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Cherry tree to be dedicated to Eleanor Roosevelt

By Barbara Hobens

The public is invited to honor Eleanor Roosevelt on her 140th birthday on Friday, Oct. 11, at 11 a.m., at the Town of Hyde Park's Town Hall, 4383 Albany Post Road, between Main and West Market Streets.

An historic cherry tree cultivar will be planted and dedicated in her honor as the longest serving First Lady and beloved resident of the Town of Hyde Park.



Eleanor Roosevelt, the 'First Lady' of Hyde Park. *Courtesy photo*

Tea and cookies from Cranberry's at Tilley Hall will follow the ceremony; please RSVP to Cecelia Coppola at (845) 229-5111, ext. 104.

Eleanor Roosevelt was born in Manhattan in 1884. She married Franklin Delano Roosevelt and moved to Hyde Park in 1905 into Springwood, his mother's house where he was born. Although Eleanor Roosevelt is known for her love of violets grown here in Dutchess County (she had them shipped weekly to The White House) she also enjoyed cherry trees.

As First Lady from 1933-1945, Eleanor initiated the first Cherry Blossom Festival in Washington D.C. on April 19, 1934. She invited a

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Haunted Fortress of Stanford is spooky, scary & all-volunteer

By Curtis Schmidt

Greg Arent calls it "the best free mental therapy ever." He's talking about the countless unpaid hours he and his team of volunteers spend preparing for and presenting performances at the famed Haunted Fortress of the Town of Stanford Recreation Department.

Performances are running on weekends through the end of October. Visit townofstanford.org/advisory-committees/hauntedfortress/ for times and to register.

Arent, the director, has been building theatre sets for small community theatres and high school musical productions since 1985 and leads the enthusiastic cast of volunteers. They handle everything from acting out the parts of "creepy, scary and funny creatures" to sound, lighting/electric, costumes, carpentry/painting, makeup, decoration and much more.

The Haunted Fortress is definitely about an authentic scary, yet wholesome and entertaining experience, but it's so much more. It's truly a labor of love and a community and family event with preparations taking place on a year-round basis.

Arent and his crew have stayed true to the ideas and visions of the late artist Peter Wing, who built the original Haunted Fortress with many repurposed materials back in 1997.

"The structures still remain and we rebuild if needed while keeping the original detail," said Arent. "We repurpose a lot of old items as props or facades on structures. Nothing says creepy and



Pirate Teddy Secor enjoys a drink with a skeletal friend prior to a performance at the Haunted Fortress, an annual Town of Stanford Recreation Department event. Logan Chapman performs as "Juggles" the clown. *Photos by Curtis Schmidt*

spooky like old, broken, rusty items."

So, how many volunteers are helping out and what are they doing?

"Wow. There is so much," said Arent. "The Fortress performances are theatre. So everything that goes into a performance at a theatre, we also do. Budgeting, procurement, costumes, design, electric, carpentry, mason, makeup, painting, marketing (written, oral, social media),

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St. James' Graveyard Tours showcase history by lantern-light

By Kate Goldsmith



St. James' Historic Graveyard Tours offer a chance to meet "residents" of the graveyard, including Gladys Mills Phipps, a legend in horse-racing. *Photo courtesy Keeneland Library Cook Collection*

Returning for the 14th season, St. James' Historic Graveyard Tours offer a fun learning experience by lantern light on Friday and Saturday evenings through Oct. 27 at St. James' Episcopal Church in Hyde Park. Led by a trained guide, tourgoers will walk through the cemetery (which is over 200 years old) and meet seven "residents" at six different locations.

The tours are produced and directed with the help of theater professionals.

This year's apparitions include: Gladys Mills Phipps (1883-1970) was a thoroughbred racehorse owner and breeder who began the Phipps family dynasty in American horse racing. She was known as the "first lady of the turf." She was also an avid ice skater and an

excellent golfer. She won a number of tournaments, including a match play championship at the Newport, Rhode Island, golf course in which she beat her male counterparts. She was, however, first and foremost a lover of horses and bred, among others, the famed Bold Ruler and Secretariat.

Engineer Archibald Rogers (1852-1928) apprenticed with distant cousins who had established the Rogers Locomotive Works in Paterson, New Jersey. During the course of his career, he built several railroads. In 1880, at New York City, he married Anne Caroline Coleman. They initially went with his work to Milwaukee, but by 1882 were living at Drayton House in Hyde Park near the Pendleton family's (Archibald's

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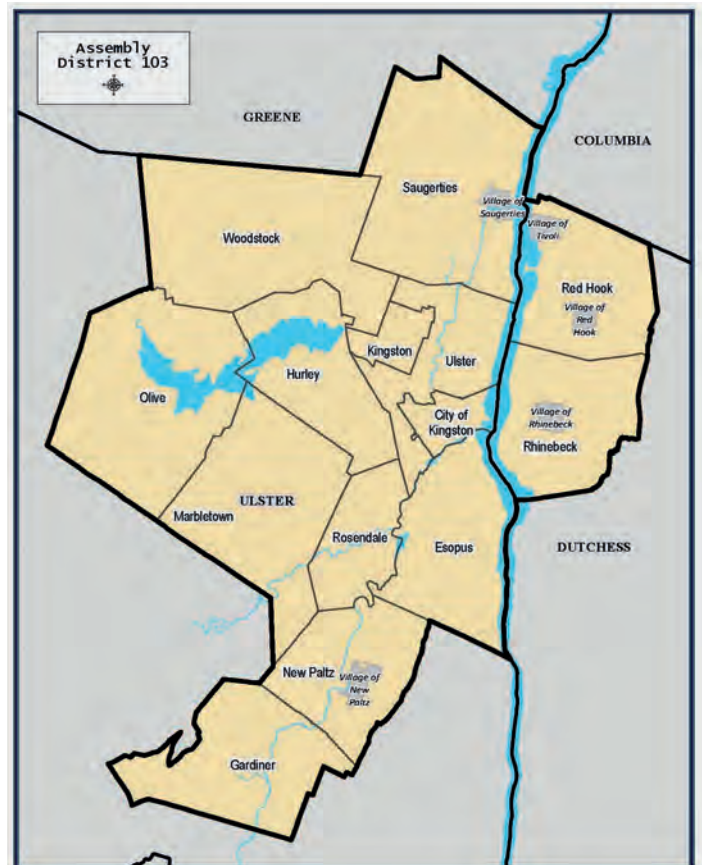


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Political Advertisement Paid for by Jack Hayes for the People Committee

Haunted Fortress of Stanford is spooky, scary and all-volunteer

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sound, Fire Department and insurance inspections, lighting, decorating, management of volunteers, etc. Any person can help.”

Working with the volunteers is all about teaching. “We teach anyone that shows up and is willing to learn,” he said. “You do not have to show up with talents or skills, we will teach and show you how to do things.”

He recalls a recent experience. “During one of our decorating days, a mother and her three children arrived. After I showed them around, I asked if they wanted to decorate the graveyard. After they happily stated ‘YES!’, I showed them where all the props were. I told them to decorate as they thought a graveyard would look like. It was their scene for the year.”

For actors young and old, they provide suggestive dialog for each scene, whether someone is a zombie or vampire or a mortician or a slightly deranged psychic. Arent also gives a nightly speech or pep talk before sending everyone to their places.

“I tell the actors that tonight, the scene they are in is ‘their scene.’ If their dialog and acting works, keep it up. But do not hesitate to try something new. If it doesn’t work, try again. I remind them that silence is creepy! All they have to do is stay in character, don’t look in the guest’s eyes, look at their shoulders, and walk around them slowly. This works great for the smaller kids.”

Volunteers handling other key areas include the following.

- Esther Evans leads costumes. Validating characters in a scene can be easily costumed. She orders fabrics, goes to second-hand stores, acquires character props, sews costumes for different size individuals, distributes costumes and handles cleaning and maintenance of costumes.

- Christine Solazzo leads makeup. She determines what colors are needed for each type of character. A zombie is very different from a corpse bride. She also trains others on makeup techniques. She applies makeup to actors after they get in costume.

- Arent himself handles sound for 13 areas. He mixes sounds into a single 10-20 minute file. For example, the Pirate Ship consists of small waves lapping on a shore, a market place murmuring of people, a church bell that chimes after five minutes, and a random assortment of seagulls, chickens, barking dogs, a sword fight, a drunken brawl and a wandering minstrel - all the things you would hear at a dock where a pirate ship might be docked.

The real key to all of this is that the Haunted Fortress doesn’t “just happen” each October. It’s a year-round effort.

“Everyone is a volunteer and the community is invited to our months of meetings, volunteer maintenance events, decorating days, and of course our nightly events in October,” said Arent. “In the winter months, we collaborate to determine what each scene will entail, what maintenance projects we need to focus on. In spring, we start straightening up and assess what damage Mother Nature added to our list. During the summer, we focus on those maintenance tasks and building new props. In September, we decorate the scenes, set up lights, sounds and the Boo Barn for our October performances.”

The Boo Barn is the old Highway Department garage, which serves as headquarters. This is where they stage scenes, build and assemble during the off season. In October, it’s where actors sign in, food is served, costumes are handed out, and makeup is applied.

The Fortress staff even provides Sensory Friendly event during daylight hours.

“This started years ago, but we really started marketing it in the past couple years,” said Arent. “I believe Halloween



season is about candy, dressing up, and visiting a haunted house. But not everyone can enjoy a full-blown haunted house performance. Sensory Friendly Events are guided during the day with a normal person. No creepy actors, no spooky sounds, no strobe lights. This allows everyone to see Peter Wing’s artistic creation during the day and brag to friends that they went to a haunted house.”

Top: The cast of volunteers at the Haunted Fortress in the Town of Stanford are ready for their opening night performance. Courtesy photo. Above left: A sign in the Boo Barn gets actors and design persons in the mood for the show. Right: Esther Evans is the “queen of costumes.” Photos by Curtis Schmidt

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988 SUICIDE & CRISIS LIFELINE IS LIVE

The first nationwide three-digit mental health crisis hotline is up and running. It is designed to be as easy to remember as 911, but when you dial 988, a dispatcher will connect callers with trained mental health counselors.

Dialing 988:

- Is a direct connection to compassionate, accessible support for anyone experiencing mental health related distress.

- Provides support: People may dial 988 if they are worried about a loved one who may need crisis support.

- Help for VETERANS: Veterans can press "1" after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

LETTERS TO THE EDITOR

NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News. Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

Reader recognizes Hinchey's commitment to first responders, improving lives of all

To the editor:

I am writing to express my strong support for New York State Senator Michelle Hinchey because of her record on healthcare and support for first responders. Senator Hinchey has consistently demonstrated a deep commitment to improving the lives of New Yorkers through her legislative efforts and advocacy.

As a father of a child with disabilities, it gives me great assurance our family has Michelle representing us and other families like ours in New York State. We have been through several emergency situations where we were lucky enough to receive the life-saving care first responders provided. Recognizing the critical role that first responders play in our communities, Michelle has championed legislation that directly addresses the challenges faced by first responders. She has championed bills that create new reimbursement sources for emergency medical services and expand the ability of ambulance services to administer life-saving blood transfusions that have been pivotal in enhancing emergency care. These measures not only improve immediate response capabilities, but also ensure that first responders have the necessary resources to continue their amazing work. I don't want to think where we would be without them.

Michelle has also been a staunch advocate for expanding healthcare access. She has helped lead the passage of multiple bills aimed at increasing healthcare availability, particularly in underserved and rural areas. This includes initiatives to address staff shortages in rural ambulance services. No person or family should be without the healthcare services they need because of where they live.

Like so many parents, I shoulder incredible responsibility to keep my child healthy, happy, and safe. I have had the misfortune to be in situations where I am unable to give my child the care they need. First responders, nurses, and doctors get called 'heroes' a lot, but when you see one breathe life back into your child in the middle of the night, you understand the heroes they really are. I think Michelle Hinchey gets this. Her dedication to healthcare and first responders is a testament to her leadership and vision. I wholeheartedly support her continued efforts and believe that her work will have a lasting positive impact on our state.

Jakob Cirell
Hyde Park

Pulver is best candidate for County Comptroller

To the editor:

Voters in Dutchess County have a clear choice this fall when considering the two candidates for Dutchess County Comptroller. Gregg Pulver is a farmer, former Pine Plains Town Supervisor, as well as a five-term county legislator who served as Chairman for six years. In that capacity, Pulver has worked with County Executives Molinaro and O'Neil on a day-to-day basis. The legislature is charged with reviewing all county expenditures that are proposed in the County Executive's annual budget.

His opponent, Dan Aymar-Blair, has no experience in county government. He has demonstrated his lack of knowledge by asserting that Dutchess County is a "fiscal mess" that requires his presence to straighten out.

If he bothered to check the facts, Mr. Aymar-Blair would discover that Dutchess County has the highest bond rating in the state at AA+. In addition, taxpayers of Dutchess County have enjoyed nine consecutive years of tax rate reductions, much of which is due to the leadership of Gregg Pulver. The current tax rate stands at the lowest it has been in forty years. Dutchess is also one of only ten counties in New York State that offers a sales tax exemption on clothing and footwear purchases under \$110.

Dutchess County's finances are well managed. The county holds 1-2 months of operating funds in unassigned fund balance, in line with our fiscal policies. Over the past three years, Dutchess County has used excess fund balance reserves to save interest and premium expenses by paying down debt and funding one-time capital projects with these monies instead of floating bonds.

I urge you to vote for Gregg Pulver who has contributed his talent and experience to our stable financial condition. It would be a mistake to support a candidate who at best, doesn't know

what is happening in county government, or at worst is willing to misrepresent the facts to garner votes.

Will Truitt
Chairman, Dutchess County Legislature
Hyde Park

Hinchey addresses financial needs

To the editor:

As we approach this year's election, nearly every poll rates the cost of living as one of voters' most important issues. The fallout from Covid, the shock to the global food and fuel markets resulting from the war in Ukraine, and price-gouging by opportunistic companies have all played their role in raising prices. And while many have also experienced increased wages over that same period, the fact remains: for all of us not in the top 5-10% of earners, affordability is, and will continue to be, a major concern heading into November 5th.

Much has been written about the economic plans (or lack thereof) of the candidates at the top of the ticket. But when it comes to pocketbook issues, our state officials have a much greater impact. Over the last four years, State Senator Michelle Hinchey has demonstrated her commitment to addressing the financial needs of her constituents by voting to cut middle-class taxes to their lowest in 70 years, putting an average of \$330 back into the pockets of Middle-Class families through the Child Tax Credit, and lowering homeowner repair costs through her RESTORE Program bill, expanding universal school meals, which helps parents save about \$150 per month per child in grocery costs. In addition, she has authored legislation that would expand the existing property tax exemption to include combat veterans previously excluded, prevent utility companies from charging customers for bills sent over two months late, and end the predatory practice of estimated billing.

On Election Day, residents of the Hudson Valley should reward Senator Hinchey for this good work by voting to re-elect her.

James Graham
Salt Point

Questions motive behind opposition to 'Proposition One'

To the editor:

There is a Proposition on our ballots in New York this November. It's an Amendment to add protection against unequal treatment and would amend Article 1, Section 11 of the NY Constitution. This proposal will add to protect against unequal treatment based on ethnicity, age, sex, sexual orientation, pregnancy and pregnancy outcomes, as well as reproductive healthcare and autonomy. Autonomy, in plain language, means the ability to make your own decisions about what to do rather than being influenced by someone else or told what to do. Sounds normal doesn't it? Well, it is!

Unfortunately, the New York State Catholic Bishops have told us to vote NO on Proposition One! [See Editor's note, below.] Based on this, one can assume the Catholic Bishops, like some hard right politicians, don't want their parishioners or constituents to make their own decisions!

I ask your readers to really think about this and how far some States have gone with banning abortion. Just remember, being pro-choice doesn't force a woman to have an abortion. Anti-abortion, however, does force a 12-year-old girl who was raped to bear a pregnancy even when her body isn't fully developed. Just think about the impact on her mentally and physically. Do we really want New York State to [further] damage already abused young girls?

Rosanne Leigh
Stormville, NY

Editor's note:

The Archdiocese of New York uses the word 'urge' in a statement posted on its website that includes the following:

"Despite this measure's good intentions, [Proposition One] creates significant dangers to human life, families, and religious freedom. In a recent statement, the Bishops of New York State called this proposition 'a wolf in sheep's clothing that could lead to darkness for many New York families.' While we strongly agree with the goal of protecting all human beings from unjust discrimination, we **urge** people to vote against this risky amendment."

Source: <https://archny.org/ministries-and-offices/public-policy/equal-rights-amendment/>

OUR POLICY ON LETTERS

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Northern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.



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Historic Red Hook announces latest fundraising project: Remember Anna!



Opera singer Anna Bishop. Photo by Batchelder & Co. - State Library of New South Wales, P1/179, Public Domain, from Wikipedia Commons

Remember Anna! Historic Red Hook announces their latest fundraising project to purchase and install a gravestone at St. Paul's Lutheran Cemetery in Red Hook for world-famous Victorian soprano Madame Anna Bishop (1810-1884) who married eligible bachelor speculator Martin Schultz, a descendant of Palatines who settled in Red Hook and surrounding communities. The couple spent summers with family in the Red Hook area, and this globe-trotting celebrity endeared herself to locals with performances from 1859 to the 1880s at area churches and locations such as Gedney's Hall in Red Hook and the Starr Institute in Rhinebeck.

In 1839, London newspapers reported a scandalous affair on the London stage. Soprano Anna Bishop, who married her teacher composer Henry Bishop (1787-1856) after her musical debut in 1831, left Bishop for French harpsichordist Nicholas Bochsa (1789-1856), a convicted forger and bigamist in France. Banned from performing in France and London at the time, Anna and Bochsa began their

tours of six continents with performances for royalty in Germany and Denmark where the King gave her a diamond brooch, and their success continued until her farewell tour in 1873. With Bochsa's expertise in selecting songs and managing each performance, Anna became an international singing sensation and sang in the native language of each location they visited.

From 1843-1845, Anna sang 327 times in Italy. There was so much excitement that the Pope requested that she perform at the Vatican. However, since females were not permitted in his private apartment, she performed in an adjoining room. The Pope instructed a Cardinal that Anna be given a cross of precious stones and be conferred the order of Santa Cecilia, the patroness of musicians.

On December 20th, 1858, Anna Bishop and Martin Schultz were married in her hometown of London, England. Anna and her manager endured shipwreck at Wake Island in 1866 and barely survived. Anna lost her wardrobe, her jewelry and most importantly her music, but the tours con-

tinued after they recuperated.

When Anna passed in 1884, the couple's funds had all but dried up, the result of a life well lived. Less than a decade earlier, the couple paid for Anna's son Augustus Bishop's burial and gravestone at St. Paul's Lutheran Cemetery. Martin honored Anna's wishes, and she was buried next to her son. Businesses in Red Hook closed while her funeral was held and prominent men from the community who knew her well served as pallbearers. A simple, unmarked marble post was placed over her grave, and despite various attempts by biographers and local music groups over the last 140 years, it was never upgraded.

Let's preserve the memory of Anna Riviere Bishop Schultz whose friendship and music provided much joy to locals. Visit Historic Red Hook's website historicredhook.org/anna where 501(c)3 qualified donations are now being accepted. For more about Madame Anna Bishop visit markingthemoment.square.space.com/people.



Pvt. William T. White, who helped turn the tide of battle in France against the Germans in World War I, is one of the "residents" of St. James' Graveyard who the public can meet during the historic Graveyard Tours. Courtesy photo

St. James' Graveyard Tours showcase history by lantern-light

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grandmother's) former estate, Placentia. Between 1886 and 1889, Archie built Crumwold Hall, where the family would remain until 1942. He was a pioneer of golf and ice-yachting; the first Captain of the Myopia Hunt Club polo team; and co-owned a pack of English hounds with Samuel Colgate at New Hamburg. In yachting, he headed the syndicate which built the Colonia (and was rumored to have been part of the 40-man crew) that defended the America's Cup. His other love was hunting, and for 24 consecutive years he made 26 trips west to hunt Big Game and for 45 years he regularly went up to his fishing lodge in New Brunswick.

Agness Irene Noonan Wager (1916-1983) and E. Kenneth Wager (1917-1988): Ken was born in Schultsville in the Town of Clinton. A photoengraver by trade, he became the owner of the Arden Engraving Co. Agness was one of the first real estate brokers in Dutchess County. Having both graduated from

Staatsburg, they wed in 1935. Ken was a veteran of the Second World War. He was active in the American Legion, the Lions Club and various other community organizations. With several friends, he founded the Rogers Point Boat Club. Agness and Ken had five children, including Dick Wager, who has been a longstanding parishioner at St. James'.

William T. White (1896-1918) was a private in the 1st Field Artillery Brigade, 1st Division. He enlisted in 1917, and was part of the force of Americans that helped turn the tide of battle in France against the Germans. White died in France of pneumonia on Oct. 14, 1918, probably as a complication of the Spanish flu. Originally interred in France, his body was returned to the United States in 1921 for burial in the St. James' churchyard.

Tours are given at 6:30, 7, 7:30 and 8 p.m. on Oct. 11-12, 18-19 and 25-26. They last approximately one hour. All ages are welcome, but the tours are most

suitable for ages 5 and older.

The cost of the tour is \$25 per person (\$15 for children 12 and under). Tickets can be purchased at <https://www.simplerix.com/e/2024-st-james-historic-graveyard-tours-tickets-184934> or call the Parish Office at (845) 229-2820 (open Tuesday-Friday, 8:30 a.m. to 2:30 p.m.) Questions about tours or ticket orders can only be handled during parish office hours.

A golf cart is available for mobility-challenged adults and children; call the office for details.

Parking is free and adjacent to the churchyard. A parking attendant will direct you when you arrive. Tailgaters are welcome.

Cameras (no flash photography) and flashlights are welcome. Tour-goers are asked to silence cell phones. Service animals are allowed, but no pets.

More information is available at www.stjameshydepark.org or send email to stjamesoffice@stjameshydepark.org

Cherry tree to be dedicated to Eleanor Roosevelt

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delegation from the Japanese Embassy for a full day celebration that began with a 6 a.m. sunrise ceremony at the Tidal Basin. The day's events included a parade, ball, the crowning of the Cherry Blossom Queen, fireworks display, and a theatrical production.

When many cherry trees had to be

removed for the construction of the Thomas Jefferson Memorial in 1938, many people were angry. Eleanor Roosevelt wrote in her April 15, 1943 "My Day" column, "Yesterday morning we attended the dedication of the Jefferson Memorial. It is beginning to look very beautiful and someday, when

the cherry trees around it bloom in great profusion, people will forget that we were ever afraid of spoiling the landscape around the Basin."

The Higen Cherry tree (*Prunus × subhirtella 'Autumnalis'*) being dedicated is known as the Autumn Flowering Cherry. Its semi-double pink flowers bloom fully

in the spring and again in the fall, but not as vigorously. They were one of the original varieties that is still growing around the District of Columbia's Tidal Basin, National Mall, Washington Monument, and in Dutchess County.

Barbara Hobens is Chair, Shade Tree Commission, Town of Hyde Park

MRC to host Women's Safety Awareness Night Oct. 16

The Medical Reserve Corps (MRC) of Dutchess County and the Town of Poughkeepsie Police Department will offer the popular Women's Safety Awareness Night seminar on Wednesday, Oct. 16, starting at 6 p.m., at the Dutchess County Department of Emergency Response campus, located at 392 Creek Road, Poughkeepsie. The event is free to attend, but registration is required as seating is limited. Registration is available online at DutchessNY.gov/WomensSafety or by emailing mrc@dutchessny.gov.

County Executive Sue Serino said, "Empowering women and girls to know how to keep themselves safe, no matter where they are, is so important. We are grateful to the Town of Poughkeepsie Police Department and our own Medical Reserve Corps for continuing to bring

this popular, essential training to Dutchess County residents, and for all they do to keep our community safe."

Designed to encourage and empower women, while raising awareness of common safety measures that can be taken to minimize risk, Town of Poughkeepsie Police Detective Lindsay Chomicki and Officer Kristen Norbom will share tips for participants to better understand the important role their instincts and gut reactions play as well as how to identify and avoid potentially dangerous situations, how to make a safety plan and decrease the odds of becoming a victim of a crime.

Dutchess County MRC hosts various trainings for members and non-members alike throughout the year. For more information about the MRC, including how to sign-up to volunteer, visit dutchessny.gov/mrc.

Rhinebeck sets hydrant flushing schedule

Bryan Alix, Chief Water Plant Operator for the Rhinebeck Water Department alerted residents of the upcoming hydrant flushing schedule.

"Each year the Rhinebeck Water Department flushes water mains by opening hydrants throughout the town and village, as it is a necessity to maintain the water lines in the system. Flushing moves the water through the mains at such a high speed as to loosen the deposits of iron and manganese and remove them from the system," Alix stated via email. "However, flushing stirs up sediment and can result in discolored water in your home. The discoloration is not harmful, and usually will clear up when you let your water run for awhile."

He added that homeowners sometimes also experience loss of water pressure during the operation because so much water is being diverted to the hydrant.

"Though flushing can be an inconvenience for some people, our crews do their best to keep the inconvenience to a minimum and, in the long run, customers enjoy clearer water as a result," said Alix. "Before engaging in a program of flushing, we do our best to alert our customers to the possibility of discolored water." The department does this through public notices in local media outlets.

If customers are caught unaware and find that their clothes are spotted and discolored, Alix advised, "In many cases, rewashing the clothes with Iron-Out when the water is running clear (which is available at local hardware stores), will remove the discoloration."

Residents may need to flush their hot water tank after the water mains have been flushed, he said.

"If your hot water continues to be discolored after your cold water has cleared up, flushing your hot water tank is often the answer. Simply attach a garden hose to the outlet at the bottom of your tank and let the water run outside, preferably into a white bucket, until it runs clear. Manufacturers recommend that we flush our hot water tanks twice a year to keep them free of sediment," said Alix. "We ask everyone's cooperation and patience during this procedure."

Residents can call the Village Hall (845) 876-7015 with questions.

2024 Rhinebeck Water Department flushing schedule is as follows:
OCTOBER 7, 8, 9, 10, 11

All areas on the north side of East and West Market Streets, plus Old Post Road, Mt. Rutsen Rd., Village Green Apartments, Wells Manor and The Woods.

OCTOBER 14, 15, 16, 17, 18
All areas on the South side of East and West Market Streets, Route 308 East, Violet Hill Estates, Hilee Road and Closs Drive.

OCTOBER 21, 22, 23, 24, 25
All areas in Rhinecliff will be done on Monday, Tuesday and possibly on Wednesday, as well as Rhinecliff Road, River Road and the Gardens.

Haviland Middle School receives historical marker



From left above are Haviland Middle School Principal Eric Shaw, Arlington High School seniors Emma Galarza and Sophia Keenaghan, Franklin D. Roosevelt Presidential Library and Museum education specialist Jeff Urbin, Arlington High school teacher Robert McHugh and Hyde Park Central School District Superintendent Dr. Pedro Roman. They pose with the newly unveiled historic marker recognizing the school it as a historic place by the National Park Service. *Courtesy photo*

Haviland Middle School staff honored day their school was dedicated, Oct. 5, 1940, with a new historical marker during a ceremony, on Saturday, Oct. 5.

The sign was posted roadside, centered on the entrance of the school, which was registered as a historic place by the National Park Service in 2011. While the school's entrance has a placard, this sign will be more visible to drivers.

The idea to recognize Haviland came from an unlikely source – Arlington High School history teacher Robert McHugh and his students, now seniors, Emma Galarza and Sophia Keenaghan, who spent the end of last school year working on a grant application to the Pomeroy Foundation, which awards grants in New York State to community groups who desire to install historic markers.

The students gathered primary source documentation about the site and obtained permission from the landowner to erect a marker. Additionally, they asked the foundation to fund a marker because the site was placed on the National Register of Historic Places. McHugh noted that a marker is well overdue.

"The old cast iron blue and gold roadside signs were put up under the auspices

of the state from the 1930s through the 1950s, but they stopped erecting new markers decades ago," McHugh explained. "The existing markers often focused on aspects of political and military history and failed to sufficiently commemorate the historical role of traditionally marginalized peoples or of events that occurred in the last eight or nine decades."

Haviland Principal Eric Shaw is excited McHugh's students identified the school as worthy of having the sign, adding that any opportunity to highlight the school's historic importance is always a good one.

"It's a great opportunity to be a part of history," Shaw said. "You don't often get to live your history, but we're doing that."

Superintendent Dr. Pedro Roman is thrilled the district was chosen to receive the sign and thanks McHugh and the students for their efforts.

"This is a wonderful opportunity to amplify the rich history of Hyde Park and to educate our students about important historical events," Roman said. "I hope that the new road sign will inspire our students to learn more about the history of our community."

BRIDGE REOPENED TO TRAFFIC ON RIDGE ROAD IN DOVER

The Dutchess County Department of Public Works (DPW) has announced the replacement of a bridge on Ridge Road in the Town of Dover has been completed and the structure opened to traffic.

Project work, which began in the spring, included replacing the structure, located over the Mill River near the intersection of Cooperstown Road, with a new, wider bridge that includes three-foot shoulders, and slightly straightening the surrounding roadway to improve safety for motorists. The project was completed on time and within budget.

This section of Ridge Road averages approximately 522 vehicles per day. For more information, please contact the Dutchess County Department of Public Works' Engineering Division at (845) 486-2925.

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Serino and county officials bring together advocates to discuss animal welfare

To address concerns regarding animal welfare, Dutchess County Executive Serino and Legislature Chairman Will Truitt announced the formation of an Animal Advisory Committee that will strive to improve the quality of life for animals in Dutchess County by further developing humane law, improving communication with municipalities, identifying available local, state, federal and private grant opportunities and funding streams, and developing a community plan that would help address housing for animals.

“Our pets are often an extension of our family, and we have a responsibility to ensure that our animals are treated with the utmost care that they deserve,” said Serino. “By gathering providers and advocates together, we can address some of the critical challenges surrounding animal welfare and create real solutions that will make a difference in humane law. I look forward to continuing to work with my partners in County Government to ensure we can better protect those who are unable to protect themselves.”

Changes in humane law administration and policy changes pertaining to the housing of animals at local shelters prompted advocates to come together to address the new challenges and brain-

storm solutions. Serino and Truitt joined County Comptroller Gregg Pulver and the Dutchess County Sheriff’s Office to host a roundtable discussion focused on animal welfare and the greatest challenges surrounding the topic. More than 20 individuals were in attendance, including humane law enforcement officers, municipal leaders, animal rescue organizations, and advocates.

“The establishment of this committee represents a significant step forward in our commitment to speaking up for those who cannot speak for themselves,” said Truitt. “This initiative will ensure that animal welfare is given the attention and care it deserves, playing a crucial role in shaping effective policies that defend the well-being of animals and reflect our shared values as a community. I am excited to continue collaborating with the County Executive and County Comptroller and to advance our efforts in promoting humane treatment.”

“While serving in the County Legislature, I remained steadfast in my commitment to protecting our most vulnerable loved ones – our animals,” said Pulver. “By creating and establishing the County’s ‘Animal Abuse Registry’ we took the first step to getting our animals out of harm’s way, but now we need to



Dutchess County Executive Sue Serino (far right) is pictured with Legislature Chairman Will Truitt, County Comptroller Gregg Pulver, representatives from animal rescue organizations, municipal leaders, humane law enforcement officers, and advocates forming the new Animal Advisory Committee. *Courtesy photo*

find new solutions that will enhance their quality of life. I look forward to working with the County Executive and Legislature to find new ways to increase care.”

Karen LeCain, founder of Compassionate Animal Rescue Efforts of Dutchess County said, “The mission shifts by local rescue groups without a contingency plan or liaison with alternate organizations, has resulted in a major

lack of resources for these animals. Consequently, this shift placed an excessive burden on other rescue groups, which faced a surge in animal admissions, and left local municipalities without established agreements to manage the stray animal population. Through this committee, we can collectively work together to create solutions that will alleviate the problems caused by others.”

Union Vale Fire Company ‘Pulls It’ together

UNION VALE - The Union Vale Fire Company is working in conjunction with our local chapter of the Eastern District Home Bureau’s Dutchess County Chapter, Real People, organizing a ‘Pull Tab’ campaign to collect aluminum pull tabs for Ronald McDonald House (RMHC) in Albany. Our first campaign will begin on October 27 and end December 31.

We invite Union Vale residents and our neighbors to participate and help us collect as many tabs as possible!

All tabs collected will be given to the Real People Chapter of DC Home Bureau who in turn will donate them to Ronald McDonald House in Albany.

“When I initially discovered the Dutchess County Home Bureau was col-

lecting these aluminum tabs for Ronald McDonald House, I thought this would be a great way for the Union Vale Fire Company to become involved. To spread the word beyond our fire company I thought why not invite the public to collect the pull tabs as well!” said Union Vale Fire Company president Kathy Welsh. “With everyone ‘pulling together’ I am hoping to collect quite a few aluminum tabs!”

Eastern District Home Bureau Chairman Alice Dickson said, “Dutchess County Chapters of the New York State Home Bureaus Inc. appreciate the enthusiastic support of the Union Vale Fire Company in collecting aluminum soda can tabs.” She added, “We along with other organizations were able to collect

enough tabs for the Ronald McDonald House in Albany to defray the cost of heating the facility last winter.”

According to RMHC of the Capital Region’s website, it states they collect aluminum pull tabs which are recycled to raise funds for their mission. They suggest collecting tabs from soda, soup, pet food, and other canned goods such as tennis ball cans and anything else with an aluminum pull tab. RMHC works with a local recycler to redeem the tabs for money to support families with seriously ill or injured children.

Supporters and friends of all ages can pull together to help children and families!

What is a Pull Tab: A pull tab is the piece of metal that opens aluminum cans.

Like the can, the pull tab can be recycled and redeemed for cash. It is a small yet valuable item!

Steel vs. Aluminum: Aluminum pull tabs only. You can determine one from the other by using a magnet.

Why collect pull tabs: Collecting pull tabs make it easy to recycle and help RMHC of the Capital Region at the same time! You can collect pull tabs on your own at home, or collect them with a group at school, at work, or anywhere else you can think of! Thousands of dollars are raised each year when people Pull Together!

If you wish to participate or want more information, visit UVFDNY.org .

Submitted by Kathy Welsh

Army at 5-0 on season with 49-7 win over Tulsa

By Rich Thomaselli

It might be time for Dutchess County residents and all residents of the Hudson Valley to take a trip down to West Point to see the area’s closest major college football team.

For the first time in 28 years, Army is 5-0.

The Black Knights achieved that lofty record with a 49-7 road victory over

Tulsa last week. The team is now just one more victory away from becoming bold eligible.

Bryson Daily threw a paid of touchdown passes among his five completions as Army stayed mostly on the ground. The Black Knights are the nation’s number one rushing attack and added 321 more yards against Tulsa.

Daily even rushed for 110 yards and two scores.

Scores were 15-25, 23-25 and 22-25. Cami Palumbo added nine kills and 17 digs for the Raiders.

Spackenkil tops Red Hook in volleyball

Leah Merino had 15 kills and 15 digs, but it wasn’t enough as the Red Hook High School volleyball team lost in three sets to Spackenkil.

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4-H Leader Jane Rodd receives National Award

4-H Program Leader, Jane Rodd has transformed the Dutchess County 4-H Program into a thriving, diverse and welcoming community. Her 8 years of dedication and commitment are to be celebrated as she has been awarded the prestigious National Distinguished Service Award by the National Association of 4-H Youth Development Professionals. The key tenants for consideration of this award are professional attitude, improvement and accomplishments, and personal & community involvement.

An excerpt from 4-H Shooting Sports Coordinator Bob Jenks' recommendation highlights the impact Rodd has had:

"Jane, from the start of her tenure at CCEDC, has breathed new life into what was a stagnant program. The sheer number of opportunities that are now available to the youth in 4-H in Dutchess County has increased tenfold... Jane tirelessly advocates for 4-H volunteers and most importantly the youth that the program impacts. I am continually amazed at how receptive she is to ideas brought forth by others. She empowers both volunteers and youth to succeed and thrive."

Program Advisory Committee Member Christie Alfaro highlighted Rodd's success with the "A-Fair to

Remember Gala," an incredible fundraiser, put on to support 4-H youth at the Dutchess County Fair, the sole brainchild of Rodd:

"Her desire to ensure that the 4-H experience is available to all youth regardless of economics has had a real impact on the youth and families in our program. She has displayed limitless patience and diplomacy while navigating issues, emotions, and countless challenges related to the program, clubs and shows. She has been the backbone of our 4-H program. I cannot imagine Dutchess County 4-H without her.

NYS 4-H Equine Specialist Brianna Hughes highlighted Rodd's work in developing the Flourishing Farmers Program, a program for youth with developmental and physical challenges:

"Jane's leadership style is characterized by kindness, integrity, and a collaborative spirit. She is not only adept at asking the important question, but is also willing to roll up her sleeves and work alongside her team to achieve collective goals."

Dutchess County 4-H is incredibly proud to have such an incredible leader in Rodd as she drives forward the missions and goals of 4-H Youth Development.



4-H Program Leader, Jane Rodd

Lucky Orphans Horse Rescue to host Halloween fundraiser

Lucky Orphans Horse Rescue in Dover Plains will present "Fright at the Farm," a "spooktacular" evening with live music, food trucks and more on Friday, Oct. 25, from 6 to 10 p.m. Get ready for a hauntingly good time featuring live music, delicious food, and spooky beverages, creating the perfect atmosphere for a night of festive fun.

There will be live music by Way Behind the Sun, a popular local country band that will set the tone for an unforgettable evening.

Take a haunted hayride and stroll through the sanctuary's chilling trails and encounter ghostly surprises along the way. Enjoy a range of activities, from cornhole to connect 4, ensuring fun for all.

Indulge in a variety of culinary delights from local food trucks offering tasty treats for everyone. Sip on a selection of themed spooky beverages from

the bar.

Don your most creative or frightening costume for a chance to win prizes.

Gather around the bonfire for s'mores, hot cocoa, and more under the starry sky.

Admission is \$20 per person. This event is suggested for ages 12 and older.

All proceeds will benefit the sanctuary's efforts to rescue and rehabilitate retired racehorses and provide therapeutic programs to those in need.

Lucky Orphans Horse Rescue is at 2699 Route 22, Dover Plains.

For more information and to purchase tickets, visit www.LuckyOrphans.org or call (845) 877-0685.

The Equine Sanctuary is committed to rescuing and rehabilitating retired racehorses and providing equine-assisted therapy programs to support the mental and emotional well-being of its community members, especially veterans and first responders.

send us your news

cschmidt@s Dutchessnews.com

Ryan T. Dwan joins legal team at Feldman, Kleidman, Collins & Sappe

Award-winning law firm Feldman, Kleidman, Collins & Sappe LLP (FKC&S) recently welcomed attorney Ryan T. Dwan of LaGrange to its growing legal team. For more than 38 years FKC&S has been successfully trying cases at all levels of state and federal courts throughout the Hudson Valley and Capital District and is the only litigation firm between Albany and Westchester recognized by Best Law Firms® since its First Edition in 2010.

"We're thrilled to welcome Ryan to the team," said FKC&S Founding Partner Jeffrey M. Feldman. "His experience and dedication will undoubtedly further our firm's mission to provide top notch legal support to the clients we serve."

A lifelong resident of the Hudson Valley, Dwan graduated from Arlington High School in 2015. He earned his Bachelor of Arts in political science with a minor in economics from Hofstra University in 2019 and went on to attain his law degree from the Maurice A. Deane School of Law at Hofstra University in 2021. During his years as a law student, Dwan interned with the Hon. Hal B. Greenwald in Dutchess County Supreme Court, as well as with James F. Butler & Associates in Jericho.

After passing the bar exam in 2021, Dwan worked as an associate at Corbally,



Ryan T. Dwan

Gartland and Rappleyea, LLP, where he concentrated on commercial and civil litigation, debt collection actions and real estate. He is a member of the New York State Bar Association and the American Bar Association.

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Dutchess County 4-Her's impress at Big E

Each September a committed group of Dutchess County 4-H members from the "Here Comes the Beef" 4-H Club attend and compete at the Eastern States Exposition. This year five members attended the 4-H Beef Show and won impressive awards. Heavy emphasis is placed on the Beef Fitting & Showmanship Division where youth are judged on their handling skills, fitting (grooming), knowledge and partnership with their animal. Hard work and practice are pillars of this division and the "Here Comes the Beef" members made Dutchess County proud! Riley Mahaffey took home the coveted Grand Champion Overall Showman title with Henry Skuza landing in the Top 8 and Angelina Otero & Chase Kading in the Top 15.

Dutchess 4-Her's swept the type shows with Henry Skuza taking the Grand Champion Market Steer title, Chase Kading bringing home the Reserve Grand Champion title and Angelina Otero chosen for the Third Overall 4-H Market Steer prize. As if they still had something to prove, Riley Mahaffey rounded out the show by bringing home the Grand and Reserve Grand Champion 4-H Heifer titles, the Reserve being a Bred & Owned heifer. An incredible feat!



4-H "Here Comes the Beef" members show off their ribbons from the Eastern States Exposition. From left are Chase Kading, Angelina Otero, Corra DiBlasi, Henry Skuza, Riley Mahaffey.
 Courtesy photo

AT YOUR LIBRARY

CLINTON COMMUNITY LIBRARY
1215 Centre Road, Rhinebeck
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www.clintoncommunitylibrary.org
ONGOING PROGRAMS:

Qi Gong with Vince (online)
 Mondays 10/14, 10/21, 10/28 at 9:30 AM
 Wednesdays 10/16, 10/23, 10/30 at 9:30 AM

Storytime on the Dot
 Tuesdays 10/15, 10/22, 10/29 at 10:30 AM
 Listen to fun stories, sing songs, and have fun, all centered around a different theme every week.
 Audience: Children & Caregivers

Mah Jongg
 Tuesdays 10/15, 10/22, 10/29 at 2-4 PM

Chair Yoga, (in-person or online)
 (Optimistic Aging)
 Fridays 10/11, 10/18, 10/25 at 11:00 AM

Zumba
 Saturdays 10/12, 10/19, 10/26 at 9:00 AM

Free Tech Help
 Saturdays 10/12, 10/19, 10/26 1-5 PM
 Do you need help with your Kindle, tablet, smart phone or computer? Drop-in anytime on Saturdays from 9 AM - 1 PM or call the library at (845)-495-0855 to book an appointment.

BOOK CLUB MEETINGS:

Tea Time Book Club
 October Selection: Go As A River by Shelley Read, Thursday October 10th, at 2:00 PM
 Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club.

Global Literature Book Club
 October Selection: Kairos by Jenny Erpenbeck, Monday October 21st at 7 PM
 The Global Literature Book Club focuses on exploring the world through literature. We discuss novels from around the globe, selected by members of the club. These works provide insights into a wide variety of nations, cultures, and styles of writing.

SPECIAL PROGRAMS & EVENTS

Crafts & Coffee
 Monday October 14th, 10:30 AM
 Join us for a lovely afternoon of coffee, crafts (and conversation!) On the second Monday of the month at 1:30, Diane will guide you as you create a project covering a wide range of techniques, from card making to book crafts to stitchery and more. Note: You must register for each individual who is attending and would like to participate. Materials are limited and there will not be extra! Audience: Adults & Seniors

Recycling Presentation
 Thursday October 17th, 2:30 PM
 Dani White, the Dutchess County Division of Solid Waste Management's Recycling Educator, will be holding a 30 to 40-minute presentation about recycling, waste management, and composting in Dutchess County. The presentation will cover what materials can be recycled in the County, where residents can dispose of certain materials like hazardous waste, textiles, and more, how to compost, and where the County's garbage and recycling goes once it's picked up from a licensed hauler. Audience: All Ages

MORTON MEMORIAL LIBRARY
82 Kelly St., Rhinecliff
(845) 876-2903
<https://morton.rhinecliff.lib.ny.us/>

MakerSpace
 Saturdays @ 2:00 pm
 MakerSpace offers a Fall class for neurodivergent kids and their parents/caregivers. Parents are invited to be on hand to help support their children as needed. All projects and activities will take into account the individual needs of the children. Please contact Judy at MakerSpace@mortonrhinecliff.org to register.

Yoga with Kristin
 Sundays @ 10 am; Tuesdays @ 6 pm
 All levels welcome. \$12 suggested donation.

Rockin' Rooks Youth Chess at Morton
 Mondays @ 5:30 pm
 Join the award-winning Rockin' Rooks every Monday from 5:30-7:00 with D. Suris and Cathy Young! Students in grades K - 12 are welcome to join for fun, learning, and tournament competition. To sign your child up, for more information, or to volunteer contact: D. Suris 845-416-3287 or email racersplace@hotmail.com

Morton's Homage to the Fiber Creators
 Opening: Friday, October 11, 5- 7 pm
 Exhibition: October 11 - October 28
 Join us to see the community's fiber arts creations. We will have quilts, rugs, handmade garments, knitting, spun wool, fiber collage, and much, much more. Admission is free; art purchases and donations for the library are welcome. Refreshments will be available. Library open hours for exhibition.

The Great Give Back
 Milkweed Release
 Saturday, October 12 @ 10 am (Burger Hill)
 Join Morton and Staatsburg Libraries as we partner with the Pollinator Patrol and Winnakee Land Trust at Burger Hill for a morning of identifying milkweed, discovering the wonders of Monarchs and participating in the joyful act of spreading milkweed seed for next year's Monarchs. Free and open to all. No registration necessary. Rain will cancel.

Morton Book Club
 7 1/2 Deaths of Evelyn Hardcastle
 Monday, October 14 @ 7:30 pm
 Read, ponder, discuss, broaden your horizons, and have fun - all in a very casual and low key style. Books available at the library. We'd love to have you join! Potluck encouraged!!

Oblong Books, Morton, & Starr
 Present: Daniel M. Lavery,
WOMEN'S HOTEL: A Novel
 in conversation with Alexis Coe
 Tuesday, October 15 @ 6:30 pm
 (at Morton)
 From the New York Times bestselling author and advice columnist, a poignant and funny debut novel about the residents of a women's hotel in 1960s New York City.

The Beidermeier might be several rungs lower on the ladder than the real-life Barbizon, but its residents manage to occupy one another nonetheless. They give up breakfast, juggle competing jobs at rival presses, abandon their children, get laid off from the telephone company,

attempt to retrain as stenographers, all with the shared awareness that their days as an institution are numbered, and they'd better make the most of it while it lasts. As trenchant as the novels of Dawn Powell and Rona Jaffe and as immersive as The Marvelous Mrs. Maisel and Lessons in Chemistry, Women's Hotel is a modern classic—and it is very, very funny. Free Registration requested.

Knit 'n Knatter
 Wednesday, October 16 @ 3:00 pm
 Come to knit, crochet or just for the confab. We will drop purls, collaborate on projects, and work on our own. We'll meet in Morton Hall where there is plenty of room to spread out. All are welcome.

Richard's Rhinecliff Acoustic Show
 Friday, October 18 @ 8:00 pm
 Featuring: Bob and the Boys with Annie Fox, Geri Loughery, Martin Tully Klein. Donations to benefit Morton are suggested.

PLEASANT VALLEY LIBRARY
1584 Main St., Pleasant Valley
(845) 635-8460
<https://pleasantvalleylibrary.org/>

All programs are free. Registration is required unless noted. Please visit pleasantvalleylibrary.org to register and for more information on these and on monthly occurring programs.

Marist College Center for Lifetime Study presents "Roosevelt's Four Elections" - Thursday, October 17th 3:15-4:30pm
 Jeffrey S. Urbin, Education Specialist at the Roosevelt Presidential Library and Museum, will discuss President Franklin Roosevelt's successful formula for waging and winning four national elections for the presidency. The Marist College Center for Lifetime Study (CLS) operates under the Marist School of Professional Programs, with the purpose of providing opportunities for educational, intellectual and cultural growth for people 55 and older.

Interactive Movie Night: "Beetlejuice" (1988, PG) - Friday, October 25th 6:00-8:00pm

Don't just watch the movie - be a part of it! Celebrate Halloween season and join us for this fun after library hours audience-participation event! We'll screen the original Beetlejuice, starring Michael Keaton as the troublemaking Ghost With The Most, who's called to help newly-deceased ghosts Adam (Alec Baldwin) and Barbara (Geena Davis) scare away the new family who's moved into their beloved home. Dressing in costume is encouraged. We will provide the props, prompt sheets, & snacks! This program is for ages 10 and up, and children under the age of 13 must have an adult with them.

Author Reading and Talk With Michael Korda: "Muse of Fire" - Friday, November 1st 6:00-7:00pm

Please join us for a special after library hours program with Michael Korda, best-selling author, former Simon & Schuster editor-in-chief and longtime Pleasant Valley resident. He will read from his most recent book, "Muse of Fire: World War I as Seen Through the Lives of the Soldier Poets," and will discuss the lives of English soldiers Rupert Brooke, Isaac Rosenberg, Robert Graves, Siegfried Sassoon, and Wilfred Owen; and American soldier Alan Seeger, whose poetic works memorialized the Great War's unimaginable horrors and the sacrifice of an entire generation.

RED HOOK PUBLIC LIBRARY
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<https://redhooklibrary.org/>

NEW PROGRAMS FOR KIDS & FAMILIES
 Homeschool Happening: Spy Science
 Friday, October 11 at 10:30 AM
 Registration Required

Trunk or Terror Friday, October 18 at 5 PM
 Red Hook Fire House

CARE of DC Pet Adoption Day
 Saturday, October 19 at 11 AM

Homeschool Happening: Math Fair
 Friday, October 25 at 10:30 AM
 Registration Required

It's the Great Pumpkin, Red Hook
 Friday, October 25 at 4 PM

NEW PROGRAMS FOR TEENS & ADULTS
 Teen Book Club - The Outsiders
 Friday, October 18 at 4 PM

Evening Book Club - Rebecca
 Monday, October 21 at 6 PM

Picking up Pickleball (2-part program)
 Tuesday, October 22 and Thursday, October 24 at 3 PM Registration Required

Afternoon Mystery Book Club: How to Solve

Your Own Murder Friday, October 25 at 2 PM

Adult Craft Night: Mandalas
 Monday, October 28 at 5:30 PM
 Registration Required

Comic Book Club @ Megabrain: Carmilla by Amy Chu Tuesday, October 29 at 6 PM

Author Talk with Carol Goodman & Nancy Bilyeau, Wednesday, October 30 at 5:30 PM

Chair Yoga, Knitting Group, Drawing Gym, ESL, All Abilities Teens & All Abilities Adults continue throughout the month.

STANFORD FREE LIBRARY
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<https://stanfordlibrary.org/>

Registration required for events unless noted otherwise. Please email stanfordlibrary@optonline.net or call (845) 868-1341

Sewing for Teens & Tweens (Ages 10 & up)
 Tuesdays through Oct. 22, 6-8 p.m.
 Pizza will be served at 5:30
 Let's make a drawstring backpack!
 Please bring your own pre-washed fabric, or use some of ours (1 yard should be enough). Please also bring 4 yards of 1/4 inch thick cord.

October Book Club Oct. 14 noon-1 p.m.
 October's selection is "Flight Behavior" by Barbara Kingsolver

ONGOING EVENTS

Home School Stories and STEAM
 Students Grade K-3: Thursdays, 1245-145pm
 Students Grade 4-6 (STEAM only)
 Thursdays, 2pm-3pm

Preschool Storytime
 Tuesday Mornings
 Preschoolers (Age 3-4) 9:30 am — 10:15 am
 Toddlers (Age 18 months-2 years) 10:30 am - 11:15 am
 Babies (Birth-18 months) 11:30 am-12:15 pm
 Stories, songs and free play every week!

Water Color Workshop
 First, Third and Fifth Tuesday of each month
 1:00 pm - 4:00 pm. Using the Basic Watercolor Techniques: A Flat Wash, Graded Wash, Wet-In-Wet or Drybrush. We will be happy to provide guidance but this is a Watercolor Workshop not a Watercolor Class. Supplies are not provided, a list of needed materials is available at the library.

Literacy Connections Classes for English Language Learners
 Mondays, 6-8 p.m. All levels welcome.

Knitting: First, Third and Fifth Thursday of the month, 7-8:30 p.m. Come for knitting, tea and conversation. All levels welcome. Advanced knitters will teach beginners.

Brain Games Thursdays, 10:30 a.m.-noon
 Calling all seniors! Join in the fun and laughter of our brain games! Fun, stimulating, invigorating word games, board games, card games, conversation and laughter!

Mahjong for Intermediate Players
 Fridays, 10 a.m.-noon Come and play Mahjong with this fun, friendly group.

STARR LIBRARY
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(845) 876-4030
www.starrlibrary.org
EVERYONE

Friday, Oct. 25 & Saturday, Oct. 26 - Friends of Starr Library Book Sale - Last one of the year!
 Friday, Oct. 25, 4-5 p.m. - Community Photoshoot Closing Reception with Photographer Mike Lawrie

ADULTS
 Thursday, Oct. 10, 6:30-8 p.m. - Fiction Workshop with Lilliana Kahan
 Tuesday, Oct. 15, 6:30 p.m. - "Women's Hotel" with Daniel Lavery in Conversation with Alexis Coe at Morton Hall (Morton Library)
 Wednesday, Oct. 16, 7-9 p.m. - Nerds at Nite
 Thursday, Oct. 17, 10:30-11:15 a.m. - Good Vibrations: Guided Sound Meditation with Anna Kaselis

Saturday, Oct. 19, 4:30 p.m. - Roger Phillips Concert Series presents Sass & Brass - Our final concert of the season!
 Every Wednesday 1-3 p.m. - Scrabble Club
 Every Friday from 2-3 p.m. - Brain Games
 Thursdays through October, 10-11 a.m. - Waterfall Qigong with Steven Michael Pague

BOOK CLUBS
 Tuesday, Oct. 22, 5-6:30 p.m. - Cookbook Club: Hors d'oeuvres
 Tuesday, Oct. 29, 7-8 p.m. - Trust by Hernán Díaz

RHINEBECK HISTORICAL SOCIETY
 Friday, Oct. 25, 7-8 p.m. - 19th Century Advertising in the Rhinebeck Gazette with Mike Frazier
 From the Archives - Fences in the Southlands Foundation Collection

<p>ROOSEVELT CINEMAS Rte. 9 Hyde Park 229-2000</p> <p>--STARTS THURSDAY-- SATURDAY NIGHT [R]</p> <p>THE APPRENTICE [R]</p> <p>--BACK BY POPULAR DEMAND FRIDAY-- REAGAN [PG-13]</p> <p>--HELD OVER-- Joker: Folie à Deux (R) The Wild Robot (PG) Transformers One (PG)</p>	<p>LYCEUM CINEMAS Rte. 9 Red Hook 758-3311</p> <p>--STARTS THURSDAY-- SATURDAY NIGHT [R]</p> <p>--STARTS FRIDAY-- THE NIGHTMARE BEFORE CHRISTMAS [PG]</p> <p>IN 2D & 3D</p> <p>--HELD OVER-- Joker: Folie à Deux (R) White Bird (PG13) The Wild Robot (PG) Lee (R) Beetlejuice</p>
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Traditional Okinawan Karate holds Fall Shiai

Traditional Okinawan Karate held its fall Shiai, as well as a testing, at Lenape Elementary in New Paltz on Saturday, Sept. 28. It drew students from five locations, plus their families and friends. The event included students from New Paltz Karate, and Traditional Okinawan Karate schools in Pleasant Valley, East Fishkill, Brooklyn and Kinnelon, NJ.

The event began with a moment of silence for Mr. Jenkins, a martial artist and teacher who made great contributions to Isshin Ryu Karate, the Okinawan style that the dojos teach. Mr. Mark Murphy, a student, sang the national anthem.

Over the next hour, groups of students performed self-defense demonstrations and kata (martial arts forms consisting of striking, blocking and kicking combinations).

The final segment of the shiai was the promotion of the students who had been tested earlier in the day. The highest promotions were those at black-belt level:

- Junior Black Belt: Alana Ferguson, Nicholas Manno, Gerald Peysen, Amanda Williams.
- Shodan (First degree black belt): Tamara Brand, Theresa D'Amore, Jeanne Miller, Nathan Romej, Emma Varghese, Claudia Zegans.
- Nidan (Second degree black belt): Jeffery Feinman, Alex Ferguson, Dylan Longbard, Angel Matias, Luke Riccio, Elizabeth Urraca



New shodans (first-degree black belts) and their instructors are, from left, Maurey Levitz, Deena Levitz, Meghan Borland, Jason Donovan, Jeanne Miller, Christopher Miller, Emma Varghese, Nathan Romej, Tamara Brand, Theresa D'Amore, Claudia Zegans, Steve Borland, Ellen O'Neill-Nuccio and Madison Nuccio. *Courtesy photo*

- Sandan (Third Degree black belt): Celina Ackerman, Eric Manlapig
- Yodan (Fourth Degree black belt): Jonathan Pesner
- Nanadan (Seventh Degree black belt): Tina Gordon, Deena Levitz,

Christopher Miller
Jesse Wright and Cate Miller were promoted to instructors.
Following the shiai was a party. Students, family and friends ate, drank and congratulated those who had just

been promoted.
Traditional Okinawan Karate has Dutchess County locations in Pleasant Valley and East Fishkill. They can be reached at 845-635-1426 (Pleasant Valley) or 845-797-2258 (East Fishkill).

Join in The Great Give Back with Mid-Hudson Libraries

Dozens of libraries across the Mid-Hudson Library System (MHLS) are participating in The Great Give Back 2024. Libraries statewide are providing a day or more of opportunities for the patrons of the public libraries of New York State to participate in meaningful, service-oriented experiences.

This year's community service opportunities include coat and food drives, collecting items for youth shelters and foster care centers, and supporting our veterans. Many libraries are also partnering with other organizations such as local animal shelters, rehabilitation facilities, and correctional facilities to build connections in their communities and increase the impact of their efforts. Library patrons can find out how to get involved at <https://thegreatgiveback.org/index.php/mid-hudson/>.

"Libraries are catalysts for good things to happen in our communities," said Rebekkah Smith Aldrich, Executive Director of the Mid-Hudson Library System, "It is amazing to see how many people come out to help their neighbors thanks to our libraries leadership through this event – it's exponential kindness throughout the Hudson Valley."

The Great Give Back is a community service initiative created by the Suffolk County Public Library Directors Association and the Suffolk Cooperative Library System, in conjunction with the



Libraries in the Mid-Hudson Library System are taking part in The Great Give Back 2024. *Courtesy image*

Nassau Library System. MHLS brought this program to the Hudson Valley in 2020 and it has grown each year since.

MHLS is a cooperative public library system chartered by the New York State Board of Regents and overseen by the New York State Education Department via the Division of Library Development. MHLS is dedicated to working together with 66 member libraries in the Mid-Hudson region to strengthen local library services while saving local tax dollars. For more information, visit www.mid-hudson.org or follow the library system on Facebook, Instagram, and LinkedIn.

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Pleasant Valley Day culminates with parade focusing on community



Clockwise from top left, a color guard from the Dutchess County Sheriff's Office marches. Don Traver drives an antique tractor for the Pleasant Valley Historical Society. The Pleasant Valley Fire Department had several vehicles in the parade. A soccer parent was dressed for the day. Members of St. Paul's Episcopal Church greet the parade-goers. The Pleasant Valley Recreation Department showed off its' many opportunities. Members of the Pleasant Valley Lions Club conduct a variety of activities to help in the community. *Photos by Curtis Schmidt*

COMMUNITY CALENDAR

Applications for Clinton's Hometown Heroes due by Oct. 15

The Town of Clinton is honoring those who served in the military with a Hometown Heroes program. Applications are being accepted for Hometown Banners to be hung in Clinton Corners and Schultsville. Applications are due by Oct. 15 and are available at www.townofclinton.com/hometown-heroes/. If you have questions, please email heroes@townofclinton.com or call Cathy Gallinger at: (845) 266-5853 option 2.

Coat drive under way

Dutchess Outreach has begun collecting coats for the 30th annual Susan DeKeukelaere Memorial Coat Drive, taking place through the end of October. The community can donate washed, gently used, and/or new coats.

Last year, Dutchess Outreach received and distributed over 12,000 coats and winter essentials to those who needed them. This year, Dutchess Outreach is partnering with The Dyson Foundation, iHeartMedia, and many others to ensure our neighbors have something warm to wear this winter.

Coats can be dropped off at: Chase Bank (285 Main St., Poughkeepsie); East Fishkill Town Hall, 330 Route 376; iHeart Media, 20 Tucker Drive, Poughkeepsie; Pleasant Valley Library, 1584 Main Street, Pleasant Valley; Raymour and Flanigan Showroom or Outlet, Vassar Road, Poughkeepsie; Red Cap Cleaners (all locations); Rhinebeck Bank (all branches); TEG Federal Credit Union (all branches).

Reservations for German Dinner requested by Oct. 10

St. Paul's Church at 161 Mansion St. in Poughkeepsie will hold its Annual German Dinner on Saturday, Oct. 12, at 5:30 p.m. The cost is \$20. The menu includes chicken schnitzel, latkes, green beans with bacon, and spaetzle, prepared by J.J. & His Kids from the CIA. There will be a Recorder Concert at 5 p.m. Reservations requested by Oct. 10. Call (845) 452-8440 for reservations and more information.

Tag Sale set Oct. 12 at Rhinebeck church

The Third Lutheran Church at 31 Livingston St. in Rhinebeck will hold a Tag Sale on Saturday, October 12, from 9 a.m. to 3 p.m., rain or shine. Many fabulous items, priced to sell.

Rhinecliff Soup Sales begin Oct. 17

It's time for Fall Rhinecliff Soup Sales, sponsored by Rhinebeck Grange #896. Mark your Calendar for the third Thursday of the month (Oct 17, Nov 14, Dec 19) 11 a.m.-12:30 p.m. Sold by the Quart. \$10. quart. Take Out Only. Rhinecliff Firehouse, corner of Shatzell Ave. and Orchard, Rhinecliff. Pick up at side window on Orchard St. NEW! Pick up also available at Morton Library between 4:30 and 6:30 p.m. Proceeds go toward the General Fund of Rhinebeck Grange #896 to support community events.

Email: JoBaer2@gmail.com to be emailed the soup choices for each month and pre-order online.

Meet the Candidates Oct. 17 at Stanford Grange

Stanford Grange #808 will host its Annual Meet the Candidates Night on Thursday, October 17, at the Stanford Grange Hall, 6043 Route 82, Stanfordville, at 7 p.m. Candidates for Local, County, and Regional Office have been invited to attend. Candidates will introduce themselves, state their qualifications for office and goals if elected, and give closing statements. The audience will be able to ask questions to the candidates, but this is not a debate between candidates. The Community is invited to attend. For more information, contact Grange Secretary Ryan Orton at (845) 868-7869.

Ham Dinner set Oct. 19 at Salt Point church

Westminster Presbyterian Church, located at 1872 Salt Point Turnpike in Salt Point, is hosting their annual ham dinner on Saturday October 19th from 4 to 6:30PM with take out only. Menu is spiral ham, scalloped potatoes, glazed carrots, applesauce and a dessert for \$15 for everyone. Reservations with a pick up time required-call Jeanne at 845-797-9621.

Repair Cafe in Pleasant Valley

The next Pleasant Valley Repair Cafe will take place on Saturday, Oct. 19, from 10 a.m. to 2 p.m., at the Pleasant Valley Town Hall, 1558 Main Street (Route 44). Skilled repair coaches will be on hand to fix everything from electronics to clothing—completely free of charge. Bring your beloved items that need some TLC and learn how to repair them with the help of our experts. Donations are appreciated.

Clinton Historical Society sets Progressive Dinner Oct. 19

The Town of Clinton Historical Society (CHS) will

hold a Progressive Dinner fundraiser on Saturday, Oct. 19, beginning at 5 p.m. Each course of the dinner (wine and cheese, main course, and dessert) will be held at a different location. Minimum suggested donation is \$60 (\$50 for CHS members). An option to attend just the wine and cheese course costs \$45. RSVP to ljnoval@optonline.net.

Stanford Grange to offer take-out Turkey Dinner Oct. 19

Stanford Grange #808 will host its Annual Harvest Turkey Dinner on Saturday, October 19, at the Stanford Grange Hall, 6043 Route 82, Stanfordville. All dinners are Take Out Only with pick up at 5 p.m. The menu will include Roast Turkey, Stuffing, Mashed Potatoes & Gravy, Green Beans, Home Grown Butternut Squash, Cranberry Sauce, and Pumpkin Pie for Dessert. The donation for each dinner is \$17. Drive to the back of the Grange Hall, pay for and get your food through your car window, and take your dinners home to enjoy! For reservations, contact Grange Secretary Ryan Orton at (845) 868-7869.

Autism and IDD Information Sharing EXPO set Oct. 22

Anderson Center for Autism will present the Third Annual Resources for Autism & IDD Information Sharing EXPO on Tuesday, Oct. 22, from 4 to 7 p.m., at Apex Entertainment, 1 Crossgates Mall Road, Albany. Explore a wide range of organizations and resources for people with autism and other developmental disabilities and connect with professionals who are supporting success for this population. The event is free of charge and open to the public.

Booth space and sponsorships available. For more information: RAISE@andersoncares.org or www.andersoncenterforautism.org/raise or call (845) 889-9625

Stanford Grange to host program on Salem Witchcraft Trials Oct. 22

Stanford Grange #808 will host the second of its Monthly Community Programs - this time on the Salem Witchcraft Trials - on Tuesday, October 22, at 7 p.m. at the Stanford Grange Hall, 6043 Route 82; Stanfordville. The Program, led by Grange Secretary Ryan Orton, will outline what really happened in Salem, Massachusetts, in 1692. Light refreshments will be served. The Community is invited to attend.

For more information, contact Grange Secretary Ryan Orton at (845) 868-7869.

Rhinebeck Garden Club to meet Oct. 23

Wednesday, October 23, 10am. Rhinebeck Garden Club monthly meeting. Off Site. "Pruning Old Wood, New Wood. Fall or Spring?" Demo and talk by Michele Decker, Master Gardener and professional landscaper. Refreshments served. Please bring a folding chair. The meeting is open to the public. Visitors may call Hannah at 914-263-5298 for meeting location, and are asked to join after attending two meetings.

FARMERS MARKETS

Paul's Hyde Park Farmers Market, 4390 Albany Post Road (Route 9, across from Town Hall), Hyde Park. Saturdays, 9 a.m.-2 p.m., June-October. Sponsored by the Hyde Park Chamber of Commerce. Local fruits & vegetables, meats & eggs, Italian specialties, baked goods, breads & bagels, arts & crafts, eat-there foods & beverages and much more. New vendors always welcome. (845) 229-9336 or oak-green@optonline.net

Poughkeepsie Waterfront Market, the Pavilion at the Mid-Hudson Discovery Museum at 75 North Water St. in Poughkeepsie. Tuesdays, 2-5:30 p.m., May 21-Oct. 29. (845) 471-0589 or info@mhdm.org

ONGOING

Meals on Wheels of Hyde Park and the Village of Rhinebeck is seeking volunteer drivers during the hours of 11 a.m. and 12:30 p.m. Drivers are needed Monday-Friday. You can drive one or more days each week or substitute as needed. All drivers work in teams so couples or friends are encouraged to volunteer together. For more information visit www.mealsonwheelsofhp.org or, contact Andrea Tkazyik at (845) 229-5896.

The New to You Thrift Shop at St. Christopher's in Red Hook is ready for whatever you are planning from September through December. The clothing rooms are fully stocked for Fall with everything from shoes to coats, bags, scarves, hats...Come in and outfit yourself for the chillier times. The prices are amazing. And while the ladies are browsing clothing, we have children's clothing and toys and games. The shop is at 30 Benner Road in Red Hook by St. Christopher's School.



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‘Bat Boy: The Musical’ flies into Rhinebeck Oct. 11

Rhinebeck Theatre Society (RTS) presents “Bat Boy: The Musical” for three weekends at The Center for Performing Arts at Rhinebeck. The Weekly World News-inspired, comedy-horror musical, tells the story of Edgar, a half-boy, half-bat, as he navigates his desire to be accepted in a small town that fears him. RTS brings this campy masterpiece to Rhinebeck just in time for Halloween.

With a book by Keythe Farley and Brian Flemming, and music and lyrics by Laurence O’Keefe, the show offers a unique theatrical experience that is both wildly entertaining and thought-provoking. This darkly comedic story begins when a few local teenagers discover Bat Boy in a nearby cave. For lack of a better solution, the local sheriff brings Bat Boy to the home of the town veterinarian, Dr. Parker, where he is eventually accepted as a member of the family and taught to act like a “normal” boy by the veterinarian’s wife, Meredith, and teenage daughter, Shelley.

Bat Boy is happy with his new life, but will his undeniable thirst for blood overcome his aspiration to be accepted?

When asked why audiences should come see this rare gem of a musical, director Lisa Delia shared “There’s something for everyone in this show; comedy, drama, melodrama, camp, plot twists... There are so many undiscovered gems in the theatrical canon, and Bat Boy is one of them. I’m telling you, it’s your favorite musical you haven’t seen yet.”

In addition to Delia (who recently directed RTS’s production of “She Kills Monsters”), the production team also includes Kelsey Wertheim (assistant

director), Brooke Wallace (choreographer), and Karen Sheehy (music director) who leads a 5-piece rock band for the performances. Twelve talented performers from across the Hudson Valley, local residents from Rhinebeck and Hyde Park, to actors traveling up to two hours from the Albany area, round out the cast which includes Sean Baldwin, Jessica Boyd, Cora Colwell, Courtney Constantino, Ben Parish, Mary Ruggerone, Chris Tomer, Corinne Walker, Jonah Woodcock, Emily Woolever, Matthew Woolever and Regan Zlotnick.

Sean Baldwin, who plays the titular role of Bat Boy, adds that “Aside from the electrifying music and the unexpected story, I hope audiences will be able to see some of the effects of prejudice in a community and reflect against the times that they’ve been bullied or mistreated, and the times when they’ve mistreated others. Despite all the horror-comedy, the show does have an impactful message behind it, which makes it that much more worth seeing.”

Bat Boy, which The New York Times calls “a tongue-in-cheek Gothic morality tale bent on revealing the bat in all of us,” is sure to add a much needed thrill to your Halloween offerings this fall. Performances run Oct. 11-27 at The Center, located at 661 Route 308, Rhinebeck. Friday and Saturday shows are at 8 p.m. and Sunday shows are at 3 p.m.; and all tickets are \$29. Friday, Oct. 11, is Pay What You Will and there will be a complimentary Community Meal onstage to follow the Sunday, Oct. 20, performance.

For more information and tickets, visit www.centerforperformingarts.org.



From left to right: Regan Zlotnick (Shelley), Emily Woolever (Meredith), Sean Baldwin (Edgar the Bat Boy), Matthew Woolever (Dr. Parker) star in Rhinebeck Theatre Society’s production of “Bat Boy: The Musical,” opening Friday, Oct. 11, at The Center for Performing Arts at Rhinebeck. *Courtesy photo*

what’s happening? creativeliving@sdutchessnews.com

DOT-TO-DOT PUZZLE

See page 25 for finished puzzle (no peeking!)

THE GREATEST DOT-TO-DOT BOOKS!

Sets
Stop your line after completing each set, then skip to the next set and start your line again.

- 1 thru 2
- 3 thru 5
- 6 thru 15
- 16 thru 23
- 24 thru 31
- 32 thru 40
- 41 thru 52
- 53 thru 79
- 80 thru 96
- 97 thru 121

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Tivoli Artists Gallery to open 'Farms, Feathers & Fields' Oct. 11



Tivoli Artists Gallery (TAG) presents "Farms, Feathers & Fields" from Oct. 11 to Nov. 10. There will be an opening reception on Saturday, Oct. 12, from 5 to 7 p.m. The exhibit features TAG members capturing the vistas of local farms, and fields, and maybe include some birds. Abundant in the Hudson Valley and beyond, from the migrating species that dip in and out in spring and fall, to faithful permanent residents that inhabit our backyards. You will find a range of styles and responses from printmakers, photographers, painters, sculptors and mixed media artists that continue to illuminate our relationship with nature, including perhaps a chicken or two. TAG is at 60 Broadway in Tivoli. For more information, call (845) 757-2667 or visit www.tivoliartistsgallery.com. Pictured, from top: Elisabeth Barnett, oil on canvas. "Migration Flight," Maria Zincio, Beeswax, Graphite and Pigment Oils. "Singing Fields," Relief print and Collage, Gina Palmer. *Courtesy of the artists*



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Guest violinist Uli Speth will perform Korngold's *Violin Concerto*, a piece famously known as the *Hollywood Concerto*.

Join us at 3:15 p.m. for a special presentation with Joseph Luzzi, to learn about this exciting period and the historical impact it made on film and music.



Sunday, October 27, 2024

4:00 p.m., The Culinary Institute of America, Hyde Park

Learn more and buy tickets at www.ndsorchestra.org



Our concert season is made possible, in part, through funding from the County of Dutchess and Dutchess Tourism, which is administered by Arts Mid-Hudson and by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.



Gardens I have known

It's a long and varied list.

May 26, 1959... "Today I planted carrots in my garden. I already have radishes in my garden."

May 30, 1959... "Today I ate the first radish out of my garden."

So began my lifelong love of gardens and gardening. I was nine years old. Since then I, and more recently Sue and I, have visited gardens in dozens of states and more than thirty different countries. We make our living growing flowers and vegetable transplants. Over the years I've been amazed, instructed and occasionally dismayed by what I've seen.

For example:

• **New York Botanical Garden:** A real treasure, just an hour from home. The orchid show, train show and rose garden are inspirations. I even took a class there about garden writing (can't you tell?). Even in February it's worth a trip, when the witch hazel is in full bloom.

• **Carlos Thays Botanical Garden:** During one of Argentina's perennial economic crises, we had the misfortune to visit the premier botanical garden in Buenos Aires. It was a mess, except for masses of "lily of the Nile" (agapanthus). Evidently these stunning spherical blue clusters are hard to kill. Sue and I were traipsing through an overgrown forest of weeds when we spotted a group of teenagers evidently checking out the sights. I couldn't resist asking if they were enjoying the garden. "We love it," came the reply. "We came to see the

cats." Only then did I notice the hundreds of stray cats living amongst the weeds. "We read about this garden in Cat Fancier magazine."

• **Regents Park:** On our way to Zambia, we had a 12-hour layover in London. The desk for our connecting flight wasn't open yet, so we dragged our suitcases through the streets, ending up at Regents Park. The stunning displays of begonias, petunias and roses are tourist-friendly, not for the serious horticulturist (we visited the botanist's mecca Kew Gardens on a separate trip). When we schlepped over to the London Zoo next door, I was so exhausted that I suggested we just take some photos of the animals in their cages and tell everyone that we had a great time in Africa. "Good idea", Sue replied. "But how do we explain all those bars?"

• **Namib-Naukluft National Park:** It's not easy finding a garden in Namibia, one of the driest and most sparsely populated countries on the planet. After driving our jeep for hours through the national park in Swakopmund, we came upon the Welwitchia, the oldest plant in the world, thriving in the middle of the desert. It looks like a pile of rubble. Incidentally, our two-week sojourn in Namibia turned out to be filled with adventure, from sand surfing to enjoying the best breakfast I ever had at the Hansa Hotel.

• **The Miracle Garden:** Airplane trouble left us in Dubai on our way to Ethiopia.



Above: Miracle Garden in Dubai, Saudi Arabia. Photo by Sue Adams. Below: Mark's diary entry for May 26, 1959. Photo by Mark Adams

Sue picked up a "Time Out Dubai" magazine, and we found out about the Miracle Garden. It sounded hokey but we took a bus there anyway, since we love gardens. WOW! It was hokey alright, but amazing. 150 million flowers in full bloom; hundreds of topiaries. We also got to watch camel races, go up in the world's tallest building, drink camel milk (me, not Sue) and eat camel meat (also me, not Sue).

• **The Akureyri Botanical Garden:** What a surprise – a lovely garden north of the Arctic Circle. Of course, it gets 24 hours of sunlight the whole month of July. Iceland poppies galore. Iceland itself would be a more popular tourist destination if it didn't rain all the time.

• **Bellefield: The Beatrix Farrand Garden at Bellefield,** on the grounds of

the F.D. Roosevelt Home in Hyde Park, has a special corner in my heart because my mom volunteered for years as "chief weeder." Now our daughter Becky is continuing the legacy as a member of the association's board of directors. Visit anytime, especially when the peonies are in bloom.

• **Vanderbilt Italian Garden, Locust Grove, Innisfree, College Hill:** These are just a few of the local gardens I've enjoyed. I don't have a favorite, but if I did, it would be my very own vegetable garden, which I've been tending for the past 65 years (and counting).

Mark Adams is an agricultural advisor to the Dutchess County Executive, Dutchess County B.O.C.E.S. and Cornell University.

FALL TEA AT WILDERSTEIN OCT. 26

Wilderstein Historic Site will hold its Fall Tea on Saturday, Oct. 26, at 1 p.m. The event will feature fine tea from Harney & Sons and an assortment of sweet and savory delectables. Also enjoy a tour of the Wilderstein mansion and/or a stroll to experience the estate's breathtaking fall foliage. Registration is required; visit <https://wilderstein.org/calendar/> or call the Wilderstein Office at (845) 876-4818 for additional information.

Teatime has always been a cherished tradition at Wilderstein. Margaret (Daisy) Suckley, the last resident of the estate, was well-known for hosting afternoon tea. To this day, many remember her warmth, elegance, and gracious hospitality.

Wilderstein is a not-for-profit house museum at 330 Morton Road in Rhinebeck. With its Queen Anne mansion and Calvert Vaux designed landscape, Wilderstein is widely regarded as the Hudson Valley's most important example of Victorian architecture.

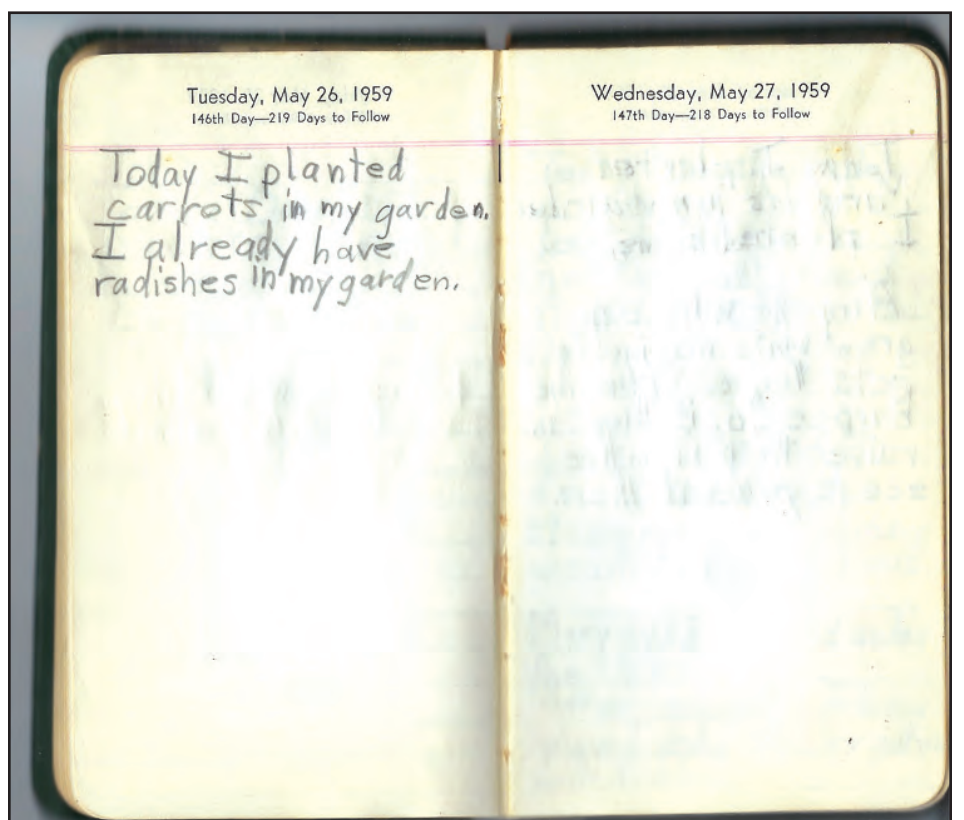
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The legend of Stingy Jack

An origin tale of the Jack o' Lantern

Long ago in a small village in Ireland, there lived a blacksmith with wicked ways. He was known by the villagers as Stingy Jack, an old man who cared for no one but himself and loved only drink and finding ways to cheat those around him.

One All Hallows Eve night Jack was staggering home from the pub, gloating as he made his way because he had swindled a coin from a young lad earlier in the day. The coin was nestled safely in his pocket alongside a brass crucifix, which he planned to take to the vicar knowing he could bully the godly man into paying for it, as he had done so before.

As he neared his cottage, Jack came across a tall figure dressed in black, his face hidden. Startled, Jack put up his fists to fight the figure who surely must want his coin.

"I have no money, so you'd best be off," said Jack, swaying on his feet.

"I don't believe you, Stingy Jack," replied the figure.

"How do you know my name?" Jack was frightened, but held his ground, trying to see the face hidden beneath its black hood.

"Everyone speaks of you and your cheating, penny-pinching ways. I have heard many stories of the things you have done, far too many not to meet the man himself."

Jack tried to push past the figure, but it was as if it was made of the night air.

"There will be no more drinking or tricking people out of their money for you, Stingy Jack. Your long and miserable life has come to an end and I am here to take you to Hell."

Jack now knew the figure was the Devil himself. Terrified, he pleaded with him, begging for forgiveness, but to no avail.

"Death waits for no one but I am feeling generous tonight so I will make you a deal," the Devil said. "I will allow you one wish before I drag you away. Perhaps you will give the boy his coin back? Or make amends with the vicar?"

"I want one last drink," Jack said, an idea forming in his ever-scheming mind. "And to buy you one, too."

"So be it," the Devil said. "I will give you one last hour."

Back at the pub, Jack was met with boos and shouts of disdain, but he was used to it and cared not at all. He and the Devil sat down and Jack ordered a round for the two of them.

After an hour the Devil told him it was time to leave. The bartender, wise to Jack's ways, demanded his payment.

"My friend here will give you a coin," Jack said. But the Devil had none. The bartender said they could not leave until payment was made. Jack looked at the Devil. "If you turn yourself into a coin I can pay the bill. Then you can change back when he isn't looking and we can be on our way."

The Devil, who it seems was not as clever as Jack, agreed. As soon as he had turned himself into a gold coin, Jack snatched it up and placed it in his pocket beside the crucifix, trapping the Devil there, and ran out the door, the Devil shouting in protest all the way to Jack's cottage.

Once safely inside, Jack said "Now I will make you a deal. Your freedom for one more year of my life." The Devil agreed and Jack removed the crucifix from his pocket and just like that, the Devil disappeared.

But the year was not kind to Jack, whose hair turned white and body became crooked and stooped. The bartender had burned Jack's cottage to the ground and taken the crucifix and coin as his payment, leaving Jack with nothing. He had withered away because he had no money for food, left to scrounge for whatever he could find. When the Devil returned to take him, he was barely recognizable as the Stingy Jack from before.

"Please," begged Jack, "I am starving! Help me find something to eat before we go!"

The Devil remembered Jack's cunning



Jack o' Lanterns. Photo from creativecommons.org

all too well and did not intend to be fooled again. Still, he agreed and led Jack to an apple tree laden with fruit high in its branches. Jack's eyes widened but then he looked miserable.

"I cannot climb to get the apples," he moaned. "My back is far too bent."

The Devil climbed the tree then to pick an apple but when he did, Jack carved a cross in the trunk, once again trapping the Devil. "Give me ten more years and I will cut out the cross and set you free." And so the Devil agreed and the deal was done.

Ten years later, Jack died alone in the woods. When his soul made its way to the Pearly Gates, he was stopped by an Angel who turned him away, saying he was far too deceitful and untrustworthy for Heaven but could likely find a place in Hell to rest.

He was met at the steps to Hell by the Devil himself who also turned him away, this time not giving in to Jack's pleas. Instead, he pointed to the dark forest, saying his soul would now forever wander Purgatory. Jack begged for at least a light so that he might find his way and the Devil reached into the fires of Hell and withdrew an ember before turning away for the last time.

Jack took the ember, but it was too hot to carry in his hand. He came across a vegetable patch and took from it a turnip, which he hollowed out, placing the ember inside. Then Jack went on his way, doomed to wander Purgatory for all eternity with his lantern to light his way. On dark October nights you can still see Jack

o' the Lantern on his endless journey, his punishment for his wicked ways.

There's no denying that pumpkins are ingrained in our fall celebrations. We place them on porches and tabletops, bake them into pies and cookies, spice and drink their essence in coffee. It's hard to imagine fall or Halloween without them. When immigrants from Ireland arrived in America, they brought their legends with them and the story of Stingy Jack is one. The tradition of carving lanterns for All Hallows Eve was made easier when they began using the pumpkins native to our country, forever securing Jack o' Lanterns in our culture and adding to the rich history of Halloween.

So when you find that perfect pumpkin to carve and light its candle, spare a thought for Stingy Jack. Though he may not deserve much sympathy, we should at least acknowledge his contribution to one of our most beloved Halloween traditions. Just don't make the mistake of falling for his crafty ways. And never, ever make a deal with him!

Vicki Frank Day's background includes over two decades in various aspects of the food service industry. In addition, she has over 27 years' experience in marketing, graphic design, copy writing, food styling and research. She believes cooking should be a fun adventure, that food should be an experience and that every day can be a special occasion. Email her at vickiloves2cook@gmail.com.

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Through Oct. 27: The Haunted Fortress of Stanford, 11 Creamery Road, Stanfordville. Open Fri. & Sat., 6:30-9:30 p.m.; Sun., 6:30-8:30 p.m. Cash only; no open-toed shoes. Sensory Friendly Show on Sun., Oct. 20, 2-4 p.m. This Sensory Friendly event allows guests to walk through the entire Haunted Fortress during the daytime. NO scary sounds, NO creepy actors, NO strobe lights, NO cost. Check (845) 868-7782, www.townofstanford.org or Facebook for foul weather cancellations.

Oct. 10: Big Read Discussion, Sadie Peterson Delaney African Roots Branch Library at the Family Partnership Center, 29 N. Hamilton St., Room 224, Poughkeepsie. Dr. Jen Brown, Esq., will lead a discussion, "Redlining In Poughkeepsie," about the local history of redlining, the discriminatory practice of denying services like mortgages and loans based on race or ethnicity, at 6:30 p.m. www.poklib.org

Oct. 11-13: "Hamlet," Montgomery Place, Annandale-on-Hudson. Outdoor performance of Shakespeare's "Hamlet," directed by Francis Karagodins, 4 p.m. Running time: 90 minutes. Free admission, reservations not required. More information: franciskaragodins@gmail.com

Oct. 11-27: "Bat Boy: The Musical," The Center for Performing Arts at Rhinebeck, 661 Rte. 308, Rhinebeck. Presented by Rhinebeck Theatre Society. Performances: Fri. & Sat., 8 p.m.; Sun., 3 p.m. Tickets \$29. Pay What You Will at the door ONLY Opening Night Friday, 10/11. (845) 876-3088 or www.centerforperformingarts.org

Oct. 11, 18 & 25: Haunted History Ghost Tours, Old Rhinebeck Aerodrome, 9 Norton Rd., Rhinebeck. These walking tours will be filled with tales of pilots lost, adventures ending in tragedy, and tales of the haunted history of the Aerodrome. Tours will begin at 6, 6:30, 7:15 and 7:45 p.m. and last about 70 minutes. Tickets \$20, reservations required. (845) 752-3200 or <https://oldrhinebeck.org/>

Oct. 12: Con Brio Concert Series: "Bach to Broadway," Christ Episcopal Church, at the corner of Barclay, Academy, & Carroll streets, Poughkeepsie. Nathan Avakian & James Fitzwilliam - Duo Organists, playing music for Pipe Organ and for Theatre Organ, 7 p.m. Presented by the New York State Theatre Organ Society and the Central Hudson Valley Chapter of the American Guild of Organists. Suggested donation: \$25. (845) 452-8220

Oct. 12: Concert, United Methodist Church Fellowship Hall, Rte. 9, Hyde Park. The Hyde Park Library will present a concert at 1 p.m. featuring Pat Lamanna, Eric Garrison, and Kevin and Carol Becker. Former library director Greg Callahan will host the event. Donations suggested for event and will be put toward the library's Accessibility Project. (845) 229-7791

Oct. 12: Elysium Furnace Works presents Yuko Otomo, VBI Theatre of Cunneen-Hackett Arts Center, located at 12 Vassar St., Poughkeepsie. A writer and visual artist whose work demonstrates remarkable range, sensitivity and perspicacity, Otomo, widow of the noted late free-jazz poet Steve Dalachinsky, has long been closely associated with the Downtown New York City musical avant-garde. For this event, Otomo will be reading from her truly unique work, joined for the first time in performance by her friend and EFW MVP, the legendary bassist/multi-instrumentalist William Parker, 8 p.m. Tickets \$15 advance, \$25 door. <https://otomo.eventbrite.com/> (advance sales end at midnight the night before the concert)

Oct. 12: Staatsburg Village Walking Tour, Staatsburgh State Historic Site, 75 Mills Mansion Drive Rd. 1 (off Old Post

Rd.), Staatsburg. This 90-minute walk in the village of Staatsburg will explore the estate's close relationship with the nearby village and its connection to the Mills family. A guide will discuss historic buildings and highlight hidden locations in the village that demonstrate Staatsburg's vibrant past and the lasting legacy of Ruth and Ogden Mills beyond the estate walls. 10 a.m. Free, but reservations required at <https://Bookeo.com/StaatsburghSHS>. (845) 889-8851

Oct. 12: Tangent Theatre Company Play Reading, Village Hall, 86 Broadway, Tivoli. Reading of "Bobby Gould in Hell" by David Mamet, 6 p.m. Free admission, donations welcome. RSVP required to info@tangent-arts.org

Oct. 12-13: Stormville Airport Antique Show and Flea Market, Stormville Airport Flea Market, 428 Rte. 216, Stormville. Hunt for all sorts of treasures, 8 a.m.-4 p.m. As seen on the HGTV show "Flea Market Flip," you can find anything and everything at the Stormville Flea Market, with hundreds of vendors offering antiques, jewelry, furniture, artwork, collectibles, crafts, new and vintage clothes and so much more. There is plenty to eat and drink. No pets are allowed. Admission and parking are free. (845) 221-6561 or www.stormvilleairportfleamarket.com

Oct. 12-14, 19-20: Harvest Hunt Kids' Scavenger Hunt, Locust Grove Estate, 2683 South Rd., Poughkeepsie. Come enjoy a kid-friendly day in the gardens and find more than 30 decorated pumpkins and whimsical photo ops hidden among the flowers and trees on a Locust Grove scavenger hunt/story walk on the grounds of the historic mansion. Tour at your own pace, stay all day or just as long as you'd like. Costumes encouraged! Bring a picnic to enjoy under the trees, 10 a.m.-3 p.m. This entertaining family program features decorated pumpkins telling the story of Locust Grove, including the people and animals who lived and worked at the historic estate since its first famous occupant lived here, Samuel A. Morse, the inventor of the telegraph. "Drive" a 1913 "Cadillac," ring the bell on an historic "train," sit on "Doodles" the sawhorse pony and more. Adults need to purchase tickets as well. Go to www.lgny.org to purchase tickets. (845) 454-4500

Oct. 13: Halloween Reptile Show with Wild & Bright, Mid-Hudson Discovery Museum, 75 N. Water St., Poughkeepsie. Join reptile educator Maureen, of Wild & Bright, for a Halloween-inspired experience featuring an up-close look at real reptile skeletons, 2:30-3:30 p.m. Meet species that appear to "come back to life" like zombies, and others with fascinating traits like a hidden third eye. All ages are welcome. Parents or guardians of young children are required to be present for the program. COST: Free with museum admission. Seating is limited and is offered on a first-come, first-served basis.

Oct. 16: Big Read Film Screening, Boardman Road Branch Library, 141 Boardman Rd., Poughkeepsie. Screening of the documentary film "John Lewis: Good Trouble," 6:45 p.m. Come and view an intimate account of legendary U.S. Representative John Lewis' life, legacy, and more than 60 years of extraordinary activism – from the bold teenager on the front lines of the Civil Rights Movement to the legislative powerhouse he was throughout his career. All ages welcome. www.poklib.org

Oct. 16: Documentary Screening, Upstate Films, Starr Cinema, Rhinebeck. Free screening of the new documentary, "Into the Light: Meaningful Recovery From Psychosis," followed by a Q&A session with two of the doctors involved in the documentary, 3-5 p.m. (845) 876-2515

Art Gallery 71, 71 E. Market St., Rhinebeck. **Oct. 11-Nov. 3:** Paintings and photography of this month's featured artist, Richard Chianella. Chianella's acrylic pour paintings celebrate color, form, shape and texture, and his photography – with a current focus on birds – reveals a deep appreciation for the beauty, strength and fragility of the natural world. **Reception:** Sat., Oct. 19, 4-6 p.m. www.artgallery71.com

Artists' Collective Gallery of Hyde Park (ACHP), 4338 Albany Post Rd., Hyde Park. **Through October:** "Magic!" exhibition by gallery members. achpny@gmail.com, (845) 366-6856, artistscollectiveofhydepark.com

Arts Mid-Hudson Gallery, 696 Dutchess Turnpike, Suite F, Poughkeepsie. **Through Oct. 20:** "Estamos Aquí: Celebrating Hispanic Heritage Month," an exhibition that celebrates the richness, diversity, and cultural contributions of Hispanic, Latinx, and Afro-Latino artists in the Hudson Valley. Artist Talk Closing Reception: Sun., Oct. 20, 1-3 p.m. www.artsmidhudson.org

Bannerman Island Gallery, 150 Main St., Beacon. **Through January 2025:** "The True Story of Bannerman's Island," Bannerman Castle Trust's 30th anniversary exhibition featuring fine art, historic & contemporary photographs, Bannerman Island antiques & artifacts. www.bannermancastle.org

CCS Bard's Hessel Museum of Art, Bard College, Annandale-on-Hudson. **Through Dec. 1:** Ho Tzu Nyen: Time and the Tiger, the first in-depth examination of Ho Tzu Nyen (b. 1976, Singapore) in the United States. Widely considered one of the most innovative artists to emerge internationally in the past 20 years, Ho works across a variety of media, including film, video, installation, painting, writing, and performance to critically examine how histories—be they state, cultural, or personal—are continually imagined, negotiated, and performed. **Through Dec. 1:** Carrie Mae Weems: Remember to Dream, exhibition revisits the range and breadth of Weems' prolific career through rarely exhibited and lesser-known works that demonstrate the evolution of her pioneering, politically engaged practice. **Through Oct. 20:** Start Making Sense, exhibition draws upon the exceptional art holdings at CCS Bard. Featured artists include Ida Applebroog, Mark Dion, Andrea Fraser, Lyle Ashton Harris, Mary Heilmann, Chris Ofili, Catherine Opie, Laura Owens, Rirkrit Tiravanija, and Christopher Wool, among others. <https://ccs.bard.edu/museum>

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through October:** Featured in the Victorian Gallery at 9 Vassar St. will be Emily Marchesiello, and at 12 Vassar St., JJ Kathe will showcase her pieces in the Reception Gallery with Carol Loizides presenting her artwork in the Hancock Gallery. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access. More info: cunneen-hackett.org

Frances Lehman Loeb Art Center, Vassar College, 124 Raymond Ave., Poughkeepsie. **Through Feb. 2, 2025:** "Reproductive: Health, Fertility, Agency," an exhibition that brings together diverse artistic perspectives to address critical issues including birth, miscarriage, pleasure, access to abortion, trauma, and the loss of fertility. Through a range of media and approaches, the artists provide a space for reflection and dialogue on these vital topics, challenging viewers to engage with the complexities of reproductive experiences and the pursuit of agency. (845) 437-5632 or <https://www.vassar.edu/theloeb>

Franklin D. Roosevelt Presidential Library & Museum, 4097 Albany Post Rd. (Rte. 9), Hyde Park. **Through December:** Developed in collaboration with a distinguished committee of scholars, "Black Americans, Civil Rights, and the Roosevelts, 1932-1962" centers the historical voices of many Black community leaders, wartime service members, and ordinary citizens who engaged the Roosevelt administration directly and who pushed for progress. Within this context, the exhibit examines the political evolution of both Franklin and Eleanor Roosevelt regarding racial justice. www.fdrlibrary.org

Hyde Park Library Annex, 2 Main St., Hyde Park. **Through December:** Wildlife Photography by Daniel Schoonmaker from September to December. Proceeds from the sale of the photos will benefit the library's accessibility project. (845) 229-7791

LAND Gallery, 30 Charles Colman Blvd., Pawling. **Through Oct. 27:** "The Sensual Side of Birds," photographs by Jeff Ginsburg and Lu Li. The bird photographs show a strong connection between the photographers and their wild subjects, inviting you into a world of impact, emotion and beauty. **Artists' talk:** Sat., Oct. 19, 1:30-2:30 p.m. www.landgalleryonline.com or www.ShermanArtists.org. Pictured: "Dog Eared Cardinal" by Lu Li. Courtesy photo



Morton Memorial Library, 82 Kelly St., Rhinecliff. **Oct. 11-31:** Morton's Celebration of Fiber Arts. **Opening:** Fri., Oct. 11, 6-8 p.m. (845) 876-2903

Olana State Historic Site, Sharp Family Gallery, 5720 Rte. 9G, Hudson. **Through Oct. 29:** "Afterglow: Frederic Church and the Landscape of Memory," a series of intimate memorial landscapes painted by Church, 19th-century America's foremost landscape painter, and highly personal family artifacts – never before exhibited -- from Olana's collections. The theme of landscape as a vehicle for personal reflection and healing continues outdoors at Olana with "Memories in the Landscape," a self-guided tour of Olana's dedicated rustic benches that bring to life the stories and memories around loved ones. (518) 751-6879 or www.olana.org

Tivoli Artists Gallery, 60 Broadway, Tivoli. **Oct. 11-Nov. 10:** "Farms, Feathers & Fields," features TAG members capturing the vistas of local farms, and fields, and maybe some birds. Works range in styles and responses from printmakers, photographers, painters, sculptors and mixed media artists. **Opening reception:** Sat., Oct. 12, 5-7 p.m. (845) 757-2667 or www.tivoliartistsgallery.com.

WomensWork.art, 12 Vassar St., 3rd Floor, Poughkeepsie. **Through Nov. 24:** "The Last Breath: Death & Contemporary Art," celebrate the art of Death, Memento Mori and its impact on women/femme artists and their interpretations of the subject matter in their artwork. **Artists' Talk/Closing Reception:** Sun., Nov. 24, 1-3 p.m.

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New Deal Creative Arts Center wows benefactors

“Whether you have a resume a mile long or can’t carry a tune in a bucket, New Deal Creative Arts Center is the place for you,” says director Teresa Gasparini. However, what financial contributors to the center heard Thursday night August 29, rivaled Broadway.

The Center was the beneficiary of a very successful “5th Thursday Cocktails for Charity” Hyde Park Rotary Club fund raising event. Over 50 attended the evening event at Coppola’s.

“This is what the Rotary Club does: support activities that enrich and serve the community”, said Richard Mattocks, president of the Hyde Park club.

The New Deal Creative Arts Center is a non-profit organization located in Hyde Park. It is a creative outlet exploring and celebrating all forms of art (fine, performing, visual, literary, etc.) through workshops, classes, special events, and performances. The main focus is accessibility and opportunity for artists and audiences of all ages, abilities and backgrounds.

Gasparini, simply Teresa to all her students and collaborators, explained: “We named ourselves the New Deal Creative Arts Center because during the depths of the great depression of the 1930s and into the early years of World War II, the federal government supported the arts in unprecedented ways. The New Deal Arts projects provided work for jobless artists, but they also had a larger mission: to promote American art and culture and to give more Americans access to what president Franklin D. Roosevelt described as ‘an abundant life.’”

Visit <https://newdealarts.org> for information about The Center’s space for artists and audiences to explore and celebrate the intersections of the innovative and traditional through various methods of arts and expression, grounded in accessibility and opportunity in the arts for all.



Thomas Iorio and Riley Dobbins perform during the New Deal Creative Arts Center fundraiser sponsored by Hyde Park Rotary. *Courtesy photo*

Rotary focuses on taking actions to create lasting change in the Club’s community and around the world. Founded 1905, Rotary is an international organization of business and professional leaders united worldwide to provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. There are approximately 1.4 million Rotary members in about 46,000 clubs in over 200 countries. Founded in 1958, the Hyde Park Rotary Club boasts 20 members and counting.

Contact the Hyde Park Rotary Club at facebook.com/rotaryhydeparkny,

Stephane Wrembel returns to Towne Crier with renowned jazz pianist



The Stephane Wrembel Band with Jean-Michel Pilc will perform at the Towne Crier Cafe in Beacon on Saturday, Oct. 12, at 8:30 p.m. Jazz legend Wrembel and renowned pianist Pilc have collaborated in a new project called “Triptych.” Wrembel stands as one of the world’s most celebrated guitarists recognized for his masterful blend of jazz, gypsy swing and world music enchanting audiences across the globe with his unique sound. Pilc, acclaimed for his improvisational prowess, has performed alongside jazz legends worldwide, served as the musical director and pianist for Harry Belafonte, and engaged in memorable duets with opera singer Jessye Norman. To purchase tickets, call (845) 855-1300. *Photo by Jason Riedmiller*

what’s happening? — creativeliving@sdutchessnews.com

Upcoming events at the Beatrix Farrand Garden

The Beatrix Farrand Garden Association of Hyde Park (BFGA) will hold the following events to commemorate I Love NY’s “Path through History” weekend:

The season’s last “Greeters in the Garden” event is set Sunday, Oct. 13, from 1 to 3 p.m. Informed docents will be available to share stories, history, and plant information at the historic, walled garden designed in 1912 by America’s first woman landscape architect.

“What is remarkable about the Beatrix

Farrand Garden at Bellefield?” Informal talk and tour on Monday, Oct. 14; visit between 10 a.m. and noon to learn and picnic in the beautiful walled garden at Bellefield. Adults and kids are welcome (a garden scavenger hunt for kids). Free.

The garden is located on the FDR National Historic Site, 4097 Albany Post Road (Route 9), Hyde Park. As always, it is free to visit and open daily all the hours the Wallace Center is open. Email pamela@bfgahydepark.org for more information.

‘Scary Stories in the Barn’ returns to Mount Gulian

Once again, Mount Gulian will be opening its creaky historic barn doors to adults and children to hear the delightfully spooky and creepy tales told by master storyteller Lorraine Hartin Gelardi.

Mount Gulian will host this fun event on the afternoon of Sunday, October 27. Doors open at 3:15 p.m. and the live performance by Hartin Gelardi will begin at 4 p.m. Light refreshments, before the performance, will be available.

Elaine Hayes, Executive Director, said

“Because last year’s event was attended primarily by adults, Ms. Hartin Gelardi has revised her repertoire this year so that her stories will be for adults, but there definitely will be kid-friendly ones too.”

Guests are urged to dress warmly, as our historic barn is not heated. Seats fill quickly. Admission is \$15 for adults; \$8 for children (ages 5 through 15). For further information call 845-831-8172 or email at info@mountgulian.org.

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Suguru

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The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: NBA

ACROSS

- Port city in Japan
- *Team ride
- Nordic native
- Equipped with feathers
- Cigarette deposit
- *Arena, e.g.
- Not odds
- Hawaiian welcome wreath
- Bone hollows
- *NBA headquarters location
- *Bill ____ NBA Finals Most Valuable Player award
- "Roses ____ red ..."
- *NBA centers typically have long ones
- Tarzan the ____ Man
- Cry like a baby
- 3.26 light-years
- "Off The Wall" shoe
- Living quarters
- Shop ____ slogan
- "I'm ____ you!"
- Got some shuteye
- Comme ci, comme ça
- Brandish
- Ski hill ride
- Contractor's work order
- *Basketball blocking move
- Swedish shag rugs
- Member of a "benevolent and protective order"
- Kind of cola
- Thrice-repeated dance step
- *Power ____ position
- *NBA team with most championships
- Deprive of armor
- Genetic acronym
- Plural of ostium
- Junk yard stuff
- Geisha's sash
- *Nickname for 61 Across
- Ooze
- *NBA Sixth ____ of the Year Award
- Type of leaf cabbage, pl.

DOWN

- Bun baker
- "____ me a seat"
- From square one
- Tanzania's northern neighbor
- Not absorb, nor repel
- Refuse to comply
- Wear and tear
- Bake an egg
- Sunglasses "glass"
- Cassino chip
- Not knit
- Church sound
- Lord's subordinate
- Good____, book lovers' app
- Strike caller
- High school math class
- Declares to be true
- Sweat-inducing attack
- Come in!
- *The Stilt's first name
- David Schwimmer on "Friends"
- Breadth
- Art support
- *Shot____, NBA countdown timer
- Cobbler's concern
- Fix a dog
- Vanish without this?
- Abscond
- Conjunction that joins alternatives and negatives
- Inferior goods
- Read-only disc
- Away from port
- Much ado
- One time
- Like pink steak
- Sandwich alternative
- Abel's big brother
- It will
- Give a ticket
- Fresh talk
- *Commissioned by Adam Silver

CROSSWORD

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The solutions to both the Sudoku & Crossword puzzles can be found on page 27

Legal Notices

STATE OF NEW YORK
SUPREME COURT: DUTCHESS COUNTY

In the Matter of the Foreclosure of Tax Liens by Proceeding
In Rem pursuant to Article Eleven of the Real Property Tax
Law, Chapter 602, Laws of 1993 by

THE CITY OF POUGHKEEPSIE
in the Years 2020 and 2021

PLEASE TAKE NOTICE that on the 19th day of September, 2024, the Commissioner of Finance, hereinafter, the "Enforcing
Officer", of the City of Poughkeepsie, hereinafter, the "Tax District", pursuant to law filed with the clerk of county, an amended
petition of foreclosure against various parcels of real property for unpaid taxes (hereinafter the "petition"). Such petition pertains
to the following parcels annexed hereto as Exhibit A.

Effect of filing: All persons having or claiming to have an interest in the real property described in such petition are hereby
notified that the filing of such petition constitutes the commencement by the Tax District of a proceeding in the court specified in
the caption above to foreclose each of the tax liens therein described by a foreclosure proceeding in rem.

Nature of proceeding: Such proceeding is brought against the real property only and is to foreclose the tax liens described in such
petition. No personal judgment will be entered herein for such taxes or other legal charges or any part thereof.

Persons affected: This notice is directed to all persons owning or having or claiming to have an interest in the real property
described in such petition. Such persons are hereby notified further that a duplicate of such petition has been filed in the office of
the Enforcing Officer of the Tax District and will remain open for public inspection up to and including the date specified below as
the last day for redemption.

Right of redemption: Any person having or claiming to have an interest in any such real property and the legal right thereto may
on or before said date redeem the same by paying the amount of all such unpaid tax liens thereon, including all interest and
penalties and other legal charges which are included in the lien against such real property, computed to and including the date
of redemption. Such payments shall be made to City of Poughkeepsie, City Hall, 62 Civic Center Plaza, Tax Division--1st Fl.,
Poughkeepsie, NY 12601 by CASH OR BANK CHECK (no partial payments can be accepted). In the event that such taxes are
paid by a person other than the record owner of such real property, the person so paying shall be entitled to have the tax liens
affected thereby satisfied of record.

Last day for redemption: The last day for redemption is hereby fixed as the 25th day of March, 2025.

Service of answer: Every person having any right, title or interest in or lien upon any parcel of real property described in such
petition may serve a duly verified answer upon the attorney for the Tax District setting forth in detail the nature and amount of his
or her interest and any defense or objection to the foreclosure. Such answer must be filed in the office of the county clerk and
served upon the attorney for the Tax District on or before the date above mentioned as the last day for redemption.

Failure to redeem or answer: In the event of failure to redeem or answer by any person having the right to redeem or answer, such
person shall be forever barred and foreclosed of all his or her right, title and interest and equity of redemption in and to the parcel
described in such petition and a judgment in foreclosure may be taken by default.

Enforcing Officer:

NOTICE
OF FORECLOSURE

Index No. 2022-53998

DR. BRIAN MARTINEZ
Commissioner of Finance
City of Poughkeepsie
REBECCA A. VALK
Corporation Counsel
City of Poughkeepsie
62 Civic Center Plaza
Poughkeepsie, NY 12601
(845)451-4065

Attorney for the Tax District:

Exhibit A

Table with 5 columns: ID NO., OWNER OF RECORD, PARCEL, LOCATION, TOTAL DUE*. Contains 112 rows of property data.

LEGAL CONTINUED ON NEXT PAGE

Legal Notices

REQUEST FOR BIDS
NOTICE

The Purchasing Agent,
County of Dutchess,
Poughkeepsie, New
York, hereby invites the
submission of sealed
bids for: Bid#RFB-DCP-
70-24

Weatherproofing Pro-
tection (Sealer) for
Concrete or Masonry
Bids will be received un-
til 2:00 p.m. on the 17th
day of October 2024 at
the Dutchess County Di-
vision of Central Ser-
vices, 378 Violet Ave-
nue, Suite 2, Pough-
keepsie, New York
12601. Specifications
and bid forms may be
obtained by visiting our
website http://
www.dutchessny.gov,
selecting "Govern-
ment", then selecting
"Bidding and RFP Op-
portunities". For addi-
tional information, call
845-486-3613.

Please take notice
pursuant to Town Law
Sect. 105, the Hillside
Fire District will hold a
publichearing to discuss
the contents of
its proposed budget for
2025. The publichearing
will be held at the Hillside
Fire Department located
at 11 Fox Hollow Road,
Rhinebeck, NY at 7:00
pm on October 16th,
2024. A copy of the pro-
posed budget is avail-
able at the offices of the
Town Clerk of
Rhinebeck and Hyde
Park where it may be in-
spected by any
interested person
during office hours.

LEGAL NOTICE -
WORKSHOP

EAST CLINTON FIRE
DISTRICT BOARD OF
COMMISSIONERS
PLEASE TAKE NO-
TICE, the East Clinton
Fire District Board of
Commissioners will hold
a workshop on Wednes-
day, November 6, 2024
at 6:30 p.m. at the fire-
house located at 9 Fire-
house Lane, Clinton
Corners, New York for
the purpose of discus-
sions regarding a new
firehouse.
Dated:
October 3, 2024
By order of the East Clin-
ton Fire District Board of
Commissioners
Carol Mackin,
Secretary

REQUEST FOR BIDS
NOTICE

The Purchasing Agent,
County of Dutchess,
Poughkeepsie, New
York, hereby invites the
submission of sealed
bids for: Bid#RFB-DCP-
68-24

Auto Body Repair Ser-
vices for County Owned
Vehicles

Bids will be received un-
til 2:00 p.m. on the 22nd
day of October 2024 at
the Dutchess County Di-
vision of Central Ser-
vices, 378 Violet Ave-
nue, Suite 2, Pough-
keepsie, New York
12601. Specifications
and bid forms may be
obtained by visiting our
website http://
www.dutchessny.gov,
selecting "Govern-
ment", then selecting
"Bidding and RFP Op-
portunities". For addi-
tional information, call
845-486-3613.

TOWN OF PLEAS-
ANT VALLEY
2025 BUDGET
MEETING DATES

The Pleasant Valley
Town Board will hold
their 2025 Budget
meetings
at
Town Hall 1554 Main

Legal Notices

Street, Pleasant
Valley, NY

on the following
dates:

SPECIAL TOWN
BOARD MEETING

Special Town Board
meeting to be held on
Monday, September
23, 2024 at 5:00PM

has been
CANCELLED.

WORKSHOP
MEETING

-Wednesday,
October 7, 2024 at
7:00PM

PURPOSE: Resolu-
tion to release of the
2025 Preliminary
Budget and Sched-
ule Public Hearing for
10-21-24

REGULAR TOWN
BOARD MEETING

-Monday October 21,
2024 at 7:00PM

PURPOSE: To Hold
Public Hearing for
2025 Preliminary
Budget

Debra Dugal, Deputy
Town Clerk
Town of Pleasant
Valley

Legal Notices Legal Notices Legal Notices Legal Notices Legal Notices

Legal continued from previous page

751P	SOULES JASON	131300-6162-62-177344-0000	GARDEN ST	\$193.15
752P	SOULES JASON	131300-6162-62-177344-0000	GARDEN ST	\$211.44
763P	DUGGER JOHN W JR	131300-6162-63-296348-0000	152 N CLINTON ST	\$1,695.90
776P	SOSA JOSE	131300-6162-64-477282-0000	160 SMITH ST	\$2,029.78
777P	SOSA JOSE	131300-6162-64-477282-0000	160 SMITH ST	\$2,222.10
780P	LITTLEFIELD MARJORIE	131300-6162-64-500354-0000	14 BARTLETT ST	\$1,522.70
781P	LITTLEFIELD MARJORIE	131300-6162-64-500354-0000	14 BARTLETT ST	\$2,530.76
797P	GALES GILBERT	131300-6162-65-614354-0000	9 HOWARD ST	\$237.29
801P	MID-HUDSON CIVIC CENTER INC	131300-6162-69-020138-0000	14 CIVIC CENTER PLZ	\$217,426.70
802P	MID-HUDSON CIVIC CENTER INC	131300-6162-69-020138-0000	14 CIVIC CENTER PLZ	\$201,724.05
815P	WHITE LEAH	131300-6162-70-155142-0000	48 CATHARINE ST	\$1,810.62
816P	WHITE LEAH	131300-6162-70-155142-0000	48 CATHARINE ST	\$3,889.38
822P	MANSION STREET INC	131300-6162-70-172186-0000	MANSION ST	\$193.15
823P	MANSION STREET INC	131300-6162-70-172186-0000	MANSION ST	\$211.44
832P	SALAS-MARTINEZ PEDRO	131300-6162-71-261220-0000	21 COTTAGE ST	\$2,586.03
849P	DEAS BERNICE E	131300-6162-72-402215-0000	68 COTTAGE ST	\$271.66
850P	DEAS BERNICE E	131300-6162-72-402215-0000	68 COTTAGE ST	\$280.83
869P	HSBC BANK USA NA	131300-6162-73-568164-0000	FITCHETT ST	\$635.20
870P	HSBC BANK USA NA	131300-6162-73-568164-0000	FITCHETT ST	\$695.58
871P	NEGRETE ADOLFO LAZCANO	131300-6162-73-570167-0000	31 FITCHETT ST	\$3,107.64
872P	NEGRETE ADOLFO LAZCANO	131300-6162-73-570167-0000	31 FITCHETT ST	\$3,401.82
888P	POK MILL HOUSING DEVELOPMENT	131300-6162-77-116114-0000	304 MILL ST	\$6,255.28
889P	POK ACADEMY LLC	131300-6162-77-120028-0000	21 ACADEMY ST	\$3,761.16
895P	PK DEVELOPERS LLC	131300-6162-77-122036-0000	15 ACADEMY ST	\$3,397.37
896P	PK DEVELOPERS LLC	131300-6162-77-122036-0000	15 ACADEMY ST	\$3,511.17
899P	358 MAIN STREET LLC	131300-6162-78-133045-0000	358 MAIN ST	\$10,913.53
900P	358 MAIN STREET LLC	131300-6162-78-133045-0000	358 MAIN ST	\$10,966.97
919P	381 MAIN STREET REALTY CORP	131300-6162-78-169061-0000	381 MAIN ST	\$5,576.74
920P	381 MAIN STREET REALTY CORP	131300-6162-78-169061-0000	381 MAIN ST	\$3,453.19
928P	PACNM LLC	131300-6162-78-195051-0000	5 N HAMILTON ST	\$1,304.48
936P	ON THE SPOT TAXI INC	131300-6162-79-292095-0000	44 SMITH ST	\$3,308.94
945P	AGRI INVESTMENTS LLC	131300-6162-79-322037-0000	410 MAPLE ST	\$2,294.66
946P	AGRI INVESTMENTS LLC	131300-6162-79-322037-0000	410 MAPLE ST	\$2,511.51
957P	TODARO JOSEPH G	131300-6162-79-343086-0000	12 HARRISON ST	\$2,190.40
958P	TODARO JOSEPH G	131300-6162-79-343086-0000	12 HARRISON ST	\$2,397.60
963P	ABBOTT JOSEPH W	131300-6162-79-368087-0000	122 THOMPSON ST	\$1,199.96
964P	ABBOTT JOSEPH W	131300-6162-79-368087-0000	122 THOMPSON ST	\$2,177.52
971P	BROWN DARREL S	131300-6162-80-393074-0000	20 BEMENT AVE	\$1,999.04
972P	BROWN DARREL S	131300-6162-80-393074-0000	20 BEMENT AVE	\$2,188.11
1000P	PRIDEWORK HOMES LLC	131300-6162-80-491095-0000	358 MANSION ST	\$2,766.91
1001P	PRIDEWORK HOMES LLC	131300-6162-80-491095-0000	358 MANSION ST	\$2,859.49
1015P	LOPEZ JINHSON H	131300-6162-82-640050-0000	74 INNIS AVE	\$3,267.94
1016P	LOPEZ JINHSON H	131300-6162-82-640050-0000	74 INNIS AVE	\$3,541.09
1019P	PAULIN RAMONCHITO A	131300-6162-82-646108-0006	ELLSWORTH LN	\$96.75
1020P	PAULIN RAMONCHITO A	131300-6162-82-646108-0006	ELLSWORTH LN	\$105.56

*Amount due as of September 1, 2024. Such amount does not include any subsequent year taxes, interest or fees. Please contact the Tax Collector at (845) 451-4030 or by e-mail at ebuckley@cityofpoughkeepsie.com for more information.

The deadline for Legals is every Monday @ 12 noon for a Wednesday Publication*
 *When a public holiday falls on a Monday the deadline becomes Friday at noon.

Barrett appointed to NYS Energy Planning Board

Assemblymember Didi Barrett (D-Dutchess/Columbia) was recently appointed to the New York State Energy Planning Board by Assembly Speaker Carl Heastie. The Board is responsible for developing a rigorous Energy Plan through assessment of the State's energy sector—both public and private.

Governor Kathy Hochul has convened the board to kick off the process of updating the New York State Energy Plan. Assemblymember Barrett will join Board Chair Doreen Harris, President and CEO of the New York State Energy Research and Development Authority (NYSERDA); State Senate appointee William Suggs, Environmental Health & Safety Senior Specialist at Con Edison; and Richard Dewey, President of the New York Independent System Operator (NYISO) on the planning board. Other members of the Energy Planning Board are Governor Hochul's most recent appointee SUNY Chancellor John King and the commissioners and heads of a number of state agencies.

On September 9, 2024, at the Board's first meeting since March 2020, Barrett and her colleagues moved to open the current Draft Scope for public comment for a 60-day period starting at the end of September. The Scope will inform the finalized Energy Plan that the Board is tasked with producing. It is scheduled to be completed by late 2025 and there will be additional opportunities for public comment. The final Energy Plan will outline a 15-year strategy to advance New York State's clean energy transition while ensuring reliability, sustainability and ratepayer affordability.

"As Chair of the Assembly Energy Committee, I am honored to serve on the New York State Energy Planning Board at this critical time and I look forward to hearing what New Yorkers are thinking through the upcoming public comment process," said Barrett. "Much has happened since 2020 when this board last convened, including the COVID-19 pandemic, wars in Ukraine and the Middle East and significant inflation, and the impact of these factors on communities across our state must be integrated into the new Energy Plan. I look forward to continuing the board's critical work to solidify the future of clean energy in New York State."

Breeze Airways begins flights from Stewart to Fort Myers, Fla.

Dutchess County residents have another air travel option out of nearby Stewart International Airport at New Windsor. It is the closest major airport to the area. It is just 22 miles from Poughkeepsie.

Breeze Airways, which already flies to Orlando and Charleston, South Carolina out of Stewart, has begun flights to Fort Myers, Florida. Ford Myers is about an hour south of Sarasota and two hours south of Tampa. It

is a major city in the southwestern part of the state and is known for its proximity to the beach islands of Sanibel and Captiva. It is also just a half hour drive north of picturesque Naples. According to a press release, the airline

is offering twice-weekly service. Introductory fares start at \$89 one way. Service began on October 2. Allegiant Air also services Stewart.

Family Services launches 'Fifty2 End Stigma' campaign

Family Services has launched its "FIFTY2 End Stigma" campaign as the organization increases its already substantial focus on behavioral healthcare, expanding to include behavioral health services for youth in 2025. The campaign, in which area residents walk, run, or hike 52 miles over the course of the month, is designed to start conversations in order to end the stigma around mental health. "Over my career I've seen first hand how stigma can prevent individuals and families affected by mental health challenges from seeking the support they need," says Leah Feldman, CEO of Family Services, "and that makes their journeys more difficult than they need to be." Feldman, along with Arlington Professional Firefighters Battalion Chief Chris Rinck, are co-captains of the FIFTY2 End Stigma Wellness Warriors, a group of six campaign ambassadors who will complete the entire 52 miles in one day, on October 19. Rinck was not a long distance runner prior to his preparation for this challenge. "Training for this has involved sticking to a grueling schedule, getting enough sleep, the right nutrition, and finding the right mental headspace. In this way, this challenge is symbolic of training for life,"

he says. The campaign places a particular emphasis on first responders. "Depression and Post Traumatic Stress Disorder are five times more common in first responders than the general population," says Rinck. "First responders are part of a team, and it's critical we address our mental and physical health so we show up when that team needs us." Feldman wants FIFTY2 End Stigma to be about bringing the community together in a common cause. "This isn't just about pushing your limits or raising money. It's about standing together to address something that impacts us all." Although the campaign officially began on October 1, multiple participants started their challenges early, and have so far raised over \$26,000 and traversed over 420 miles. "We must lead by example, talk openly about mental health," says Rinck. "When we normalize talking about mental health, we normalize overall wellness." Those interested in joining the challenge can find details by visiting fifty2endstigma.org. If you or someone you know is in need of mental health support, help is available at familyservicesny.org.

Answer to this week's Dot to Dot (puzzle on page 14)

Sets
 Stop your line after completing each set, then skip to the next set and start your line again.
 □ • 1 thru 2
 □ • 3 thru 5
 □ • 6 thru 15
 □ • 16 thru 23
 □ • 24 thru 31
 □ • 32 thru 40
 □ • 41 thru 52
 □ • 53 thru 79
 □ • 80 thru 96
 □ • 97 thru 121

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Classified Line Ads
20 words \$12.50; each additional word 20¢

Classified Display Ads
\$14.50 per column inch

If submitted by deadline, ads appear in three newspapers:
Northern Dutchess News,
Southern Dutchess News
& Beacon Free Press

We are not responsible for typographical errors.
A letter of correction will be supplied if requested.

100 Help Wanted
105 Employment Opportunity
106 Business Opportunity
107 Situations Wanted
120 Schools
121 Special Instruction
122 Musical Instruction
140 Nursery Schools
141 Child Care
142 Day Care
143 Baby-sitting
145 Adult Care
150 Announcements
151 Adoption
152 Novenas
154 Lost & Found
155 Personal
200 Services

201 Home Improvement
202 Cleaning Services
203 Lawn Services
221 Professional Services
222 Tax Experts
223 Beauty Services
225 Business Services
226 Travel & Services
227 Bridal Services
295 Financial
296 Mortgages
300 Real Estate
301 Townhouses & Condos
302 Commercial Property
304 Mobile Homes
305 Lots & Acreage
400 Townhomes & Condos for rent

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402 Rooms for Rent
403 Furnished Rooms
404 Furnished Apartments
405 Wanted to Rent
406 Garages for Rent
407 Vacation Rentals
408 Houses for Rent
420 Commercial Rentals
500 Musical Merchandise
501 Kid Stuff
502 Clothing
503 Furniture
504 Appliances
505 Free Items
506 Computers
507 Sports Equipment
508 Exercise Equipment

509 Office Equipment
510 Firewood
511 Lawn & Garden Equip.
512 Winter Merchandise
516 Misc. Merchandise
700 Pets & Supplies
701 Free Pets
702 Lost & Found Pets
703 Pets for Adoption
710 Garage & Yard Sale
711 Tag Sale
712 Moving sale
713 Rummage Sale
714 Flea Market
715 Craft Corner
716 Barn Sale
717 Estate Sale
718 Auctions
719 Antiques

720 Vendors Wanted
721 Wanted to Buy
722 Bazaar
723 Consignments
724 Farmers Market
725 Collectibles
750 Events
800 Boats
801 Campers & Trailers
802 Motor Homes
803 Recreational Vehicles
900 Autos for Sale
901 Vans/SUV's
902 Trucks
903 Motorcycles
904 Auto Parts & Tires
905 Autos Wanted

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Monday-Friday
9 am-4 pm

100 Help Wanted

The Village of Wappingers Falls is seeking qualified applicants for the position of Superintendent of Public works. The candidate must have the ability to supervise multiple crews and must be familiar with road repair and design; sewer, & water repairs; have familiarity with mechanical maintenance and repairs; sidewalk and curb repair and snow plowing/sanding operations. Candidates must be computer literate and be able to keep accurate records. Candidate must have a high school diploma or GED and minimum of 3-5 years' experience in management or a supervisory position in the construction trades. Candidate must also have a valid NYS Driver's License. Please submit a confidential resume with salary history and salary requirements to Village of Wappingers Falls, Village Clerk, 2582 South Avejnue, Wappingers Falls NY 12590.

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219 Attorney Legal

INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to major cash settlements. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 1-888-454-4717. Be ready with your zip code to connect with the closest provider

219 Attorney Legal

DIVORCE \$389 - Uncontested divorce papers prepared. Only one signature required. Poor person Application included if applicable. Separation agreements. Custody and support petitions. 518-274-0380

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Suguru solution

4	3	5	4	3	2
1	2	1	2	1	4
3	4	5	4	5	2
5	1	3	2	3	1
3	2	4	1	4	5
5	1	3	5	2	1

SUDOKU
This week's answer

9	4	2	6	1	8	7	3	5
5	8	1	2	7	3	4	9	6
7	3	6	4	5	9	1	2	8
1	7	3	9	2	6	8	5	4
8	2	9	5	4	1	6	7	3
6	5	4	3	8	7	9	1	2
4	1	5	7	6	2	3	8	9
3	6	7	8	9	5	2	4	1
2	9	8	1	3	4	5	6	7

O	S	A	K	A	B	U	S	L	A	P	P			
V	A	N	E	D	A	S	H	V	E	N	U	E		
E	V	E	N	S	L	E	I	A	N	T	R	A		
N	E	W	Y	O	R	K	R	U	S	S	E	L		
				A	R	E		A	R	M	S			
A	P	E		B	A	W	L	P	A	R	S	E	C	
V	A	N	S		D	I	G	S	L	O	C	A	L	
O	N	T	O		S	L	E	P	T	S	O	S	O	
W	I	E	L	D		T	B	A	R	S	P	E	C	
S	C	R	E	E	N	R	Y	A	S		E	L	K	
				C	O	C	A	C	H	A				
F	O	R	W	A	R	D		C	E	L	T	I	C	S
U	N	A	R	M		R	N	A		O	S	T	I	A
S	C	R	A	P		O	B	I		C	E	L	T	S
S	E	E	P		M	A	N		K	A	L	E	S	

Answers to
this week's diversions

(puzzles on page 20)

GOLDEN LIVING

Note: In observance of the Columbus Day holiday, the Office for the Aging and all OFA Friendship Centers are closed on Monday, October 14th.

At OFA, we've had many conversations with caregivers of older adults and heard phrases like:

"He's not homebound, but he refuses to go out. He's afraid he'll fall."

"Mom and Dad don't trust strangers in their house."

Common though the objections to assistance may be, in the long term they can do real damage, both to older adults and caregivers. Overcoming objections to assistance takes diplomatic skill and careful listening by caregivers.

Older adults' objections can't just be tossed aside. They need to be acknowledged and understood by caregivers and family members. Many of Dutchess County's 80,000 older adults are accustomed to being heads of the household: balancing checkbooks, mowing, cooking, cleaning, raising kids, and all the rest. They've done it for decades. Many are balancing all that with the added role of being caregivers to older family members who may still consider themselves to be "in charge."

It's a recipe for conflict.

LET'S START SMALL

In keeping with OFA's "get to know us before you need us" philosophy, we offer some possibilities:

"Friendly Calls" - We talk about OFA's connectedness initiative a lot, because it works, and because it's simple to understand and fits nicely into busy schedules. "Friendly Calls" has also been a low-stress way to reduce the risk of loneliness and social isolation, while introducing older adults to OFA services of which

they may have been unaware or skeptical.

To find out more about becoming a "Friendly Calls" participant, volunteer, or both, contact OFA at ofa@dutchessny.gov or 845-486-2555.

INFORMATION FOR CAREGIVERS

A caregiver might not think of themselves as a caregiver. The way they see it, they're just doing what any good parent or child would do for their family; but when they're caring for more family members than they expected, their own basic needs often go unmet. Rest is not a luxury. It's essential to good caregiving. When somebody pushes themselves too hard, it's not a matter of if there'll be consequences, but when.

OFA recognizes the needs of family caregivers for older adults. We can help quantify just how much caregiver stress someone is under, with help from the National Family Caregiver Support Program (NFCSP). It's a beginning step toward meeting caregivers' needs. Visit dutchessny.gov/ofacaregiver for resources, tools, supports, and ideas for performing these tasks; or call OFA at 845-486-2555.

If NFCSP isn't quite what you were looking for, there's also the Any Care Counts-New York campaign, which also recognizes unpaid caregivers. On our website you can take the quick ARCHANGELS Caregiver Intensity Index (CII) survey, which can give caregivers an idea of the intensity of their caregiving burden. From there, caregivers can be connected to trusted resources.

There's more for caregivers: Dutchess County NY Connects works hand-in-hand with OFA, linking individuals of all ages and their caregivers to long-term services and supports and provides one stop access to free, objective, comprehen-

sive information and assistance. Dutchess County NY Connects can be reached at ofa@dutchessny.gov or 845-475-3511.

SOME CAREGIVING STATISTICS (from the Family Caregiver Alliance)

On average, caregivers spend:

13 days each month on tasks such as shopping, food preparation, housekeeping, laundry, transportation, and giving medication;

6 days per month on feeding, dressing, grooming, walking, bathing, and assistance toileting;

13 hours per month researching care services or information on disease, coordinating physician visits, or managing financial matters. And there's more...

57% of caregivers report that they do not have a choice about performing clinical tasks, and that this lack of choice is self-imposed.

43% feel that these tasks are their personal responsibility because no one else can do it or because insurance will not pay for a professional caregiver.

12% report that they are pressured to perform these tasks by the care receiver.

8% report that they are pressured to perform these tasks by another family member.

2024 OFA 'SENIOR PROM' IS SOLD OUT

We said seats would go fast...and they did, faster than ever before.

Any payments that arrived at OFA after Friday, September 27th will be returned.

OFA 'NAVIGATING MEDICARE' CLASSES FOR THE FALL (SO FAR)

Medicare's annual Open Enrollment period begins on October 15th every year. The Office for the Aging has added additional "Navigating Medicare" classes to the year-round schedule of classes at the Poughkeepsie Galleria Community Room (2001 South Rd., Poughkeepsie), Adriance Library in Poughkeepsie (93 Market St.) and Starr Library in Rhinebeck (68 W. Market St.), plus extra classes we've added for Open Enrollment season.

Here's what's on the fall schedule so far, along with how to call and register for a class:

10/16/24, 10AM Poughkeepsie Galleria (Community Room) Call OFA

10/17/24, 11am Amenia Free Library 845-373-8273

10/21/24, 5:30pm Adriance Library 845-485-3445 x3380

10/25/24, 1 pm Fishkill Recreation Center 845-831-3371 793 NY 52, Fishkill

10/28/24, 4pm Starr Library, Rhinebeck Call OFA

11/7/24, 9:30am Boardman Road Branch Library 845-485-3445 x3380 141 Boardman Road, Poughkeepsie

11/20/24, 10am Poughkeepsie Galleria (Community Room) Call OFA

11/25/24, 4pm Starr Library Call OFA

12/4/24, 3pm Adriance Library 845-485-3445 x3380

Medicare open enrollment closes on December 7th

12/18/24, 10am Poughkeepsie Galleria (Community Room) Call OFA

We continue to add Navigating Medicare classes during Open Enrollment. For the most up-to-date calendar listings, visit www.dutchessny.gov/calendar. Classes are held on the third Wednesday of every month at the Galleria, and on the fourth Monday of the month at Starr Library.

WOMEN'S SAFETY EVENT WITH MEDICAL RESERVE CORPS

The Medical Reserve Corps (MRC) of Dutchess County and the Town of Poughkeepsie Police Department will offer the popular Women's Safety Awareness Night seminar on Wednesday, October 16th, starting at 6pm at the Dutchess County Department of Emergency Response campus, at 392 Creek Road in the Town of Poughkeepsie.

The event is free to attend, but registration is required as seating is limited. Registration is available online at DutchessNY.gov/WomensSafety or by emailing mrc@dutchessny.gov.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging Social media: www.facebook.com/DutchessCountyOFA

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Serino announces upcoming veterans appreciation events

Dutchess County Executive Sue Serino and Office of Veterans Affairs Director Adam Roche invite local veterans to enjoy good food and camaraderie this fall at three appreciation events held across the county, including the popular Red, White and You! Picnic and two Veterans Pasta Dinners. All three events are free and open to local veterans and a guest.

Registration is required, as seating is limited. Veterans can register by emailing CountyExec@dutchessny.gov or calling the County Executive's Office at (845) 486-2000.

"It is always an honor to celebrate and thank our local veterans for the tremendous sacrifices they have made for our country and communities, and these events are a small way to show to show our full appreciation," said Serino. "While the Red, White and You! Picnic and the Veterans Appreciation Pasta Dinners offer a great opportunity to foster friendships among fellow veterans, they also can connect them with the services and resources that are available through our Office of Veterans Affairs or Mental Health America Dutchess County Veterans Programs. I look forward to our local heroes joining us at any of these events this fall!"

The schedule is as follows:

Saturday, Oct. 19: Third Annual Red,

White, and You! Veterans Appreciation Picnic, 11 a.m.-2 p.m., James Baird State Park in Pleasant Valley. Open to all veterans and one guest. Join us for an afternoon of delicious food from Tavern 23 and live music from local country band, The StringMasters.

Sunday, Oct. 27: Veterans Appreciation Pasta Dinner, 4-6 p.m., at American Legion Post 429, Mill Street, Rhinebeck.

Sunday, Nov. 3: Veterans Appreciation Pasta Dinner, 2 p.m. OR 5 p.m. seating, Knights of Columbus, Route 82, Hopewell Junction.

Veterans Services Director Adam Roche said, "The mission of the Dutchess County Office of Veterans Affairs is to serve, support and celebrate our local veterans in gratitude for all they have done to serve our nation. We are grateful to County Executive Sue Serino for her continued commitment to veterans and her support for expanding our great line-up of events. We look forward to every opportunity to show our appreciation for the brave men and women who put their lives on the line to protect our freedoms."

For further information, contact the Dutchess County Office of Veterans Affairs at (845) 486-2060 or visit www.dutchessny.gov/Veterans.