

Respiratory illnesses on the rise

by Kate Goldsmith

You may have had one or more of these unwelcome guests this holiday season: influenza, COVID-19 and/or Respiratory Syncytial Virus (RSV). With seasonal events bringing people together in situations where they are often unmasked, eating, drinking and making merry, it's no surprise that this "triple-demic" of infections is on the rise.

After a relatively mild flu season in 2021, all 62 counties in New York are reporting high levels of infections. Incidence ranged from 45.72 to 950.71 cases per 100,000 population, according to data from the New York State Department of Health (NYSDOH).

During the week ending Dec. 10: • Influenza activity level was categorized as geographically widespread, marking the 10th consecutive week widespread activity has been reported this season.

• Laboratories tested 127,827 specimens for influenza, of which 52,940 (41 percent) were positive, a 19-percent increase over the previous week.

• Doctor visits for flu-like symptoms as well as hospitalizations due to influenza were both up.

Nuvance Health reported that "One big concern now for doctors is influenza. The 2022-23 influenza season started early this year and is already hitting hard in many parts of the country. ... Nuvance Health has already seen an uptick in the number of young children with respiratory viruses this fall. Our urgent cares, emergency departments and hospital pediatric units have seen a dramatic increase in children presenting with respiratory illness."

Another winter wave of

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Surprise gifts create smiles!

ACSD bus operators collect donations for Children's Home of Poughkeepsie

by Curtis Schmidt

Sometimes, "spur of the moment" ideas turn out to be the best ideas.

That was the case last week Thursday, Dec. 22, when a group of school bus drivers and monitors from the Arlington Central School District (ACSD) showed up at the Children's Home of Poughkeepsie with several vehicles full of holiday gifts.

"Part of the joy of delivering the donations was the look of surprise on the faces of the staff at the Children's Home, but knowing that we could bring some joy to these kids is itself the greatest reward," said driver Joe Torres.

He added, "The kids of the Children's Home of Poughkeepsie are some of the most vulnerable population of minors. Being in the foster care system, sometimes they can be forgotten. We want them to know they matter and we want to play a small part in making their Christmas a happy one."



School bus drivers and monitors from the Arlington Central School District gather with staff members at the Children's Home of Poughkeepsie at a surprise gift-giving event on Thursday, Dec. 22. Photo by Curtis Schmidt

Additional members of the group include bus drivers Jubie Banks, April Crifo, Lori Pavlinsky and Deb Hogan, all from the LaGrange yard.

This all started the week before Christmas when a few school bus operators in the Arlington and LaGrange bus yards, members of CSEA Local 867, were contemplating a community-based event.

"I suggested we take up a collection to

benefit the Children's Home of Poughkeepsie," said Torres. "The agreement was unanimous."

He contacted Children's Home and spoke with Erin Cafarelli, Chief Development & Public Relations Officer. She was excited to hear of their efforts and they set up the appointment to deliver the gifts.

"We can't thank Joe Torres and the

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Record crowd attends Red Hook VFW Post Auxiliary's third 'Christmas in the Village'



Members of the Red Hook VFW Post 7765 Auxiliary entertained over 250 children and families at the third annual "Christmas in the Village" event on Dec. 17. The American Cruisers Motorcycle Club and Ulster Savings Bank also took part in the event. Courtesy photo

by Curtis Schmidt

The Red Hook VFW Post 7765 Auxiliary, American Cruisers Motorcycle Club and Ulster Savings Bank all teamed up to present their third annual – and largest to date – "Christmas in the Village" event on Dec 17 at the Post's banquet facility.

"Our Christmas event started three

years ago when the VFW Auxiliary got together with the American Cruisers. It was a way to give back to our community," said Debbie Singer, VFW Auxiliary President. "These events are all free for the kids and every child gets a chance to select an age appropriate gift of their choice."

She said the first year's event attracted about 75 kids. "We thought that was great

because it was in the middle of COVID," said Singer.

In the second year, Ulster Savings Bank joined the event and brought coloring books for the children to keep them busy while waiting for Santa. "We had hot chocolate and candy canes for all. That year we had about 130 children come to the event," said Singer.

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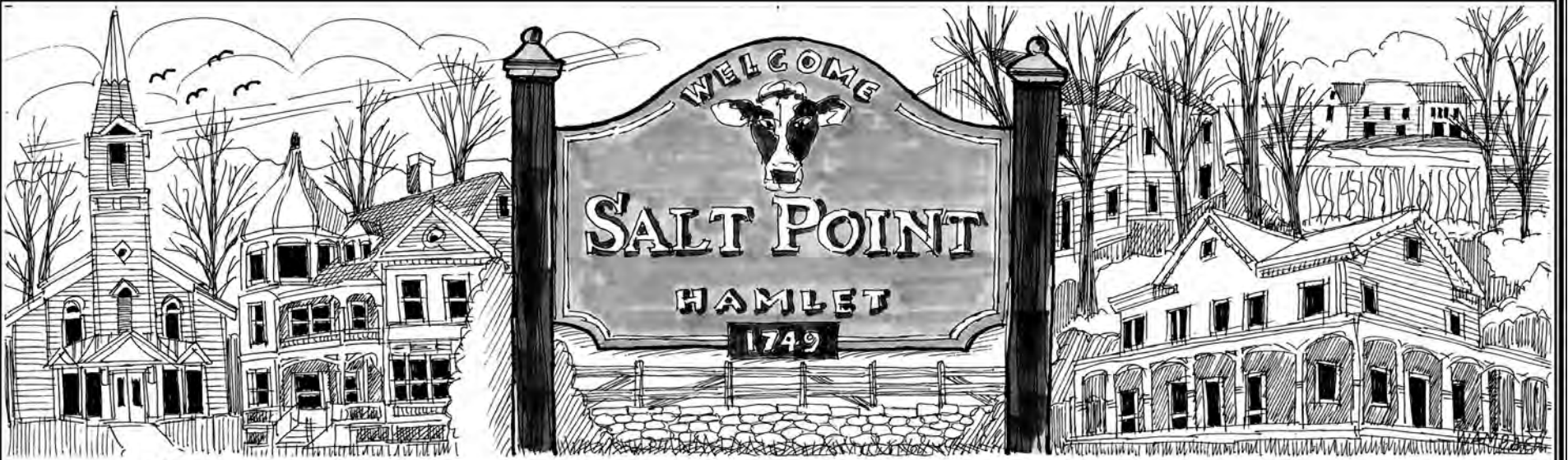
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Pleasant Valley Community Garden meeting set Jan. 10

It is never too early to talk about gardening, especially when it is a discussion about a Community Garden for Pleasant Valley in 2023.

A small group had their first meeting in November, and there was so much enthusiasm and suggestions that another meeting was immediately scheduled.

The next Community Garden meeting is Tuesday, January 10, 2023 at the Pleasant Valley Library, from 6:30 to 8 PM. Anyone who would like to join the gardening group is welcome.

Registration with the library is required and you can call the library, (845) 635-8460, or register at <https://pleasantvalleylibrary.org/>.

The benefits of a community garden are many; access to fresh food, nutritional education, food pantry supplementation, personal well-being for gardeners, such as exercise, health promotion and

improved social relations with your neighbors and friends.

At the first meeting a Community Seed Bank was started, where various flower and vegetable seeds were shared. This seed sharing will be an ongoing component. A presentation was given about cold stratification for seeds that need a cold treatment to get them ready for Spring planting and various methods of composting and seed starting were also discussed.

Last May, the group persuaded the Town Board to pass a resolution to become a Pollinator Pathway Town, where the town encourages residents to start pollinator gardens for the benefit of our endangered bees, butterflies, birds, insects and other pollinators.

Submitted by Jean Curlee, Pleasant Valley Climate Smart member

Dutchess participates in holiday STOP-DWI

Impaired driving crackdown runs through Jan. 1

Dutchess County is participating in a special enforcement effort to crack down on impaired driving to coincide with the holiday season. The statewide STOP-DWI High Visibility Engagement Campaign effort, which is now in effect, concludes on Sunday, Jan. 1. The Dutchess County Sheriff's Office, New York State Police and municipal law enforcement agencies will collaborate across the state and will be out in force in this coordinated effort to reduce the number of alcohol-related injuries and deaths during this period.

The National Highway Traffic Safety Administration (NHTSA) reported 11,654 people were killed in motor vehicle crashes in 2020 that involved an alcohol-impaired driver. On average, more than 10,000 people were killed each year from 2016 to 2020, and one person was killed in a drunk-driving crash every 45 minutes in 2020. According to the NHTSA, 210 lives were lost nationwide in alcohol-impaired driving crashes during the Christmas to New Year's Day

holiday period in 2019.

This Holiday Season Enforcement Campaign is one of many statewide enforcement initiatives promoted by the New York State STOP-DWI Association with additional funding from the STOP-DWI Foundation with a grant from the Governor's Traffic Safety Committee. The Statewide STOP-DWI Crackdown Campaign also targets Super Bowl Sunday, Memorial Day Weekend, 4th of July, Labor Day Weekend, Halloween and Thanksgiving.

While STOP-DWI efforts across New York have led to significant reductions in the numbers of alcohol- and drug-related fatalities, still too many lives are being lost because of crashes caused by drunk or impaired drivers. Highly visible, highly publicized efforts like the STOP-DWI Crackdown Campaign aim to further reduce the incidence of drunk and impaired driving. Residents can make a difference with a sober plan by downloading the "Have a Plan" mobile app.

NOTICE OF EARLY DEADLINE

Due to a holiday press schedule, the Jan. 4 issues will have an early deadline. The editorial deadline for the Jan. 4, 2023 paper is Thursday, Dec. 29, at noon. The ad deadline is Thursday, Dec. 29, at 5 p.m. Email cschmidt@sdutchessnews.com for more information.

Respiratory illnesses on the rise

continued from cover

COVID-19 has resulted in a steady increase in cases. As of Dec. 16, the number of confirmed infections was 328; note that this is only the cases that have been reported; it is generally accepted that the number of cases is actually much higher due to home testing results that go unreported. Hospitalizations remain level, however, and there has been no spike in deaths due to COVID-19.

Respiratory Syncytial Virus (RSV) is not as widespread a concern as the flu and COVID, although it can be especially harmful to very young children, older adults, or those born preterm or with underlying lung conditions, according to the NYSDOH. While RSV is not a virus that is reported to the NYSDOH at the individual level (as is done for COVID-19), the Department does work to ensure that the state is aware of any outbreaks happening in New York, which are investigated by local health departments. At this time, no outbreaks of RSV have been reported.

Take preventive measures
Mitigate your risk of infection and keep others safe by following these basic steps:

- Stay up to date with COVID-19 shots

and receive an updated booster as soon as eligible.

- Get an annual flu shot.
- Teach children to cough and sneeze into a tissue or into their elbows rather than their hands.
- Practice good hand hygiene, and keep frequently touched surfaces (tables, utensils, doorknobs) clean.
- Stay home from work or school when sick, until symptoms subside.
- If you have very young children or elderly adults at home, including a child who was born 29 weeks or earlier or a child or adult with congenial lung disease, try to keep them isolated from family members who develop respiratory viruses or symptoms.
- Keep social distancing in mind, which can aid in reducing spread.
- Ventilate indoors or keep windows open for air circulation when and as possible.
- Consider wearing a mask when indoors or in crowded settings. This may be important for parents, guardians, siblings, and other friends/family members who may live with newborns, very young children, or elderly who are at the highest risk, and are looking to take precautionary measures.

Surprise gifts create smiles!

continued from cover

team at CSEA Local 867 enough for stopping by with so many wonderful and thoughtful gifts for our kids," said Walter Joseph, Executive Director and Chief Executive Officer of Children's Home. "The holidays are a special time at the Children's Home. The thoughtfulness and generosity of community friends, Children's Home Board and staff, help provide children in our care with happy and healthy holiday memories. Each year brings new and old friends to help fill wish lists, host gift drives and provide meals for the over 500 kids who receive services."

The Children's Home provides a full range of community-based and residential services and a Facility Service Dog Program, giving hope and healing to at-risk children throughout New York State. The Home is licensed by the New York State Office of Children & Family Services, the New York State Office of Mental Health and the New York State Department of Health. For 175 years the Board of Directors and the staff have remained dedicated to our mission:

"Empowering children and families to achieve optimal health and well being."

Torres said, "We are all partners and stakeholders in the care and development of children. After all, as school bus drivers and monitors, we safely transport the world's most precious natural resource every day. So, collecting for the Children's Home of Poughkeepsie was an easy decision."

Arlington Superintendent David Moyer said, "I am very proud of our employees across the district who have been sensitive to the needs of the families we serve during the holiday season. The drivers and monitors are yet another example of the many wonderful employees who go the extra mile for kids every day."

This is the first time the group organized this donation drive, but they hope to make it an annual event and welcome donations from others.

"We can probably fill an entire school bus with gifts," said Torres. "Hopefully it inspires the broader community to remember and include others."

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NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News.
Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

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Serino decries State Legislature pay raise

To the editor:
On Dec. 22, state lawmakers returned to Albany for a special session to gift themselves a massive pay increase ahead of the holiday season. Out-of-touch politicians are reaching their greedy hands into people's pockets at a time when there's nothing more to take. It's not right.
Every lawmaker who voted for this raise should be ashamed, and the voters must remember the complete disregard that those representatives have shown them and hold them accountable during the Session ahead.
The bill increases lawmakers' base pay from \$110,000 to \$142,000 and makes New York legislators the highest paid lawmakers in the country. My colleagues and I did introduce an amendment to the bill, which would have enacted a state spending cap, reduced income taxes by indexing them to inflation, increased child tax credits, reduced taxes on seniors' pensions and addressed unemployment insurance costs. All members of the Senate's Supermajority voted against this amendment, which would have provided significant relief to struggling New Yorkers.
When given the chance to do right by those they serve, these lawmakers instead took a page right out of Scrooge's book, choosing to only take care of themselves. To vote for a pay raise while opposing critical relief for vulnerable New Yorkers is truly a slap in the face.
Please know, not only did I vote against this misguided proposal, I will continue to be a strong, independent voice working to hold Albany accountable and protect your hard-earned tax dollars.

Sue Serino (R, C)
outgoing State Senator for District 41

UPDATED POLICY ON LETTERS

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Northern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

988 Suicide & Crisis
Lifeline is live

The first nationwide three-digit mental health crisis hotline is up and running. It is designed to be as easy to remember as 911, but when you dial 988, a dispatcher will connect callers with trained mental health counselors.
Dialing 988:
• Is a direct connection to compassionate, accessible support for anyone experiencing mental health related distress.
• Provides support: People may dial 988 if they are worried about a loved one who may need crisis support.
• Help for VETERANS: Veterans can press "1" after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

Roosevelt Fire Dept. helps
with Claudio Cares Can Drive



Volunteers with all four Roosevelt Fire Department Companies always come through to help with the Claudio Cares Holiday Can Drive. Here is the message from their online page.
"The Roosevelt Fire Company of Hyde Park and the Claudio Cares Foundation have shared a special bond since the passing of Claudio Coppola at the age of 19 in 2012. As part of this relationship, the four Roosevelt Fire Department Companies have donated to the Holiday Can Drive every year on Claudio's birthday, Dec. 17 – since the inception of the drive. This year is no exception. The Fire Department escorted Santa to Coppola's of Hyde Park to deliver a sleigh full of food. Thank you to all of the volunteers who made this night a huge success! See you next year." Courtesy photo

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O'Neil to be sworn in as County Executive Jan. 3

The public is invited to William F.X. O'Neil's Oath of Office Ceremony as Dutchess County Executive on Tuesday, Jan. 3, at 5 p.m., at Calvary Chapel of the

Hudson Valley, located at 36 Firemens Way, Poughkeepsie. RSVP online at www.dutchessny.gov/RSVP.

Drug Task Force warns of counterfeit Oxycodone containing Fentanyl

The Dutchess County Drug Task Force is informing the public that another form of counterfeit Oxycodone containing Fentanyl has been seized in Dutchess County. The counterfeit pills seized are white in color, oblong shaped and imprinted 10/325 and M523. A more common counterfeit pill containing Fentanyl is the Oxycodone M30 (See photo below). Only take prescription medications you receive from a medical professional. Prescription medications sold illegally can often be fraudulent and contain Fentanyl. Please see below for the two most common types now being seized and have contributed and or have been the cause of overdose deaths in our communities.

Fentanyl is a synthetic opioid that is similar to morphine but is 50 to 100 times more potent. According to the Federal Drug Enforcement Administration, as little as two milligrams of fentanyl can be lethal. According to the CDC, 107,622 Americans died of drug overdoses in 2021, with 66 percent of those deaths related to synthetic opioids like Fentanyl. In 2021, the Dutchess County Drug Task

Force recorded more than 100 fatal drug overdose deaths within Dutchess County with Fentanyl being involved in an overwhelming amount of cases. If you encounter Fentanyl in any form, or any other drug, do not handle it and call 911 immediately.

If anyone has information regarding this case or about any other individuals selling drugs in Dutchess County, you are urged to contact the Drug Task Force confidential tip line at 845-463-6040 or by sending an email to the following web address: DrugTaskForceTips@gmail.com.

The Dutchess County Drug Task Force encourages anyone seeking assistance with drug addiction or treatment to call the Dutchess County HELPLINE at (845) 485-9700 or walk into the Stabilization Center at 230 North Road in Poughkeepsie (845) 486-2849. This contact is available 24/7/365 to help you get connected to the services you need. You can also visit Dutchess County Government website at the following web address: <https://www.dutchessny.gov/Departments/DBCH/alcohol-substance-use-services.htm>.

RHINEBECK VILLAGERS REMINDED ABOUT SNOW ORDINANCE, SIDEWALK SHOVELING

Village of Rhinebeck Clerk Martina McClinton reminds residents to shovel their sidewalks, maintain the 4-foot by 4-foot area around fire hydrants and keep in mind that the snow ordinance is in effect. Snow Ordinance prohibits overnight parking on the Rhinebeck Village streets between the hours of 12:01 a.m. and 6 a.m. from Nov. 15 through March 31. Offenders will be issued a ticket.

Email mmcclinton@villageofrhinebeckny.gov with any questions.

Record crowd attends Red Hook VFW Post Auxiliary's third 'Christmas in the Village'

continued from cover

This year, with all three organizations taking part, over 250 children and parents were on hand.

"We had crafts for the kids, hot chocolate and candy canes, which were given out by Santa," said Singer. "As we do these events and they get bigger and bigger, we're just thrilled."

She added, "We are very fortunate to have these amazing groups to work along

side of us to give back to our wonderful community. We are also thrilled that we have a real life Santa (Ralph Frisenda) as one of our members. We look forward to next year to have even more organizations and businesses and individuals join us."

The Auxiliary also conducts other fund-raising events during the year, such as pancake breakfasts, with raffle tickets to pay for the events.

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Mural by Franc Palaia

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COMMUNITY CALENDAR

Grief Support Group

On the third Thursday of the month at 7 p.m., St. Paul's Episcopal Church in Pleasant Valley hosts a Grief Support Group facilitated by The Rev. Heather Sisk, Episcopal Priest and Spiritual Director with Liz Whitman, MSW. We offer a brief healing service beforehand at 6:45. Come to either or both. (You are not alone; Many of us are hurting; Everyone is welcome.) For more information, call (845) 635-2854, email stpaulspv@gmail.com or visit www.stpaulspv.org. Accessible facilities.

Lyll Church in Millbrook offers programs

The Anti-Racist Study Group has been meeting for several years. We currently meet on Mondays, at 12:30 p.m. by Zoom. We invite anyone to join us who wants to explore the issues of race and caste in our country, issues that will not go away or improve unless we face them together. Our study group is welcoming and hospitable. We have a great time as we continue to learn a lot. We also are happy to include new members. Contact Cat Greenstreet (catgreenstreet@gmail.com) or Pastor Thom if you're interested.

Two other ongoing programs at Lyall are Meals on Wheels at Millbrook and Food For Folks Food Pantry (emergency support). The service area of both these programs is limited to the Town of Washington Village of Millbrook.

Blood Drive in Clinton set Dec. 28

The Clinton Alliance Church along with Clinton Seniors will be hosting the 2nd Annual Ray Joyce Memorial Blood Drive on Wednesday, Dec. 28, from 3 to 7:30 p.m. The drive will be in the Youth Center across from the church at 1192 Centre Road, Rhinebeck. There will freshly baked snacks for donors. Register and reserve a donation time with the NY Blood Center at nybc.org.

Rolison to be sworn in Jan. 7

State Senator-Elect for the 39th District, Rob Rolison, will be sworn in on Saturday, Jan. 7, at 11 a.m., at Revel 32, located at 32 Cannon St. in Poughkeepsie. RSVP to <https://bit.ly/RolisonSwearingIn> or email RobertGRolison@gmail.com.

Grace Bible Institute course to begin Jan. 9

The Grace Bible Institute will offer a course on "The Apostles" starting Jan. 9. The course will run for 10 weeks on Mondays from 7 to 8:20 p.m. at the Grace Bible Fellowship Church, 6959 Route 9, Rhinebeck. Contact Pastor Frank L. Cirone at (845) 876-2122 or fdcirone@aol.com for more information.

ONGOING

The Frederick W. Vanderbilt Garden Association is looking for volunteers to perform all tasks required to plant and maintain the garden. No gardening expertise is needed, we will train as we work. You need to be 18 years old or older and be able to perform, at minimum, basic physical labor such as bending, kneeling and carrying buckets. Garden work is done during the spring, summer and fall months on Saturday, Tuesday and Thursday mornings from 8:30 a.m. to noon. You are welcome to work as often and on any days that suit your schedule. For further information, e-mail info@vanderbiltgarden.org, visit our website at <http://www.vanderbiltgarden.org> or call (845) 229-6432.

Thrift shop in Red Hook: The "New to You" Thrift Shop at 30 Benner Road has opened. Sales will benefit St. Christopher and Good Shepherd Church. Four rooms to roam through; items include books, crafts, CDs, tapes, housewares, home décor, clothing and more. Hours: Thursdays, 11-4 and Saturdays, 10-2 (and Saturday donations).

Rebuilding Together brings back Handyman Program with grant from KeyBank Foundation



Executive Director of Rebuilding Together Dutchess County Darcy McCourt accepts the \$25,000 award from KeyBank, hosted by KeyBank Executives and Representatives at the Wappingers Falls branch earlier this month. *Courtesy photo*

Rebuilding Together Dutchess County announced the return of its Handyman Program and that qualifying families and individuals may apply starting in 2023.

"We are delighted and honored that the KeyBank Foundation has made it possible to again provide this opportunity to our community," said Darcy McCourt, Executive Director at Rebuilding Together Dutchess County. A generous \$25,000 grant from the Foundation allows for the return of this much-needed program. "The program was on hold temporarily. We are excited to have the means to revive this support for our neighbors," she continued, referencing the ability to again address the challenges our neighbors are facing.

The Handyman Program is a service which provides timely small-scale repairs and safety and accessibility modifications. These repairs can include things such as installing grab bars, securing or adding additional handrails, improving lighting, minor accessibility modifications, and fire safety installations.

KeyBank Foundation's grant is made under Key's National Community Benefits Plan established in 2017, which has delivered more than \$18 billion in lending and investments across Key's national footprint supporting affordable housing and community development projects, home and small business lending in low- and moderate income communities, and philanthropic efforts targeted toward education, workforce development, and safe, vital neighborhoods.

"As a community-minded bank, KeyBank believes in doing our part to improve the lives of those in need in the communities we serve," said John Manginelli, KeyBank Market President. "Rebuilding Together Dutchess County is a great example of people helping people

in our community and we are proud to be able to provide funding to help continue their work."

Members of the community are in great need, now more than ever. The Handyman Program is of great assistance, especially to older adults who only need a few small repairs or modifications to prevent falls or to prevent small issues from becoming larger ones. Access to this no-cost service will enable people like Willi of Wappinger's Falls to remain safe in his own home with confidence.

Willi stated: "I was a carpenter years ago and was able to do some of the work that I so badly needed, but I haven't been able to do anything since I was in the hospital. I don't know what I would have done if I didn't get this help." He received several small repairs including fixing a slow-draining plumbing pipe, upgrading lighting fixtures in the bathroom and living room, and having a new basement handrail installed. "As we bring back the Handyman program, we look forward to offering relief and peace-of-mind to more neighbors like Willi," said McCourt.

Neighbors who have been served by the local nonprofit all suggest that their fellow Dutchess County residents apply. Others we have served like Alice of Poughkeepsie commented that it was "an amazing experience" working with Rebuilding Together Dutchess County and felt the volunteers who performed the repairs on her home were friendly and warm. Candida, also of Poughkeepsie, said "I would recommend it highly because you took care of all my needs."

To request an application or ask questions, call the RTDC office at 845-454-7310. The application and further details will be available on the nonprofit's website in 2023: www.RTDutchess.org.

Pleasant Valley Repair Café returns Jan. 14

by Jean Curlee
Repair Cafe Coordinator
Climate Smart Task Force

Pleasant Valley will hold its next Repair Cafe on Saturday, Jan. 14, 2023. Registration is at 10 a.m. at Pleasant Valley Town Hall, 1554 Main St. (Route 44).

The event is more than just repairs; there is a café with fresh coffee and tea, and homemade muffins, cookies, snacks, and friendly volunteers to help you find a fixer that will repair your broken item.

Lamps seem to be the most popular broken item brought to the Café, but toasters and clothing is a close second. The clothing repairs are mostly minor; missing button, torn seams and hems, but no matter what the item needs, our magi-

cal seamstress gets it done.

By promoting repairs, Climate Smart wants to help reduce the mountains of waste that end up in landfills. Repair should be added to the slogan "Reduce, Reuse, Recycle and REPAIR". Repairs save money, resources, and help minimize CO2 emissions. But the most important reason to repair is to share repair skills and pass the knowledge on to the younger generation as our parents and grandparents did for us.

Future Pleasant Valley Repair Café dates are March 11, May 6, Aug. 12 and Oct. 7. All Repair Cafes are held on Saturdays from 10 a.m. to 2 p.m. at Pleasant Valley Town Hall.

Go to <https://www.facebook.com/PVRepairCafe> for more news, dates and locations of up-and-coming repair cafes.



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Central Hudson reminds customers of available assistance programs

Central Hudson reminds its customers of the various assistance programs and billing options available to help manage accounts as elected officials and energy experts continue to warn of elevated electric and gas supply prices throughout the winter months. The residential price for natural gas supply will increase from 73.8 cents per hundred-cubic-feet (ccf) in November to 87.5 cents per ccf, effective December 1.

“International, national and regional factors are expected to keep energy supply prices elevated throughout the winter, and we want our customers to be aware of the resources available to them,” said Anthony Campagiorni, Senior Vice President of Customer Services and Gas Operations. “We understand the financial stress these rising costs can have on our neighbors and we are here to help. We will also continue to work with regulators and our elected officials to find ways to keep supply prices as low as possible.”

Central Hudson purchases electricity and gas from third-party suppliers on behalf of full-service customers. These costs are not marked up and Central Hudson does not profit from them, meaning customers pay the same rates as Central Hudson for the energy they use.

Agencies like the New York State Department of Public Service, which oversees New York’s gas and electric utility companies, and the New York Independent System Operator, which is responsible for managing the state’s electric grid, have both issued similar warnings urging residents to prepare for elevated energy prices.

Energy Efficiency and Billing Programs

Customers can help manage energy costs in various ways, such as implementing energy efficiency measures and manage bill impacts by exploring their billing options.

Low-cost and no-cost efficiency measures homeowners can take to help manage energy costs include:

- Insulating ducts and hot water pipes where they run through uninsulated areas, such as crawl spaces, and repairing leaks in the duct system;
- Adding insulation, particularly in the attic;
- Turning down thermostats (each degree saves up to three percent on energy use);
- Keeping radiators and heating ducts clear of furniture to allow heat to circulate freely; and/or

- Sealing air leaks with weather stripping and caulk, which can save up to 10 percent on the use of heating fuels;

- Beware of using electric space heaters in lieu of a traditional home heating system. Space heaters can present safety hazards, and often require significant amounts of electricity to operate, drastically increasing usage and resulting in higher bills.

To avoid seasonal variations in energy bills, Central Hudson customers may enroll in the Budget Billing program. Budget Billing divides a household’s average annual energy bill into 11 even monthly payments, with the 12th month’s payment adjusted up or down to reflect actual usage and market prices. This program makes energy bills more predictable and can help in managing household budgets.

Customers may also wish to investigate fixed rate options for electric and natural gas supply offered by Energy Service Companies. Fixed rate options do not necessarily provide the lowest average annual cost but do serve as protection against market volatility and price spikes.

Payment assistance options are also available to qualifying customers. The federally funded Home Energy Assistance Program (HEAP) grants for the 2022-2023 are now available for qualified customers through April 29, 2023, or until funding is exhausted. HEAP grant recipients also qualify for Central Hudson’s monthly Bill Discount program.

Central Hudson’s Clean Energy Marketplace provides a resource for customers to learn about renewable energy options. Customers can save up to 10 percent on their utility bill while also investing in local clean energy projects. Residents and businesses may subscribe by visiting <http://CleanEnergyMarket.cenhud.com> to purchase a portion of the electricity produced by the project of their choice.

Other programs include Deferred Payment Agreements that help customers catch up by paying a past-due account balance in monthly installments, the Extra Security Plan which offers an extended billing due-date for qualified customers on a fixed income and the Good Neighbor Fund which provides last resort grants for families who have exhausted all other means of assistance. Learn more about Central Hudson’s assistance programs by visiting www.cenhud.com/assistance.

Community Foundations awards \$130,000 to local nonprofits



Pictured are Community Foundations of the Hudson Valley Dutchess grant recipients. Courtesy photo

The Community Foundations of the Hudson Valley (CFHV) announced its Community Grants program has awarded over \$130,000 to nonprofits in Dutchess, Putnam and Ulster counties. The program invests in local nonprofits with general operating, program and capacity building support.

The Community Grants are flexible funds that enable us to respond to emerging and longstanding community needs,” said Sally Cross, President and CEO. “Funded by support from generous donors, this program has supported literally hundreds of nonprofits since its founding. This is a great example of how, by pooling donations large and small, we can have a lasting impact together. We are grateful for the many gifts that have created these funds as a permanent resource for our community.”

“We are excited to have such a diverse, creative and resourceful cohort of nonprofit partners receiving funds this year,” said Cristin McPeake, Vice President of Programs. “The needs of food access, mental health supports and programming for youth continue to increase, but the work and solutions our nonprofit partners provide keeps us inspired and motivated to keep growing our Community Grants program.”

Among the recipients of the 2022 CFHV Community Grants is Finish Strong Wellness Center in Poughkeepsie.

When asked how receiving a grant from CFHV will affect their organization, Dennis Woodbine, Executive Director said; “Funds from the Community Foundations 2023 General Operating Support grant will allow Finish Strong to retain a contract accountant that will manage revenue, expenses and cash flow. The accountant will be generating quarterly reports, including a balance sheet and income statement, filing all tax documents, and assisting with financial planning for 2024. Retaining an accountant will take Finish Strong to the next level of success by safeguarding sustainability, improving service quality, and ensuring transparency and accountability.” Another recipient was the Center for Creative Education in Kingston. Executive Director, Bryant “Drew” Andrews, had this to say; “I really can’t overstate the impact that a Community Foundation grant has on our programs. Supporting the vision of a better world starts with love and support, education, creativity and socialization of our children and their families.”

The Community Foundations’ staff, advisory committees and board of trustees are pleased to award Community Grants to the following organizations:

Grants in Dutchess:
Abilities First, Inc., Arts Mid-Hudson, Common Ground Farm, Community Action Partnership for Dutchess County,

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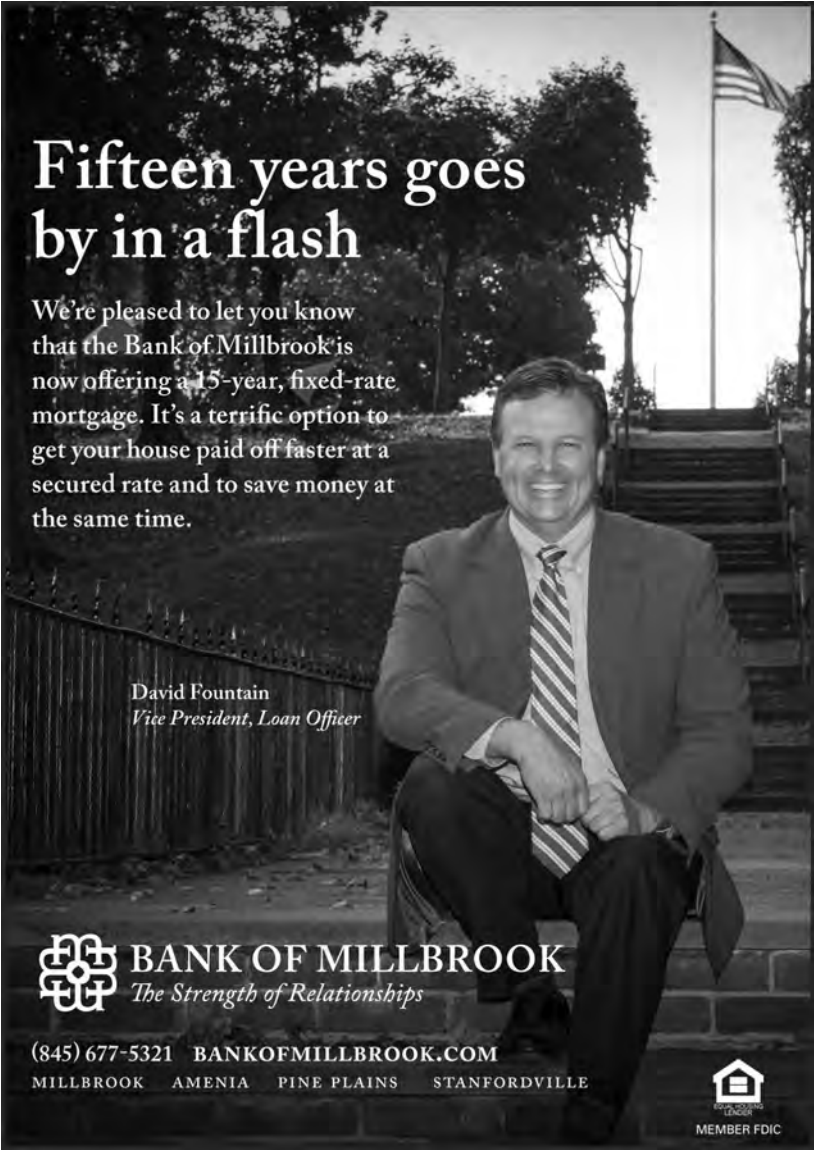
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DOT announces completion of Rte. 376 roundabout project

New York State Department of Transportation Commissioner Marie Therese Dominguez recently announced that major construction has been completed on a \$5.8 million project that modernized the intersection of State Route 376 with New Hackensack Road and All Angels Hill Road in the Town of Wappinger. The project, which was completed on-budget and six months ahead of schedule, created a one-lane roundabout that eased traffic flow and enhanced safety at a busy intersection used by residents and commuters to access the Hudson Valley Regional Airport and other popular destinations in the area.

“Under Gov. Hochul’s leadership, New York State is making important investments in infrastructure that will improve our transportation network, bring people together and make it easier for our local communities to grow and prosper,” Dominguez said. “This project has eased congestion and improved mobility at a key intersection in Dutchess County and is already making travel easier for the residents and commuters who pass through this busy corridor each day.”

The project, which broke ground in December 2021, also created a new pocket park adjacent to the sidewalk on the north side of the roundabout that features benches and perennial landscaping. Approximately one acre of asphalt was removed and reclaimed with compost and topsoil to foster increased vegetation and help prevent stormwater runoff and flooding. The center of the roundabout and other parts of the project area were re-landscaped with 52 native tree plantings, 112 shrubs, and 112 plants.

New pedestrian crosswalks were added to enhance safety and colored and imprinted concrete was used in the sidewalk buffer strips and roundabout truck apron to increase visibility and driver awareness. Rubble stone masonry was used in the retaining walls to contribute to the aesthetic vision of a town gateway.

Roundabouts are engineered to maximize safety and minimize congestion.

Compared to traditional intersections, traffic flows more freely through roundabouts, cutting congestion and commute times. Reduced vehicle idling time means fewer fuel emissions and improved air quality. Crashes at roundabouts tend to be less severe because they typically occur at slower speeds. Roundabouts eliminate the need for electric-powered traffic signals. They also contribute to aesthetically pleasing landscapes.

Sen. Sue Serino said, “The early completion of this project is great news for holiday travelers and local neighbors. I thank the Department of Transportation for once again working closely with our office and our community partners to complete an important local project that will make driving in this area safer and more efficient for residents and visitors alike.”

Dutchess County Executive Marc Molinaro said, “There have been immense traffic improvements at the intersection of Route 376, New Hackensack Road, and All Angel Hill Road as a result of the new roundabout. Drivers can now get through the previously crowded intersection with ease. Thank you to all who contributed to getting this project done ahead of schedule and with minimal intrusion. I am confident this new traffic pattern will benefit residents, businesses, and commuters for years to come.”

Town of Wappinger Supervisor Richard Thurston said, “The Town of Wappinger greatly appreciates the outstanding work done by NYSDOT and the Dutchess County DPW in remediating the significant traffic issues we had previously encountered with the construction of the Route 376 Roundabout in a very timely manner. Thanks to the Governor’s Office for making the grant available.”

NYSDOT provides additional information online regarding roundabouts, as well as downloadable brochures, at <https://www.dot.ny.gov/main/roundabouts>.

Barrett introduces the SITED Act

Assemblymember Didi Barrett (D-Dutchess/Columbia) announced that she has introduced the Smart Integrative Tools for Energy Development (SITED) Act, which will require New York State to develop a Clean Energy Mapping Tool to allow communities to identify the lands best suited for renewable energy siting and designate preferred sites on the map for renewable energy developers to search. The bill also requires educational programs to help communities better understand host community benefits and to identify energy production sites with minimal negative environmental and community impacts.

“The New York State Climate Leadership and Community Protection Act (CLCPA) enacted in 2019, was pioneering legislation that took seriously the climate challenges faced by our planet,” said Barrett. “In its very name it promised equity between climate-smart advances and protecting our local communities in this Home Rule state. It suggested, as well, a balance between the scale and placement of renewable energy developments and the wellbeing of local communities and their economies, whether rural or urban.”

Barrett’s SITED Act takes a multi-pronged approach that will create the outreach, education, tools, and resources to allow local municipalities to better plan and identify viable locations, maximize host community benefits, and effectively communicate their local priorities to potential energy developers, ensuring a just transition to clean energy for communities across the state of New York.

“By increasing community education and engagement, developing new planning tools and resources, and offering technical assistance and training, the Clean Energy Outreach and Community Planning Program will be invaluable in helping municipalities maximize the benefits of clean energy,” said Audrey

Friedrichsen, Senior Climate and Renewable Energy Attorney for Scenic Hudson. “Scenic Hudson looks forward to working with Assemblymember Barrett and others to secure the bill’s passage and ensure New York’s climate goals are met in a way that considers and respects local community resources and values.”

“Assemblymember Didi Barrett has seen first hand how properly sited solar can be beneficial to communities and how poorly sited projects impact its residents,” said Troy Weldy, Executive Director of the Columbia Land Conservancy. “This bill will encourage greater collaboration between towns and solar developers, helping us reach our necessary renewable energy goals and protecting our critical farmlands for future generations.”

“The challenges of balancing farmland protection, the long term vitality of our communities and the scale and siting of renewable energy projects have been playing out over the last several years across the state. While some municipalities have welcomed solar projects and have developers who work cooperatively with the host community, it is clear that some communities have had the opposite experience,” said Barrett. “There are, in fact, developers who have no commitment to the host community and intend to quickly flip their solar sites, often selling to out of state and overseas businesses, leaving communities with no voice and no safeguards.”

“This legislation, developed with local stakeholders including the Columbia Land Conservancy and Scenic Hudson, will help build the consensus and bolster the community input essential to reaching the goals set forth in the CLCPA and at the same time ensure that our municipalities have the tools and resources to access and maximize the benefits available to them.”

Hinchey bill to expand use of industrial hemp signed into law

State Sen. Michelle Hinchey recently announced the signing of her bill to promote greater use of New York-grown industrial hemp by businesses in New York State. The legislation (S8496) instructs the Commissioner of Agriculture & Markets, in collaboration with the Urban Development

Corporation, the NYS Hemp Workgroup, and industry representatives, to develop a plan to expand market opportunities for industrial hemp that would increase its use in manufacturing and construction materials, including packaging, textiles, and hempcrete.

“Hemp is the material of the future,

and positioning New York as a leading producer of the world’s industrial hemp supply is a winning strategy for fighting the Climate Crisis, bringing large-scale economic development to New York’s rural communities, and unlocking new revenue sources to put our farmers in a better financial position,” Hinchey said.

“I’m proud that my hemp bill has been signed into law, directing our state to seek strategic collaborations to help us usher in a new era of manufacturing power, product creation, and rural economic development around an industry that is nearly untapped around the world.”



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8 NORTHERN DUTCHESS NEWS & Creative Living - Dec. 28, 2022 - Jan. 3, 2023

Creative Living

celebrating all good things

Japanese new year tradition subject of Arts Mid-Hudson programs

The Arts Mid-Hudson Folk Arts Program and the Mid-Hudson Japanese Community Association present Kakizome, a Japanese cultural program celebrating the traditional first calligraphy writing of the New Year, on Saturday, Jan. 7, from 1:30 to 4 p.m. at Arts Mid-Hudson, 696 Dutchess Turnpike (Route 44), Poughkeepsie. The program is free, but registration is required for one of two sessions.

Due to continuing COVID restrictions, each class will contain a maximum of 20 people at a time. If you want to come with other people, please make sure that you register together. There will be two sessions: 1:30 p.m. - 2:30 pm. or 2:45 p.m. - 3:45 p.m.

Register at <http://weblink.donorperfect.com/2023Kakizome>.

The new year is when we give voice to our hopes and desires for the future in the form of resolutions, wishes, and intentions going forward. The Japanese express this with Kakizome, the ritualized first calligraphy writing of the year. Kakizome or “first writing,” takes place within the first few days of the year, traditionally in a poetic calligraphic form expressing their hopes and aspirations for the coming year. The poems were later burned to seal the fate of the hope.

The Kakizome tradition continues, but these days practitioners write auspicious kanji (Chinese characters) rather than poems. Each guest chooses an idea or sentiment to carry with them into the New Year. For example, if you hope for good health in the New Year, you would write a kanji for positive health; if you desire more patience, you would practice the kanji for tolerance or acceptance.

Kakizome is about positive wishes for the New Year. It is a reflective practice based on the belief that practicing one kanji over and over helps the writer focus on the hoped-for theme.

Volunteers from the local Japanese community will be on hand, offering guidance in choosing and writing your chosen kanji. Brushes, paper, and ink will be provided.

The Mid-Hudson Japanese Community Association (MHJCA) is a not-for-profit organization whose mission is to introduce Japanese culture to the local community, foster a sense of community among Japanese residents, and be a bridge for cultural exchanges between Japanese and non-Japanese residents of the Hudson Valley. MHJCA educational presentations and language classes are aimed at children and adults in the Hudson Valley area. The Association frequently collaborates with Arts Mid-Hudson to present interactive programs celebrating Japanese culture.

The Arts Mid-Hudson Folk Arts Program researches the arts and traditions of the region's rich cultural, ethnic, religious, and occupational heritages. Through educational and public programs like Kakizome, the Folk Arts Program shares these traditions. The program is open to ideas and suggestions about how to assist in celebrating your community's heritage.

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Arts Mid-Hudson will host a program on Kakizome, the “first writing” of the new year, on Saturday, Jan. 7. *Courtesy photo*

gram is open to ideas and suggestions about how to assist in celebrating your community's heritage.

Arts Mid-Hudson is the pre-eminent nonprofit arts service organization serving the Mid-Hudson region. Since 1964 our initiatives have engaged and promoted the arts benefiting our artists, arts

organizations, and communities. Arts Mid-Hudson provides vision and leadership to support thriving and diverse arts in the Mid-Hudson region.

For more information about Arts Mid-Hudson and future art events, sign up for the monthly e-newsletter at www.artsmidhudson.org.

ART EXHIBITIONS

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through December:** Featuring the works of painter & photographer Erin Ann Koch (Hallway Art Gallery, 9 Vassar St.), mixed-media artist Marie DiPerri (Reception Gallery, 12 Vassar St.) and photographer & mixed-media artist Kat Spontak (Hancock Galleries, 12 Vassar St.). **Jan. 2-Feb. 28:** Featuring the works of Renee Samuels in the Victorian Gallery (formerly the Hallway Art Gallery) at 9 Vassar St., and Frank Rapant in the Hancock Gallery and Adrian Lee in the Reception Gallery at 12 Vassar St. **Free Public Art Opening Receptions:** Fri., Jan. 6, 5-7 p.m. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access to the galleries. cunneen-hackett.org

LAND Gallery, 30 Charles Colman Blvd., Pawling. **Through Dec. 30:** Holiday Show, featuring the works of nature inspired photographers and other local artists. (845) 490-2281 or www.landgalleryonline.com

Locust Grove, 2683 South Rd. (Rte. 9), Poughkeepsie. **Through Dec. 30:** The art of pioneering female artist Caroline Clowes (1838 – 1904) a LaGrange resident, in a special exhibit assembled by the Dutchess County Historical Society. Wed.-Sun., 1-5 p.m. & by appointment. **Through Jan. 22, 2023:** Exhibitions of paintings by celebrated Hudson Valley artist Carolyn H. Edlund in the Locust Grove Transverse Gallery, free every day from 10 a.m. to 5 p.m. (845) 454-4500, ext. 212, or www.lgny.org

Olana State Historic Site, 5720 Rte. 9G, Hudson. **Through March 26, 2023:** “Chasing Icebergs: Art and a Disappearing Landscape,” shown primarily in the Sharp Family Gallery at Olana, the exhibition highlights Frederic Church's iceberg sketches from his 1859 intrepid voyage to the Arctic. (518) 751-6879 or olana.org

Rhinebeck Bank, 6414 Montgomery St., Rhinebeck. **Dec. 29-Feb. 9:** Exhibition of paintings by Stanfordville resident Joan A. Smith, on display during regular business hours.

DOT-TO-DOT PUZZLE

See page 15 for finished puzzle (no peeking!)

THE GREATEST DOT-TO-DOT BOOKS

Stars
Stop at each star (★), then skip to the next number and start your line again. End ★ 152

By David Kalvitis

© 2011 Monkeying Around

God Bless us Everyone....

by Pat Owens

While the season of celebrating is behind us, we can relax and reminisce. Some of the reflections of members of the Old Dutch Village Garden Club are mostly of enjoyable meetings, luncheons, “team” decorating throughout the village and all the digging!

The year was a good one with an outstanding plant sale that broke all records, a 60-year Anniversary Luncheon and a vibrant autumn display for Hardscrabble Day in Red Hook. Never let it be said that we don’t have a good time! In between were various lectures on gardening and information on environmental concerns like the spotted lantern fly.

In the fall members lovingly put the garden to bed. While it was sleeping elves arrived with numerous wreaths, evergreen garland and lights all punctuated with bright red bows. With that beautiful blanket of snow, it does look festive as you arrive in the village.

We ended the year with a delicious Christmas luncheon at Savona’s in Red Hook. Not surprisingly, there was a plethora of red sweaters! And getting into the swing of things, and I would not be surprised if there were a variety of Christmas earrings. The hosts were Barbara Maleonskie, Nola Weit and Mona Matthies. There were poinsettias in

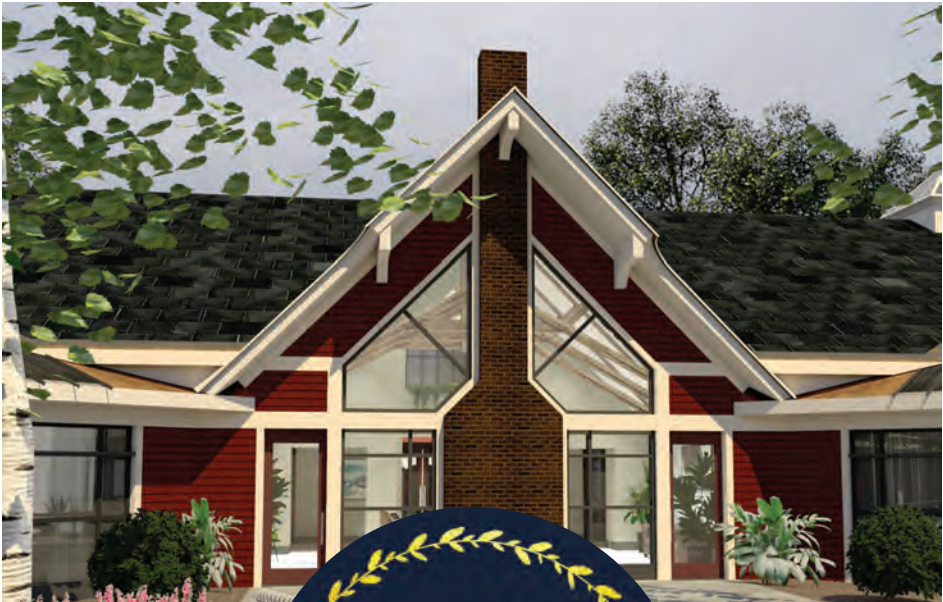

Christmas-themed planters decorating the tables and, of course, that required a raffle which delighted everyone. A candle lighting installation ceremony for the 2023 ODVGC officers was also held. The new officers are Kayla Bell, President; Vera Tsumagari, Vice President; Carol Annas, Corresponding Secretary; Janet Del Rosario, Recording Secretary, and Cathy Michael, Treasurer.

Among other things on tap for next year are a presentation on Backyard Birding by Cathy Michael and Felice Gelman will speak about bees. I particularly will love that one. Planting the most especial flowers for bees and butterflies should be foremost in a gardener’s mind. Not only are they beautiful but they are most beneficial to our world.

We will meet again in January with a business meeting as we are wont to do. We will catch up on what’s scheduled and, as always, sup on homemade delicious soups. We would love for you to join us. Please consider visiting to see what we are all about. I am sure you will not be disappointed. We meet at St. John’s Reformed Church in Upper Red Hook at 12:30 on the second Thursday of each month, except for August. New members and visitors are always welcome. Please contact Linda Lawson at (845) 758-5653 for additional information.



Right, top: Members of the Old Dutch Village Garden Club enjoy their holiday luncheon. Right, below: A Red Hook garden in the snow. *Courtesy photos*



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**LOOK FOR LOVE TO COOK
IN NEXT WEEK’S ISSUE**

Vicki Frank Day shares stories and recipes.





‘Dad, can I have some money?’

History repeats itself.

The other day, my daughter came to me and asked for money to go to the movies. As my daughter looks exactly like me but with long hair, it instantly brought me back to when I was 7 years old and my family visited our hometown of Monte di Proscida.

It was the feast of St. Anthony. The entire town was decorated with lights and decorations, and there was a street fair going on. There was a bicycle race scheduled for the afternoon as well as other activities. My cousins wanted to take my brother Vinny and me out and, of course, we needed money.

Pop was sitting on the porch with my grandmother. I can still picture it. Pop was in shorts and a buttoned-down short-sleeved shirt. He was wearing a quasi-fedora and was enjoying a glass of red wine. My grandmother was sitting next to him dressed in traditional all black having a small glass of red wine. There was a plate of cheese with homemade pepperoni in front of them.

Me: Pop, can Vinny and I have some money?

Pop: Whya you needa the money?

Me: Rossano and Antonio want to take Vinny and I out for the festa and we will need money to buy stuff.

Pop: Whata you need to buy? If you hungry, you come home.

Me: But Pop, what if we want to buy something else?

Pop: Ok, here is a quarter. That'll be good enough, no?

Me: What can we get with a quarter? Everything costs more than a dollar.

Pop: Ok then, here is a dollar. You two

can share whatever you get.

Me: But Pop...

Pop: Ok, youa no wanta the dollar?

Me: No,no,no,no. That's ok, Pop. We'll take the dollar.

My grandmother, witnessing the exchange, reached into her black dress and pulled out her handkerchief. She slowly unfolded it and reveled her unusual wallet. She reached in and removed the Italian equivalent of \$ 10 and handed it to Vinny and me. She then smiled and shooed us away. We looked over to our father. Pop eyeballed us and started to say something. But Nonna gave him a look and shooed us away, laughing with the knowledge that she was Nonna and my father still had to listen to her.

We took Nonna's \$10 and, naturally, kept Pop's \$1 also. When Nonna shooed us the second time, we ran before Pop had a second chance to say something.

Vinny and I had the time of our life. We had pieces of fresh coconut, gelato, and pizza while drinking bottles of mineral water. There were street vendors selling fried olives, arancini, and fried seafood. Cannolis, Zeppoles and espressos. But our favorite was Porchetta Sandwiches. We bought this huge sandwich and shared it while we sat on the curb and watched the bicycle run through the town. We took turns taking bits of the sandwich as the juices ran down our arms.

We knew when we got back that we were going to be in trouble for taking Nonna's money, so we figured we might as well enjoy life while we could. As the

sun went down, the street lights came on and we knew it was time to go home.

When we got back, we were surprised to find Nonna sitting on the porch waiting for us, with a huge smile on her face. She was there to run interference with Pop. She asked us if we had fun and was very happy to receive the hug and kiss, we offered her. We went inside sure that we were going to be in trouble.

Instead Pop brought us to the roof of the house with Mom to see the fireworks that were about to go off for the festa. We woke the next morning in bed. We had fallen asleep waiting for the fireworks and Mom and Pop brought us down and put us to bed.

Sooo needless to say, I gave my daughter \$ 5. When my wife saw I only gave her \$5, she reached into her wallet and gave here another \$20 and shooed her away. Funny how history repeats itself.

Enjoy the recipe for Porchetta Romana.

1 (trimmed) 2-3-pound boneless, center-cut pork loin
3 tablespoons fennel seeds
2 tablespoons crushed red pepper flakes
2 tablespoons minced fresh sage
1 tablespoon minced fresh rosemary
3 garlic cloves, minced
Kosher salt
1/2 orange, seeded, thinly sliced

Method

Put belly skin side down; arrange loin in center. Roll belly around loin so the short ends of the belly meet. If any of the belly or loin overhangs, trim meat. Unroll; set loin aside.

Toast fennel seeds and red pepper flakes in a small skillet over medium heat until fragrant, about 1 minute. Turn off heat. Add remaining spices and let sit for 15 minutes as the pan cools. Places in a food processor and grind till fine.

Set belly skin side down. Using a knife, score the belly flesh in a checkerboard pattern 1/3-inch deep so roast will cook evenly.

continued on page 14

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The Dutchess Tourism Ambassador Program is a professional certification that enables volunteers and frontline workers to provide visitors with excellent experiences. Program participants will learn new skills, earn valuable credentials, broaden their professional networks, and gain opportunities for career advancement. Positive interactions with Ambassadors also boost our local economy by increasing visitor spending and can even generate higher tips for excellent service. It's a win-win for everyone!

See dates and enroll online at www.DutchessTourism.com/CTA or scan the QR code below.
Questions? Call (845) 463-4000 or email info@dutchesstourism.com.

Paid for in part by Dutchess County

Diversions

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

		8	6	4		2		5
9				8				
		4	7				1	
			2				5	
7								6
	6				7			
	4				6	1		
1				3				7
		2		5	1	9		

Suguru

			2		
2		3		3	
			4		4
5	3				3

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

ACROSS

- Spanish hero
- Dinner in the sty
- Root
- Regal wife
- Common verb
- Make laugh
- Slightly open
- State
- Out of __; cross
- Place full of basket-pushers
- Cereal grain
- Beef Wellington or Chateaubriand
- Parts from right to left?
- Cool drinks
- Trustworthy
- Carrying a gun
- Sampras or Seeger
- Story
- Use gentle persuasion
- Evil one
- Adam's grandson
- Leave __; make the waiter happy
- Fisherman's item
- Valuable possession
- Erase
- Jay's home
- Make blurry
- Salad ingredient
- Knot-tying words
- Combined
- Death's partner, in phrase
- Pope or Frost
- Delight
- Holey receptacle
- About
- Men's nicknames
- Nincompoops
- Kennedy & others: abbr.
- Baseball bat wood

DOWN

- Louisiana native
- Not suitable
- More urgent
- Humiliated
- Etna's output
- More than
- Expense accounts and company cars
- One who became a president in 1976
- Type of health care provider: abbr.
- Poles and others
- This: Sp.
- Musical symbol
- Level a building: var.
- Word with lip or proof
- Waters, for one
- Feeds the kitty
- Dueling sword
- Rising time, for some
- Plum variety
- Reason to study
- Place of learning: abbr.
- Learn by __; memorize
- Letter holders
- Force out
- Mah-jongg piece
- Fantasy
- Tiny particle
- Kids
- Virginia and others
- Speedy
- __ Carta
- Traveler's guide
- Incisors
- Elegant poems
- "__ Wonderful Life"
- Speaker's platform
- Isolated
- Disease causer
- First wife

	1	2	3		4	5	6	7		8	9	10	11	12
13					14					15				
16					17					18				
19				20					21			22		
23								24			25			
				26		27	28		29				30	31
32	33	34	35			36		37			38			
39					40						41			
42					43					44				
45				46			47		48					
		49				50			51		52	53	54	55
56	57			58			59	60						
61			62			63					64			
65						66					67			
68						69					70			

The solutions to both the Sudoko & Crossword puzzles can be found on page 15



DECODING DUTCHESS PAST

www.DCHSNY.org/ddp



Dutchess County
Historical Society

Young girls' 19th-century education will be examined through 'samplers'

by Bill Jeffway

The Dutchess County Historical Society is pleased to be part of a national campaign to document the many "samplers" that were such a central element in the education of young girls in the early 19th century.

According to The Sampler Consortium, an international membership organization dedicated to the study of historic samplers and related girlhood embroideries, "the education in the early years of our country's history was strongly influenced by gender: boys were prepared for business and the trades and girls were prepared to run a home and raise children. One of the most significant features of female education was its emphasis on needlework, both useful and ornamental also known as 'plain and fancy.' The former was seen as critical for ensuring adequate household clothes and linens, and the latter was valued as both artistic expression and outward manifestations of gentility – often part of a family's efforts for upward mobility."

The Consortium's national Sampler Archive Project is making Dutchess County a focus through the collaboration with DCHS and the Frances Lehman-Loeb Art Center at Vassar College. We are beginning a county-wide effort to locate, photograph and document all American samplers and related girlhood embroideries held in public and private collections of Dutchess County.

In the 1994 DCHS Yearbook, Anne M. Friedland wrote about samplers. The entire article can be found on the DCHS website mentioned at the end of this article. She explained, "To many people the names and dates on an embroidered sampler are just that, names and dates. To a few, those names and dates are an invitation to journey back in time and learn about the embroiderer and that time in which she lived. There are many forms of samplers and each one has a history of its own, including marking samplers; alphabet and numerical samplers; darning samplers; religious samplers; genealogical samplers; stitch samplers; samplers recording historical events; perpetual calendar samplers; arithmetic samplers and map samplers. For the young girl in the 18th and 19th century, needlework was a necessary part of her education, and the sampler was proof of what she could accomplish."

Details will be shared in the new year at a web page dedicated to background, information, and documentation at www.dchsnny.org/samplers

Bill Jeffway is the Executive Director of the Dutchess County Historical Society and can be reached at bill.jeffway@dchsnny.org or (845) 293-7711.



Early in the 19th century and particularly after 1803 and the Louisiana Purchase, the map sampler gained popularity. At this time, a stamped-linen map, with the Louisiana Territory boldly delineated was quickly produced expressly for needleworkers as seen in the 1807 sampler by Anne Townshend of Pleasant Valley in 1807. *DCHS Collections*

Opening April 15 at Vassar College's Frances Lehman Loeb Art Center, "Between the Lines: Innovation and Expression in Women's Sewing Samplers" will shine a new light on objects traditionally marginalized as "women's work" and dismissed as formulaic and imitative. The 15-object installation will showcase select samplers from the Loeb's collection to instead explore how women makers used the sampler medium as a site of personal expression and aesthetic innovation. Select loans from the Locust Grove Estate will illustrate the methods and materials women used to make these works. Because of their extreme sensitivity to light, all textiles will rotate halfway through the exhibition's run, closing June 18 and reopening with all new objects on June 24. The show closes to the public on September 3.



And undated sampler in DCHS Collections is an example of a far more pragmatic smaller, illustrating the technical skill of the creator. *DCHS Collections*

A&E Calendar

arts and entertainment happenings

Note: Please check with event venues for any guidelines related to the ongoing COVID-19 pandemic.

Dec. 28-31: "A Gilded Age Christmas," Staatsburgh State Historic Site, Old Post Rd., Staatsburgh. Tour the lavishly decorated Gilded Age mansion, 10 a.m.-3 p.m. (last entry 2:30 p.m.). Admission \$8 adult; \$6 seniors/students; children ages 12 and under are free. Registration for all tours and programs must be made at www.Bookeo.com/StaatsburghSHS. The site will be closed Dec. 24-25. (845) 889-8851

Dec. 28-29: Animals in Art, Locust Grove, 2683 Rte. 9, Poughkeepsie. Come on a special kid-friendly gallery hunt tour of 30 paintings by Hudson Valley artist Carolyn Clowes in the Dutchess County Historical Society's "Fertile Ground: The Hudson Valley Animal Paintings of Caroline Clowes" at Locust Grove. Then, paint your own animal portrait to take home. Classes are for children ages 5 and older; families and caregivers welcome to join. Classes at 11 a.m. or 1:30 p.m. \$15/person; all participants need a ticket. Tickets available at www.lgny.org/calendar

Dec. 29: Dance Jam, Towne Crier Cafe, 379 Main St., Beacon. Beacon Dance Beat plays a wide array of dance music mostly from the '60s to present with emphasis on soul, R&B, funk and all Latin rhythmic styles, 7 p.m. Producer DJ Rhoda Averbach also welcomes requests. Tickets \$10. (845) 855-1300 or www.townecrier.com

Dec. 30: The Englishtown Project, Towne Crier Cafe, 379 Main St., Beacon.

On Sept. 3, 1977, the Grateful Dead headlined one of the largest and most musically successful concerts of all time at Raceway Park in Englishtown, N.J. In addition to the Dead, who had just completed its legendary Spring / Summer 1977 tour featuring a batch of new material from Terrapin Station, the show also included the Dead family's New Riders of the Purple Sage and the good-time, southern rock Marshall Tucker Band. This tribute extravaganza will feature healthy "doses" of selections from each band's sets that day with a relaxed, festival style program, 8 p.m. Tickets \$20 advance, \$25 door. (845) 855-1300 or www.townecrier.com

Dec. 31: New Year's Eve Celebration featuring Chris O'Leary Band & Dan Brother Band, Towne Crier Cafe, 379 Main St., Beacon. Come ring in 2023 and enjoy great food and powerhouse performances by two of the finest blues-rock bands in the region: Chris O'Leary Band and Dan Brother Band, 9:30 p.m. New Year's Eve Special Chef's New Years Menu; bistro menu also available. Show only \$50, Show + Full Course Dinner \$135. (845) 855-1300 or www.townecrier.com

Jan. 1: Animal Tails: Storytelling & Music, Towne Crier Cafe, 379 Main St., Beacon. Dutchess County SPCA hosts Animal Tails, a storytelling event where animal lovers will share stories of animals who changed their lives for the better, 5 p.m. Then celebrated singer-songwriter Stephen Clair will take the stage for a solo set of his acclaimed songs. Complimentary with dinner. (845) 855-1300 or www.townecrier.com

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Dutchess Tourism announces Awards of Distinction winners

Dutchess Tourism Inc. (DTI) recently announced the recipients of the 2022 Dutchess Tourism Awards of Distinction at The Henry A. Wallace Center at the FDR Presidential Library and Home in Hyde Park. Twenty-four finalists in each of eight categories and the Mary Kay Vrba Spirit Award were highlighted for demonstrating industry excellence, with remarks from Dutchess Tourism President & CEO Melaine Rottkamp, Assistant Dutchess County Executive Ron Hicks and DTI Board Chair David Bova.

"Hospitality and tourism can sometimes be a thankless business and we wanted to demonstrate our deep appreciation for these finalists and winners who make our community such a robust destination for visitors and residents to enjoy," said Rottkamp. "Dutchess Tourism is a proud champion of our county but no organization is successful without help. We are grateful for the enthusiasm and strong support we receive from our elected officials, civic and community leaders and our partners that allow us to do the

work we are so passionate about."

WINNERS

The Dutchess County Executive's Award for Overall Distinction Winner: Adams Fairacre Farms

Finalists included: Kaatsbaan Cultural Park and Winnakee Land Trust

The Hospitality Service Award of Distinction Winner: Paige Flori, Boutique Wines, Spirits and Cider

Finalists included: Casey Jurutka, Shadows on the Hudson and Indira Naidu, Hyatt Place

The Accessible Hospitality Award of Distinction Winner: Walkway Over the Hudson and New York State Office of Parks, Recreation and Historic Preservation

Finalists included: Franklin D. Roosevelt Presidential Library and Museum and Stony Kill Farm

Arts Award of Distinction Winner: Tivoli Artists Gallery

Finalists included: Hessel Museum of Art at Bard College and Howland Cultural Center

Culinary Award of Distinction Winner:

Sotano Food & Wine

Finalists included: Café Les Baux and Vinny's Deli & Pasta

Family Entertainment Award of Distinction Winner: Barton Orchards and Tree Top Adventures

Finalists included: Gravity Vault Poughkeepsie and Sinterklaas

History Award of Distinction Winner: Beekman Arms and Delamater Inn

Finalists included: Hopewell Depot Museum and Mesier Homestead and Museum/Wappingers Historical Society

Outdoors Award of Distinction Winner: Wethersfield Estate & Garden

Finalists included: Quiet Cove Riverfront Park and Millbrook Tribute Garden

Mary Kay Vrba Spirit Award Honoree: Cliff Laube, Franklin D. Roosevelt Presidential Library and Museum

Mary Kay Vrba, former president & CEO of Dutchess Tourism, was on hand to present Laube the award bearing her name. He is the public programs and communications manager at the Franklin D. Roosevelt Presidential Library and

Museum, a part of the National Archives and Records Administration (NARA). Laube was recognized for his dedication and leadership in creating more inclusive and welcoming experiences for people of all abilities so that visitors can form their own personal connections to the Roosevelts' legacy.

Rottkamp noted during the program that, despite concerns for the economy, travel remains a priority for individuals. According to Destination Analysts' Traveler Sentiment Index Report from November 7, 2022, more than 82% of American travelers say they already have existing trip plans in the next three months. Dutchess County has seen the tourism industry rebound with a record-setting \$3.5 million in hotel occupancy taxes collected in 2021. Tourism Economics' (an Oxford Economics company) annual report provided an optimistic outlook showing that visitors spent \$632 million in Dutchess County, 93.7% of the record total reached in 2019 before the COVID-19 pandemic.

That's Italian!

continued from page 11

Flip belly skin side up. Using a paring knife, poke dozens of 1/8"-deep holes through skin all over belly. Don't be gentle! Keep poking.

Using the jagged edge of a meat mallet, pound skin all over for 3 minutes to tenderize, which will help make skin crispy when roasted.

Turn belly and generously salt both it and loin; rub both with spice mixture. Arrange loin down middle of belly. Top with orange slices.

Roll belly around loin; tie crosswise with kitchen twine at 1/2-inch intervals. Trim twine. Transfer roast to a wire rack set in a rimmed baking sheet.

Refrigerate roast, uncovered, for 1-2 days to allow skin to air-dry; pat occasionally with paper towels.

Let Porchetta sit at room temperature for 2 hours. Preheat oven to 500 degrees. Season Porchetta with salt. Roast on rack in baking sheet, turning once, for 40

minutes. Reduce heat to 300 degrees and continue roasting, rotating the pan and turning Porchetta occasionally, until an instant-read thermometer inserted into center of meat registers 145 degrees, 1 1/2-2 hours more. If skin is not yet deep brown and crisp, increase heat to 500 degrees and roast for 10 minutes more. Let rest for 30 minutes. Using a serrated knife, slice into 1/2-inch rounds.

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at www.coppolas.net.

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OBITUARIES

Wayne R. Crider

PINE PLAINS - Wayne R. Crider, 75, of Pine Plains, NY, passed away on Friday, December 16th, 2022 at Westchester Medical Center in Valhalla, NY. Born on May 16, 1947, in Oneonta, NY, he was the son of Leona (Sullivan) Crider of Red Hook, NY and the late Robert W. Crider. Wayne served in the US Army during the Vietnam War. He served with a quite distinction-earning two Purple Hearts, a Bronze Star, Combat Infantryman Badge, Vietnam Service Medal, & the National Defense Service Medal Wayne married Michelle Francese, and his wife of 44 years survives in Pine Plains. For many year, Wayne worked as skilled carpenter throughout the Hudson Valley. Wayne was a devoted member of Grace Bible Fellowship Church in Rhinebeck, NY and was trustee of the church. Wayne enjoyed reading, gardening, and hiking, and most of all spending time with his family. He was a gentle, humble man who will be deeply missed by those who loved him. In addition to his loving wife and his mother, Wayne is survived by his children, Kimberly (Chris) Shaver of Wilton, NY, Lorin (James) Whorf of Queensbury, NY, & Kevin (Valerie) Crider of Newberry, SC; his siblings, Thomas Crider of N. Las Vegas, NV, & Donna Crider of Tonawanda, NY; his grandchildren, Courtney Lynch, Aaron Whorf, Emily Shaver, Rachel Shaver, Evelyn Crider, Ellie Crider, & Lance Crider; his great grandchildren, Juliette Lynch, Maxwell Lynch, & Lucas Whorf; along with extended family and friends. Graveside services and interment were held on Wednesday, December 21, 2022 at Rhinebeck Cemetery-Natural Section (55 Mill Rd, Rhinebeck, NY 12572) with Rev. Frank L. Cirone. In lieu of flowers, memorial donations may be made in Wayne's memory to the Grace Bible Fellowship Church, 6959 Route 9 North, Rhinebeck, NY 12572. Arrangements are under the direction of Burnett & White Funeral Homes 7461 S. Broadway, Red Hook, NY. To sign the online guestbook, please visit www.Burnett-White.com.

Samuel J. Lore

RED HOOK - Samuel J. Lore, 93, passed away on Saturday, December 17th, 2022, peacefully at his home in Red Hook, NY. Born December 26, 1928, in New Rochelle, NY. Sam spent his childhood on a farm in Red Hook, NY, where he attended the Cokertown One-Room Schoolhouse. Sam was the son of the late Enrico and Mary (Costa) Lore. He was predeceased by eleven of his siblings: Connie, Salvatore, Daisy, Willie, Lindy, Vincent, Ricky, Gloria, Joe, Vinnie, and Betty. Sam is survived by his brother Jimmy Lore of Milford, Pennsylvania and Ann Longo of Tampa, Florida. Sam married Sue E Lemma on February 25, 1950, in New Rochelle, NY. He was predeceased by his loving wife of half a century on May 24, 2000. He is survived by his children, Lisa (Dennis) Griffin of Milan, NY, David (partner: Isabelle Ascani) Lore of Milan, NY, and Keith (Angela) Lore of Red Hook, NY; his grandchildren, Ryan (Jodi) Griffin, Jared (Kristen) Griffin, Nicholas (Claire) Lore, Danyelle (Joseph) Leyden, and Samantha Lore; and eight great grandchildren along with numerous nieces, nephews, extended family, friends, and colleagues. Sam served his country honorably in the United States Army during the Korean War, achieving the rank of Staff Sergeant. He was a proud member of the Veterans of Foreign Wars (Red Hook Post #7765), as well as the American Legion. In 2013 he was inducted into the Veterans Hall of Fame. Since 1955, Sam was the owner and operator of the family business, S-J Lore, Inc., an excavating business, based in Red Hook, NY. He was involved in the development of various projects, such as the Red Hook Recreation Park, donating his time, equipment and expertise. More, he actively participated as a coach and president of the Red Hook Little League. Sam entered politics when he was elected as Red Hook Town councilman. He then served as Red Hook Town Supervisor for eight years. He was president of the Dutchess County Supervisors and Mayors Association, and Chairman of the Red Hook Republican committee. He received the

United States Congress Citizen Extraordinaire Award, the Dutchess County Legislature Award for Community Involvement, and the Westchester County Certificate of Merit. Sam received the 2019 Red Hook Rotary "Citizen of the Year" Award. Sam was a devoted member of the Red Hook Car Club, and Monumental Hudson Widows Son Lodge #7 F.&A.M. He was also a president of the Cokertown Rod and Gun Club, and member of the Dutchess County Wildlife Federation. One would describe Sam as gregarious, hard-working, selfless, and sincere; always with a wonderful smile. He will be missed greatly by his loving family and dear friends. Family and friends may call at the Burnett & White Funeral Homes in Red Hook on Wednesday, December 21, 2022 from 4 pm to 7 pm. The Monumental Hudson Widows Son Lodge #7 F.&A.M. and Red Hook VFW Post #7765 will conduct services at 6:30 pm. Funeral services were held December 22, 2022 at the Burnett & White Funeral Homes, Red Hook, NY. Burial with military honors took place at St. Paul's Lutheran Cemetery, Red Hook. Memorial donations may be made in Sam's memory to the Red Hook Post #7765 VFW, PO Box 293, Red Hook, NY 12571. Arrangements are under the direction of Burnett & White Funeral Homes 7461 S. Broadway, Red Hook, NY.

Patricia M. Maloney

On Sunday, December 18, Patricia Maureen Maloney, loving spouse of Pamela Shuster, passed away peacefully at the age of 66. Patricia (Trish) was born August 14, 1956 to Francis W. Maloney and Helen Anderson Maloney in Jersey City, NJ. With an undergraduate degree in biology from Rosemont

College, PA, Trish taught biology for several years at Mount Saint Dominic Academy and Saint Cecilia High School, NJ. She followed this by a career change to Product Development Manager at ADP, Inc Corporation in Roseland, NJ. Upon retirement and completion of a graduate degree in American History from Monmouth University, NJ, Trish volunteered at the Wilderstein Historic Site, and as a docent at Val-Kill in NY, the home of Eleanor Roosevelt, a lifelong interest and subject to study. She transitioned from volunteer to professional status, becoming a fill-time seasonal Park Ranger at the National Parks Service, making her home in Dutchess County, NY. In addition to her time at Val-Kill, Trish enjoyed her years spent in Bradley Beach, NJ, and most recently her home in Florida at The Resort on Carefree Boulevard. With every endeavor and activity she undertook, Community Theater, bowling, ukulele, pickleball, Trish was enthusiastically all in. All she met were enriched by her kindness, intelligence and wry humor. She is survived by her spouse, Pam, her brother, Ray, sister-in-law, Pat, her sister, Mary Ellen, her sister, Jeanne, brother-in-law, Peter, three nephews, three nieces, two great nieces and one great nephew. A loving spouse, daughter, sister, cousin, aunt and friends, she will be missed and treasured by the lives she touched. If you wish to honor Trish's memory, the family gratefully requests that you direct donations to a charity of your choice in Trish's name. Arrangements are under the direction of Burnett & White Funeral Homes 91 E. Market St., Rhinebeck, NY.

Rebuilding Together Dutchess County awarded Community Foundations grant

Rebuilding Together Dutchess County was awarded a \$2,500 grant towards vital operational support through a Community Foundations of the Hudson Valley Community Grant. "We are honored to receive this generous operational support grant, made possible by the Community Grants Fund of Dutchess County of the Community Foundations of the Hudson Valley. They are providing us the much-needed support to continue to do the great work for our collective neighbors in need of the services we offer," said Darcy McCourt, Executive Director at Rebuilding Together Dutchess County. "A generous \$2,500 grant from the Foundation allows us to make all we do happen behind the scenes," she exclaimed. The nonprofit was honored to accept the award at the Dutchess County Donor Reception on December 7, along with other Dutchess County grantees. Representing Rebuilding Together Dutchess County was Outreach Coordinator Joseph Rivera-Ramos. He

also expresses his thanks to the Foundation: "We are grateful for all your support and the amazing partnerships we have made over the years to get us here. Let us all continue to make a difference in all our neighbors' lives." Rebuilding Together Dutchess County is entering its 31st year of serving the greater community and is committed to ensuring our neighbors are safe, warm and healthy. Their programs provide qualifying, low-income Dutchess County homeowners with critical home repairs at no cost to them. For more information, call the Rebuilding Together Dutchess County office at 845-454-7310 or visit the website: www.RTDutchess.org.

Answer to this week's Dot to Dot (puzzle on page 9)

THE GREATEST DOT TO DOT BOOKS

Stars
Stop at each star (★), then skip to the next number and start your line again. End ★ 152

By David Kalvitis © 2011 Monkeying Around

Answers to this week's diversions (puzzles on page 12)

NORTHERN
DUTCHESS NEWS
ALL LOCAL ~ ALL THE TIME
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Suguru solution

4	5	4	2	5	2
2	1	3	1	3	1
3	5	2	4	2	4
1	4	1	3	1	5
5	3	5	4	2	3
2	4	1	3	5	1

C	I	D	S	L	O	P	C	H	E	E	R		
R	A	N	I	H	A	V	E	A	M	U	S	E	
A	J	A	R	A	V	E	R	S	O	R	T	S	
S	U	P	E	R	M	A	R	K	E	T	O	A	T
E	N	T	R	E	E	S	T	R	A	P			
			A	D	E	S	H	O	N	E	S	T	
A	R	M	E	D	P	E	T	E	T	A	L	E	
C	O	A	X	D	E	V	I	L	E	N	O	S	
A	T	I	P	R	E	E	L	A	S	S	E	T	
D	E	L	E	T	E	N	E	S	T				
		B	L	E	A	R		T	O	M	A	T	O
I	D	O	A	M	A	L	G	A	M	A	T	E	D
T	A	X	E	S	P	O	E	T	G	L	E	E	
S	I	E	V	E	I	N	R	E	N	A	T	S	
A	S	S	E	S	D	E	M	S	A	S	H		

SUDOKU
This week's answer

3	1	8	6	4	9	2	7	5
9	2	7	1	8	5	6	3	4
6	5	4	7	2	3	8	1	9
4	3	9	2	6	8	7	5	1
7	8	1	5	9	4	3	2	6
2	6	5	3	1	7	4	9	8
5	4	3	9	7	6	1	8	2
1	9	6	8	3	2	5	4	7
8	7	2	4	5	1	9	6	3

Legal Notices

SUPREME COURT OF THE STATE OF NEW YORK INDEX NO. 2019-54435 COUNTY OF DUTCHESS

Plaintiff designates DUTCHESS as the place of trial situs of the real property

SUPPLEMENTAL SUMMONS

Mortgaged Premises: 3 IDLEWILD DRIVE, POUGHKEEPSIE, NY 12601 Section: 6164, Block: 02, Lot: 778714 PHH MORTGAGE CORPORATION Plaintiff, vs.

MICHAEL D. SHEEDY; HEIDI S E E L B A C K , DUTCHESS COUNTY COMMISSIONER OF FINANCE, AS ADMINISTRATOR OF THE ESTATE OF JENNIFER L. SHEEDY; KYLE SHEEDY, AS HEIR AND DISTRIBUTE OF THE ESTATE OF JENNIFER SHEEDY; GAYLE SHEEDY, AS HEIR AND DISTRIBUTE OF THE ESTATE OF JENNIFER SHEEDY; UNKNOWN HEIRS AND DISTRIBUTEES OF THE ESTATE OF JENNIFER SHEEDY, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or general or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE; UNITED STATES OF AMERICA; "JOHN DOE #1" through "JOHN DOE #12," the last twelve names being fictitious

Legal Notices

and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the premises, described in the complaint, Defendants.

To the above named Defendants

YOU ARE HEREBY SUMMONED to answer the Complaint in the above entitled action and to serve a copy of your Answer on the plaintiff's attorney within twenty (20) days of the service of this Summons, exclusive of the day of service, or within thirty (30) days after service of the same is complete where service is made in any manner other than by personal delivery within the State. The United States of America, if designated as a defendant in this action, may answer or appear within sixty (60) days of service. Your failure to appear or to answer will result in a judgment against you by default for the relief demanded in the Complaint. In the event that a deficiency balance remains from the sale proceeds, a judgment may be entered against you.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT THE OBJECT OF the above caption action is to foreclose a Mortgage to secure the sum of \$117,550.00 and interest, recorded on February 28, 2000, in Document Number 01 2000 1967, of the Public Records of DUTCHESS County, New York., covering premises known as 3 IDLEWILD DRIVE, POUGHKEEPSIE, NY 12601.

The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above.

DUTCHESS County is designated as the place of trial because the real property affected by this action is located in said county.

NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME

If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this

Legal Notices

foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home.

Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property.

Sending a payment to the mortgage company will not stop the foreclosure action.

YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

Dated: December 7, 2022

ROBERTSON, ANSCHUTZ, SCHNEID, CRANE & PARTNERS, PLLC Attorney for Plaintiff Oluwatobi Adedokun, Esq. 900 Merchants Concourse, Suite 310 Westbury, NY 11590 516-280-7675

NOTICE OF ADOPTION

NOTICE IS HEREBY GIVEN that the County Legislature of the County of Dutchess at a meeting held on November 9, 2022, adopted a local law entitled:

LOCAL LAW NO. 3 OF 2022, A LOCAL LAW TO PROVIDE FOR AN INCREASE OF THE MAXIMUM EXEMPTION FOR COLD WAR VETERAN'S REAL PROPERTY TAX EXEMPTION

The intent of this law is to raise the exemption levels to combat the effects of inflation.

A copy of the local law is available at the Office of the Clerk of the Legislature where it may be inspected during regular office hours.

LEIGH WAGER Clerk Dutchess County Legislature Dated: December 16, 2022

NOTICE OF ADOPTION

NOTICE IS HEREBY GIVEN that the County Legislature of the County of Dutchess at a meeting held on November 9, 2022, adopted a local law entitled:

LOCAL LAW NO. 4 OF 2022, A LOCAL LAW TO PROVIDE

Legal Notices

FOR AN INCREASE OF THE MAXIMUM EXEMPTION ALLOWABLE FOR VETERAN'S REAL PROPERTY TAX EXEMPTION

The intent of this law is to raise the exemption levels to combat the effects of inflation.

A copy of the local law is available at the Office of the Clerk of the Legislature where it may be inspected during regular office hours.

LEIGH WAGER Clerk Dutchess County Legislature Dated: December 16, 2022

LEGAL NOTICE OF ESTOPPEL

The following entitled bond resolution, a summary of which is published herewith, has been adopted on December 8, 2022, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the County of Dutchess, New York, is not authorized to expend money, or if the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the Constitution.

A complete copy of the resolution summarized herewith is available for public inspection during regular business hours at the Office of the Clerk of the Legislature for a period of twenty days from the date of publication of this Notice.

Dated: Poughkeepsie, New York, December 16, 2022

Leigh Wager Clerk, County Legislature A RESOLUTION NO. 2022212 BOND RESOLUTION DATED DECEMBER 8, 2022. A RESOLUTION AUTHORIZING RENOVATIONS AND IMPROVEMENTS OF DUTCHESS HALL AT DUTCHESS COLLEGE (PHASE I), IN AND FOR THE COUNTY OF DUTCHESS, NEW YORK, AT A MAXIMUM ESTIMATED COST OF

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\$2,000,000, AND AUTHORIZING THE ISSUANCE OF \$1,000,000 BONDS OF SAID COUNTY TO PAY A PORTION OF THE COST THEREOF.

Specific object or purpose:

Renovations/improvements of Dutchess Hall at DCC (new hydraulic elevator)

Period of probable usefulness:

10 years

Maximum estimated cost:

\$2,000,000

Amount of bonds to be issued:

\$1,000,000 bonds

Other monies:

\$1,000,000 State grants-in-aid

SEQRA status: Type II Action

LEGAL NOTICE OF ESTOPPEL

The following entitled bond resolution, a summary of which is published herewith, has been adopted on December 8, 2022, and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which the County of Dutchess, New York, is not authorized to expend money, or if the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of publication of this notice, or such obligations were authorized in violation of the provisions of the Constitution.

A complete copy of the resolution summarized herewith is available for public inspection during regular business hours at the Office of the Clerk of the Legislature for a period of twenty days from the date of publication of this Notice.

Dated: Poughkeepsie, New York, December 16, 2022

Leigh Wager Clerk, County Legislature RESOLUTION NO. 2022211 BOND RESOLUTION DATED DECEMBER 8, 2022. A RESOLUTION AUTHORIZING CERTAIN COUNTY PRELIMINARY EXPENSES IN CONNECTION WITH THE DESIGN FOR UPGRADES AND RENOVATIONS OF HUDSON HALL AT DUTCHESS COMMUNITY COLLEGE, IN AND FOR

Legal Notices

THE COUNTY OF DUTCHESS, NEW YORK, AT A MAXIMUM ESTIMATED COST OF \$1,400,000, AND AUTHORIZING THE ISSUANCE OF \$700,000 BONDS OF SAID COUNTY TO PAY A PORTION OF THE COST THEREOF.

Specific object or purpose:

Preliminary design expenses in connection with upgrades /renovations of Hudson Hall at DCC

Period of probable usefulness:

5 years

Maximum estimated cost:

\$1,400,000

Amount of bonds to be issued:

\$700,000 bonds

Other monies:

\$700,000

State grants-in-aid

SEQRA status: Type II Action

LEGAL NOTICE NOTICE IS HEREBY

GIVEN that a public hearing will be held by the County Attorney's Office of Dutchess County. The Public Hearing will be held in the County Attorney's Office at 22 Market Street, 5th floor, Poughkeepsie, NY 12601, on January 4, 2023 at 10am, on the following local law: A Local Law to amend Chapter 97 of the code of Local Laws.

At said time and place, all parties interested will be heard.

DATED: December 28, 2022 Poughkeepsie, New York Marcus J. Molinaro County Executive

SPECIAL MEETING PLEASE BE ADVISED

that the Milan Town Board will hold their Reorganization Meeting on January 2, 2023 at 1:00 pm. Said meeting will take place at the Milan Town Hall, 20 Wilcox Circle. By order of the Milan Town Board Catherine Gill, Town Clerk

NOTICE TO BIDDERS-RFB-DCH-2023-01

NAME OF PROJECT: Dutchess County Veterans Cemetery Project Project Description: Construct a memorial plaza. Project will include purchasing and installing a six sided tapered nine foot +/- tall granite monument and base, site preparation, constructing a 20 foot diameter circular paver walkway around the monument, installing flag poles and constructing stone dust path-

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ways radiating from the monument through future burial plats to the surrounding circular roadway. Beginning December 28, 2022 at 8:00AM: Bid Specifications and Drawings may be obtained in person Monday through Friday 8am to 4pm or by mail (provide your FedEx account number or SASE) at: Dutchess County DPW, Business Office, 1st Floor, 626 Dutchess Turnpike, Poughkeepsie, NY 12603. Upon request, all interested parties may review the hard copy of the Bid Specifications and Drawings by visiting the above referenced address. The bid documents will be distributed on a USB Flash Drive. You must give the following information to obtain the flash drive: Company Name, Address, Contact Name, Phone Number, E-mail Address. All Addenda will be issued to Plan Holders via E-mail, but also posted on BidNet Direct (aka Empire State Purchasing Group) site. A refundable deposit of \$15.00 is required for each set of bid documents, in the form of cash, credit card or a check made payable to the Dutchess County Commissioner of Finance. The deposit is refundable in accordance with General Municipal Law Section 102 and will be made by the County upon receipt of a written request accompanied by said USB Flash Drive. Bids due on or before Friday, January 27, 2023, 11:00am and at that time opened and read aloud. Bids received after that time will not be accepted. Bids for the above project will be received by: Denise Spens-Gallagher, Contract Specialist, Dutchess County Department of Public Works (DPW), 626 Dutchess Turnpike-1st Floor Poughkeepsie, NY 12603. Due to COVID-19, the bid opening for this solicitation will be conducted through Microsoft Teams Audio Conferencing. Anyone who wishes to hear bids read aloud will need to call into the phone number listed below, in-person attendance at a bid opening will not be allowed. We ask that you call in at least three minutes prior to bid due/time to ensure you are

Legals continued on the next page

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Legals continued from previous page

connected properly. All call-ins will be asked to identify themselves by name and organization. **Join Microsoft Teams Meeting +1 516-268-4602 United States, Hempstead (Toll) Conference ID: 197 392 889#**. Each bid shall be submitted as one paper original and one electronic copy and be accompanied by Bid Security (bid bond, certified check, official bank check) or a Letter of Credit (in a form agreeable to Dutchess County) in the amount of 10% of the bid amount. Bidders' security will be retained until the successful bidder has signed the Owner-Contractor Agreement and the County has finalized the Agreement. Each bid with Bid Security shall be enclosed in a sealed envelope bearing the name of the Project, Name of the Bidder, and the date and hour of the bid opening, which must be visible upon delivery. Questions will be accepted by the close of business January 19, 2023 and emailed to Denise Spens-Gallagher at dpwcontracts@dutchessny.gov with the County's response published in Addenda prior to 48 hours before the bid opening date. The anticipated start of construction is March 15, 2023 with the anticipated completion date of May 26, 2023, respectively. Failure to meet these dates may result in liquidated damages. This project may be subject to NYS Department of Labor Prevailing

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Wage Rates PRC #: 2 0 2 2 0 1 3 7 8 4 . APPRENTICESHIP P R O G R A M : Dutchess County requires that any contractor or subcontractor have, prior to entering into a Contract for the process of building, renovating or demolishing a public building, owned, operated and maintained by Dutchess County, with a value in excess of \$250,000., apprenticeship agreements appropriate for the type and scope of work to be performed and which have been registered with NYS Department of Labor in accordance with Article 23 of the Labor Law. The County reserves the right to waive irregularities in bids and in bidding and to reject any or all proposals.

LEGAL NOTICE NOTICE IS HEREBY GIVEN that the resolution published herewith has been adopted by the County Legislature of the County of Dutchess, New York, on the 15th day of December 2022 and the validity of the obligations authorized by such resolution may be hereafter contested only if such obligations were authorized for an object or purpose for which said County is not authorized to expend money, or if the provisions of law which should have been complied with as of the date of publication of this notice were not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of publication of this notice, or such obligations were authorized in violation of the

Legal Notices

provisions of the Constitution. Date: Poughkeepsie, New York December 21, 2022 Leigh Wager Clerk, County Legislature **RESOLUTION NO. 2022231 BOND RESOLUTION DATED DECEMBER 15, 2022.** A RESOLUTION AUTHORIZING THE ISSUANCE OF \$941,320 SERIAL BONDS OF THE COUNTY OF DUTCHESS, NEW YORK, TO PAY THE COST OF THE PURCHASE OF VEHICLES FOR THE SHERIFF'S DEPARTMENT, FOR SAID COUNTY WHEREAS, the capital project hereinafter described, as proposed, has been determined to be a Type II Action pursuant to the regulations of the New York State Department of Environmental Conservation promulgated pursuant to the State Environmental Quality Review Act, which regulations state that Type II Actions will not have a significant impact on the environment, and WHEREAS, it is now desired to authorize the financing of such capital project, NOW, THEREFORE, BE IT RESOLVED, by the County Legislature of the County of Dutchess, New York, as follows: **Section 1.** The purchase of vehicles for the Sheriff's Department to replace those in service for at least one year, including incidental equipment and expenses in connection therewith, are hereby authorized at a maximum estimated cost of \$941,320. **Section 2.**

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It is hereby determined that the maximum estimated cost of the aforesaid class of objects or purposes is \$941,320, and that the plan for the financing thereof shall be by the issuance of \$941,320 serial bonds of said County hereby authorized to be issued pursuant to the provisions of the Local Finance Law. **Section 3.** It is hereby determined that the period of probable usefulness of the aforesaid class of objects or purposes is five years, pursuant to subdivision 77(1st) of paragraph a of Section 11.00 of the Local Finance Law. **Section 4.** Subject to the provisions of the Local Finance Law, the power to authorize the issuance of and to sell bond anticipation notes in anticipation of the issuance and sale of the bonds herein authorized, including renewals of such notes, is hereby delegated to the Commissioner of Finance, the chief fiscal officer. Such notes shall be of such terms, form and contents, and shall be sold in such manner, as may be prescribed by said Commissioner of Finance, consistent with the provisions of the Local Finance Law. **Section 5.** The faith and credit of said County of Dutchess, New York, are hereby irrevocably pledged for the payment of the principal of and interest on such bonds as the same respectively become due and payable. An annual appropriation shall be made in each year sufficient to pay the principal of and interest on such bonds

Legal Notices

becoming due and payable in such year. To the extent not paid from other sources, there shall annually be levied on all the taxable real property of said County, a tax sufficient to pay the principal of and interest on such bonds as the same become due and payable. **Section 6.** Such bonds shall be in fully registered form and shall be signed in the name of the County of Dutchess, New York, by the manual or facsimile signature of the Commissioner of Finance and a facsimile of its corporate seal shall be imprinted or impressed thereon and may be attested by the manual or facsimile signature of the County Clerk. **Section 7.** The powers and duties of advertising such bonds for sale, conducting the sale and awarding the bonds, are hereby delegated to the Commissioner of Finance, who shall advertise such bonds for sale, conduct the sale, and award the bonds in such manner as she shall deem best for the interests of the County; provided, however, that in the exercise of these delegated powers, she shall comply fully with the provisions of the Local Finance Law and any order or rule of the State Comptroller applicable to the sale of municipal bonds. The receipt of the Commissioner of Finance shall be a full acquittance to the purchaser of such bonds, who shall not be obliged to see to the application of the purchase money. **Section 8.** All other matters, except as provided herein relating to such bonds including

Legal Notices

determining whether to issue such bonds having substantially level or declining annual debt service and all matters related thereto, prescribing whether manual or facsimile signatures shall appear on said bonds, prescribing the method for the recording of ownership of said bonds, appointing the fiscal agent or agents for said bonds, providing for the printing and delivery of said bonds (and if said bonds are to be executed in the name of the County by the facsimile signature of the Commissioner of Finance, providing for the manual countersignature of a fiscal agent or of a designated official of the County), the date, denominations, maturities and interest payment dates, place or places of payment, and also including the consolidation with other issues, shall be determined by the Commissioner of Finance. It is hereby determined that it is to the financial advantage of the County not to impose and collect from registered owners of such serial bonds any charges for mailing, shipping and insuring bonds transferred or exchanged by the fiscal agent, and, accordingly, pursuant to paragraph c of Section 70.00 of the Local Finance Law, no such charges shall be so collected by the fiscal agent. Such bonds shall contain substantially the recital of validity clause provided for in section 52.00 of the Local Finance Law and shall otherwise be in such form and contain such recitals in addition to those required by section 52.00 of the Local Finance Law, as the

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Commissioner of Finance shall determine. **Section 9.** This resolution shall constitute a statement of official intent for purposes of Treasury Regulations Section 1.1502. Other than as specified in this resolution, no monies are, or are reasonably expected to be, reserved, allowed on a longterm basis or otherwise set aside with respect to the permanent funding of the object or purpose described herein. **Section 10.** The validity of such bonds and bond anticipation notes may be contested only if: 1) Such obligations are authorized for an object or purpose for which said County is not authorized to expend money, or 2) The provisions of law which should be complied with at the date of publication of this resolution are not substantially complied with, and an action, suit or proceeding contesting such validity is commenced within twenty days after the date of such publication, or 3) Such obligations are authorized in violation of the provisions of the Constitution. **Section 11.** This resolution, which takes effect immediately, shall be published in full in the official newspapers of said County, together with a notice of the Clerk of the County Legislature in substantially the form provided in Section 81.00 of the Local Finance Law.

Feldman, Kleidman, Coffey & Sappe appoints new attorney

Award-winning law firm Feldman, Kleidman, Coffey & Sappe LLP (FKC&S) announces the addition of Orange County resident, Ivan Bonet, to its legal team. Based in Fishkill FKC&S specializes in personal injury law and professional liability defense and has been selected as a "Best Law Firm" by U.S. News & World Report for 15 consecutive years. The firm has been successfully trying cases at all levels of state and federal courts throughout the Hudson Valley and the Capital District for more than 36 years. "It has been a pleasure welcoming Ivan to the team," said Jeffrey M. Feldman, founding partner of FKC&S. "His passion and insight will be invaluable to the clients we serve." Admitted to practice law in New York in 2019, Bonet is an active member of the New York State Bar Association. He received his bachelor's degree in forensic psychology from John Jay College of Criminal Justice in 2015. Following his graduation, he enrolled in

Elisabeth Haub School of Law at Pace University, where he received his Juris Doctorate in 2018. Prior to joining the team at FKC&S, Bonet focused on residential and commercial real estate, as well as business and estate planning matters at a distinguished law firm in Orange County. In his spare time, he enjoys hiking in the Hudson Valley and beyond, traveling and fishing. About Feldman, Kleidman Coffey & Sappe LLP For 36 years and counting, Feldman, Kleidman, Coffey & Sappe LLP has been dedicated to advocating for the legal rights of its clients. Based in Fishkill, NY, its attorneys have successfully tried cases at all levels of state and federal courts throughout the Hudson Valley and Capital District. The firm specializes in the practice of personal injury law and professional liability defense. For more information, visit www.fkcs.law or call (845) 897-5199.

Legal Notices

TOWN OF PLEASANT VALLEY
TOWN BOARD RESOLUTION NO.: 1216/2022
RE: SETTING REORGANIZATION MEETING DATE
BE IT RESOLVED, that the Town Board will hold its first Town Board meeting of the year 2023 on January 2, 2023 at 6:00PM; and be it further RESOLVED, that the Town Clerk is directed to post notice of such meeting.
MOTION: COUNCILMAN MAZZELLA
SECOND: COUNCILWOMAN ALBRECHT
DATED: December 21, 2022
ROLL CALL:
Councilwoman Albrecht
Councilman Rifenburgh
Councilman Mazzella
Councilman O'Hanlon
Supervisor DeVecchio
CARRIED.

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Southern Dutchess News
& Beacon Free Press**

We are not responsible for typographical errors.
A letter of correction will be supplied if requested.

100 Help Wanted
105 Employment Opportunity
106 Business Opportunity
107 Situations Wanted
120 Schools
121 Special Instruction
122 Musical Instruction
140 Nursery Schools
141 Child Care
142 Day Care
143 Baby-sitting
145 Adult Care
150 Announcements
151 Adoption
152 Novenas
154 Lost & Found
155 Personal Services
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724 Farmers Market
725 Collectibles
750 Events
800 Boats
801 Campers & Trailers
802 Motor Homes
803 Recreational Vehicles
900 Autos for Sale
901 Vans/SUV's
902 Trucks
903 Motorcycles
904 Auto Parts & Tires
905 Autos Wanted

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Call:
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sdnadvertising@aol.com

Monday-Friday
9 am-4 pm

100 Help Wanted

HEAVY HIGHWAY EQUIPMENT

The village of Wappingers Falls is accepting bids for a "Heavy Highway Equipment Diesel Mechanic" work as needed. Your hourly rate can be submitted to John M. Karge, jkarge@wappingersfallsny.gov or mailed to 2582 South Ave., Wappingers Falls, NY 12590 Attn: Village Clerk.
Q's call Village Clerk 845-297-8776 x 5.
Last date to submit bid is 1/6/23.

NEWSPAPER DELIVERY DRIVER

BEACON, NY WEEKLY
Drop off Bundles to local businesses
Call: 845-297-3723 Ext. 1003 for more information.

P/T POLICE OFFICERS

The Village of Wappingers Falls Police Department is accepting applications for part-time Police Officer positions. Candidates MUST have the following: Must be fully certified or completed Phase II Academy, possess a valid NYS driver's license, successfully pass a thorough background check, & able to work at least 150 hours quarterly-including holidays, weekends, and overnights. Please include copies of all certifications of training and resume. Salary based on experience. Part-Time Police Officers receive time, and a-half and or double time rate for working contracted holidays. Interest please send resume to Village Clerk, John M. Karge @ Jkarge@wappingersfallsny.gov

Career¹¹¹ Training

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295 Financial

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521 Internet

DISH TV \$64.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 1/21/23. 1-866-595-6967

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Buying diamonds, gold, silver, all fine jewelry and watches, coins, paintings, better furs, complete estates. We simply pay more! Call Barry 914-260-8783 or e-mail [Americabuying@aol.com](mailto:Amercabuying@aol.com)

905 Autos Wanted

Wheels For Wishes benefiting Make-A-Wish® Northeast New York. Your Car Donations Matter NOW More Than Ever! Free Vehicle Pick Up ANYWHERE. We Accept Most Vehicles Running or Not. 100% Tax Deductible. Minimal To No Human Contact. Call: (877) 798-9474. Car Donation Foundation d/b/a Wheels For Wishes. www.wheelsforwishes.org.

905 Autos Wanted

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NOTICE OF EARLY DEADLINES:

DUE TO A HOLIDAY PRESS SCHEDULE FOR THE New Year's ISSUE.

THE SOUTHERN & NORTHERN DUTCHESS NEWS & BEACON FREE PRESS WILL HAVE AN EARLY DEADLINE FOR THE

Jan. 4th ISSUE. ALL ADVERTISING MUST BE RECEIVED BY WEDNESDAY Dec 28th BEFORE NOON.

CALL: 845-297-3723 FOR MORE INFORMATION.



GOLDEN LIVING

Holiday Advisory: Dutchess County government observes New Year's Day on Monday, Jan. 2, 2023. Offices and Friendship Centers will be closed both days. Clients of OFA's Home Delivered Meals program will receive meals in advance of each day that friendship centers are closed.

TALK TO OFA BEFORE YOU NEED TO TALK TO OFA

Too often, the first time many people ever hear of their Office for the Aging is when they or their older parent has a household emergency: a fall; a scam or financial exploitation; a new physical or mental frailty; or a housing issue; to name a few of many.

Every county in New York State has an Office for the Aging (OFA), or an agency with a similar name and role as the gateway to home and community-based services aimed at helping older people age independently for as long as it's safe for them to do so. The services originate in

the older adult's county of residence: For example, if you're a resident of Hyde Park but your 76-year-old mom lives in Cold Spring, you'd contact the Putnam County Office for Senior Resources. If the locations were reversed, you'd contact the Dutchess OFA. There's also a New York State Office for the Aging.

I'M 66 AND I FEEL FINE - WHY DO I NEED OFA?

Aging well includes being ready for the times when you no longer feel fine, since aging well also includes accepting help in its intended spirit. It's much less stressful to anticipate difficulties happening, than to react to them once they've happened.

OFA offers services to older adults and caregivers that are unbiased, non-sales-oriented, and serving the individual needs of older adults throughout Dutchess County. You can reach us at 845-486-2555 or look at what we offer at

www.dutchessny.gov/aging. Our general email address is ofa@dutchessny.gov, if you prefer to ask your questions that way.

THE HUMAN TOUCH

"Your call is important to us..."

Is it? How many times have you lingered for hours in customer-service limbo, wondering what magic combination of numbers on your phone will get you to a living, breathing human representative?

Call OFA during business hours, 9 a.m. – 5 p.m. on non-holiday weekdays, and it's refreshing:

"Good morning, Office for the Aging / NY Connects... How may I direct your call?"

And then, you can ask us...pretty much anything. Aging issues can quickly become complex, and OFA can help you start getting things sorted.

Don't know the first question to ask about aging issues? Not a problem. There are over 60,000 older adults living in

Dutchess County, which means there are over 60,000 individual stories for us to learn from. If it turns out we're not the right agency to answer your questions, we can get you pointed to the right agency, whether it's within county, state, federal or local government.

WHAT'S NY CONNECTS?

NY Connects (nyconnects.ny.gov) serves older individuals and individuals with disabilities of all ages. Help is available for individuals, families, caregivers, and professionals. You can get help linking to long term services and supports regardless of diagnosis, age, or payor source. NY Connects also coordinates with other agencies to guide you through eligibility and application processes.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging

United Way announces new board members

United Way of the Dutchess-Orange Region welcomes three new Board Members. All three are accomplished professionals from the community.

Marta Newkirk of Dutchess Community College is an Assistant Dean of Student Services. Her 22 years at Dutchess has involved varied responsibilities interacting with students, faculty, staff, community stakeholders, and members of the community. Marta holds a

Master of Arts degree in Educational Psychology at Marist College, and a Master of Professional Studies in Humanistic Education from SUNY New Paltz; she currently serves on the Community Impact Committee.

Mark Villanti has served as an educator for 40 years and a school superintendent for 17 years. He retired from Haldane CSD in 2013 after seven years and taught graduate school for two years

before being asked to serve as the superintendent for Spackenkill Union Free School District (for four years). He retired again in 2020. Dr. Villanti has served on the Board of the United Way of the Capital Region in the past, is currently UWDOR's 2022 Campaign Chair and serves on the Community Impact Committee.

Matthew Cruz is a lifelong resident of Dutchess County, and has worked at DSL

Financial Services for the past 15 years as an Accredited Investment Fiduciary. Matthew specializes in family wealth management and pensions consulting services for small to mid-size businesses. Matthew believes deeply in giving back to the community and continues to volunteer his time with many of the local non-profits. Matthew was previously involved in Young Leaders United, and currently serves on the Finance Committee.



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