments to the Dutchess County Office for the Aging, 114 Delafield St, Poughkeepsie, NY 12601.



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