

Impressive line-up set for 2022 Sheep & Wool Festival

by Jim Donick

The annual New York State Sheep & Wool Festival arrives at the Dutchess County Fairgrounds this weekend, Oct 15-16. The ever-popular event has grown from its beginnings around 1980 as mostly a livestock (sheep) sale that attracted local shepherds to what is now one of the largest fairs of its kind.

There is still a great focus on the livestock, sheep, goats, alpacas and llamas, but now it focuses as much on the products and crafts associated with the wool these animals produce. It has become one of the largest annual gatherings of fiber-arts enthusiasts in the U.S.

This year, attendees can visit and shop with vendors, attend Sheep & Goat Shows, shop the Fleece Sale, visit the Breed & Camelid Barns with goats, llamas, and alpacas, view several fiber competitions, and enjoy a variety of author talks. There will also be plenty of food for all.

Festival Manager Nena Johnson expects this year's event to be a milestone.

"We've had smaller events the last couple of years due to COVID-19, but this year we feel like it's a special year and that we are coming back to full capacity," she said. "I'm excited to welcome everybody back."

Jody Hyman, of New Milford, CT has been attending the Sheep and Wool Festival for nearly 40 years, having first gone in 1982 or '83.

"I never miss it," she said. "I remember when it first started. It was contained in only one barn. Now it takes up nearly the entire Fairgrounds."

Crowds are often large and the sheer numbers of vendors and exhibitors keep growing.

"On the other hand," said Hyman,

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Andrea Tibbetts of Clover Brooke Farm in Hyde Park leads the parade of alpacas and llamas at the Dutchess County Fairgrounds. This year's NYS Sheep & Wool Festival promises to be one of the largest ever – back to full capacity after smaller events during the COVID-19 pandemic. *Courtesy photo*

Marist community mourns tragic death

by Rich Thomaselli

After more than a week, the initial shock has turned to grief in multiple communities.

At Marist College.

In the greater Hudson Valley.

On Long Island.

In a span of days, senseless violence



Pictured are Nathalie and Paul Kutz of Long Island. Paul died in a random shooting at the Courtyard Marriott hotel in Poughkeepsie on Oct. 2. *Courtesy photo*

came to the area in the form of gunfire. There was a shooting at Newburgh Free Academy in Orange County, another at Antonella's Italian Restaurant in Fishkill, and on Sunday morning, October 2, at the Courtyard Marriott Hotel in the Town of Poughkeepsie, where 53-year-old Paul Kutz of Long Island was tragically shot and killed in a random act.

Kutz, a Long Island resident, was the married father of three sons – one of whom graduated from Marist in May of this year and another who is a current student at the Town of Poughkeepsie school. That's where Kutz and his wife were visiting to celebrate the annual Family Weekend at the campus. They were getting ready to depart back to Long Island on Sunday morning.

In a statement, Marist College administration said, "Our deepest condolences go out to the family, and we are offering the full support of the Marist community to them. We remain in contact with local authorities and will keep you informed with any updates."

Town of Poughkeepsie Police Chief Joseph Cavaliere said he believes the

killing was completely random and, despite the previous criminal record of two suspects that were apprehended at the hotel, Kutz did not know either man nor had any interaction with them.

"He went up for parents' weekend. That's how it happened, he went to the lobby to get coffee, to check out. Wrong place, wrong time," Ken Farrell, Kutz's next-door neighbor in East Northport, Long Island, told the New York Post.

Despite the belief of many who consider Poughkeepsie to be "upstate," the New York City media – including the Post, the New York Times, and the New York television broadcast affiliates of ABC, CBS and NBC – have all covered the story.

Two men were arrested – Roy Johnson, 35, and Devin Taylor, 26. The last known address of both men was in the area, Hyde Park for Johnson and Poughkeepsie for Taylor. According to a felony complaint charged filed in the Town of Poughkeepsie Court, Johnson was charged with second-degree felony

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Biden visits IBM in Poughkeepsie

President Joe Biden arrived on Air Force One at Stewart Air National Guard Base in Newburgh, Orange County, on October 6. Biden then traveled to Dutchess County to visit IBM's site in Poughkeepsie.

Arvind Krishna, Chairman and CEO of IBM, announced IBM's plans to invest \$20 billion across the Hudson Valley region over the next 10 years. Krishna said the innovations showcased will benefit from the CHIPS and Science Act.

"The United States has to lead the world in producing these advanced chips. This law is going to make sure that it will," said President Biden.

On IBM's website, Krishna wrote, "Earlier today (Oct.6), I had the honor of welcoming U.S. President Joe Biden and other distinguished guests at our site in Poughkeepsie, New York.

"This was an exciting day for IBM and a unique opportunity to highlight our commitment to advancing critical innovations – from zSystems, to semiconductor design and manufacturing, to quantum computing and more."

The CEO noted, "The IBM innovations we showcased for the president today in Poughkeepsie are vital to the future of the world's business, industry, and society, and they will greatly benefit from the CHIPS and Science Act. This law will help ensure a reliable and secure supply of next-generation chips, and help advance the science and business of quantum computing.

The president noted, "Where is it written that we can't lead manufacturing in the world? I don't know where that's written. And that's one of the things the CHIPS Act is going to change. A law that's going to build the future and a proud, proud legacy not only for IBM, but for the country — a legacy of innovation and manufacturing that exists in this region of New York."

"In many ways, our Poughkeepsie site

symbolizes everything that makes IBM such a great and storied company. For decades, the site has ushered in innovations that have a major impact on the world. It produced data processing systems that made the U.S. social security system possible, made the Apollo Program that put a man on the moon a success, and powered businesses in every industry," the CEO said.

Krishna stated, "To this day, Poughkeepsie produces the latest generation of mainframes – IBM's zSystems – which underpin the global economy. But the site is not just innovating for today. It is home to IBM's first Quantum Computation Center – where a large number of quantum computers run in the cloud. Our vision is for the site to become a global hub of our quantum computing development, just as it is today for mainframes.

"Poughkeepsie is also part of a broader ecosystem of innovation centers in New York's Hudson Valley region – with other sites in Yorktown Heights and Albany – helping to push the boundaries of semiconductor design and manufacturing," said Krishna.

The CEO remarked, "To support this important work, I was proud to announce today a plan to invest \$20 billion across the Hudson Valley region over the next 10 years. The goal of the investments, which will be strengthened by close collaboration with New York State, is to unlock new discoveries and opportunities in semiconductors, hybrid cloud, AI, and quantum computing.

Biden said, "And it's here now where the Hudson Valley could become the epicenter of the future of quantum computing, the most advanced and fastest computing ever, ever seen in the world."

Krishna stated, "Hosting the president of the United States is a true honor. This was a day that all IBMers can be proud of."



President Joe Biden walks down the stairs of Air Force One at Stewart Air National Guard Base in Newburgh, Orange County, on October 6. Biden then traveled to the IBM facility in Poughkeepsie. *Courtesy photo*

Impressive line-up set for 2022 Sheep & Wool Festival

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"my favorite year was one year when there was so much rain that the only folks who came were the diehards. It was so easy to see all of the exhibitors and to get into any of the vendors areas."

One of Hyman's favorite aspects of the festival is people watching.

"It's so neat," she said, "to see everybody dressed up to show the knits and finished materials they have made over the last year. You get a lot of ideas."

Johnson said visitors can expect over 300 vendors, plus large numbers of shepherds with their animals.

"People love to walk through the sheep barn or the camelid barn to see the animals up close and personal," she said. "Shepherds spend the entire weekend there with their animals to answer questions about them, about their particular breeds, and about their wool fibers. People are welcome to touch the animals and feel the wool themselves. This makes them much more knowledgeable when they then go out to some of the vendors to buy different types of wools."

Among the most popular events are the "breed talks," where visitors can learn specifics about various breeds and their differences.

There are also talks on how to get started as a shepherd.

"This year we are taking a seminar that began online the year we stayed virtual," said Johnson, "and doing it live. This is a seminar to encourage people of color, who are interested in becoming shepherds and encouraging a diversity in our community."

The workshops, demos and breed talks will also be held online. Some offerings require advance registration.

Tickets for the event can be acquired on line or at the gate. Advance sale online tickets are \$12 + convenience fee. Tickets at the gates are \$15. Advance tickets can be purchased on the Internet at dutchessfair.com/the-fairgrounds/all-events/new-york-state-sheep-wool-festival/

Johnson said with the size of crowds expected, folks buying tickets online should download them or take a screen shot to show at the gate so they don't have to wait for the Internet there to bring the ticket up on the screen.

Further information and detailed scheduling data and other directions can be found on the festival's website at sheepandwool.com.



The above painting is of the Tunis breed by Jerilyn Weber. A wide variety of artwork, plus demos, classes, exhibits and competitions will all be part of this year's NYS Sheep & Wool Festival this weekend at the Dutchess County Fairgrounds. *Courtesy image*

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A senseless tragedy hits home

Writer's son was best friends with family of shooting victim

by Rich Thomaselli
A Perspective

Less than 24 hours.
That's how short it took for the shooting at the Courtyard Marriott Hotel in the Town of Poughkeepsie on Sunday morning, October 2, to go from a sad local story to a tragic event that hit home.
My family's home.
My oldest son Joe and I were driving on Monday morning when he said he wanted to stop at a convenience store and just run inside and get something to drink. When he emerged from the store, I noticed immediately that he looked shaken – almost disoriented – and pale. I opened the car door, stood outside as he got closer, and saw tears start to form.
“Joe, what's wrong? What's wrong?!”
Normally loud and outgoing, with a booming voice that would have been great on radio, the oldest of my two boys kept staring at his phone.
“I just got a group text,” he said softly.
Joe is in a group of 15 close-knit friends, men and women, who met practically in the first week of their freshman year at Marist College in 2016, did every-

thing together – eight of the guys became roommates the next three years after living and meeting at the freshman dorm Champagnat Hall – and continue to remain close after graduating in May of this year.
“Joseph,” I said again, using his full first name as parents often do when they want to get their childrens' attention. “What is wrong?”
He looked up slowly from his phone. “Dad, Matt's father is dead,” he said softly. “Matt Kutz just lost his father.”
Earlier that morning I had seen the news posts and social media chatter online about a shooting at the Courtyard Marriott Hotel in Poughkeepsie, but saw no names nor further information, and did not know the extent of the violence that had taken place. But I knew it was Family Weekend at Marist (and Vassar College, for that matter) and I knew that my son's close friend had a younger brother currently attending Marist.
My heart sunk.
I connected the dots almost immediately. I said a silent prayer, hoping that I was wrong.
Unfortunately, I wasn't.

We didn't move from the parking lot of the convenience store. Joe got back in the car, sat still for a couple of minutes, and the jumbled, unfinished sentences started pouring out as he tried to comprehend what had just happened to his friend and tried to process it in his own mind. My son will be 22 later this month and also now writes for a living, but he was at a loss for words.
“Should I try to call him and”
“His mom, I wonder if Mrs. Kutz is OK, I wonder if”
“I mean, I just talked to Matt on Saturday night and now”
Paul Kutz, 53, had indeed been shot and killed, a random victim of the plague of gun violence in this country. He leaves behind Matt and two other sons, and his wife Nathalie.
The couple of times I met him at the dorm or on campus, he was a true gentleman. And he was a prince to my son and the other friends in the group who would make the trek down to Long Island to visit their friend.
As a journalist, I have been asked many times to cover someone's death. I will always dread making that phone call to spouses or children or siblings to talk about their loved one's death, but in almost every instance people always seemed to be thankful – and find it cathartic – to talk about their loss. I thought I would ask Joe some questions, first about Matt and see if he wanted to open up a little.
“Matt was one of the first people I met at Marist. We bumped into each other at one of the Welcome Week events during

freshman year. Matt was always the smartest one in our group. Madly intelligent. And I definitely remember meeting his folks the first Parent's Weekend and thinking the same about his father,” Joe said of his friend and the family. “Mr. and Mrs. Kutz are just so cool. So chill.”
Acquaintances turned into friends, friends turned into close friends, close friends turned into roommates, roommates turned into brothers. As such, my son grew to love the extended Kutz family, even vividly recalling a time during their senior year when Paul and Nathalie Kutz made the trip from Long Island to Poughkeepsie to bring Matt's dog up for a visit.
“Big dog. Big, big dog,” Joe said, now smiling big. “Mr. Kutz got a kick out of that dog.”
He paused.
“Mr. Kutz never thought twice about doing things for his kids or for us when we were down there, always going out to get food, or grilling it up himself,” Joe said. “He was extremely nice. I got the chance to talk to him and he was always just a really nice man.”
I was hoping our conversation would be helpful to Joe, but I knew the inevitable questions would come. They would have to be rhetorical questions, though, but even if my son was asking me earnestly I knew I wouldn't have an answer.
“If I'm having trouble understanding this, how is Matt going to process this all?” Joe said. “How are the Kutz's going to go on? How do you make sense of this?”

Marist community mourns tragic death

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murder and second-degree felony criminal possession of a weapon. Taylor was charged with felony second-degree criminal possession of a weapon.
On Friday, District Attorney William V. Grady announced that a Dutchess County Grand Jury voted to indict Roy Johnson and Devin Taylor.
A written certification has been filed with the Town of Poughkeepsie Court. Pursuant to the Grand Jury's action, an indictment will now be prepared and filed with the Dutchess County Court during the week of October 10. An arraignment date will be scheduled by the court thereafter.
The Town of Poughkeepsie Police Department has attempted to dispel misinformation and conjecture in the days following the shooting. In a statement on Wednesday, the Police said they had no new information indicating that there was an argument between Johnson and Kutz in the lobby of the hotel, as some suggested.
“At this point of the investigation, the shooting appears to have been unprovoked,” the police said.
As for the two suspects, the police said in their statement that “There have been inquiries as to why the term ‘homeless’ was used regarding the suspects. To clarify the term ‘homeless,’ the term is used by law enforcement for instances in which the fixed permanent home address of defendants cannot be established. As far as we can establish, they are mostly transient and there is not a fixed address for either defendant.”

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(Published weekly)

Northern Dutchess News & Creative Living is a division of the Southern Dutchess News, produced and printed in Dutchess County since 1959. The Southern Dutchess News is an official newspaper of Dutchess County, as voted by the Dutchess County Legislature. The Northern Dutchess News is the official newspaper of the Towns of Amenia, Millbrook, Union Vale, Stanford and Rhinebeck.

Submit all legal notices to sdnlegals@aol.com.

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Advertising deadline: Friday, noon

To submit news and letters to the editor:
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Deadline is Thursday at 3 p.m.

To submit arts-related news
and calendar events:
creativeliving@sdutchessnews.com
Creative Living deadline is Thursday
at 3 p.m. for publication the following week.

Northern Dutchess News serves the towns of Amenia, Beekman, Clinton, Dover, Hyde Park, LaGrange, Milan, Pine Plains, Pleasant Valley, Red Hook, Rhinebeck, Stanford, Union Vale and Washington; the villages of Millbrook, Red Hook, Rhinebeck and Tivoli; and the hamlet of Salt Point

The Southern Dutchess News
84 East Main Street
Wappingers Falls, NY 12590
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Firefighter's Memorial held Oct. 2 at DC Emergency Center

The Dutchess County Volunteer Firemen's Association along with the Dutchess County Chief's Association held their annual Firefighter's Memorial at the Dutchess County Emergency Center in Poughkeepsie on Sunday Oct. 2.

This is the time of year they remember all those Firefighters and auxiliary who have answered their final alarm.

In attendance were members of the Dutchess County Volunteer Firefighters Association, Dutchess County Chief Council, Emergency Response officials, elected officials and approximately 70 Firefighters who were there to remember those who have passed away.

This year 68 names were read off with the bell tolling for each ring. Finally, a wreath was laid at headstone by DCVFA Vice President John O'Brien and David Alfonso Fire Coordinator Dutchess County Department of Emergency Response.

Members of J.H. Ketcham Hose Company and Roosevelt Fire Department brought their ladder trucks to hoist a flag and the Salt Point Fire Company brought their engine.

OFFICE FOR THE AGING TO PRESENT SCREENING OF SOCIAL ISOLATION DOCUMENTARY

Dutchess County Office for the Aging is taking part in a special free screening of the new documentary "All the Lonely People" at Boardman Road Library, 141 Boardman Road in Poughkeepsie, on Friday, Oct. 21, at 1 p.m. Register in advance by contacting OFA during business hours at (845) 486-2555.

"All The Lonely People" tells the stories of a handful of people from many different walks of life, offering intimate access to their struggles to overcome their own loneliness and isolation. Where are the sources of connection that can fight isolation and loneliness? Being involved in the community, through volunteering, physical activities, or connection through seniors' houses of worship.

It's part of a statewide screening tour organized by the New York State Office for the Aging (NYSOFA), and the Association on Aging in New York (AgingNY).



Dutchess County Firefighters attended the annual Firefighter's Memorial event on Oct. 2. Below: DCVFA 2nd Vice President John O'Brien and Dutchess County Fire Coordinator David Alfonso laid the wreath at the ceremonies. *Courtesy photos*



we're on the web!
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County offers lead renovation classes

The Dutchess County Department of Behavioral & Community Health (DBCH), in partnership with CertRebel, is offering free EPA Lead Certification Classes for residents and contractors to learn lead safe work practices for home renovations. Classes began today, with the first session at capacity. Classes will continue to be held monthly at Nubian Directions located at 248 Main Street in Poughkeepsie. Registration is required and can be made at CertRebel.com or by

calling (646) 470-7119. A full list of available dates can be found on CertRebel.com.

Many homes built before 1978 contain lead-based paint which may cause concern. Effective April 2010, EPA's Lead Renovation, Repair and Painting (RRP) Rule requires that firms performing renovation, repair and painting projects that disturb lead-based paint in homes, child-care facilities and pre-schools built before 1978 must be certified by EPA (or an EPA-authorized state), use certified renovators who are trained by EPA-approved training providers and follow lead-safe work practices.

Lead is damaging when it enters the body. Common renovation, repair and painting activities that disturb lead-based paint include sanding, cutting, replacing windows, and more. These acts can create hazardous lead dust and chips which can be harmful to adults and children. Children younger than 6 years are especially vulnerable to lead poisoning as it can affect their growth, behavior, and ability to learn. It is also harmful to pregnant women and their developing babies. Home repairs that create even a small amount of lead dust are enough to poison a child and put a family at risk. These classes discuss how to safely renovate older homes and are especially beneficial

to "do-it-yourselfers", ensuring safe renovation practices.

Classes are open to Dutchess, Orange, Putnam or Ulster residents looking to receive the EPA Certification in Lead-Safe Work Practices including:

- Homeowners of homes built before 1978;
- Home improvement contractors;
- In-house maintenance staff;
- Painters;
- Plumbers;
- Carpenters;
- Electricians ;and
- Other specialty trades.

The 8-hour certification class is a \$225 value. Classes are being offered free of charge through Childhood Lead Poisoning Primary Prevention Program grant dollars from the New York State Department of Health.

For additional details, residents can view the class flyer online; go to www.dutchessny.gov and select the Department of Behavioral and Community Health from the department options. To learn more about these classes and to see the full schedule of upcoming class dates see CertRebel.com.

For more about lead safe practices visit <https://www.dutchessny.gov/Departments/DBCH/Lead-Poison-Prevention.htm>.

Office for the Aging to present film screening on social isolation documentary

Dutchess County Office for the Aging is taking part in a special free screening of the new documentary "All the Lonely People" at Boardman Road Library, 141 Boardman

Road in Poughkeepsie, on Friday, Oct. 21, at 1 p.m. Register in advance by contacting OFA during business hours at (845) 486-2555.

"All The Lonely People" tells the stories of a handful of people from many different walks of life, offering intimate access to their struggles to overcome their own loneliness and isolation. It's part of a statewide screening tour organized by the New York State Office for the Aging (NYSOFA), and the Association on Aging in New York (AgingNY).

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Local surgeon joins team on medical mission to Ukraine

Double board certified local Facial Plastic Surgeon Manoj T. Abraham, M.D., F.A.C.S. has returned from a successful 10-day medical mission he led during September to war-ravaged Ukraine to treat patients with facial injuries.

The mission had 10 surgeons, all from the NY/NJ area in addition to ancillary staff such as nurses, a surgical technician, and administrators to help with logistics. A total of 34 patients were treated, some of whose complex facial reconstructive surgical procedures took 10-12 hours. These included microvascular free-tissue transfer and 3-D custom patient-specific implants in collaboration with the local Ukrainian surgeons. All procedures were live streamed to 130+ medical personnel from all over Ukraine who were in attendance for educational purposes and follow-up patient care.

“Typical of many of the patients we treated, one all-day reconstructive surgery patient is from Bucha, a middle class suburb outside of Kiev, which is now also a site that exemplifies what atrocities of war look like, from mass executions to individual tales of survival. She suffered multiple bullet wounds, including the one on which we worked, but was able to escape by running into the forest and for some time (days?) was lost and disoriented from trauma and blood loss.

Fortunately she was found by her family members and was able to survive," Dr. Abraham said.

The mission was specifically authorized by the Ministry of Health of Ukraine, a vital component to entry into the country. Landing in Krakow, Poland, the 15-member team endured a grueling 12-hour bus journey, including several hours to cross security at the border in Ukraine (preempting trucks stuck at the border for days). For safety reasons in case sudden team evacuation was needed, work was performed at the Regional Hospital of Ivano Frankivsk. It is estimated that the value of this mission's donated medical supplies and professional services is over one million US dollars. The trip was covered extensively by Ukrainian National media with representatives from the Governor's office, parliamentarians and hospital dignitaries in attendance.

“Our team was incredibly impressed by the resiliency of the Ukrainian people, with many of the patients intent on returning to the war effort despite their severe injuries. Although exhausted at the end of the mission of relentless 18-hour days, it was an incredibly gratifying experience, and we hope to continue our collaboration and efforts going forward,” said Dr. Abraham.



Dr. Manoj T. Abraham, right, is pictured with the local Ukrainian team rounding for a postoperative patient. Below: A child with facial burn injuries treated during the trip is pictured with his mother, center and two of the U.S. team nurses Debbie Fritz and Susan Ketigian. *Courtesy photos*

Millbrook Library to host Volunteer Fair on Oct. 22

On Saturday, Oct. 22, Millbrook Library will welcome over 15 organizations to advertise their volunteer opportunities to local teens and adults.

The Millbrook Library will host this inaugural volunteer fair for the immediate and surrounding communities as part of The Great Give-Back, a Mid-Hudson Library System initiative. The library invites all adults and teens to come and meet local organizations making a difference in the community and learn how they can help.

Participating organizations represent a diverse slate of causes – from medical care to horse therapy, ecological groups to food banks. Some organizations are local to Millbrook, but others come from further away.

Participating organizations include:

Alzheimer's Association, Care of DC, Dutchess County Pride, Dutchess Land Conservancy, Dutchess County SPCA, Food of Life/Comida de Vida Pantry, Friends of the Millbrook Library, Grace Immigrant Outreach, Hope Rising Farm, Medical Reserve Corp, Mental Health of America, Millbrook Arts Group, Millbrook Fire Department, Millbrook Historical Society, and the Rotary Club.

The Millbrook Library empowers our community to be resilient, informed, and equitable through leadership and collaboration, free and open access to ideas and information, and educational, enjoyable programs and services provided in a welcome, inclusive environment.

For more information, contact Kristin Perkins, Adult Programs Coordinator at kperkins@millbrooklibrary.org.



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The image is a black and white advertisement for Coppola's Ristorante. At the top center is the restaurant's logo, which consists of a rectangular frame containing the name "Coppola's" in a large, elegant script font. Below the name, the word "Ristorante" is written in a smaller, bold, sans-serif font. At the bottom of the logo, "EST. 1961" is on the left and "ITALIAN AMERICAN CUISINE" is on the right, both in a small, bold, sans-serif font. Below the logo, the address "4167 Albany Post Road" is centered, followed by "Hyde Park, NY" and the phone number "(845) 229-9113". The main offer, "PIZZA SPECIAL", is written in large, bold, sans-serif capital letters. Below this, "2 LARGE PIZZAS" is also in bold, sans-serif capital letters. The price "\$20.00" is prominently displayed in a very large, bold, sans-serif font. Underneath the price, "TOPPINGS EXTRA" and "TAKEOUT ONLY" are written in bold, sans-serif capital letters. On the left and right sides of the advertisement, there are stylized illustrations of a slice of pizza, showing the crust and toppings.

COMMUNITY CALENDAR

Bartender Wars set Oct. 13 in Rhinebeck
The Rhinebeck Area Chamber of Commerce will hold its 5th Annual Bartender Wars on Thursday, Oct. 13, from 5 to 7 p.m., at Terrapin Restaurant in the Village of Rhinebeck. Bartenders compete for the top prize; attendees will vote on their favorite cocktail. Proceeds help support Chamber initiatives. The cost is \$50 per person. Advance tickets only; purchase at <https://rhinebeckchamber.com/>.

Vote set Oct. 13 for Hyde Park Library budget
The Board of Trustees of the Hyde Park Library District has voted to put on the library's election ballot, which will be voted on Oct. 13, the amount of \$487,902 from the Town of Hyde Park, which represents a 4-percent increase over its 2022 Town funding. A copy of the detailed budget is available for review at the circulation desk. The library is at 2 Main St., Hyde Park.

Library Director Jesse Chance said he would be happy to discuss the budget in detail with any interested voter. He can be reached at (845) 229-7791, ext. 5, or director@hydeparkfreelibrary.org for more information, and/or to schedule a time to meet and talk about the budget process.

Mid-Hudson Works open house set Oct. 14
Mid-Hudson Works will host an open house on October 14, from 10 a.m. to 3 p.m. at 188 Washington St. in Poughkeepsie. Meet the staff, have a snack, and learn about the Hudson Valley community. Their mission is to hire and train veterans and individuals with physical and/or medical disabilities to assist them in finding employment. RSVP by calling 845-471-3820 or email ron@midhudsonworks.org.

Yard Sale at Regina Coeli Oct. 14-15
Regina Coeli's Parish Yard Sale will be held on Oct. 14 from 8 a.m. to 3:30 p.m.; and Sunday, Oct. 15, from 9:30 a.m. to 3:30 p.m. Rain or shine, inside and outside the church on Route 9 in Hyde Park. Too many items to list. Special table: Fill gallon bag (provided) for a \$1. Call Kathleen at (845) 229-8193 with questions.

Winnakee Barn Tour set Oct. 15
Winnakee's Historic Barn & Working Farm Tour will take place on Saturday, Oct. 15, from 10 a.m. to 4 p.m. The barn tour will visit historic barns and working farms in the Towns of Rhinebeck & Red Hook. A mapped brochure details the self-guided stops on the tour. Docents will be on-hand to provide additional information. A casual reception immediately following the tour will be hosted inside one of the barns, from 4 to 6 p.m. The party will feature live music, farm fresh foods, local beer, wine and hard cider. Visit <https://www.winnakee.org> for reservations and more information.

Stanford Grange Harvest Dinner
Stanford Grange #808 will host a Harvest Turkey Dinner on Saturday, Oct. 15 at the Stanford Grange Hall, 6043 Route 82, Stanfordville. All dinners are take-out only with pick up starting at 5 p.m. The menu will include roast turkey, stuffing, mashed potatoes & gravy, green beans, home grown mashed butternut squash, cranberry sauce, and pumpkin pie for dessert. The donation for each dinner is \$17. Drive to the back of the Grange Hall, pay for and get your food through your car window, and take your dinners home to enjoy. For reservations, contact Grange Secretary Ryan Orton at (845) 868-7869.

Rhinebeck Church to hold flea market, bake sale
Rhinebeck Reformed Church will hold its Fall Flea Market & Bake Sale on Saturday, Oct. 15, from 9 a.m. to 5 p.m. (rain or shine). The church is at 6368 Mill St. (on the corner of South & Mill). Featured will be general household, books, plus vintage and antique items. Come find your treas-

ure and pick up yummy cookies, cupcakes, brownies and more.

Fall Tasting Gala set Oct. 15 in Salt Point
Terri's Wine & Spirits, at 2510 Route 44, Salt Point, will host its Annual Fall Tasting Gala on Saturday, Oct. 15, from 2 to 6 p.m. There will be a wide variety of wines and spirits to taste and delicious complimentary food to enjoy.

Mental Hygiene Board to meet Oct. 17
The Dutchess County Mental Hygiene Board hold its regularly scheduled meeting on Monday, Oct. 17, at noon at the Community Mental Health Center, 230 North Road, Poughkeepsie. One may participate via Microsoft Teams Meeting or by phone by dialing 1-516-268-4602 and enter Conference ID number 261 140 008#.

Veteran Appreciation Pasta Dinner set
Sen. Sue Serino and Mental Health America of Dutchess County Vet2Vet Program will honor local veterans at a free appreciation pasta dinner on Sunday, Oct. 23, at the Red Hook VFW (30 Elizabeth Street). Seating times are at 2 and 5 p.m.; and advance reservations are required.

This event is free and open to Dutchess County veterans and one guest. To RSVP, call Serino's Hyde Park Office at (845) 229-0106 or email serino@nysenate.gov by Oct. 18.

Craft Fair set Oct. 16 in Pine Plains
The Pine Plains Hose Company will sponsor a Craft Fair on Sunday, Oct. 16, from 9 a.m. to 3 p.m., at 7 Lake Road, Pine Plains. There will be refreshments, door prizes and a 50/50 raffle. To reserve a vendor space, contact either Marie Nuccio at 845-546-1340 or Ronnie Brenner-Walsh at 518-929-5982 by Sept. 30. \$10 for an 8' X 8' space. Vendors can start setup at 8 a.m.

Tour scheduled Oct. 16 at Vanderbilt gardens
The Vanderbilt Garden Association's interpreters will be in the formal gardens on Sunday, Oct. 16, to offer free tours from 11 a.m. to 3:30 p.m. Tours meet outside the Tool House building. Interpreters will discuss the history of the gardens, with a focus on the Vanderbilt ownership and the mission of the not-for-profit Vanderbilt Garden Association to rehabilitate and maintain the plants, shrubs and trees within the formal gardens as they were in the 1930s just prior to Frederick Vanderbilt's death in 1938. For further information, e-mail info@vanderbiltgarden.org or visit <http://www.vanderbiltgarden.org>.

MHA of Dutchess County Vet2Vet Support Group set
MHA of Dutchess County Vet2Vet Support Group will be held on Wed., Oct. 19, from 3 to 4 p.m., at 515 Haight Avenue, Poughkeepsie. These group serves as an outlet for veterans to discuss with peers their opinions, challenges, successes and anything else in order to regain balance in their lives. The group is free, confidential and judgment-free. The support group is open to all veterans despite discharge type, time in services or period of service. Active, Inactive and National Guard members are welcome as well.

RSVP is required. Masks and social distancing required. For more information, call (845) 473-2500, ext. 1306 or 1307 or 1365.

Public hearing on sanitary code in county set October 20

The Dutchess County Board of Health will hold a Public Hearing regarding proposed amendments to the Dutchess County Sanitary Code on Thursday, October 20, at 3:30 p.m. at the Dutchess County Department of Behavioral & Community Health located at 85 Civic Center Plaza – Suite 106 in the City of Poughkeepsie.

A current version of the Dutchess County Sanitary Code and the proposed amendments to Article 25 of the Dutchess County Sanitary Code can be found on the Dutchess County

Department of Behavioral & Community Health website. Prior to the hearing, written comments may be submitted by mail to: Dutchess County Board of Health, Office of Recording Secretary to the Board, Atten: Wendy Cady, 85 Civic Center Plaza, Suite 106, Poughkeepsie, NY 12601 or electronically by email to wcady@dutchessny.gov before 12:00 p.m. on October 20. The public is welcome to attend. For more information, contact (845) 486-3432.

Fall Rhinecliff Soup Sales
The Rhinebeck Grange sponsors Rhinecliff's Fall Soup Sales on the third Thursday of the month: Oct. 20, Nov. 17 and Dec. 15, from 11 a.m. to 12:30 p.m. Soups are sold by the quart, \$10/quart, take-out only.

The Soup Sale is at the Rhinecliff Firehouse, on the corner of Shatzell Avenue and Orchard in Rhinecliff. Pick up at side window on Orchard Street. Email JoBaer2@gmail.com to be emailed the soup choices for each month and pre-order online.

Starr Library sets Book Sale Oct. 21-22
Starr Library, at 68 West Market St., Rhinebeck, will hold its October Book Sale on Friday, Oct. 21, 10 a.m.-5 p.m.; and Saturday, Oct. 22, 10 a.m.-4 p.m.

The Book Sale will feature books about Native Americans, a collection of books of local interest, and many art books. There will be books sorted by subject and by author – making it easier to find your favorites. There are more children's books than ever, ranging from picture books for the younger kids to chapter books and to young adult fiction and non-fiction. Older fiction is 50 cents; nonfiction and newer fiction is \$3; trade paperbacks are \$2; children's paperbacks are 4/\$1 and hardcovers are \$1; and lots of YA books from 25 cents. Sponsored by Friends of Starr Library. Masks required at the book sale.

Call (845) 876-4030 or visit www.starlibrary.org for more information.

Primrose Hill School sets Harvest Gala
On Saturday, Oct. 22, at 6 p.m., Primrose Hill School will host a cocktail-style event at Co. in Rhinebeck, offering local fare are libations, live music, dancing, community and fundraising to kick off their 2022-2023 capital campaign. Music will be provided by 2022 Grassroots Festival act Dirty Mae and fresh local fare from GroundedNY.

The pandemic delayed Primrose Hill School's ability to raise funds for its capital campaign which will allow the school to purchase the property it is situated on and begin expansion projects. Funds raised during the gala will contribute toward the vision for the school campus at 23 Spring Brook Park in Rhinebeck, New York, where the school has expanded to 8th grade over the past 10 years.

Purchase tickets via EventBrite. Email development@primrosehillschool.com for additional information.

Discover and drive into local history on Staatsburg Library's Road Ramble

Staatsburg Library invites you to ride into local history on its 2022 Road Ramble on Saturday, Oct. 22. This mash-up is part scavenger hunt, part trivia contest, and serves as the library's fall fundraiser. Follow clues that will take you on a self-guided driving tour to fascinating and surprising spots throughout Hyde Park and Staatsburg.

Ramblers get three hours to complete the course. It's not a race, but the team (each must have a minimum of two members) that comes up with the most correct answers wins the 2022 Ramble Trophy. No Googling allowed! Light breakfast and lunch included.

The event runs 8:30 a.m. to 1 p.m. Cost, pre-registered, is \$20 per person (2 to 3 people in a car) or \$70 per car of 4 people. The day of cost is \$25 per person (2 to 3 people in a car) or \$80 per car for 4 people. Registration is capped at 25 cars. To sign up and for information, visit staatsburglibrary.org.

Zoom panel set Oct. 23

On Sunday, Oct. 23, at 4 p.m., there will be a Zoom event, "Can We Talk About This?" which will also held in front of selected live audience. The panelists are Bob Gelbach, Jewish Voice For Peace - HV, and David Drimer, Ulster County Jewish Federation. Topics will include Palestine, apartheid, and establishing a just peace. To register in advance for this Zoom panel, go to mideast-crisis.org or jvphudsonvalley.blogspot.com. Cosponsored by Jewish Voice For Peace - Hudson Valley, Middle East Crisis Response, New Paltz Women in Black, Ulster County Jewish Federation, and Veterans For Peace. Contact (845) 876-7906 for more information.

'Love it or Swap it' for Sinterklaas
Love it or Swap it, a used clothing benefit for Sinterklaas, will take place on Sunday, Oct 23 from noon to 4 p.m., at the Old Bulkeley Middle School Gym (newly named Dutchess Shepherd) at the corner of Market and Mulberry Street in Rhinebeck. The ultimate recycle event gives guests a chance to swap out clothing from their closets and then choose from a wide selection of

donated women's clothing, jewelry, accessories, handbags, and shoes. There is a \$25 donation, with all proceeds going to the Sinterklaas festival happening on Dec. 3. Visit <https://sinterklaashudsonvalley.com/> for more information.

Virtual conversation around food insecurity set Oct. 26

The United Way Dutchess-Orange Region (UWDOR) will host a virtual Community Conversation about food insecurity on Wednesday, Oct. 26, from 9 a.m. to noon, via Zoom. Speakers will include Jeannie Montano, UWDOR President & CEO; Susan Zimet, NYS Food & Anti-Hunger Policy Coordinator; Cristin McPeake, Vice President, Programs, Community Foundations of the Hudson Valley; Colin Jarvis, Executive Director, Newburgh Ministry; Gabriela Vega-Matthews, Casa Comunitaria de Recursos Dutchess; Christine Sergeant, Executive Director, Northeast Community Council; Sara Gunn, Director, Food Bank of the Hudson Valley; and Melissa Clark, Vice President of Community Impact. There will also be a community input session.

This is a free event, but registration is required. Visit <http://www.uwdor.org/communityconversation> to register and for more information.

Lagrangeville church to hold flea market and more

The Freedom Plains United Presbyterian Church (1168 Route 55, Lagrangeville) will hold its biannual Flea Market, Rummage Sale, Lunch and Bake Sale on Saturday, Oct. 29, from 9 a.m. to 3 p.m., rain or shine. Items include adult and children's clothing, shoes, coats, children's toys, books, linens, jewelry, household items, pictures, tools, furniture and more. A \$5 bag sale begins at 1:30 p.m. Proceeds benefit the youth Appalachian Service Project mission trip this summer. Call (845) 452-0684 for more information.

Free pumpkin carving event at Big Rock Market

Big Rock Market, at 6031 Route 82 in Stanfordville, will hold its annual free pumpkin carving event on Oct. 29 and 30, from 10 a.m. to 6 p.m. Carvers supplied with apple cider, donuts, knives and a pre-gutted pumpkin to add to the market's display that will be lit Sunday at 6 p.m. The market will feature a huge pumpkin maze on its front lawn with pumpkins and mums available to purchase all of October.

Pleasant Valley church sets free lecture
ANGELS & DEMONS: "Medieval Visions in Word, Art & Icon" is a free evening lecture taking place 7-8:30 p.m. on Sunday, Oct. 30, at St. Paul's Episcopal Church 808 Traver Road, Pleasant Valley. The Rev. Dr. Clair W. McPherson is a renowned scholar in Early Medieval Studies. He has taught at NYU, Fordham, and The General Theological Seminary. For more information, call (845) 635-2854.

Abilities First event set Nov. 29

Join Abilities First & the Foundation for Abilities First NY as it kicks off a year of joy and gratitude to its community partners who have made and continue to make its mission possible. The 60th Anniversary Community Partners Celebration will take place on Tuesday, Nov. 29, from 8:30 to 10:30 a.m., at The Grandview, 176 Rinaldi Boulevard, Poughkeepsie. Contact JoAnn Parker at joannparker@abilitiesfirstny.org for more information.

FARMERS MARKETS
Arlington Farmers Market: Vassar Alumnae Lawn, 123 Raymond Ave., Poughkeepsie. Thursdays, 2-6 p.m. through Oct. 27. www.arlingtonhasit.org

Copake Hillsdale Farmers Market, Roeliff Jansen Park, Hillsdale. Saturdays, 9 a.m.-1 p.m., through Nov. 19. (518) 929-3255

Germantown Farmers Market: Palatine Park, Germantown. Saturdays, 10 a.m.-1 p.m., through Oct. 29. germantownfarmersmarket@gmail.com

Hudson Farmers Market, City Lot on Columbia St. between 5th and 6th. Saturdays, 9 a.m.-1 p.m., through Nov. 19. (518) 300-3496

Hudson Wednesday Market, 7th Street Park. Wednesdays, 4-7 p.m., through Oct. 26. upstreet-market@gmail.com

Millbrook Farmers Market: Front St., Millbrook. Saturdays, 9 a.m.-1 p.m., through Oct. 29. millbrookmarketmanager@gmail.com

Paul's Hyde Park Farmers Market: Across from Hyde Park Town Hall on Route 9. Saturdays, 9 a.m.-2 p.m. through October.

ONGOING
Thrift shop in Red Hook: The "New to You" Thrift Shop at 30 Benner Road has opened. Sales will benefit St. Christopher and Good Shepherd Church. Four rooms to roam through; items include books, crafts, CDs, tapes, housewares, home décor, clothing and more. Hours: Tuesdays, 11 a.m.-4 p.m.; Thursdays, 11 a.m.-7 p.m. Donations accepted on Thursdays after 3:30 p.m.

Peckham Materials receives Gold Award from NSSGA



From left, Cliff Weigelt, Donna Siggelkow and Kevin McCarthy of Peckham Materials' Pleasant Valley Quarry accept the Excellence Gold Award from the National Stone, Sand, and Gravel Association. *Courtesy photo*

Recently, Peckham Materials' Pleasant Valley Quarry received the Community Relations Excellence Gold Award from the National Stone, Sand, and Gravel Association (NSSGA). Peckham was one of only eight Gold Award recipients in the country. This award recognizes facilities that have demonstrated achievement in efforts relating to special events, charitable contributions, volunteer projects, advocacy efforts, relationship building, quarry education, and media relations. Many of the community activities hosted by Peckham Materials included blood drives, food drives, annual open houses, sponsorships, and donations to rebuild the local library after a devastating fire. Peckham's long-time employees and local Pleasant Valley residents Donna Siggelkow, Kevin McCarthy and Cliff Weigelt traveled to Washington, DC to

accept the award at the association's annual Legislative and Policy Forum which took place Sept. 20-23. Siggelkow, McCarthy and Weigelt also participated in a small poster session after the award ceremony where they met with other association members to share Peckham's work in Pleasant Valley and learn about the work of other award recipients. This award recognizes the hard work and dedication of so many Peckham employees that contributed their time and effort in 2021 working within the company to not only support the Pleasant Valley community, but also educating and enhancing the perception of the facility and industry. While the Pleasant Valley Quarry team is honored to have been selected to receive this award, this award is also representative of Peckham Industries' foundational dedication and commitment to serving local communities.

Red Hook Rotary to honor Amy Smith of library as 2022 as Citizen of the Year

The Red Hook Rotary Foundation will honor Amy Smith as their 2022 Citizen of the Year on Saturday, Oct. 22 at the Red Hook Community Center. The event will begin at 5 p.m. and is open to the public. Tickets are \$50 per person and can be purchased at either Red Hook Town or Village Hall, online at redhookrotaryclub.org using the purchase dinner tickets tab or from any Red Hook Rotary Club member. Space is limited so get your tickets early. Smith is Head of Programs and Youth Services for Red Hook Public Library. She is also Chair of the Red Hook Village Events Committee, which organizes Hardscrabble Day an annual community event. Amy is a member of the Dutchess County Youth Board and the Think Differently Planning Committee. She has an extensive academia background and for a few years was a pediatric emergency room nurse. Amy joined Red Hook Public Library in 2016 and quickly moved into a leadership role. According to Carl Dowden, Chair of The Red Hook Rotary Foundation, "Amy Smith personifies the individual the Foundation looks to honor as Citizen of the Year because of her background, and work with the youth of our community and her community involvement away from the Library. She is a great choice." The Red Hook Rotary Foundation, which is part of Red Hook Rotary Club, has been honoring individuals as Citizen of the Year since 2001. They skipped

2020 due to the pandemic and held a hybrid virtual event in 2021. The Citizen of the Year event recognizes individuals in the Red Hook community who give to the community selflessly, which upholds Rotary International's Moto "Service Above Self." Qualities and actions such as Amy Smith possesses are what Red Hook Rotary looks for in their Citizen of the Year. Citizen of the Year is the major fundraiser for the Red Hook Rotary Foundation and helps them continue their philanthropy in the Red Hook area community. The Foundation annually awards at least three \$1,000 scholarships to high school seniors from the Red Hook, Pine Plains and Germantown School Districts. Pine Plains and Germantown are part of Red Hook Rotary Club's territory, so those schools are included in the scholarship program. Youth programs are important to the Foundation. It helps finance the Interact Club at Red Hook High School, sophomores attending the Rotary Youth Leadership Awards Conference (RYLA), Rotary's Youth Exchange Program and others. The Red Hook Rotary Foundation lends financial support to Red Hook Harvest, Red Hook Responds, Red Hook Public Library, Tivoli Public Library and more. Donations of financial support for The Red Hook Rotary Foundation can be made online at redhookrotaryclub.org. To request information email rhrotaryfoundation@gmail.com.

Mom honors late son by holding annual car show to call attention to suicide prevention

by Kristine Coulter

Local resident Donna Thomas said she is a mom with a cause. Her cause is to bring attention to her son James's life through James's Warr;ors. "James's Warr;ors was built out of love from my son, James Thomas, who died by suicide on Oct. 19, 2018. He was just 19 years old. James was never diagnosed with a mental health illness," said Donna recently. The 3rd Annual James's Warr;ors Memorial Car/Bike Show will be held on Oct. 16. Cars will be admitted at 9 a.m., spectators admitted at 11 a.m., and the show will be until 4 p.m. at Dutchess Stadium, 1500 Route 9D, in Fishkill. Prices to have one's car in the show are pre-register for \$20, at www.carshow-pro.com/event/1122; or the price is \$25 at gate. Admission price for spectators is \$5. The semi-colon (;) in "warr;ors," explained Donna, "is a symbol of hope for those who are struggling with mental health and thoughts of suicide." On the website, it states that "It helps serve as a reminder that your story isn't over yet and you can share your story without shame. A semicolon is used when a writer could have chosen to end their sentence but chose not to. You are the writer and the sentence is you. Your life can continue. Your life matters and you are someone's blessing."

Donna said about James, "If you ask anyone to describe James, they will say he was really funny. No one really knew how bad he was struggling. On the outside, he looked good. He was handsome, a barber at the Imperial Barber Shop in Wappingers Falls." Her son had bought a new car and had a beautiful girlfriend and family and friends who loved him, said Donna. "Shortly after James died, I realized quite quickly there are many people who suffer from mental illness but in silence. They believe they are alone," remarked Donna. That is how Donna decided she would try to change the stigma associated with mental illness and suicide. "I am extremely grateful that Dr. Jaimee Arnoff of Beacon (BFF Therapy) who decided to join me in developing a Mental Health Awareness and Suicide Prevention Program," Donna stated. "We



Local resident Donna Thomas started James's Warr;ors in honor of her son, James. James died by suicide at 19 years old in 2018. *Courtesy photo*

present in schools, colleges and for community-based programs. I tell James's story and Dr. Jaimee presents the clinical side of the presentation. We teach our students some simple coping skills and give out coping kits at our presentations." Donna said, "This is our big fundraiser for the year. James loved cars and what better way to raise money for our not-for-profit organization." As for why the annual fundraiser is held in October, Donna explained, "We do it on the Sunday close to the anniversary of his death. It helps us get through the anniversary knowing we are raising money to save lives. This is a family fun day. Besides the cars we have award-winning food trucks, exceptional music performers, vendors, bouncy house, face painting, 50/50 and raffles. The proceeds from this car show helps us to carry out our mission to save lives." Donna said, "The bottom line is I never want another family to endure the pain of losing someone to suicide. Our motto is 'No One Walks Alone!' and we hope, with the help of the community, no one will feel alone in their struggles again." As for her son, Donna said, "James was a good son and brother. He had the most beautiful smile, which I miss every day." For more information, visit www.Jamesswarriors.com.

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www.hvfa.com

Inaugural ‘Anthony’s Walk’ a success

The first-ever Anthony’s Walk event took place on Saturday, Oct. 1, on the Marist College campus. Magically the wet weather from Hurricane Ian subsided just as the walk began, and I couldn’t help but think to myself that Anthony was looking down on us and smiling as we embarked on a 22-minute campus walk in his honor. By all accounts, the first Anthony’s Walk was a resounding success!

Anthony Gray was a Marine Corps veteran who was tragically murdered in October 2020 near Liberty Station, the veterans shelter in Poughkeepsie where he lived. He was only 55 years old and was just starting a new job, with a better life ahead. When he died, the local veteran community came together to cover all his final expenses, as he did not have any family in the area.

Unfortunately, Anthony’s story is not rare among our veteran population, with 22 veteran suicides each day and 40,000 homeless veterans every night in America. So we wanted to create a community event to honor Anthony as well as raise awareness for all those veterans who might be facing a wide array of challenges, often right in our own communities.

Our walk leaders for this inaugural Anthony’s Walk included Congressman Pat Ryan, who is a West Point graduate and a combat veteran. When it was his turn to speak at the start of the walk, Congressman Ryan shared the sobering story of one of his own soldiers from his unit that served in Iraq who committed suicide after returning home. The soldier had just gotten married. As Congressman

Ryan told his story, the room fell silent and I could hear some folks shedding tears as well.

It took a lot of courage for Pat Ryan to tell us his story, and I want to thank him for sharing the memory with us. It was a poignant reminder that we probably all know a veteran who is struggling; it’s our duty to protect the heroes who took an oath to protect us.

When we lined up for the walk itself, I smiled because I saw a patch of blue sky above and I knew that Anthony was looking down on us and giving us a thumbs up for our efforts. In all we had approximately 200 folks take part in the first Anthony’s Walk, which was a truly amazing turnout considering the weather forecast for that morning.

Our walk leaders, which included Congressman Ryan as well as Christa Hines, Executive Director of Hudson River Housing, and Dr. Kevin Weinman, President of Marist College, led the way in a loop around campus. I chose to bring up the rear, and I’m so glad I did, because I got to walk with a few older vets, some of whom were having visible trouble walking and keeping up with the large group ahead. It struck me that these vets could be doing a million things on this chilly morning rather than walk with strangers, but here they were, doing their best even though I could tell it was physically painful for them to keep going.

That’s our veterans for you. Even when they can’t walk, they walk. They show up for one another. They show up for the fallen, like Anthony. And it reminds me there is no more noble work in this world than to try and make sure



The inaugural Anthony's Walk at Marist was led by (l-r) Dr. Kevin Weinman, Marist President; Christa Hines, Executive Director of Hudson River Housing; and Congressman Pat Ryan. Courtesy photo

these heroes get the support they deserve.

Thanks again to Congressman Pat Ryan for sharing his story with us at Anthony’s Walk. And thank you, for listening! We hope you will join us for the second Anthony’s Walk next October, because we hope to do an even better job next year. After all, our veterans deserve nothing less. See you next time!

A Navy veteran, Tom Zurhellen has been Commander of the Veterans of Foreign Wars (VFW) in Poughkeepsie for the past three years. In the summer of 2019, he walked across America from Portland, Oregon, to Poughkeepsie to raise awareness on veteran suicide and veteran homelessness in our country. He continues to work with local veterans in need through the VetZero Project, in partnership with Hudson River Housing.

Millbrook VFW event to host former NY Giants star Alford

The Millbrook VFW Post 9008 is hosting a fundraiser on Sunday, Oct. 23, at 82 BBQ, located at the corner of Route 82 and Tompkins Road in Verbank, with New York Giants Super Bowl XLII Champion player Jay Alford during the Giants -Jaguars 1 p.m. game.

Alford played college football at Penn State University and was instrumental in the Giants beating the undefeated New England Patriots in the Super Bowl by

sacking New England quarterback Tom Brady with 1 minute left in the game.

Alford will be on hand to sign autographs and pose for photos. There will be raffles throughout the game.

Thanks to Ruge's Chevrolet for sponsoring this event. The VFW Post will have 8X10 photos available or fans can bring their own item to be signed.

Food and beverages will be available for purchase.

Renegades support staff gains two Best in League honors

Two members of the Hudson Valley Renegades 2022 support staff have been recognized as being the best at their positions in the South Atlantic League. Athletic Trainer Jonathan Becker was honored by the Professional Baseball Athletic Trainers Society (PBATS) as the 2022 South Atlantic League Athletic Trainer of the Year. Strength Coach Danny Smith was named the 2022 South Atlantic League Strength & Conditioning Coach of the Year by the Professional Baseball Strength & Conditioning Coaches Society (PBSCCS).

“For Jon and Dan to be recognized as the top AT and Strength Coach in the South Atlantic league - it is justification for the hard work they put in on a daily basis,” said Renegades Manager Tyson Blaser. “They were and are a big reason for our success as a team and for the individual players’ development. On top of being very good at their profession, they are tremendous human beings and it was an absolute pleasure to work with them throughout the year. They both have very bright futures ahead of them.”

Becker was in his first season with the Renegades in 2022, and his sixth in the

Yankees organization. He spent 2021 as the Athletic Trainer for the FCL Yankees, and was with Short-Season A Staten Island from 2017-2020. Prior to his tenure with the Yankees, Becker served as an athletic trainer for HSHS St. Joseph's Hospital and Nashville Community High School, both in Illinois. He graduated from McKendree University in 2013 with a B.S. in Athletic Training and interned in the Puget Sound Collegiate League in 2014.

He is among 15 athletic trainers recognized by PBATS as the best in their leagues (plus one coordinator). Becker joins the rest of that select group as finalists for the prestigious Minor League Athletic Trainer of the Year award, which will voted on by the full membership of PBATS at the 2022 Baseball Winter Meetings in San Diego, California.

Smith completed his second season as the Renegades strength coach in 2022, and his sixth overall with the Yankees organization. He was also named the South Atlantic League Strength & Conditioning Coach of the Year by the PBSCCS in 2021 with the Renegades.

988 SUICIDE & CRISIS LIFELINE IS LIVE

The first nationwide three-digit mental health crisis hotline is up and running. It is designed to be as easy to remember as 911, but when you dial 988, a dispatcher will connect callers with trained mental health counselors.

Dialing 988:

- Is a direct connection to compassionate, accessible support for anyone experiencing mental health related distress.
- Provides support: People may dial 988 if they are worried about a loved one who may need crisis support.
- Help for VETERANS: Veterans can press “1” after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

ROOSEVELT CINEMAS
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LYCEUM CINEMAS
Rte.9 Red Hook 758-3311

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HALLOWEEN ENDS R

--STARTS FRIDAY--
DC LEAGUE OF SUPER-PETS PG

--HELD OVER--
Amsterdam (R)
Lyle, Lyle, Crocodile (PG)
Don't Worry Darling (R)
Smile (R)
The Good House (R)
Bros (R)

--STARTS FRIDAY--
Minions: The Rise of Gru PG

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8 NORTHERN DUTCHESS NEWS & Creative Living - Oct. 12-18, 2022

Creative Living

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Northern Dutchess Symphony Orchestra to feature local cellist in Oct. 23 concert

northern Dutchess Symphony Orchestra will open its 17th season with a concert, “Tchaikovsky in Ukraine,” on Sunday, Oct. 23, at 3 p.m., at the Marriott Pavilion at the Culinary Institute of America in Hyde Park.

The concert will feature Tchaikovsky’s Symphony #2, which was inspired by Ukrainian folk music and the Ukrainian National Anthem. Local 18-year-old cellist Andrew Chun will be the guest soloist for Schumann’s Cello Concerto in A minor. The concert will open with an audience favorite, “The Hebrides (Fingal’s Cave)” by Mendelssohn.

Tickets for the program are \$38 per person, with discounts for seniors and students. To buy tickets and get more information about the concert, visit www.ndsorchestra.org or call (845) 635-0877.

Andrew Chun is an 18-year-old cellist in the Columbia-Juilliard exchange program. He has previously graduated from The Juilliard School’s Pre-College Division, studying with Minhye Clara Kim. Andrew is also a winner of the National YoungArts Foundation, and received the first prize of the Camerata Artists International Competition, the

first prize and gold prize of the Vivo International Competition, the first prize and virtuoso prize of the NYVC Competition, the first prize of the Enkor International Competition, the first prize of the United States International Music Competition, and was a finalist on NPR’s “From the Top” radio show.

Andrew has participated in master classes and studied with Laurence Lesser, Zvi Plessner, Joel Krosnick, Astrid Schween, and the Borromeo Quartet. Andrew was admitted to the Morningside Music Bridge Program with full scholarship during the summer of 2020. He has attended the Perlman Music Program since the summer of 2021, under the tutelage of Itzhak and Toby Perlman.

Northern Dutchess Symphony Orchestra was formed in 2006 to bring live orchestral music to northern Dutchess County and the surrounding Hudson Valley area. Now in its seventeenth season, the orchestra offers the best possible live performances of classical music at family- affordable prices. Since the beginning, the orchestra has been conducted by Kathleen Beckmann who also serves as artistic director.



Cellist Andrew Chun. Courtesy photo

Wallace Center to host film about women who worked to help win WWII

The Franklin D. Roosevelt Presidential Library and Museum will present a film screening and discussion of “The Girl with the Rivet Gun,” an animated documentary short film exploring the personal stories of women who went to work to help win World War II. Library Education Director Jeffrey Urbin will lead the discussion with filmmakers Anne de Mare and Kirsten Kelly, producer Elizabeth Hemmerdinger, and animator Danielle Ash.

The program begins at 6 p.m. on Monday, Oct. 17, and will be held in the Henry A. Wallace Center at the FDR Presidential Library and Home, 4079 Albany Post Road (Route 9), Hyde Park. This is a free, in-person public event (local health metrics permitting), but registration is required. Visit www.fdrli

brary.org to register.

“The Girl with the Rivet Gun” moves viewers beyond the iconic “We Can Do It” poster girl to the millions of real-life women who shook the foundations of the American workplace -- forever changing not only their own lives, but the very perception of what women can do. This film is an unconventional animated documentary short based on the adventures of three real-life “Rosie the Riveters” -- Esther Horne, Susan Taylor King and Mildred Crow Sargent. From vastly different backgrounds, these three women came of age in an America united by war but struggling with divisions of gender, economics and race.

Contact Cliff Laube at (845) 486-7745 with questions about the event.

Creative Living
is the arts and entertainment section of
NORTHERN DUTCHESS NEWS
A division of Southern Dutchess News
84 East Main St., Wappingers Falls, NY 12590
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DOT-TO-DOT PUZZLE

See page 18 for finished puzzle (no peeking!)

Sets

Stop your line after completing each set, then skip to the next set and start your line again.

- 1 thru 35
- 36 thru 37
- 38 thru 39
- 40 thru 41
- 42 thru 56
- 57 thru 58
- 59 thru 62
- 63 thru 65
- 66 thru 71
- 72 thru 98
- 99 thru 116
- 117 thru 151

By David Kalvitis

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Murder Cafe to showcase their brand of ‘pumpkin spice’

This month, Murder Cafe will present “The Great Pumpkin Spice Murder,” a Halloween-themed murder mystery dinner to die for.

You’re invited to join famed pumpkin farmer, Charles Goodman, and his wife, Annie, in celebrating their winning of the new World Record for growing the biggest pumpkin. Even Charles’ former best friend and biggest competition, Sam, is in attendance. Not everyone, however, is happy for Charles. His ex-wife, Tiffany, thinks that she should share some of the spotlight. Tempers get as hot as a fresh Pumpkin Spice Latte, and someone won’t be leaving this party alive.

The performance schedule:

Friday, Oct. 14, 6:30 p.m.
Castle on the Delaware
139 Stockton Avenue, Walton, NY
Purchase tickets at [https://castleon-](https://castleon-thedelaware.com/)

thedelaware.com/

Thursday, Oct. 20, 7 p.m.
The Beekman Arms
6387 Mill St. (Route 9), Rhinebeck
Purchase tickets via EventBrite

Friday, Oct. 21, 6:30 p.m.
Meadowbrook Lodge
1 Meadowbrook Road, New Windsor
Purchase tickets via EventBrite

Sunday, Oct. 23, 8 p.m.
The Colony
22 Rock City Road, Woodstock
To make reservations, call (845) 679-7625

Wednesday, Oct. 26, 7 p.m.
The Venue at The Best Western
Washington Avenue, Kingston

Purchase tickets via EventBrite

Sunday, Oct. 30, 2 p.m.
Le Chambord at Curry Estate
2739 Route 52, Hopewell Junction
To make reservations, call (845) 221-1941

If you have any issues with making reservations or buying tickets to “The Great Pumpkin Spice Murder,” call Murder Cafe at (845) 475-7973 or email murdercafe.ny@gmail.com.



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Full slate of events set as new 4-H year begins

Just a few days into the new 4-H year and already it’s all systems go!

Here are just a few events on the horizon. In October, over 200 Record Books, which capture what kids learn, think and feel, from the previous year are evaluated by community volunteers.

The annual Halloween Pumkin Patch competition brings kids together to enjoy carving animals and spooky faces, which are then displayed and awarded prizes. Leaders get together with 4-H staff to plan for the coming year.

November brings the ever-popular Fall Food Festival and is the first opportunity for youth to practice public speaking in a fun way.

We are excited to welcome youth with special needs to a Fall Farm Day courtesy of Clover Brooke Farm. Celebrations are held across programs to thank volunteers and recognize the youth. In December the focus for many clubs is giving back to their communities through a variety of youth-led service projects such as collecting for Toys for Tots. Check out the 4-H website ccedutchess.org/youth-4h/4-h-club-program or email Program Leader Jane Rodd jr825@cornell.edu if you would like to be involved in any way.

Cornell Cooperative Extension | Dutchess County

 **4-H FLOURISHING FARMERS**
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FALL FARM DAY
at Clover Brooke Farm
175 Ruskey Ln, Hyde Park, NY 12538

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November 6th
2:00PM - 3:00PM

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November 6th
3:15PM - 4:15PM

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This program is funded in part by Dutchess County

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DC 4-H'ers claim awards at Big E Beef Show

4-H'ers Riley Mahaffey, Angelina Otero and Ben Prentice traveled to the Big E in September to compete in the 4-H Beef Show against youth from the Northeastern States. Under the guidance of Amanda Skuza, Leader of the 4-H Here Comes the Beef Club (a volunteer who donates her time and resources to mentor these youth), they had a very rewarding and educational four days and returned with plenty of honors.

As a team, they competed in Livestock Judging, Skillathon and the Breed Show, placing in fourth against numerous larger teams. Individual awards went to Angelina – third place Intermediate Showmanship and second place Senior heifer calf; Ben – second place Senior showmanship and first place medium weight steer; and Riley Mahaffey who won her Intermediate showmanship class and, after winning her heifer class, went on to win the overall heifer championship.

The Here Comes the Beef 4-H Club provides an incredible opportunity for youth in our county to participate in agriculture supported by volunteers who provide not only beef industry expertise, but also guidance in developing a whole range of life skills, such as communication, marketing and the importance of giving back to the community. The new 4-H year started on October 1 and already Here Comes the Beef has three new members. At least 15 4-H youth will be raising steers to sell in a 2023 Livestock Sale. Through 4-H they can qualify to sell at the Dutchess County Fair and/or the Big E.



Riley Mahaffey won her Intermediate showmanship class and, after winning her heifer class, went on to win the overall heifer championship at the Big E show. Courtesy photo



One more checked off

Mark takes an autumn trek to Stissing Mountain, one of the Hudson Valley's notable hikes.

It almost cost me \$7,500. Hiking up the ridiculously steep trail to the Stissing Mountain fire tower last Monday morning (Oct. 3), I encountered Brian Sikora moving some rocks around. It turned out that he was constructing an alternate path around a perennially wet area. Brian is a volunteer with FOSL, the "Friends of Stissing Landmarks," who maintain the trails and reconstructed the stairs on the tower.

We got to chatting – Brian told me that as many as 42 cars were jammed into the tiny parking lot on Lake Road (Pine Plains) at the height of Covid, and the trail remains popular. Just a few days ago, he was chatting for about 10 minutes with a lone hiker who ended up sending FOSL a \$7,500 donation.

"Whoops, gotta go," I said, and hurried on my way.

I was there for the fall foliage. Over the years (and there are many), I've visited Vassar College, Vanderbilt Historic Site, Storm King and Break Neck Ridge, some of my go-to sites for gorgeous leaf peeping. My favorite, maybe just because I caught it at peak season on a luminous autumn afternoon, is Huckleberry Point, in "one of the Catskill's quietest corners,"

according to my hiking bible, "Fifty Hikes in the Hudson Valley," by Barbara McMartin and Peter Kick.

For a new adventure in leaf peeping, I decided to check out hike number 15, "Stissing Mountain and Thompson Pond." According to my notes, Sue, daughter Becky and I completed this hike on Jan. 26, 1992, but I wrote "just the pond part," probably because the mountain was snowed in. So now I had a chance to complete the journey.

Stissing Mountain is not the highest peak in Dutchess County. At 1,403 feet, it is 119 feet shorter than Mount Beacon, but is definitely the highest mountain in Pine Plains. The 45-minute climb from the parking lot on Lake Road takes you up 950 feet, with an additional 106 steps to the top of the fire tower. Oaks and birches dominate the landscape, with the occasional fiery red maples, creating a stunning tapestry that stretches across the Wassaic Valley.

Our Hudson Valley summer was hot and dry. I've heard this leads to earlier fall color, but maybe less vibrancy. Cold nights, like we had last week, could give us redder reds (sugar maples) and bolder

continued on page 17



The vista from top of Fire Tower on Stissing Mountain. Photo by Mark Adams

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One-man show to raise funds for community organizations



Joe Baer performs his one-man show, "Samuel Clemens: Tales of Mark Twain," at The Stissing Center earlier this year. Baer will bring the show to Amenia on Oct. 16 and Hurley on Oct. 23. *Courtesy photo*

"Samuel Clemens: Tales of Mark Twain," a one-man show written and performed by Joe Baer, will be performed in Amenia on Oct. 16 and in Hurley on Oct. 23. Both performances are fundraisers.

There will be a benefit performance for the Amenia Lion's Bluc on Sunday, Oct. 16, at 2 p.m., at the Amenia Town Hall, located at 4988 Route 22, Amenia. Tickets are \$15 in advance, \$20 at the door, and \$10 for students with current ID; cash or check only.

Purchase advance tickets by email: AmeniaLionsClubJM@outlook.com.

A benefit performance for the Hurley Library will take place on Sunday, Oct. 23, at 2 p.m., at The Hurley Reformed Church, located at 11 Main St., Hurley. Tickets are \$15 in advance and \$20 at the door. Purchase tickets at <http://hurleylibrary.org/> or call (845) 338-2092.

Go to <https://www.BaerhandsTheater.com> for complete schedule and more information.

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A&E Calendar

arts and entertainment happenings

Note: Please check with event venues for any guidelines related to the ongoing COVID-19 pandemic.

Ongoing

Mansion & Landscape Tours, Wilderstein Historic Site, 330 Morton Rd., Rhinebeck. Wilderstein is a not-for-profit house museum. The estate was the home of Margaret (Daisy) Suckley, a distant cousin and confidante of Franklin Roosevelt. With its exquisite Queen Anne mansion and Calvert Vaux designed landscape, Wilderstein is widely regarded as the Hudson Valley's most important example of Victorian architecture. Guided tour includes the exterior architecture and first floor of the mansion, the landscape, and history of the Suckley family. Sat. & Sun., noon, 1, 2 & 3 p.m. Tickets \$12. Advance online registration encouraged, but walk-ins welcome if space is available. Buy tickets at <http://wilderstein.org/calendar/>

Museum Tours, Old Rhinebeck Aerodrome, 9 Norton Rd., Red Hook. Museum open daily, through October. Weekend Air Shows: through Oct. 16. Biplane rides available by reservation. <https://oldrhinebeck.org/>

Tours, Mount Gulian Historic Site, 145 Sterling St., Beacon. Visitors will hear about Mount Gulian's centuries-long history that shaped our nation, including its part in the Revolutionary War as Patriot General Von Steuben's headquarters. They'll learn about the founding of the Society of the Cincinnati, our country's oldest veterans' organization, and the history of generations of Verplanck family members who lived at Mount Gulian. Visitors will discover the stories of James F. Brown, a fugitive slave who risked his life for freedom, and of Robert Newlin Verplanck's participation in the Civil War as an officer in the US Colored Troops. Artifacts on display span the 18th through the 20th centuries and include antique books, furniture, and an array of Revolutionary War items. Tours of the historic home, 18th-century Dutch barn, and heritage garden will be given on Wed., Thurs., Fri. & Sun., at noon, 1 p.m., 2 p.m. and 3 p.m. Season runs through Oct. 23. Advance reservations recommended. Admission is \$10 adults, \$8 seniors, \$5 children (ages 6-18); free for children under 6 and Mount Gulian members. Visitors are required to wear a mask when indoors. (845) 831-8172 or info@mountgulian.org

Through Oct. 30

Harvest Hunt, Locust Grove, 2683 South Rd., Poughkeepsie. A very special story walk-scavenger hunt for kids and families. Come find over two dozen decorated

pumpkins hidden among the flowers and trees on the historic estate. Map provided. Costumes encouraged. Sat. & Sun. in October, 10:30 a.m.-4 p.m. Tickets \$10/person. Children under 4 are free; everyone else needs a ticket. www.lgny.org/calendar or (845) 454-4500

Haunted Fortress, 11 Creamery Rd., Stanfordville. Haunted experience is run under the auspices of the Town of Stanford Recreation Department by a committee of talented local residents. A trail leads you into a maze of haunted structures with characters ranging from a little strange to really really creepy. There are eerie effects and scary skits that change a little each night. Open Fri. & Sat, 6:30-9:30 p.m.; Sun., 6:30-8:30 p.m. Those who want to enjoy the artistry in daylight without the creepy music and scary actors can attend on Oct. 22, with a rain date of Oct. 23, 11 a.m.-4 p.m. Tickets \$15 adults, \$10 ages 12 & younger, \$10 seniors. Cash only. townofstanford.org/hauntedfortress or (845) 868-7782

Through Oct. 31

Irving's 'Legend,' Washington Irving's Sunnyside, W. Sunnyside Lane, Tarrytown. Performing amid the lush landscape of Washington Irving's estate, master storyteller Jonathan Kruk, accompanied by live music by Jim Keyes, brings to life the story of "The Legend of Sleepy Hollow" in this outdoor, evening event. Oct. 14-16; 21-23; 28-31. Online tickets start at \$30 for adults and \$24 for children. Historic Hudson Valley members receive a 15% discount on tickets. Buy tickets online at www.hudsonvalley.org or by calling 914-366-6900 (\$2.50 per ticket surcharge for phone orders).

Through Nov. 13

Home of the 'Legend,' Washington Irving's Sunnyside, W. Sunnyside Lane, Tarrytown. Sunnyside celebrates its connection to Washington Irving's classic tale, The Legend of Sleepy Hollow, at this family friendly daytime event. Home of the 'Legend' includes a tour of the cottage, an original short shadow puppet film and a Legend-themed exhibit. Oct. 14-16, 21-23, 28-31; Nov. 4-6, 11-13. Online tickets start at \$12 for adults, \$10 for seniors and children 3-17, and are free for those 2 and under. Held rain or shine. Buy tickets online at www.hudsonvalley.org or by calling 914-366-6900 (\$2.50 per ticket surcharge for phone orders).

Through Nov. 20

The Great Jack O' Lantern Blaze, Van Cortlandt Manor, 525 S. Riverside Ave., Croton-on-Hudson. Features illuminated, individually hand-carved Jack o' lanterns in



The Tito Puente Latin Jazz Ensemble will perform at the Hudson House Distillery in West Park on Friday, Oct. 14. *Courtesy photo*

elaborate displays which are professionally lit throughout the landscape of the manor in various themed areas. All admissions are by advance purchase only. Dates: Every day in October; Nov. 2-6; Nov. 9-13; Nov. 18-20. Online tickets start at \$32 for adults and \$24 for children 3-17, and are free for children 2 and under. Held rain or shine. Buy tickets online at www.hudsonvalley.org or by calling 914-366-6900 (\$2.50 per ticket surcharge for phone orders).

Oct. 14

Latin Jazz Dance Party/Concert, Hudson House Distillery, West Park. Featuring The Tito Puente Jr. Latin Jazz Ensemble, with special guests The Latin Jazz Express along with dancers from Dojo Dance Company, on the deck of The Hudson House Distillery to celebrate Hudson Valley farmers and the 2022 harvest, 6-9:30 p.m. <http://www.thehudsonhouseny.com/>

Oct. 14-16 & 21-23

"12 Angry Jurors," Performing Arts Center at Taconic Hills CSD, 73 County Route 11A, Craryville. The Two Of Us Productions presents this tense courtroom drama by Reginald Rose adapted for the stage by Sherman L. Segel. Performances: Fri. & Sat., 7:30 p.m.; Sun., 3 p.m. Tickets \$15 adults, \$10 students & seniors. www.TheTwoOfUsProductions.org or (518) 758-1648.

Oct. 15

Fall Backyard Concert Series, Hyde Park Library, 2 Main St., Hyde Park. This week: Conor Walsh, Poughkeepsie native is a singer/songwriter/guitarist specializing in rock/pop/adult contemporary music. Conor is currently promoting his latest album, "Always & Forever." Concerts will be held at 3 p.m. in the library courtyard (or in the annex in the event of rain). If it's cold, the library will have outdoor heaters. hydeparkfreelibrary.org

Movies With Spirit: "Encanto," New Progressive Baptist Church, 8 Hone St., Kingston. The Disney animation family film is about a Colombian family leading a magical existence until its magic is threatened, 7 p.m. "Encanto" tells the story of the Madrigals, an extraordinary family whose members live in a fairy-tale house in a magical place called the Encanto hidden in the high jungle mountains of Colombia. Lin-Manuel Miranda, creator of the Broadway musical "Hamilton," wrote songs for this fantasy musical comedy. The 2021 film runs 1 hour 39 minutes and is rated PG. The screening will be followed by a facilitated discussion. Refreshments will be served. Attendees over age 12 are asked to contribute \$10 a person. (845) 389-9201 or gerryharrington@mindspring.com

Oct. 19

Peppa Pig's Adventure, MJN Convention Center, 14 Civic Center Plaza, Poughkeepsie. 6 p.m. Purchase tickets via TicketMaster.com or the MJN Convention Center Box Office: (845) 454-5800.

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A division of Southern Dutchess News
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Publisher: Albert Osten
Executive Editor/General Manager: Curtis Schmidt
Editorial/Creative Director: Kate Goldsmith
Editorial: creativeliving@s Dutchessnews.com
Advertising: sdnadvertising@aol.com



Spirit of the season

Maybe there's a little witch in all of us...

October is the most magical month to me, perfect in every way and not least because it ends with Halloween, my favorite holiday. Perhaps my deep and abiding love for this month is the reason I try to keep my inner witch close all through the year, but I think it may go deeper than that. I think maybe there's a little witch in all of us. And that's not a bad thing.

Let's put aside, for a moment, the idea of "Good Witch" and "Bad Witch." Take away the black pointy hat (just for a moment, though, 'cuz it's too cool to leave out completely), the warts, green skin and any thoughts of evil intent. Keep the cauldron, spells and potions since they can be reinterpreted, which I'll get to a bit later. Keep the respect of nature and the ability to heal or harm. What I'm trying to say is that, while the moniker of 'witch' stirs the imagination and calls to mind certain iconic images, it's more than that. At least I think so.

Now, I'm not proclaiming to be a witch, but I do have a point to make and it seems the perfect time of year to share it if you're willing to listen. What, after all, were the first presumed witches but women who could heal, grew and understood the properties of herbs, had a way with animals and the natural world and largely kept to themselves? At a time when men and the church held sway over governance this must have been seen in equal measure as a threat and a source of fear.

I'm not going into the history of witches or witchcraft. There are many theories and stories out there, and you can believe what you like. I just think there's something in the perceived power these women had that made them both hated and feared and that, if left to their own devices, most would likely have been (and probably were) beneficial and benevolent members of society. Were the idea of spells and the devil of their own, conscious design? Who can say, but I don't think so. For my part, I want to believe they were simply and naturally in tune to the world around them, driven by their senses and the seasons to develop certain talents; women who chose to do good on their own terms and were persecuted for it because they didn't fit with the norms of the day.

That said, I know there is something to the idea of being witchy. Have you ever been truly happy, your positive best self, and noticed that those around you are affected by it or that good things happened to you? Or maybe you've gone through a depression, feeling you're in an impossibly deep hole you just can't get out of, and the world sort of stops? There's a power in our minds and hearts, our moods, attitudes and intentions, even more so than in our words sometimes. It's when we're true to ourselves that we attract good. Can't that kind of power be

considered magic?

Now think back to your earliest memories. Maybe it's a certain smell, your mother's soothing touch, or a beloved pet. It could be something as seemingly random as a color, a voice or a laugh, the feel of soft fabric or a favorite toy. These are powerful things that stay with us for a reason. They teach, stir the heart, evoke strong emotion and tie us to a simpler time. To keep those things close is to hold sacred the things that form who we will become. Whether we embrace them or learn from them is a sign that, no matter how trivial, they mattered. There's a certain magic in that, too.

Think of a cauldron as just a cooking pot, of potion as soup when you or a loved one are sick, of spells as soothing words spoken at just the right time. If you can and it calls to mind someone you know, then chances are you've been fortunate enough to experience the best kind of witchery: the kind that comes from the heart as well as the kitchen.

And if you've been on the giving end of that special type of power then, just maybe, there's a little witch in you.

If you're looking for a good movie for the Halloween season, one that, as it just so happens, illustrates what I've been trying to say, then I can't recommend "Practical Magic" highly enough. Based on the book by Alice Hoffman (which you should definitely read because each is uniquely special), it's the story of generations of magical Owens sisters as they face challenges, mostly brought about by love, and try to escape their cursed fates. Should they try to fit in, melting into the ordinary or embrace their magic? To me it's the epitome of what it is to be a witch in its darkness and its light, the spells it casts, the poignant moments and the funny ones (Chocolate cake for breakfast! Midnight margaritas!). Above all, it's a story of love in all its forms and the strong bond between sisters, something I know a lot about, because my sister is my best witchy friend and we, like Gilly and Sally, will forever be there for each other, no matter what.

I love all things spooky and witches are no exception. I've delighted in the stereotypes and donned the costumes, even writing about it around this time pretty much every year. Halloween and witches go hand in hand, after all. But in my heart I believe that, while certainly each of us can be both good and wicked from time to time, to be a witch at heart all year is to strike the balance between the two and share your unique gifts with the world. It's the way we touch the lives around us, with a kind word, a gentle touch or a meal prepared with love, that are truly powerful and bring no small amount of magic to the world.

So now I must go. There is a Halloween menu to plan, a house to haunt and a beautiful season to make the most



Vicki and sister Robin were positively witchy at the 2021 Steampunk World's Fair in the Catskills (Durham, NY). *Courtesy photo*

of. And, yes, I will be dressed in my witchiest finery, which certainly does include a pointy black hat, ready to celebrate ancient traditions along with new ones, embracing my inner witch as I do because there's a little witch in all of us. Break out the blender and the tequila, get your broom and join me in letting the magic in.

Vicki Frank Day is a graphic artist with more

than two decades of experience in different aspects of the food service industry. She is the Content Marketing Specialist for Adams Fairacre Farms where she has worked for 25 years, with in-depth food research being an integral part of her marketing position. She believes that cooking is for everyone and should be a pleasurable journey, that food should be experienced, not merely eaten, and that special occasions can be an everyday celebration. E-mail her at vfrankday@adamsfarms.com.

The Two of Us Productions presents '12 Angry Jurors'

The Two Of Us Productions, the award-winning theater company based in Copake, continues their return to live in-person theater with "12 Angry Jurors," the tense courtroom drama by Reginald Rose adapted for the stage by Sherman L. Segel. Performances are Oct. 14-16 and 21-23.

"12 Angry Jurors" is being presented at the Performing Arts Center at Taconic Hills CSD, reconfigured to put you right next to the jury. You don't want to miss this exploration of human strengths and weaknesses, testing the reliability of sworn evidence presented in court and exposing each jurors' prejudices when faced with a life-and-death decision.

"12 Angry Jurors" puts you, the audience, in the midst of the jury deliberations of a homicide trial. A dozen local citizens are entrusted with deciding the fate of a teenage boy accused of murdering his abusive father. As the play opens, the 12 jurors are nearly unanimous in concluding the youth is guilty. One juror dissents, declaring the young man "not guilty" and proceeding to sow a seed of

reasonable doubt. As the emotionally charged jury deliberations proceed, you are a right there as the jury struggles to understand the sworn testimony of several witnesses, to decide for themselves what is credible and what is "reasonable doubt." The jury's decision is a surprise that you don't want to miss.

The play features Brian Yorck, Zach Nayer, John Leinung, Debra Hughes, Kevin Hunt, Elaine Leinung, Karissa Payson, Connie Lopez, Diane Boice-Yorck, Candi Wood, Mark Leinung and Cyndi Miller as the 12 jurors deciding a murder trial, supported by a voiceover by local attorney Lance Miner as the Judge.

Friday and Saturday performances are at 7:30 p.m. and Sunday matinees are at 3 p.m. The Performing Arts Center at Taconic Hills CSD is located at 73 County Route 11A, Craryville, and is visible from nearby Route 23. Tickets are \$15 for adults, \$10 for Students & Seniors. For advance reservations, visit www.TheTwoOfUsProductions.org or call (518) 758-1648.

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Diversions

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

	3							7
	9	6			7		1	
1	2			4				3
		8			5	7		
7			2		8			5
		4	7			1		
6				3			7	9
			6			4	8	
	8						3	

Suguru

2					1
		4			
	2				
		5		5	
	3				

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

ACROSS

- Part of the face
- Injection
- Smooth fabric
- TV sitcom set during a war
- Honey factory
- Overly proper one
- Lover of an Irish Rose
- Seaport in Yemen
- Wading bird
- Cure-all, according to some
- Slangy refusal
- Rather barren plain
- Acting parts
- Casa women: abbr.
- Disease-carrying insect
- Saying
- "As I was going to St. Ives, I ____"
- Iran's dollar
- Opera solo
- Juicy fruits
- Misfortunes
- Skateboarder's incline
- Poker term
- Waterbirds
- Contemptuous looks
- Stitched
- Commonplace
- Customary practices
- Fashionable resort
- Operated a guillotine
- Strong cord
- Baker's need
- ___ good example; be a role model
- Refueling ship
- Learning
- Journey
- Lock of hair

- Mothers of lambs
- Suffix for lion or poet

DOWN

- Lacy shirt frill
- Out of the way
- Puppy
- Razor user
- Pelt
- Finished
- Pavarotti or Caruso
- Brief periods
- S. A. nation
- Admittance regulator
- Creative thought
- Eur. nation
- Davis and namesakes
- ___ facto
- Greek letters
- Mysterious
- Prayer ending
- Chairs and stools
- Mineo and others
- Otherwise
- One of the planets
- Algerian seaport
- Schedule
- Diminish gradually
- Yuletide purchase
- Stickum
- Pesky insect
- Horsemen
- Complains peevishly
- Frenchman's school
- Sew lightly
- Brain canals
- Noggins for Rene and Renée
- Coyote State: abbr.
- Falkirk resident
- Pants or scissors
- Declare
- Parisian pop
- Mr. Brown

	1	2	3		4	5	6	7		8	9	10	11	12
13					14					15				
16					17					18				
19				20					21			22		
23								24			25			
				26		27	28		29				30	31
32	33	34	35			36		37			38			
39					40						41			
42					43					44				
45				46			47		48					
		49				50			51		52	53	54	55
56	57			58			59	60						
61			62			63					64			
65						66					67			
68						69					70			

The solutions to both the Sudoko & Crossword puzzles can be found on page 18

Exhibitions

at galleries and museums in the Hudson Valley

Kaatsbaan Cultural Park, 120 Broadway, Tivoli. **Through Oct. 16:** Second Annual Sculpture Exhibition, contemporary artworks installed throughout the lush meadows and woodland walkways of the historic 153-acre property that is an internationally renowned dance residency. www.kaatsbaan.org

LAND Gallery, 30 Charles Colman Blvd., Pawling. **Through Oct. 30:** "Bannerman Island, Then and Now," photographs by Linda T Hubbard, some taken from a helicopter before some walls of the Castle collapsed. (845) 490-2281 or www.landgalleryonline.com

Montgomery Row Art Exhibition Space, 2nd Level, 6423 Montgomery St., Rhinebeck. **Through Oct. 30:** "In Sync," an exhibit of avian photographs by Claudia Gorman and art of various mediums by Basha Ruth Nelson. Contact Gorman at claudiagorman.com and Nelson at basharuthnelson.com.

Morton Memorial Library, 82 Kelly St., Rhinecliff. **Through Oct. 28:** Morton's Celebration of Fiber Arts. (845) 876-2903

Rhinebeck Bank, 6414 Montgomery St., Rhinebeck. **Through Oct. 22:** The bank features an exhibit of Gage John Lazare paintings. A Native American with roots in

the Iroquois tribe, which was originally located in the Mohawk Valley region, Lazare's ancestral pride is evident in his work. A self-taught artist, he credits his grandparents for supporting his artistic talents and encouraging him to pursue them, no matter where that led him. www.gagejohnlazare.com

Tivoli Artists Gallery, 60 Broadway, Tivoli. **Through Oct. 16:** The Small Works Show, featuring the art of 30 artists working in a variety of methods, media, and of expression. Size is the only limitation in this exhibit of works no larger than approximately 11 X 14 inches. www.tivoliartistsgallery.com

WomensWork.art, 4 S. Clinton Ave., Poughkeepsie. **Through Oct. 29:** "Unbound," works by Serena Depero. **Through Nov. 26:** "Ritual: Art and Witchcraft." (845) 293-3660 or womenswork.art

Woodstock School of Art, 2470 Rte. 212, Woodstock. **Through Oct. 15:** 2022 Woodstock Monoprint Invitational, printmakers from around the area have been in the graphic studio creating works with Master Printers. Each artist will donate one print for this exhibition. woodstockschoolofart.org

Annual Coat Drive runs throughout October

From now through Oct. 31, new or gently used coats can be donated to any Guardian Self Storage location, Red Cap Cleaners, Rhinebeck Bank and Raymour and Flanigan (Showroom or Outlet). Boys coats and adult XL or larger are in demand.

From October 2022 to March 2023, Dutchess Outreach will distribute all donated coats.

The sponsors include: Guardian Self Storage, iHeart Radio, Dutchess County Regional Chamber of Commerce and Pleasant Valley Library.

For additional information, contact: Mary Dynes, Coat Drive Volunteer Manager at (845) 758-9063 or

marydynes@hriyc.org; or Nyhisha T. Gibbs, Manager of Volunteers at (845) 454-3792 or nyhisha@dutchesssoutreach.org.

Dutchess Outreach has been serving clients since 1974, providing temporary basic needs for individuals and families when no other resources are readily available to them. In addition to the Annual Coat Drive, the Beverly Closs Food Pantry and the Lunch Box meal programs, the staff at Dutchess Outreach provide advocacy for people in need of emergency housing, rent, medicine, and other social services. Their services are free to clients in need. For more information, visit www.dutchessoutreach.org.

ATTENTION ART GALLERIES

E-mail exhibition listings to:
creativeliving@sdutchessnews.com

Get Growing!

continued from page 12

yellow (paper birch).

Deciduous trees drop their leaves to keep the winter snows from crashing them to the ground, which is what happened on Oct. 3, 1987 during the "snowleap" blizzard.

Authors McMartin and Kick write that "the fire tower steps have been removed" at the top of Stissing Mountain, but since their 1989 review, FOSL had put them back up. Climb up for a magnificent vista.

FOSL is accepting donations to keep the trail and the steps in top condition, at PO Box 37, Pine Plains, NY 12567, or check out stissingfiretower.org.

• **G.E. Masten Feed Store**, the iconic farm supply company at the corner of

Route 44 and West Road in Pleasant Valley, will close on October 15, after 40 years in business. Owners Pam and Matt Cady sent a message to their customers thanking them for their loyalty over the years.

Matt told me that eight of his loyal equine customers folded this year, mainly due to the cost of feed. When farms disappear, it affects more than just the farmers and consumers of local products. All the businesses that depend on farmers – like G. E. Masten – suffer as well. We need to keep local agriculture thriving for the benefit of us all.

Mark Adams is an agricultural advisor to the Dutchess County Executive, Congressman Sean Patrick Maloney, Dutchess County B.O.C.E.S. and Cornell University.



Native Asters on the Trail.
Photo by Mark Adams

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on page 6
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Assembly Committee hears testimony on the need for Complete Streets reforms

Three measures that would strengthen complete streets protections are awaiting approval; families devastated by traffic violence call for action.

ALBANY: The State Assembly Committee on Transportation heard testimony today calling for stronger complete streets policies to help turn back the tide of rising traffic deaths during a hearing addressing proposed reform bills.

Families for Safe Streets Members who have lost family members to car crashes spoke on behalf of a coalition representing more than 100 groups statewide spoke in support of three proposed reforms:

- “Complete Streets Maintenance:” S5130 (Kennedy)/A7782 (Rivera): Would require inclusion, when possible, of complete street design features in resurfacing, maintenance and pavement recycling projects and further enable safe access to public roads for all users.

- “Complete Streets Application:” S8394 (Ryan)/A08624 (Barrett): Would expand the state's current complete street design principles policy to include all state, county and local transportation projects that are undertaken by the DOT or receive federal, state or both federal and state funding.

- “Complete Streets Funding:” S3897 (Kennedy)/A8936 (Fahy): Increases state funding where the municipality agrees to fund a complete street design feature. (This bill has passed the State Assembly and Senate and awaiting Gov. Hochul's signature.)

A broad range of elected officials and groups expressed support for the measures:

“More than 12,000 New Yorkers have been killed since New York State passed its existing complete streets legislation in 2011,” said Amy Cohen, co-founder of Families for Safe Streets and mother of Sammy, killed in 2013 at 12 years old.

“The three reform measures backed by Families for Safe Streets will help bring the state's policies up to the latest best practices and ensure people nobody has to bury their own children, like so many of us who testified today have. Crosswalks, sidewalks and curb ramps aren't extras, they are critical safety infrastructure.”

“As elected officials, our primary responsibility is to protect our constituents and to provide safeguards where possible that can tangibly reduce hazards within our community,” said Assemblymember Jon D. Rivera (D-Buffalo). “This package of bills that represent more stringent standards in building New York's street infrastructure will continue and expand our state's efforts in improving street safety for motorists, pedestrians and bicyclists.”

“New Yorkers are at serious risk of injury or death due to rising traffic violence – according to the Governors Highway Safety Association, crashes killing pedestrians increased 46% from 2010 to 2020, compared to just a 5% increase for all other crash fatalities,” said Assemblymember Pat Fahy (D-Albany). “Not only will implementing complete street design in more communities across New York save lives, but empowering municipalities and local governments to construct more of these features by reducing their cost burden is common-sense and badly-needed. By developing our communities into more walkable, multi-modal transportation-friendly places to be – we are driving economic development, foot traffic, and reducing emissions by taking cars off our streets. I urge Governor Kathy Hochul to sign this legislation into law as soon as possible to save more New Yorkers from the threat of traffic violence and empower local governments to undertake more of complete street projects.”

“Complete Streets are critical to ensuring that our road infrastructure serves all road users, particularly those road users whose modes of transportation are the most sustainable,” said Abe Uchitelle, Deputy Majority Leader, Ulster County Legislature.

“The main reason to allow Complete Streets to be included in maintenance and resurfacing projects is that once a Complete Streets road project is completed work will not be revisited and considered for changes again for a few years, likely decades. Resurfacing and maintenance, however, is performed routinely and more regularly. The Department performs great work, but there is no way to improve upon changes in a rural village like Fredonia without consideration for Complete Streets when maintenance and resurfacing programs are undertaken,” said Susan Parker, Legislator, Chautauqua County

“As an elected official in the City of Kingston, the biggest concern we hear from our constituents is the safety of our streets. In order for us to make effective and longstanding changes, focusing on complete street design is crucial. It would be irresponsible to not focus on all the users of our roads. Passing these laws will give us better tools to move towards this path,” said Andrea Shaut, Common Council President, Kingston

“The complete streets effort is an essential movement for New York state,” said Joe Driscoll, Interstate 81 Project Director, city of Syracuse (former Transportation Chair for Syracuse Common Council). “For too long, we've designed our communities completely car-centric, and put people as a secondary consideration or after thought. If we want to ensure safer and more

vibrant communities, we have to be intentional about implementing legislation and programs that ensure we don't continue to repeat the same mistakes of the past.”

“More than half of older Americans say they would walk and bike more often if the built environment was improved,” said AARP-NY, State Director, Beth Finkel. “These bills would further advance how and where roads and streets in New York State are planned, designed, and constructed in communities so they are safer and more accessible for everyone, regardless of age or mode of transportation.”

“When it's easier for people to be active, it's easier for them to be healthy. Communities with streets that include bike lanes, sidewalks, crosswalks, and curb ramps improve everyone's health by making it easier and safer to be active,” said Brianna Durkee, American Heart Association Government Relations Director for New York. “Communities with streets that include bike lanes, sidewalks, crosswalks, and curb ramps improve everyone's health by making it easier and safer to be active.”

“Too many New Yorkers are dying; It is time to bring our complete streets policies up to date,” said Danny Harris, Executive Director, Transportation Alternatives. “New Yorkers deserve safe streets no matter how they travel, by foot, bus, car or bike. We urge state lawmakers to act with urgency to address the epidemic of preventable traffic deaths.”

“New York Bicycling Coalition is pushing for the passage of this set of Complete Streets bills to increase the roads covered by the Complete Streets Law, expand the types of projects undertaken by the New York State Department of Transportation that could include Complete Streets design, and most importantly, to increase the funding necessary for local municipalities to implement complete streets design for the safe-

ty of their communities,” said Rossana Coto-Batres, New York Bicycling Coalition, Board Member.

“Local governments are under intense budget pressures and many are struggling to catch up on urgently-needed roadway maintenance projects,” said Margaret Johnson, Director, Bike Walk Tompkins. “Now -- before this opportunity is lost and more local projects go forward without considering vulnerable road users -- New York State must update its Complete Streets Law to include clearer requirements and stronger funding incentives to municipalities adding features like sidewalks, paved shoulders, bike lanes, crosswalks, curb cuts, ramps, better walk light timing and traffic calming measures when they build and fix local roads. To magnify the impact, at the same time, New York State should also make it as easy as possible for Upstate municipalities to adopt the new 25 mph area-wide speed limit option.”

“Increasingly, Hudson Valley communities recognize that making streets safer and more accessible for all users is essential to meet local economic goals, encourage climate-friendly commuting, and make transportation more equitable,” said Andy Bicking, Director, Government Relations and Public Policy, Scenic Hudson. “The Legislature's proposal to the Governor to decrease the local cost share of implementing Complete Streets policies offers a meaningful step forward to achieve this. As a committed cyclist who has lost a friend to a bike-car collision, I can attest to the transformative potential of this legislation.”

“Complete Streets is the strongest and most effective tool that we have in our toolbox to make New York communities safer and reduce the number of bicyclist and pedestrian fatalities,” said Liam Blank, Policy & Communications Manager, Tri-State Transportation Campaign. “We're calling on the State to assess, reexamine, and expand upon the 2011 Complete Streets Act, so that all the benefits can be derived, and instill a statewide adoption of Complete Streets principles so that these life-saving roadway design features can be included in all road and bridge projects.

Every single project should be vetted through the Complete Streets process, and every single project should have some component of Complete Streets – obviously, context-sensitive. But that should be where we start when we're looking at road projects throughout the State.”

“Passing this package of Complete Streets bills is a commonsense way to strengthen and transform our communities for the better,” said Mike Lydon, Principal, Street Plans. “Together, the bills will leverage and improve routine maintenance practices as well as ensure communities have the funds they need to address longstanding local and regional safety, equity, and climate goals.”

“It is urgent that we get this Complete Streets bill signed - but more broadly, we really want Governor Hochul to be a strong ally here,” said Sara Lind, Chief Strategy Officer at OpenPlans. “It should be easy and straightforward for municipalities to make these life-saving design changes. And doing so will help New York State meet Hochul's stated safety and climate goals. There's not a moment to lose; Complete Streets needs to be a priority.”

Read more about the Crash Victim Rights and Safety Act.

Serino announces new funding heading to area libraries

Senator Sue Serino today announced that over \$550,000 in construction awards will soon be delivered to five public libraries throughout the 41st State Senate District.

“As someone who spent a portion of my life as a single parent who relied heavily on my local library for access to resources, I know from experience what a critical role our public libraries play here in our community,” said Senator Serino. “These grants will go a long way in ensuring that our libraries can meet the evolving needs of our community and help support their mission to educate and connect our neighbors. We look forward to seeing this funding be put to work for the benefit of our neighbors.”

The awards come to the community as a result of a \$34 million State Budget capital fund appropriation that was established to support the construction and renovation of public libraries and library

systems throughout the state. Over 200 construction projects were approved statewide by the NYS Education Department and NYS Library as part of the initiative.

The following projects were approved in the 41st Senate District:

- \$73,534 to the Julia L. Butterfield Library (Cold Spring) for energy efficient upgrades;

- \$14,550 to the Mid-Hudson Library System (Poughkeepsie) to improve working conditions for staff and energy efficiency;

- \$363,682 to the Millbrook Library (Millbrook) for HVAC system upgrades and increasing accessibility;

- \$45,524 to the Pleasant Valley Library (Pleasant Valley) for new energy efficient HVAC; and

- \$58,731 for the Putnam Valley Free Library (Putnam Valley) to replace their skylight.

Legal Notices

Please take notice pursuant to Town Law Sect. 105, the Hillside Fire District will hold a public hearing to discuss the contents of its proposed budget for 2023. The public hearing will be held at the Hillside Fire Department located at 11 Fox Hollow Road, Rhinebeck, NY at 7:00 pm on October 19th, 2022. A copy of the proposed budget is available at the offices of the Town Clerk of Rhinebeck and Hyde Park where it may be inspected by any interested person during office hours.

Legal Notices

PLEASANT VALLEY FIRE DISTRICT NOTICE OF PUBLIC HEARING PLEASE TAKE NOTICE, the Board of Commissioners of the Pleasant Valley Fire District will conduct its annual public hearing on Tuesday, October 18, 2022 at 7:00 pm at the Pleasant Valley Fire District Headquarters, at 1619 Main Street, Pleasant Valley, New York to discuss the contents of the proposed 2023 Pleasant Valley Fire District Budget. The Office of the Town Clerk of the Town of

Legal Notices

Pleasant Valley where the Budget may be inspected by any interested person during office hours or visit the Pleasant Valley Fire District Headquarters during the hours of 7:30 am to 3:00 pm where the same may be inspected by any interested person. All persons interested shall have an opportunity to be heard in favor of or against the proposed Budget as compiled, or for or against any item or items therein contained. Date: September 27,

Legal Notices

2022 By Order of the Board of Fire Commissioners of the Pleasant Valley Fire District. Jennifer Broas, Secretary Pleasant Valley Fire District

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GOLDEN LIVING

OFFICE FOR THE AGING PRESENTS 'ALL THE LONELY PEOPLE': A LOCAL FILM SCREENING AND COMMUNITY CONVERSATION ON SOCIAL ISOLATION

The Dutchess County Office for the Aging OFA presents a local screening of All the Lonely People, a social-impact film examining the epidemic of loneliness. The in-person screening is free and open to the public on Friday, October 21st at 1 pm, at the Boardman Road Library (141 Boardman Rd., Town of Poughkeepsie). It will include a facilitated Q&A with the film's producers and local officials, including OFA Director Todd Tancredi, offering a forum for community discussion about strategies to combat social isolation.

Seating is limited, so reserve your spots by contacting the Office for the Aging during business hours at 845-486-2555. The event is part of a statewide screening tour organized by the New York State Office for the Aging (NYSOFA), the Association on Aging in New York (AgingNY), and locally by the Dutchess County OFA.

In 2017, the U.S. Surgeon General declared social isolation to be a "global epidemic" – one that has only worsened in the COVID-19 health emergency. According to the AARP Public Policy Institute, social isolation drives \$6.7 billion in additional associated Medicare spending per year. The health consequences of loneliness and isolation are equivalent to smoking almost a pack of cigarettes daily. The added stress of feeling alone increases heart disease and even earlier onset of dementia. In Dutchess County, loneliness and isolation can be exacerbated especially in rural settings where services can be harder to access, and human contact more difficult to come by.

All The Lonely People follows a handful of people from different walks of life as they overcome social isolation and chronic loneliness, including New York residents Ari Rossen and Tony Westbrook, as well as people like Mary Hill, an 89-year-old caregiver who faces isolation in the rural countryside of England.

You can help reduce isolation and loneliness in Dutchess County's older adults by volunteering for an upcoming OFA phone-companionship initiative. For more information, contact OFA Outreach Coordinator Brian Jones at 845-486-2544 or bjones@dutchessny.gov. And if you're the lonely one, wishing that things were different than what they are? OFA can help you reconnect in many ways, including through any of our eight OFA Friendship Centers, in Beacon, East Fishkill, Millerton, Pawling,

Pleasant Valley (Tri-Town), Poughkeepsie, Red Hook, and South Amenia/Wassaic. Most centers are open Monday through Thursday, and feature nutritious midday meals, companionship and satisfying use of free time. You can read more about our Friendship Centers at dutchessny.gov/OFANutrition, or call us at 845-486-2555.

LOW-PRICE OFA SENIOR PROM ADMISSION OFFER EXTENDED TO FRI 10/14

If you're a Dutchess County older adult who's just finding out about the OFA Senior Prom now, we have some good news – we've extended the deadline for lower-priced \$20-per-person admission by one week, from Friday, October 7th to Friday, October 14th – or when the prom reaches capacity, whichever comes first.

The Prom takes place at Villa Borghese, 70 Widmer Rd in the Town of Wappinger, on Monday, October 24th from 12 noon to 4 p.m. Admission includes a noon buffet lunch and an afternoon of dancing and fun, with music from the full Bob Martinson Band. The theme for this year's prom is "Silver Anniversary" – wear silver if you'd like!

A printable prom entry form is available at www.dutchessny.gov/prom. Advance payment is required; we cannot accept walk-ins.

CLERICAL VOLUNTEERS WANTED THIS WEEK AT OFA (Tue-Thu 10/11-13)

We're preparing the annual Medicare Spotlight for mailing to about 2000 households countywide, and if you are able during any of the following dates/times to help label and prepare the newsletters...

Tue 10/11 – 9a – 12:30p

Wed 10/12 – 9a – 4p

Thu 10/13 (if necessary) – 9a – 2:30p

...please reach out to OFA Outreach Coordinator Brian Jones at bjones@dutchessny.gov or 845-486-2544. Thanks!

'READY DUTCHESS' APP NOW AVAILABLE

The Dutchess County Department of Emergency Response (DER) is helping residents plan for emergencies with new tools, including the "Ready Dutchess" mobile application for planning and updates, and a new voluntary Access & Functional Needs (AFN) Registry for those who may need additional assistance leaving their home in the event of an emergency evacuation.

The "Ready Dutchess" app provides anyone with a smartphone or tablet the latest information during an emergency – from push notifications about local road or facility closures and severe weather updates, to planning tools and checklists.

The app provides users various resources and links, including:

- A "My Emergency Plan" tool for building a plan to know what to do before, during and after any kind of emergency;
- Live traffic updates from New York State's 5-1-1, which provides up-to-the-minute transit information from the State's Department of Transportation;
- A map that will display countywide emergency shelters and cooling/warming centers, when open;
- Links to local closing and delay information for local school districts, businesses and events, including cancellations and delays for Office for the Aging Friendship Centers and Home Delivered Meals (HDM) services;
- Links to utility companies NYSEG and Central Hudson for updates on power outages;
- Calendar and registration information for upcoming Citizens' Preparedness and Medical Reserve Corps of Dutchess County trainings open to the public;
- A link to the County health department's HELPLINE application; and
- Information on emergent health issues, such as the COVID-19 pandemic or monkeypox.

The app also includes a link for users to register for the County's new Access & Functional Needs (AFN) Registry. Residents who have a physical or mental disability and would need assistance leaving their home quickly in the event of an emergency are encouraged to sign up so resources can be planned accordingly during an emergency event. The AFN registry is intended for those who live independently or without live-in support who would require additional assistance such as transportation, mobility support or a place to stay if a major emergency or disaster required evacuation.

This voluntary list will only be shared with local municipalities, County, State and Federal agencies involved in emergency response efforts to identify who is in need

and where to focus resources. Registration and additional information are available online at dutchessny.gov/AFNRegistry or by calling DER at 845-486-2080. or by calling DER at 845-486-2080.

The "Ready Dutchess" mobile app is available for free download through the Apple App Store or the Google Play Store, and the app complements the Dutchess County HELPLINE app, designed to help people recognize warning signs

of suicide and provide numerous behavioral health resources, information and assistance for those struggling with addiction, substance use issues and/or mental illness.

'THRIVING IN RHINEBECK' RETURNS (Sat 10/22)

"Thriving in Rhinebeck: a Showcase of Services and Resources for Older Adults" will be held on Saturday, October 22, 2022 at Rhinebeck High School (45 North Park Road, Rhinebeck).

Among the invited attendees are health care / home care organizations, cultural / educational resources, transportation services and an array of civic groups with programs targeting older adults. Organizers hope to attract 200+ people – older adults, their families, their caregivers, and others interested in this sector. There will be printed programs for attendees with the names of all participants. There is NO CHARGE for participating or attending. The Office for the Aging will be represented at "Thriving in Rhinebeck" as well.

If you have any questions as a prospective attendee, whether as an individual or on behalf of an organization, please contact Nina Lynch or Anne

Brueckner at Rhinebeck @ Home, at 845-379-1114 or office@rhinebeckathome.org.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging

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Minimum Education and Work Experience Requirements: All candidates must have graduated high school or have a GED diploma, and a minimum of 3-5 years' experience in management or a supervisory position in the construction trades. Professional Engineering (PE) is preferred but not required, or any other public works related background or any combination of work experience and experience.

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Director of Physical Education & Athletics

Salary \$110,000 to \$125,000 commensurate w/ exp.

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Attn: Fallsburg — Dir. Phys Ed Search

EOE

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OBITUARIES

James D. Manning

HYDE PARK - James D. Manning, 78, of Hyde Park, NY passed away on September 28, 2022. He was born on March 7, 1944 in Poughkeepsie, New York to John and Gladys Garcia Manning. In July of 2004 Jim married Annette MacIsaac, she predeceased him in October of 2020. Jim was a milkman in his younger years, working for Fitchett Bros Dairy, before becoming self-employed as owner/operator of Kingston Seamless Gutters. In his free time, he liked to travel and enjoyed the entertainment of Casinos. He was an avid sports fan, NY Giants and Los Angeles Dodgers fan. Jim was also a animal lover, he had many dogs and always had a soft spot for cats. He enjoyed a round of golf every now and then with his friends. James is survived by his three children his daughter Joann Rosso and husband James of Milford, PA, daughter Patricia Mathis her husband Will of Clintondale, NY, son James D. Manning of Clintondale, NY and his sister Lorraine Catanzaro of Jacksonville, FL. He is also survived by several grandchildren, great

grandchildren, nieces and nephews. Jim was predeceased by his parents John (Jack) Manning and Gladys (Garcia) Manning, his wife Annette and sister Barbara Steeves. A Memorial Service was held Wednesday October 5, 2022 at the Timothy P. Doyle Funeral Home 371 Hooker Ave. Poughkeepsie, New York 12603. In Lieu of Flowers, please donate to the Dutchess County SPCA <https://www.dcsPCA.org>.

Patricia A. Pflum

RHONEBECK - Patricia A. Pflum, 100, a longtime resident of Rhinebeck, passed away on Monday, October 3, 2022 at The Baptist Nursing Home in Rhinebeck, NY. Born on July 16, 1922, in Woodside, NY, she was the daughter of the late John and Agnes V. (Graney) O'Brien. Pat served in the United States Navy from 1943 - 1946. Pat married Harry F. Pflum on June 2, 1946 in Flushing, NY, and he predeceased her on June 4, 2008. For 18 years, Pat worked as a secretary at the Dutchess Agricultural Society based Rhinebeck, NY. She went on to work for over 22 years, until her retirement in 1997, as the

Village of Rhinebeck-Village Clerk and Treasurer. Patricia was a longtime communicant of Church of the Good Shepherd where she chaired the Parish Committee. She was a past member and secretary of the Northern Dutchess Hospital Mother's Club, and the past secretary of the Rhinebeck Chamber of Commerce. She is survived by children, Philip (Laura) Pflum of Myrtle Beach, SC, and JoAnn (John) Matask of Rhinebeck, NY; her grandchildren, Virginia Pflum of Massachusetts, Christopher Pflum of South Carolina, Michael Matask of Albany, NY, and Kimberly Matask of Rhinebeck, NY; along with extended family and friends. Her sibling, Brother Eugene B. O'Brien predecease her. The Matask & Pflum families would like to extend their gratitude to the administration and staff at the Baptist Home in Rhinebeck for the excellent care and compassion they provided. Mass of Christian Burial will be celebrated at 10:00 AM on Wednesday, October 12th, 2022 at Church of the Good Shepherd, Rhinebeck, NY. Fr. Jeffrey Maurer will officiate. Interment will follow at Rhinebeck

Cemetery, Rhinebeck. Memorial donations may be made in Patricia's memory to the Church of the Good Shepherd, East Market Street, Rhinebeck, NY 12572, www.good-shepherd12571.com. Arrangements are under the direction of Burnett & White Funeral Homes 91 E. Market St., Rhinebeck, NY. For directions, or to sign the online guest book, please visit www.Burnett-White.com.

Thomas Mills Spence

FORMERLY OF HYDE PARK - Thomas Mills Spence, 88, died peacefully on October 2, 2022. He is survived by his wife of 58 years, Joan, daughters Anne Core of St. Pete Beach, Florida (Christopher) and Diana Stinehour of New York, New York (Craig), and two granddaughters, Tabitha and Beatrice. After nearly 40 years at IBM, Tom was twice elected Hyde Park Town Supervisor. A memorial service took place on Saturday, October 8 at Roland Park Place in Baltimore. Instead of flowers, memorial donations may be made to The Baltimore Symphony Orchestra or the Maryland Zoo.

Poughkeepsie native serves aboard USS Antietam

A Poughkeepsie, New York native and 2020 Arlington High School graduate is serving aboard the U.S. Navy's Ticonderoga-class guided-missile cruiser USS Antietam (CG 54).

Andres Nieves is an Aviation Electrician's Mate or AE who is assigned to Helicopter Maritime Strike Squadron (HSM) 51, based in Naval Air Station Atsugi and is currently deployed aboard the Antietam as part of the squadron. Nieves works for the ship's air department.

Aviation Electrician's Mate are responsible for servicing the electrical components of the Navy's aircrafts such as electrical generators and lighting. They provide the maintenance necessary for aircraft to carry out operations.

"I enjoy the troubleshooting aspect of my job", said Nieves. "It's like a game when we have an issue, we have to figure out what's causing it, and then go about fixing it step by step."

As an Airman, Nieves currently continues to learn on-the-job skills aligned with the AE rate. He also assists in the regularly scheduled maintenance in between the flights of the two MH-60R Sea Hawk helicopters on the Antietam such as performing equipment function tests and preventing corrosion.

"I help things run more smoothly within my shop," said Nieves. "The shop has another set of hands to go out and add grease to the machine."

Nieves' military service runs in his family and also has a brother who also worked in aviation in the Navy.

"I saw that my brother was in aviation and it piqued my interest," said Nieves. "In a way, I am following in his footsteps."

Despite being a junior Sailor, Nieves is motivated to learn his rate and hopes to make a career out of the Navy.

"I want to excel in my job and get qualified in my sister rate of Aviation Electronics Technician," said Nieves. "My goal is to stay in at least 20 and make it to Senior Chief."

The Antietam returned to sea on May 19th after a ten month in-port period. The ship participated in a bilateral exercise from late May to early June with South Korea in the Philippine Sea as part of Carrier Strike Group 5, which includes the CSG 5 flagship USS Ronald Reagan (CVN 76) and guided-missile destroyer USS Benfold (DDG 65). The exercise tested the interoperability between the two nations.

Antietam participated in a photo exercise on June 12th, which included Reagan and Benfold, as well as other ships such as the carrier USS Abraham Lincoln (CVN 72) and the USS Fitzgerald (DDG 62).

Antietam is attached to Commander, Task Force 70/ Carrier Strike Group 5 conducting underway operations in support of a free and open Indo-Pacific.



Aviation Electrician's Mate Airman Andres Nieves from Poughkeepsie poses for a photograph next to an MH-60R Sea Hawk helicopter attached to the "Warlords" of Helicopter Maritime Strike Squadron (HSM) 51 on the flight deck aboard Ticonderoga-class guided missile cruiser USS Antietam (CG 54). Aviation Electrician's Mates service the electrical components of various Navy aircrafts including fighter jets and helicopters. (U.S. Navy Photo by Mass Communication Specialist 3rd Class Santiago Navarro)

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*This offer is good for personal checking accounts opened at our 4240 Albany Post Road, Hyde Park branch through December 31, 2022. Recurring payroll, social security or pension direct deposit must be active within 90 days of opening your new checking account in order to receive \$250 bonus credit to your new USB checking account. You must be 18 years of age to open this account. Bonuses are considered interest and will be reported on IRS Form 1099-INT. Offer available with new checking account relationships only. Offer does not apply to accounts opened online. Other conditions may apply.